28 year of publication KASHMIR OBSERVER®

Tuesday 15 July 2025 | Srinagar | Vol: 28 | Issue: 167 | Pages: 08 | Price: ₹3

www.kashmirobserver.net • twitter.com / kashmirobserver • facebook.com/kashmirobserver • Postal Regn: L/159/KO/SK/2014-2016

PCR Sets Up Helpline For Terror Victims

Observer News Service

Srinagar: Police Control Room Kashmir on Monday established a dedicated helpline to address grievances of victims of terrorism.

A police spokesman in a statement said any victim of terrorism may call at below mentioned dedicated helpline numbers (from 10.00 AM to 06.00 PM on any working day) if having grievance on the following: Non registration of FIR in cases of victim of terrorism, Non receipt of benefits from Govt. by victims of terrorism and Encroachment of land/ property/ harassment faced by victims of terrorism. Helpline numbers: 0194-

2506548, 7889373200. In case a victim of terrorism intends to submit a grievance application, the same can be sent through email id pcrsgroff@jkpolice. gov.in.

NC Leaders Dodge Curbs, Scale Walls to Mark Martyrs' Day

Observer News Service

Srinagar: In a striking show of defiance, National Conference leaders led by Chief Minister Omar Abdullah, on Monday broke through police restrictions to pay homage to the 22 martyrs of 1931 – taking scooties, hopping into autorickshaws, and even climbing over the locked gates of the Naqshband Sahib graveyard in Srinagar's old city.

The dramatic scenes unfolded a day after Omar Abdullah and several other leaders of the National Conference and opposition parties were allegedly placed under house arrest to prevent them from marking Martyrs' Day on July 13. Roads leading to the graveyard from Khanyar and Nowhatta were sealed, and entry was restricted. Unwilling to be stopped, NC leaders

charted their own paths. Chief Minister Omar did a virtual power walk from Khanyar Chowk to the Nagshband Sahib shrine after his cavalcade was stopped. The 55-year-old, known for his fitness,

gave a tough time to his security team



ON REACHING THE GRAVEYARD, OMAR FOUND THE MAIN GATE BOLTED BY POLICE. In an unanticipated move that caught security forces off guard, he nimbly vaulted over the locked gate. His personal security officers and several NC leaders clambered over too, before the gate was finally thrown open.

- designated under the 'Z-plus' category – who struggled to keep pace during the one-kilometre walk.

On reaching the graveyard, Omar found the main gate bolted by police. In an unanticipated move that caught security forces off guard, he nimbly vaulted over the locked gate. His personal security officers and several NC leaders clambered over too, before the gate was finally thrown open.

Party president Farooq Abdullah, 87, known for his unconventional methods in his long political ca-reer, hopped into an autorickshaw at Khanyar Chowk after being stopped by police. He arrived at the graveyard in the three-wheeler, unfazed by the restrictions.

Sakina Ittoo, the only woman min-ister in the Omar Abdullah cabinet, added her own twist to the moment. Stopped by police while en route, she reportedly asked a passerby for a lift – and arrived at the shrine riding pillion on a scooty.

Lashing out at the administration, Omar Abdullah said, "It is sad that on the instructions of More On P6

Wet Spell To **Continue Till July** 17: MeT

Observer News Service

Srinagar: After a brief rise in mercury, temperatures have dipped once again across the Kashmir Valley as widespread rainfall returned on Monday, prompting weather and district authorities to issue advisories and alerts.

Meteorological The Department has forecast continued wet weather in Jammu and Kashmir until July 17, with the possibility of intense rainfall in some areas. The shift in weather has brought muchneeded relief from the recent heat, but also raised concerns about flash floods, landslides, and mudslides in vulnerable regions.

The MeT has issued an Orange alert for the Jammu division, predicting isolated heavy rains, thunderstorms, lightning, and gusty winds until July 16. A Yellow alert will remain in place in the division from July 18 to 20.

For the Kashmir division, a Yellow alert has been issued for the entire week, More On P6

'Feeder Installation &

Face Power Cuts

Maintenance'

Srinagar To

This Week

Kavinder Gupta Is New Ladakh LG



Observer News Service

Leh: Former Jammu and Kashmir deputy Chief Minister and senior BJP leader Kavinder Gupta has been appointed as the new Lt Governor of Ladakh.

In a press communique, Gupta has been appointed the new Lt Governor following the resignation of Brig. (Dr) B D Mishra (Retd.) as LG Ladakh.

"The President of India has accepted the resignation of Brig. (Dr) B D Mishra (Retd.) | More On P6

I Take Full Responsibility: LG Admits Lapse In Pahalgam Attack

KO Web Desk

Srinagar: Jammu and Kashmir Lieutenant Governor Manoj Sinha has acknowledged that the deadly terror attack in Pahalgam earlier this year was a significant security lapse and said he takes full responsibility for the incident that claimed the lives of several civilians.

In an interview with The Times of India, Sinha said the attack was a Pakistansponsored attempt to incite communal tension and disrupt the region's growing economic stability, especially its booming tourism sector.

"I take full responsibility for the incident, which was



undoubtedly a security fail-ure," the LG said, describing the attack as a deliberate act of terrorism aimed at India's unity. "The intention of the neighbour (Pakistan) was to create a communal divide and trigger a backlash against people of J&K living in other parts of the country, adding to the feeling of alienation." Calculated Strike of on **Economic Recovery**

Sinha said the timing and location of the Pahalgam attack were designed to deal a blow to Kashmir's economic revival, particularly its tourism industry.

"In the past five years, the J&K economy's size has doubled. Tourists have been flocking in high numbers. This was a hit by Pakistan at the economic well-being of Kashmir," he said.

The attack led to an immediate drop in tourist arrivals, with many destinations temporarily shutting down. However, Sinha noted that the situation has since improved. More On P6

AMARNATH YATRA Over 2.20 Lakh Visit Cave Shrine In 12 Days

Observer News Service

Srinagar: The annual Amarnath Yatra entered its twelfth day on Monday and continues to proceed peacefully, with a steady increase in the number of pilgrims each day.

Officials said that over 2.20 lakh devotees have offered prayers at the 3,800-meterhigh holy cave shrine since the pilgrimage began on July 3. On Monday alone, 20,448 pilgrims performed 'darshan', including 14,145 men, 5,214 women, 242 children, 84 sadhus, six sadhvis, and 757 security personnel. The pilgrimage

progressing under tight security and favourable weather conditions, authorities said. On Sunday, Jammu and Kashmir Lieutenant Governor Manoj Sinha announced that the Yatra had surpassed the two-lakh mark. Taking to social media platform X, the LG wrote: "With Baba Amarnath Ji's

blessings, the holy pilgrimage has crossed the 2 lakh mark today. This is a sacred journey of a lifetime, and I welcome all the devotees to discover and experience the divinity. Har Har Mahadev!"

Meanwhile, the 13th batch of 6,143 pilgrims left from Bhagwati Nagar Yatri Niwas is in Jammu on More On P6

Observer News Service Srinagar: The Kashmir Power Distribution Corporation Limited (KPDCL) has announced scheduled power shutdowns across several areas to facilitate installation, commissioning, and preventive maintenance works.

According to the Chief Engineer, Distribution, KPDCL: On July 17, 2025, from 12:00 Noon to 01:00 PM, a shutdown of the 33KV HMT line will be observed to enable installation of the newly created F7 More On P6

Secret Spouse Recordings Allowed In Divorce Cases: SC

Press Trust Of India

New Delhi: The Supreme Court on Monday held that secretly recorded conversations of spouses are admissible as evidence in matrimonial cases, saying the fact that spouses are snooping on each other is proof the marriage is not going strong and hence can be used in judicial proceedings.

A bench comprising Justice B V Nagarathna Chandra 1 and Satish Sharma set aside a verdict of the Punjab and Haryana High Court in

a case. The high court had held that the secret conversations between spouses are protected under Section 122 of the Evidence Act and cannot be used in judicial proceedings.

Setting aside the high court the bench restored order, the trial court order and said recorded conversations can be taken note of during the matrimonial proceedings

It asked the family court to proceed with the case after taking judicial note of the recorded conversations.

The apex court said the fact that spouses are recording the conversations of each other is a proof in itself that their marriage is not going strong and hence can be used in the judicial proceedings. Section 122 deals with

communication during marriage and says that

"no person who is or has been married, shall be compelled to disclose any communication made to him during marriage by any person to whom he is or has been married".

The case stems from a Family Court decision in Bathinda that allowed the husband to rely on a compact disc containing More On P6

CAT Halts Urdu-Only Requirement For NT Posts

Agencies

Jammu: In a major relief to aspirants across Jammu and Kashmir, the Central Administrative Tribunal (CAT), Jammu Bench, has stayed the enforcement of a provision in the Jammu and Kashmir Revenue (Subordinate) Service Recruitment Rules, 2009, that mandated "Graduation with knowledge of Urdu" as a compulsory qualifica-

tion for the post of Naib Tehsildar. According to the order issued by a bench comprising Member (A) Ram Mohan Johri and Member (J) Rajinder Singh Dogra, the applicants represented by Senior Advocate Abhinav Sharma and Advocate Abhirash Sharma challenged the Urdu language condition as being "ultra vires the Constitution of India", citing violations of the principles of equality and non-discrimination.

The applicants argued that the 2009 rules unfairly excluded

otherwise eligible candidates who are proficient in one or more of the five official languages recognised under the Jammu and Kashmir Official Languages Act, 2020 namely Urdu, Hindi, English, Dogri, and Kashmiri.

The Tribunal observed that "pri-ma facie, the Urdu-only requirement appears discriminatory", especially in view of the 2020 legislation that conferred official status on multiple languages in the Union Territory.

The applicants also contested Advertisement Notification No. 05 of 2025, dated 09.06.2025, issued by the J&K Services Selection Recruitment Board (SSRB), which reiterated Urdu knowledge as a mandatory criterion for eligibility. The SSRB has been directed to

accept applications from candidates who possess knowledge of any of the five official languages as per the 2020 Act, details read. More On P6

2011 Graft Case

Court: Ensure Fair Treatment of All Parties

Discharges Two KVIB Officials Over Invalid Sanction

M Ahmad

Srinagar: Special Judge Anti Corruption here has discharged two employees, one of them a retired from the charge of offence under section 5(2) Prevention of corruption Act, observing that all parties involved in a legal proceeding should be treated equally and fairly. "The principle of natural justice

dictates that all parties involved in a legal proceeding should be treated equally and fairly," the Special Judge Anti- Corruption Surinder Singh said while discharging Deedar Singh, a public servant working in KVIB, and Nasir Ahmad who retired since, in a 2011 case.

"In essence, the invalidity of sanction, once established, acts as a bar to take cognizance and prosecute all those implicated in the case, unless a fresh and valid

sanction order from the appropriate authority which is a mandatory requirement before a court can take cognizance of the offence, is obtained," the court said.

The court's order followed submissions by advocate F A Bhat, counsel for accused, that the government sanction order (KVIB/386 of 2011 dated 21-2-2011) for launching prosecution against two public servants stands already quashed by the High Court of J&K. He said Counsel sanction has been held to be invalid and sanction order stands quashed by the High Court, therefore, the trial court cannot proceed to take cognizance against the co-accused even if they have not separately challenged the sanction order.

"I am in agreement with the con-tention of defence counsel that the High Court's ruling More On P6

Why Kashmiri Women Are Burning Out Before 35 A growing number of Kashmiri women in their 20s and 30s are facing early health breakdowns. Experts blame lifestyle; elders blame disconnection.

Mohammad Amin Mir

Srinagar: On most mornings, Aaliya Hameed wakes up tired. She teaches at a private school in Srinagar, comes home by mid-afternoon, and still feels too drained to talk, cook, or think clearly.

Her husband noticed it first. Then came the skipped pe-riods, the thinning hair, the creeping anxiety.

She is 34.

By the time a gynecolo-

hypothyroidism and earlystage polycystic ovary syndrome, she had already given up trying to explain how she felt.

"I wasn't just tired," Aaliya said. "I felt like something inside me had turned off."

Across Kashmir, this silent shutdown is becoming alarmingly common.

Women in their 20s and 30s – urban, educated, and often professionally employed – are reporting chronic fatigue, hordiagnosed her with monal disruptions, insomnia,

sexual apathy, and sharp declines in overall vitality. At Srinagar's prominent pri-

vate hospital, doctors say these complaints have surged over the past five years. "We are seeing hormonal

crashes in women under 35 that used to be rare even in their 40s," said Dr. Shaista Khan, a gynecologist. "PCOS, thyroid dysfunction, irregular cycles, fatigue, even sexual disinterest is happening across the board." What makes this decline

more striking is what these women do not lack: they are not burdened by rural poverty, long hours of physical labour, or malnutrition.

Many, Aaliya, live in insulated homes with gas cookcentral ing, heating, and access to medical care.

More On P6

like

94 Lakh ABHA IDs, 20 Lakh Records Linked **J&K Fast-Tracks Digital Health Mission**

Observer News Service

Srinagar: Jammu and Kashmir has significantly advanced in implementing the Ayushman Bharat Digital Mission (ABDM), with the creation of over 94.49 lakh Ayushman Bharat Health Account (ABHA) IDs and linking of more than 20 lakh digital health records, officials said during a high-level re-view meeting chaired by Chief Secretary Atal Dulloo.

The meeting, attended by the Secretary Health and Medical Education, Managing Director ABDM, principals of

Government Medical Colleges, and other senior officials, focused on achieving seamless integration of healthcare data across the Union Territory.

During the meeting, Dulloo underscored the urgency of linking patient health records with ABHA IDs and called for immediate integration of the Sehat, ABDM, and HMIS portals to establish a unified digital ecosystem. "No stone should be left unturned to complete this vital digital transition," he said, stressing the need for continuous updating of patient records to eliminate More On P6



ASF ENTERPRISES

Sale and Services of Computers 2nd. Floor Munir

Manzil Regal Chowk Srinagar [J&K),

Ph.0194-24 77949, 9419001176, 9419776235

Sale and Sendee of Laptops. Desktops. Printers,

Photocopiers. Faxes, ,CCTV Cameras, Security

System and Refilling of all Types of Cartridges,

Toners Registered Government order Suppliers.

OFFICE OF THE NAIB TEHSILDAR

SARIWARPORA

Sub.. issuance of registration order in respect of delayed birth..

PUBLIC NOTICE..

The registrar birth BDO pattan has submitted a case file

pertaining to birth of Fatima Banoo D/o Nizam Ud din Khan

R/o Guiva Tehsil Pattan with verified date of birth 14/12/1958

occurred at home in this connection if any body having

objection for issuance of said certificate he may contact to

this office within 04 days after that no objection shall be

OFFICE OF THE NAIB TEHSILDAR PATTAN

Sub... issuance of registration order in respect of delayed birth.

PUBLIC NOTICE

The registrar birth BDO Khore Sherabad has submitted a case

file pertaining to birth of Zikra Farooq D/o Farooq Ahmad Khan

R/o Hanjiwera Bala Tehsil Pattan with verified date of birth

10/03/2014 occurred at home in this connection if any body

having objection for issuance of said certificate he may contact

to this office within 04 days after that no objection shall be

U To place an advertisement CALL +91-194 2502327

Monday - Saturday (9am - 6pm) No 5- Dal Lake Boulevard Srinagar, 190001, Kashmir

THE JAMMU & KASHMIR BOARD OF SCHOOL

EDUCATION NEW CAMPUS ,BEMINA SRINAGAR PUBLIC NOTICE



I have passed/appeared in SSE/HSC-I/HSE-II(Class 10th/11th/12th)UnderRoll No 139075014 Session Annual Regular Year 2025 through The Jammu & Kashmir Board of School Education. The error committed by the School/Parent/Board against my Mother's name as Amraiza Begum instead of Amraza Bano.

Now I have applied for correction/rectification of error in the Jammu & Kashmir Board of School Education, New Campus Bemina Srinagar. If any person has any objection in this regard may file the same in the office of the Deputy Secretary Certificates-KD within seven days from the date of publication of this notice, after the expiry of said period, no objection will be entertained

This is Published for the information of the general public. The correct particulars be recorded as under :-Name : Mohammad Atif

Fathers's Name : Mohammad Aslam Mother's Name : Amraza Bano Date of Birth : 15-06-2009 Residence :Gundi GujranTehsil Karnah Kupwara A/P Revenue ComplexBemina Srinagar

From Office of the Advocate Javid Ahmad Navoo

In the case of Mst. Ashmi Begum D/o Reshi Tantray

Resident of Palhallan Tehsil Pattan District Baramulla

(Caveator)

Public at large In the Petition in terms of Section 148-A

The caveators have reason to believe that Non-Caveator may file any Application, Petition, Ap- peal, Suit or any other type of proceeding before the Hon'ble Court and on the ground of distorted facts/misrepresentation and cooked story and may seed in obtaining some relief/order at their back/in exparte against the caveators and in such eventuality the caveators will be put in irrepa- rable loss and inconvenience. It would be proper that caveators be given an opportunity of being heard by the Hon'ble court before passing any order. fko

V/s

Sd/advocate

fko

office.

fko

mcb

NOTICE

I, Shakeel Ahmed Sidiqi S/o Peer Mohamad Maqbool Sidiqi R/o Hubbi Coloney, Sikh Bagh, Near Green Woods School, hereby declare that I am in process of transfer of electricity power connection, currently in the name of Peer Mohamad Maabool Sidiai, under installation No: 0204040008224 which is to be transferred in my name . If anyone has any objection with regard to transfer of Electricity connection, may convey to Assistant Executive Engineer Electric Sub Division Hawal, Srinagar within seven days from the date publication of notice

Shakeel Ahmed Sidiqi S/o Peer Mohamad Sidiqi R/o Hubbi Coloney, Sikh Bagh

NOTICE FOR GENERAL PUBLIC THE JAMMU & KASHMIR STATE **BOARD OF SCHOOL EDUCATION** CERTIFICATES-KD. NEW CAMPUS BEMINA SRINAGAR

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 223/B&D/Tz/2025 Date: 14/07/25

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Nisar Ahmad Bhat S/o Abdul Ahad Bhat R/o Wadoora Payeen , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his son/daughter Namely Ayirah Nisar who as born on 27-07-2016 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this

office. Naih Tobsildar fko

Naib Tensituai	
Executive Magistrate	
Bomai	

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

Date: 14/07/25 No: 222/B&D/Tz/2025

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Mohammad Ashraf Lone S/o Gh Mohammad Lone R/o Tujjar Sharief, Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his son/daughter Namely Arwah Ashraf who as born on 11-05-2022 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this

office.	·····, ···
	Naib Tehsildar
fko	Executive Magistrate
	Bomai

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 221/B&D/Tz/2025

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Ishfaq Ahmad Lone S/O Mushtaq Ahmad Lone R/o Tujjar Sharief Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his son/daughter Namely Arwa Ishfaq And Noor -Ul-Emaan who as born on 03-08-2022 & 22-10-2020 Respectively as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the

same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this office.

Naib Tehsildar
Executive Magistrate
Bomai

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 220/B&D/Tz/2025 Date: 14/07/25

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Sheikh Tariq Manzoor S/o Manzoor Ahmad Sheikh R/o Tujjar Sharief, Tehsil

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 217/B&D/Tz/2025

fko

fko

fko

Date: 14/07/25

No: 216/B&D/Tz/2025

KASHMIR OBSERVER® Srinagar | Tuesday | 15-07-2025

Date: 14/07/25

Subject: Issuance of registration order in respect of delayed Birth & Death **Public Notice**

This office has received a written application from Manzoor Ahmad Lone S/o Mohammad Akbar Lone R/o Tujjar , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his son Namely Musadiq Manzoor Lone who as born on 11-05-2011 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this office.

> Naib Tehsildar **Executive Magistrate** Bomai

> > Date: 14/07/25

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Riyan Manzoor S/o Manzoor Ahmad Wagay R/o Wadoora Bala, Tehsil Zaingeer for issuance of Birth & Death certificate in favour of self born on 20-11-2019 as per document evidence produced by the applicant.

In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days.

After that, no objection whatsoever will be entertained by this office.

Naib Tehsildar **Executive Magistrate** Bomai

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 215/B&D/Tz/2025 Date: 14/07/25

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Sajad Hussain Makhdoomi S/o Zaffar Hussain R/o Tujjar , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his son Namely Sarshar Ahmad Makhdoomi who as born on 5-12-2019 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this office.

> Naib Tehsildar **Executive Magistrate** Bomai

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

Date: 14/07/25 No: 214/B&D/Tz/2025

Subject: Issuance of registration order in respect of delayed **Birth & Death**

OFFICE OF THE NAIB TEHSILDAR PATTAN

Naib Tehsildar Pattan

Naib Tehsildar Sariwarpora

Sub... issuance of registration order in respect of delayed birth. PUBLIC NOTICE

The registrar birth EO MC pattan has submitted a case file pertaining to birth of Aiman Zehra D/o Firdous Ahmad Dar R/o Rakh Duslipora with verified date of birth 15/06/2021 occurred at SDH pattan in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained. SD

fko

entertained.

entertained.

fko

fko

I, UMAR MUSHTAQ, S/o MUSHTAQ AHMAD SHAH, R/o Herpora Sopore Botingu Baramulla J&K193201, have changed my name to EREN WARIS MUSHTAO for all purposes. abko

PUBLIC NOTICE

PUBLIC NOTICE

This is for the information of general public that I have passed my Degree of Bachelor of Arts in 2012 as a private candidate through Govt. Degree College Handwara, Kashmir University under Registration No. 82207/3803-HD-2005/1045004. The Degree Certificate was accordingly issued in my favour under Sr No.-KU/SGR/DC/23/157312 which shows Regular Mode instead of Private Mode due to typological error. Now I have applied for the Degree Certificate showing Private Mode to be issued in my favour by Kashmir University. If any person has any objection he may contact controller examination KU within 7 days from the issuance of this notice.

jvd

Naib Tehsildar Pattan

SD

SD

Name: Tahira Rasool Parentage: Gh Rasool Wani W/O: Jahangeer Akhoon Address: Eidgah Colony, Kreeri, Baramulla, Jammu and Kashmir

PUBLIC NOTICE

I want to change my name in my Aadhar card bearing no 3730 0699 8022 from Shakif Ahmad Reshi (old name) to Haider Hussain (new name). If anybody has any objection in this regard he/she may file them in concerned office within seven days. After that no objection shall be entertained. Haider Hussain S/o :- Bashir Ahmad Reshi jvd R/o:- Samboora Pulwama

The Jammu And Kashmir **Board Of School Education**

New Campus Bemina Srinagar

I have passed/appeared in Secondary School Examination (Class- 10th)under Roll No:. 127001022 Session: A/R Year 2025 through the Jammu and Kashmir Board of School Education. Due to the error committed by the concerned School/Board/parent against my Mother's Name as Naza Instead of Shahnaza



fko

Now, I have applied for correction/rectification of error in the Jammu and Kashmir Board of School Education. New Campus Bernina, Srinagar, if any person has any objection in this regard, may file the same in the office of the Assistant Secretary, Certificates-KD within seven days from the date of Publication of this notice, after the expiry of said period no objection will be entertained. Name: Sagib Aziz Bhat Father's name: Ab Aziz Bhat

Mother's Name: Shahnaza DOB: 12-10-2009 Residence: Warnow Lolab Mobile no: 7889444753

ATTENTION PLEASE I have passed /appeared in SSE/HSE-I/HSE-II (Class 10th,) under Roll No. 1170201088 Session A/R 2025 Year 2025. Through the Jammu &



Now i have applied for correction / rectification of error in the Jammu & Kashmir board of School Education, New campus Bemina, Srinagar. If any person has any objection in this regard may file the same in the office of the Deputy Secretary, Certificates-KD within seven days from the date of publication of this notice, afterthe expiry of said period, no objection will be entertained. This is published for the information of the general public. The Correct particulars be recorded as under: Name: QAMAR ALI MIR, Fathers Name: MOHAMMAD AKBER MIR,

Mothers Name, NASEEMA BANO Date of Birth: 22-09-2010, Residence:- PALLER

PUBLIC NOTICE

I have applied for the DOB Certificate from the office of the Block Development Officer Ganastan . If anybody has any objection in this regard he/she may file them in the above mentioned office within seven days. After that no objection shall be entertained. Hafiz Ali (DOB 11-05-2013) S/o Ghulam Mohammad Kawa R/o Dangarpora Х

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 109/B&D/Tz/2025 Date: 13/07/25 Subject: Issuance of registration order in respect of delayed

Birth & Death

Public Notice

This office has received a written application from Javeed Ahmad Mir S./o Ab Rashid Mir R/o Brat Kalan , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of self Javeed Ahmad Mir who was born on 02-03-1981 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this office. Naib Tehsildar fko **Executive Magistrate** Bomai

Zaingeer for issuance of Birth & Death certificate in favour of his son Namely Sheikh Aazim who as born on 18-08-2019 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this

> Naib Tehsildar **Executive Magistrate** Bomai

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 218/B&D/Tz/2025	Date: 14/07/25

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Showkat Qadir S/o Gh Qadir Rather R/o Tujjar , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his daughter Namely Asma Binti Showkat who as born on 12-08-2020 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this office.

Naib Tehsildar fko **Executive Magistrate** Bomai

OFFICE OF EXECUTIVE MAGISTRATE 1ST CLASS ZAINGEER BOMAI

No: 218/B&D/Tz/2025 Date: 14/07/25

Subject: Issuance of registration order in respect of delayed Birth & Death

Public Notice

This office has received a written application from Ishfaq Ahmad Lone S/o Mushtaq Ahmad Lone R/o Tujjar , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of self Ishfaq Ah Lone and Umar Ishfaq as born on 01-03-1991 & 11-04-2016 respectively as per document evidence produced by the applicant.

In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days.

After that, no objection whatsoever will be entertained by this office.

Naib Tehsildar **Executive Magistrate** Bomai

Public Notice

This office has received a written application from Javid Abdullah Dar S/o Mohd Abdullah Dar R/o Latishort , Tehsil Zaingeer for issuance of Birth & Death certificate in favour of his son Namely Haider Ul Islam Dar who as born on 16-07-2017 as per document evidence produced by the applicant. In this regard, if anyone has any objection, he/she may file the same before the undersigned within 07 days. After that, no objection whatsoever will be entertained by this office. Naib Tehsildar fko

Executive Magistrate Bomai

ازنيابت بومئ

ىنوان: _ درخواست منجانب ىثارا حمد خواجه ولدغلام نبى خواجه ساكنة سيلونسبت حصول EWS بحق يسران نديم بثارومذل بثار

اشتهار هرخاص دعام

معاملہ مندر جیعنوان الصدرییں سائلہ نے ایک درخواست بغرض EWS سرٹفیکیٹ پیش کی ہے جو کہ زیر کاروائی ہے اس بارے میں پٹواری حلقہ سے رپورٹ طلب کی گئی ہے جس سے عیاں ہے کہ سائل دھ ہذامیں رہائش پذیر ہے سائل کا کنبہ 5 افراد پر شتل ہے اور کنبہ کی مہوار اآمدنی زرعی ع غیرزرعی سے مبلغ 96,000روپیۃ تک ہے۔ سائل کے پاس5ا یکڈ سے م رقبہ ہے سائل کا مکان رہائتی 🛛 SQ Ground سے کم ہے رقبہ میں تعمیر شدہ موجود ہے سائل کارہائش فلیٹ sq 1000 فٹ سے کم ہے سائل کا مکان رہیں از بیرون میونیپل حدود میں واقع نہیں ۔ سائل کے کمبہ کی سالانہ آمد نی 8 لا کھ سے کم بے سائل, RBA ,OBC, ST زمرے میں نہیں آتاہے۔ _ مرگفیبیکیپ زیر بحث اجراءکرنے میں اگر سکہ اگرکسی محض کو کوئی عزریا اعتراض ہوتو وہ بعد مشتهرا خبارسات دن کے اندرا ندراً پنے عذر پاعتراض ودالت هذا کودفتری ادقات کے دوران پیش لريب بعدگز رے ميعادكويى عذر ياعتر اض قابل قبول نہيں ہوگا۔ نائب تحصيلدا، FKO



DISCLAIMER: KASHMIR OBSERVER MAKES EVERY EFFORT TO ENSURE THATTHE INFORMATION CARRIED IN DISPLAY/CLASSIFIED ADVERTISEMENTS, APPEARING IN THE NEWSPAPER IS CORRECT. HOWEVER THE NEWSPAPER TAKES NO RESPONSIBILITY NOR DOES IT NECESSARILY ENDORSE THE CONTENTS OF THESE ADVERTS. THE READERS ARE THEREFORE REQUESTED TO VERIFY THE CONTENTS BEFORE ACTING THEREUPON. MANAGEMENT

fko



KASHMIR OBSERVER® Srinagar | Tuesday | 15-07-2025 🧿

Karan Nagar Residents **Protest Commercial Growth In Residential Zone**

Observer News Service

Srinagar: Residents of Karan Nagar have voiced strong opposition to the alleged unchecked conversion of residential buildings into commercial establishments, accusing an influential "mafia" of violating building norms and disturbing the peace of the neighbourhood.

According to locals, the transformation of homes into business hubs is not only altering the character of the area but also putting immense pressure on the local infrastructure.

"This is a residential zone, but homes are being converted into offices without any checks," said one resident. "One particular building near Lake City Plaza, opposite Caset School, now houses over 15 offices, despite being sanctioned solely for residential use.

The residents complained that the narrow lanes and inner roads are perpetually congested due to increased traffic and parking issues stemming from the commercial activity.

"There's chaos every day. Roads are blocked, and noise has become unbearable. We fear this area will soon be unlivable." said another local.

The aggrieved residents have called upon the Srinagar Municipal Corporation (SMC) to launch an inquiry into the alleged misuse of permissions and demanded action against the individuals and groups responsible for the violations.

They claimed that the issue is not confined to Karan Nagar alone. "From the Mughal Darbar stretch to Goal Market and Kaka Sarai, residential houses are being turned into business units," a resident said, urging the authorities to conduct a comprehensive review of such encroachments.

According to KNO, several residents also said they are now contemplating relocating due to the "daily chaos" in what was once a peaceful locality.

Appealing for intervention, the locals urged the SMC to verify the status of building permissions and take swift action to restore the residential character of affected areas.



Voices Heard **CM Omar Meets Cross-Section Of Delegations At Raabita Office**

Observer News Service

SRINAGAR: Chief Minister Omar Abdullah on Monday met several delegations at the Public Outreach Office, Raabita here, and held wide-ranging discussions on development, overall functioning of Institutions and public welfare issues.

Dr. Mohd. Jaffar Akhoon, Chief Executive Councillor from Kargil, led a deputation to apprise the Chief Minister of several challenges being faced by students and patients from Ladakh, particularly from Kargil, in different educational and healthcare institutions across Jammu and Kashmir. The deputation also raised various civic issues affecting the residents of Ladakh living in the J&K, seeking timely redressal and support. Prof. Jawaid Iqbal, Vice Chancellor of Baba Ghulam Shah Badshah University (BGSBU), Rajouri, briefed the Chief Minister about the functioning of the university. The VC discussed several ongoing academic and administrative initiatives at the university and sought the Chief Minister's

support for strengthening higher education in the region. Sandeep Sharma, Zonal Head of ICICI Bank, also called on the Chief Minister and discussed matters related to the bank's Corporate Social Responsibility (CSR) initiatives. He informed the Chief Minister about the rescue vehicle provided for Dachigam and initiatives aimed at employment generation and community welfare.

Brigadier Deepak Sajjan Har from NCC, Srinagar, met the Chief

Minister to present a memento in connection with the NCC Everest Expedition-2025, highlighting the achievements and commitment of the NCC cadets to contribute to national pride and adventure sports activities.

Later. Sameer Baktoo. Chairman of the Travel Agents Association of India (TAAI), J&K Chapter, met the Chief Minister along with a visiting team from SKAL INTER-NATIONAL. The team, currently on a visit from Mumbai, discussed the upcoming SKAL India Convention and proposed to make the event Kashmir-centric in the post-Yatra season, with an aim to promote the region's tourism potential globally.

The Chief Minister gave a patient hearing to all deputations and assured appropriate action and continued government support as may be necessary.

Workshop On 'OMICS For Crop Improvement' Begins At SKUAST-K

preciated the department's efforts

in organizing this international

workshop and highlighted the

transformative role of integrative

OMICS in revolutionizing plant

Earlier, the program com-

Observer News Service

SRINAGAR: Division of Plant Biotechnology, Faculty of Horticulture, Sher-e-Kashmir University of Agricultural Sciences and Tech-nology of Kashmir (SKUAST-K), inaugurated a two-day International Workshop on 'OMICS for Crop Improvement' today at the university's Shalimar campus.

The event is being held on 14th and 15th July, 2025, with participation from scientists, researchers, and students from different institutes. Prof. Nazir Ahmad Ganai,

breeding, stress tolerance, and genetic resource utilization to mitigate aberrant climatic changes for sustainable agriculture in J&K. Prof. Nazir A. Ganai also mentioned about 'Evergreen revolution' initiatives taken by SKUAST-Kashmir under HADP project for safeguarding fragile climatic con-

ditions of Kashmir.

2124/2025

welcomed the dignitaries, invited speakers and all participants.

The session was also graced by Prof. Haroon Rashid Naik, Director of Research; Prof. Mohammad Altaf Bhat, Director of Education; Prof. Azmat Alam Khan, Registrar, SKUAST-K; Prof. Neelofar Banday, Dean, Faculty of Horticulture.

A formal Vote of Thanks was presented by Dr. Sajad Majeed Zargar, Workshop Coordinator, Division of Plant Biotechnology, who expressed gratitude to the university leadership, expert speakers, participants, and the organizing team for their support and contribution in making the event successful.

HELP		TRAFFIC POLICE : 9419993745, 01998-266686 PCR: 0194-2452092,2455883 PDD: 0194-2450213 FIRE AND EMERGENCY SERVICES : 2479488,2452222,2452155 CAPD: 18001807011 SMC HEALTH OFFICER: 9469409081 Ambulance: Kashmer EMS Service: +91 94841 0020	0
AIRPOR		IIEK UL ALAM AIRPORT: 01942303311	
RAILW		<u>s</u>	
	·	SRINAGAR: 0194-2103259	
	•	ANANTNAG: 01932-228243	
	•	BARAMULLA: 0194-102029	
	•	BIJBHERA: 01932-228243	
	•	PAMPORE: 01933-294132	
	•	PATTAN: 01954-293507	
	•	QAZIGUND: 01951-296153	
HIGHW	AY	STATUS	



Sgr-Jammu highway - (Open)

This Day In History

- 1099 City of Jerusalem is captured and plundered by Christian forces during the First Crusade
- 1205 Pope Innocent III states Jews are doomed to perpetual servitudea and subjugation due to crucifixion of Jesus
- 1207 King John of England expels Canterbury monks for supporting Archbishop of Canterbury Stephen Langton.
- 1240 A Novgorodian army led by Alexander Nevsky defeats the Swedes in the Battle of the Neva
- 1307 Duke Henrik of Corinthia chosen as King of Bohemia
- 1381 John Ball, a leader in the Peasants' Revolt. is hung, drawn and quartered in the presence of Richard II of England
- BattleBattle of Grunwald 1410
- Battle of Grunwald (First Battle of Tannenburg, Battle of Žalgiris), one of Medieval Europe's largest battles during Poland-Lithuanian Teutonic War. Polish King Władysław Jagiełło and Lithuanian Grand Duke Vytautas defeat Teutonic Ulrich von Jungingen
- 1915 The Austro-German forces launch an offensive along the Eastern Front
- 1918 World War I: Second Battle of Marne begins 1923 - Italian parliament accepts new constitution - Physicist Donald Kerst becomes the 1940 first person to accelerate electrons using electromagnetic induction, reaching energies of 2.3 MeV, when his betatron device (for particle acceleration) becomes operational Event of interestEvent of Interest

F&ES Aspirants Demand Action On Alleged **Recruitment Scam**

Observer News Service

Srinagar: A group of aspirants for the Fire and Emergency Services (F&ES) department staged a protest at Press Enclave Srinagar on Monday, reiterating their demand for justice in an alleged recruitment scam that has remained unresolved for over a decade.

The protesters, who had initially planned to demonstrate outside the Chief Minister's residence at Gupkar, said they were detained by authorities but later regrouped at Lal Chowk to

voice their demands. They expressed frustration over the administration's inaction, claiming that despite a thorough investigation by the Anti-Corruption Bureau (ACB), no steps have been taken

against those allegedly involved in the scam. 'We have been seeking

justice for the last 12 years. The ACB completed its investigation long ago, but the official or beneficiary has one of the protestors.

According to the aspirants, the investigation reportedly uncovered the names of at least 109 candidates who were allegedly selected through fraudulent means. "There is clear evidence, yet no action has been taken," another protestor said.

"With the NC now in

power, we urge the new

Chief Minister to take this

matter seriously. We also

request the intervention

file is still gathering dust. No been held accountable," said

of LG Manoj Sinha to ensure justice is delivered, they added.

Vice Chancellor of SKUAST-K. delivered the 'Words of Wisdom' as the chief guest of the event. He ap-

menced with a welcome address by Prof. Amjad M. Husaini, Head, Division of Plant Biotechnology, who

1941 - Howard Florey and Norman Heatley present freeze dried mold cultures (Penicillin)

NOTICE

I, want to correct my name, Residence & Renew my Driving Licence Bearing Licence No JK-01 1998 0060112 from M Yaqoob Dar S/o Gh Mohd Dar R/o Awanta Bhawan, Srinagar 190011 To Mohd Yaqub Dar S/o Gh Mohd Dar R/o Hamza Colony Illahi Bagh, Srinagar, 190020 as per Aadhar. Regarding this, if anybody is having any objection he/she may file the same to the RTO Office Kashmir within a week's time after that no objection shall be entertained

NORTHERN RAILWAY FIRST CORRIGENDUM

For Tender No.: 753-TRD-JAT-2025-26 due on 01.08.2025

Senior Divisional Electrical Engineer (TR), Northern Railway Jammu Tawi has invited the above tender. The Tender Notice was published in leading newspapers on 11.07.2025 to be opened on 01.08.2025. The following changes has been made in the above tender and may be read as under:

- In Schedule 1, "anti money" under the Item description of Item at S. No. 1, 2 3 & 4 was changed to "anti monkey." In Schedule 2, "anti money" under the Item description of Item at S. No. 1 & 2 2)
- was changed to "anti monkey." Previous tender document has been deleted. New Tender document has
- been uploaded. "anti money" in the Uploaded Tender Document was changed to "anti monkey."

Others terms and condition will remain unchanged

No.: 753-TRD-JAT-2025-26/01 Dated: 14.07.2025 SERVING CUSTOMERS WITH A SMILE

Office Of The Executive Engineer R&B Division Shopian

Fax No/ Tell No: 01933-260226

Email.rnbdivisonshopian@gmail.com

EXTENSION CORRIGENDUM

It is notified for the information of all concerned that, due to poor tender response for the work advertised vide this office NIT No:- 13/2145-54/RnB/SPN/e-Tendering/2025-26 Dated:-02-07-2025 figuring at S. No. 01, the critical dates for the works are hereby :

Extended as

1	Bid Submission End Date	15-07-2025 up to 2:00 PM
2 Date & time of opening of Bids (Online)		16-07-2025 at 11:00 A.M in the Office of the Executive Engineer R&B Division Shopian.
Instea		ad of
1	Bid Submission End Date	11-07-2025 up to 2:00 PM
2	Date & time of opening of Bids (Online)	12-07-2025 at 11:00 A.M in the Office of the Executive Engineer R&B Division Shopian.
): NIT/2429-33 PK-3659/25	Date: 14-07-2025	Executiv

Ingineer **R&B** Division Shopian

Sd/·

Government of Jammu and Kashmir

Directorate of Animal Husbandry Kashmir

(Gowkadal Srinagar - 190001)

Ph. No. 0194-2455091 E-mail:- est@jkanimalhusbandry.net Fax:-0194-270518

Sub:- Waiting list for the posts of Veterinary Pharmacist Ref:- Adm Deptt's letter No. ASHF-AHONGAZ/38/2024 (7623966) dated 08-07-2025

No:- 58/DAHK-Estb0EMW/37/2024-2-I/575216/2025

NOTICE

Pursuant to Waiting List notified by J&K SSB for the post of Veterinary Pharmacist, received through Administrative Department vide aforesaid reference, the following 14 candidates in Divisional/district Cadres pertaining to this Department are directed to submit their V-rolls on prescribed format, within week's time positively, for seeking required character & antecedents report in their favour. Besides, they shall also share their Contact Numbers along with email IDs to enable this Department to proceed further:

S.	Name	Parentage	Residence	Category	Cadre
No					
1	Rahul Kumar	Romesh Kumar	Po Dhakar Kharah Balli Jammu 181204	SC	Division Cadre Kashmir
2	Aadil Yaseen	Mohd Yaseen Khanday	Uthmulla Rajpora Pulwama 192302	OM	District Cadre Srinagar
3	Umer Farooq Mir	Farooq Ahmad Mir	194 Mir Mohalla Kujar Frisal Kulgam 192232	EWS	District Cadre Budgam
4	Ayushi Dutta	Anil Kumar	6 6 Bagnoti Nowshera Rajouri 185152	PSP	District Cadre Ganderbal
5	Sahil Sharma	Rajeev Kumar Sharma	525 Mohalla Darugiran Jammu 180001	EWS	District Cadre Ganderbal
б	Aadil Hussain Lone	Gh Mohi ud din Lone	237 Harpora Dirhama Anantnag 192401	OM	District Cadre Pulwama
7	Aamir Hussain Mir	Gh Nabi Mir	161 Manzpora Lammer Devsar Kulgam	RBA	District Cadre Pulwama
			192221		
8	Manpreet Singh	Gurcharan Singh	Village Rathana Camp Po Rathana R S	ALC/IB	District Cadre Anantnag
		_	Pura Ranbir Singh Pura Jammu 181111		_
9	Sajad Ahmed Khan	Yar Mohd Khan	266 Plera Mandi Poonch 185102	PSP	District Cadre Anantnag
10	Saarthak Abrol	Pardeep Abrol	Ward No 16 Shiva Nagar Kathua 184101	EWS	District Cadre Anantnag
11	Igra Rashid	Ab Rashid Ganie	Guree Bijbehara Anantnag 192124	EWS	District Cadre Kulgam
12	Zubair Ahmad	Gh Hassan Malik	Jablipora Bijbehara Anantnag 192124	OM	District Cadre Kupwara
Malik					
13	Irshad Ahmad Mir	Mohd Yousuf Mir	94 Litter Shister Shahoora Pulwama	OM	District Cadre Bandipora
			192305		
14	Ilyas Ahmad Naik	Nazir Ahmad Naik	8171 Bhat Mohalla Rathsuna Tral Pulwama	EWS	District Cadre Baramulla
			192123		

Candidates who fail to respond the notice within stipulated time shall lost their claim of appointment without further notice which they shall remind.

DIPK-3680/25 dated: 14-07-2025

Dy. Director (C) Animal Husbandry Deptt. Kashmir

; Dt:- 11/07/2025

Think **Opinion**, Analysis, Essays

Send your write ups and feedback at editpage.ko@gmail.com

KASHMIR OBSERVER® Srinagar | Tuesday | 15-07-2025



KASHMIR OBSERVER®

Printed & Published by Sajjad Haider on behalf of Kashmir Observer LLP Printed at: K.T Press Pvt. Ltd 120-Electronic Complex, Industrial Estate, Rangreth-Budgam Published from: 5-Boulevard Srinagar J&K Editor-in-Chief : Sajjad Haider Managing Editor: Bilal Handoo News Editor: Farzana Nisar Online Editor: Syed Hamid Head Layout & Design: Muntazir Yaseen, Digital Media Head: Amir Ali Shah Distribution & Advertising: Firdos Ali RNI Registration No: 69503/98 Postal Registration No-L/159/KO/SK/2014-16 Legal Counsel: Tasaduq Khwaja Switchboard: (0194) 2502327 | +91 1947969705 Editorial: (0194) 2502327 Email: editor@kashmirobserver.net

🔌 κο νιεψ Ishq Nahi Kaam

s love no longer blind in Kashmir? A story published in this newspaper does point in this direction. More than listening to their hearts, the boys and girls of marriageable age seek the counsel of their minds before letting Cupid take over. And uppermost on their minds is to ensure that their partner is gainfully employed or inherits a substantial ancestral property before they say 'I do'.

Although, it's tempting to dismiss this shift as materialism or social decline, it is anything but. Beneath the matchmakers filtering proposals by job titles and young men delaying marriage till the announcement of the results of various job interviews, lies a more uncomfortable truth: rampant unemployment.

In a place where the private sector is virtually nonexistent and conflict has long stalled industrial growth, the government job is not just a job, it is the only viable source of livelihood. But with even those opportunities shrinking, the desperation is spreading.

For many young women, the odds are brutal. Educated and often overqualified, they watch proposal after proposal turn cold unless a job or family property can be added to the mix. For young men, the situation is equally bleak: a private job earns little respect; no job earns none at all.

In recent years, the situation for Kashmiri youth has become dire..The government jobs have dried up. In the absence of alternative job options, youth have nowhere to go. For one, the private sector in J&K, especially in Kashmir Valley, remains underdeveloped. And for another, the rise of technology is also threatening to take over a substantial portion of jobs reserved for humans. In its Future of Jobs Report 2025, the World Economic Forum (WEF) has predicted that the new technology will displace 92 million human jobs by 2030. Like in other parts of the country, Kashmir is also feeling the impact.

In fact, things are only getting worse in Kashmir. It is now known that the rate of unemployment in J&K is higher than the national average. Centre for Monitoring Indian Economy (CMIE) data has already shown that the union territory has among the highest unemployment rates in India at 23.1 percent. This is why the boys and girls are no longer looking for a partner, they are looking for a source of livelihood. This isn't just about love. It's about what happens to a society when its young people, full of potential and education, are left with nowhere to go. In Kashmir today, the heart doesn't wander freely; it treads carefully, because the cost of uncertainty is too high.

Death at the Picnic Spot

Drowning deaths are turning river outings in Kashmir into funerals. With no safety in place, young lives are being lost needlessly.

,

Peerzada Aarif

his summer, Kashmir's waters aren't just flowing, they're claiming lives. Once symbols of beauty and calm, they've become sites of tragedy, as drowning deaths rise and joy turns to grief.

A recent picnic near Boniyar in north Kashmir ended in the deaths of three people, including two teenagers, who slipped into the canal at the Lower Jhelum Hydroelectric Project.

They had come for a simple outing and never returned home.

Their families now speak of them in past tense, holding on to photos instead of hands. It's not a one-off.

Every few days, another drowning is reported, in Baramulla, Sopore, Kupwara, or farther south in Anantnag and Pulwama.

Boys swimming in the Jhelum, families gathering near waterfalls, and children taking selfies on slippery rocks met with the same grim ending.

This summer has seen a rush of people toward water bodies. With power cuts, heatwaves, and school holidays, Kashmiris have turned to rivers for escape.

In places like Sranz Fall and Namblan waterfall, boys jump into the cold water in groups. But many of them can't swim. There are no guards, fences, and signs warning of dangerous currents.

All it takes is one wrong step.

Often, there's no one nearby who can help. Most of these rivers run through remote areas. Even when someone calls for help, it takes time to arrive, and in drowning cases, every second counts.

Some people freeze, not knowing how to respond. Others try to help, only to get pulled in themselves.

What makes it worse is how easily these deaths could be prevented.

There are no visible safety measures in place. Not a single lifebuoy, not even a rope. Many of these areas are known picnic spots, yet they remain completely unregulated.

There are no visible safetv measures in place. Not a single lifebuoy, not even a rope. Many of these areas are known picnic spots, yet they remain completely unregulated. Even basic fencing or warning boards are missing.

Even basic fencing or warning boards are missing.

There's also a lack of public awareness. Most people don't think of rivers as dangerous. They're part of life here, ever-present and taken for granted.

But rivers, especially in mountainous regions like Kashmir, can be deceptive. The current can be strong even if the surface looks calm. The water can be deep just a few feet from the edge.

And cold water can cause muscle shock,

We must talk about this more - in schools, homes, and mosques. Children must be told

leaving even good swimmers helpless.

clearly: rivers are not playgrounds. Community elders, local administrators, and teachers must spread awareness. Village heads and municipal bodies should identify high-risk water sites and work on fencing them. Temporary warning signs in the short term, and permanent safety infrastructure in the long run, are both essential.

This is not about spoiling fun. It's about saving lives.

Parents also have a role to play. Many times, children leave home saying they're going to a friend's house, only to land up near a river or stream. Adults need to ask questions. They need to talk to their children about risk to protect them.

The state too cannot look the other way. Summer in Kashmir has changed. It is no longer a season of only flowers and festivals. It has become, for many families, a season of funerals.

The Jammu and Kashmir Disaster Management Authority must develop a seasonal drowning-prevention strategy. This could include warning bulletins, village-level volunteer squads, and regular patrols of known picnic spots.

If nothing changes, these tragedies will keep happening. And each time, it will be described as an accident, even when it isn't.

What we're dealing with is not fate. It's failure, to prepare, warn, and respond.

It shouldn't end like this, not for children who only went out chasing joy. We shouldn't have to keep writing their obituaries.

Picnics should be memories of sunlight and laughter, not search operations and sorrow. Rivers should carry stories, not silence.

There's still time to stop this, to make safety part of the landscape. But the clock is ticking.

> The author is a teacher and a freelancer based in Baramulla.

law is only as strong as the hands that uphold it. In Kashmir, where thousands of women step into offices, hospitals, schools, and studios every day, that law exists. But the hands are missing. And so is the safety.

In 2013, when India passed the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, what we now call the POSH Act, it was supposed to be a turning point.

It was seen as a statement that the country would no longer tolerate silence or shame where women work

Where Is Her Safety Net?

The promise of protection for working women in Kashmir falls flat in the face of

silence, inaction, and cultural fear.

Rohool Banka

Where they do exist, they're often cosmetic: names on a register. assembled hastilv to satisfy an au-

Ask the women who work in

And this punishment is compounded by the state's indifference. District Officers are meant to

ensure Local Committees exist for

workplaces with fewer than ten

women form a majority of the

workforce, the institutional re-

sponse is chillingly hollow. Harass-

ment is brushed aside. Committees

woman working for a district edu-

cation office waited seven months

for a committee to acknowledge

her written complaint. It never did.

weak. The POSH Act, on paper,

is robust. It defines harassment

clearly: verbal, physical, digital.

It ensures anonymity, mandates

timely inquiry, penalizes non-com-

This is not just oversight. It is

And yet, the law itself is not

In one case I encountered, a

are undertrained or inactive.

abandonment.

pliance. It gives every woman, in every sector, a path to justice.

But justice needs more than words on paper. It needs political will, institutional honesty, and social courage

What needs to happen now is not complicated, but it does require commitment.

Every public and private institution must be legally required to submit annual POSH compliance reports, listing their Internal Committee members, training records, and case summaries. These reports

should be audited and published. Committee members must be

FINANCIAL FIX

The Work Gap We Ignore

The labour force is changing fast in the valley. And the reason has less to do with jobs, and more with attitude.

Irshad Mushtag

rom carpentry to plumbing, it's common now to see non-local workers leading the charge. The reason, many say, is their professionalism, time discipline, and the ability to get the job done without excuses.

This isn't about blame. It's a reflection of what we've let slip: work ethic, accountability, and a long-term vision. While local youth are educated, too many lack basic employable skills and struggle with consistency, communication, and self-drive.

In management roles especially, there's a vacuum of leadership and mentorship. Tasks fall apart not for lack of talent, but for lack of structure.

People who've seen both sides, often point to one thing: skillbuilding needs to start early. Without direction, young people drift. Depression and anxiety silently follow. The antidote isn't a miracle job. It's a mindset shift.

If we want change, it has to begin with education that teaches responsibility. We need the ability to think clearly, manage time, and finish what one starts. A healthy work culture rewards consistency more than shortcuts. It values showing up, on time, every time.

Kashmir has no dearth of brilliance. But talent without discipline is like sunlight through fog: bright, but scattered. What we need is to read more, learn constantly, and compete with our own potential.

Responsibility isn't just personal. It's cultural. And maybe that's where the transformation begins.

The author is a Srinagar-based reputed financial advisor.

That dignity would no longer be conditional. And that every office, employer, and district had a duty: protect her, or be held accountable.

But in Jammu and Kashmir, the POSH Act has been reduced to paperwork. It hangs on bulletin boards, forgotten. It sits in policy files, unopened. It exists in law, but not in life.

Across the valley and beyond, from Srinagar's government offices to Pulwama's coaching centres, from Kupwara's clinics to private schools in Anantnag, the stories are disturbingly similar: no Internal Committee, no awareness drives, no training, and no answers.

Many institutions are legally bound to form Internal Committees, panels that receive and investigate complaints of sexual harassment, led by trained, sensitized, and impartial members.

Yet many of these institutions, both public and private, haven't formed them at all.

Letter to Editor

We Must Save Warwan Before It's Too Late

come from Aftee, a remote village in Warwan Valley. For decades, we lived in peaceful obscurity, surrounded by rivers, meadows, and snow-fed trails. Today, Warwan has become one of Kashmir's rising tourist spots. The visitors are coming. But we are not ready.

The surge in tourism should be good news. It means opportunity. But here in Warwan, that opportunity is slipping through our fingers. Most tourists bring everything with them-tents, food, fuel-and leave little for local vendors. There are barely any hotels or homestays, so even the money spent on lodging

goes elsewhere.

Some locals have started horse riding services. It's a step toward empowerment. But without planning, even that can backfire. Horses now trample across fragile grasslands and riverbanks. One clear route, set aside for rides, could help protect the valley's ecosystem. Instead, nature is taking the hit.

The bigger threat, though, is the flood of private vehicles entering the valley. In places like Kawyerd, tourists now drive right into the core area. These vehicles leave tire marks, disturb wildlife, and ruin the very landscapes people come

to admire. This is not responsible their own. tourism. It's reckless.

And there's no system in place to stop it. No limits on visitor numbers. No rules for camping. No infrastructure to handle waste. We're letting a fragile region carry more than it can bear. If this continues, Warwan could go the way of so many once-beautiful places: overrun, damaged, forgotten.

We still have time. But the district administration must act now. Ban vehicles from protected zones. Train locals in sustainable tourism. Create camping areas away from ecological hotspots. Encourage tourists to use local services instead of importing

trained in legal procedure and empathy. There is a difference between formality and justice. A trained, sensitized panel can be the line between silence and support.

We also need a digital, anonymous complaint system. Women need a way to speak up without risking exposure, retaliation, or character assassination.

But above all, we need to start listening, especially when a woman says: he made me uncomfortable. When she says: I didn't feel safe. When she says: I don't know where to go.

We need to make sure she has somewhere to go.

Until that happens, the law remains a ghost in the room: present in theory, absent in practice.

The author is a law student and serves as the Chief Spokesperson of Jammu and Kashmir Students Association (JKSA).

Tourism can lift communities. But only when it is built on fairness, respect, and planning. Warwan is not a blank canvas for selfies and tents. It's a living, breathing home, for people, plants, and animals. A careless approach will ruin it for everyone.

I invite tourists wholeheartedly, but they should come thoughtfully. I ask locals to speak up, and the administration to step in. We have a valley worth saving. Let's not wait until it's lost.

> Sincerely, Firdous Ahmad Khanday Warwan.

sional and personal.

can be swift and brutal. She's told to stay silent, for the family's honour, for her own future, for peace of mind.

What no one tells her is that silence isn't peace. It's punishment.

these spaces. Some don't even employees. They rarely do. There are no public databases, know the law exists. Others have periodic audits, and public-facing never heard of a complaint comreports. The system doesn't just mittee. And even if they have, they fail to protect women. It doesn't don't trust it. complain," ʻWhy one even pretend to try. Even in departments where

health worker in Shopian said, 'when they'll just ask: what you were wearing?'

dit, not safeguard a person.

That question still echoes louder than the law.

The fear of speaking up still runs deep in the valley. Here, the cost of a complaint is both profes-

A woman who reports harassment risks being labeled, shamed, or shut out. In small towns and close-knit communities, the fallout



A Mentor With a Needle

In a village with few jobs and fading traditions, one woman turned embroidery into a lifeline for dozens of girls.

Gowher Bhat

'n Banpora Wahibugh, a small village tucked between saffron fields and walnut trees in south Kashmir, time moves like a whisper. The mornings are unhurried. Women sweep courtyards in silence. The sound of a creaking wooden gate often breaks the stillness before the first kettle sings.

And in one such home, with sunlit windows and rugs worn thin from years of use, sits Naveeda You-suf, embroidering dreams with a needle and her bare hands.

She is neither famous nor formally trained. She has no title, no institution behind her name. But across this village, she is known simply as "Wousti Bhaye"-the female mentor.

The title came slowly.

Years ago, she was just a girl sitting beside her teacher, watching him stitch intricate designs on shawls, her eyes learning what her hands would one day remember.

"I didn't even know I was learning," she said. "I would sit there, still and small, just watching the nee-dle rise and fall. The thread would dance, and it felt like a music."

Her teacher never gave her a certificate. But what he passed on to her was more valuable: a rhythm, a reverence for detail, a power in precision.

She absorbed the ancient techniques of sozni, tilla, and aari, each requiring more patience than speed, more listening than talking.

When she began stitching on her own, neighbours noticed. Women came by to watch her work.

Then girls came, one or two at first, asking if they could learn. Nav-



ONE OF HER STUDENTS, MASRAT, USED TO SWEEP HOUSES. Now she embroiders for customers in Pulwama and Kupwara. "Because of my mentor" Masrat said, "I bring money home. My brothers treat me differently now. I feel like I exist."

eeda didn't hesitate. She spread out her shawls, shared her needles, and began to teach.

Her living room became a classroom. The floor was their bench, the shawl their notebook, the needle their pen.

"There are girls here who have never been past the district town,' Naveeda said. "But now they stitch patterns that carry centuries of memory. They carry it in their fingers, without even knowing."

One of her students, Masrat, used to sweep houses. Now she embroiders for customers in Pulwama and Kupwara. "Because of my mentor" Masrat said, "I bring money home. My brothers treat me differently now. I feel like I exist."

Another student, Humaira, once broke down in Naveeda's doorway. Her father had been bedridden for years. Her mother sold milk. Humaira had no skill, no source of

hope. "She [Naveeda] didn't ask anything," Humaira said, voice trembling. "She gave me thread. Said: try. Now I help my sisters. I don't feel useless anymore.'

In these soft-spoken testimonies, you hear a shift, from dependence to dignity, from shame to self-respect.

Stitch by stitch, these girls are

She shares it. Every student gets a piece. She ensures they're paid. "Your art has value," she tells

them. "Your time matters. Never forget that."

There are no projectors in her classroom, no formal curriculum. But what she teaches is as foundational as any lesson: that creation is a form of survival, that heritage is not in museums but in the hands of village girls stitching under a dim bulb.

In Kashmir, where the future often feels like a fragile promise, this mentor's embroidery feels like something steadier, a thread that connects the past to what might still be possible.

Naveeda dreams of a center, a proper one. With tables, good lighting, storage for thread, even a blackboard. She dreams of organizing exhibitions. Of building an online platform. Of showing the world what her girls can make.

"There are days I feel tired," she admits. "When people say, what's the point? You're just teaching needlework. But then one of my girls says: I bought my brother school shoes. And I remember why.'

There is no hustle for this kind of story. It doesn't trend. But it grows in the warmth of shared labour, in the hush of effort, and in the resilience passed from hand to hand.

Outside, the road is rough. The electricity cuts out. The future remains uncertain. But inside Naveeda's home, there is work, laughter and the hum of young women threading their names into fabric.

The author is an educator and writer from Pulwama.

Sobia Said It Boldly

A playful moment in a Budgam classroom became a powerful message about learning, laughter, and letting children be.

Muntashir Kifayat

t was supposed to be a routine school visit. Another preprimary class tucked away in Narabal, Budgam. Another round of observations, notes, and nods. I'd done this a hundred times be-

But that morning, two children under the age of four taught me more than any training session or textbook ever had The classroom was quintessential with tiny chairs, colourful charts peeling off the walls, and the unmistakable smell of damp carpets and cravons.



From Class to Nowhere

silence

craft.

Until Kashmiris shift from memorizing facts to building ideas, the dream of global tech leadership will remain distant.

opments in their own subjects.

eclaiming space in homes where

their worth was once measured in

Naveeda doesn't keep records.

She doesn't measure success in

spreadsheets. But the proof lies in

the hands of the girls she's trained.

Hands once idle, now alive with

She receives embroidery orders

from across the valley. Wedding

But she doesn't hoard the work.

shawls, kurtis, dupattas, scarves.

Umair Ul Umar

ashmiris still celebrate the passing of board exams like Lit's a national victory.

Sweet packets are shared. Banners with oversized portraits of toppers line market streets. Neighbours flood timelines with congratulatory posts. A tenthgrade student who memorized enough to pass an exam is treated as a community hero. Yet beyond the noise lies a deeper problem that no one wants to admit: our education system is rewarding survival, not excellence. It claps for obedience, not invention.

In remote Kashmir, many students think Java is only a drink and Python is only a snake. They are curious, but that curiosity has no outlet. They want to learn, but we hand them dusty books and outdated syllabi that prepare them for nothing.

The difference between our students and those in developed

In the developed world, students might code for passion. Here, they study to survive.

A government job, however modest, is treated as the summit of success. A feast is held when someone gets a clerkship. A celebratory video is posted when a student cracks a mid-level recruitment exam.

These moments matter ves but

As soon as I entered, the kids stood up and sang out, "Good morning, sir!"

It was a full-throated greeting that was too loud and too perfect not to smile at.

Before I could say anything, two girls rushed toward me, Sobia and Ayasha. They looked almost like sisters, though they weren't. Both had bright, curious eyes and a confidence that felt rare. They grabbed my hand, eager to speak, their faces full of life.

"What's your name?" I asked the first one.

"Sobia," she said.

"Can you spell it?"

She didn't flinch. "N-E-Z Sobia," she replied.

Not a single letter was in the right place. But her delivery was flawless: bold, certain, fearless.

Ayasha spelt her name correctly. A teacher, standing nearby, laughed at Sobia's response and began to scold her.

I stopped her.

In that moment, it wasn't the spelling that mattered. It was the spirit. Sobia had dared to answer, dared to be wrong, and didn't shrink when she was.

That raw and defiant confidence is the very thing most schools unknowingly destroy.

Sobia didn't care. She smiled at me again, unbothered, and ran off to the corner of the room with Ayasha. The two of them began clapping and singing: "Ek mota haathi goom nai chala, Barish ke mausam mein jaake woh fassa..." A fat elephant on a walk, caught in the rain.

Their voices bounced off the walls. Their rhythm, joy, and play was natural. We joined in, laughing with them. Sobia turned to me and started tapping my arm with the familiarity of a child who's

never been told to fear adults. I thought of my own daughter, how she does the same when she wants attention.

Later, in the staff room, my colleague and I spoke about the experience. He's seen as many classrooms as I have, and yet he too seemed moved by what we'd witnessed.

"Children like her," he said, "don't come from books. They come from freedom."

He was right. The textbooks may talk about early childhood development, but they don't tell you how it feels to see it unfold before your eyes.

The science is clear. By the age of five, a child's brain has already built the foundation for emotional resilience, cognitive ability, and self-worth.

But we often mistake early education for obedience training: sit down, stay quiet, memorize and don't question.

In many schools across Kashmir, especially in under-resourced zones, this is exactly what happens.

Teachers silence children in the name of control. Threats are passed off as discipline. Humiliation becomes a tool of order. And in the process, something precious is lost.

When a child like Sobia is mocked for getting a spelling wrong, we are chipping away at her courage. When we make fun of her mistake, we teach her

shame.

But Sobia didn't absorb any of it. She shrugged it off. She knew something we didn't. That learning begins with trying, not with perfection.

And that's what made her unforgettable.

Before leaving, I returned to the classroom. Sobia and Ayasha ran to me again. I picked them both up, one in each arm. We posed for a photo, two children nestled against a government officer in a worn schoolroom, grinning like old friends.

As I set them down, Sobia looked up at me, eyes gleaming. "Next time I'll spell it right," she said.

She didn't say it to please me. She said it because she wanted to. She wasn't afraid of failing. She was ready to try again. That, right there, is the whole point of education.

We keep talking about reforms, foundational literacy and bringing innovation to the classroom. But until we protect children's confidence and stop crushing their voices in the name of discipline, we'll keep failing them.

What Sobia taught me is simple: The spelling can wait. The spirit cannot.

 $The \ author \ is \ an \ academic$ monitor at the Boys High School Narabal, Budgam.

As a teacher of information technology in a government school in south Kashmir, I see the cracks every day.

Students are praised for reciting programming definitions word for word, though many of them have rarely touched a keyboard. They learn about coding without writing a single line. They know what an algorithm is but have never built one.

The idea of failing an exam terrifies them more than the idea of never building anything meaningful.

This problem is not unique to Kashmir. It stretches across much of the developing world, where classrooms still train students for jobs that no longer exist and exams that measure memory instead of ability.

While the world's most advanced economies are teaching children how to work with artificial intelligence, experiment with robotics, and build products that could change the world, we are still telling our students that good handwriting and clean uniforms are signs of success.

How can we expect these students to compete in a world where their peers are building startups before they finish high school?

In countries where children learn programming by doing, our students are still asked to copy code from textbooks into notebooks.

We are raising a generation of followers in a time that desperately needs creators. We haven't given them tools, encouragement, or space to even try.

The infrastructure is missing. Some schools don't have reliable electricity, let alone computers. Internet access is spotty. Teachers are undertrained, overworked, and rarely updated on new devel-

countries is not intelligence. It's exposure. While their counterparts attend coding bootcamps, join online tech communities, and intern with global compa-

aculty members teach what they were taught, sometimes decades ago, and students leave with degrees that struggle to fetch them employment.

nies, many students here are stuck watching tutorials they don't fully understand, in a language that isn't theirs, using a phone that barely connects.

They are caught between limited access and endless aspiration. The same platforms that could have been used to build are instead used to scroll, swipe, and filter.

We admire the tools made in Silicon Valley but fail to ask how they were made, and whether our children could ever make them too.

This lack of exposure is matched by a complete absence of research culture. Universities often function like factories that produce graduates without giving them the opportunity to explore, question, or innovate.

There are hardly any funded labs, startup incubators, and link between what's taught and what the industry needs.

Faculty members teach what they were taught, sometimes decades ago, and students leave with degrees that struggle to fetch them employment.

The brightest minds are steered into low-skill tech support jobs or spend years preparing for government recruitment tests that may never come.

Even the ambition to aim higher is crushed early. Economic pressure turns dreams into burdens. they also reflect how small the system has trained us to dream. The student who could have worked on Mars missions ends up behind a desk stamping files.

What makes this worse is the lack of policy direction. We don't have a plan. Digital literacy is spoken about at conferences and forgotten the next day. Education budgets fluctuate with every change of leadership. Infrastructure projects focus on buildings, not brains.

We haven't produced notable scientists or inventors worth celebrating in decades, yet we continue building palatial campuses that serve more as status symbols than centers of learning.

Yet despite all this, I still believe change is possible. I've seen sparks. A student who taught herself Python from a free YouTube course. Another who built a simple app to help her father manage farm expenses. I've seen WhatsApp groups turn into study circles. I've seen communities where students correct each other's code late into the night.

The fire is there. The hunger is real. What's missing is the matchbox to light it.

We need collective support. Mentorship programs. Industry connections. Curriculum reform. Infrastructure investment.

And most of all, belief that our students can be more than employees. They can be inventors, entrepreneurs, and leaders in the global digital age.

It's not about producing the next Google. It's about ensuring that no child with a spark is smothered by the system.

Our students are not behind because they lack talent. They are behind because we have failed to build pathways for that talent to thrive.

The author is an IT teacher at Government Girls Higher Secondary School, Yaripora, Kulgam. He can be reached at umairulumar77@gmail.com

NEWS

Samosas, Sweets, Kachoris to Display Oil, Sugar Content

Press Trust Of India

New Delhi: The Union health ministry has urged all ministries and departments to instal displays of boards mentioning the sugar and oil content in snacks such as samosa, kachori, pizza, burger, french fries, soft drinks, gulab jamun and vadapav to promote healthy lifestyles and combat obesity and noncommunicable diseases.

communicable diseases. It has also called for printing health messages on all official stationery such as letterheads, envelopes, notepads, folders and publications to reinforce daily reminders on fighting obesity. While the Oil Board mentioned

While the Oil Board mentioned snacks such as French fries, burgers, pizza, samosa, pakodas and vadapav, the Sugar Board included items such as soft drinks, gulab jamun and chocolate pastries. Shiv Sena MP Milind Deora,

Shiv Sena MP Milind Deora, who chairs the Parliamentary Committee on Subordinate Legislation, on Monday pitched for treating and regulating food items such as pizzas, burgers and doughnuts at par with samosa, jalebis and vadapav for health risks.

In the letter written on June 21, Union Health Secretary Punya Salila Srivastava said that India is witnessing a sharp rise in obesity among both adults and children. According to the National Family Health Survey (NFHS)-5 (2019-21), more than one in five adults in the urban areas are overweight or obese.

The prevalence of childhood obesity is impacted by poor dietary habits and reduced physical activity. According to the Lancet Global Burden of Disease (GBD) 2021 obesity forecasting study published in 2025, the number of overweight and obese adults in India is projected to rise from 18 crore in 2021 to 44.9 crore by 2050, making it a country with the second-highest global burden, she said.

Obesity significantly raises the risk of non-communicable diseases (NCDS) such as diabetes, hypertension, heart disease and certain cancers. It also affects mental health, mobility and quality of life, and imposes a heavy economic burden

through increased healthcare costs and productivity losses. Early prevention and health

promotion are critical to reversing these trends. In the letter, Srivastava referred to Prime Minister Narendra Modi's

call to combat obesity through lifestyle changes. "At the opening ceremony of the 38th National Games in Dehradun on 28 January 2025, the prime

minister invoked the Fit India Campaign and urged citizens to adopt active, healthy lifestyles as part of the broader vision of Swastha Bharat. In his Mann Ki Raat, he called for a 10 per cent reduction in oil consumption," the letter said.

In response to this national appeal and as part of the ministry's flagship initiatives under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD), it is imperative to promote sustainable behavioural changes at our workplaces. These include reducing excessive consumption

of oil and sugar, both of which are key contributors to increasing rates of obesity, diabetes, hypertension and other lifestyle-related disorders, Srivastava stated.

"We are proposing display of Sugar and Oil Boards initiative to promote healthier dietary habits in various settings. These boards serve as visual behavioural nudges in schools, offices, public institutions etc displaying key information about hidden fats and sugars in everyday foods," the letter stated.

She requested all ministries to issue directions to all departments/ offices/ autonomous bodies and other public institutions/organisations to instal Oil and Sugar Board displays (digital static posters etc) in common areas (cafeterias, lobbies, meeting rooms and other public spaces) to raise awareness on harmful consumption. She asked them to print health messages on all official stationery (letterheads, envelopes, notepads, folders, etc) and publications to reinforce daily reminders on fighting obesity.

No Capacitors In Kashmir DISCOM, Reveal Documents

Agencies

Srinagar: In Kashmir valley, there is no power capacitor available for the local DISCOM to improve the quality in electrical systems by compensating for reactive power and improving power factor.

and improving power factor. The official documents state that the Ministry of Power for Government of India (GoI) has provided the capacitors to industrial consumers to keep healthy power factor.

"In the meeting, it was informed from J&K side that presently no capacitors are available in Kashmir DISCOM although capacitors have been provided by industrial consumers to keep healthy power factor," reads the documents of (MoP).

The documents further states that it was also discussed that TCC and NRPC had recently accorded approval from forum for installation of capacitors by Rajasthan, Uttarakhand DISCOMs.

"The proposals were then submitted by respective states to PSDF and PSDF also had positive views of providing funds for installation of capacitor banks. PSDF funds were frozen for some time but now PSDF has started according approval for some of the schemes," it reads.

In the meeting it was further revealed that as around 700-800MVAr is being drawn by 400/220kV ICTs from Amargarh, Wagoora and New Wanpoh and 300MVAr support is being provided by New Wanpoh SVC, there seems to be requirement of nearly 1000MVAr reactive power compensation (capacitive) in Kashmir valley at transmission and distribution level in next 1-2 years.

"If proposal is prepared for a futuristic scenario, further additional capacity as per requirement may be planned," it reads. It also states that J&K SLDC is also

It also states that J&K SLDC is also sharing (transfer capability limit) ATC/TTC basecase on a regular basis as per CERC approved procedure. "However, due to low voltages during the daytime, the ATC, TTC figures for day time were recently reviewed and revised figures were communicated to J&K SLDC."

"Due to low voltages in Kashmir valley area, the transfer capability limits (ATC/TTC) are 2700/2800MW during 09-14hrs and 3400/3500MW for other than 09-14hrs duration," it reads. (KNO)

FROM THE FRONT PAGE

NC Leaders Dodge

the people who claim that their responsibility is the security and law and order, we were not allowed to offer fateha here. We were kept in house arrest (on Sunday)."

"See their brazenness, they tried to stop us today as well. They also tried to manhandle us. Police sometimes forget the law. Why was I stopped today, when the restriction was for yesterday?" he added.

Calling it an attack on democratic rights, he said, "For all purposes, this is a free country. But they think of us as their slaves. We are not. We are servants, but of the people. I don't understand why they destroy the law while in uniform."

He claimed the party resisted all attempts to block their path. "They tried to catch us, they tried to tear apart our flag but all of it went in vain. We came here and offered fateha. They think the martyrs' graves are here only on July 13, but they are here all year round."

"How long could the LG administration stop them from paying tributes to martyrs? If not July 13, it could be July 12 or 14 or December, January or February," he said. "We will come here whenever we feel like."

Videos from the site showed uniformed men in a scuffle with Omar Abdullah and his team, trying to physically stop him as he approached specific graves. But Omar pushed through.

Posting one such clip on X, he wrote: "This is the physical grappling I was subjected to but I am made of sterner stuff & was not to be stopped. I was doing nothing unlawful or illegal. In fact these 'protectors of the law' need to explain under what law they were trying to stop us from offering Fatiha. In another post, he said: "The unelected government tried to block my way forcing me to walk from Nawhatta chowk. They blocked the gate to Naqshband Sb shrine forcing me to scale a wall. They tried to physically grapple me but I was not going to be stopped today." July 13 is observed as Martyrs' Day in Jammu and Kashmir to honour 22 people killed by the Dogra army outside Srinagar Central Jail in 1931. In 2020, the LG administration dropped the date from the list of gazetted holidays, a move NC leaders have repeatedly criticised as an attempt to erase history.

vulnerable locations and possible incidents of landslides, mudslides, and shooting stones, especially in hilly and mountainous regions.

Here are the emergency contact numbers issued by the Srinagar administration: • Landlines: 0194-2457543, 0194-2483651,

• Landlines: 0194-2457543, 0194-2483651, 0194-2457552

- Mobile Helplines: 9103998355 / 9103998356 / 9103998357
- ERSS: 112PCR Srinagar: 0194-2477567

With continued rainfall expected across J&K, residents have been asked to stay updated with official bulletins and avoid nonessential travel in vulnerable zones.

Kavinder Gupta

as Lieutenant Governor of Union Territory of Ladakh. Kavinder Gupta has been appointed as new Lieutenant Governor," reads the communique.

The President also accepted the resignation of Brig. (Dr.) B. D. Mishra (Retd.) as Lieutenant Governor of Union Territory of Ladakh.

Reacting to his appointment, Kavinder Gupta expressed gratitude and humility, emphasising his commitment to the people of Ladakh.

Speaking to the media, he said, "It is an honour to serve the people of Ladakh. I express my heartfelt gratitude to the Hon'ble President, Prime Minister, Union Home Minister, and the BJP leadership for deeming me worthy of this responsibility. I accept this challenge with humility and will strive to work with everyone to ensure development, peace, and welfare in the region. Having seen Ladakh's challenges firsthand, I am committed to addressing them with dedication. We will work together with everyone (for the development of the region)." Despite the challenges, Sinha expressed confidence in the capabilities of India's security apparatus.

"The Union Home Ministry, Defence Ministry and intelligence agencies are fully prepared to counter any future threats," he said.

Over 2.20 Lakh Visit Cave

Monday morning. The pilgrims were divided into two escorted convoys — one for Baltal base camp in Central Kashmir's Ganderbal district and another for Pahalgam base camp in South Kashmir's Anantnag district.

According to officials, 2,215 pilgrims headed for Baltal in 100 vehicles, including 1,646 men, 507 women, 5 children, 44 sadhus, and 13 sadhvis. The Pahalgam-bound convoy, comprising 135 vehicles, carried 3,928 pilgrims, including 3,045 men, 741 women, 12 children, 123 sadhus, and 7 sadhvis.

The annual pilgrimage will culminate on August 9.

Srinagar To Face

Dedicated Feeder for Unani Hospital, Shalteng. This will affect the 33/11KV Receiving Stations at Zainakote, Shalteng, and Bakshipora, disrupting power supply to Zainakote, ICCC. Industrial. HMT. Shalteng. that surreptitious recording amounted to a clear breach of privacy and was legally unjustified.

However, Justice Nagarathna disagreed with this position.

"Some arguments have been made that permitting such evidence would jeopardise domestic harmony and matrimonial relationships as it would encourage snooping on the spouses, therefore infringing the objective of Section 122 of the Evidence Act.

"We don't think such an argument is tenable. If the marriage has reached a stage where spouses are actively snooping on each other, that is in itself a symptom of a broken relationship and denotes a lack of trust between them," she said.

The detailed judgement is awaited.

CAT Halts

The Tribunal issued notices to the General Administration Department (GAD) and other respondents, directing them to file their replies within four weeks, it reads.

The matter has been listed for the next hearing on 13 August 2025, the order states. (JKNS)

Ensure Fair

on the validity of sanction applies to all the accused facing charges on that same sanction, not just the individual who brought the challenge," the court said. fatigue, and constant social pressure.

Humaira Dar, 30, a schoolteacher in Budgam, said her health began to improve only after she gave up late-night television, began waking at dawn, and returned to traditional food.

"My cycle came back. My mood got better," she said. "I didn't need medicine. I needed rhythm."

But the change is not easy. Many women don't recognize what's happening to them. Families misread the symptoms. Love indifference is misinterpreted as marital strain. Fatigue is dismissed as laziness.

"There is no language in most households to talk about hormonal health," said Dr. Iqra Mir, a reproductive health expert. "That silence only deepens the crisis."

Aaliya, now undergoing treatment and making small lifestyle changes, including early meals, fewer screens, short morning walks, says she feels slightly better. But the fatigue still lingers.

"I thought I was doing everything right," she said. "Good job, good home, good husband. But no one told us how to take care of our energy, our hormones, our bodies."

In the garden outside, her grandmother is watering spinach, squatting effortlessly in the earth. She doesn't understand cycletracking apps or hormone charts. But she wakes with the sun, eats what is in season, and moves all day.

Aaliya watches her for a moment. "Maybe that's the life we were built for," she says. And perhaps in Kashmir's changing

Wet Spell To Continue

with cloudy skies and intermittent spells of light to moderate rain and thundershowers likely across many areas.

"There is a possibility of intense showers and heavy rain at a few locations until July 17," said Dr Mukhtar Ahmad, Director of the MeT department. He added that from July 18 to 21, fresh spells of rain and thundershowers are expected at scattered places across the Union Territory.

Advisory

Amid forecasts of adverse weather, the Srinagar district administration issued a public advisory on Sunday evening, urging caution between July 14 and 17.

"In view of heavy rain and thunderstorms with strong winds, tourists, Shikara riders, sand extractors, and boat operators are advised to avoid travel on Dal Lake, the Jhelum River, and other water bodies," the advisory read.

The administration also cautioned residents, particularly those living close to rivers, streams, and tributaries, to stay away from water bodies during the period of forecasted heavy rain.

Citizens have been urged to remain alert, follow official safety instructions, and report emergencies to the District Emergency Operation Centre (DEOC), ERSS, or Police Control Room.

Flash Flood, Landslide Risk

The MeT has warned of flash floods at

Gupta, a BJP leader, was elected mayor of the city of Jammu for a record three consecutive terms, from 2005 to 2010.

In the 2014 Assembly election, Gupta contested and was elected a Member of Legislative Assembly from the Gandhinagar constituency. He defeated Raman Bhalla of Congress. On March 19, 2015, Gupta was elected speaker of the assembly.

On April 30, 2018, he was appointed as the deputy chief minister of Jammu and Kashmir State.

I Take Full

"Tourist arrivals had almost stopped after the incident. We believed that the Amarnath Yatra would be the turning point," he said, adding that several tourist destinations have since reopened, with others to follow in a phased manner once enhanced security plans are in place.

On Local Militancy and Infiltration

Asked about local involvement in the attack, Sinha said recruitment of local youth into militancy has drastically declined in recent years.

"There has been just one incident of local recruitment this year compared to 6–7 last year. There was a time when this figure used to be 150–200," he said. "But it is also a fact that Pakistan has facilitated the infiltration of a large number of terrorists in both Jammu and Kashmir regions."

Operation Sindoor and India's Red Lines Discussing India's response to crossborder terrorism, Sinha said the success of Operation Sindoor had sent a clear and strong message to Pakistan.

"India has made it clear that any terror attack will be considered an act of war. The manner in which our forces carried out precise hits against terror facilities in Pakistan conveyed a stern message," he said.

However, he warned that Pakistan remains untrustworthy.

"A country that has made terrorism its declared state policy is not to be trusted," Sinha cautioned.

Mujgund, Bakshipora, and adjoining areas.

On July 19, 2025, from 06:00 AM to 01:00 PM, shutdowns will be carried out on the following lines for preventive maintenance, branch cutting, and line stabilization:

33KV Bemina I & II lines: Power will remain off at Bemina I and II Receiving Stations, affecting areas such as HIG/MIG Colony, Nund Resh Colony, Hamza Colony, Gousia Colony, Sir Syed Abad, Qammerwari, Chatbal, SK Colony, Taushedabad, Bemina, Court Complex, Mandi, and adjoining localities.

33KV Bemina Karan Nagar line: Shutdown will impact Karan Nagar and Shalistore Receiving Stations, with power cuts in Chatabal, Balgarden, Zaldagar, Police Lines, Civil Secretariat, SMHS, Gole Market, Guru Bazar, Tankipora, Shaheed Gunj, and surrounding areas.

33KV Bemina lines to Barbarshah, Fatehkadal, KP Bagh, Exhibition, and JVC/ PC Depot: Outage will affect Receiving Stations at Fatehkadal, Khayam, Barbarshah, Basant Bagh, Rakhi Arth, Court Complex, GIS Batamaloo, JVC, PC Depot, Children Hospital, and JVC Hospital. Power supply will be affected in Fatehkadal, Khayam, Barbarshah, Basant Bagh, Rakhi Arth, Hamdania Colony, Sabadan, Batamaloo, Moominabad, Gund Reshi Colony B, Bemina, State Motor Garage, Haj House, Forensic Lab, Qammerwari, Baran Pathri, and adjoining areas.

On July 15, 2025, from 08:00 AM to 11:00 AM, shutdown of the 33KV Sharifabad–Narbal line will be observed to complete isolator work for the standby tap line of Children Hospital. This will affect Receiving Stations at Narbal, Sanoor, Railway Station, and Mazhama, with power outages in Narbal, Lawaypora, Sozeith, Kawoosa, Mazhama, Sanoor, Kralpora, Radbugh, Malpora, and adjoining areas.

KPDCL has appealed to consumers for cooperation during the scheduled shutdowns and expressed regret for the inconvenience caused.

Secret Spouse

recordings of phone calls with his wife to support claims of cruelty. The wife challenged this in the high court, arguing that the recordings were made without her knowledge or consent and violated her fundamental right to privacy.

The high court accepted the wife's plea and ruled the evidence inadmissible, stating

Why Kashmiri Women

Still, they're falling apart.

In Pulwama, Aaliya's 83-year-old grandmother, Zainab Begum, listens with confusion. She remembers her own life: hauling firewood at dawn, hand-washing clothes, raising six children.

The octogenarian has never taken a hormone supplement, never missed a menstrual cycle, and never had to see a specialist until her seventies.

"We never stopped moving," Zainab said. "Now the girls don't walk, don't eat properly, and they say they're tired before noon. How can that be?"

The science, it turns out, is catching up to her question.

According to health experts across the valley, this is a crisis of biology outpaced by modernity.

The female body, they say, was not built for 10-hour screen exposure, processed food, night-time scrolling, or physical stillness.

And yet, this is how many Kashmiri women now live.

"Women have become disconnected from every cue their body relies on to stay healthy," said Dr. Sameena Wani, an endocrinologist. "The result is hormonal chaos."

At a private clinic in Srinagar, a recent internal survey of 200 women under 40 found that 61% reported menstrual irregularities, 48% described daily fatigue, and nearly a third reported a significant drop in libido since their late twenties.

Nighat Jan, 33, a remote IT worker living in Srinagar's Rajbagh neighbourhood, said her physical decline was so subtle she almost missed it.

First came the bloating, then the brain fog, then the complete disinterest in romance. "I thought it was stress," she said. "But it didn't go away. It just stayed."

Her blood reports showed insulin resistance and early hormonal shifts. The doctor suggested walking in the morning sun, reducing screen time, and switching to seasonal food, things her grandmother did instinctively.

"Honestly," she said, "I'm relearning how to live."

The shift is generational. While older women like Zainab followed rhythms shaped by sun, soil, and scarcity, younger women are shaped by artificial light, digital homes, the hardest lesson for a modern generation of women is that having everything doesn't mean having health.

J&K Fast-Tracks

dependence on paper files.

The Chief Secretary directed that the 'Scan and Share' facility be universally implemented across all healthcare institutions. He also called for rationalizing manpower to ensure efficient data entry, a critical component of the JK-e Sahaj Hospital Management Information System (HMIS).

Taking a strong stand on accountability, Dulloo instructed the Health Department to expedite the Health Professional Registry (HPR) and act against professionals delaying compliance. He also suggested seeking technical support from BISAG-N to meet digitization targets under ABDM.

Secretary H&ME Dr. Syed Abid Rasheed Shah informed that the department has digitized radio-diagnostic reports, linked them with ABHA IDs, and rolled out the Scan and Share facility across multiple health institutions. He reaffirmed commitment to fully saturate ABDM goals within a defined timeline.

MD ABDM Anant Dwivedi outlined the mission's three pillars: ABHA ID, HPR, and the Health Facility Registry (HFR), noting that Jammu and Kashmir has made remarkable progress in each area.

As per latest figures shared during the meeting:

94.49 lakh ABHA IDs have been created, covering 69.7% of the target population.

100% registration of 3,607 public health facilities under HFR has been completed.

87% of public doctors (6,713 out of 7,730) and 100% of public nurses (5,149) have been registered.

20.58 lakh digital health records have been linked with ABHA IDs, including 1.44 lakh new records added since May.

104 out of 105 major health facilities are now actively using the HMIS (JK-e Sahaj) portal.

71.16 lakh 'Scan and Share' tokens have been generated so far.

The Chief Secretary commended the Health Department for its progress and urged officials to sustain the momentum to ensure that every citizen in J&K is digitally included in the evolving healthcare system.

STATE

KASHMIR OBSERVER[®] Srinagar | Tuesday | 15-07-2025

Income Tax Deptt Conducts Tax Awareness Prog

Observer News Service

Srinagar: The Income Tax Department conducted a Tax Awareness-cum-Outreach Programme in collaboration with the Kashmir Chamber of Commerce and Industry (KCC&I) at the SIDCO Industrial Complex, Lassipora, Pulwama. The programme was attended by members of the Industrial Association, Lassipora, KCC&I, and Chartered Accountants.

sion with stakeholders and briefed them on legal issues related to income tax notices, timely replies, correct claims in ITRs, and redressal of taxpayer grievances.

Queries of members were addressed by Dr. Ruveda Salam, IRS, Joint Commissioner of Income Tax; Shakil Ahmed Ganaie, Deputy Commissioner of Income Tax; and Abhineet Jhohar, Income Tax Officer, Srinagar.

Javid Ahmed Tenga, President, KCC&I and Mukhtar



Sahay. Vikram IRS, Chief Commissioner of Income Tax, J\&K and Ladakh, held a detailed discus-

Ahmed, President, Industrial Association, Lassipora also attended the programme.

CS For Harnessing ONDC To Promote E-Commerce

Observer News Service

SRINAGAR: In a move to catalyze the growth of small businesses through digital integration, Chief Secretary, Atal Dulloo on Monday chaired a high-level meeting with the CEO of Open Network for Digital Commerce (ONDC) to explore opportunities for leveraging the ONDC platform to promote e-commerce in J&K.

The meeting was attended by Principal Secretary, Agriculture Production Department; Executive Director, J&K Bank; Secretary, Labour & Employment; Secretary, Tribal Affairs;Secretary in Industries & Commerce; Director General, Budget; Director, Labour & Employment; State Informatics Officer, NIC; Representative from BISAG-N besides other senior officers.

During the deliberations, the Chief Secretary emphasized the immense potential of digital commerce in strengthening the local economy and creating new livelihood avenues. He underscored the importance of initiating the digital push with simple, scalable models, and expanding gradually by address-

He also called for onboarding service providers such as electricians, plumbers and other technicians on the digital platform, enabling the citizens to avail their services conveniently here.

The CEO, ONDC, shared success stories from other states, including that of Sri Vidya Handlooms and Himira in Himachal Pradesh and their initiatives taken in Andhra Pradesh where ONDC played a transformative role in supporting the entrepreneurs to reach national markets in shorter time durations. He elaborated on ONDC's potential to digitize the local economy of J&K and link the same with the national digital market, thereby uplifting key economic drivers here.

Speaking on J&K's roadmap, Director, Labour & Employment, Shahzad Alam, informed that the UT is looking to adopt a hyper-local delivery model within a 3-4 km radius through a seller app developed by BISAG-N.

He added that various categories of service providers would soon be onboarded to offer their services



Adventure Tourism Vital For Boosting Repeat Visits To Kashmir: CM

CM Launches Book "Valleys Of Jammu & Kashmir"

Observer News Service

SRINAGAR: Chief Minister Omar Abdullah on Monday said that in order to promote repeat tourism in Kashmir, it is essential to offer something new and refreshing each time-like adventure tourism.

He was speaking at the launch of the book "Valleys of Jammu and Kashmir - A Tribute to the Soul of Jammu and Kashmir" authored by Mehmood A. Shah, Managing Director, Kashmir Power Distribution Corporation Limited, at a local hotel here.

"If we aspire to promote repeat tourism, we must recognize that tourists won't return solely for our Mughal gardens or the Tulip bloom, nor just for the gondola rides. They return when offered something new-something refreshing each time. Adventure tourism provides exactly that. No two experiences are ever the same. The trail looks different in the morning than it does at sunset. Each trek offers a unique story," the Chief Minister said. Calling for preservation

and promotion of the region's historic trekking routes, he said these trails, connecting Jammu with Kashmir and Kashmir with Ladakh-are not just physical pathways, but cultural corridors of heritage and sustainable tourism. "It is imperative that we

If we want repeat tourists, gardens and gondolas aren't enough. They return for something new-something fresh every time. Adventure tourism offers that."

market our trekking routes not just as a tourism product, but as part of our ecological and cultural legacy. We must not confine ourselves to markets where advisories act as obstacles. There are many countries with no such restrictions, whose tourists would be eager to explore our terrain," he said, calling for joint efforts with Ladakh to keep traditional routes alive and accessible.

Referring to the current situation, Omar Abdullah said it was unfortunate that the book is being released at a time when many of the trekking routes described in

Dr Jitendra Inaugurates Holistic Orientation Prog

Observer News Service

JAMMU: The Indian Institute of Management (IIM) Jammu commenced its five day Holistic Orientation Programme with a grand inaugural ceremony held here at Jagti campus.

The programme marked formal induction of the 6th Batch of Ph.D, 4th Batch of Ph.D. (Working Professionals), 10th Batch of MBA, 4th Batch of MBA in Healthcare Management and the 5th Batch of Executive MBA (EMBA) into the IIM Jammu academic community.

The event was inaugurated by Dr. Jitendra Singh, Union Minister of State (Independent Charge) for Science & Technology, Earth Sciences. Professor B.S. Sahay, Director, IIM Jammu, presided over the event.

A special message from Dr. Milind P. Kamble, Chairman, Board of Governors, IIM Jammu, was read out by Professor Jabir Ali, Dean, Faculty and Research, IIM Jammu.

it remain inaccessible due to

evokes both admiration and

sadness. Admiration for the

unmatched natural wealth we

possess, and sadness because

we are not able to experience

or share it at present. It is my

heartfelt hope, and indeed

my effort, that these routes

will soon be reopened for our

youth, trekkers and visitors,'

Reflecting on his personal regret at not having trekked

these trails, Chief Minister

Omar Abdullah praised the

author's dedication and pas-

sion. "Mr. Shah is truly for-

tunate to have explored these

ment and love for the land."

truly interested in trekking,

we must digitize it—perhaps

through an app. Let the coor-

dinates, photographs, anec-

dotes, and waypoints become

a digital guide for adventure

book will adorn coffee tables.

its real value lies in becoming

a functional resource that in-

spires exploration and fosters

He added that while the

lovers," he suggested.

sustainable tourism.

this

book

recent developments.

"Reading

he said.

Also present on the occasion were Amitava Chatterjee, MD & CEO, J&K Bank, as the guest of honor besides Professor Shakti Gupta, Director, AI-IMS Jammu: Professor Jabir

Ali, Dean, Faculty and Research; Professor Nitin Upadhyay, Dean Academics; and Dr. Sarbjit Singh, Chairperson, Admissions, IIM Jammu.

A major highlight of the day was inauguration of the newly constructed Hostel Complex by Chief Guest Dr. Jitendra Singh. The complex comprises four state-of-theart hostels including Krishna, Sindhu, Narmada, and Yamuna, each with 172 rooms totalling 688 rooms. This remarkable addition to the institute's infrastructure reaffirms IIM Jammu's commitment towards providing world-class residential and academic facilities to its students.

In line with the institute's emphasis on environmental consciousness and sustainability, Dr. Jitendra Singh also participated in a symbolic sapling plantation ceremony, planting a Rudraksh sapling near the hostel complex.

The grand inaugural ceremony set an inspiring and enthusiastic tone for the days ahead, as the newly inducted batches prepare to embark on a transformative academic journey at one of India's most dynamic and rapidly advancing IIMs.

3 Dead In LJHP Canal Tragedy In Baramulla

Observer News Service

routes over the last 20-25 years. His experiences, beau-Srinagar: Three persons intifully documented in this cluding two minors lost their volume, reflect deep commitlives while another was rescued after slipping into a ca-The Chief Minister emnal of the Lower Jhelum Hyphasized the need for digitizdroelectric Project (LJHP) in ing the book to ensure wider Gantmulla area of Baramulla, accessibility. "If we want this in a tragic incident that ocwork to benefit those who are curred on Sunday.

The bodies were recovered after a joint rescue operation, which lasted over 36 hours.

Officials told KNO that the incident occurred on Sunday afternoon when a group of people from Srinagar had gone for a picnic near the LJHP canal along the River Jhelum in Baramulla district. During the outing, two minors accidentally slipped into the water. In an attempt to

rescue them, two others also jumped in, but were swept away by the strong currents.

Soon after the incident, the locals alerted authorities, prompting the launch of a multi-agency rescue operation involving teams from the State Disaster Response Force (SDRF) Baramulla, Civil Defence, Jammu and Kashmir Police and local volunteers.

On the same day, an individual identified as Syed Mohammad Ilyas Geelani, of Tawheedgunj Baramulla was rescued and shifted to PHC Sheeri, where his condition was reported to be stable.

Later, the body of Ibrahim Bin Showkat (13), a resident of Narkara Budgam, was recovered near Bimyar, some distance downstream from the site of the incident.

ing implementation challenges in a phased manner.

Dulloo emphasised on the fact that J&K must embrace the digital shift by harnessing the capabilities of ONDC to empower the small and nano entrepreneurs first to serve locally. He directed the Labour & Employment Department to begin with a hyper-local delivery system within a defined radius around businesses

through an integrated online hiring platform.

Moreover, he said that the Department is contemplating establishment of district and UT-level collection hubs to facilitate the sale and distribution of goods produced by J&K's weavers, artisans, and other small-scale manufacturers, thereby ensuring better market access and fair value for their products.

Altaf Bukhari Calls On LG Sinha

Observer News Service

Srinagar: Syed Mohammad Altaf Bukhari, President, J&K Apni Party called on Lieutenant Governor Manoj Sinha on Monday and put forth various important matters pertaining to Horticulture sector and welfare of orchardists and farmers across the UT affected due to recent and recurrent weather-related adversities.

OFFICE OF THE PRINCIPAL GOVERNMENT MEDICAL COLLEGE, ANANTNAG, J&K (MAIN CAMPUS DIALGAM, ANANTNAG).

Phone No- 01932-227624

e-mail: gmcanantnag2018@gmail.com

Tender Notice No: 09 GMCA of 2025 Dated : 11 :07-2025

On behalf of Lieutenant Governor, Union Territory of Jammu and Kashmir Online tenders through JK tenders Portal are invited from the registered, reputed, and licensed agencies/Contractor for running of Hospital Canteen and Serving Diet to Pregnant Ladies at M&CCH, Associated Hospital Govt. Medical College, Anantnag.

	S.No	Particulars	Date and Time	
	1.	Date & Time of floating of bid	11.07.2025	03:50 PM
	2.	Date & Time of online bid submission (Any query to clear can	Start date & Time	End Date & time
		be done through e-mail id on gmcanantnag2018@gmail.com from 11.07.2025 to 12.07.2025	11.07.2025 03:50PM	28.07.2025 Upto 12:00 noon
	3.	Date & time of online Technical Bid opening	29.07.2025 02:00 PM	
	4.	Earnest Money Deposit	Rs. 1,00,000/= (Rupees One lac	
IC	5	Cost of tender document	Rs. 1000/= (Rupees One Thousa	nd only)

The bidding documents consisting of qualifying information, eligibility criteria and detailed terms and conditions of contract can be downloaded from official website ww.gmcanantnag.net or online portal www.jktenders.gov.in.

Bids must be accompanied with scanned copies of the cost of tender document in the shape of Demand Draft in favour of Principal, Govt. Medical College, Anantnag and Earnest Money Deposit in the shape of CDR/FDR/BG/TDR pledged to the Principal Govt Medical College, Anantnag, J&K.

The competent authority reserves the right to accept or reject the tenders received without assigning any reason thereof.

No:- GMCA/Pur/88A/208A/1277-81

5u/-
Prof (Dr.) Rukhsana Najeeb,
Principal,
Govt. Medical College, Anantnag.

Sd/-

Dated: 11-07-2025

DIPK-3694-25

DT: 14/07/2025



PUBLIC NOTICE

The unit M/s Harshna Naturals, IGC Lassipora Pulwama stands formally registered with D.I.C. Pulwama under N0.01/05/01761/ PMT/MSME dated: 14.02.2009 for the line of activity "Cold storage (Processing viz, Ripening/preserving of fruits and vegetables)", as a partnership concern of 1.Mr.Mohammad Shafi S/o Mohd. Yousuf Mir R/o Pinjora, Shopian 2. Mr. Khuram Shafi S/o Mir Mohd. Shafi R/o Jawahar Nagar, Srinagar 3.Shri Aman Kohli 4.Shri Rakesh Kohli 5.Shri Naresh Kohli Sons of Bola Nath Kohli residents of Pretempore, Delhi.

The partners of the instant unit have submitted an application before office of the undersigned wherein they have requested for change of constitution from partnership to Pvt. Ltd. Company under the name & style M/s Qui Fruitwall Farm Installations having its Directors Mr. Khuram Shafi S/o Mir Mohd. Shafi R/o Jawahar Nagar, Srinagar (99.99% shares) & Mr. Mohammad Umar Hassan S/o Ghulam Hassan Najar R/o 20 Al Hmza Colony Ahmad Nagar Pandach Srinagar (Directors) (0.1% share).

person (s) or any organization/department having any objection in this behalf should convey in writing to the General Manager Pulwama within seven (07) days from the date of publication of this notice. After expiry of the time frame no objection shall be tained.

NO: DICPL/H-5/25/1058	DIPK-3651-25	General Manger,
Dated; 10 -07-2025	DT: 14/07/2025	District Industries Centre, Pulwama

Government of Jammu and Kashmir DIRECTORATE OF SHEEP HUSBANDRY DEPARTMENT KASHMIR LAL-MANDI, SRINAGAR 190008

Email id: kashmirmerino.sheep@gmail.com

e-Nit No:-DSHK/ACCTTS/25-26/4704-14 | Dated:- 11.07.2025

Subject: Sale of Wool.

For and on behalf of Lt. Governor of Jammu & Kashmir, Union Territory of India, e-Tenders through Chairman Wool sale committee, Sheep Husbandry Department, J&K, Kashmir (Nodal Officer erstwhile J& K Sheep and Wool Products Development Board) are invited from the interested parties for sale of the following Qualities of Sheep Wool on "As is where is basis" which is available in the Stores of the erstwhile Board at Nowshera (Srinagar Kashmir), Kartholi (Bari Brahmana Jammu) as per the details available in Annexure -I.

The bidding documents consisting of qualifying information, eligibility, criteria, specifications, bill of quantities (B.O.Q), set of 1. terms and conditions of contract and other details can be seen/downloaded from the e- procurement website www.jktenders. gov.in as per schedule of dates given below

	5	
1	Date of Issue of Tender Notice	11-07-2025
2	Period of downloading of bidding documents	12-07-2025 to 24-07-2025
3	Bid submission start date	12-07-2025
4	Bid submission end date	24-07-2025 (2:00 pm)
5	Date and time of opening of bids (online)	25-07-2025 (2:00 pm)

2. Instructions for bidders regarding e-tendering process:-

- Bidders are advised to download bids submission manual from the "Downloads option as well as from Bidders Manual kit" on i. the website www.jktenders.gov.in to acquaint themselves with bid submission process.
- ii. To participate in bidding process bidder has to get a Digital Signature Certificate (DSC), as per Information Technology ACT-2000. Bidders can get Digital Certificate from an approved vendor.
- iii. The bidder has to submit their bids online in electronic format with the Digital Signature. No bidding will be accepted in physical form.
- iv. Bids will be opened online as per the schedule mentioned at Para-1.
- Bidders must ensure to upload scanned copy of all necessary documents with the technical bid. ۷.
- The department will not be responsible for delay in online submission due to any reason. 3.

(Note: Scan all the documents on 100dpi with Black and White option.)

	Sd/- Director		Any pe
			DIC Pu
	Sheep Husbandry Kashmir/Nodal Officer		enterta
DIPK-3638-25	Erstwhile Sheep & Sheep Wool Products		NO: DI
DT: 14/07/2025	Development Board, Jammu & Kashmir		Dated:
		Ľ	2

SPORTS

Needed One 50-Run Partnership: Gill After Losing 3rd Test

Press Trust of India

LONDON: Shubman Gill was "extremely proud" of the fight that his team put up after being down and out but rued the absence of one fifty partnership and Rishabh Pant's first innings run-out in their 22-run defeat against England in the third Test at the Lord's. Ravindra Jadeja fought gamely with a dogged unbeaten 61 off 181 balls and nearly took India home with Jasprit Bumrah and Moham-med Siraj before the team got all out for 170.

"Extremely proud it was as close a Test match as it can get, played over five days and comes down to the last session. I was pretty confident of our chances with plenty of batting left. We needed a couple of 50-run partnerships but we weren't able to get that," Gill said during the post-match prize dis-



tribution ceremony. He did admit that had Pant not been run-out in the first innings, India could have got a 70 to 80-

run lead and may not have to chase nearly 200 on a tricky fifth day track. Asked if players are putting

too much emphasis on personal milestones as KL Rahul admitted that he had a discussion with Pant about reaching his hundred before lunch, Gill said that they have had discussions. "Actually it was an error of

judgement as far as the run is concerned and that can happen. And if you look closely, it was KL bhai, who was running at the danger end."

He also defended Ravindra Jadeja's tactic of not going for big shots with two wickets left.

Asked if there was any message for him, Gill replied: "He is very experienced and there was no message sent. He batted brilliantly with the tail. It was the final hour (on day four), we could have applied ourselves better.

"Of 15 days of Test cricket, we dominated the maximum days but the sessions that were bad were so bad that we lost two games. The series scorecard won't reflect how we have played," he added.

Greenend Heroes, ARCO United Draw 2-2 In Kashmir Super League

Observer News Service

SRINAGAR: The fifth match of the Khyber Cements Kashmir Super League, powered by Athwas Hyundai and supported by the J&K Sports Council, delivered yet another gripping encounter as Greenend Heroes FC and ARCO United FC played out an intense 2-2 draw on Monday at TRC Ground here.

The match began with early fireworks as Qaazim of ARCO United FC opened the scoring in the initial minutes. However, Greenend Heroes FC responded quickly with an equalizer from Åqib, followed by a wellconverted penalty by Basit Ahmad, putting Greenend in the lead. Arco United FC showed great resilience, and Moomin brought them back into the game with a crucial second-half goal, levelling the score at 2-2.

Both teams tried to find the winning goal, but to no avail



as both defences held tight. ARCO United FC players received the top honours for their individual performances:

- Game Changer of the Match: Moomin Man of the Match:
- Qaazim Golden Save Award: Muzamil The postmatch presenta-

tion ceremony was graced by Kaiser Bhat from Downtown Heroes FC, Inam Bhat representing Athwas Hyundai, and Bashir Ahmad Malik, President of DFA Srinagar, who felicitated the standout performers of the game. On Tuesday, Aqua Aveng-

off at 7:00 PM.

ers FC will lock horns with

New JK United FC, with kick

DYSS Holds Sports Events In Budgam, Anantnag & Ganderbal

Observer News Service

The Department of Youth Services and Sports conducted the Inter-Zonal **District Level Tournaments** across several districts of the Valley on Monday.

A District Level Football Tournament for U-14 girls was held in Budgam, witnessing participation from all 12 zones of the district. The tournament was conducted at two venues – Sports Stadium Charari Sharief and Open Ground Batpora – with six zones competing at each venue.

Meanwhile, in Anantnag, Zone Achabal and Zone Anantnag emerged victorious in the grand finale of District level Inter Zonal Kabbadi Tournament at HSS Brakpora and BMHSS Bijbehara.

In U-14 category, Zone Achabal defeated Zone Bijbehara, while in U-17 age category, Anantnag



zones in U-14 age category, while in U-17 age category 11 zones participated.

In Ganderbal, an Inter-Zonal District Level Kabaddi Competition for Boys U-19 was held at GCOPE Gadoora. The event saw participation from all zones of the district.

After a series of competitive matches, Zone Ganderbal emerged victorious, defeating Zone Tullamulla

in a thrilling final to clinch the Kabaddi title. Top performers were shortlisted to represent the district in the forthcoming Provincial Level Championship.

Zone Simultaneously, Tullamulla hosted the Inter-School Zonal Level Kho-Kho Competition for Girls U-19 at BHSS Kurhama. BHSS Lar defeated BHSS Batwina in the final match. Kangan organised Cricket

and U-19 at BMS Preng.

In another event, Zone selection trials for Girls U-17

Varmul Gindo 2025 **Concludes**

C ports event Varmul Gindo 2025 concluded on Sunday. The event featured competitions in Kabaddi, Volleyball, Karate, Wushu and Pencak Silat and witnessed participation from boys and girls across multiple age groups.

Brigadier R.M. Bhatt, Commander 19 Artillery Brigade, graced the closing ceremony as Chief Guest. Special guests included Colonel Aakash Menon (22 Medium Regiment), Sayed Altaf (ADC Baramulla), Zahoor Ahmed (DYSSO Baramulla) and Professor Tariq Ahmed Chalkoo (Principal, GDĆ Baramulla).

In Kabaddi (Boys Senior), Harmukh Warriors Kabaddi Club Bandipora defeated United Kashmir Kabaddi Club to lift the title. In Volleyball (Boys), Amargarh Volleyball Club emerged champions against KIC Baramulla. Medal tallies, Wushu: 13 Gold medals, 13 Silver medals and 26 Bronze medals, in Pencak Silat: 14 Gold medals, 14 Silver medals and 28 Bronze medals, in Karate: 16 Gold medals. 16 Silver medals and 32 Bronze medals. (Observer News Service)

Pant Should Be Fine For Manchester Test: Gill

ndia skipper Shubman Gill on Monday expressed confidence that wicketkeeper batter Rishabh Pant will be able to play in the fourth Test at Manchester after scans allayed fears of a major injury to his finger.

Pant had to move off the field during the second session's play on the opening day of the justconcluded third Test against England here after suffering a blow to his left index finger.

"Rishabh went for scans. There is no major injury so he should be fine for fourth Test in Manchester," Gill said in the post-match press conference. Gill also didn't spell out whether Jasprit Bumrah will be available for the Manchester Test which starts in nine days time.

Pant was grimacing in pain after putting in a dive to stop a delivery on his left, which Jasprit Bumrah had sprayed down the leg side in the 34th over of England's innings. He did not keep wickets after that incident as Dhruv Jurel came in as a substitute for him. (PTI)

Modric In Italy To Sign With AC Milan

t age 39, Luka Modric is going to try and help restore seven-time European champion AC Milan to glory after one of the most disappointing Rossoneri seasons in recent memory

The 2018 Ballon d'Or winner landed in Italy on Monday for a medical with Milan after saying goodbye to Real Madrid following 13 highly successful seasons in Spain. He was expected to a sign a one-year contract later, with an option for a second season. Modric grew up supporting Milan because his idol and fellow Croat, Zvonimir Boban, played for the club in the 1990s.





Achieve financial freedom

Set up Systematic Investment Plans in Exchange Traded Funds (Shariah Based ETF)

Contact: M I Securities - 9906518342 / 9906684475

1, 10 Samad Complex, Ma Link Road, Srinagar, Srinagar, Jammu & Kashmir, Srinagar – 190001