


KASHMIR OBSERVER®

Clarity in the Chaos

www.kashmirobserver.net • twitter.com / kashmirobserver • facebook.com/kashmirobserver • Postal Regn: L/159/KO/SK/2014-2016



www.elitepluscentre.com

ElitePlus

DENTAL & DERMA CENTRE

+91-9797703533 | Vintage Mall, 2nd floor Jawahar Nagar, Srinagar

This cutting-edge technology effectively reduces dark spots, melasma, and sun damage, revealing a radiant complexion with minimal downtime



BOOK APPOINTMENT

KULGAM TERROR ATTACK

Candlelight Vigils Held Across Kashmir



Observer News Service

Srinagar: Demonstrations and candlelight vigil were held at several places in Kashmir on Tuesday against the killing of an ex-serviceman in a terror attack, officials said.

A wave of solidarity and grief was witnessed as people in large numbers took to the streets carrying placards and candles demanding an immediate end to the cycle of violence that has claimed innocent lives.

Terrorists shot dead former soldier Manzoor Ahmad Wagay and injured his wife and 13-year-old niece in an attack in Behibagh village in South Kashmir's Kulgam district on Monday. This was the first killing of a non-combatant this

year in a terror attack.

Candlelight vigil was held in Kulgam, Anantnag, Baramulla and Kupwara districts against the killing.

The demonstrations were held in various parts of Kashmir where people from different walks of life gathered to express their anguish over the killings. The mourners, including family members of the deceased, civil society members, and political activists, urged authorities to take decisive action to prevent such tragedies in the future.

Speaking at one of the vigils, a protester said, "We have seen enough bloodshed. Every life is precious, and violence cannot be a solution. The government must ensure the safety of all citizens, regardless | More on P10

HM Reviews Security Situation In J&K



Union Home Minister Amit Shah on Tuesday reviewed the security situation in Jammu and Kashmir which has witnessed a few terror incidents in the recent past, sources said.

Top officials of the Army, Jammu and Kashmir Police and intelligence agencies briefed Shah about the | More on P10

Smuggling SIM Cards Inside Central Jail CIK Police Detain 5 Individuals

Observer News Service

Srinagar: Counter Intelligence Kashmir (CIK) wing of Jammu and Kashmir Police have detained five individuals for questioning over their alleged involvement in a criminal conspiracy hatched to smuggle SIM cards inside the Central Jail premises here for its use by the jail inmates.

The suspects detained belong to the areas of Dawoodpora Anantnag, Kursu Padshahi Bagh, Qamarwari | More on P10

Cervical Cancer Cases In J&K Spike By 11.5% Over 5 Years: Govt

Observer News Service

Srinagar: Jammu and Kashmir has reported a total of 3,468 cervical cancer cases over the past five years, a data presented by the Ministry of Health and Family Welfare in the Parliament reveals.

The year-wise breakdown shows an increase in cases, with 656 in 2019, 676 in 2020, 694 in 2021, 712 in 2022, and 732 in 2023.

Annual Increases:
3.05% (2019-2020)
2.66% (2020-2021)
2.59% (2021-2022)
2.81% (2022-2023)

The cases increased from 656 in 2019 to 732 in 2023, reflecting a year-on-year rise. Specifically, the number of cases grew by 3.05% from 656 in 2019 to 676 in 2020, 2.66% from 676 to 694 in 2021, 2.59%

from 694 to 712 in 2022, and 2.81% from 712 to 732 in 2023.

This rise aligns with a national trend attributed to factors such as an aging population, improved life expectancy, greater awareness, and advances in diagnostic technology. In response, the government has taken measures to make cancer treatment more affordable, including price caps on scheduled cancer | More on P10

J&K's Anti-Drug Battle: Over 13,000 Arrests, Only 4 Convictions

Agencies

Srinagar: From 2019 to 2024, a total of 13,186 arrests were made in Jammu and Kashmir under the Narcotic Drugs and Psychotropic Substances (NDPS) Act, while only four convictions were recorded during the same period.

According to the data provided by the Ministry of State (MoS) for Finance, Pankaj Chaudhary, in response to a question in the Lok Sabha, arrests in Ladakh were minimal, with only 11 cases reported between 2021 and 2022, and no convictions since 2019.

"The arrests in J&K saw a steady increase in the first five years, with 1,700 arrests in 2019, 1,769 in 2020, 2,217 in 2021, 2,755 in 2022, and 3,072



Year-Wise Arrests
2019: 1,700
2020: 1,769
2021: 2,217
2022: 2,755
2023: 3,072
2024: 1,673

in 2023. However, the number of arrests dropped to 1,673 in 2024 (till date). As for convictions, J&K reported a total of 4 convictions during the same period. There was 1 conviction in 2019, no convictions in 2020, followed by 1 conviction each in 2021 and 2022. No convictions were recorded

in 2023, but 1 conviction was made in 2024," the reply reads.

The data indicated that the number of arrests in J&K increased by more than 70% from 2019 to 2024.

The Ministry of Home Affairs (MHA) has established a 4-tier Narco-Coordination

Centre (NCORD) mechanism to improve coordination between central and state drug law enforcement agencies. An NCORD portal has been developed to provide comprehensive information on drug law enforcement, including data on narco-offenders, legal information, and state initiatives, it added.

Following the 5th Apex Level Committee meeting of NCORD, each state and union territory has set up an Anti-Narcotics Task Force (ANTF), headed by an ADG/IG-level police officer, to act as the NCORD Secretariat and ensure compliance with decisions taken during NCORD meetings, the MoS said.

Border Guarding Forces like the BSF, Assam | More on P10

Light Rains, Snow Predicted In J&K

Agencies

Srinagar: A fresh spell of light to moderate snowfall is expected across higher reaches of Jammu and Kashmir, with light snowfall likely in the plains and South Kashmir, according to weather forecasts.

Light rainfall is predicted in the plains in Jammu, while Chenab Valley is likely to receive light snowfall. The higher reaches of Central and North Kashmir are also expected to witness light snowfall, with the plains seeing a mix of light snowfall and rain.

The fresh snowfall was experienced at multiple places in Kashmir on Tuesday late afternoon while rains lashed plains of southern parts of the Valley, bringing down the mercury here.

The fresh snowfall was experienced at multiple places including Sonamarg, Sinthan Top, Pir ki Gali, Kokernag and other places while light rains lashed Banihal, Qazigund - Kulgam axis and in Anantnag. Director Met | More on P10

No Exclusive Women Jails In J&K: MHA

Jammu and Kashmir is one of 13 States and Union Territories across India that does not have an exclusive women's jail, latest government data revealed here

on Tuesday. According to data presented by the Minister of State (MoS) in the Ministry of Home Affairs, Bandi Sanjay Kumar, in the Lok

Sabha, Jammu & Kashmir, along with several other States such as Arunachal Pradesh, Assam, Chhattisgarh, Haryana, Himachal Pradesh, Jharkhand, | More on P10

Assembly Rule Changes Spark Row NC Accused of Endorsing Aug 5 Move

Observer News Service

Srinagar: The Peoples Conference (PC) and the Peoples Democratic Party (PDP) have accused the National Conference-led government of tacitly endorsing the constitutional changes made on August 5, 2019, which revoked the region's special status.

The criticism follows a proposed revision of the J&K Assembly's business rules, removing references to the erstwhile J&K Constitution. PC chairman Sajad Gani Lone and PDP legislator Waheed Para voiced strong opposition, warning that this move could cement the post-2019 legal framework and undermine future legal challenges.

"Endorsement of draft proposal prepared by Assembly secretariat regarding Rules of Procedure and Conduct of Business in the House will be the | More on P10



DIGITAL ARREST is a SCAM to extort money!

Beware of such calls!

- ❌ Don't panic - there is nothing like digital arrest
- ❌ Don't share any personal/financial information
- ❌ Don't pay
- ✅ Immediately report to cybercrime.gov.in or call 1930 for help





For more details, visit <https://rbikehahai.rbi.org.in/da>
For feedback, write to rbikehahai@rbi.org.in

Issued in public interest by
भारतीय रिज़र्व बैंक
RESERVE BANK OF INDIA
www.rbi.org.in

Mysterious Deaths Investigation Two Months On, Rajouri Awaits Breakthrough

Agencies

Srinagar: Despite the elapsing of two months, the investigations into the deaths in Badhaal area of Rajouri have failed to uncover the truth with the locals continuing to seek answers from the government.

Since December 7, 2024, 17 individuals, including 13 children, have died due to an unidentified illness. Despite extensive efforts by various health

agencies, the exact cause remains undetermined.

Over the last 15 days, no new cases have been reported, and most of the previously admitted patients have recovered, which has brought some relief to the fear-stricken community.

Locals said that though delayed, the government's preventive measures have helped in containing the crisis. However, they demanded urgent response regarding the | More on P10

Er Rashid Bail Plea Delhi HC Official Writes To SC

Press Trust Of India

New Delhi: The Delhi High Court registrar general has written to the Supreme Court over the issue of jurisdiction of the court which should ideally hear jailed J&K MP Rashid Engineer's bail plea in a NIA case.

Senior advocate Sidharth Luthra, representing the NIA, informed Justice Vikas Mahajan that the senior high court official sought the Supreme Court's indulgence over the issue of jurisdiction.

The issue arose after a NIA court said it couldn't hear the bail plea of the jailed MP, facing terror charges, | More on P10



To place an advertisement

CALL +91-194 2502327

Monday - Saturday (9am - 6pm)

No 5- Dal Lake Boulevard Srinagar, 190001, Kashmir

ارڈنر نایب تحصیلدار حاجن
عنوان: درخواست از جانب محمد یوسف ڈار ولد محمد سبحان ڈار ساکنہ موضع بہار آباد
نسبت حصول RBA سرفٹیکیت بحق مہک یوسف دختر محمد یوسف ڈار
اشتیہار ہر ماہ آگاہی

ارڈنر نایب تحصیلدار حاجن
عنوان: درخواست از جانب محمد یوسف ڈار ولد محمد سبحان ڈار ساکنہ موضع بہار آباد
نسبت حصول RBA سرفٹیکیت بحق مہک یوسف دختر محمد یوسف ڈار
اشتیہار ہر ماہ آگاہی

PUBLIC NOTICE
The name and DOB of my daughter has been wrongly written in her adhaar card as Saleka Jan while her correct name is Salika Aijaz and her DOB has been wrongly entered as 24-12-2016 instead of 24-03-2018 which needs to be corrected.

ارڈنر نایب تحصیلدار
عنوان: درخواست منجانب غلام حسن دلچہ جام ساکنہ پلہان تحصیل پش براد اجرائی
OBC سرفٹیکیت بحق عادل احمد جام و مسدوسن ویاسید مسن اولادان غلام حسن جام
اشتیہار ہر ماہ آگاہی

PUBLIC NOTICE
I have lost the RC of my vehicle Maruti Suzuki India Ltd, Maruti Baleno India ltd bearing Chassis no. Ma3ewb225je490642, Engine no k12mn4416629. If anybody has any objection in this regard he/she may file his/her objection in the concerned office within seven days.

THE JAMMU & KASHMIR BOARD OF SCHOOL EDUCATION NEW CAMPUS BEMINA SRINAGAR
ATTENTION PLEASE
The Candidates whose photograph is Published in this notice is claiming to have lost her 10 th Class Qualification /Diploma Certificate of Secondary School Examination issued by BOSE with the following particulars

Subject: Grant of registration of the proposed Travel unit under the name, M/S MOON CHASERS Tour and Travels " situated at Malla Bagh Opp Beast Factory Gym Hazratbal Srinagar
PUBLIC NOTICE
Whereas I Mr Fayaz Ahmad Bhat S/o Abdul Ahad Bhat R/o Acha Bagh Malla Bagh Hazrat Bal Srinagar Tour and Travels intends to apply in the Department of tourism for registration of my proposed Travel unit under the name and style" M/ s MOON CHASERS Tour and Travels "situated at Malla Bagh Opp .Beast Factory Gym Hazratbal Srinagar Kashmir under Tourist Trade Act1978/82/2011-12.

Subject: Grant of registration of the proposed Travel unit under the name, M/S HEAVEN HIVE Tour and Travels " situated at KralPora Budgam Kashmir
PUBLIC NOTICE
Whereas I Mr Aadil Fayaz S/o Fayaz Ahmad Malik R/o Malik Mohalla Magray Pora Pattan Baramulla Tour and Travels intends to apply in the Department of tourism for registration of my proposed Travel unit under the name and style" M/ s HEAVEN HIVE Tour and Travels "situated at KralPora Budgam Kashmir under Tourist Trade Act1978/82/2011-12.

PUBLIC NOTICE
I want to change my name in my aadhar card bearing no 570201914446 from FATIMA to FATA BIBI. If anybody has any objection in this regard he/she may file his/her objection in the concerned office within 7 days.

NOTICE
The General Public is hereby informed that my name daughter (with spelling) had been inadvertently recorded in the school records as Fozia Fayaz D/O Fayaz Ahmad Rather R/O Usmania Colony Umar Colony, Lal Bazar, Srinagar however the correct name with spelling is Foziya Fayaz D/O Fayaz Ahmad Rather R/O Usmania Colony Umar Colony, Lal Bazar, Srinagar, the same has been recorded in all of her necessary documents vis Domicile Certificate.

NOTICE
The General Public is hereby informed that my name daughter (with spelling) had been inadvertently recorded in the school records as Saliha Fayaz D/O Fayaz Ahmad Rather R/O Usmania Colony Umar Colony, Lal Bazar, Srinagar however the correct name with spelling is Soliha Fayaz D/O Fayaz Ahmad Rather R/O Usmania Colony Umar Colony, Lal Bazar, Srinagar, the same has been recorded in all of her necessary documents vis Domicile Certificate.

NOTICE FOR GENERAL PUBLIC
This is information for the general public that in Birth Certificate of my son the name is entered as MURSALEEN HYDER while his actual name is MURSALEEN HYDER ALAIE. Now I want its correction, in this regard if anybody having any objection may contact EXECUTIVE OFFICER MUNICIPAL COUNCIL BUDGAM with in a period of seven days.

PUBLIC NOTICE
My name has been wrongly written in my adhaar card as Urfee Jan while my correct name is Urfee Gh Mohd which needs to be corrected. if anybody has any objection in this regard he/she may file his/her objection in the concerned office within 7 days.

Government of Jammu & Kashmir
Directorate Of Floriculture (G&P) Kashmir
Tel:0194-2474234 Fax:2482032 email:kashflori@rediffmail.com
Subject: - Extension Notice No. 02.
In view of no response, the Bid Submission end/opening date (Online) of technical/financial bid in respect of e-NIT No. 45 of 2024 dated:-24.12.2024 invited by this office under endorsement No.DOFK-GS0TNDR/16/2024/E-7621223/e-NIT-45 Dated:-24.12.2024 with regard to "Outsourcing of Entry ticketing system of Gulnar Park Baramulla" is hereby extended as per details given below:-

JAMMU AND KASHMIR (UNION TERRITORY)
office OF THE EXECUTIVE ENGINEER JAL SHAKTI
(PHE) MECHANICAL DIVISION SOUTH AWANTIPORA.
Email: id.xenohemachsouthawp@gmail.com Fax:/Phone. 01933-295537
Bashir Ahmad Hakeem
S/o Abdul Gani Hakeem
designatation: - Filter Attendant
Bijbehera, Anantnag Pin Code: -192124
Ph. No.: 9484016732/8492894618/9596017847
Subject: Show Cause Notice Final opportunity thereof.
Reference:-
1. Chief Engineer Srinagar's Letter No: JSD/Estt/28773-74, Dt: 23-01-2025.
2. this Office No: 4353-54 Dated:- 10-09-2024 No: 4057-58, Dated:- 27-08-2024 & No: 4220-21, Dated:- 03-09-2024
In continuation to the previous communications under reference, we have observed that you have not reported for duty since 23-08-2024.
Whereas, three explanations, followed by show cause notice as mentioned in reference at No 02 were served to you but no response resulted & despite repeated phone calls, your mobile phone remains switched off.
You are hereby given one more opportunity to report duties within 07 working days from the date of issuance of this notice, failing which disciplinary action shall be taken against you.

Government of Jammu & Kashmir
OFFICE OF THE EXECUTIVE ENGINEER (R&B) DIVISION AWANTIPORA
NOTICE INVITING TENDERS
Single Cover System
E-NIT No: 134/EEA/RNB of 2024-25/9433-44 DATED: 03/02/2025
For and on behalf of the Lt. Governor, UT J&K, e-tenders (In single cover system) are invited on Percentage basis from approved and eligible Contractors registered with J&K Govt., CPWD, Railways and other State/Central Governments for the following works:-



Mali-Cum-Chowkidars Stage Protest, Demand Pending Wages

Agencies

SRINAGAR: Scores of Mali-cum-chowkidars (peon-cum-watchmen) staged a protest outside the Directorate of Rural Development Department (RDD) Kashmir at Lal Mandi here on Tuesday, demanding release of their long-pending wages.

The aggrieved workers said their wages have been withheld for over two decades despite repeated assurances from the administration.

They said, "We have been working tirelessly without receiving our rightful dues." "How long will we suffer?" one of the protesters asked. He said that for over 20 years, they have been serving diligently, yet their salaries remain unpaid. "This is not just financial distress, but it is a violation of our rights, and we are struggling to feed our families and educate our children," he said.

Another protester said they have approached everyone from department heads to ministers, yet the issue remains unresolved. "We met Minister Javid Ahmad Dar who wrote letters to the concerned department, but no action was taken," he said.

Another protester said they work even on holidays, yet they are ignored. "We are committed to our duties, whether it is maintaining government premises or ensuring security. Yet, we are treated as if our work does not matter," he said.

Moreover, the Mali-Cum-Chowkidars urged authorities to intervene immediately and resolve their grievances before they are forced to escalate their agitation. "If our wages are not released soon, we will be forced to intensify our agitation," they said—(KNO)

Prof. M. Aslam Honoured As Honorary Distinguished Fellow At AGRASRI

Observer News Service

SRINAGAR: The Academy of Grassroots Studies and Research of India (AGRASRI) has announced the induction of Professor M. Aslam as an Honorary Distinguished Fellow, recognizing his significant contributions to academia and grassroots research.



Pertinently, AGRASRI, established in 2001, is a premier autonomous and independent research institution committed to policy research, training, and advocacy on grassroots governance and development. The Academy operates under the leadership of eminent Constitutional expert and former Secretary-General of Lok Sabha, Dr. Subhash C. Kashyap.

Prof. M. Aslam, former Vice-Chancellor of Indira Gandhi National Open University (IGNOU), is a distinguished academician and internationally renowned trainer. With an extensive career in social science research, he has contributed significantly to the fields of open and distance learning, rural development, and

grassroots governance. Prof. Aslam is a Member of the Collegium of Eminent Social Scientists at the Indian Council of Social Science Research (ICSSR) and a Fellow at the World Bank's Entrepreneurship Development Institute (EDI).

His inclusion in AGRASRI's esteemed list of Hon. Distinguished Fellows places him among other noted personalities such as Prof. Sukhadeo K. Thorat, former Chairman of the University Grants Commission of India; Dr. W.R. Reddy, former Director-General of the National Institute of Rural Development and Panchayati Raj; and Dr. Rajesh Tandon, Founder and President of Participatory Research in Asia (PRIA).

Progress On Operationalization Of Rehabilitation Centre Reviewed

Observer News Service

SRINAGAR: Deputy Commissioner (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat chaired a meeting of senior Health Officials here to review the progress on the operationalization of the Rehabilitation and Counseling Centre for youth affected by substance abuse established at Sanat Nagar.

The meeting was attended by Additional Deputy Commissioner Syed Ahmad Kataria, Chief Planning Officer Fayaz Ahmad Dar, Chief Medical Officer, Dr. Tahir Sajad, District Social Welfare Officer Dr. Mukhtar Ahmad, Chief Education Officer, Ms. Shabeena, Incharge Drug De-Addiction Centre GMC, Dr. Yasir Rather, and other senior Officers.

At the outset, the Deputy Commissioner conducted a detailed review of the progress towards making the Centre fully functional and operational.

He finalized the requirements of manpower, paramedical staff, security and sanitation, baseline investigation labs, and other essential materials for the centre to

make it functional as soon as possible.

On the occasion, the DC stressed the importance of ensuring proper functioning and utilization of the centre in collaboration with the Social Welfare Department, Health Department, and IMHANS to achieve the intended goals.

He emphasized that the purpose of the Rehabilitation and Counselling Centre is to provide comprehensive rehabilitation services to youth affected by substance abuse and facilitate their reintegration into society.

DC directed the officers to take the necessary steps to operationalize the OPD facility at the Centre at the earliest, enabling immediate rehabilitation and counseling services for substance abuse victims.

Pertinent to mention that, the rehabilitation & Counselling facility for victims of substance abuse at Sanat Nagar is, in addition, to the facilities available at SMHS Hospital, IMHAANS and JVC Hospital to provide rehabilitation and counselling services for substance abuse victims.



A TAILOR SEWING clothes in his old shop in Srinagar's downtown on Tuesday. KO PHOTO, ABID BHAT

City's Water Transport Project Set To Sail Soon

Agencies

SRINAGAR: The much-anticipated water transport system in Srinagar is under evaluation and is expected to be operational soon, officials from Smart City Srinagar said on Tuesday.

An official said that the evaluation of bids is currently underway and that the work will commence shortly. "We had earlier floated the tender, but a little response was received. Now, the tender has been reissued, and we are hopeful that the project will take off soon," the official said.

The water transport system is a flagship project of Srinagar Smart City Limited (SSCL), aimed at reviving water-based public transportation in the city.

Earlier today, Divisional Commissioner Kashmir, Vijay Kumar Bidhuri, chaired meetings to review the selection of an agency for operating water transport services in River Jhelum and Dal Lake. "He directed SSCL officials to finalize routes, set



fare structures, and expedite the tendering process."

Moreover, in June 2024, officials said the flagship project under SSCL, which aims to provide an alternate mode of public transport in Srinagar City and revive water transport after three decades, is in the last stage of its tendering process and would take at least three to four months to complete.

They said, on completion of the tendering process, they will finally be able to procure modern motorised boats and other equipment to start the water transport on selected routes. Initially, procure 25 boats from the successful bidder and start the water transport facility from River Jhelum and Dal Lake in the first phase.

It is now important to mention, the evaluation of bids is again underway and the work will commence shortly, after its completion—(KNO)

Amira Kadal Pedestrian Footbridge 40% Complete: Officials

Agencies

SRINAGAR: The construction of the much-anticipated Amira Kadal pedestrian footbridge in the heart of Srinagar's bustling Lal Chowk is approximately 40 percent complete and is expected to open to the public soon, officials from Srinagar Smart City Limited (SSCL) said on Tuesday.

According to SSCL officials, the bridge's key structural components, including its pillars and girders, have been successfully installed. The next major phase involves developing a plaza with seating arrangements on the opposite side of the road, which is currently delayed due to pending shop relocations.

"The girder placement is complete, and overall, about 40% of the

work has been done," an SSCL official said.

"We are now awaiting the relocation of shops on the other side to proceed with constructing the plaza, which will complement the bridge's functionality."

The project, initiated with an estimated cost of Rs 7.17 crore, was originally slated for completion by May 2024. However, delays related to shop shifting have slowed progress. Officials remain optimistic that, once the relocation is complete, construction will gain momentum, especially during the upcoming summer season.

"The shop relocation is being coordinated with the Srinagar Municipal Corporation (SMC)," the official added. "Joint meetings with the affected shopkeepers have been held, and we are working on providing them with alternative spaces. We are hopeful that the resettlement process will be finalized soon so that the project can proceed without further delays."

The Amira Kadal pedestrian bridge is a key component of the broader Srinagar Smart City project, aimed at enhancing urban connectivity, easing pedestrian movement, and improving the overall aesthetic of the city's core commercial areas.

While initial deadlines have been extended, officials are confident that the project will regain full momentum once the logistical hurdles are cleared. "Our goal is to create not just a bridge but a vibrant public space that enhances the urban experience in Srinagar," the official said—(KNO)

- TRAFFIC POLICE : 9419993745, 01998-266686
- PCR: 0194-2452092, 2455883
- PDD: 0194-2450213
- FIRE AND EMERGENCY SERVICES : 2479488, 2452222, 2452155
- CAPD: 18001807011
- SMC HEALTH OFFICER: 9469409081
- Ambulance: Kashmir EMS Service: +91 94841 00200

AIRPORTS
SHIEKH UL ALAM AIRPORT: 01942303311 ✈️

RAILWAYS

- SRINAGAR: 0194-2103259
- ANANTNAG: 01932-228243
- BARAMULLA: 0194-102029
- BIJBERA: 01932-228243
- PAMPORE: 01933-294132
- PATTAN: 01954-293507
- QAZIGUND: 01951-296153

HIGHWAY STATUS

- Sgr-Jammu highway - (Open)
- Mughal Road - (Closed)
- Srinagar-Leh - (Open)

PRAYERS

HIJRI CALENDAR
6 Shaban
1446

FAJR	6:01
ZUHR	12:45
ASR	4:24
Magrib	6:08
ISHA	7:28

This Day In History

- 1918 Separation of church and state begins in USSR
- 1921 Yankees purchase 20 acres in Bronx for Yankee Stadium
- 1922- Reader's Digest magazine 1st published
- 1924- Mahatma Gandhi is released from Yerwada Prison in Pune, British India, on health grounds after a bout of appendicitis
- 1931- Malcolm Campbell sets world land speed record of 246.08 mph driving his famous Blue Bird car at Daytona Beach, Florida
- 1936- Harry Ferguson patents the suction side hydraulic control system, allowing control of three-point mounted agricultural implements attached to tractors
- 1945- US troops under General Douglas MacArthur enter Manila in the Philippines after a month long battle, ending three years of Japanese military occupation
- 1958- Gamel Abdel Nasser nominated 1st President of United Arab Republic
- 1962 - Sun, Moon, Mercury, Venus, Mars, Jupiter and Saturn all within 16 degrees
- 1963 - Maarten Schmidt discovers enormous red shifts in quasars
- 1963 - Soviet lunar probe failure
- 1970 WSCV TV channel 51 in Fort Lauderdale, FL (IND) suspends broadcasting
- 1971 - Apollo 14, 3rd US manned Moon expedition, lands near Fra Mauro Alan Shepard & Edward Mitchell (Apollo 14) walk on Moon for 4 hrs
- 1974 - John Murtha becomes the first Vietnam War veteran elected to the United States Congress
- 1987 - Soyuz TM-2 launches
- 1989 - Kareem Abdul-Jabar becomes 1st NBA player to score 38,000 points
- 1900 - The United States and the United Kingdom sign treaty for Panama Canal
- 1922 - Reader's Digest magazine 1st published
- 1958 - Test Cricket debut of Lance Gibbs, WI v Pakistan, Port-of-Spain
- 1958 Vanguard TV-3 back-up launches into Earth orbit; reaches 6 km
- 1970 - US performs nuclear test at Nevada Test Site
- 1971 - Apollo 14, 3rd US manned Moon expedition, lands near Fra Mauro Alan Shepard & Edward Mitchell (Apollo 14) walk on Moon for 4 hrs
- 1987 - Soyuz TM-2 launches
- 1994 - 68 killed and 200 wounded after a mortar bomb is set off in Sarajevo
- 1995- Japan's Shinshinto Party wins local elections
- 2004- Rebels from the Revolutionary Artibonite Resistance Front capture the city of Gonaïves, starting the 2004 Haiti rebellion
- 2004- Twenty-three Chinese people drown when a group of 35 cockle-pickers are trapped by rising tides in Morecambe Bay, England. Twenty-one bodies are recovered.
- 2008- A major tornado outbreak across the Southern United States leaves at least 58 dead, the most since the May 31, 1985 outbreak that killed 88.
- 2009- The United States Navy guided missile cruiser Port Royal runs aground off Oahu, Hawaii, damaging the ship as well as a coral reef
- 2013- UK House of Commons votes in favour of same-sex marriage
- 2014- Archaeologists decrypt the 13th C Viking jöturvillur runic code
- 2014- Google Vice President Susan Wojcicki (35) is named CEO of YouTube
- 2014- US President Obama and journalists globally call for the release of 3 Al Jazeera journalists detained in Egypt
- 2016- Computer hackers try to steal 1 billion from Federal Reserve Bank of New York using Bangladesh banking codes, steal 81 million before a typo alerts authorities
- 2018- Share market sell off starts on Wall Street and spreads around the globe, Dow Jones Industrial Average has largest intraday point swing before finishing down 1,413 points or 4.6%
- 2019- China's first science fiction blockbuster, "The Wandering Earth" premieres, directed by Frant Gwo, based on a story by Liu Cixin
- 2021- Ocean life is being drowned out by human noise, especially shipping, construction, sonar and seismic surveys according to new research

PUBLIC NOTICE

This is for the information to the general public that I intend to change the name on my electricity bill bearing Consumer ID 0203050009692, from Nisar Ahmad Bhat R/O Mustafabad HMT Srinagar To Zahoor UI Haq Sultanpuri R/O Model Town D Sopore. In this regard if anybody has any objection he/she may file the same with Executive Engineer 3rd Subdivision Zainakote within a period of 7 days from the date of publication of this notice. No objection will be entertained afterwards.

ADIL

OBSESSIVE COMPULSIVE DISORDER

8 WEEK FREE GROUP THERAPY

I did wash my hand... but... did I clean it enough? Wash it again? Is it clean now?

It's not just RECURRENT HANDWASHING AND CHECKING BUT UNSEEN PAIN, myths and stigma, distress associated with OCD

KASHMIR Kashmir American Society of Healthcare, Medical Education & Research in collaboration with HPVT - Help Poor Voluntary Trust, is initiating a Free 8 weeks Group Therapy for the individuals suffering with OCD by a team of counselling clinical psychologists led by leading consultant clinical psychologist of J&K.

If you or some one you know is experiencing symptoms of OCD, seeking professional help is crucial. You do not have to fight your battles alone. There is no need for referral simply call us for registration.

Happy & Healthy minds Office, HPVT Building (1st Floor), Dareskh Kadal Chowk, Srinagar
9070806160

KASHMIR OBSERVER®

Printed & Published by Sajjad Haider on behalf of Kashmir Observer LLP
Printed at: K.T Press Pvt. Ltd 120-Electronic Complex, Industrial Estate, Rangreth-Budgam
Published from: 5-Boulevard Srinagar J&K
Editor-in-Chief: Sajjad Haider
News Editor: Farzana Nisar
Opinion Editor: Tooba Towfiq
Online Editor: Syed Hamid
Head Layout & Design: Muntazir Yaseen,
Digital Media Head: Amir Ali Shah
Business & Sales Head: Namisha Raj
Distribution & Advertising: Firdos Ali
RNI Registration No: 69503/98
Postal Registration No-L/159/KO/SK/2014-16
Legal Counsel: Tasaduq Khwaja
Switchboard: (0194) 2502327 | +91 1947969705
Editorial: (0194) 2502327
Email: editor@kashmirobsrver.net

The Imperfect Dichotomy

How Government Policies Strained Kashmiri Muslim-Pandit Brotherhood and Continue to Shape Their Fate



Purna Bhat

"Beyi yi wathwo, beyi saet, asih kyah chhu door karaan?"

(Translation: Let us sit together again, let us walk together - what is it that keeps us apart?)

For decades, the bond between Kashmiri Pandits and Kashmiri Muslims was one of deep cultural and social interweaving, marked by shared traditions, language, and values. This brotherhood, however, has faced continuous strain due to government policies that have historically manipulated the region's demographics, politics, and communal harmony for strategic gains. What began as administrative decisions gradually turned into policies that not only deepened the rift but also ensured that mistrust remained embedded in the psyche of both communities. Today, this divide is not just a relic of the past but an ongoing strategy, executed in ways that remain largely unnoticed by the rest of the world.

The most significant rupture occurred in 1990 when the targeted killings and threats forced thousands of Kashmiri Pandits to flee the Valley. This exodus was a tragedy, but what is often left unspoken is how the establishment responded to it - not by bridging the divisions but by exploiting them. The displacement of an entire community should have been a moment for reconciliation, yet no serious attempt was made to ensure that Pandits could return safely. Instead, they were resettled in isolated camps, kept away from their homeland, with little effort to reintegrate them into Kashmiri society. Their suffering became a tool, used repeatedly in political discourse while no real measures were taken to heal the wounds of separation.

For Kashmiri Muslims, the 1990s were marked by a different kind of suffering - one that saw crackdowns, disappearances, mass incarcerations, and a general atmosphere of fear under militarization (ongoing). While the Pandits were forced to leave, Muslims in the Valley were left to navigate a landscape of constant suspicion and violence. The government did not just fail to protect the Pandits but also ensured that Kashmiri Muslims bore the brunt of being perceived as the "other," held responsible for a tragedy that had more to do with the breakdown of governance than with inter-community hostility.

The years that followed saw a systematic

The most damaging aspect of this state-driven divide is how it has shaped narratives about Kashmir. In mainstream discourse, the story of Kashmiri Pandits is often framed as one of victimhood at the hands of their Muslim neighbors, ignoring the broader political context in which the exodus took place. On the other hand, Kashmiri Muslims are viewed with suspicion, their grievances dismissed as propaganda

effort to ensure that Kashmiri Pandits remained outside Kashmir rather than being reintegrated with dignity. Plans for their return were repeatedly announced but never implemented. The promised townships, jobs, and security measures remained largely on paper, leaving displaced Pandits in a perpetual state of uncertainty. Meanwhile, successive governments continued to portray the exodus as an unhealed wound, not with the intention of addressing it but to use it as a justification for their heavy-handed policies in Kashmir.

In the present day, the divide remains, reinforced by new policies that subtly work against reconciliation. The abrogation of Article 370 in 2019 was presented as a move to bring Kashmir into the national mainstream, yet its actual impact has been to deepen alienation. Instead of fostering an inclusive dialogue that could bring both Pandits and Muslims together, it was implemented in a manner that sidelined Kashmiri voices altogether. Decisions affecting the region are now made without its people, further disempowering both communities and ensuring that they remain at odds with each other rather than questioning the state's role in their shared predicament.

The government's handling of Kashmiri Pandit concerns continues to be performative rather than substantive. Political parties, especially those in power, invoke the exodus only during election campaigns, using it as a tool to justify their policies in the region. Yet, no real progress has been made

toward safe, voluntary repatriation. Pandits who do return are often placed in segregated housing, reinforcing the very separation that needs to be dismantled. Meanwhile, Kashmiri Muslims continue to bear the burden of military presence and surveillance, their loyalty to the state constantly questioned.

The most damaging aspect of this state-driven divide is how it has shaped narratives about Kashmir. In mainstream discourse, the story of Kashmiri Pandits is often framed as one of victimhood at the hands of their Muslim neighbors, ignoring the broader political context in which the exodus took place. On the other hand, Kashmiri Muslims are viewed with suspicion, their grievances dismissed as propaganda. This selective storytelling ensures that both communities remain alienated from each other, unable to reclaim the brotherhood that once defined them.

What remains largely unnoticed is the deliberate strategy behind this division. A united Kashmir - where Pandits and Muslims stand together demanding justice for all - poses a challenge to the state's control over the region. Keeping them apart ensures that their struggles remain separate, their voices fragmented. Instead of acknowledging the shared suffering inflicted by years of conflict, the government has encouraged a narrative of polarization, where Kashmiri Pandits are seen as victims and Kashmiri Muslims as aggressors. The reality, however, is far more complex. Both communities have suffered, although in different ways, but both still continue to bear the weight of decisions made far from their homeland.

The path to reconciliation is not through government-mandated schemes but through genuine, grassroots efforts that allow Pandits and Muslims to reconnect beyond the imposed narratives. The government has consistently failed to facilitate this, choosing instead to capitalize on divisions. It is only when both communities recognize that their true struggle is not against each other but against the forces that benefit from their separation that the possibility of genuine peace can emerge. Until then, the state's invisible hand will continue to dictate the terms of their fractured existence, keeping them apart not by force but by a carefully constructed illusion of irreconcilable differences.

*The author is pursuing MA Mass Communication (2nd Semester) from AJK Mass Communication Research Centre, Jamia Millia Islamia
Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer.*

KO VIEW

Losing Our Teens to Screens

It's now a familiar sight anywhere in the world. Teenagers hunched over their smartphones, scrolling endlessly, oblivious to the world around them. We brush it off as a sign of the times, but the latest Annual Status of Education Report (ASER) 2024 forces us to pause and reflect. It reveals that 79 percent of students aged 14 to 16 in Jammu and Kashmir use smartphones, a figure higher than the national average of 76 percent. More strikingly, 64 percent say they use their phones for education, compared to a national average of 57 percent.

But are these numbers a sign of progress, or a troubling shift in how our young minds? True, the new generation is born into screens. For today's teenagers, the smartphone isn't just a gadget—it's their classroom, playground, diary, and best friend. They aren't just using these devices; they are living through them. The ASER survey found that nearly half (48.5 percent) of students in J&K own a personal smartphone, far above the national average of 31.4 percent. That means they are making their own decisions—what to watch, who to follow, when to log in, and when to tune out.

The pandemic only deepened this reliance. With schools shut and classrooms shifting online, smartphones became the lifeline of education. Even today, schools continue sharing lectures, assignments, and study materials through WhatsApp and Telegram, making digital access more of a necessity than a luxury.

Yes, students are using their phones to search for information, attend online classes, and complete assignments. But education is only part of the picture. Social media is where they spend most of their time. ASER found that 73.8 percent of J&K students know how to block or report a profile, much higher than the national average of 62 percent. But at what cost? Attention spans are shrinking. Face-to-face interactions are dwindling. Family conversations are being replaced by silent dinners where everyone is glued to a screen. We are raising a generation that knows how to change a password - 75.4 percent of J&K students can, compared to a national average of 57.7 percent.

Where do we go from here? This is not about banning smartphones. That ship has sailed. The question now is how to strike a balance. Schools must teach digital discipline, not just digital access. Parents need to step in, not as enforcers, but as guides—setting limits, encouraging outdoor activities, and most importantly, being present.



Did you know?

Why Many Beginners Lose Money

A Simplified Guide for Novice Investors in Kashmir

Irshad Mushtaq

Investing in the stock market can be an appealing way to grow wealth, but many beginners, particularly in regions like Kashmir, often find themselves facing significant losses. This article aims to explain key reasons why this happens, using straightforward language and relatable concepts.

The Allure of Quick Wealth

Many are drawn to the stock market with the hope of becoming millionaires overnight. This mentality can lead to poor decision-making. It's crucial to recognize that investing is not a guaranteed way to make instant money. Instead, it should be viewed as a long-term endeavor that requires patience and knowledge.

Emotional Trading

One of the biggest pitfalls for novice investors is letting emotions drive their trading decisions. Fear and greed can cloud judgment, leading to rash choices, such as selling stocks during a market dip out of panic or buying into a hype without proper research. Understanding how emotions impact trading is essential for making rational decisions.

Lack of Knowledge

Many individuals dive into trading without understanding the basic concepts of the stock market. Knowledge of technical aspects (like chart patterns) and fundamental analysis (like understanding a company's financial health) is paramount. Without this foundation, traders may make impulsive decisions based solely on price movements seen on the screen.

The Danger of the Get-Rich-Quick Mindset

Beginners often view the stock market as a lottery, where simply picking the right stock can lead to immense rewards. This misconception can result in aggressive trading strategies, where individuals invest based solely on the belief that prices will rise without conducting thorough research or understanding market dynamics.

Social Media and Hot Tips

In today's digital age, advice from social media can be misleading. Many fall into the trap of following "hot tips" from influencers or others claiming insider knowledge. This herd mentality can lead to poor investment choices, as these tips are often not backed by strong analysis or facts.

Read the full article on our website: <https://kashmirobsrver.net>

Learn from the insights of @Irshad Mushtaq, Writer, Investor, Entrepreneur & Founder of M I Securities! Connect at misecurities@bp.sharekhan.com
Disclaimer: This article is for information only and doesn't offer investment advice. It's not an endorsement or an offer to buy or sell any financial products. If you decide to act on the information here, you do so at your own risk



OBSERVER
MAIL

All letters intended for publication must include the writer's name and address, even if a pseudonym is used. Letters are edited as clarity, space and accuracy of expression require. Our publishing a letter does not mean we agree with everything or even anything in it. -EDITOR

MAIL YOUR LETTERS

P.O. Box # 337, GPO, Srinagar-190 001
email: editpage.ko@gmail.com

Concerns Regarding Upcoming JKAS Prelim Exam

I am writing to express the concerns of many aspirants regarding the upcoming JKAS Preliminary Examination, which is set to take place this month. With the exam just around the corner, candidates are hopeful that the Jammu and Kashmir Public Service Commission (JKPSC) will ensure that the examination process runs smoothly, particularly with regard to the accuracy of the answer key.

As you are aware, the last JKAS exam faced significant issues due to the issuance of an incorrect answer key, causing confusion and anxiety among the candidates. Many aspirants had to bear the consequences of this error, as it affected their performance and, in some cases, their prospects of moving forward in the selection process.

Given that the stakes are high for every candidate, the aspirants have

every reason to hope that the JKPSC takes the necessary precautions to avoid repeating such blunders. We urge the Commission to ensure that the answer key issued post-examination is thoroughly reviewed, and any discrepancies or errors are promptly addressed to maintain the credibility of the examination process.

The aspirants have put in years of hard work and effort, and it is only fair that their performance is evalu-

ated accurately and fairly. A mistake in the answer key can have far-reaching consequences, including unfair disqualification of deserving candidates. Hence, we trust that the JKPSC will take these concerns seriously and work to prevent such issues from occurring again.

We sincerely hope that this time the examination process is conducted with the utmost transparency, accuracy, and fairness.

The Battle for an Equitable Future A Future Defined by Intelligence or Inequality?

Syed Mudasir Mushtaq

Artificial General Intelligence (AGI) promises to revolutionize every aspect of human life. Unlike today's narrow AI, which performs specific tasks like language translation or image recognition, AGI will think, learn, and adapt across multiple domains—just like the human mind. But as this superintelligence rises, a crucial question remains: Will AGI bridge the global digital divide or deepen the gap between the AI-empowered and the AI-excluded?

The world already struggles with unequal access to technology, internet connectivity, and digital education. If AGI is monopolized by a few, it could become the ultimate divider. However, if used wisely, it has the potential to create a more inclusive, knowledge-driven society. The battle for an equitable AGI future has begun.

Understanding the Digital Divide in the Age of AI

The digital divide is not just about access to the internet; it's about who benefits from technological advancements and who gets left behind. This divide exists at multiple levels:

Educational Divide: Wealthy nations and corporations have access to cutting-edge AI, while developing countries struggle with basic digital infrastructure. AI-powered learning is advancing rapidly, but millions of students worldwide lack access to digital education.

Technological Divide: Small businesses and individuals in underprivileged areas lack access to AI-driven automation and decision-making tools.

Barriers: Inadequate infrastructure, such as poor internet access, electricity, economic barriers, knowledge gaps, and cybersecurity concerns, are contributing to the digital divide. As AGI emerges, this gap could widen, making AI-driven wealth and opportunities accessible only to a privileged few.

How AGI Could Widen the Digital Divide

If left unchecked, AGI may deepen global inequalities in the following ways:



AI-Controlled by the Elite: Tech giants and wealthy nations may monopolize AGI, making its benefits available only to those who can afford it.

Job Displacement Without Reskilling: AGI could automate complex jobs, and without proper reskilling programs, millions could be left behind.

High Costs of AI Infrastructure: AGI requires massive computational power, and many countries may not have the resources to develop or integrate AGI.

Widening Economic Inequality: Those who can leverage AGI will gain immense wealth and power, creating a new "AI aristocracy."

How AGI Could Bridge the Digital Divide

Despite these challenges, AGI has the potential to be a great equalizer if developed and distributed responsibly. Here's how it could help:

AI-Powered Education for All: AGI can provide personalized, high-quality education to anyone with internet access, helping bridge the education gap.

Healthcare Revolution in Underserved Regions: AI-driven diagnosis

tics and virtual doctors could provide healthcare in remote areas.

Automating Small Businesses & Agriculture: Small businesses could use AGI-powered automation, leveling the playing field against big corporations. Farmers could use AI to increase food security.

Democratizing AI Research & Development: Open-source AGI initiatives could ensure AI benefits all of humanity, not just a few corporations.

The Battle for an Equitable Future: What Must Be Done?

Global AI Policies for Fair Access: Governments must regulate AI to prevent monopolization and ensure fair access.

Digital Literacy & AI Education: Educational institutions should integrate AI literacy programs, and reskilling programs must be implemented.

Investment in AI Infrastructure for Developing Nations: Investment in affordable AI tools and connectivity is essential for underserved regions.

Ethical AGI Development: Tech com-

panies must develop AGI that serves humanity, with equity and inclusivity at its core.

Healthcare as a Human Right: Universal healthcare access should be a priority, ensuring that no one is denied treatment due to financial constraints.

Conclusion: AGI for All, Not Just for the Few

The rise of AGI is inevitable—but how it shapes our world depends on the choices we make today. Will AGI be a tool for empowerment, providing equal access to knowledge and opportunities? Or will it become a gatekeeper of power, deepening the chasm between the privileged and the excluded?

The battle for an equitable AGI future is in our hands. Governments, businesses, and individuals must act now to ensure that the next era of intelligence is inclusive, ethical, and accessible to all. The future of AI should be a future for humanity—not just for the few.

The author has a PG in Public Administration

Kashmir's Food Safety under question: Do We Really Know What We're Eating?

Himayun Mukhtar Qureshi

A disturbing incident has sparked outrage in Kashmir—a rat was allegedly found in the cooking oil of a local street vendor. The shocking discovery has left people asking serious questions: How safe is the food we eat every day? Are proper hygiene checks being conducted? And do we really know what's being served on our plates?

From roadside stalls to high-end restaurants, from butchers to poultry shops, food safety concerns have come under the spotlight. The bigger issue is not just one incident but whether the entire system is functioning the way it should.

Are Hygiene Standards Being Followed?

While many food businesses take pride in quality and cleanliness, how do we know if all of them meet the required food safety standards? Are regular inspections happening? Is there strict enforcement of hygiene regulations?

1. Are Restaurants Meeting Safety Standards?

Do all restaurants follow proper food storage guidelines? Is oil being changed regularly, or is it being reused beyond safe limits?

How can customers be sure that hygiene checks are routinely carried out?

2. Butchers and Meat Shops: Are Storage Rules Enforced?

Is meat being stored at the right temperature, or is it exposed to unsafe conditions? Are there proper inspections to ensure compliance with health standards?

Do authorities regularly check if expired or poor-quality meat is being sold?

3. Poultry Dealers: Are Safety Measures in Place?

Are live birds being kept in clean and regulated conditions? Is frozen chicken being handled

correctly, or does it go through temperature fluctuations?

Do regular health checks take place to ensure poultry safety?

4. Dairy and Milk Products: Are They Properly Regulated?

How often are dairy vendors inspected to prevent contamination? Are proper refrigeration facilities in place?

Is there monitoring to ensure milk isn't being adulterated?

5. Street Food Vendors: Are They Following Hygiene Norms?

Do all vendors have access to clean water and proper sanitation facilities?

Is the cooking oil being used safely, and are utensils properly cleaned?

Are food safety officials conducting frequent inspections?

Who Is Responsible?

The big question remains: Are regular food safety checks happening as they should? If inspections are routine, why do such incidents take place. If they are not, then who is accountable?

The Way Forward

- Transparent Inspections:** Authorities should publicly share food safety inspection results.
- Stronger Regulations:** If gaps exist, stricter enforcement of hygiene laws is needed.
- Consumer Awareness:** People must be informed about their right to safe food and how to report violations.
- Accountability:** Businesses and authorities alike must ensure food safety is a priority.

The recent incident is a wake-up call. It's time for serious discussions about food safety in Kashmir. In Kashmir we hesitate to question the dealers and restaurant staff about the purity of things. We as a society need to inculcate this habit of questioning the safety, quality and other food safety standards. Every person deserves to know that the food they eat is safe.

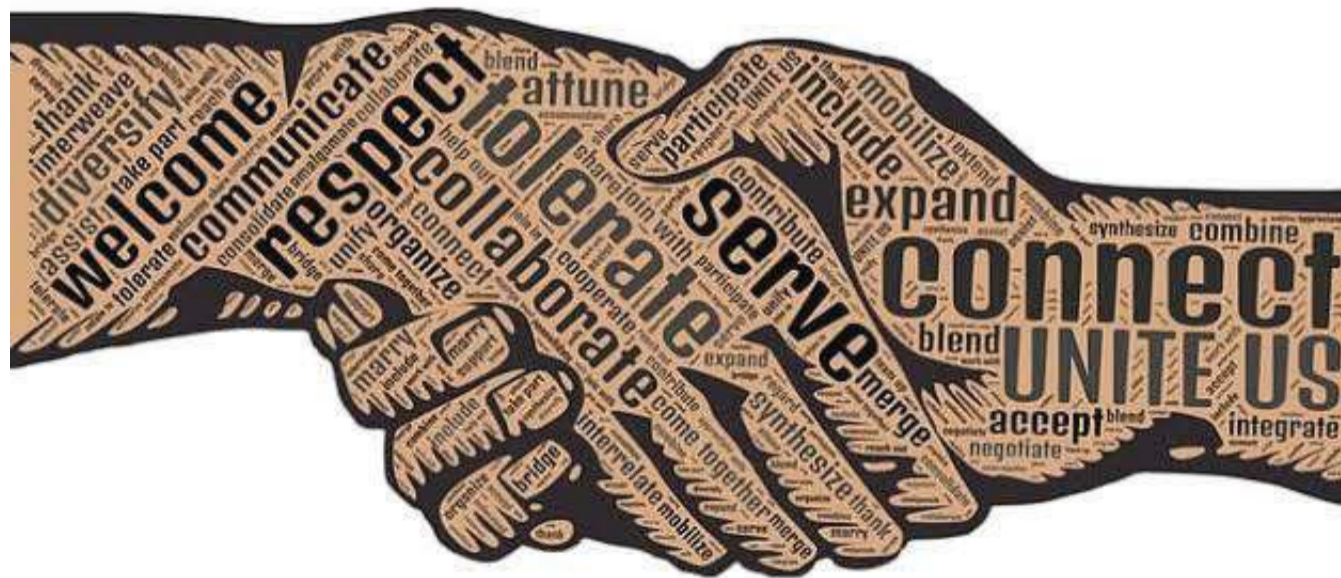
Embracing Patience and Tolerance Fundamental Principles for Navigating Life's Challenges

Zulfiqar Ali

Humans are the most versatile creatures ever created by the Almighty Allah. We as humans have been bestowed with the privilege of being God's representatives on Earth and granted free will, elevating us above angels. However, our human intellect is confined within the limits of our perceptual abilities. In today's rapidly changing world, we often find ourselves impulsive, anxious, and melancholic. Nevertheless, through patience and tolerance, we can bring a distinctive quality to the world. This is no simple task, as our planet urgently requires each individual's best efforts. By cultivating these virtues, we can synchronize with life's natural cadence, enabling us to navigate its challenges more effectively.

The holy Quran states "He (Allah) has created man from a sperm-drop; and behold this same (man) becomes an open disputer!" [16:4]. The disputes created by man are nowadays his daily routines. Man has forgotten that his true nature, inherited by birth, was to show love, compassion, sympathy and generosity towards his fellow beings. In these fellow beings, family and relatives has been given a special preference. In Islamic literature the term "Silat-al-rahm" has been specifically used for the requirement of kinship (relatives). The prophet of Allah Prophet mohammad ﷺ says "Whoever is pleased that he be granted more wealth and that his lease of life be prolonged, then he should keep good relations with his kith and kin." (Bukhari, Adab, 12). Similarly Hazrat Ali Ibn Abi Talib (عليه السلام) (Ghurur-al-hikam) says, "I bid you not to adorn yourself with stinginess, for it will disparage you near those who are close to you and will make you hated by your relatives".

Life doesn't move on smooth tracks. It moves through ridges and furrows. The Prophet Mohammad ﷺ once said, "Listen, obey and be patient." (Musnad Ahmad, Hadith No. 8005). On another occasion, he observed: "God has commanded man to be patient and forgiving." (Sahih Al-Bukhari, Hadith No. 4566). So what does patience stand for? what will it yield for a common man? and what is the process to inculcate the behaviour of being patient? Let's start by simplifying the definition of patience. Patience encompasses the ability to maintain composure and self-control in the face



of adversity and provocation. It is a virtue by which you can understand and value the individuals you engage with, particularly those who challenge you or are different from you. The capacity to acknowledge the good traits and contributions of others, even when they are not immediately apparent or in line with your preferences, is the essence of appreciation. You may cultivate a sense of respect and connection as well as lessen the propensity to point the finger or offer criticism by showing empathy and appreciation.

By developing patience, individuals can learn to manage their temper and avoid making rash decisions. The practice of patience offers numerous benefits and is considered an essential component of genius. It involves enduring challenges with dignity and resilience, recognizing that our true value lies not in others' perceptions, but in our self-perception.

Patience, though often praised, is a quality few truly master. Al-Ghazali describes patience not as mere words, but as a char-

acter trait that allows adaptation to various situations. It extends beyond simply waiting, encompassing the ability to maintain composure and calmness in difficult times while continuing to make positive contributions. Patience involves recognizing that change is unavoidable and that, given time, order and purpose will emerge from apparent chaos. It is crucial to disregard minor idiosyncrasies and instead concentrate on nurturing harmonious relationships in both personal and professional spheres. Patience teaches us about enduring challenges with dignity and resilience, which makes us understand that our true value lies not in others' perceptions, but in our self-perception.

In contrast to the past, our modern world is characterized by rapid technological advancements and a fast-paced environment. To keep up with these dynamic changes, people are forced to adapt, often making quick decisions that may be harmful or inappropriate. Individuals are becoming less patient and more aggressive, even over minor issues.

Within a short time, seemingly insignificant problems can escalate to situations with severe and irreversible outcomes. A recent example is the stabbing incident at Parimpora Srinagar, which resulted in the loss of a young life. The primary concern is to address and understand the reasons for people's increased impatience and intolerance in today's society.

Not everyone can possess patience and tolerance, yet these virtues are attainable for all, though the possession requires significant and proper cultivation methodology. Patience can guide us to the truth, solve issues, and prevent catastrophes and wars. However, humility is a prerequisite for patience. The ability to control one's anger is essential to developing patience. Self-control during conflict is the sole reason the world exists. Men that are impatient can be quite harmful. Impulsive judges and leaders are viewed as impractical and are dreaded. Anger breeds aggression. Although it is difficult to control anger, self-reflection and meditation

can teach one how to settle disputes amicably. This is due to the fact that anger can occasionally be sparked by miscommunication and may not always be justified. Murder may result from hasty anger. To put it another way, anger breeds impatience and aggression. We can use forgiveness to counteract wrath. Patience is impossible without tolerance. Realizing patience requires tolerance, which is fundamental.

Being patient increases our self-assurance in our capacity to handle any challenges that may arise.

We are in an era of constant stress and psychological crises but we should remember the words of Allah (SWT) from the holy Quran

"O you who believe! Seek help through patience and prayers. God is with the steadfast." (Surah Al-Baqarah 2:153).

"...And be patient and persevere, for Allah is with those who patiently persevere." (Al-Anfal 8:46).

"Allah loves those who endure in patience." (Al-Imran 3:146)

Islam's position on patience is clear: it is a strength that allows us to remain calm and persistent in the face of adversity. The Prophet ﷺ said: Allah Almighty says: "O son of Adam, if you are patient and restrained at the first moment of calamity, I would not be pleased with any reward for you less than Paradise". Similar to this, Imam Ali's hadith (عليه السلام) highlights how crucial it is to practice patience and tolerance when interacting with other people. The Arabic expression "عَاقِلٌ" (Al-ika bil-ihimal) can be rendered as "Embrace patience" or "Adopt tolerance. The term "تحتمل" describes the act of bearing, enduring, or tolerating something.

Endurance serves as an internal reservoir of strength when encountering life's challenges, guiding individuals through difficult times with serenity and receptiveness. This quality can also bolster mental resilience when facing hardships without grumbling, fostering positive attributes that lead to the determination needed to confront life's obstacles. Those who exhibit a considerable level of endurance can demonstrate self-restraint during adversity. Drawing upon their inner fortitude and the understanding that they can find true solace and inner peace.

The author is a research scholar

Study Sheds Light On Why Coffee Tastes So Bitter To Some

Press Trust Of India

Genetics may be contributing towards how one perceives the taste of coffee -- 'bitter' or 'not bitter', according to a study.

Researchers at the Technical University of Munich, Germany, have identified a new group of bitter compounds in roasted Arabica coffee and analysed how they influence its taste.

They also demonstrated for the first time that an individual's genetic tendencies also play a role in determining how bitter these roasting substances taste. The findings are published in the journal Food Chemistry.

Beans from the 'Coffea Arabica' plant are roasted to develop a flavour before being ground and brewed for a beverage.

While caffeine has been known to be bitter-tasting for a long time, even de-caffeinated coffee tastes bitter, possibly suggesting that there are other substances contributing to the bitter taste of roasted coffee, the researchers said.

'Mozambioside' is one such substance in Arabica beans, known to taste about 10 times more bitter than caffeine and activate two of the roughly 25 bitter taste receptors in the human body -- namely, the 'TAS2R43' and 'TAS2R46' receptors.

However, we found that mozambioside levels significantly



"This prompted us to test whether roasting produces breakdown products of mozambioside are also bitter and could affect coffee's taste"

drop during roasting, and therefore, the substance "only makes a small contribution to the bitterness of coffee", according to lead researcher Roman Lang.

"This prompted us to test whether roasting produces breakdown products of mozambioside are also bitter and could affect coffee's taste," Lang said.

The team showed that mozambioside degrades into seven different products during roasting, which are found in varying amounts in roasted coffee, depending on roasting temperature and duration. Through experiments on cells, the seven products were found to activate the same bitter taste receptors as mozambioside.

Three of the roasting products even had a stronger effect on the receptors, compared to the original mozambioside, the researchers said.

However, they also found that the concentrations of these roasting products measured in brewed coffee were too low to induce a noticeable taste on their own.

Only a combination of mozambioside and its roasting products in a sample led eight out of eleven participants to perceive a bitter taste, the team said.

Further, a genetic test showed that taste sensitivity depended on the genetic inclination of the participants -- two had both copies of the TAS2R43 gene variant defective, seven had one intact and one defective variant of the gene, while only two people had both copies of the gene intact.

"The new findings deepen our understanding of how the roasting process influences the flavour of coffee and open up new possibilities for developing coffee varieties with coordinated flavour profiles. They are also an important milestone in flavour research, but also in health research," Lang said.

"Bitter substances and their receptors have further physiological functions in the body, most of which are still unknown," Lang said.

According to Lang, there is still a lot of work to be done, since for many bitter substances in coffee alone, it is not yet known which bitter taste receptors they activate, even though millions of people worldwide drink coffee every day.

New Research Identified Rare Type Immune Cells For Response Against Cancer: Study

ANI

The researchers have identified a rare type of immune cell, called stem-like T cells, that holds the key to maintaining powerful, long-term immune responses against cancer and other chronic infections.

Prolonged illnesses like cancer and chronic infections often leave the immune system in a state of exhaustion, where its frontline defenders - T cells - lose their ability to function effectively.

The research, led by the Peter Doherty Institute for Infection and Immunity (Doherty Institute) and the Peter MacCallum Cancer Centre (Peter Mac), revealed that the endurance of stem-like T cells is fuelled by a protein called ID3 and is expressed by a gene of the same name.

As per the Study, these ID3+ T cells have a unique ability to self-renew and resist exhaustion, giving them the power to sustain immune responses far longer than other T cells that don't express ID3 against chronic diseases.

The study is published in Science Immunology. The University of Melbourne's Catarina Gago da Graca, PhD Candidate at the Doherty Institute, said the research highlights how ID3+ T cells hold the key to overcoming one of the biggest challenges in treating chronic diseases--immune exhaustion.

"ID3+ T cells have the remarkable ability to resist burnout and maintain a powerful immune

response over time, making them particularly effective in the face of chronic infections or cancer," said co-first author Gago da Graca.

The research also found that certain signals in the body could increase the number of ID3+ T cells, paving the way for improved treatments like CAR T cell therapy.

Professor Ricky Johnstone, Executive Director of Cancer Research at Peter Mac and co-lead author of the study, said enhancing ID3 activity could strengthen the endurance of these cells, making therapies more effective and long-lasting.

"We discovered that ID3+ T cell formation could be promoted by specific inflammatory cues, potentially offering new strategies to boost the number of immune cells that excel at fighting cancer in patients," said Professor Johnstone.

"This could lead to better treatments for cancer patients and improve clinical immunotherapy outcomes," he added.

The University of Melbourne's Dr Daniel Utzschneider, Laboratory Head at the Doherty Institute, said the findings could lead to advancements in immunotherapy treatments and the development of vaccines that provide long-lasting protection.

This research is the result of a collaborative effort between the Doherty Institute, Peter Mac, La Trobe University, Northwestern University (USA), the Olivia Newton-John Cancer Research Institute, the University of Birmingham (UK) and the University of Melbourne.

Studies Find Children, Teens Under-Represented In Drug-Resistant Tuberculosis Case Numbers

Press Trust Of India

Studies have found that children and teenagers treated for multidrug-resistant tuberculosis, including those in India, are under-represented in case numbers, with researchers calling for a "focus for case-finding efforts" in this age group.

A tuberculosis (TB) patient is said to be multidrug-resistant when the bacteria strain causing the infection has become immune to at least two of the effective drugs.

Multidrug-resistance is a significant challenge in eliminating the bacterial disease, as the complication increases treatment durations, which further risks

those treated for MDR (multidrug-resistant) and RR (rifampicin-resistant) tuberculosis and should be a focus for case-finding efforts," the authors wrote.

Rifampicin is a key drug recommended by the World Health Organisation as first-line treatment for TB.

Further, older teens between 15 and 19 years represented nearly 70 per cent of all the participants. They tend to have disease patterns similar to those seen in adults with TB and in whom it is easier to confirm the diagnosis microbiologically (through lab tests), the authors said.

They added that children aged under 5 were particularly under-represented, an important limitation as most deaths in



the spread of the infection.

Researchers reviewed previously published studies to understand trends in multidrug-resistant treatment of TB in children and teenagers aged 18 or below.

One of the reviews, by researchers, including those from the Ministry of Health and Family Welfare, analysed 42 studies involving over 23,369 children and teenagers aged 19 or below, mostly from India and South Africa.

The findings, published in The Lancet Child and Adolescent Health journal, revealed that nearly three in every four children or teens were successfully treated, with treatment durations typically lasting 16 months overall.

"Younger and clinically diagnosed children are under-represented among

children due to TB worldwide are in this age group and who were never started on treatment.

Another review by researchers from the University of Toronto, Canada, looked at 48 studies, including those from India.

They found high rates of successful treatment (almost 90 per cent) in children and teenagers with extensively drug-resistant TB -- when the infection-causing bacteria is resistant to nearly all available effective drugs.

However, "few childhood XDR (extensively drug-resistant) and pre-XDR-TB cases are reported", the authors wrote in the study published in the journal PLoS Global Public Health. Treatment durations were found to range from 6 to 27 months.

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub..Issuance of registration order in respect of delayed birth.
Public Notice..
The registrar birth BDO Lalpora has submitted a case file pertaining to birth of Khayila Rafiq D.o.B 02/03/2016 and Aabid Rafiq Khan Khan D.o.B 10/05/2011 ss/o Mohammad Rafiq Khan R/o Babagund Mamooa Tehsil Pattan.in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD Naib Tehsildar Pattan
fko

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub .issuance of registration order in respect of delayed birth.
Public Notice
The registrar birth BDO Sherabad Khore has submitted a case file pertaining to birth of Shameema Begum w/o Habib Ullah Tantray with verified date of birth 02/03/1963 occurred at home.in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD Naib Tehsildar Pattan
fko

PUBLIC NOTICE
The name of my Daughter has been wrongly written in her Adhaar Card as Munazah Bashir while her correct name is Mir Munazah Bashir which needs to be updated. If anybody has any objection in this regard he/she may file his/her objection in the Concerned office within seven days. After that no objection shall be entertained.
Bashir Ahmad Mir
F/o Mir Munazah Bashir
R/o Nihalpora Tehsil Pattan
fko

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub. Issuance of registration order in respect of delayed birth.
Public Notice..
The registrar birth EO Pattan has submitted a case file pertaining to birth of Sheikh Mohammad Ariham s/o Mohammad Ashraf Sheikh R/o Palhallan Tehsil Pattan with verified date of birth 20/02/2020 occurred at SDH pattan.in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD Naib Tehsildar Pattan
fko

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub..issuance of registration order in respect of delayed birth.
Public Notice..
The registrar birth EO Pattan has submitted a case file pertaining to birth of Areefa Anam D/o Zahoor Ahmad Khan R/o Palhallan Tehsil Pattan with verified date of birth 27/03/2021/ occurred at SDH pattan.in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD Naib Tehsildar Pattan
fko

PUBLIC NOTICE
I want change the name on electricity bill which was early on my Father-in-Law's Name Ghulam Nabi Tantray S/o Mohd Shaban Tantray R/o Palhallan to my Mushtaq Ahmad Mir Son-in-Law of Ghulam Nabi tantray R/o Palhallan. If anybody has any objection in this regard he/she may file his/her objection in the concerned office within Seven days. After that no objection shall be entertained.
Mushtaq Ahmad Mir
S-in-L Ghulam Nabi tantray R/o Palhallan
fko

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub..issuance of registration order in respect of delayed birth.
Public Notice..
The registrar birth EO Pattan has submitted a case file pertaining to birth of Sabtain Ali Ganaie s/o Barkat Ahmad Ganaie R/o Nowlari Tehsil Pattan with verified date of birth 13/11/2023 occurred at SDH pattan. In this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD Naib Tehsildar Pattan
fko

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub..issuance of registration order in respect of delayed birth.
Public Notice.
The registrar birth EO Pattan has submitted a case file pertaining to birth of Suriya Sajad D/o Sajad Ahmad Peer R/o Sangrampora Sopore with verified date of birth 21/02/2020 occurred at SDH pattan.in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD Naib Tehsildar Pattan
fko

OFFICE OF THE NAIB TEHSILDAR PATTAN
Sub issuance of registration order in respect of delayed birth.
Public Notice
The registrar birth EO Pattan has submitted a case file pertaining to birth of Huda Hilal D/o Hilal Ahmad Ahanger R/o Susan Khole Tehsil Pattan with verified date of birth 09/01/2021 occurred at SDH pattan.in this connection if any body having objection for issuance of said certificate he may contact to this office within 04 days after that no objection shall be entertained.
SD /-Naib Tehsildar Pattan
fko

Published Since 1997 KASHMIR OBSERVER

IS AVAILABLE IN SRIANGAR AT FOLLOWING PLACES

ABDULLAH NEWS AGENCY	AMIRA KADAL	BUDSHAH NEWS AGENCY	AFTAB MARKET
SIKENDER NEWS AGENCY	AMIRAKADAL	RASHEED GAZALA	LAL CHOWK
GUPKARI NEWS AGENCY	LAL CHOWK	RAFIQ NEWS AGENCY	BATMALOO
KHAN NEWS AGENCY	REGAL CHOWK	MEHRAJ NEWS AGENCY	DALGATE
RASHEED NEWS AGENCY	DALGATE	ASHIQ NEWS AGENCY	GAGRIBAL
IMRAN NEWS AGENCY	KOHNKHAN	SAMA NEWS AGENCY	SHALIMAR
KOHINOOR NEWS AGENCY	NISHAT	WANI NEWS AGENCY	HYDERPORA
SHEIKH NEWS AGENCY	HYDERPORA	AL NOOR NEWS AGENCY	NOWGAM
FAIRDEAL NEWS AGENCY	AIRPORT	BISMILLAH NEWS AGENCY	BAGH E MEHTAB
AL FALAH NEWS AGENCY	NATIPORA	FIDA NEWS AGENCY	RAJ BAGH
FIRDIOUS NEWS AGENCY	PIRBAGH	HARMINDER NEWS AGENCY	GOGJI BAGH

TANTRAY NEWS AGENCY	RAJ BAGH	BASHIR NEW AGENCY	NOWHATTA
ARIF NEWS AGENCY	JAWHAR NAGAR	AGA NEWS AGENCY	ALI KADAL
MUSHTAQ KALASH-PURI	KALASHPORA	HABBAKADAL NEWS AGENCY	HAB-BAKADAL
ALTAZ NEWS AGENCY	FATEHKADAL	FAROOQ NEW AGENCY	GOJWARA
JEELANI NEW AGENCY	KHAWAJA BAZAR	DAR NEWS AGENCY	QAMAR-WARI
NAZIR NEWS AGENCY	RAINAWARI	CHANDER NEWS AGENCY	BEMINA
KHALID NEWS AGENCY	HAMDANIYA COLONY	JONSON NEWS AGENCY	SEKIDAFAR
BHAT NEWS AGENCY	JAMALLATTA	SHAFAT NEWS AGENCY	HAWAL
BILAL NEWS AGENCY	KAK SARAI	KHALIQ NEWS AGENCY	NOWSHEH-RA
MUZAFFAR ALI NEWS AGENCY	ALAMGIRI BAZAR	BILAL NEWS AGENCY	NOWSHEH-RA
TARIQ NEWS AGENCY	M.K. CHOWK	MUZAMIL NEWS AGENCY	SOURA
GULZAR NEWS AGENCY	SOURA	SUBHAN NEWS AGENCY	SKIMS SOURA
HASAN NEWS AGENCY	SOURA	NISAR NEWS AGENCY	LAL BAZAR
BASHIR NEWS AGENCY	BUCHPORA	BASHIR NEWS AGENCY	HAZRAT BAL
AIJAZ NEWS AGENCY	HAZRAT BAL	YASIR NEWS AGENCY	ZAKOORA

FOR ANY QUERY, CALL CIRCULATION DEPTT. : 0194-2502327



Protect your Health from Everything that comes its way



Bajaj Allianz Extra Care Plus policy along with the added benefits of Health Prime Rider ensures that you don't have to settle for less when it comes to you and your family's growing healthcare needs.

Bajaj Allianz Extra Care Plus's Features:



Long Term Discount



Option to Opt for Air Ambulance



Free health check-up

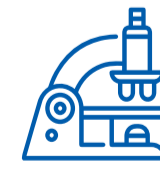
Benefits of Health Prime Rider:



Rider for both Individual & Family Floater Basis**



24*7 Unlimited Tele-Consultation



Investigations Cover

**Based on the variant opted in health plan

To know more, contact your **J&K Bank's Relationship Manager**

Bajaj Allianz General Insurance Co. Ltd., Bajaj Allianz House, Airport Road, Yerawada, Pune - 411006. IRDAI Reg No.: 113. | CIN: U66010PN2000PLC015329 | UIN: BAIHLIP23069V032223 - Extra Care Plus, BAIHLIA24087V022324 - Health Prime Rider | web: www.bajajallianz.com | Toll free: 1800-209-5858 / 1800-209-0144

J&K Bank Ltd is a licensed Corporate Agent [bearing License No.: CA0029] of Bajaj Allianz General Insurance Company Ltd. [IRDAI registration No. 113]. The benefits/features of products are indicative and for more details on risk factors and Terms and Conditions, please read the sales brochure before concluding a sale. | BIAZ-P-JK-0013/03-11-2023