KASHMIR OBSERVER®

Sunday 06 October 2024 | Srinagar | Vol. 27 | Issue: 236 | Pages: 08 | Price: ₹3

www.kashmirobserver.net ● twitter.com / kashmirobserver ● facebook.com/kashmirobserver ● Postal Regn: L/159/KO/SK/2014-2016

Israel Readying For Attack On Iran: Report

Israel Warplanes Pummel Lebanon, Death Toll Crosses 1000



KO Web Desk

Srinagar: The Israeli military is in the midst of planning a response to Iran's Tuesday night unprecedented ballistic missile attack on Tel Aviv, and warned on Saturday that it would be "serious and significant."

Israel has said that Iran's attack of some 200 ballistic missiles on the country would "have consequences."

At a security cabinet meeting in a secure bunker near Jerusalem in the aftermath of the attack, Prime Minister Benjamin Netanyahu warned that Iran had made a "big mistake tonight" and vowed that "it will pay for it."

The Iranian attack caused significant material damage in Israel, including in airbases, though the military has said that no aircraft or critical infrastructure were hit.

The military on Saturday said

that the response to the Iranian missile attack would be "serious and significant," and that it was devoting much of its time to planning it, according to The Times of Israel.

On Wednesday, IDF Chief of Staff Lt. Gen. Herzi Halevi said that Israel would respond to the missile attack, vowing that the military could "reach and strike any point in the Middle East."

The comments on Saturday from the military come as the US has sought to dissuade Israel from hitting Iranian nuclear or oil infrastructure as part of the

ÚS President Joe Biden on Friday said Israel has not yet decided how it's going to respond to Iran's ballistic missile assault, but suggested it should refrain from attacking Iranian oil facilities.

"If I were in their shoes, I'd be thinking about other alternatives than | More on P6



Hezbollah Loses Contact With New Leader

ezbollah said it has lost contact with one of its senior leaders, Sayyed Hashem Safieddine since Friday after an Israeli air strike on Beirut's Dahiyeh neighbourhood. Safieddine was seen as a possible | More on P6



IF I WERE IN THEIR SHOES, I'd be thinking about other alternatives than striking oil fields: Biden

Lt Gen Srivastava Takes **Command Of Chinar Corps**



Observer News Service

Srinagar: Lieutenant General Prashant Srivastava on Saturday assumed command of the strategically important Srinagarbased Chinar Corps, which manages the country's border with Pakistan-occupied Kashmir, besides fighting terrorists in the

Lt Gen Srivastava took charge from Lt Gen Rajiv Ghai, who will assume command as the director general of military operations at the Army headquarters.

The change in command comes shortly after the completion of the assembly elections in Jammu and Kashmir held after a gap of 10 years.

Following the assumption of command, Lt Gen Srivastava paid his tributes at the Chinar War Memorial in the Badami Bagh Cantonment, a defence spokesperson said.

A battle-hardened soldier, Lt

Gen Srivastava held numerous prestigious posts and staff appointments during his 34-year illustrious military career, the spokesperson said.

An alumnus of the National Defence Academy (NDA), he has significant combat experience, particularly in areas marked by high levels of insurgency.

Before this appointment, he led the Awantipora-based 'Victor Force', a crucial comoverseeing counterinsurgency efforts in south Kashmir.

Commissioned into an elite parachute battalion of the Special Forces on June 9, 1990, Lt Gen Srivastava has completed all the essential career courses, including the Defence Services Staff Course in Wellington, the Higher Command Course and the National Defence College in

He also holds a master's degree in strategic

Exit Polls Give Edge To NC-Congress In J&K

Observer News Service

New Delhi: Several exit polls on Saturday gave an edge to Congress-National Conference alliance in Jammu and Kashmir with the regional partner emerging as the single largest party.

The C-Voter-India Today put the National Conference-Congress ance in J&K at 40-48 seats and the BJP at 27-32 seats in the 90-member assembly of the Union Territory.

Dainik Bhaskar pegged the National Conference (NC)-Congress alliance at 35-40 and the BJP at 20-25 in Jammu and

Peoples' Pulse saw the NC-Congress alliance with 46-50 seats as against the BJP's 23-27, while Republic-Gulistan put the the NC-Congress tally lower at 31-36 as against the BJP's 28-30.

In different polls, the PDP was seen winning between 5 and 12 seats, while others were also seen bagging 4-16 seats.

A recent survey by the Centre for Global Studies at Delhi University also predicted that the Congress is set to form the government

Leaders

Dismiss

Predictions,



in Haryana, while its alliance with the National Conference in Jammu and Kashmir is likely to secure a majority.

The online survey, carried out between September 11 and October 3, involved 8,429 voters across 90 constituencies in each state.

In Jammu and Kashmir, the Congress-National Conference (NC) alliance is projected to win 45 seats in the 90-member assembly, with the BJP trailing behind with 27 seats, the survey forecast.

The centre's study is part of the CGS Review series, marking the 12th major election survey

ational Conference leader Omar Abdullah on

Jammu and Kashmir Assembly elections and

said that the only numbers that will matter are the

ones which will be released on the day of counting on

Saturday dismissed the exit poll results for the

conducted by the institute. Around 700 students and researchers from various universities participated in the survey.

Professor Sunil K Chaudhary, Director of the Centre for Global Studies (CGS), described the results as a sign of India's "democratic rise", contrasting it with the "democratic instability" seen in some Western nations, the survey report stated.

Interestingly, players like Sajad Gani Lone's People's Conference and Engineer Rashid's Awami Ittehad Party, along with independents backed by | More on P6



C-VOTER-**INDIA TODAY SURVEY:** NC-Congress: 40-48 seats BJP: 27-32 seats

DAINIK BHASKAR: NC-Congress: 35-40 seats BJP: 20-25 seats

PEOPLES' PULSE: NC-Congress: 46-50 seats

BJP: 23-27 seats REPUBLIC-GULISTAN: NC-Congress: 31-36 seats

BJP: 28-30 seats **DU SURVEY:** NC-Congress: 45 seats

BJP: 27 seats PDP: Winning between 5 and

12 seats **OTHERS:**

Bagging between 4 and 16 seats

"I'm amazed channels are bothering with exit polls especially after the fiasco of the recent general elections.I'm ignoring all the noise on channels, social media, WhatsApp etc because the only numbers that

matter will be revealed on the 8th of Oct. The rest is just time pass," he posted on X. J&K Congress president Tair Hameed Karra said the Congress-NC alliance is in a | More on P6

Focus On Oct October 8. Taking to X, formerly Twitter, Abdullah said that he is ignoring all the noise on TV channels and 8 Outcome social media. **Arrangements For**



Observer News Service

Srinagar: With counting of the preparations for counting in all districts of Jammu and Kashmir have been finalised.

Security has been beefed up in and around all the counting centres whereas monitoring of strong rooms is being observed through CCTVs.

The counting of votes for all the 90 seats of the legislative Assembly will be held at 08 AM on October 18.

The Returning Officers of all the constituencies have held meetings with election agents of all the parties and independent candidates and have briefed them about the counting day proceedings.

appoint 16 counting agents who will be issued entry passes by the ROs. One senior agent, who could be the election agent as well, will have to remain seated at RO table whereas another agent will have to stay at ETBP table where counting of postal ballots will be held. Besides, 14 other agents will be appointed to 14 other tables where counting of votes of Electronic Voting Machines (EVMs) will be

held," a Returning Officer said. He said that | More on P6

Results Apart, Control Will Lie With Delhi: Er Rashid

Press Trust Of India

Srinagar: Awami Ittehad Party chief Er Rashid on Saturday said irrespective of the Jammu and Kashmir assembly election results, the Union Territory's control will lie with Delhi.

Rashid also said he does not rely on exit polls and would wait for the final outcome of

Congress leader Charanjit Singh Channi met the AIP chief at his residence here on Saturday. Their meeting has sparked speculations about the Congress leader seeking his support for the National Conference (NC)-Congress coalition for government formation.

"Everybody is at liberty to have an exit poll. They know better what the criteria were. People have voted, so let's wait for October 8," Rashid said.

He said he has never relied on exit polls.



"Did anybody predict me winning the Baramulla parliamentary elections? Nobody! I was in jail and the least I could experience was that nobody talked about us. Anyway, people have voted, so let's wait till October 8," he added.

On Channi's visit, Rashid said he was the only leader to raise voice for him in Parliament. "He came to visit and I thanked him for raising voice for me. We had a good discussion," the AIP chief said.

Asked about | More on P6

Will Never **Ally With BJP: Dr Faroog**

Majid Nabi

Srinagar: National Conference president Dr Farooq Abdullah on Saturday said the party will never forge an alliance with the Bharatiya Janata Party (BJP) to form the next govern-

ment in Jammu & Kashmir. Dr Farooq said that any party that will side with the BJP will "get vanished" in Jammu and Kashmir.

"Who would form the next government in Jammu and Kashmir and who could be the potential chief minister, is something no one can predict well in advance, even in cases where political parties enjoy an absolute majority," Dr

Farooq said. The NC leader said the people of J&K voted against the BJP, and his party would not form an alliance with a party that has caused suffering to Muslims by demolishing their homes, mosques, schools and businesses and by doing all in

its power to persecute them. When asked whether extending interim bail to AIP chief Er Rashid will be an important factor in government formation in J&K, he said "I don't see any factor but whoever stand with BJP will shoulder

his own coffin sooner or later" "We are not going to ally with BJP, because the people of J&K voted | More on P6

New CM Will Be A 'Rubber Stamp': Iltija

Observer News Service

Srinagar: PDP leader Iltija Mufti on Saturday said the incoming government in Jammu and Kashmir will be a "toothless tiger", while its chief minister will be a "rubber stamp" and "glorified mayor" of a "municipality".

I&K is all set to get a new government after the results of the Assembly elections held after a gap of 10 years are announced on October 8.

"With the LG 'nominating five MLAs and the chief secretary changing transaction of business rules, it's clear that the incoming government will be a toothless tiger.

"How much more will the Government of India strip J&K of any semblance of authority and autonomy? Rubber stamp CM = Glorified mayor of a municipality (sic)," Iltija said in a post on X.

Daughter of Peoples Democratic Party (PDP) chief **Peoples** Mehbooba Mufti, Iltija contested the | More on P6

2 Killed **In Kupwara Encounter**

Agencies

Srinagar: Security forces on Saturday said they eliminated two "heavily armed terrorists" along the Line of Control (LoC) in the Keran sector of north Kashmir's Kupwara district.

An official said that they received multiple intelligence inputs over the past few weeks about infiltration attempts planned through the Keran sector. These inputs were corrobo-

rated by the Jammu & Kashmir Police and the Intelligence Bureau (IB), following which a joint operation was launched by the Army, BSF and J&K Police.

"On October 04, security forces observed suspicious movement across the LoC. When the infiltrating terrorists approached, vigilant troops challenged them, leading to an exchange of fire in which both terrorists, affiliated with the Pakistan-based Hizbul Mujahideen, were neutralised," the official said.

He said the operation resulted in the recovery of a huge cache of arms and ammunition from the slain terrorists, which indicated | More on P6

Yati's Blasphemous Remarks Spark Protests In J&K

Press Trust Of India

Jammu: Hundreds of people on Saturday staged separate protest rallies in Jammu and Rajouri districts of Jammu and Kashmir to press for legal action against a Hindutva priest for his "blasphemous" remarks about Prophet Muhammad, officials said.

The rallies organised by various Muslim organisations and joined by members of other communities as solidarity were taken out peacefully at Bhatindi area of Jammu and Rajouri district town, the officials said.

The protestors demanded stern action against the priest, Yati Narsinghanand, for hurting the religious sentiments of Muslims by



his "hate" speech. Senior police officers visited the protesters and assured that an FIR already stands registered against the accused in Ghaziabad (UP).

Members of other communities including Sikhs joined the protest at Bhatindi and said the government must act against people like | More on P6

J&K Religious Bodies Urge Action

utahida Majlis Ulema (MMU) an amalgam of various religious bodies in Kashmir Saturday condemned the remarks made by Mahant Narsinghanand, and demanded his ■ immediate arrest. The MMU, which is headed by Mirwaiz Umar Farooq, strongly said such "blasphemous" statements are completely unacceptable to Muslims and all those who believe in respect for religious personalities and prophets. "The agenda of these evil people, who deliberately hurt the sentiments of Muslims, is to provoke, spread hate and incite communal | More on P6

School **Teacher Sacked For Corporal Punishment**



Press Trust Of India

Jammu: A government school teacher was suspended for allegedly resorting to corporal punishment to a student in Jammu and Kashmir's Kishtwar district, officials said on Saturday.

Anayatullah Ahanger, posted at Primary School Gowarian Dhar in remote Inderwal area, was placed under immediate suspension after a video purportedly showing a student subjected to corporal punishment went viral on social me-

dia, they said. Kishtwar Chief Education Officer Javed Ahmad Kitchloo ordered the suspension of the accused teacher and also set up a | More on P6

Monday - Saturday (9am - 6pm)

No 5- Dal Lake Boulevard Srinagar, 190001, Kashmir



'LNG's 20-Year Greenhouse Gas Footprint Found To Be 30% More Than Coal's'

Press Trust Of India

Liquefied natural gas, or LNG -- used in cooking and in power plants and industries -- leaves behind a greenhouse gas footprint about a third more than that of coal when looked at over a 20year period, according to a new

Over a 100-year period, LNG's greenhouse gas footprint was found to be the same as or exceeding that of coal.

Greenhouse gas emissions, such as carbon dioxide and methane, are released into the atmosphere, while a greenhouse gas footprint indicates the impact of these emissions on the environment. Natural gas, an odourless gas

primarily made up of methane, is cooled down to a liquid state at about -106 degrees Celsius to form liquefied natural gas, or LNG, thereby reducing the gas's original volume by 600 times. Being liquid, LNG can be shipped efficiently and

Although LNG is considered a cleaner, low-carbon alternative to coal, when processing and shipping are taken into account, its greenhouse gas footprint is about a third worse than that of coal, Robert Howarth, a professor of ecology and environmental biology at Cornell University, US, said. "LNG is made from shale gas (a type of natural gas), and to make it you must supercool it to liquid form and then transport it to market in large tankers. That takes en-



ergy. While natural gas and shale gas are all bad for the climate, LNG is worse," Howarth, author of the study published in the journal Energy Science and Engineering,

Shale gas is extracted from shale rock formations through a process called 'fracking'.

For the study, the researchers looked at previous studies to estimate emissions from the stage of shale rock formations to that of combustion by the final consumer. The carbon dioxide and methane released while LNG is being extracted, processed, transported and stored make up for about half of its total greenhouse gas foot"Almost all methane emissions occur upstream when you're extracting the shale gas and liquefying it. This is all magnified just to get the liquefied natural gas to market," the author said.

The author wrote, "Overall, the greenhouse gas footprint for LNG as a fuel source is 33 per cent greater than that for coal when analysed for 20 years global warming potential.'

Further, "Even considered on the time frame of 100 years (global warming potential), which severely understates the climatic damage of methane, the LNG footprint equals or exceeds that of coal,"

"So, LNG will always have a bigger

climate footprint than the natural gas, no matter what the assumptions of being a bridge fuel are. It still ends up substantially worse than coal," the author said.

According to a draft policy by the Ministry of Petroleum and Natural Gas, India plans to fuel a third of its heavy-duty trucks by LNG, instead of diesel over the next five to seven years, to bring down pollution, the news agency Reuters reported on September 9.

Even as a fraction of cars and buses run on compressed natural gas the compressed form of natural gas -- LNG would be a better option for long-haul trucks as it gives a higher range, the report quoted



Natural gas,

an odourless gas primarily made up of methane, is cooled down to a liquid state at about -106 degrees Celsius to form liquefied natural gas, or LNG, thereby reducing the gas's original volume by 600 times. Being liquid, LNG can be shipped efficiently and safely.

PUBLIC NOTICE

I want to correct my wards particulars in his school records at Tyndale Biscoe School, Sheikh bagh Srinagar in class 8th Red bearing admission number (4454-15B) from Immad to Immad Bilal, Fathers name from Bilal Ahmad to Bilal Ahmad Sheikh and mothers name from Rehana Bilal to Rehana Amin Shah. Now I am applying for correction. If anyone has any objection in the regards he/she may contact the principal of the above mentioned school within a period of 07 days, after that no objection shall be be entertained.

Bilal Ahmad Sheikh F/o Immad Bilal R/o Batmaloo, Sgr inf

PUBLIC NOTICE

I have lost the DOB certificate of my son Ayhil Hamed father's name Abdul Hamed, Mother's Name: Saleema who was born on 23-09-2019. Now I have applied for the duplicate of the same If anybody has any objection in this regard he/she may file his/her objection in the office Sub Distt Hospital Subogh within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Abdul Hamed F/o Ayhil Hamed

bmg_r

Office of the Naib Tehsildar Tilgam **Executive Magistrate 1st Class**

Bhat Huzaif Bashir S/o Bashir Ahmad Bhat R/o Hurhenpora Tehsil Pattan District Baramulla Regarding obtaining RBA Certificate

PUBLIC NOTICE

General Public is hereby informed through this notice that the applicant file is currently under process in the office of undersigned regarding obtaining RBA certificate. According to the field staffs report the applicants are permanent resident of village Hurhundpora tehsil Pattan District Baramulla and have been residing here from more than 15 years and has not migrated from the said village the annual family income of the applicant from all sources is Rs 685020 /-. Family details of the applicant are give below.

S. No	Name	Parentage	Age	Occupa- tion
01	Bashir Ah Bhat	Mohd Maqbool Bhat	48	Govt Em- plovee
2	Rafiq Begum	S/o Bashir Ah Bhat	45	H/W
3	Bhat Huzaif ashir	S/o	15years	Student
4	Bhat ZaidBashir	Bashir Ah Bhat	12	

In this connection If any person(s) has any objection(s) he/ she can visit the undersigned's office within 07 days from the date of publication of this notice. After that no objection will

Naib Tehsildar

want to change the name on shikara licence bearing no: 1748/9/1640/34/L23/P37 from Ghulam Nabi Patnoo S/O:-Mohammad Sidiq Patnoo R/O:-Abi Karpora Srinagar to Faizan Sultan S/O:- Mohammad Sultan Mir R/O:- Jogi Lanker Rainawari, Srinagar if anybody has any objection in this regard he/ she may file his/her objection in the concerned office within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Faizan Sultan S/O:- Mohammad Sultan Mir R/O:- Jogi Lanker Rainawari, Srinagar

fko

fko

PUBLIC NOTICE

Scholarships This Week

Kashmir Observer in association with Buddy4Study.com presents scholarships available for the meritorious students of Jammu and Kashmir

Scholarship Name 1: Sensodyne IDA Shining Star Scholarship Programme 2024-25

Description: Haleon India, makers of Sensodyne, invites applications for the 'Sensodyne IDA Shining Star Scholarship Programme 2024-25' to support meritorious and underprivileged BDS students across India. Eligibility: Open to students pursuing their first year of the Bachelor of

government-funded colleges only. Applicants must have scored a minimum of 60%

Dental Surgery (BDS) pro-

in their Higher Secondary Education. Successful applicants must maintain a 60% score in

every semester/year to continue availing of the benefits during their 4-year course. The annual family income

of the applicant from all sources must not be more than INR 8,00,000. Prizes & Rewards: INR 4,20,000 for 4 years (INR 1,05,000 per year)

Application mode: Online applications only Short Url: www.b4s.in/ observer/SSPPS4

Last Date to Apply: 31-10-

Scholarship Name 2: Santoor Scholarship Programme 2024-25

Description: Santoor Scholarship Programme 2024-25 aims to support the undergraduate studies of young women from disadvantaged backgrounds in the states of Andhra Pradesh, Karnataka, Telangana or Chhattisgarh. Eligibility: Open to young women from underprivileged backgrounds residing in Andhra Pradesh, Karnataka, Telangana, and Chhattisgarh.

Applicants must have: passed Class 10 from a local government school. passed Class 12 from a gov-

ernment school or junior

college in the academic year 2023-24. And enrolled in a full-time graduate programme starting in 2024-25.

Note: The full-time graduate course must have a minimum duration of 3 years.

Students with a strong interest in pursuing higher education in humanities, liberal arts, and sciences, are strongly encouraged to

Priority will also be given to students from aspirational (backward) districts. Prizes & Rewards:

24,000 per annum Last Date to Apply:

(or equivalent) examination must be 80% or above (with the exception of children with single parents or orphans) and 65% in the previous class/semester/year (if applicable).

Prizes & Rewards: INR 30,000 (fixed amount) Last Date to Apply: 18-10-



2024

Application mode: Online applications only! Students can apply online at Buddy4study or download the application form from www.santoorscholarship.

observer/SWS7

Scholarship Name 3: OakNorth STEM Scholarship and Mentorship Programme

OakNorth Description: STEM Scholarship and Mentorship Programme aims to provide financial support to meritorious and underprivileged female students belonging to Uttarakhand, Bihar and Haryana pursuing graduation in STEM (Science, Technology, Engineering, Mathematics) subjects from government colleges/ universities.

Eligibility: Female students from Haryana, Uttara-Female stukhand and Bihar who have passed Class 12 and are currently pursuing graduation (any year) in STEM-related subjects from government universities/colleges are eligible. The annual family income of the applicants must be less than INR 3.5 lakh from all sources. Aggregate marks secured by candidates in the Class 12

Application mode: Online applications only www.b4s.in/ Short Url: observer/ONSS3

Scholarship Name 4: Tata Capital Pankh Scholarship **Program 2024-25**

Description: An initiative of Tata Capital Limited aimed at providing financial support to students belonging to economically weaker sections of society to help them fulfill their academic

dreams. Indian stu-Eligibility: dents who are currently studying in Classes 11, 12 general graduation (B.Com., B.Sc., B.A., etc.), diploma and ITI courses at recognised institutions are eligible. Applicants must have scored at least 60% marks in the preceding class. The annual family income of the applicants from all sources must be less than or equal to INR 2.5 lakh.

Prizes & Rewards: Up to an amount ranging from INR 10,000 to INR 12,000 or 80% of course fees (whichever is

Last Date to Apply: 15-10-2024 Application mode: Online applications only www.b4s.in/ Short Url: observer/TCPS27

SHAH FAMILY BEREAVED

With profound grief, we inform the sad demise of Peezada Mohammad Yousuf Shah Ex. Senior Engineer All India Radio Sgr. R/o:Govt Housing Colony Bemina Srinagar on 4th October 2024 (Friday) after a short span of illness. May Almighty Allah grant Jannat-ul-Firdouse to the departed soul. Congregational Fateh Khani will be held on 7th October 2024(Monday) 9.30 a.m. at his ancestral grave yard Bemina near Anjum Masjid

Breaved Family: Zahoor Ahmad Shah(son), Tufail Bashir Kant (Son-in-law) 9419201043, 7006543856, 7006998292

Email:-telkmrzone@jkPolice.gov.in

Phone No.(office) 0194-2452698 (Fax) 0194-2506526

Zonal Headquarters Police Telecommunication Kashmir

Shri Randeep Singh,

Recruit Const. (Telecom) Regt. No.4395 /PW, TEL-235548. S/O Paramjeet Singh R/O 451 Jawahirnagar, behind DAV School Tehsil Srinagar-South District Srinagar. A/P Dashmashnagar Satwari Jammu House No. 721/56 Cell No. 8899777648.

Whereas, you Recruit Constable (Tel) Randeep Singh No. 4395/PW, TEL235548 were deputed to 2MBPS Leased Line Circuit PCR Kashmir as leave relief by this office vide order Endstt. No. Estt/Clo-07/KZ-2024/16084-90 dated 12.08.2024 and you were relieved by DySP Adm. PCR Kashmir w.e.f 16.08.2024 F.N vide order Endstt. No. PCRK/MISC/2024/612-A dated 16.08.2024 with the directions to report your actual place of posting, but instead of reporting back for duties, you have absented yourself unauthorizedly w.e.f 16.08.2024 F.N and was subsequently marked absent in the D.D of ZP-THO Kashmir w.e.f 16.08.2024.

Whereas, you were informed through SHO's P/S Rajbagh / Sadder Srinagar vide this office signal No. Estt/PF-4395/KZ-2024/16671 dated 21.08.2024, No. Even / 17465 dated 04.09.2024 and No. 19001 dated 24.09.2024 to report back for duties forthwith, otherwise departmental action under rules will be taken against you.

Whereas, you were also informed through SHO P/S Satwari Jammu at Dashmashnagar Satwari Jammu Flouse No. 721/56 Cell No. 8899777648 vide this office signal No. Estt/PF-4395/KZ-2024/l 9356 dated 27.09.2024 to report back for duties forthwith, otherwise, departmental action under rules will be initiated against you. In response SHO P/S Satwari Jammu vide his office signal No. Nil dated 28.09.2024 has communicated that you have been informed telephonically on Cell No. 8899777648 to resume your duties forthwith, but you didn't bothered to resume your duties and continued to remain absent at large, despite being informed by SHO P/S Satwari.

In view of above, you are once again informed/directed through the medium of this notice to report this office within five (05) days from the date of publication of this notice in local dailies, failing which departmental proceedings under rule shall be initiated against you.

> Supdt. Of Police Telecommunication Kashmir

No: ESTT/PF-4395/KZ-2024/19776-82 DIPK-5636/24 Dated: 05-10-2024

PUBLIC NOTICE

want to change the name on shikara licence bearing no: 1748/9/1640/34/L23/P37 from Farooq Ahmad Dar S/O Bashir Ahmad Dar R/O Abi Nowpora Peer Bagh, Sgr to Ghulam Hassan Dar S/O Ghulam Nabi Dar R/O Dargah, Srinagar if anybody has any objection in this regard he/she may file his/her objection in the concerned office within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Ghulam Hassan Dar S/O Ghulam Nabi Dar R/O Dargah, Srinagar

از نیابت سیل نائب تحصیلدار عبدل القیوم آهنگر عنوان: درخواست منجانب محدمومن گنائی ، محدمباشر گنائی وراضیا ختر اولا دان محمد باقر گنائی

ساكنه مولشوله بمرادا جرائي RBA سر شيكيك

اشتبار برخاص دعام معامله مندرجه عنوان الصدر مين سائل نے ايك درخواست بغرض حصول RBA سرتفيكيت پیش کی ہے جو کہ زیر کاروائی ہے اس بارے میں پٹواری حلقہ سے رپورٹ طلب کی گئی ہے جس ے عیاں ہے کہ سائل دہ حذامیں رہائش پذیر ہے اور بھی بھی ترک سکونت نہیں کی ہے سائل کا

کنبہ بذیل افراد پرمشمل ہے محمه باقر گنائی ولد محمد ابراہیم گنائی والد سائلان 55 سال سرکاری ملازم LPC

طاہرہ بانوز وجبرمحمہ بار والدہ۔۔ 45 سال گھریلو کام سائل 19سال زرتعلیم -- 16سال ---- 14سال --محمد مومن گانئ

سائل مذکورہ RBA سرٹفیکیٹ حاصل کرنے کاخواں ہے ۔سرٹفیکیٹ زیر بحث اجراء کرنے میںاگر کہا گرکسی شخص کو کوئی عزریاا عتراض ہوتو وہ بعد مشتہرا خبارسات دن کےاندراندرآ پنے مذریاعتراض ودالت هذا کودفتری ادقات کے دوران پیش کریں۔ بعد گزرے میعاد کو بی عذریاعتراض

Ms

IGP Kashmir Chairs Crime, Security Review Meeting

Observer News Service

Srinagar: IGP Kashmir V.K. Birdi-IPS chaired a crime and security review meeting of Kashmir Zone at PCR Kashmir today. The meeting was attended by all the range DIsG, district SSsP and other senior officers.

At the outset, IGP Kashmir took an overall assessment of the security situation of the Kashmir Zone. This was followed by the presentations of district

UAPA and other cases. Actions taken under preventive laws and pending inquest proceedings were also discussed.

IGP Kashmir appreciated the efforts of the district chiefs in preventing crime and emphasized the need for improving the quality of investigation. He also underscored the need to improve the conviction rates by way of establishing a robust follow-up system for securing convictions in narco and terror



SSsP highlighting their efforts in crime prevention and maintenance of law & order in their respective districts. The discussions revolved around disposal of general crime, NDPS, related cases. IGP Kashmir also reviewed the current security situation and took stock of the preparations put in place for the upcoming counting day of the Assembly Elections-2024.

Special Lok-Adalat For MACT, Matrimonial Cases On Oct 14

Observer News Service

Srinagar: In view of upcoming Lok Adalat which is scheduled to be held on 19th of October, 2024 for MACT and Matrimonial Cases, District Legal Services Authority, Srinagar, has scheduled a Special Lok Adalat on 14th of October, 2024, in District Court Complex (DCC) Srinagar.

In this connection, Ld. Advocates and litigants who desire to get their MACT & Matrimonial cases settled through the Lok-Adalat process are informed to approach the concerned courts, for referring their aforementioned nature case to the said special Lok-Adalat for their amicable settlement.

Ld. Advocates and litigants are requested to take advantage of this opportunity and get their cases settled through the Lok Adalat process.

The objective of this Special Lok Adalat is to provide an opportunity for the parties to resolve their disputes amicably, without resorting to a lengthy trial.



Annual Urs Of Dastgir Sahib Begins In Khanyar

Observer News Service

Srinagar: The annual Urs of Hazrat Ghos-ul-Azam Dastgir Sahib (R.A) commenced on Saturday on the 1st Rabi al-Thani, at the revered shrine in Khanyar, Srinagar, with thousands of devotees from across Kashmir participating in the gathering.

The gathering, which corresponds today on 1st Rabi al-Thani, marks the beginning of 11—days of prayers, remembrance, and devotion.

The Urs includes special prayers at the shrine which continues till the end of the 11th day. "On the 11th, the relics are displayed to the general public.

Devotees, according to KNO, started to throng the shrine to offer prayers and also recitations of Azkars, Naat and Manajaat.

Mubashir Ahmad Shah, one of the devotees from Budgam said, "I have been attending the Urs here for the past several years, and attending the Urs here for the past several years, and every time it fills my heart with peace and hope

every time it fills my heart with peace and hope."

"This shrine holds immense spiritual significance for all of us, and being here is a way to seek blessings and express our faith," he said.

Another devotee, Farooq from Nowgam shared, every year, this Urs brings them together in faith and devotion. "We are thankful for the smooth arrangements, allowing us to focus on our prayers without any disruptions," he said.

In the meanwhile, the authorities have ensured necessary preparations to facilitate a smooth and serene observance of the Urs. "From sanitation to traffic management, authorities have been working to provide an uninterrupted experience for the visitors," a devotee from Habba Kadal said.

Moreover, Mohammad Yousuf, a local shopkeeper near the shrine, said "This is a time when people from all corners of Kashmir come here not only to seek blessings but also to strengthen the bonds of brotherhood," he said adding this gathering also helps me and as a result my sales also got boosted.

In the meanwhile, an official communiqué from Dargah Hazratbal shrine, a copy of which lies with KNO, reads, the administration has also released a detailed prayer schedule, with the Fajr prayer at 5:50 AM, Dhuhr at 1:30 PM, Asr at 4:45 PM, Maghrib at sunset, and Isha at 7:55 PM.



TRAFFIC POLICE: 9419993745, 01998-266686 PCR: 0194-2452092,2455883 PDD: 0194-2450213 FIRE AND EMERGENCY SERVICES:

CAPD: 18001807011 SMC HEALTH OFFICER: 9469409081 Ambulance: Kashmer EMS Service: +919484100200

AIRPORTS

SHIEK UL ALAM AIRPORT: 01942303311

2479488,2452222,2452155



RAILWAYS



SRINAGAR: 0194-2103259 ANANTNAG: 01932-228243 BARAMULLA: 0194-102029 BIJBHERA: 01932-228243 PAMPORE: 01933-294132 PATTAN: 01954-293507 QAZIGUND: 01951-296153

HIGHWAY STATUS



Sgr-Jammu highway - (Open) Mughal Road - (Open) Srinagar- Leh- (Open)



PRAYERS

FAJR 5: 06

ZUHR 12:20

ASR 4: 31

Magrib 6:16

ISHA 7: 37

This Day In History

- 1762 British troops occupy Manila, Philippines
- 1783 Benjamin Hanks patents self-winding clock 1861 - Revolt of Russian student shuts down university of Petersburg
- 1863 Battle at Baxter Springs, Kansas
- 1889 Thomas Edison shows his 1st motion picture 1939 - Adolf Hitler denies he intends to go to war
- against France and Britain
- 1943 Battle at Vella Lavella, Solomon Island
 1944 Allied aircraft accidentally bomb Fishing, Overijssel
- · 1944 Canadians free Austria
- 1948 The 1948 Ashgabat earthquake kills 100,000 in the Turkmen Soviet Socialist Republic
- 1948 Paleoanthropologist Mary Leakey finds the first partial fossil skull of Proconsul africanus, an ancestor of apes and humans on Rusinga Island, Kenya
- 1956 Scientist Albert Sabin announces that his oral polio vaccine is ready for testing; it would soon supplant Jonas Salk's vaccine in many parts of the
- 1959 Soviet Luna 3, 1st successful photographic spacecraft, impacts Moon
- 1986 Russian nuclear sub K291 sinks in Atlantic
- 1987 Military coup leader Maj-Gen Sitiveni Rabuka declares Fiji a republic
- 1990 US 67th manned space mission STS 41
- (Discovery 11) launches into orbit
 1990 Solar Polar Orbiter 'Ulysses' launched
- 1995 51 Pegasi discovered as the first major star, apart from the Sun, to have a planet orbiting around it
- 2000 President of the Federal Republic of Yugoslavia, Slobodan Miloševi resigns
 2010 - Kevin Systrom and Mike Krieger launch
- Instagram
- 2015 Nobel prize for Physics awarded to Takaaki Kajita (Japan) and Arthur McDonald (Canada) for work on neutrinos
- 2017 British writer Kazuo Ishiguro is awarded the Nobel Prize for Literature
- 2018 Khabib Nurmagomedov of Dagestan beats Irishman Conor McGregor by 4th round submission in UFC lightweight title fight in Las Vegas; instantly marred by ugly post-fight brawling incident; belt withheld pending investigation

From KO Archives

70-Yr-Old Sets Himself Ablaze

Observer News Service

rinagar-Overcome by his daughter's defiance, a 70-yr-old set himself and his house ablaze in Sopore village today. Muhammad Aabid Malla later succumbed to burn injuries.

Reports said that Sabir's daughter had opposed the match he had arranged for her. Unable to bear this rebel¬lion, Sabir drenched himself and his two story home with petrol, climbed atop the building and set himself alight. The village Sopar Naghama some 7 kilometres from Handwara watched aghast as flames engulfed the man and his dwell¬ing. Fire tenders rushed from Dangiwacha prevented the blaze from spreading to the ground floor. Sabir who had sustained extensive burns passed away soon after.

Meanwhile there were reports of two youth and women trying to put an end to their lives in different parts of the Valley. Tired of his life Shiraz Ahmad Lone of Sahpora Pattan attempted suicide but was rushed to the hospital, where he is reported to be in a serious condition.

Saleema w/o Muhammad Shaban Bhat of Baran Pattan was rushed to hospital after she consumed some poisonous substance in a bid to put an end to her life. Doctors saved her life.

(Kashmir Observer, October 06, 2000)

NOTICE

I Mohammad Magbool Bhat S/o Abdul Gani Bhat R/o Igbalabad lane no 4 house no 70 Bemina, Srinagar want to transfer my **Electricity Connection bearing** Consumer Id 0203010018072 From mohammad Magbool Bhat To Asif Ali Bhat S/o Ali Mohammad Bhat R/o Baghiyas Chattabal, Srinagar. In this Regard, if anybody is having any objection may file his/her objection in the Concerned **Authorities of PDD within a weeks** time after that no objection will be entertained. Media Line Ads

Public Notice

My daughter is currently studying Grade 8th under Admission No.1407/12 in Woodlands House School Shivepora Sgr. and her name is Atoofa daughter of Zahid Rashid Sheikh & I want change her name Atoofa to Zehwa. Any body having any objection regarding the same may contact the offic of the Woodlands House School Shivepora Sgr within 7 days from the publication of this notice..No objection shall be entertained after expirey of the stipulated tme.

Zahid Rashid Sheikh F/O Zehwa Zahid R/O Banapora Batmaloo Srinagar.



Need to Detach from the Digital World and Embrace Human Creativity

Maleeha Jan

To embrace

creativity in a digital world, it is essential to cultivate intentional habits that prioritize offline activities. This might include engaging in handson hobbies such as painting, cooking, or crafting, which allow for tangible creation and provide a break from the screen

n the hyper-connected world of today, digital devices have become indispensable. Smartphones, tablets, laptops, and an array of gadgets are constantly in our hands, pockets, and homes, making it easier than ever to access information, connect with others, and navigate daily tasks. While technology has undoubtedly enhanced many aspects of life, an over-reliance on the digital world can stifle our natural creativity and disrupt the depth of human experience. As we move deeper into the digital age, the need to detach from our screens and reconnect with human creativity has become increasingly important.

The Rise of the Digital Overload

The 21st century has seen an exponential rise in digital engagement, with the average person spending several hours each day staring at a screen. Social media platforms, video streaming services, online news outlets, and mobile apps compete for our attention, often leaving little time for offline pursuits. The effects of this digital saturation are becoming apparent: rising anxiety, decreased attention spans, and a reduction in creative thinking.

One major issue lies in the passive nature of digital consumption. While scrolling through endless social media feeds or binge-watching a TV series, our brains are engaged, but not necessarily stimulated in a way that encourages original thought. We are fed a constant stream of curated content, limiting our ability to think critically, to reflect deeply, and to create from within ourselves. Moreover, the sheer volume of information can overwhelm our minds, making it difficult to focus or engage in more meaningful activities like art, writing, or innovation.

The Human Need for Creativity

Human beings are innately creative creatures. From ancient cave paintings to the development of complex language systems, our capacity to imagine and create has always been a defining characteristic of our



species. Creativity is not only limited to the arts, but it also plays a crucial role in problem-solving, innovation, and personal fulfillment. When we engage in creative activities, we tap into a part of our brains that fosters self-expression, emotional well-being, and cognitive growth.

However, the constant barrage of digital stimuli can dull this creative spark. When every moment is filled with distraction—from notifications pinging on our phones to algorithm-driven content pulling us into a digital rabbit hole—there is little room left for introspection or exploration of original ideas. True creativity requires time, space, and focus, all of which are in short supply in the digital age.

The Perils of Instant Gratification

One of the most profound ways the digital world hinders creativity is through the culture of instant gratification it promotes. Whether it's the dopamine rush from getting a "like" on social media or the convenience of immediate answers from a Google search, we have grown accustomed to receiving quick rewards without much effort. However, creativity is a process that often requires patience, experimentation, and even failure. Artistic endeavors, writing, inventing, or building something from

scratch are not instantaneous; they demand persistence and dedication.

In contrast, digital platforms thrive on quick, easy content consumption. This shift towards instant gratification undermines our ability to invest in longer, more fulfilling creative projects. Over time, the capacity for sustained focus weakens, making it harder to engage in deep work—the kind of work necessary for true innovation and creative breakthroughs.

The Benefits of Digital Detoxing

Detaching from the digital world, even temporarily, allows individuals to rediscover their innate creativity. A "digital detox," whether it's a few hours a day or a weekend unplugged from technology, can bring a sense of mental clarity and space for the imagination to flourish. Without the distractions of constant notifications or the pressure to stay updated on the latest digital trends, the mind is free to wander, reflect, and create.

Many studies have shown that people who take breaks from technology report increased feelings of calmness, heightened focus, and more original thought. For instance, taking a walk in nature without a smartphone or sitting down with a sketchbook or notebook can reawaken a dormant creative spirit. By allowing the brain to rest and recharge,

individuals can return to their work with a fresh perspective and renewed

Reconnecting with Human Creativity

To embrace creativity in a digital world, it is essential to cultivate intentional habits that prioritize offline activities. This might include engaging in hands-on hobbies such as painting, cooking, or crafting, which allow for tangible creation and provide a break from the screen. Reading physical books, journaling, or even engaging in long conversations without the interference of digital distractions can stimulate new ideas and foster deeper connections.

Another powerful way to reignite creativity is to set aside time for day-dreaming or "boredom." In the constant hustle of digital life, we often avoid boredom at all costs. Yet, studies show that moments of boredom can trigger creative thinking as the brain seeks ways to occupy itself. Allowing yourself to be bored—without reaching for a phone—can open up mental pathways to new ideas and solutions.

Conclusion

While the digital world offers convenience, entertainment, and efficiency, it also comes with significant downsides when overused. To fully experience the richness of human life and creativity, it is crucial to detach from the digital overload and reconnect with the creative process. By reclaiming time for reflection, imagination, and hands-on activities, we can rediscover the joy of creating something uniquely our own, without the constant influence of technology. Embracing this balance between the digital and the creative allows us to live more meaningful and fulfilled lives.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer

The author is an independent scholar

Is Manning Up Enough For Womxn?

Competency vs. Likeability. The former may not be enough if you are a womxn

Sabzara Ali

f you are a woman looking forward to pursuing a traditionally male-dominated profession, this simple strategy can increase your chances of being hired: Man Up. According to a recent study by Michigan State University, using male language to describe themselves in the application process can make women appear more suited for typically masculine jobs.

The patriarchal standards of masculinity have shaped the men's language to a great extent.

Traditionally, men speak in a forceful, abstract, and authoritative way. Men, for example, are more likely to use direct imperatives such as, "Get it done". Women, on the other hand, tend to use a tentative, indirect, and communal speech, relying on collaborative directives such as "let's do it". Since men have dominated the workplace for a long time, masculine styles have now become the gold standard for communicating in professional spaces. As a result, women who use feminine language in the workplace are often seen as less competent. So, to be recognised at the workplace, women are often advised to switch to more "forceful language", or to "man up."

However, the question remains: does Manning Up actually fix all of the issues that women face in the workplace because of their unique speaking styles? In reality, no, because these masculine styles contradict the characteristics of socially acceptable feminine speech. Thus, utilizing these styles diminishes women's likeability in the workplace, which inturn can limit women's professional advancement chances.

When women begin speaking like men, they have to face the social backlash for violating gender norms. Traditionally, men are expected to be "hardcore" and "tough" and women are expected to be "sensitive" and "soft spoken." When women break these norms and switch to a more masculine style of speech, society usually dislikes them because these styles make them appear less femi-



nine, and therefore, less of a woman. The Psychologist Linda Carli's experiment provides evidence for this. In her experiment, she found that women who spoke assertively were seen as more competent and knowledgeable by the audiences, but they were less likable to both men and women.

The potential downside of appearing less likable might outweigh the benefits of coming across as more competent through the use of masculine language. This could particularly place women at a disadvantage in hiring processes . This is because women using masculine styles like assertiveness are often perceived as "bossy," "rude," and dismissive of others' perspectives. This inturn diminishes their perceived suitability for the workplace. In a meta analysis of dozens of studies, it was found that women who assert their ideas and advocate for themselves are often viewed as less hirable by managers. Although they are seen as equally competent, they are liked less than men who engage in the exact same behaviors.

When women begin speaking like men, they have to face the social backlash for violating gender norms. Traditionally, men are expected to be "hardcore" and "tough" and women are expected to be "sensitive" and "soft spoken." When women break these norms and switch to a more masculine style of speech, society usually dislikes them because these styles make them appear less feminine, and therefore, less of a woman

Further, use of masculine language can attract negative feedback from the employers. Ultimately, this can make it harder for women to advance in their careers. It happens because women are evaluated more on their interpersonal traits such as likeability than on their actual skills. Therefore, it becomes important for women to care about how they sound.

By telling women to change their speech, we are reinforcing the notion that women's speech is intrinsically flawed. This can make women feel that they are unfit for jobs traditionally held by men, which, in turn, can prevent them from considering these jobs. Psychologist Tanja Hentschel found that when employers use stereotypically masculine language in job ads, female candidates view these jobs as unwelcoming. They don't apply as often and expect lower chances of success.

Women contribute in workplaces all over the world. As such, the work force carries a responsibility to make changes in their working culture to ensure that women are not discriminated against because of their distinct speech styles. Workplaces should be open to different communication styles. Managers should be trained to recognize unconscious biases in professional language. Clear criteria for evaluating candidates should prioritize performance—not personality or communication style. And if communication metrics are necessary, these should focus on results. Recruiting ads should also use and be checked for gender-neutral language to encourage women to apply for these

We're all entitled to express ourselves how we want, and especially through language. However, why do workplaces expect women to make compromises because of the sexism in so-called professional language. Rather than "manning up," I think it's time for the professional world to try womaning it up instead.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer

Minalism Are We Done with Modernity?

Azher Ahmad Dar

come rich and famous so they realise it's not the answer."

These lines were told by Jim Carrey. It is quite perplexing, in the sense that conventional wisdom has otherwise always been tilted toward amassing material resources as much as possible, thereby increasing the quotient of happiness or utility. It has always been perpetuated in everyday life that happiness is directly proportional to consumption. Is that so?

With the triumph of market fundamentalism and capitalism, this notion is said to have gotten stronger, with the capitalists speaking in pejorative terms of the totalitarian life of those living in the Soviet Union, with a total crackdown on what people eat, what they wear, etc. One positive thing, though, is that the whole world has ushered in the freedom associated with everyday life in terms of choosing whatever one wants. But is that freedom?

We will have to adopt the lenses of Emmanuel Kant and political philosophy in general. With the Industrial Revolution, we saw a tremendous increase in the production of goods and services, which directly improved the standard of living of people and their consumption of commodities. Saying that conspicuous consumption is the answer to satisfaction implies the intrusion of markets into everyday life. While markets have various moral limits, it seems that those limits have been violated in the guise of maximising consumer satisfaction.

Now, with postmodernism, we see an everyday contest happening between minimalism and maximalism. While maximalism has been an all-famous trend, it points to a positive relationship between conspicuous consumption and satisfaction. On the other hand, we see the rise of a new ideology or an alternative way of life, for that matter, which is minimalism. which means being satisfied with the little stuff instead of amassing too many material things. While it is not wrong that people consume, it is wrong that humans consume for the sake of consumption or because they are supposed to do so. One problem with humans is that they keep buying more and more stuff and are not satisfied with an assortment of their desired items

The reason for this, according to various psychologists, is that they do not know where and how they will be satisfied. Ryan Nicodemus, an American and the co-author of 'Everything that Remains', with Joshua Fields Millburn, had a fancy corporate job. Despite drawing a handsome salary, something was missing in him, in the sense that he was not happy in the usual sense of the word. His solution to fill the void was to purchase as many

goods as possible and find a solution in conspicuous consumption. However, to his surprise, it did not fill the void that he had in his life, despite having everything that the social world puts a premium on. His friend, on the other hand, whose name was Joshua Fields Millburn, also had a good corporate job .However there was a difference between them. It was that he was comparatively happy and satisfied with whatever he had had.

During a conversation, Ryan Nicodemus asked his friend why he was happier. The answer that came to his surprise was the pursuit of minimalism. For many months, he had been living a meaningful life with as few things as possible, in that he did not have to worry about what to wear or what to eat. They are now popularly known as minimalists, who have been popular in the West for their advocacy of the philosophy of minimalism. One particular problem, which is difficult for an ordinary person to understand, is human nature, which has always been shown in Hobbesian terms as selfish, nasty, nasty, brutish and restless.

While it is true that human nature is so, common sense is somehow wrong, and this ideology will likely linger forever. On the other hand, we had John Locke, who described the man in hunky dory terms, in the sense that everything is fine with man; he is not selfish, nasty, nasty etc., as has been perceived by conventional wisdom. Those calling human nature coherent and doggedly chasing tangible goods may be called those who believe in standard preferences, in the sense that preferences do not change.

However, all of these are partially wrong, as has been put forward by leftists, environmentalists, etc. Human nature can essentially be tweaked, either in a good direction or a bad direction. With the reigning of liberalism and the free market, we have seen that human nature has been painted with negative connotations, and efforts have been made by the marketing industry to change consumer behaviour toward conspicuous consumption. One answer to why human nature is not stable and can be changed is the role of the advertising industry in changing the consumer patterns of a person, be it toward good things or bad, for that matter. What this marketing industry has done is show what an ideal life looks like, which trigger cravings in those who can't afford to get them, leading to an unscrupulous life. The shift towards consum-

erism now, is all because of it.

Now that we are living in a modern age, it is an age where, because of all of this, the ends justify the means. Saying this points to the intrusive role of money in everyday life, which has become so pervasive that there is no second thought beyond money. That is exactly the reason why the modern age has a



moral deficit. We see various people saying "Had I had the information about the earning potential of social media, I would not have studied further', which is dangerous when we are talking of living a right life. The problem with it is that education is important; leaving education in the middle would make him a beast who would doggedly chase money, since money, in this case, money has no substantive instrumental value, which will ultimately lead him to do something, including unscrupulous things, to make as many as possible.

This is a grave peril of the socalled liberal order, which has made everyone a slave of his desire, to



While it is true that human nature is so, common sense is somehow wrong, and this ideology will likely linger forever. On the other hand, we had John Locke, who described the man in hunky dory terms, in the sense that everything is fine with man; he is not selfish, nasty, nasty etc., as has been perceived by conventional wisdom

put it in Kantian terms. We have CB Macpherson saying that liberalism has described individuals as possessive, who could do anything to get their wishes fulfilled, which has negatively impacted the real free-

dom of other people, specifically the lower middle class. He talks of two kinds of power: one is extractive power, which is gaining satisfaction by extracting a part of the capacities of another person and making him work for his desires. This, according to him, characterises the liberal world order, where the poor, or the have-nots, to put it in Marxist terms, do not have the opportunity to fully develop their power because their power is used and exploited by the big capitalists. A surprising ramification of the same, according to him, is the dehyphenation of the words liberal and democratic, because real democracy is based on the development of a kind of power, where everyone has equal chances of satisfying his desires', not implying sameness, so to speak.

An important example of the same would be the decolonial school, which exposed the Cartesian lenses of the West about environmental protection. In South America and the Oriental world at large, we have examples of people holding nature in high esteem, such as in Africa, where the natives considered the Earth an integral living part of their lives and protected it. What we saw after the colonial exploitation and the recent modernization, in general, is the brazen exploitation of natural resources because of the internationalisation of capitalism,to put it in Lenin's terms or the neo-imperialist project of the global North. Now the West has woken up from slumber, and it is strongly the case that they should pay reparations to third-world countries for their contribution to environmental degradation.

Ironically, the US has not even ratified the Kyoto Protocol or the Convention on the Rights of Children. All of this is because of consumerism. There is one argument, that often surfaces, related to modernity, which is that with time, humans

ought to change, which is doomed to deceive people by adopting immoral modern means to fulfil the ends, which will either put humanity in danger or the whole of modernity project will crash down. It seems likely that the project of modernity is falling because of a paradigm shift to decolonization, in the sense that people have moved away from the project, which has all in all destroyed the fuel of morality and religion in third-world countries.

The growing number of conflicts is a testament to it, especially in the West, in the form of wars like the Russia-Ukraine war and the Israel-Palestine war. One important drawback of modernity is the crisis of morality. People have become so blinded by the lure of luxury and money that it does not matter whether trying to sell bad things to children is scrupulous or otherwise. In the early 20th century, advertisements for children worked by appealing to parents to buy things. With technology and modernity, now children are directly approached and tricked into buying bad things, which is so dangerous and immoral of liberalism.

One important reason for this is reigning in deontological logic, which says that it is wrong to judge a person, implying maximum good is always right, which has been adopted by the liberals. On the other we have teleological logic which judges people for their good, implying that the maximum good is not always right. Not putting a moralistic premium on things is what has plunged the current order into crisis. While there may be divergences on the substantive matter of moral principles, there are some basic moral values, which are absolute and universal, that should guide human nature and have been missing throughout the modernity crisis. We have Emmanuel Kant defining freedom as autonomy, in that it implies that just consuming goods and desires is not freedom; it is being a slave to the desires beyond which people can't think. As per him, humans have given themselves a higher order, and acting on its path is what is called freedom.

Deep down, humans should think that it is wrong to expect happiness with the amount of money in hand. People talk of humans as people who are not satisfied with time, but they are partially wrong. I will talk about myself. I am happy with whatever little I have, but my happiness is only relative. I also see others who have been tweaked by the advertising industry to envy the ideal life, which has put them into a restless mode with the result that they do not have mental peace, and this hurts their growth and productivity.

Minimalism is being deliberate with the choices-not getting lured by fancy fast fashion-doing things that you feel like doing. A grave consequence of maximalism is ending up doing that job, which, although pays well, is not satisfying. This has lately been one of the grave regrets of every person who has gotten into the wrong vocation. It is highly pressing that the human brain needs a permanent resignation from modernity and to be happy with whatever it has; that is what would be satisfying. Now we have political philosophers like Habermas saying that modernization has led to a crisis of legitimacy, a crisis of rationality, a crisis of motivation, and a crisis of economy. In his opinion, modernity, especially the technological revolution, has led to a technical consciousness, and humans do not know what rational choices are. This is how the market has led people to put a monetary value on everything, even those that are non-marketable. Michael Sandel, in his book "The Moral Limits of Markets, says that everything has now become transactional. On the other hand, AG Cohen draws on the analogy of a camping trip to establish the efficiency of the common pursuit of goals instead of being possessive, which is exactly what the capitalist world order has done. There has been a valorization and patronization of self-interest and consent, so much so that now the relationship of parents with their children has become highly consensual, which has repeatedly been criticised by even supporters of the liberal wor order like Francis Fukuyama. The growing premium put on the word consent is because of the decline of trust among people today and a rise in murder, crimes, crimes and the abandonment of old parents, which has been most stark in the West, the so-called propagator of flawed capitalism and liberalism.

The author is a student of political science and economics at the University of Delhi

On Hold or in Overdrive: Decoding Inaction and Impulsivity

Alain Samson

ehavioral economics has dentified many psychoogical quirks and problems that negatively impact individuals' decisions. Two of the most basic tendencies that may lead to undesirable outcomes are inaction and impulsivity. While the failure to act (due to procrastination or inertia) and acting too quickly (due to impatience or immediate gratification) are opposites with respect to behavioral outcomes, they stem from similar psychological processes. Both are responses to uncertainty that are rooted in our intuitive, automatic, and emotional System 1 (as opposed to the deliberate, controlled, and reflective System 2).

The Role of Self-Control

A key factor that contributes to both inaction and impulsivity is a lack of self-control. Individuals' System 2 often struggles to regulate their System 1 impulses, leading them to place excessive weight on the here-and-now. For example, they may procrasti-

and favor spending money on short-term temptations rather than long-term needs. Time Discounting and Risk

nate their financial planning

Tolerance in Decision-Making
Whether or not a person is
prone to impatience or even
impulsivity depends on the
extent to which they prefer
present rewards over potentially larger ones in the future.

present rewards over potentially larger ones in the future. In behavioral economics, this is known as temporal discounting. Would you rather have \$100 today or \$120 next year? After a light bulb blows, will you buy just one light bulb at \$10 or three for \$25?

Our knee-jerk reaction is of-

Our knee-jerk reaction is often to maximize the amount of money in our pocket today. Being patient, on the other hand, is about seeing the big picture—a willingness to look at long-term costs and benefits. A problem may arise if this turns into an indefinite wait-and-see approach.

Whether or not patience is inaction in disguise may come down to another trait of interest to economists: risk tolerance. Risk-takers are often more impulsive, seeking quick

rewards, while risk-averse people may avoid action due to a fear of uncertain outcomes. A risk-averse person might put off investing in the stock market, weighed down by uncertainty about picking the right point in time, while an impulsive person might invest in cryptocurrency on a whim.

Situational and Dispositional Factors

An illustration of people's responses to contexts that involve uncertainty (due to too much rather than too little information) is provided by the concept of choice overload. For instance, some people may keep putting off a home insurance policy purchase because they feel overwhelmed with the available choices and the complexity of each option. Similarly, they may fail to switch an existing insurance policy even if a better deal is available elsewhere. Other people may buy the insurance based on a snap decision. In economic terms, both a lack of action and quick action may

result from perceived costs of

deliberation due to the time and hassle involved.

The tendency to either defer a choice or make an immediate decision can be seen in decision-making styles, which may also be applied more strategically. Individuals who prefer to satisfice will choose options that meet basic or simply "good-enough" decision criteria. For example, they may be happy to invest their retirement savings in a target-date fund, a pre-packaged portfolio that reflects the investor's time to retirement. In some cases, satisficing may lead to

impulsive decisions.
Individuals who maximize, by contrast, carefully weigh their choices to choose the optimal one. For example, they may decide to carefully design their own portfolio of stocks and bonds. As a result of their preference to process more information, however, they may be more prone to choice overload and deferral.

While satisficing can be a strategic preference rather than impatience in decision-making, a more dramatic and emotional perspective on im-

pulsivity would be contexts that elicit a fight-or-flight response—an emotional reaction to stress. This idea suggests that stress can either trigger an impulsive behavior (fightor-flight) or a freeze response, which results in inaction, especially if stress is prolonged. The source of stress could be in the scope or complexity of the decision (as suggested by choice overload), the importance of the decision (e.g., due to financial risks or being held accountable for the choice), or situational factors (e.g., stress induced by life events). Whether vou are prone to inaction or impulsive action in a stressful situation can be assessed by questionnaires like the Fight Flight Freeze Fawn Test.

Behavioral Interventions

There are different kinds of behavioral interventions that work with inaction or impulsivity. These nudges either embrace the shortcomings or work against them.

The best-known nudge that harnesses inertia is the setting of defaults, such as automatic pension enrollments. Other interventions are designed to spur individuals into action by making decisions easier, such as simply reducing the number of pension plan choices. Alternatively, implementation intentions encourage individuals to create specific plans for when and how they will act, such as managing their finances.

When it comes to impulsivity, the disease (i.e., short-term thinking) can also be used as a cure. For example, giving people a limited time window to make changes to their insurance plan taps into a fear of missing out to counteract procrastination. "Keep the change" programs that round up purchases accept people's spending behavior (which may be impulsive at times) in order to increase long-term outcomes in the form of savings. Similarly, impulse-saver programs provide app users with a "quick save" button to put away money on a whim.

Other nudges work against an excessive focus on the present and impulsivity. For example, programs that allow people to connect with their future selves via age-progressed photos have had some success in increasing savings behavior. Cooling-off periods for purchases are interventions that offset impulsive decisions.

Conclusion To wrap i

To wrap up, inaction (decisions on hold) and impulsivity (decisions on overdrive) are opposite behavioral responses that may occur in situations of uncertainty, overload or stress. However, they have a common origin in our intuitive, automatic, and emotional System 1, as well as limited self-control.

In behavioral economics, these responses can account for a range of suboptimal decisions. Behavioral nudges may help by either acknowledging and using these shortcomings or countering their effects. Understanding the psychological roots of inaction and impulsivity is key to designing interventions that improve decision-making, particularly in high-stakes areas like financial planning or health.

By arrangements with The

CONTD. FROM **FRONT PAGE**

Israel Readying

striking oil fields," Biden said during a rare appearance at the White House daily press

Biden's latest remarks came a day after he said the idea of an Israeli strike on Iranian oil sites was "in discussion," causing oil prices to shoot up amid fears of a sudden shock to the global supply.

The Washington Post reported Friday that dozens of Iranian missiles managed to break through air defenses and hit or land near at least three military and intelligence sites inside Israel.

The Post said it verified videos that showed 20 missiles striking the Nevatim air base in southern Israel and three striking the Tel Nof base in central Israel. Other videos showed that at least two missiles landed near Israel's Mossad spy agency headquarters in Glilot.

Iran warns Israel against attack

Wednesday, President Masoud Pezeshkian warned the Israeli regime against responding to Iran's retaliatory strike, stating that any response would be met with even greater force from the Islamic Republic.

Dr Pezeshkian revealed that Iran was asked to delay its response to the assassination of Hamas political bureau chief Ismail Haniyeh to allow for negotiations regarding a ceasefire.

He pointed out that the assassination occurred while Pezeshkian was taking his presidential oath, adding a particularly appalling element to the killing.

"We are not looking for war at all," he said. "We seek peace," but he underscored that regional security is deeply intertwined with the security of Muslims.

He further stated that the Israeli regime's provocations had forced Iran to react, noting that destabilizing the region's security serves neither European nor US interests.

Israel Pummels Lebanon Meanwhile, the Israeli military continued to

launch attacks across Lebanon. Airstrikes hit areas of central, northern and southern Lebanon. The Israeli military said it had struck "weapons storage facilities, command centers and additional terrorist infrastructure" near the capital, Beirut. That appeared to refer to the Dahiya, an area where Hezbollah holds sway and where clouds of smoke were seen rising on Saturday.

A huge Israeli strike around the same area earlier in the week targeted Hashem Safieddine, the presumed successor of Hassan Nasrallah, the recently assassinated leader of Hezbollah.

Israel's systematic targeting of Hezbollah leaders and their allies appeared to reach deep into Lebanon on Saturday. The armed group Hamas, which is based in Gaza, said that one of its commanders had been killed in an Israeli strike in the Lebanese city of Tripoli, near the country's northern edge. Hours later, Israel said it had also killed a second high-ranking Hamas commander in Lebanon.

As Israel kept up its campaign, Hezbollah on Saturday fired what Israel's military said was an estimated 90 rockets into northern Israel. Most appear to have been intercepted by air defense systems, and there were no immediate reports of injuries.

Concern has been building over whether the broadening war would further draw in Iran. which supports both Hamas and Hezbollah and launched a barrage of ballistic missiles at Israel earlier in the week. Iran's supreme leader, Ayatollah Sayyed Ali Khamenei, said on Friday that Iran could carry out additional attacks on

Hezbollah Loses

successor to late leader Sayyed Hassan Nasrallah, assassinated by Israel in a similar strike last Friday. As the chairman of Hezbollah Executive Council, Sayyed Safieddine is a very high-ranking member of the organisation. Sky News Arabia quoting Lebanese security sources reported that the chances of anyone surviving the targeted strike involving Safieddine in Dahiyeh were "almost zero."

Israel's Channel 12 claimed that IRGC Ouds Force chief Esmail Ghaani was also likely present at the meeting that was targeted by the Israelis and was reportedly injured. There has been no word from Iran or Hezbollah on these

Nader Hashemi, associate professor of Middle East and Islamic Politics at Georgetown University, says losing contact with Nasrallah's successor is "another serious and significant setback for Hezbollah"

"The wording that they've lost contact with him is an attempt to prepare Hezbollah sup-porters with the coming announcement that he has been confirmed dead," Hashemi was quoted by Al Jazeera as saying.

Exit Polls Give

Jamat-e-Islami, are projected to gain enough seats to play a possible decisive role.

The predictions suggest that Sajad Lone may secure victories in at least two constituencies, while Engineer Rashid, despite losing momentum in North Kashmir compared to his Lok Sabha performance, could still influence the outcome. Both individuals are expected to be critical in forming coalitions if fractured assembly is witnessed.

The Reliability of Exit Polls

Despite providing a snapshot of voter sentiment, exit polls have often missed the mark, especially in regions with complex and volatile political climates like Jammu and Kashmir. Several factors, including low voter turnout in certain regions, voting pattern shifts, and the dynamics between alliance partners, often lead to discrepancies between poll predictions and

actual outcomes. Exit polls rely on voter responses as they leave the polling booth, collected by survey agencies. This data is analyzed using mathematical models to predict seat allocations for different parties. However, the accuracy of these predictions can be influenced by the sampling methods, timing, and regional

In Jammu and Kashmir, factors such as voter turnout in militancy-affected areas, regional

allegiances, and alliances could heavily impact the final results. This was seen in 2014 when exit polls failed to account for the eventual PDP-BJP alliance that governed the state until its collapse on June 18, 2018.

As the countdown to the official results begins, these exit polls provide insights into what could unfold on October 8. With NC-Congress predicted to lead and BJP maintaining a strong foothold, the possibility of a coalition government looms large. Smaller parties and independents are expected to play a key role in shaping the next government in the region.

Exit polls may guide public discourse, but they remain estimates. Given the lessons from 2014, only the actual election results will confirm the political direction of Jammu and Kashmir. Until then, the wait continues to see whether these predictions hold true or if the electorate delivers a surprise once again. The results of the assembly elections will be announced on October 8. (inputs from PTI & KNO)

Leaders Dismiss

comfortable position to form the next government in the Union territory.

"This election was primarily to keep the BJP out of the power corridors, restoration of statehood along with land and job guarantees. I am seeing the (Congress-NC) alliance in a comfortable position to form the government," Karra

He said the mandate of the people is formation of the government against "divisive forces and hatemongers".

"People voted for redressal of their genuine grievances as they suffered a lot over the past 10 years with the top echelons of power both in the Raj Bhavan and Civil Secretariat working like kings. The BJP needs to explain to the people what they have done in the past 10 years,"

He said the BJP has no moral right to accuse the NC and Congress of reviving terrorism and said, "Everyone knows that terrorism shifted from Kashmir to the peaceful Jammu region. Only the goal post has changed in the past 10 years.'

The People's Democratic Party (PDP) said the exit polls were not reliable and it was too pre-

mature to talk about government formation. "We have seen that exit polls are not reliable. What matters are the numbers that will come at the end of counting," senior PDP leader Naeem Akhtar said.

Asked if the PDP will support the NC-Congress coalition if need be, Akhtar said it was premature to comment on that.

"They might not even need our support. Finally, a decision on this matter will be taken by the party. All said and done, we are still part of the INDIA bloc. We have not gone anywhere," he added.

Reacting to the exit poll predictions, J&K BJP president Ravinder Raina said his party contested the assembly polls with all its strength. "We are confident that BJP will emerge as the single largest party when the results are

out on October 8," he said. Raina said the BJP leadership that included Prime Minister Narendra Modi, Home Minister Amit Shah and party president J P Nadda cam-

paigned for the party and got tremendous support from the people. "BJP will emerge victorious on October 8 and will start working on the formation of the gov-

ernment. We fought the elections on our own strength. Our target is to win the elections with the blessings of the people and we will achieve splendid victory," he said. Most exit polls have given an edge to

Congress-National Conference alliance in Jammu and Kashmir, with the regional partner emerging as the single largest party.

The NC-Congress alliance is shown to just cross the halfway mark in the 90-member house. The Jammu and Kashmir Assembly elections were held in three phases on September 18, September 25 and October 1. The counting of votes will take place on October 8, along with

Will Never

against them in the just concluded assembly elections. They persecuted Muslims by demolishing their homes, mosques, schools and businesses and by doing all in its power to persecute them," said the NC leader when asked if BJP could form the next government if the election results threw a 'fractured mandate'.

"There's not a single Muslim minister in the NDA government-how many Muslims did they give the mandate for parliamentary elections?" he questioned.

I response to a question about chief ministerial candidate in light of the electioneering by the top Congress leadership, he said "We are jumping the gun let's first see the results then they will sit down and decide who is going to be the CM and who not"

The three-time former chief minister also said that it would be premature to make assumptions about a potential chief ministerial candidate because the EVMs have not yet opened and the election results have not yet been declared.

"Let me tell you one thing even if you have a full majority, you cannot say who is going to be what and what's going to happen. I am going to wait till the boxes are open and votes are counted on October 8," Farooq Abdullah told media here when asked if he was certain that NC will form the next government with a

The NC chief said that Congress will also emerge victorious in the Haryana assembly elections, saying that the people who have borne the brunt" of the present dispensation have decided to vote in favour of Congress.

New CM Will

assembly polls from Bijbehara in Anantnag

The J&K Reorganisation Act, 2019, specifies that the Lieutenant Governor of the "successor Union Territory of Jammu and Kashmir may nominate two members to the Legislative Assembly" to give representation to women "if in his opinion, women are not adequately represented in the Legislative Assembly."

However, in an amendment to the Act in July 2023, an addition was made to allow for the nomination of three more members to the Assembly -- two from the Kashmiri migrant community, including a woman, and one from the 'displaced persons from Pakistan-occupied Jammu and Kashmir'.

Iltija's remark on the chief secretary came after National Conference (NC) leader Omar Abdullah on Friday claimed that he has received information from the secretariat about the LG administration's move.

"The BJP has clearly accepted defeat in J&K. Why else would the chief secretary be assigned the duty to change transaction of business rules of the government to curtail the powers of the chief minister/elected government and assign the same to the LG?" Omar said in a post on X on Friday.

"Officers would be well advised to resist any pressure to further disempower the incoming elected government," he said.

Union Home Minister Amit Shah dismissed Abdullah's claim as "misleading and speculative".

"There is not even an iota of truth, as there is absolutely no such proposal," he said on X on

The three-phase Assembly polls in Jammu and Kashmir concluded on voter turnout of 63.88 per cent. The results will be out on October 8.

Arrangements For

till the counting of one round is completed, no fresh EVM will be placed on any other table for the counting.

Meanwhile, entry to the campuses housing counting centres has been restricted to officials authorised for the counting and no person without an authorised pass will be allowed to

come near the counting centres.

The district administrations are committed to ensuring that the entire process is conducted smoothly, following the principles of fairness and transparency as per ECI guidelines." a statement reads.

Results Apart,

the topic of discussion with the former Punjab chief minister, the Lok Sabha MP from Baramulla said, "When two politicians meet, politics will obviously be discussed.

Asked if the elections will throw up a hung assembly in J&K, Rashid said irrespective of the results, the control will lie with Delhi.

"Whether we are going to have a hung assembly here or any one political party gets majority of seats, the control lies with New Delhi because J&K is a Union Territory.

"Whoever forms the government here -- especially those who claimed to reinstate Article 370, statehood or Article 35A, or prisoners out of jails or to stop human rights violations or initiating talks with Pakistan -- it's an examination for them," he said.

Rashid said the party, which gets more results, will have to share more responsibility.

On whether the Union Territory assembly will be weak, Rashid said the legislature was not about power.

"When public representatives are chosen, when MPs and MLAs are chosen, they will be given some power. So, let them fight. If they think they will be powerless, then why did they fight in the first place?

"Or they should fight like me so that either Modi ji listens to them or they go to jail. I will wait till October 8, that's what is important to me," he added.

2 Killed In Kupwara

that they were heavily armed, well-trained and equipped.

"We are committed to thwarting nefarious attempts by elements inimical to peace and harmony in Kashmir," the official added. (KNO)

Yati's Blasphemous

Narsinghanand to maintain peace and communal harmony in the country.

"We have joined this protest to convey our strong resentment against the blasphemous remarks which have the potential to disturb the peaceful atmosphere in the country. The government must act against the culprit in accordance with the law of the land," state president of All India Confederation of Scheduled Caste, Scheduled Tribe and Other backward Classes, R K Kalsotra, said.

Another participant Jasbir Singh said the Sikh community strongly condemns the remarks of the "hate-monger" who should be jailed under Unlawful Activities (Prevention) Act (UAPA) immediately.

"We appeal to the people to maintain communal harmony," he said.

Safdar Ali, one of the leaders, said a deliberate attempt is made by the communal elements to create a wedge among the people under a conspiracy.

"It is the responsibility of the government to put such people behind bars. We hope strict action will be taken against him," he said.

J&K Religious

violence among communities. As there are no consequences for them, such elements indulge in these outrageous acts and get away with them," the MMU said in a statement.

It said despite his track record as a monger", "this man is out on bail which raises serious concerns about the intention of those in-charge of maintaining communal harmony."

"We demand his immediate arrest and the cancellation of his bail at the earliest. The sanctity of our faith must be respected, and the law must take its course to hold such offenders accountable," the statement added.

Shia cleric turned politician Imran Reza Ansari also strongly condemned the recent public speech made by Hindu priest Yati

Narsinghanand, where he appealed to Hindus to burn the effigy of Prophet Muhammad (pbuh). This hate speech is unacceptable and blasphemous, causing outrage and hurt among Muslims worldwide.

In a letter addressed to Union Home Minister Amit Shah, Imran expressed deep concern and outrage over the increasing incidents of hate speech and violence against Muslims in India. He emphasized that such incendiary language has no place in a democratic country like India, which prides itself on diversity and tolerance.

As a Muslim, Imran stated that blasphemy against the Prophet is deeply hurtful and offensive, creating an atmosphere of fear, intimidation, and marginalization for the Muslim community. Being a minority in India, Muslims are repeatedly insulted and offended by such hate speeches, which undermine their safety, dignity, and protection.

Imran drew attention to Anil Yadav, an aide of Narsinghanand, openly threatening to burn effigies of Prophet Muhammad (Pbuh) and Imam Ali (AS), depicted as demons, and inciting riots in India. This incitement to violence and hatred can lead to catastrophic consequences and must be addressed immediately.

Anjuman-e-Sharie Shiayan head Aga Syed Hassan Mosavi also condemned the blasphemous remarks against the Prophet Muhammad (Pbuh) made by the Yati Narsinghanand.

In a statement Aga Hassan said, anti-Muslim hatred was rampant in India for many years, but 2014 onwards, steps were taken to dehumanize Muslims.

Aga Hassan called on New Delhi to resolutely confront these abuses and all forms of insults to the Prophet (PBUH), and the Islamic religion, and to bring the instigators, those involved, and the perpetrators of violence and hate crimes against Muslims to justice, and the parties behind them to be held accountable.

Aga also called on Shankaracharyas to play their role in controlling these fanatics like Yati Narsinghanand and others who in the religious attire are bent upon to disturb the societal

School Teacher

three-member committee for an in depth inquiry into the matter.

Lt Gen Srivastava

studies and philosophy.

Recognised for his exemplary service, Lt Gen Srivastava was awarded the Sena Medal in 2011. His extensive operational experience is particularly relevant at a time when the Valley s facing rising tensions linked to infiltration from the Jammu region into South Kashmir.

On assuming command, he extended his greetings to the people of Jammu and Kashmir, reaffirming his commitment to work closely with the civil administration and the community to build a peaceful and prosperous future.

"He also urged members of the society to join hands with the security forces to overcome the challenges posed by terrorism," the spokesperson said.

As the mantle of leadership passes on, Chinar Corps remains a symbol of unity, resilience and hope, dedicated to securing the region, he added.

The 16-month period during which Lt Gen Ghai was at the helm witnessed a strong security architecture facilitating peace and stability in the region, the spokesperson said.

His tenure saw the conduct of two incidentfree Amarnath Yatras, the Parliamentary elections in May 2024, and the recent three-p Assembly polls. The Chinar Corps also achieved numerous

successes in counter-infiltration operations along the Line of Control (LoC) and in the Valley, thereby dealing a significant blow to the terror network, the spokesperson said.
The outgoing GOC will be remembered for

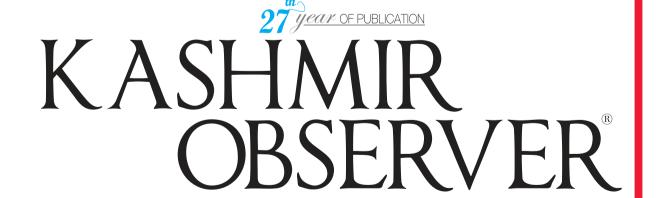
his humane and friendly approach, he added.

Meanwhile, Lt Gen Ghai extended his greet-

ings to the people of Kashmir and wished them

the very best for a bright and promising future.





VISIT

OR SCAN

The methods used to consume news have changed over time from newspapers, to television, to the Internet on our computers to carrying the news around with us 24/7 on smartphones in our pockets.

Kashmir Observer, with 27 years of experience in news gathering is now available 24x7 on all digital platforms like laptops, cell phones or via Bluetooth on your smart TV's across the world.

Kashmir Observer is a one stop information bank for you. Watch live debates, talk shows and documentaries on critical issues facing Kashmir on KO youtube channel.

OUR SPECIAL PROGRAMMES

UNRAVEL KASHMIR

https://www.youtube.

com/c/kobserver

THE OTHER SIDE

VOX POP

Cyclist Begins 3500 Km Journey To Spread Drug-Free India Message

Agencies

SRINAGAR: Raghuvir Khoda, a 71-year-old cyclist from Rajasthan, has started his journey on cycle from Kashmir's Ganta Ghar (Clock tower) in Lal Chowk, his remarkable 3,500 km journey from Kashmir to Kanyakumari, cycling across the length of the country to promote the drug-free India (Nasha Mukht Bharat) and environmental awareness.

His extraordinary feat has captured the hearts and minds of communities' nationwide, inspiring people of all ages to take action on two critical social issues.

Raghuvir's journey was celebrated by various social organizations, including Rehmat lil Alameen Foundation, chaired by Sheikh Firdous Ali, prominent socio-environmental activist like Dr. Touseef Ahmed and renowned social worker of

Kashmir Syed Aijaz Kashani. These groups recognized Raghuvir's indomitable spirit and

passion for making a difference.
They praised his determination to spread awareness about the dangers of drug abuse and the importance of environmental protection, both of which are pressing issues in today's world.

While starting his epic journey, Raghuvir shared his heartfelt message: "I want to inspire people, especially the youth, to join the movement against drugs and environmental degradation. Every individual can make a difference, and together we can create a better future for our children and the generations to come."

He further emphasized the power of unity in tackling these issues, encouraging every citizen to take small but meaningful steps towards reducing drug abuse and protecting the environment—(KNO)

Cyber Police Jammu Issues Advisory On Fraud Through Intimidation

Agencie

JAMMU: The Cyber Police Jammu has issued a critical advisory, warning the public against an increasing trend of financial frauds where fraudsters use intimidation tactics to extort money from unsuspecting victims.

The advisory highlights a recent surge in cases where criminals impersonate police officers and coerce victims into making payments by falsely claiming their family members are involved in criminal cases.

Cyber police said that in a shocking incident, a woman teacher from Agra, Uttar Pradesh, recently fell victim to such a scheme.

"The fraudsters called her, falsely claiming that her daughter had been arrested in a sex trafficking case. Overcome with shock and fear, the woman tragically suffered a heart attack and passed away. This case has sent shockwaves through the community and emphasizes the urgency of the advisory".

Cyber Police Station Jammu advisory stated, "Fraudsters are using increasingly devious methods to manipulate people. They prey on emotions like fear, using intimidation to force victims into making hasty decisions without verifying the facts. We urge the public to remain calm and cautious when receiving such calls."

The police have provided a set of safety tips to help people avoid falling into these traps:

Fraudsters rely on panic to push victims into quick decisions. Take a moment to gather yourself before responding.

Always ask for the caller's name and the agency they claim to represent. Do not make any payments without verifying their credentials.

Police Don't Demand Pay-

ments Over the Phone: Be cautious of any caller asking for immediate payment to avoid arrest or legal trouble.

If someone claims you or your loved ones are involved in a crime, contact your local police station or the relevant authorities to confirm the truth.

Never share sensitive information like PINs, passwords, or financial details with anyone over the phone.

"The public needs to be aware and vigilant to prevent themselves from becoming victims of such fraud," added the spokesperson. The Cyber Police have also reiterated the importance of education and awareness in preventing these crimes from spreading further—(KNO)

JKHCBAJ Felicitates Justice N. Kotiswar Singh, Justice Tashi Rabstan



Observer News Service

JAMMU: The Jammu and Kashmir High Court Bar Association, Jammu (JKHCBAJ) organized a grand felicitation function in presence of other Judges of the High Court, in honour of Justice N. Kotiswar Singh on his elevation to Judge of Supreme Court of India and Justice Tashi Rabstan on assuming office as the Chief Justice of High Court of Jammu and Kashmir & Ladakh.

The event began with a warm welcome by Parvesh Singh Salaria, General Secretary of the JKHCBAJ, who expressed immense pride in the accomplishments of both the judges. He praised Justice Kotiswar Singh for his humility and unwavering support to the Bar during his tenure as Chief Justice and commended Chief Justice Tashi Rabstan for his remarkable journey and leadership.

Vikram Sharma, Senior Advocate President JKHCBAJ, expressed heartiest appreciation for both judges. He acknowledged Justice N. Kotiswar Singh for his contributions towards the judiciary and his approachable nature. He also lauded Chief Justice Tashi Rabstan for his commitment to justice and fairness.

Sharma also presented a charter of demands on behalf of the Bar Association, address-

ing key concerns important to

the legal community.
Chief Justice Tashi Rabstan, in his address, thanked the JKH-CBAJ for organizing the event and assured the Bar that all genuine demands will be taken into consideration and addressed with due care. He reaffirmed his commitment towards working closely with the Bar for the betterment of the judiciary.

Justice Kotiswar Singh also addressed the august gathering, sharing fond memories of his experience working with the Jammu Bar. He praised the Bar for its dedication and professionalism, stating that his time as Chief Justice of Jammu and Kashmir had been one of his most rewarding experiences. He complimented the office-bearers of J&K High Court Bar Association, Jammu for ensuring that while Lawyers' grievances are redressed, yet the Justice

The event was organized smoothly with the efforts of Chetan Misri, Joint Secretary and Utkarsh Pathania, Treasurer, ensuring a well-coordinated function. The gathering saw the presence of other Justices of the High Court of Jammu and Kashmir, along with Judges of the District Judiciary, senior advocates, and esteemed members of the Bar.

Dispensation is not disturbed.

Illegal Riverbed Mining In Sukhnag River Beerwah

NGT Constitutes Committee, To Submit Report In 8 weeks

Observer News Service

NEW DELHI: The National Green Tribunal -NGT has once again come heavily against the illegal riverbed mining in kashmir and this time the tribunal has constituted a high level committee who are directed to visit the Sukhang River in Beerwah Budgam and submit a factual report within 8 weeks on illegal riverbed mining taking place in Sail village of Beerwah and adjoining areas. On Friday October 4th 2024 the NGT's Principal Bench of Justice Prakash Srivastava (Chairperson) , Justice A K Tyagi and dr Senthil A Veil (Expert Member) heard a petition filed by Dr Raja Muzaffar Bhat social and environmental activist wherein he had alleged that illegal riverbed in Sukhnag was causing environmental disaster plus destroying the aquatic life especially the trout fish

Advocate Saurabh Sharma who is the counsel for the petitioner in this case apprised the NGT principal bench with factual details and produced geotagged pictures of the heavy machines and dumpers extracting boulders from the Sukhnag Nallah in violation of J&K's Minor Mineral Concession Rules 2016. The counsel



for the petitioner also argued that due to halting of water flow in May this year more than 2000 fishes were dead in a nearby Trout Fish Farm owned by a local entrepreneur Peerzada Rayees and Govt didn't took any action even as communication was made between SDM, Tehsildar and Fisheries department.

The Principal Bench headed by Justice Prakash Srivastava in its order directed for the constitution of a committee that will look into the facts and submit the report in eight weeks. The committee members include Member Secretary Central Pollution Control Board-CPCB New Delhi, representative from the Ministry of Environment Forest and Climate Change-MoEFCC **Jammu and Kashmir Pollution** Control Committee and Director Fisheries JK Govt. "The Member Secretary J&K Pollution Control Committee will act as Nodal Agency in this case" reads the order

" While expressing satisfaction the petitioner Dr Raja Muzaffar Bhat thanked the NGT for taking cognizance of his case.

" In addition to environmental damages the people involved in the illegal mining were looting state exchequer as well because riverbed material worth Rs 20 to 25 lakhs was being looted daily from Sukhnag and not even Rs 25,000 are being deposited into the government treasury daily. Only a few crore rupees have been realized by the Geology & Mining Department and loot is on. The illegal work also violates J&K Minor Mineral Concession Rules 2016 " he said

The matter is again listed for hearing on January 14th 2025

KASHMIR'S TOBACCO EPIDEMIC

Lack Of Effective Policies Leaves Youth Vulnerable

Agencies

SRINAGAR: Tobacco use has reached epidemic proportions in Kashmir, with a surge witnessed in the consumption of tobacco products in recent years. One of the primary reasons for this increase is the easy availability of cigarettes, bidis and smokeless tobacco.

According to social activists, the lack of comprehensive to-bacco control measures in the region has allowed tobacco companies to market their products to vulnerable populations, particularly youth and low-income individuals.

Recent data from the National Family Health Survey (NFHS) shows a troubling rise in smoking habits among Kashmir's population.

A government survey from 2016 reveals that monthly spending on smoking tobacco in Jammu & Kashmir is much higher than in other regions.

The Global Adult Tobacco Survey (GATS) reports that approximately 70% of adults in Jammu & Kashmir are exposed to active tobacco smoke, which makes it the highest region in India for tobacco spending.

Since the launch of the National Tobacco Control Programme (NTCP) in 2016, efforts have expanded across all districts.

Data from the Directorate for Health Services Kashmir (DHS-K) shows that from 2020-2021 to August 2023, enforcement squads issued 2,967 challans, collecting a total of Rs 237,626 in fines during the 2023-24 period alone.

These figures reflect a marked increase in enforcement efforts; in 2020-21, only 271 challans resulted in fines totalling Rs 18,290. The following year, fines rose to Rs 20,250 through 324 challans. However, from August 2023 to August 2024, DHS-K reported



756 challans with a recovery of Rs 92,900.

Despite its rich tradition of holistic health practices, Kashmir has seen a sharp rise in tobacco use. A study investigating tobacco prevalence among individuals over 15 revealed that Kupwara district has the highest rate at 56.6%, while Jammu district has the lowest at 26.6%. Anantnag and Badgam districts follow closely, with 49.9% and 48.8% prevalence, respectively.

Among female tobacco users, Bandipora district leads at 9.1%, followed by Kupwara (6.8%) and Baramulla (6.5%). The lowest rates are found in Jammu (0.8%), Srinagar (1.9%), and Poonch (2.3%).

The study calls for increased awareness about the harmful effects of tobacco. It suggests that reducing tobacco use is a collective responsibility and should be addressed through public discussions about its mental, environmental, and health impacts.

According to the GATS report, smokers aged 15 and older in Jammu & Kashmir spend an average of Rs 513.60 monthly on cigarettes and Rs 134.20 on bidis, compared to Rs 399.20 and Rs 93.40, respectively, for the rest of India. The report reveals that passive smoking exposure is notably higher in Jammu & Kashmir, with 69.7% of adults exposed

to tobacco smoke at home.

Historically, tobacco and hookah use have been woven into local culture and accepted as social norms during gatherings. This cultural acceptance has inadvertently facilitated the ongoing popularity of these practices.

Illiteracy regarding the health consequences of tobacco exacerbates the issue.

Experts and activists call for a multifaceted approach to combat tobacco use in the valley.

Advocate Zahoor Bhat called for raising awareness about the risks associated with tobacco, including increasing taxes on tobacco products. "There should be mass awareness campaigns led by religious leaders who can address the issue in sermons," he said, adding, "The younger population, which is particularly vulnerable, needs to be informed

about the effects of tobacco."

Bhat advocated for targeted campaigns through various media channels, educational institutions and community organisations to disseminate critical information and debunk misconceptions.

"There is a need for accessible healthcare resources and programmes to support tobacco addiction treatment, including counselling, support groups and medical assistance," he said—(KNO)

Mirwaiz Returns To X After 5 Year Gap

Observer News Service

SRINAGAR: All Parties Hurriyat Conference chairman and Jamia Masjid's head cleric, Mirwaiz Umar Farooq on Saturday returned on 'X', formerly Twitter, after the gap of five years and said that India and Pakistan have a real opportunity at the upcoming SCO Summit to break the ice.

It was for the first time Mirwaiz posted on X after the abrogation of Article 370 and 35A and bifurcation of erstwhile Jammu and Kashmir into two Union Territories.

Mirwaiz posted, "After more than 5 years, mostly spent under house detention, when J&K, in the August of 2019, went through the rude shock and humiliation of losing its semi-autonomous status, was broken into two parts, downgraded to a union territory followed by a no-holds-barred



clampdown and communication blackout, I return to this platform with the same hope of peace and justice for the people of Jammu & Kashmir that I have always desired. Despite increased challenges, the resolve for peaceful resolution of the conflict remains stronger than ever. Generations of Kashmiris have been consumed by the uncertainty. We want an end to it, a fair closure. India and Pakistan have a real opportunity at the upcoming SCO Summit to break the ice and engage constructively. Hope

IGP Kashmir Chairs Crime, Security Review Meeting At PCR Kashmir



Observer News Service

SRINAGAR: Inspector General of Police (IGP) Kashmir Range, V.K. Birdhi Saturday said that Jammu and Kashmir Police is committed to maintaining safety and security in the region.

A police spokesperson in a statement said that the IGP has asked the officers to ensure transparency & accountability to safeguard rights, safety of citizens of the region.

IGP chaired a crime & security review meeting of Kashmir Zone at PCR Kashmir today. At the outset, IGP Kashmir took an overall assessment of the security situation of the Kashmir

This was followed by the presentations of district SSPs highlighting their efforts in crime prevention and maintenance of law & order in their respective districts. The discussions revolved around disposal of general crime, NDPS, UAPA and other cases. Actions taken under preventive laws and pend-

ing inquest proceedings were also discussed.

IGP Kashmir appreciated the efforts of the district chiefs in preventing crime and emphasized the need for improving the quality of investigation. He also underscored the need to improve the conviction rates by way of establishing a robust follow-up system for securing convictions in narco and terror related cases. IGP Kashmir also reviewed the current security situation and took stock of the preparations put in place for the upcoming counting day of

At the end of the meeting, IGP Kashmir reiterated the commitment of the J&K Police in maintaining safety and security in the region. He urged the officers to work for ensuring transparency, accountability and swift resolution of cases to safeguard the rights and safety of citizens.

the Assembly Elections-2024.

The meeting was attended by all the range DIG's, district SSP's and other senior officers.

Felicitation Event Held At Life School Chrar-I-Sharief



Observer News Service

SRINAGAR: A felicitation event was held at Life School Kashmir in Charar-e-Sharief to honor the class 10th students and NEET qualifier Aisha Imtiyaz. The ceremony recognized the hard work of all toppers, who received mementos and certificates for their achievements.

Prominent figures attended the event, including Mr. GN Var, President of the Private School Association, and educationists Mr.

Farooq Ashai and Mr. Hilal Anjum. Chairman Life School, Mr Baba Nazrul Islam praised the students for their dedication and the accolades they brought to the school.

Chief Guest GN Var commended the students on their success in the class 10 exams and qualifying NEET 2024. The event concluded with a vote of thanks from Mr. Nasir and Mr. Mudasir Nadvi, highlighting the importance of the students' accomplishments.

ASSEMBLY ELECTIONS-2024

Arrangements For Counting Of Votes Finalized At Ganderbal

Observer News Service

GANDERBAL: The Additional District Development Commissioner (ADDC) Ganderbal, Mushtaq Ahmad Simnani, convened a meeting to finalize arrangements for the counting of votes scheduled for October 8, 2024.

The meeting, held at DC Office was attended by Additional Deputy Commissioner (ADC) Gulzar Ahmad, Returning Officer (RO) for Ganderbal Assembly Constituency, DyDEO, Chief Planning Officer, District Infor-

matics Officer NIC, and other senior officers.

The ADDC took a detailed review of arrangements including water supply, electricity, medical facilities, sanitation, security, deployment of staff, establishment of Media Centre and other related arrangements.

He stressed the need for strict compliance with Election Commission of India (ECI) guidelines to ensure a transparent and

smooth counting process. The Returning Officers were instructed to promptly inform

all candidates and their representatives of the exact date, time, and venue for the counting of votes. Appropriate signages will be displayed, and all counting rooms will be notified in advance.

The Executive Engineer KP-DCL has been directed to ensure uninterrupted power supply at the venue, along with the availability of backup gensets.

Similarly, the Jal Shakti department will arrange water tankers and install water dispensers to meet the require-

ments at the venue. The municipal

The municipal Committee will ensure adequate toilet facilities and sanitation measures at the counting center.

A dedicated Media Centre will be established under the supervision of the District Information Officer. The center will feature a public address system and an LCD screen to display

real-time election results.

The ADDC directed that law and order be strictly monitored during the entire counting process to prevent any un-

toward incidents. A pedestrian zone will be declared within a 100-meter radius of the counting center to enhance security and manage crowd flow.

Simnani emphasized continuous oversight of all arrangements to ensure transparency and efficiency throughout the vote counting process.

The district administration is committed to ensuring that the entire process is conducted smoothly, following the principles of fairness and transparency as per ECI guidelines.

India Look To Regain Fight In Crucial T20 WC Game Against Pakistan

Press Trust of India

DUBAI: India will have to regroup quickly and iron out the imbalances in team combination when they face arch-rivals Pakistan in a crucial second group A match of the Women's T20 World Cup here on Sunday.

An early 58-run defeat to New Zealand on Friday has not just dented India's chances of entering the semifinals of the ICC showpiece, but it certainly has pushed them to a tight corner.

India's run-rate currently stands at -2.99 and it makes big victories mandatory for them in the remaining three matches against Pakistan, Sri Lanka and Australia.

The Harmanpreet Kaurled side was wretched in all three departments of the game against the Kiwis in its World Cup opener, and India now need a reversal within 24

It's tough but that is the



path they have to tread against Pakistan, high on confidence after beating a strong Sri Lanka in the first match on

As a first step, India will have

Radha Yadav, their second most successful T20I bowler with 22 wickets from 13 matches.

So, head coach Amol Muzumdar will need to take a long look at the combination as another defeat will seriously hamper India's chances of progressing to the last-four stage from Group A.

Though India have a head-tohead edge over Pakistan in T20Is, winning 12 out of 15 matches so far, they have the ammunition to stun any opposition.

Their bowling is especially formidable with the likes of experienced Nida Dhar, captain Fatima Sana and Sadia Iqbal leading the pack.

However, Pakistan will keep a close eye on the fitness lead pacer Diana Baig after she suffered a calf strain in the match against Sri Lanka, limping out after bowling just one ball.

Match starts at 3.30 PM IST

on October 6.

UT Level Wushu Championship For Girls Begins In Budgam

Observer News Service

BUDGAM: The Department of Youth Services and Sports Budgam inaugurated the Inter-Division UT Level Wushu Championship for Girls in the Under-17 and Under-19 age categories on Saturday at Sports Stadium, Charar-i-Sharief.

The championship was inaugurated by Shakeel ur Rehman, a prominent member of the Activity Section, DYSSO Budgam. He was accompanied by MBashir Ahmad Sheikh, Activity Incharge, ZPEO Narbal, along with other dignitaries and sports officials.

A number of athletes from both divisions of J&K participated in the event.

"The event aims to promote the spirit of sportsmanship and encourage young



ZPEO Bijbehara Organises Fit India Swachtta Freedom Run

performances

Observer News Service

ANANTNAG: Zonal Physical Education Officer Bijbehara organized a Fit India Swachtta Freedom Run on Saturday in Zone Bijbehara. The run was flagged off by Boys Higher Secondary School Bijbehara Principal Nasreena Akhter along with sports analyst Lal Mohammad Ganie and other officials of ZPEO Bijbehara.

The run kick-started at the ground of Boys Higher Sec-



culminated at Middle School

school students participated.

spective divisions," the de-

artment said in a statement.

Surya Reveals India's Opening **Combo For Bangladesh T20Is**



Press Trust of India

GWALIOR: India's T20I captain Suryakumar Yadav confirmed that Sanju Samson will open the batting with Abhishek Sharma in the series against Bangladesh.

India play Bangladesh in the T20I series opener in Gwalior on Sunday. "Sanju will open in this series."
Suryakumar himself bowled in
the previous series against Sri Lan-

ka and he is all for batter colling their arm over for an over of two if the situation demands "It can only be good if we can get couple of overs from the batters. In

this squad most of them can bowl. you have the skill why not.

Gwalior Welcomes International Cricket After 14 Years

International cricket will return to Gwalior after a 14-year gap on Sunday but going forward the city will not have to wait that long to host high-profile matches as the newly built stadium will allow MPCA to stage games "alternatively" with Indore, the state association's president Abhilash Khandekar informed PTI on Saturday.

The state-of-the-art Shrimant Madhavrao Stadium was inaugurated in June and is the new home of big ticket cricket in the city replacing the deteriorating Captain Roop Singh Stadium, which is run by the local corporation.

Speaking to PTI ahead of the India-Bangladesh T20I, Khandekar said Gwalior is a city with a rich cricketing history and therefore deserved a world-class venue

Varma Replaces Injured Dube For Bangladesh T20I Series

All-rounder Shivam Dube is ruled out of the three-match T20I series owing to a back injury, the BCCI said in a statement on Saturday.

'The Senior Selection Committee has named Tilak Varma as Shivam's replacement. Tilak will link up with the squad in Gwalior on Sunday

morning,' the statement added. India take on Bangladesh in the first of the three-match T20I series in Gwalior, on Sunday.

India's updated squad for the T20I series against Bangladesh: Suryakumar Yadav (C), Abhishek Sharma, Sanju Samson (wk), Rinku Singh, Hardik Pandya, Riyan Parag, Nitish Kumar Reddy, Washington Sundar, Ravi Bishnoi, Varun Chakaravarthy, JItesh Sharma (wk), Arshdeep Singh, Harshit Rana, Mayank Yadav, Tilak Varma

Short TAKES

1st T20l: Security Stepped Up In Gwalior

A head of the T20I contest between India and Ban-gladesh in Gwalior on Sunday, police have beefed up security in the city and at the venue, Madhavrao Scindia Stadium, officials said on Sunday.

Prohibitory orders have already been clamped in the city and over 2,500 policemen have been deployed to keep the match incident-free, they said.

Cops will be on the streets from 2 pm on Sunday. They will be on duty till spectators reach home after the day-night game is over, police said.

After prohibitory orders were invoked two days ago, police are also keeping an eye on social media for inflammatory material, officials said

Meanwhile, right-wing outfits Bajrang Dal and Hindu Mahasabha continue to oppose the match. HM has also asked business establishments in the city to remain shut on Sunday. Earlier, police had arrested some of its workers for protesting against the

Pakistan's Captaincy Debate Heats Up

Dakistan's head coach for limited-overs format Gary Kirsten has returned home with the board set to announce the successor to captain Babar Azam in white-ball formats later in the month.

Kirsten returned home after spending the last few weeks in Lahore and Faisalabad after watching the Champions Cup and attending several meetings with the selectors and board officials on the state of Pakistan cricket.

"Kirsten will join the Pakistan squad directly in Melbourne on October 29 for the white ball series in Australia, Zimbabwe and South Africa," a board official

Pakistan is due to play total of 18 matches — nine ODIs and as many T20Is – in these three countries in November-December, starting with the first ODI in Melbourne on November 4.

EPL: Liverpool Get Win At Crystal Palace

Diogo Jota's early goal was enough to give Liverpool a tight 1-0 victory at Crystal Palace on Saturday and ensure the Reds go into the international break top of the Premier League, though goalkeeper Alisson was forced off injured late on.

Palace had the ball in the net inside 30 seconds after Ismaila Sarr got in behind Kostas Tsimikas and centred to Eddie Nketiah, who finished deftly but had

The hosts started the game sharply but Liverpool took the lead with their first real attack in the ninth minute when Cody Gakpo ran on to Tsimikas' through ball down the left.

He centred for Jota, who breezed past Palace debutant Trevor Chalobah to poke home from close range and record his fourth goal of the season in all competitions.

CAS Cuts Paul Pogba's Doping Suspension

French soccer player Paul Pogba's doping suspension has been cut from four vears to 18 mont Court of Ar for Sport (C on Friday.

testosterone.

The Fran pended by I oping organisation NADO Itali 3 after testing positive for DHEA - a bang ce that raises levels of

The 31-year-old Pogba, who has a contract with Italy's Juventus until June 2026, denied any wrongdoing and said in February he would appeal to CAS.

'Finally the nightmare is over. Following the decision by the Court of Arbitration for Sport, I can look forward to the day when I can follow my dreams again," Pogba said in a statement.



In our latest podcast, we present Irshad Mushtag, founder of MI Securities. In addition, he is a financial expert who has helped countless individuals and businesses navigate complex financial landscapes. In this episode, we discussed different investment strategies, personal finance tips, and wealth building. The full video will be released soon on our YouTube channel. Subscribe Kashmir Observer channel for the latest updates.