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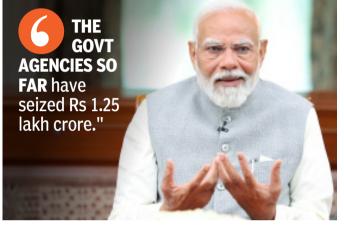
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Assets Seized In Corruption Cases

Planning To Return Money **To Poor: PM**



KO WEB DESK

New Delhi: Prime Minister Narendra Modi on Thursday said that the government is exploring options to return the money seized by the Enforcement Directorate in corruption cases to the poor. PM Modi said he is in discussion with legal experts to make this happen.

In an interview with India Today, Prime Minister Modi said, "I am putting a lot of thought into this because I feel from my heart that these people have looted the poor's money by misusing their position, and they should get it back."

"If I have to make legal changes, I will do it. I am currently seeking the assistance of the legal team. I have instructed the judiciary to advise me on what to do with the money that is lying around," PM Modi said when asked about the whereabouts of

the heaps of money seized by the Enforcement Directorate.

The Prime Minister noted that the new 'Nyaya Sanhita', which was brought in to replace the Indian Penal Code, "has some provisions" in this regard.

The government agencies have so far seized Rs 1.25 lakh crore, he added.

He mentioned Enforcement Directorate cases in West Bengal, Kerala, and the landfor-jobs scam involving former Bihar Chief Minister Lalu Yadav. "I have talked about a couple of types of corruption, one that is done in big businesses where the transaction remains secret. This is a problem. In most cases, innocent people paid for it, like in Bengal, in the case of recruitment of teachers," the Prime

Gear Up For Assembly Elections In J&K: Shah To BJP Leaders

Says Will Contest On All Assembly Seats

Agencies

Meets

Discusses

Demands

Srinagar: Expressing 'regrets' of sorts for not contesting on three crucial Kashmir Lok Sabha seats, Union Home Minister Amit Shah Thursday said that the BIP unit of I&K must gear up to contest on all seats in the upcoming

Assembly elections slated for September this year.



Shah stated this while interacting with the BJP delegation at The Lalit

s the Union Home Minister Amit Shah arrived Srinagar on A Thursday evening, several delegations of Gujjar-Bakarwals, Paharis and Sikh communities here met him at SKICC, where the Delegations, communities raised their demands with regard to the jobs, reservations and other related things. The participants said that | More on P6

Waheed Parra **Booked For Poll Code Violation**

Press Trust Of India

Srinagar: PDP candidate from Srinagar Lok Sabha constituency Waheed Parra has been booked for violating Model Code of Conduct (MCC) by holding a road show without prior permission in south Kashmir's Pulwama last month, officials

said on Thursday. The Srinagar constituency went to polls on May 13, registering about 38 per cent voter turnout which was the second highest in the past three decades. Parra is among 24 candidates in the fray from the seat. The officials said the FIR was lodged | More on P6

52-day Amarnath Yatra From June 29 LG Invites Devotees From India, Abroad To Join Yatra

Palace in Srinagar. The Home Minister arrived in

Srinagar this evening amid

tight security cover. As

per sources, he met sev-

eral delegations including

Gujjars, Bakerwals, Paharis

and Sikhs. At the end, he

met the BIP delegation

that include BJP's General

Secretary and J&K affairs

incharge Sunil Sharma and

other More on P6

Observer News Service

Jammu: Jammu and Lieutenant Kashmir Governor Manoj Sinha on Thursday invited devotees from India and abroad to the annual Amarnath Yatra which begins on June 29.

Sinha urged the devotees to become the messengers of equality, brotherhood, humanity and harmony.

"The Amarnath Yatra will tart on the 29th of next

Shah's Visit **Apolitical: BJP**

Agencies

nion Home Minister Amit Shah is on a two-day visit during which he is likely to chair a security review meeting. Shah arrived at a Srinagar hotel where he is scheduled to meet local BJP leaders ahead of the remaining two phases of elections in Jammu and Kashmir. A local BJP leader said Shah's visit to Kashmir is not political. "The Union home minister is coming to Kashmir but the visit is not political. Elections are

underway. The | More on P6

tha tujhse door nikal jayenge kahin, dekha to har makaam teri rahgujar mein hai," the LG said, "God is with you in

all your journeys. The 52-day pilgrimage to the 3,880-metre-high cave shrine in south Kashmir is scheduled to start on June 29 and conclude on August 19, according to the announcement by the Shri Amarnath Shrine Board (SASB).

prayers to Baba Amarnath In his address, the LG foand Mata Vaishno Devi," Sinha said while attending cused on Shravan Manan

69.43 per cent. The EC said there is enhanced focus on informing, motivating

to Srinagar from Thursday

Voter Turnout In First 4 Phases: EC

Press Trust Of India

New Delhi: The cumulative turnout in the first four phases of the Lok Sabha elections has been recorded at 66.95 per cent, the Election Commission said on Thursday, adding 45.10 crore of the nearly 97 crore electors have voted so far in the ongoing electoral exercise.

In a statement, the poll panel urged the electorate to come out and vote in large numbers in the coming phases.

According to the poll author-ity, the updated voter turnout in the fourth phase of polling held on May 13 was 69.16 per cent, 3.65 percentage points higher than the corresponding phase in the 2019 parliamentary polls.

The updated voter turnout figures for the third phase of polling in the Lok Sabha election stood at 65.68 per cent. In the third phase of the 2019 general election, the turnout was 68.4 per cent.

In the second phase of the election held on April 26, the turnout was recorded at 66.71 per cent as against the 69.64 per cent in the second phase of the 2019 polls. In the first phase of the ongo-

ing general elections, a 66.14-

per cent turnout was recorded.

In the 2019 polls, the turn-

out in the first phase was

Minister explained. Similarly, in Kerala, "the people's money in the Communist Party-run | More on P6

Tampering Of Indian Map To Invite 6 Months Jail

Asks Educational Institutions To Publish Map In Conformity With Survey Of India

Agencies

Jammu: The Government of India (GoI) has asked all the educational institutions across the country not to tamper with the map of India and publish it in conformity with the survey of India.

The government has termed tempering of map as a punishable offence and whosoever does will be punished with imprisonment which will extend upto six month or with fine, or with both.

In an order issued by the ministry of education, GoI ordered, "Whosoever publishes a map of India, which is not in conformity with the maps of India as published by Survey of India (SoI), shall be punishable with imprisonment which may extend to six months, or with fine, or with both."

"The Higher Educational institutions are requested to ensure compliance with the aforementioned law," the order reads. The survey of India publishes the | More on P6

month. I invite devotees from India and abroad for 'darshan' of Baba Barfani. I also encourage them to offer

'Engineer Wave' Grips North,

Threatening Established Parties

Shrimad Bhagavat Katha by Pujya Bhaishri Rameshbhai Oza at Katra.

Quoting a couplet "Socha

and Nidhidhyasan - the three pillars of Vedantic practice – to imbibe the Guru's | More on P6



Jama'at's Willingness For Electoral Comeback **Only Mainstream Politics** Will Be Allowed In J&K: BJP

Press Trust Of India

Srinagar: The Jammu and Kashmir unit of the BJP Thursday said only mainstream politics will be tolerated in the Union Territory under Prime Minister Narendra Modi's government at the Centre.

"This is Modi government and everyone has to believe in only mainstream politics and no right or left stream is allowed. There is no other way," senior BJP leader and in-charge Kashmir division, Sunil Sharma, told reporters here. He was referring to the

statement of former chief of

Jamaat-e-Islami (JeI) Ghulam Qadir Wani that his organisation will participate in the assembly elections if the Centre revokes the ban imposed on the outfit in 2019

Sharma said every organisation has a right to contest elections under the ambit of the Indian Constitution and law. "But no organisation which is anti-India or unlawful or involved in anti-national activity will be allowed or tolerated," he added.

"Any organisation under the Constitution will be allowed for political activity, and we welcome it." he added.

Asked about | More on P6

Srinagar Gears Up For Heatwaves: Action Plan Aims To Protect Citizens From Rising Temp

has altered the dynamics of

the race previously domi-nated by former CM Omar

Abdullah and Sajad Lone of

Massive outpouring

of

the Peoples Conference.

support for | More on P6

Auqib Javeed

Srinagar: Amid rising temperatures and potential heat waves in the valley, the District **Disaster Management Authority** (DDMA) Srinagar has come up with a "Heat Wave Action" plan for 2024-2025 to address the extreme summer heat.

plan The action has been introduced under the Chairmanship of Dr. Bilal Mohi-Din Bhat, Deputy Commissioner, Srinagar.

The main aim of the action plan is to reduce extreme heat impacts on vulnerable people like Children, pregnant women, elderly people and the people belonging to

economically weaker sections with early warning systems & integrated coordination with concerned agencies.

Heat-wave is a condition of atmospheric temperature that leads to physiological stress, which sometimes can claim human life. Heat-wave is defined as the condition where consecutively for three days or more.

A heatwave is declared for hilly regions when the maximum temperatures for a station reach 30 degrees Celsius or more. The average temperature in Kashmir Valley is between 19.1°C to 27.6°C from April to mid-September, The World Organization Meteorological (WMO) said in a report that



there is a "high probability" that 2024 will be another recordhot year and warned that the world's efforts to reverse the trend have been inadequate. Notably, the summer capi-

KO Web Desk

Srinagar: With around 17

lakh voters Baramulla con-

stituency is all set for polls on

20th of this month. But the

entry of a jailed former MLA

tal Srinagar on September 12,

2023 recorded its second hottest September day in 132 years since 1891, second only to the all-time high of 35°C on September 18, 1934

According to the action plan report,

| » | Urban Heat Island Effect | |
|----------|------------------------------|--|
| » | Mitigation Measures | |
| » | Stakeholder Involvement | |
| » | Training Initiatives | |
| » | District-Level Committees | |

Srinagar despite being located at a high altitude, surrounded by mountainous and forested areas and having large water bodies viz, Dal Lake, River Jhelum, the Hokersar Wetland etc., is not immune to abnormally high

Above-Normal Temperatures Grip J&K

ue to clear weather in Jammu and Kashmir, the heat has intensified, with temperatures crossing 40 degrees Celsius in Jammu. As the mercury rises across the region, Qazigund, the gateway of Kashmir, | More on P6

temperatures.

The report notes that the rapid urbanization and changing land use on the suburbs coupled with the congested residential and commercial areas in the city make the District a classic case

of "Urban Heat Island Effect" enhancing our vulnerability to abnormally higher temperatures, which when combined with the changing Macro-Climatic Scenario may lead to Heatwaves.

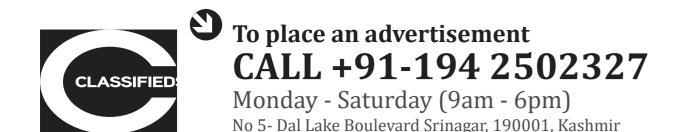
"In order to prevent such instances in the long run, inter departmental interventions aimed at heat-reduction such as development of Green Spaces, induction of Electric Buses, prevention of illegal conversion of Abi and Nambal lands and encroachment on water bodies and urban forests are being implemented vigorously," the action plan says.

This plan, according to the government, | More on P6

Er Rashid Trends On Twitter

ailed politician & independent candidate contesting from North Kashmir's Baramulla Parliamentary constituency, Engineer Rashid's entry into the electoral contest has introduced a new dynamic to the ongoing competition between NC's Omar Abdullah and Sajad Lone | More on P6

Syed Mohammad Burhan





'Over A Fifth Of Excess Deaths Linked To Heatwaves Over Past 30 Years Occurred In India'

Press Trust Of India

New Delhi- More than 1.53 lakh deaths a year were associated with heatwaves around the world, with over a fifth of these deaths - the greatest share - coming from India, according to new re-search looking at data over 30 years since 1990.

India was followed by China and Russia, with each experiencing roughly 14 per cent and 8 per cent of these heatwave-linked excess deaths, respectively.

The study, led by Monash University, Australia, found that heatwave-linked excess deaths accounted for about a third of all heat-related deaths and 1 per cent of total deaths globally.

Researchers also found that of the overall 1.53 lakh excess deaths occurring every summer, close to half came from Asia and more than 30 per cent from Europe.

Further, the largest estimated death rates (deaths per population) were seen in regions with dry climates and lower-middle incomes. The findings are published in PLoS Medicine.

"During the warm seasons from 1990 to 2019, heatwave-related excess deaths accounted for 153,078 deaths per year, a total of 236 deaths per ten million residents or 1 per cent of global deaths," the

authors wrote. For the study, the re-



searchers used data from the UK-based Multi-Country Multi-City (MCC) Collaborative Research Network that included daily deaths and temperatures from 750 locations across 43 countries.

Comparing the decade up to 2019 with that up to 1999, the duration of heat waves each year was found to have extended from 13.4 to 13.7 days on average around the world, with average ambient temperature warming by 0.35 degrees Celsius every decade.

The researchers said that while previous studies have quantified excess these pared longed duration.

sociated with substantial mortality burden that varspace and time) over the globe in the past 30 years,"

the authors wrote.

authors said.

government actions taken

to enhance health sector ad-

aptation and resilience can

have potential benefits, the

prehensive approach" tack-ling not only immediate health risks during heatwaves

but also implementing long-

term strategies to minimise vulnerability and inequalities

climate change mitigation policy, heat action plans

(e.g., heat early warning sys-tem), urban planning and

green structure, social sup-port program, healthcare

and public health services,

education awareness, and

"The strategies include

across communities.

They called for a "com-

www.jkbopee.gov.in Important Information The findings show that

Subject:

- Receipt of online application forms: w.e.f. 17-05-2024. Last date for filling up of the online application forms: 31-05-2024.
- Fee Rs. 500/- (Rupees five hundred only) to be paid online through Credit Card/Debit Card/Net
- Banking. ation Brochure can be dow loaded from BOPEE website viz www.jkbopee.gov.in The e-info

THE J&K BOARD OF PROFESSIONAL

ENTRANCE EXAMINATIONS

(BOPEE)

Notification No. 023-BOPEE of 2024

Dated 16-05-2024

eligible and desirous for appearing in the Common Entrance Test for admission to (10th based) Para-Medical

Diploma (FMPHW/ MMPHW) Courses for the academic session 2024 in various Government/Pvt. Colleges,

of Professional Entrance Examination Act, 2002 and the Rules and Regulations there under; JK Reservation Act,

2004 as amended vide J&K Re-organization Act, 2019, S.O. 69 dated 28-02-2020, S.O. 127 dated 20-04-2020,

S.O. 249 dated 23-07-2021, S.O. 277 dated 13-08-2021, S.O 176 dated 15-03-2024 and subject to further

contained in the Electronic Information Brochure-2024 which is available on the official website of the BOPEE

Online Applications are invited from Domiciles of the Union Territories of J&K /Ladakh, who are

ns of UT of J&K. The selection of the candidates to such courses shall be regulated by the J&K Board

ents, if any, made by the Competent Authority from time to time and the guidelines/information as

Notification for Admission to (10th based) Para-Medical Diploma (EMPHW/MMPHW) Courses

Tele/Fax: 0194-2433590, 2437647 (Srinagar): 0191-2479371, 2470102 (Jamn

Website: www.jkbopee.gov.in E-mail: coejakbopee@gmail.com/helpdeskjakbopee@gm

2024: Invitation of Online Applications thereo

- The syllabus for the examination/test is available in the e-Brochure.
- Date of Entrance Test: to be notified separately.
- The candidates, in their own interest, are advised to go through the information Brochure before filling up of Online Application Form. The Board shall not be responsible for any act of omission or commission in filling up of the Online Application Form by the candidate(s). It is incumbent upon the candidates to go through the information contained in the e-Information Brochure and agree to follow the conditions contained therein. No candidate can claim any alteration in any of the conditions which have been incorporated in the e-Information Brochure and notified in advance
- 8. The candidates are further advised to remain in touch with the BOPEE website www.jkbopee.gov.in The Board does not undertake any responsibility for any delay caused in publication of Notices/ Notifications in the Print Media (Newspapers) as delay, if any, in such publication(s) is not within the control of the Board, notwithstanding that the Board notifies the same on the official website(s) and forward the same for publication in the newspapers simultaneously on the date of issuance of the said Notifications/Notices etc.
- 9. The Entrance Examination conducted by the Board shall be offline

Online Application forms: The procedure for filling up of Application Form and eligibility etc. of the candidates has been given in detail in the e- Information Brochure.

Help Desk The applicants can also contact the Help Desk of I.T. Section of the BOPEE during the office hours and working days only on 0194-2437647 / 0194-2433590/ / 0191-2470102/0191-2479371 and or email- at <u>helpdeskjakbopee@gmail.com</u> for any assistance / guidance in this regard.

- Submission of Online Application Forms:

 The interested candidates have to upload the following scanned original / self-attested certificates in

 PDF format with size from 100-200 KB along with the Application Form:

 (i)
 domicile certificate of UT of J&K/UT of Ladakh as the case may be(For Candidates of UT of J
 - Ladakh, ST certificate issued by the Competent Authority of Ladakh shall be treated as Domicile Certificate). Qualifying marks (10th class) certificate; (where result is declared)
 - (ii) Date of Birth Certificate (Matriculation Certificate issued by the Board & not to be issued by the Municipal Committee); and (iii)
 - Reserved category certificate, if any (iv)
 - Any other documents, as requested

However, it is for the information of all the concerned that afore-titled documents as required for submission of application form shall be considered provisional and subject to change(s) vide any order as may notified by the Government subseq ntly.

Note:

- The candidates can change/ modify their online Application Form at any time before it is "submitted" online. However, for any subsequent modifications, if required, the candidates should approach the BOPEE office Srinagar/ Jammu personally. They are advised, in their own interest, not to share their **'login'** details with any other personally. They are taken any get an opportunity to change important details in the Application Form. They can check the status of their Application Form on the official website(s) of the BOPEE. If any form is not confirmed for want of required information, the candidate concerned must report in the BOPEE office Srinagar or Jammu by or before 1^{st} June 2024 failing which his/her Application Form shall be rejected without any further notice.
- The candidates must, after filling up all the required entries, ensure that their online payment has for calculates must, are mining up an the required entries, ensure that the online payment has been successfully made and all the requisite documents have been uploaded in specified format/size. Mere downloading of the Application Form does not mean that the candidate has submitted his/her Application Form successfully. Candidate should ensure that he/she keeps checking the status of his/her online application forms until it is scrutinized by the Board and approved/accepted.
- The candidates should enter valid e-mail address/mobile number on the application form, which Further, he/she should ensure that Rs. 500/- (five hundred) must be reflected against the fee paid Column mentioned in Online Application Form after taking printout of it.

ELIGIBILITY FOR ADMISSION urses: (FMPHW/ MMPHW)

Office of the Naib-Tehsildar Pattan

Executive Magistrate 1st Class

Subject: Issuance of Registration orders in respect of delayed Birth

Public Notice

The registar Births and deaths (EO Municipal Council Pattan/ Block Development Officer Pattan) has submitted a case file pertaining to Birth of Aliza Farooq D/o Farooq Ahmad Sheikh R/o Naqashband Rathsun Beerwah Tehsil Berwah District Budgam with verified date of event (birth) as 15-11-2020 occurred at SDH Pattan

In this connection, if anybody having any objection to the issuance of said registration may contact this office within seven (07) days, after which no objections shall be entertained.

> **Executive Magistrate 1st Class** Naib Tehsildar Pattan

Before The Hon Ble Court Of Ld. Civil Judge Senior Division At Pattan.

Caveat Application captioned below: In the case of: -

Gh Hassan Wani

Mohammad Maqbool Wani

Both son's of Late Nabir Wani

Both residents of Sultanpora Tehsil Pattan District Baramulla. (Caveator's)

Public at Large Mst Naseema Begum W/o Abdul Aziz Goknoo D/o Late Nabir Wani R/o Model Town Sopore Tehsil Sopore

Mst Haleema Begum W/o Abdul Hameed Wani 3.

Mst Shah Begum W/o Abdul Khaliq Wani Mst Zaina Begum W/o Abdul Gani Wani

All daughters of Late Nabir Bhanu

All residents of Sultanpora Tehsil Pattan Mst Sara Begum D/o Late Nabir Wani W/o Gh Ahmad Wani R/o Achabal Sopore

(Non-Caveators/Non-Applicants) In the matter of: Caveat application under section 148(a)

of cpc . May it please your Honour,

The Caveators/applicant's most humbly submits as under:-

That the Caveators/applicant's are the residents of UT of Jammu and Kashmir and are residing at village Sultanpora, Tehsil Pattan District Baramulla.

That the Caveators/applicant's have an apprehension that the non-applicants/Non-Caveators may file a suit or may also file an application for an interim relief.

That the Caveators/Applicant's through the medium of this application prays that should any motion be made by the Non-Caveators/Non-applicants against the applicant's/ Caveators, let no order be passed against the applicant's/Caveators in the interim application unless they be given an opportunity of being heard.

Hence this application.

fko

That rest of the grounds will be taken at the time of arguments of this instant application or interim application.. In the premises it is therefore prayed that should any motion be made by the Non-applicants/Non-Caveators against the applicant's/Caveators, let no orders be passed in the application for interim relief unless the applicant's/Caveators be given a chance to present their case against the same. For the same would be inconsonance with law and justice.

Caveator's through counsel

Office of the Naib-Tehsildar Pattan **Executive Magistrate 1st Class**

Subject: Issuance of Registration orders in respect of delayed Birth

Study Identifies 10 Fold Faster Rise In Rate Of Carbon Dioxide **Emission Seen During Ice Age**

Press Trust Of India

Carbon dioxide (CO2) is being released in the air at rates up to 10 times faster than at any other point in the past 50,000 years, including the Ice Age, according to a new research.

These rates could outweigh the rates at which the Southern Ocean can absorb human-released CO2, the study found. The Southern Ocean is a known carbon sink, studied to absorb significant amounts of carbon from the atmosphere every year.

Analysing ice samples from Antarctica, researchers found that the largest increase in CO2 levels occurring naturally was by about 14 parts per million, spread over a duration of 55 years. The increase was found to have happened during the Heinrich Stadial-4, the fourth of five cold intervals, known as Heinrich Events, associated with abrupt climate shifts around the world. The cold intervals were observed during the Ice Age, a colloquial term referring to the Last Glacial Period spanning 1,15,000 years ago to 11,700 years ago.

In this study, led by Oregon State University in the US, the researchers found that while such large jumps in CO2 levels used to occur about once every 7,000 years, such jumps take only 5-6 years at the current rates of CO2 being released, primarily coming from human emissions.

"Studying the past teaches us how today is different. The rate of CO2 change today really is unprecedented," said Kathleen Wendt, an assistant professor in Oregon State University's College of Earth, Ocean, and Atmospheric Sciences.

"Our research identified the fastest rates of past natural CO2 rise ever observed, and the rate occurring today, largely driven by human emissions, is 10 times higher," said Wendt, lead author of the study published in the journal Proceedings of the National Academy of Sciences.

community engagement and participation," the auies spatiotemporally (with thors wrote.

deaths due to heatwaves locally, they have not comestimates across the globe over a pro-

"Heatwaves are as-

While previous studies have shown several periods during the Ice Age when CO2 levels jumped much higher than the average ones, the researchers said those measurements were not detailed enough to reveal the "full nature of the rapid changes," thereby limiting scientists' understanding of what was happening.

NORTHERN RAILWAY

Notice Inviting Tender

Sr. DEE/TRD/FZR acting for and on behalf of the President of India i tes E-Tenders for the works as under. Bidders will be able to St. DECINDIFICATIon of the and on the resident of index and any such manual offers are not allowed against this ter submit their original/revised bids upto closing date 07.06.2024 at 15.00 Hrs. only Manual offers are not allowed against this ter and any such manual offer received shall not be considered.

| Tender No. | Name of work | App Cost (Rs.) | Cost of Tender form (Rs.) | | Money # | Completion period | Opening of tender | Website Particulars |
|---------------|---|---------------------|------------------------------------|---------------------------------|------------|----------------------|-----------------------------------|------------------------|
| FZR- | TRD work in c/w Upgradation/Improvement of 27 Nos. Goods Sheds over Firozpur Division. | ₹ 2,17,39,534.05 | NIL | Upto 07.06.2024 15:00 Hrs | 2,58,700/- | | 07.06.2024 after 15:00 Hrs. | www. ireps.gov.in |

Note: # Tenderer (s) may please note that offers received without Bid Security either in cash through e-payment gateway or as Bank Guarantee bond from a scheduled commercial bank of India or as mentioned in tender documents (as per Annexure-21 valid for a period of 90 days beyond the bid validity period, will be considered as incomplete & invalid offer and for which contracto shall have no claim on Railway 1488/2024

No.: 606-TRD-FZR-2024-25 Dated: 16.05.2024

Azadi

Serving Customers With A Smile

Government of Jammu and Kashmir **Office Of The Executive Engineer** PWD(R&B) Division Qazigund

CORRIGENDUM

- Subject: Development of Parking Yard(Outside) including construction of Drain at Walnut Factory Qazigund (Item No-04)
- This Office NIT No NITNo.01 OFR&B/QAZIGUND/2024-25 /E-TENDERING/133-Ref: 47 DATED:08-04-2024 (E-tendering)

Due to typo error please read Estimated Cost, GST Amount and

Earnest Money as under:-

DIPK

| Please Read | Instead of |
|---|---|
| Estimated Cost: 2944501.68 GST Amount: 449161.27 Earnest Money: 58890/= | Estimated Cost: 2926501.68 GST Amount: 431161.27 Earnest Money: 58530/= |
| All other terms and conditions shall | l remain unchanged. |
| No. 724-26 | Sd/- |

| 0. <u>724-20</u> | | 5u/- |
|------------------|-------------------|--|
| (-536/24 | dated: 16-05-2024 | Executive Engineer, R&B Division Qazigund |
| | | |

A candidate must

- (i) be a domicile of UT of J&K/UT of Ladakh as the case may be (if the candidate(s) applying for this course do not have domicile certificate at the time of filling up application form, he/she is advised to upload an undertaking certifying that he/she shall produce the domicile certificate at the time of counselling). For Candidates belonging to UT of Ladakh, ST certificate issued by Competent authority of Ladakh shall be treated as Domicile certificate; have passed 10th or equivalent examination from a recognised Board with Science & Math subjects;
- (iii)
 - have not crossed upper age as 35 years upto 31-12-2024.
- (iv) be medically fit.
- The candidates appearing/appeared in 10th class examination 2024can also apply, provided such candidates have qualified the examination onor before the date of counselling /allotment as may be notified by the Board.
- c. Syllabus etc.:

The syllabus, the tentative number of seats, Reservation Policy etc. for the examination are given in the e-Brochure. The examination shall be conducted in one sitting of two hours' duration and the paper shall contain 120 questions comprising different sections.

The eligibility is bare minimum/provisional and shall be subject to such changes/bench marks as may be fixed by the Para-Medical Council/ Board. The Board shall on receipt of any such comm concerned authority/Council notify the same, which shall govern the eligibility criteria.

Original Documents required to be submitted in the Institution at the time of Admiss

- a) Marks certificate of the qualifying examinations (10th class marks certificate);
- b) Date of birth (Matriculation / Secondary School Certificate) from a recognized Board;
- c) Domicile Certificate for candidates belonging to UT of J&K and ST certificate as a Domicile for candidates belonging to UT of Ladakh;
- d) Category Certificate, if any; Any other document as may be required by the Institution. e)
- Note:
 - The candidates having more than one reserved category certificate can get benefit of only one category indicated and uploaded along with the Application Form, which in no case shall be changed afterwards. The candidate, whose category certificate has not been found valid, will be considered in open merit, if otherwise found eligible without any further notice.

Candidates who select single choice/preference shall be considered for that course/college/Institute П. only.

Roll No Slip/Admit Card:

The Notification for downloading of online electronic Admit Card will be issued separately, if the test is conducted.

Venue for Conduct of Examination:

The Examination shall be conducted at Jammu / Srinagar simultaneously, as may be decided by the Board.

Issuance of Admit Cards and Date of Test:

Information with regard to availability of Online Admit Cards, Venue and Time of the Common Entrance Test will be issued separately in due course of time.

NOTE : -

- (i) The online submitted form is purely provisional and is liable to be cancelled at any stage subject to the final verification of the documents and even at any stage, where such a document is proved to be fake/false or fabricated.
- (ii) The seats shall be allotted to the candidates on the basis of the entries/category filled by candidates during online application forms. Hence candidates are advised to check their credentials/category after filling up of online application form and correction(s), if any, shall be rectified from the Board by physically visiting BOPEE office Jammu/Srinagar. However, the Board shall not be responsible, if any

wrong seat(s) be allotted to those candidates who have filled wrong category/entry while filling up of online application forms.

E&OE No. BOPEE/Exam-19/2024 (7593928) DIPK-NB-182/24 Dated: 16-05-2024

Sd/-**Controller of Examinations** J&K, BOPEE

The registar Births and deaths (EO Municipal Council Pattan/ Block Development Officer Pattan) has submitted a case file pertaining to Birth of Iyzal Qayoom D/o Abdul Qayoom Dar R/o Reshipora Tehsil Kreeri District Baramulla with vertified date of event (birth) as 20-04-2020 occurred at SDH Pattan In this connection, if anybody having any objection to the issuance of said registration may contact this office within seven (07) days, after which no objections shall be entertained. **Executive Magistrate 1st Class**

PUBLIC NOTICE

| I have applied for the issuance of D Class Contractor Car anybody has any objection in this regard he/she may file | |
|---|-------|
| her objection in the office of the S.E R&B Circle Shop | |
| POulwama H.Q Pulwama within a period of seven days from | i the |
| date of publication of this notice. After that no objection s | hall |
| be entertained. | |
| Mohammad Rafiq Dar | |
| S/o Ghulam Mohi Uddin Dar | fko |
| R/o Awind Shonian | |

PUBLIC NOTICE

I have lost my 8th pass Discharge certificate issued by Kashmir Public School Batapora Kanihama Magam . Now I have applid for the duplicate of the same if anybody has any objection in this regard he/she may file his/her objection in the Above mentioned office within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Ehsan-ul-Haq (DOB: 16-04-2011) S/o Parvaiz Ahmad War **R/o Peth Kanihama Admission No: 12**

bmg

bmg

PUBLIC NOTICE

I have lost my 8th pass Discharge certificate issued by Kashmir Public School Batapora Kanihama Magam . Now I have applid for the duplicate of the same if anybody has any objection in this regard he/she may file his/her objection in the Above mentioned office within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Inam-ul-Haq (DOB: 16-04-2011) S/o Parvaiz Ahmad War **R/o Peth Kanihama** Admission No: 13

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KASHMIR OBSERVER | Srinagar | Friday | 17-05-2024 🔾

Summer Delights: Ice **Cream Fever Grips Kashmir** With Soaring Temperature

Observer News Service

Srinagar: As the summer sun beams down on Kashmir, delightful frenzy engulfs the streets of Srinagar's city. Ice cream fever is in full swing, captivating locals and visitors alike with its irresistible allure.

From the quaint alleys to the bustling markets, the aroma of freshly churned ice creams fills the air, attracting passersby to indulge in a sweet escape from the scorching heat.

Among the myriad of frozen delights, the timeless charm of the famous 'Matka Kulfi' stands out as a beloved favorite, drawing crowds with its traditional flavors and creamy texture.

Tahoor, a local from Habba Kadal Srinagar, sharing his excitement, said summer in Srinagar wouldn't be the same without the ice cream craze! There's something magical about enjoying a scoop of 'Matka Kulfi' amidst the hustle and

bustle of Downtown. another Waseem, local, adds, It's not just about beating the heat; it's about savoring the essence of Kashmiri hospitality. Ice cream brings people together, sparking conversations and creating cherished memories.

and aromas, Abdullah, a Kulfi seller, said, "the 'Matka Kulfi' is crafted with love and care, using age-old recipes passed down through generations." He added, as the summer has just started, the sales are not so high, but they will go up as the day passes, and in the next two months, they will have a peak season. "As the heat wave starts to grip the valley, locals and

dulge in this seasonal de-

light," he added—(KNO)

Amidst the flavors tourists will flock to in-

Fee Fixation Committee Fines Private School In Srinagar

Parents Association Calls It 'Eye-Wash'

Observer News Service

Srinagar: President Parents Association Jammu has accused the J&K Fee Fixation Committee of 'corruption and nepotism' after the Committee claimed that it has imposed a fine to the tune of Rs 32 lakh on Minto Circle English Medium Senior Higher Secondary School located in Aloochi Bagh Srinagar.

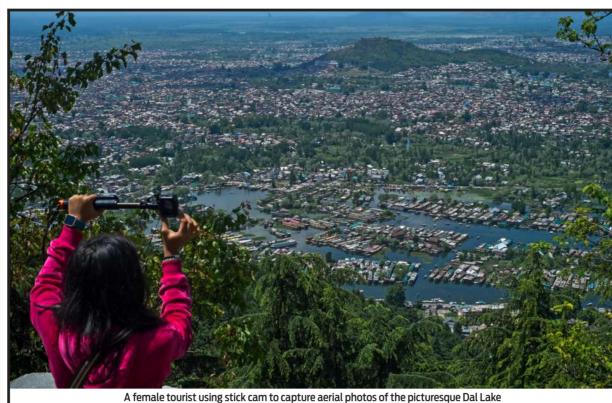
President Parents Jammu, Association Amit Kapoor said that the order issued by the Fee Fixation Committee is an eye-wash to mislead gullible parents.

"No fine has been imposed on the Minto Circle School, but only the management of the school has been directed to appear before the Committee on 17 May 2024 (tomorrow)," Kapoor told the news agen-CY KNT. Pertinently, the Chairman Fee Fixation Committee issued an order vide number 4033 in which it has claimed that Minto Circle School Aloochi Bagh Srinagar Kashmir has been fined for increasing the school fee by 20% in violation of the court order.

earlier, the Fee Fixation Committee allowed the school to increase fees and now it has claimed that a fine of Rs 32 lakh has been imposed on the school.

is an eye-wash and nothing else. The Committee uploaded the order on its official website to get media attention. It's

a sheer attempt to hide the failures of the Committee and befool parents," he said. Kapoor alleged that the Fee Fixation Committee has not left any scope for poor children to get education in pri-



from Pari Mahal Fort on a sunny Thursday afternoon. KO Photo by Abid Bhat

Man Develops Health Issues After Botched Hair Transplant

Authorities Order Closure Of 'Unlicensed' Clinic In Srinagar

Majid Nabi

Srinagar: The Health Department on Thursday ordered immediate closure of an 'unlicensed' hair transplant facility at Jawahar Nagar area of the city; after a client complained to have had major health problems following a 'botched' hair transplant surgery by an 'inexpert'.

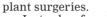
The action, officials said, was initiated following an online complaint by the aggrieved client on Jammu and Kashmir-Integrated Grievance Redress and Monitoring System (JK-IGRAMS), monitored J&K by Lieutenant Governor Manoj Sinha.

The affected client, according to the complaint, alleged that he was tricked by the Foliage Hair Expert Clinic Jawahar Nagar Sri-

The action, officials said, was initiated following an online complaint by the aggrieved client on Jammu and Kashmir-Integrated Grievance **Redress and Monitoring** System (JK-IGRAMS), monitored J&K by Lieutenant Governor Manoj Sinha.

nagar's fictitious advertisement, claiming only qualified medical professionals perform hair trans-

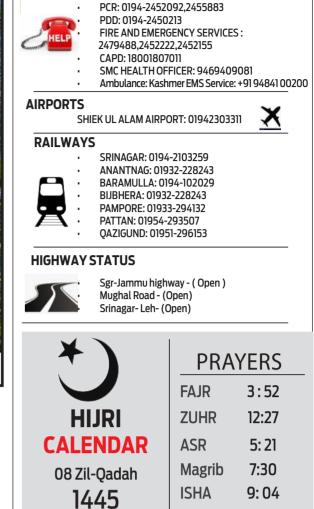
مشاورت کے لئے دستیاب ہیں



Instead of witnessing hair growth after spending a significant amount of money on the hair transplant procedure, he had serious health problems.

The Clinical Establishment Section CMO Srinagar ordered the facility to cease operations, no sooner the complaint was forwarded to the DHSK for investigation. The clinic, officials claimed, was operating without a license or authorization from the relevant authorities.

"Upon inspection, the team from the CMO office discovered that the clinic was operating without a license. The owner of the hair transplant facility was directed to immediately cease operations and submit a reply before the CMO office within three days," officials said.



TRAFFIC POLICE: 9419993745, 01998-266686

This Day In History

- 1756 -Britain declares war on France (7 Years' or French & Indiann War)
- 1803-John Hawkins & Richard French patent the **Reaping Machine**
- 1814- Denmark cedes Norway to Sweden (National Day)
- 1865- The International Telegraph Union (later the International Telecommunication Union) is established.
- 1897-The first successful submarine that can run submerged for any considerable distance and combines electric and gasoline engines is launched in the USA by its designer John Philip Holland
- 1902- Greek archaeologist Valerios Stais discovers the Antikythera mechanism, an ancient mechanical analog computer.
- 1940-Germany occupies Brussels, Belgium & begins invasion of France
- 1940- Nazis bombs Middelburg/B IJzerdrat begins illegal defiance
- 1948- Soviet Union recognized Israel



Move To Shift Capital

"If the school income is Rs 32 crore, that means the Committee has imposed a one percent fine. I can tell you with authority that the order of the Committee is a 'fabricated' one. It

vate schools as it has been shielding those private schools that loot the parents in the name of education.

He accused the Fee Fixation Committee of adopting double standards in getting their own orders not implemented and thus allowing selected private schools to charge exorbitant fees and loot the parents.

to detention." a state-

Kapoor said that

Mirwaiz Put Under House **Arrest Ahead Of Fathers Death Anniversary: AAC**

Observer News Service

Srinagar: Awami Action Committee (AAC) Thursday said that as martyrdom anniversary of its founding chairman late Mirwaiz Molvi Farooq is scheduled on the 21st of May, its chairman Mirwaiz Umar Farooq was again put under house detention on 3rd of May and informed that he cannot leave the house.

"Since then he has neither been allowed to visit Jama Masjid on Fridays to deliver the Friday sermon and offer prayers, or participate in any social and religious event. Visitors, including media persons are barred from meeting him. While the legal battle for Mirwaiz's release is ongoing in the court where the state authorities claim him to be a "free man", yet repeatedly subjects him

ment reads. AAC said that before 2019 the party would organize week-long commemorative functions to honor its leader and those killed in Hawal called the hafta e Shahadat. But in the current situation of pressure in all forms on people and leadership to conform, and choking of every space for expression to them , besides daily arrests and harassment . it is very unlikely that commemorative function's to pay homage to the beloved leader and the Marty's involving people's participation, will be al-

lowed by the authorities. AAC said that the shaheed leader resides in the hearts of the Kashmiri people, love and respect for whom has only grown in it with time; missed by them more and more with each passing day.



HPVT فارمیسی بلڈنگ، دوسری منزل -دریش کدل چوک، سری نگر، جموں و کشمیر

Sparks Debate

A M Sofi

RINAGAR - Even as the proposal to shift the summer capital of Jammu and Kashmir is yet to take off, controversy dogs the idea with debate rag¬ing for and against the govern¬ment move.

Giving vent to the opposition to shifting of the capital, several political parties, includ¬ing main opposition National Conference, said the massive expenditure needed for moving the secretariat and other offices could be diverted to building schools, hospitals and roads in the state.

"We need no new capital at an exorbitant expenditure of Rs 3.500 crore which could be uti¬lized for the betterment of Kashmiris by constructing schools, colleges, hospitals and roads which are in a dilapidated condition across the valley. NC President Omar Abdullah told PTI.

Ridiculing the idea, another senior leader of the party Ali Mohammad Sagar said "instead of finding ways and means to mitigate the problems of the people the PDP-led coalition government is trying to squan-der the funds for unproductive projects.

He asked the coalition gov¬ernment to desist from chang-ing the capital for "petty politi¬cal gains."

CPI(M), which supports the coalition government from out-side, opposes the idea. State Secretary of CP1(M) M Y Tarigami said "1 don't think it is a very serious move yet.

The government complexes should be moved a little away from the market and the beauti¬ful city but not relocated in any other place. Why go there (Parihaspora) to Lalitaditya. The kings are buried there let them rest in peace.

"It is wrong to assume that government wants to benefit villagers by moving the capital city. The government has in fact done very little for the upliftment of rural areas," he said.

Author of the proposal to shift the capital and Finance Minister Muzaffar Hussain Baig said the basic objective behind a new capital was to decongest and develop Srinagar as an exclusive tourist resort 'with heritage villages and other amenities to make it among the most attractive tourist destinations on the globe.

The proposal for a new capital has received the Centre's nod which would be ready within next three years at an. estimated cost of Rs 3.500 crores, he said.

Opposing the idea, Chair¬man of National Democrat-ic Front and former MP Abdul Rashid Kabuli accused the gov¬ernment of not attending to the problems of Srinagar, a city of 15 lakh people.

Shifting capital from Srinagar to Parihaspora and moving government offices to rural areas is like shifting of Union capital from Delhi to South India, Kabuli said.

The city of great antiquity has had a chequered history which dates back to 250 BC when king Ashoka founded Srinagar as capital which occupied the site of the present Pandrethan about five runs from Srinagar and named it as Srinagari.

The place was the venue of the Buddhist conference during the reign of Kanishka and Muslim preachers, Syed Sharifuddin Bulbul and Mir Syed Ali Hamdani chose this place to spread Islam, he said, adding the latter capitals of Kashmir founded by successive rulers lost their importance to the city. It was during the Dogra rule (1846-1947) that Srinagar be

sides being the capital of Kashmir was elevated to the status, of the summer capital.

Travellers and tourists have been drawn in numbers to see symbol of the paradise on earth and pilgrims and preachers have found the city a place for attainment of ultimate spiritual contentment. (Kashmir Observer, 17 May, 2005)

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KASHMIR OBSERVER®

Friday | 17-05-2024

Engineer Rashid Factor

he jailed Kashmiri politician Engineer Rashid's decision to contest the ongoing Lok Sabha polls from the Baramulla parliamentary seat has added an unexpected twist to the election campaign in North Kashmir. His entry into the electoral fray has injected a new factor into what was previously perceived as a two-way contest between the National Conference (NC) and the People's Conference (PC). The implications of Rashid's candidacy are profound and promise to make the North Kashmir constituency a battleground like never before.

Rashid, who is currently incarcerated in Tihar Jail, has fielded his son, Abrar Rashid, to campaign on his behalf. Despite his father's absence, Abrar has been actively engaging with the electorate, conducting roadshows and rallies throughout the constituency. The response to these campaigns has been overwhelming, especially among the youth, who see Rashid as a symbol of resistance against the status quo.

One of the key factors that make Rashid's candidacy significant is his potential to influence and divide votes across various assembly segments. In the 2019 parliamentary elections, Rashid managed to secure over 1 lakh votes, a testament to his popularity and support base in the region. His appeal cuts across party lines, and his entry into the race has forced both the NC and the PC to reassess their strategies.

For the NC, led by Omar Abdullah, Rashid's candidacy poses a significant challenge. While the party has traditionally enjoyed strong support in North Kashmir, Rashid's presence has the potential to eat into its voter base. Similarly, the PC, led by Sajad Lone, is facing an unexpected hurdle in its bid to consolidate power in the region. Rashid's popularity, coupled with the sympathy factor due to his incarceration, has made him a formidable contender in the race for the Baramulla seat.

He candidacy has also brought to the fore the complex web of alliances and rivalries that define Kashmiri politics. With the BJP eyeing the Baramulla seat in collaboration with its allies, the electoral dynamics have become even more convoluted. While the BJP is hoping to capitalize on the division of votes between Rashid and the traditional Kashmiri parties, the former's supporters remain undeterred.

Rashid's brand of politics, which is characterized by its unapologetic stance on issues such as Kashmiri autonomy and human rights, has struck a chord with many in the region. His entry into the electoral process has made the North Kashmir contest more interesting and unpredictable than ever before. Regardless of the outcome of the election, Rashid's presence has already left a mark.



Is the Traditional Way the Best Way to Invest?

Mindful Fridays

Naming Emotions Why Words Are Key to Children's Mental Health

Wasim Kakroo

In today's fast-paced world, children's mental health has become a pressing concern. Amidst the multitude of strategies aimed at supporting their mental wellbeing, one foundational aspect stands out: enriching their emotional vocabulary. Understanding and articulating emotions is not merely a linguistic skill but a crucial component of psychological development and mental health. In this article, we will delve into why enhancing the emotional vocabulary of children is essential for their mental wellbeing.

The Foundation of Emotional Intelligence

Emotional vocabulary is a fundamental element of emotional intelligence, a skill that enables individuals to recognize, understand, and manage their own emotions as well as those of others. Daniel Goleman, a pioneer in the field of emotional intelligence, emphasizes that emotional awareness begins with being able to name one's emotions. Children with a rich emotional vocabulary can identify and express their feelings more accurately. This capability lays the groundwork for effective communication, empathy, and social interactions.

Enhancing Self-Awareness

Self-awareness is a critical aspect of mental health. When children can label their emotions, they gain insight into their internal states. For example, a child who can distinguish between feeling "frustrated" and "angry" can better understand the nuances of their experiences. This awareness helps them to reflect on the causes of their emotions, promoting a deeper understanding of their reactions and behaviors. As a result, children become more attuned to their needs and can communicate these needs more effectively, reducing feelings of confusion and distress.

Fostering Emotional Regulation

A robust emotional vocabulary also plays a pivotal role in emotional regulation. Emotional regulation refers to the ability to manage and respond to an emotional experience in an adaptive way. When children can precisely identify their emotions, they are better equipped to employ appropriate strategies to cope with them. For instance, a child who can articulate are feeling "anxious" rather than just seek specific coping mechanisms such breathing, talking to an adult, or enga calming activity. This precision in event emotions helps to prevent the build addressed emotional stress, which ca more significant mental health issues.

Building Resilience

Resilience, the capacity to recoverficulties, is closely linked to emotiona



A child who can distinguish between feeling "frustrated" and "angry" can better understand the nuances of their experiences. This awareness helps them to reflect on the causes of their emotions, promoting a deeper understanding of their reactions and behaviors

better able to perceive and relate to the feelings of others, fostering deeper and more meaningful connections. dation for their future mental wellbeing.

Practical Strategies for Enriching Emotional Vocabulary



Did You Know?

Irshad Mushtaq

ost middle-class people tend to save their money in fixed deposits, insurance, and traditional social obligations such as gold?

This has been a common practice for many years, but is it really the best way to save and grow your money?

Many middle-class individuals are comfortable with in fixed deposits in banks or buying unbox ause they feel that these are safe opuons. They like the idea of guaranteed returns and the security that comes with these investments. However, what they fail to realize is that the rate of return on these investments is often lower than the rate of inflation. This means that their money is actually losing value over time.

Similarly, investing in gold has been a popular choice for many people, especially in countries like India. However, the traditional way of investing in gold by *buying jewelry* or Bank issued coins is not always the most profitable. When it comes time to *sell* these items, the buyer often deducts a significant amount for making charges, premium leaving the investor with less money than they had hoped for.

In today's world, with advancements in technology and access to various investment options, there are better ways for middle-class individuals to grow their money, with some percentage of money Investing in quality shares or mutual funds, for example, has the potential to provide much higher returns than traditional savings methods, generally which rich people do,like FIIS, With proper research and guidance from financial experts, it is possible to see significant growth in your investments over time.

It is important for individuals to understand that their money should be working for them, not the other way around. By diversifying their investments and choosing asset classes that have the potential for higher returns, middle-class individuals can ensure that their savings are growing and keeping pace with inflation.

In conclusion, while it may be comfortable to stick to traditional savings methods like fixed deposits, insurance, and gold, it is important for middle-class individuals to explore other investment options that have the potential for higher returns. By taking a more proactive approach to their finances and seeking out expert advice, they can secure a more financially secure future for themselves and their families.

The author is a writer and investor. He is the founder of M I Securities and is a Business Partner at Sharekhan, Srinagar, J&k. Reach him at: Irshad@bp.sharekhan.com their emotions are better able to navilenging situations. By articulating t ings, they can seek support and soluti effectively. This proactive approach mitigates the immediate impact of s also builds their ability to cope with f versities. A rich emotional vocabular children with the tools to face life's i challenges with confidence and resilience.

Enhancing Social Skills

Social competence is another critical benefit of a rich emotional vocabulary. Children who can express their emotions clearly and appropriately are more likely to build positive relationships. They can communicate their needs, empathize with others, and resolve conflicts more effectively. Empathy, in particular, is deeply rooted in the ability to understand and articulate emotions. When children recognize and name their own emotions, they are

where children can express their emotions is more conducive to learning, as it promotes a sense of safety and belonging.

Promoting Long-Term Mental Health

to cut Carbon

emissions ...

The impact of an enriched emotional vocabulary is long-lasting. Children who develop this skill are likely to carry it into adulthood, where it continues to benefit their mental health. Adults with a well-developed emotional vocabulary are better equipped to handle stress, maintain relationships, and navigate the complexities of life. By investing in the emotional vocabulary of children, we are laying the fountily and name their emotions. These tools can be particularly helpful for younger children who are still developing their language skills.

5. Role-Playing and Games: Role-playing different scenarios and using games that involve identifying and expressing emotions can make learning emotional vocabulary fun and engaging.

The author is a licensed clinical psychologist (alumni of Govt. Medical College Srinagar) and works as a Child, Adolescent and Family therapist at Centre for Mental Health Services (CMHS) at Rambagh Srinagar. He can be reached at 8825067196



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Promoting Knowledge & Education Through More Public Libraries in Kashmir

am writing to bring attention to the pressing need for an increased number of public libraries in the beautiful region of Kashmir. Public libraries serve as invaluable institutions that foster knowledge, literacy, and community development. However, the scarcity of such facilities in Kashmir hinders the region's progress and deprives its residents of the myriad benefits that public libraries offer.

Kashmir, known for its rich cultural heritage and intellectual traditions, deserves to have robust public libraries that cater to the diverse educational needs of its populace. These libraries would serve as intellectual hubs, facilitating the exchange of ideas, promoting literacy, and nurturing a love for learning among individuals of all ages. They would provide a sanctuary for students, researchers, and the general public to access a wide range of books, periodicals, and digital resources.

A well-established network of public libraries in Kashmir would address several critical issues facing the region. Firstly, it would bridge the educational divide by providing access to resources for students who may not have access to a personal collection or digital devices. This would help level the playing field and enhance educational opportunities for all, promoting a more inclusive society.

Secondly, public libraries would foster a culture of reading and lifelong learning. They would encourage intellectual curiosity, critical thinking, and imagination among the residents of Kashmir. Reading is not only a means of personal growth but also an essential tool for societal progress. Libraries would enable individuals to explore diverse perspectives, promote cultural understanding, and contribute to the overall intellectual development of the region.

Furthermore, public libraries would become vibrant community spaces, hosting various educational and cultural events. They could serve as venues for author talks, book clubs, workshops, and exhibitions, bringing people together.

Basit Hussain

PARESH .

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Think Opinion Analysis Essays

KASHMIR OBSERVER® Srinagar | Friday | 17-05-2024

A Helmet a Day

The critical role of road safety measures

Zahid Lone

elmets are not just accessories; they are life-saving devices designed to protect individuals from traumatic head injuries in the event of accidents, particularly in motorcycle collisions. The importance of wearing helmets cannot be overstated, as they serve as a vital barrier between the hu-man skull and potentially fatal impacts. Despite their proven effectiveness, there remains a concerning trend of ignorance and disregard for helmet safe-ty among certain segments of the population. Helmets are engineered to absorb and dissipate the force of impact during accidents, reducing the risk of severe head injuries such as skull fractures, concussions, and traumatic brain injuries. They consist of sturdy outer shells made of materials like polycarbonate or fiberglass, coupled with en-ergy-absorbing padding and a comfortable inner lining to provide cushioning and protection. The design of helmets undergoes rigorous testing to ensure optimal effectiveness in real-world crash scenarios. Despite the clear benefits

of helmet use, there exists a dangerous level of ignorance and misconceptions among some individuals regarding their necessity. Some riders perceive helmets as uncomfortable or cumbersome; while others believe they impede vision or restrict hearing, compromising their ability to navigate traffic safely. Addi-tionally, cultural factors and societal norms may influence attitudes towards helmet use, with some viewing it as optional rather than essential for personal safety. Addressing these misconceptions requires targeted education and awareness campaigns to debunk myths and highlight the life-saving potential of helmets. The repercussions of not wearing helmets extend far beyond individual riders, impacting families, communities, and healthcare systems. According to the World Health Organiza-



ddressing the issue of helmet safety requires a comprehensive approach encompassing public education, enforcement of helmet laws, and promotion of safer riding practices

tion (WHO), helmets reduce the risk of head injuries by approximately 70% and the risk of fatalities by 40%. However, motorcycle accidents involving unprotected riders often result in catastrophic head injuries, leading to permanent disabilities or fatalities. The economic burden of these incidents encompasses medical expenses, rehabilitation costs, and lost productivity, placing strain on healthcare resources and society as a whole.

Addressing the issue of helmet safety requires a comprehensive approach encompassing public education, enforcement of helmet laws, and promotion of safer riding practices. Governments, non-profit organisations, and community leaders must collaborate to instil a culture of responsible riding, emphasising the non-negotiable importance of helmet use through targeted awareness campaigns and outreach initiatives. Access to quality helmets should be enhanced, and incentives such as subsidies or tax breaks can encourage widespread adoption among all segments of the population. The imperative of helmet safety transcends individual preferences is a collective responsibility to safeguard lives and prevent needless tragedies on our roads. The evidence supporting the effectiveness of helmets in reducing the severity of head injuries is unequivocal. and vet, there persists a dangerous disregard for their use among certain segments of the population.

However, by raising awareness, debunking misconceptions, and promoting the use

of helmets through concerted efforts, we can instil a culture of responsibility and accountability on our roads. It is not just about personal choice; it is about protecting oneself, loved ones, and fellow road users from the devastating consequences of preventable accidents. As we strive to build safer transportation environments, we must prioritise safety education, enforce existing helmet laws, and advocate for policy changes that incentivize helmet use. Access to quality helmets should be enhanced, ensuring affordability and availability for all riders, regardless of socioeconomic status.

Ultimately, the journey towards improved road safety requires a collective commitment from governments, communities, advocacy groups, and individuals alike. Together, we can create a future where every journey is undertaken with safety as the foremost priority.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer

Obituary

MOUJI/MOTHER

With all my love, Muneeb In honor of my mother Mrs Zarina Faiq who left for her heavenly abode on My 20th, 2023



Dr. Muneeb A. Faiq

Dearest Mother,

Tche hiuv kan wuchhum nai wafa daar mouji Mea nish chaien tcchaie lavi samsaar mouji

It has been a year since you departed from this earthly realm, leaving your little earthling wandering above the sod. The ache in my being still echoes as intensely and powerfully as it did at that deeply sorrowful moment when my unfortunate shoulders carried the heaviest possible burden.

Your absence has left an infinitely deep abyss where I am perpetually falling through a mist, every droplet stabbing me a million times in each tiny crystal of time.

By embodying selflessness in its purest form, you prioritized your children's flourishing and thriving above all else, forsaking any personal comforts or luxuries.

Your love, unyielding and unparalleled, and your guidance, invaluable and indispensable, have played a critical role in shaping us into the individuals we are today. For this, we are eternally grateful. Your

spirit lives on in every act of kindness we carry out, in every smile we share, and in every tear that bathes our eyelashes. Your presence dwells deep within every

churn of my heart and your fragrance infuses the very air I breathe with delightful aroma, a constant reminder of the immense love and warmth you bestowed upon us.

Though you may no longer be with us physically, your legacy of love and strength is etched within our hearts and minds, a beacon of light guiding us through life's trials and triumphs.

As one long year of your absence fades into history, your memories flood my heart and soul with an intensity that is heartwrenching, sending waves of pain down the spine of my soul.

Your absence crushes the very marrow of my being. Your unconditional love, selfless-

ness, and unwavering support continue to resonate within me, a testament to the remarkable person you were.

You were not just my mother, but my rock, my confidante, and my greatest ally. Your grace, strength, and kindness were unparalleled, illuminating our home with a radiance that can never be dimmed.

I miss your gentle voice, your comforting embrace, and the warmth of your smile. I miss the way you put others before yourself, tirelessly working to provide for us without ever seeking recognition or reward.

As the world marvels at us today, it is your unseen influence and guidance that truly deserve the admiration of all.

Your memory lives on in every selfless act, in every moment of compassion and empathy. Your legacy inspires us to be better, kinder, more loving individuals, just as you were.

I carry you with me and within me wherever I go, drawing strength from your wisdom, courage from your example, and love from the eternal bond we share.

Despite being a gifted wordsmith, I will never be able to articulate the depth of my love and gratitude for you, but know that you are cherished beyond measure and missed beyond words in a way scales and encyclopedias can never fathom.

Your presence is felt in every beat that makes my heart go, in every thought that echoes within my cranium, and in every breath that illuminates the teeniest units of life within my being.

Until the threads of fate draw us together again, my dear Mamma, know that you are forever loved, forever remembered, and forever cherished.

Your legacy lives on in the hearts of those who knew you, and your spirit shines brightly in the lives you touched. May you rest in peace, knowing that your love continues to illuminate our lives and the lives of multitudes of those you never met.

Prophetic Medicine: Holistic Healing With Hijama

AMMARAH AHMED

've always been fascinated by the concept of healing Lthrough exploring inner strength. Whether the journey is physical, mental, emotional or spiritual, I find it inspiring to see how we can uncover our God-given potential to bring about positive change. There came a time in my life when I recognized the need to prioritise my health holistically, encompassing the mind, body and spirit. I had formed a deeper connection with my faith, and wanted it to be the anchor in all aspects of my life. My pursuit to be a better Muslim was also the driving force behind my journey in seeking wellness

Initially I had to sift through a lot of the pop culture junk: "read this or that, eat this or that, follow this workout routine ..." There's no denying that many people find success in following those ideas. However, I was looking for something with its roots in cultivating a higher level of deen. So I turned to the source where we can find many answers: the sunnah of Prophet Muhammad . As an adult, I now appreciate the inspiration and guidance that we find within the sunnah on a deeper level.

I came across Prophetic medicine (al-tibb al-nabawi), a particular part of the sunnah that consists of remedies, treatments and therapies recommended by Prophet Muhammad , with the fundamental understanding that Allah is the ultimate Healer, Ash-Shaafi. This knowledge gave me comfort and hope.

"There is a remedy for every malady, and when the remedy is applied to the disease it is cured with the permission of Allah, the Exalted and Glorious." [Sahih Muslim 2204] A mind-body-spirit approach to healing is especially emphasised in Islamic tradition. These are basic elements of one's being that influence worldview, actions and expe-

riences. It's crucial to nurture

each aspect. Within the gold mine of Prophetic medicine, I learned about Hijama. The sunnah practice of Hijama involves wet-cupping therapy (WCT), during which a certified practitioner makes minor superficial incisions in the top layer of the skin and uses suction cups to draw out "bad blood" that contains toxins and buildup. If the idea of small cuts to your skin sounds scary, don't worry WCT has been practised for centuries around the world. And you can find comfort in

the knowledge that Prophet Muhammad regularly practised Hijama. "The best medical treatment

you apply is cupping." [Sunan Abi Dawud 3857] The Arabic word Hijama

means to "suction out" or "to return to a natural state." Contrary to modern medicine, which introduces chemicals to the body, "alternative" methods like Hijama withdraw harmful substances in order to let the body heal within itself. Hijama cleanses your bloodstream of toxins and buildup and encourages fresh blood circulation, helping to restore your body to homeostasis, with

functioning stably and in balance. According to research, Hijama is said to improve

where all body systems are

 Acute pain conditions, as well as chronic pain conditions, such as fibromyalgia, rheumatoid arthritis, carpal tunnel syndrome, inflammation and other painful joint-related conditions

Female infertility and hormonal conditions like endometriosis or polycystic ovary syndrome (PCOS) that disrupt the reproductive system

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- Mood disorders, such as depression, stress and anxiety
 Headaches and migraines
- Skin concerns like acne and eczema
- Overall function of major body systems The idea of using our body's tools to heal resonated with me. I was inclined towards Hi-

jama, but still wanted to know more about the process and what to expect from it. In my quest to learn more about this Prophetic practice,

I came across a few Muslim women who pursued this treatment therapy for different reasons. Fortunately, they were willing to share their experiences which helped me

gain insight on the Hijama experience. Please note: Pseudonyms have been used to respect the privacy of these women.

What can Hijama do for the mind?

Yousra (20s) pursued Hijama therapy to help manage general stress and anxiety. Here's what she said about her experience.

"I felt super rejuvenated after getting it done. It helped with brain fog and just lightened my mood, and I feel more inclined to making better choices concerning my overall health."

Yousra isn't alone. As women – as humans – life is a series of changes, within our personal and professional lives, within our minds and bodies. Naturally, our mental and emotional states endure some of the chaos. To help manage the stress, it's crucial that we allow ourselves to pause, rest and recuperate every now and then.

What can Hijama do for the body?

Alia (30s) provided an understanding on how Hijama therapy can help someone cope with chronic health conditions.

body completely "My changed once I entered my 30s. I suffer from chronic inflammation and polycystic ovary syndrome, which sometimes causes general fatigue and pain, especially in my shoulders and back. I started considering different types of body therapy. I didn't know much about Hijama except for what my friends and family told me. I was hesitant but wanted to see if it would live up to the amazing reviews I heard."

Alia and I faced the same hurdle of finding a Hijama practitioner; it can be difficult to know where to look. Ultimately, we both found our practitioner through recommendations from fellow Muslim sisters. (Note: if you find a good practitioner, make sure to recommend them to your family and friends who are interested.)

"The relief I felt after the wet cupping process was almost instant. I felt lighter and emotionally and physically renewed. I knew it had worked because I could feel the difference between my upper body (where I did Hijama) and my lower body (where I didn't). Needless to say, I went back for another session for my lower body. Alhamdulillah, so far I've had only good experiences and I will definitely be incorporating this into my health routine as recommended by my practitioner!"

It was comforting for Alia to

know that Hijama can be used to treat the uncomfortable chronic effects of common conditions like inflammation and PCOS. For many women, the go-to treatment from their doctor is medication that isn't always as effective as needed, or just doesn't align with their health goals. People similar to Alia might find relief in a naturopathic treatment like Hijama.

Furthermore, Hijama can also be used to treat conditions that affect the major body systems like the immune and respiratory systems. Maha (40s) suffered from lingering effects of COVID-19 for several weeks before she turned to Hijama for relief.

"When nothing helped alleviate my post-Covid cough or the inflammation at my throat and my esophagus, Hijama helped me breathe and regain my voice."

It's important to note that Hijama isn't only for people who have health concerns. You can use it as preventative therapy or simply to experience the physical, mental and spiritual benefits.

What can Hijama do for the spirit?

Maha says, "It feels great. It elevates the mood, helps reduce pain by reducing inflammation, and creates a sense of vitality." As a result, Maha has the energy and clarity of mind to build her spiritual connection with Allah.

Hijama can uplift dull energy levels, which can positively impact our worship. I personally found that Hijama reinvigorates your spirituality by improving focus, helping to create higher taqwa in worship. Try to set up a solid routine when it comes to things like salah, engaging with the Qur'an and dhikr. These acts of worship already come with their own spiritual benefits to help you in your overall Islamic wellness. Hijama can help boost its quality.

Getting ready for your first session

Maha: "You should be sure you trust your practitioner. Even though it looks intense, it's not scary or invasive."

Hearing the experiences of these women helped me get comfortable with Hijama. Finally, to get a better idea of the Hijama process, I talked to a well-established Hijama practitioner, The Hijama Expert. Here's her advice.

1. Always verify your practitioner's credentials Ask about your practitio-

ner's qualifications, and look for a certificate that indicates legitimate educational training and experience.

2. Build and maintain a good relationship with

your practitioner You need someone who understands all your health concerns and can really support you throughout your wellness journey.

3. Make sure to hold a consultation

Discuss any concerns with your practitioner, and they'll let you know how Hijama can help you. A good practitioner will walk you through the process of Hijama to make sure you fully understand what it entails.

4. Treat Hijama as a supplement to other necessary measures

Don't rely solely on Hijama to heal you. Take other factors into consideration, whether that means a lifestyle change, other therapies, or medical treatments if needed.

My Hijama experience

One of the easiest ways to find a legitimate practitioner

is by asking around for reliable recommendations. Some cities might have clinics that offer WCT, but for me, this was hard to come by. Ultimately, a friend referred me to her practitioner.

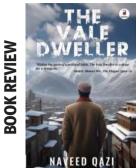
My Hijama practitioner advised me to fast 2-3 hours before my session. Upon arrival. I was welcomed by a peaceful atmosphere that immediately put me at ease. My practitioner took the time to reassure me of her training, experience and certification. During a brief consultation, I shared any health concerns I had. After our discussion, we agreed to proceed with Hijama on my entire back, aimed at providing general pain relief, a bodily reset and a boost in energy.

My session started with a back massage to promote blood circulation. Following that, she made small incisions across my upper, mid and lower back, and started the cupping therapy. It's not a painful process; I'd say the only discomfort you might feel would be from the pull of the suction cups. The whole process took around 30 to 45 minutes, the effects were pretty much immediate and have lasted several weeks.

Since then, I've felt an undeniable change. I have noticed an increase in energy, improved sleep and enhanced focus. It's also improved my concentration in prayer which has contributed to my spiritual growth, Alhamdulillah. I believe having this sort of reset encourages you to be more mindful regarding all aspects of wellness. It's made me mindful of dedicating more time to my health, even if it's as simple as going out for a walk to get some sunshine or spending more time in dhikr.

The article was originally published by Amaliah

NEWS



'The Vale Dweller' Is The Latest Addition To Kashmiri Fiction

KO WEB DESK

Srinagar: The Vale Dweller announces a new arresting voice in Kashmiri fiction. With book endorsements from writers such as Shakoor Rather, Nayeema Mahjoor and JCB nominated author Shabir Ahmad Mir, this poignant novel written by columnist turned fiction writer Naveed Qazi tries to embody itself as a literary plea for a transformative change in Kashmir towards peace, prosperity, and is a rational attempt of literature involving intellectual and philosophical realms.

First self-published in 2019 by Amazon KDP, the novel is pitched by New Delhi based The Book Bakers Literary Agency, and is traditionally published by Alcove Publishers. In its 194 pages, the author laments on identity crises, economic troubles of the city, hostile political awakenings, political corruption and transcends the nature of storytelling due to usage of symbolisms, and a parable forming nature,

due to multi-faceted characters. As there are several fictional places, made up organisations, and other strong imaginary things presented in the book's universe, there are dashes of magical realism as well. While the story mostly revolves around a

neighborhood, the novel, in its strong character arcs, involving several unusual characters, even generalises the human dimensions and turbulency of Kashmir since 1990s. The characters consist of an introspective protagonist, a bibliophile friend working as part-time editor, a university professor turned politician, an assassination survivor, an old writer imparting stories to his scribes, a jail bird activist, a catch all revolutionary columnist, a moral centric bookseller and other minor characters that emerge through the story in an interesting manner.

The Vale Dweller is a narrative experiment about the contemporary life of the place in a coming-of-age story, through a bildungsroman type of narrative. What strikes the chord with the reader is the

perpetual confusion which the youth has been sucked into. The story is dark, disturbing and challenges certain notions of Kashmiri psyche as well.

The book is not only an elegy for the city's newest problems, but it also serves as an expression of esteem for Kashmir's cultural and social past, witnessed during the years after the partition through a certain form of nostalgia, where the life still had mundane, simple, and feudal aspects to it.

CONTD. FROM FRONT PAGE

Planning To

Cooperative Banks was swindled in the name of personal business partnerships, and they have committed fraud worth thousands of crores," and "...Lalu ji has got the land written in his name when he was the railway minister in exchange for giving jobs to poor people".

The Prime Minister stated that the probe agency has managed to trace the money trail in these transactions, and that he was trying to think of making a deal to return the land to the poor.

Responding to another question during the interview with India Today, the Prime Minister said the Enforcement Directorate was dysfunctional during the Congress rule and it started functioning effectively under the BJP government.

Gear Up For

leaders-Darakshan Andrabi, Hina Bhat, Sofi Yousuf, Altaf Thakur, Dr GM Mir, Ali Muhammad and Bilal Parray. BIP's national General Secretary Tarun Chug was also present in the meeting.

Sources said that Shah in his opening remarks, stated that he has worked very hard to strengthen the BJP at the grassroots level in every nook and corner of the country. "At the onset, Shah expressed a regret of sorts about BJP not contesting the elections on three crucial Lok Sabha seats but maintained that some battles are not fought to defeat the enemy but to check, strengthen and to reinforce the own cadre," the source revealed.

He said the Union Home Minister stressed on the rank and file of BJP to ensure dynasty rule of National Conference, PDP and Congress is wiped out and for that "you all must vote against these parties in the upcoming Lok Sabha polls for Baramulla constituency and Anantnag-Rajouri Parliamentary seat on May 13 and May 25."

Shah, according to the source, directed the party men to ensure that the vote of every single BJP worker, leader and activist goes against NC, PDP and Congress.

He said that during the meeting, Shah made a big announcement that BJP will contest on all seats of J&K in the upcoming Assembly polls slated in September this year. The Supreme Court of India had directed the Centre

and discuss the party's organisational matters," he added.

Shah is likely to be briefed about the security situation in Jammu and Kashmir by the top security brass as the Lok Sabha elections will be followed by the annual Amarnath Yatra, scheduled to start on June 29 and conclude on August 19.

The Union Territory might witness assembly elections after the vatra as the Supreme Court has set a deadline of September 30 for holding the polls. **Meets Delegations**

the delegations called on Amit Shah and discussed several issues in a cordial atmosphere.

A member from Gujjar-Bakerwal community from South Kashmir, Ahmad Bin Bumla said that the Union Home Minister sought feedback from them about the post-Article 370 situation.

"We also discussed several issues and put forth our demands," he said, adding that the issue of development, Scheduled Tribe status given to Paharis and other issues were also discussed during the meeting.

Shahbaz Peer, another member of the delegation said that three delegations comprising 150 members from the community have met the Union Home Minister, adding that they put forth the demands like special recruitment for ST community, spread of private sector to ensure more jobs for the youth from the community. "We were assured that all the issues and demands raised by us will be looked into," Peer said.

A member from the Sikh community, Engineer Nirmal Singh said that a delegation comprising nearly 60 members met the Union Home Minister this evening and raised several demands.

"We demanded a special package for employment like the way minorities have been given here. Besides, we also demanded the establishment of a minority commission and also ST status for the community," Singh said, adding that they have been told that the demands will be looked into, but the Home Minister has sought some time according to him for redressing their grievances and fulfilling their demands.

In a meeting with Home Minister Amit Shah, one of the members of Gujjar-Bakerwal delegation from north Kashmir, Ghulam Moha mmad Khatana said that they discussed only the Schedule Tribe (ST) issue. "People belonging to ST were unhappy earlier for cutting-off their reservation and giving it to Paharis. However, the delegations of Gujjar-Bakarwals were assured that the 10 per cent reservation for them hasn't been fiddled with," he said. Khatana said that HM assured that Paharis were given different reservation quotas and the reservation for Gujjar-Bakerwal was still there. "Besides, the Gujjar-Bakerwal delegation was told that they can elect their own Member of Legislative Assembly (MLA) in the upcoming assembly elections," he said. In the meeting with HM, the Gujjar-Bakerwal delegation further informed HM that the community was facing electricity and other basic issues. Meanwhile, one of the members of the Pahari delegation from north Kashmir, Mohd Younis Sheikh said that the community thanked HIM for the reservation to the community. "In the meeting, we thanked Home Minister Amit Shah for his support to the Pahari community. This was the main agenda of our delegation," he said. The Pahari community members from South Kashmir also stated that they thanked the Union Home Minister for resolving their long pending issue. "The issue that continued to linger for the last seven decades has been resolved for which we thanked him and also told him that the community is indebted to the government for resolving this grave issue," Syed Akhter Hussain, a member from South Kashmir's Pahari community delegation, said.

promulgated by public servant) of the Indian Penal Code at Pulwama police station on the complaint lodged by nodal officer, MCC and additional deputy commissioner, Pulwama.

The PDP leader is accused of holding a road show in the areas of Beighpora, Padgampora, Larkipora, Wankanpora, Goripora, Dangerpora, Jangalnad, Batapora, Dhawatoo, Khandaypora and Panzgam in Pulwama on April 27, without any permission from the authorities concerned.

Quoting a report of senior superintendent of police, the complainant said the vehicle-bound rally of Parra from PDP office to circular road via Rajpora Chowk, Murran and Peaks crossing was in violation of the MCC.

The candidate violated the MCC despite requests from Pulwama police station SHO (station house officer) and duty magistrate, thereby jeopardizing his security and the security of other persons, the complainant said, adding the delayed response of the PDP district president over the violation was not satisfactory.

Parra was also served a notice by the J&K election department earlier this month, objecting to his statement asking youngsters to consider the general elections as a "referendum".

However, the PDP leader defended his remark, in his response on May 10, and said his statement that the "ensuing election is no less than a referendum" only points towards the importance of the polls.

LG Invites Devotees

teachings in daily lives and strengthen the bonds of oneness in our society.

"A righteous life is the only path to attain spiritual growth and awaken our own divinity," he said.

He urged the devotees to become messengers and spread Bhagavat's message and vision in the society, inspiring the people to dedicate themselves to the cause of equality, brotherhood, humanity and harmony.

The LG lauded the significant contribution of Bhaishri Rameshbhai Oza ji in the field of education, social welfare and upliftment of the deprived sections of the society.

"Pujya Bhaishri is not only a spiritual leader but also a celebrated educationist and humanitarian. He is working with dedication for holistic development of individuals and communities across the globe Education based upon human values is the life mission of Pujya Bhaishri," the LG said.

private and public bodies to enhance voter participation in the elections.

Banks, post offices, private entities and telecom platforms are using their

public interface to encourage registered voters to turn up at the polling stations on various voting days.

Tampering Of Indian

map of India as per the guidelines issued by the GoI. All up-to-date information on SoI maps shall be available at the various offices, map sales counters and Geospatial Data Centres (GDC) under the SOI.

The information provided by SoI among other things includes all relevant details of maps such as scale, information content, date of data capture, price, mode of data dissemination, whether ministry of defence clearance available for issue as Open Series Map (OSM) etc.

At present India has 28 states and eight union territories and each of them has its own identity, history and administrative setup. According to the GoI, both Pakistan Occupied Kashmir (POK) and Aksai Chin are part of India and they are under illegal occupation of Pakistan and China, respectively. As per the recent order, the higher

education institutions have been asked to ensure compliance with this law. (KNO)

Er Rashid Trends

of Peoples Conference.

Days after his son Abrar started campaigning for his incarcerated father, his rallies have been attended by thousands of people across several North Kashmir districts. This backing is not only evident in offline gatherings but also online, with Er Rashid trending on X (formerly Twitter) on Thursday

Notably, the growing traction of his campaign is visible both on the ground and in the digital sphere. Videos showcasing widespread support for Er Rashid's campaign have been disseminated widely.

Noted Journalist Arfa Khanum Sherwani posted a video of Abrar Rashid with the caption, "Reporting from Kashmir:

Kashmiriyon ka gussa vote ke zariye bahar aa raha hai" is the common sentiment. Such scenes in Kashmir during elections are unprecedented. Supporters of jailed leader Er Rashid in Bandipora. His son is leading his campai

but the BJP workers will meet him and discuss the party's organisational matters," he said. Asked whether a JeI delegation will

meet Shah, Sharma said no delegation is meeting the home minister. Any non-political or senior people

can meet Shah, but no political delegation is meeting him, he said.\ 'Engineer Wave'

Shaikh Abdul Rashid, commonly known as Engineer Rashid, a former MLA from Langate, who is contesting the elections despite being incarcerated in Tihar jail on UAPA charges, has surprised the political pundits.

Former Congress leader Ghulam Nabi Azad's regional outfit in Jammu and Kashmir -- the Democratic Progressive Azad Party (DPAP) -- on Thursday announced its support for Rashid, who is contesting as an Independent candidate from the Baramulla Lok Sabha seat in North Kashmir.

Arrested in 2019 in a terror funding case, Engineer Rashid -- heads the regional Awami Ittehad Party and had voted for Azad during the 2015 Rajya Sabha elections. He was an MLA from the Lagate assembly seat in the erstwhile state.

Rashid filed his nomination from Tihar jail to contest from Baramulla, which goes to the polls on May 20.

"Engineer Rashid is innocent and people want him out of jail. He has always fought for the people's cause. So, this is injustice," said Taj Mohiduddin, the party's treasurer and its North Kashmir in-charge, while announcing the decision.

Mohuiddin said the decision was taken after the jailed leader's son Abrar Rashid appealed to Azad, seeking support for his father's candidature.

"Engineer Rashid has consistently fought for the people. Therefore, we feel it's important to stand by someone who has made sacrifices," he added.

Chief Spokesperson, DPAP Salman Nizami said, "Engineer Rashid has consistently fought for the people. Therefore, we feel it's important to stand by someone who has made sacrifices.

Rashid, who contested the 2014 assembly elections as an Independent candidate from Langate in North Kashmir, is in jail in a terror funding related case

risk prevention, reduction and mitigation. It is also aimed at facilitating convergence and coordination among all the stakeholders including departments, individuals and communitybased organizations for mitigating the impacts of heat waves.

The tourism industry and tourismdependent economies are also highly vulnerable to the impacts of rising temperatures, according to the report.

The Plan's primary objective is to alert populations at risk of heat- related illness, such as in places where extreme heat conditions either exist or are imminent, and to take appropriate precautions. The Heat Action Plan brings together all stakeholders for a district wide strategy in enforcing preventive, mitigation and adaptation measures to check heat- related debility among people.

Under the heat wave action plan, the government has designated Department/ Nodal Officers that will provide resources, such as personnel, essential services and materials, to support or assist a control agency or affected person.

The teams will convene meetings with Departments/ Organization/ NGOs involved in rehab/ agencies to review mechanisms to respond to extreme heat events.

They will also interact regularly with concerned departments for review the feedback.

They will also identify High risk area of the State/Districts vulnerable to heat wave and focus on such

The government will also organize training for Health Workers, School Children and the local community with the Health Department in prevention measures and treatment protocol.

The teams will distribute IEC material (Pamphlets, Posters & Stickers) in Local Language with Tips to prevent heat wave to Hospitals, Schools, and professional associations.

The Srinagar district administration, according to the action plan has constituted a Tehsil Level Committees to take appropriate and necessary action during the heatwave in the district.

The DDMA has also proposed two training programs for heat wave awareness. The first program aims to educate students and teachers about the risks associated with heat waves and the preventive measures to mitigate them

to hold Assembly polls by September this year.

The Election Commission of India (ECI) had cited security reasons and the 'NO' from the J&K administration for not holding Lok Sabha and Assembly polls simultaneously.

A BJP leader, wishing not to be named, told KNO that Shah asked the BJP unit of J&K to gear up and prepare for the upcoming Assembly polls as the party would "contest on all Assembly seats." In a rally at Jammu recently, Shah had stated that BJP was not in a hurry to see Lotus bloom in J&K in Parliamentary polls. The party contested on two seats of Jammu and Udhampur LS by fielding incumbent Members of Parliament (MPs)–Jugal Kishore Sharma and Dr Jitendera Singh.

It may be recalled after delimitation, the total seats in the assembly rose to 114 seats, of which 24 seats are designated for areas that fall under Pakistan-occupied Kashmir (PoK). Out of the remaining 90 seats, 43 seats are in Jammu division and 47 seats are in the Kashmir division.

Shah's Kashmir visit came just a day after Jamaat-e-Islami expressed its willingness to join the electoral politics again after 1987 subject to the condition if Centre revokes ban imposed on it in 2019 under Unlawful Activities and Prevention Act (UAPA). There was a buzz that a Jel delegation was also likely to meet the Home Minister, however, there was no confirmation of the same till late evening (Thursday).

Sources privy to Shah's visit said that the Home Minister will air-dash to New Delhi at 10 am on Friday.

Shah's Visit

voter turnout on May 13 is a huge success of the central government's policies, including the abrogation of Article 370," Sunil Sharma, the general secretary of the party's Jammu and Kashmir unit, told reporters earlier in the day.

"I think the home minister is coming to review the measures from a security point of view to increase the turnout and create an atmosphere of peace. There is no political activity but the BJP workers will meet him

"The way our demands have been respected, we are ready to respect the government by following its every decision." he said.

Pertinently, Amit Shah arrived in Srinagar amid tight security arrangements this evening and met several delegations. The Union Home Minister is scheduled to spend a night here only and will be leaving early tomorrow. (KNO)

Waheed Parra

against Parra on May 8 under section 188 (disobedience to order duly

Bhaishri ji has dedicated his life to share the eternal wisdom of Sanatan Dharma. He has set an example of how human beings can uplift their lives to be Yagya, an ongoing celebration, the LG added.

He said the vision of Pujya Bhaishri has led to the establishment of education campuses in Gujarat under the motto-Vidya, Vivek, Vikas to foster sustainable development through value-based equal education for all.

Devka Vidyapeeth established by Pujya Bhaishri is dedicated to girlchild education. Sandipani Gurukul, Vidva Sankul offers modern education rooted in ancient Indian culture, he further added.

Anand Jain, ADGP Jammu; Ramesh Kumar, Divisional Commissioner Jammu; Anshul Garg, CEO, Shri Mata Vaishno Devi Shrine Board; Vishesh Paul Mahajan, Deputy Commissioner Reasi, members of Vaishvik Sanskruti Parivar, senior officials of SMVDSB, Civil & Police administration and devotees from various parts of the country were present in large numbers.

67% Voter Turnout

of the parliamentary polls and state chief electoral officers have been asked to step up measures.

"The Commission strongly believes that partnership and collaboration are essential pillars of voter awareness programmes. It's really heartening to see that on the Commission's request, different institutions, influencers and celebrities having significant reach are working enthusiastically on a pro-bono basis," Chief Election Commissioner Rajiv Kumar said.

A total of 379 seats across 23 states and Union Territories have voted in the first four phases of elections.

A high voter turnout, Kumar felt, would be a message from Indian voters to the world about the strength of Indian democracy. He urged voters to cast their ballot in huge numbers, as voting day is not a holiday but a day of pride to participate in the festival of democracy.

The poll panel also listed out outreach efforts undertaken by various Another 'X' user Saqib Khan tweet-

ed, "Call me a traitor or whatever you want but I'll cast my life's first vote to Er Rashid if my vote can help to release someone's Father from prison I am going for it."

Many social media users posted similar tweets. Aquib Ali, posted, 'Dear colleagues, let us recognize Er Rashid not just as a politician but as a true leader of the people. His voice in Parliament has the potential to shake the foundations of the ruling regime. By casting our votes in his favor, we can pave the way for his release."

Much to the surprise of netizens, a video of an African from 'Ghana' started to do rounds on the social media. In the video he states that, "I am from Ghana and I want every Kashmiri out there to support Er. Rashid as he is the best. Support Er. Rashid!" The video went viral on social media.

Pertinently, as the Srinagar Lok Sabha elections concluded in Srinagar on Monday, all eyes are on North Kashmir now. With the significant response Rashid and his party, the Awami Ittehad Party (AIP), has garnered, analysts believe he could bring about a major surprise. Engineer's participation is seen as giving an edge to Omar Abdullah.

In the past Er, Rashid has been detained multiple times during protests and even thrown out by Marshals from the state legislative assembly. His pictures of eating "beef kebabs" to "protest pictures" have been viral in the past as well and netizens have shown keen interest in the political career of the firebrand politician.

Only Mainstream

Union Home Minister Amit Shah's visit to the Kashmir valley later in the day, the BJP leader said the visit is not political.

"The Union minister is coming to Kashmir today, but the visit is not political. The elections are on. The voter turnout on May 13 is a huge success of the policies of the central government including the abrogation of Article 370.

"I think the home minister is coming here to review the measures from the security point of view to increase the turnout and create an atmosphere of peace. There is no political activity,

The case, the charge sheet for which has since been filed, names Hafiz Saeed, chief of the banned Jamaatud-Dawa -- a front for the Lashkar-e-Taiba terror outfit -- as an accused.

The former MLA was also named by Syed Naveed Mushtaq Ahmad alias Naveed alias Babu, a commander of the banned Hizbul Mujahideen.

Naveed was arrested along with Davinder Singh, who was dismissed as deputy superintendent of the Jammu and Kashmir Police.

Naveed claimed during interrogation that he had been in constant touch with the former legislator for establishing a firm base for the terror group in North Kashmir and was looking for possible hideouts in that area, officials alleged.

Rashid was first the mainstream politician to be arrested by the National Investigation Agency (NIA) in connection with a case related to the funding of terror activities in Kashmir.

His name had reportedly cropped up during the interrogation of businessman Zahoor Watali, arrested by the NIA for allegedly supplying money to terror groups and separatists in the Valley.

The NIA registered the case against separatist and secessionist leaders, including unknown members of the Hurrivat Conference, who were acting in connivance with active militants of proscribed terrorist organisations Hizbul Mujahideen, Dukhtaran-e-Millat, Lashkar-e-Taiba (LeT) and other outfits and gangs in 2016.

The case was registered for raising, receiving and collecting funds through various illegal means, including hawala, for funding separatist and terror activities in the erstwhile state and causing disruption in the Valley by pelting security forces with stones, burning schools, damaging public property and waging war against India, the probe agency said in the FIR.

Srinagar Gears Up

is a package of mitigating measures and aims to protect the lives of citizens without affecting individual livelihoods or macro-economic growth and stability.

The action plan provides insights into various aspects related to heat

The second program targets local residents and community leaders, intending to raise awareness about heat wave risks and promote proactive measures within the community. Through these training initiatives, DDMA endeavors to enhance preparedness and

The admin maintains that the heat wave action plans are key to city adaptation strategies.

"With the forecast of increased frequency and intensity of heat waves in the future, a climate adaptive heat wave action plan will enable Srinagar to efficiently prepare, mitigate and adapt to the heat wave induced by climate change," it says.

Above-Normal

has recorded the heat wave, settling at 5.6 degrees Celsius above normal on Thursday. Although last week saw a similar spike, a brief spell of rain had brought some relief.

Temperatures across most parts of Kashmir are currently 3 to 6 degrees above normal.

According to a local Meteorological department here, there is a possibility of rainfall in some areas of J&K on May 18 and 19, with Kashmir parts expected to be more affected.

In Jammu, Thursday's maximum temperature was recorded at 40.2 degrees Celsius, 1.9 degrees above normal, while the minimum was 24.6 degrees Celsius.

Other areas also saw above-normal temperatures: Banihal at 29.6 degrees Celsius, Batote at 29.9, Katra at 36.0, and Bhaderwah at 31.8 degrees Celsius.

In Kashmir, many districts experienced daytime temperatures nearing 30 degrees Celsius. Srinagar recorded a maximum of 28.9 degrees Celsius, Pahalgam 25.4, and Gulmarg 19.3 degrees Celsius. Srinagar has recorded 3.7 degrees Celsius above normal while Kokernag recorded 4.5 degree Celsius above normal where the maximum temperature settled at 28.4 degrees Celsius.

However, Qazigund in South Kashmir was the only place where a heat wave was recorded today as the mercury settled at 30.0 degree Celsius, which is 5.6 degree Celsius above normal. (KNO)

STATE

KASHMIR OBSERVER® Srinagar | Friday | 17-05-2024

Kashmir Tourism Surges: Hotels Fully Booked for May, June

Agencies

SRINAGAR: As summer heat grips the rest of India, tourist flow to Kashmir has increased with hotels occupied to full capacity for the months of May and June.

After a successful winter season, tourist flow to Kashmir is swelling. As such the tourism players expected further improvement in the flow in coming months.

President, Travel Agents Association of Kashmir (TAAK) Rouf Ahmad Tramboo told the news agency that majority of the hotels were occupied with tourists currently across all the destinations of Kashmir.

"We are witnessing an uninterrupted flow of tourists currently. Winter as well as the spring season has been very encouraging for the tourism sector of Kashmir. We are expecting the flow to sustain for the rest of the months and hope to break previous tourism records," he said.

Tramboo said the valley was currently receiving bulk tourists from Gujarat, Maharashtra, West Bengal and Tamil Nadu, where the temperature is abnormally high this season.



witnessed an upward trend in the tourism numbers. Currently, higher flow of tourists is being witnessed from Gujarat, Maharashtra, West Bengal and Chennai. We are equally receiving a good number of tourists from Bangaluru also," he said. According to local travel

agents, the bulk tourist flow is attributed to families and "During May and June we groups seeking a refreshing

escape from the intense heat prevalent in their hometowns. "It is vacation time going

on in many states of India and people want to escape the summer heat. Kashmir is emerging as the favourite destination for the majority of the domestic tourists since the climate currently is moderate here," said Umar Ahmad Khan, a tour operator.

Pertinently, nearly 1 million

tourists have visited the Vallev in just the first four months of this year.

As per the figures by Srinagar International Airport, more than 8000 passengers arrive at the airport on average daily. A huge proportion of the passengers include tourists.

Against an average of 70 flights during February, currently 94 flights are operating at the airport—(KNO)

Apple Prices Plummet, Causing Losses for Growers and Traders

Agencies

PULWAMA: The fruit growers and traders in Kashmir who had kept their produce in cold storage units said they are facing huge losses as rates have plummeted to an all-time low. Speaking to the news agen-

cy, the growers and traders said they have been facing huge losses as rates have been going down with each passing day. They said currently apple boxes are being sold at Rs 300-400 per box while the rates of C-grade apples in the main season were more than that.

Mudasir Ahmad, a fruit trader, told KNO that he had purchased around 10 thousand apple crates at around Rs 1000-1500 per crate and kept them in cold storage units in Lassipora Pulwama.

He said currently his apple crates are fetching just around Rs 300-400 only due to which he faces a loss of Rs 1000-1200 per crate which is around one crore rupees loss.

"I have been doing fruit business for the last 10 years but have earned just a few lakhs in the last ten years as I have been facing a loss in crores which has left me and my family in depression," Mudasir said, adding that same is the case of other fruit traders who have purchased and kept their produce in CA stores.



Traders said they stopped packing their produce for some time but are aware that they can't keep it there for a long time. Six to seven months have already passed since we kept it there, they said.

Even the C-grade apples fetched more returns in the main season and this is an alltime low rate of produce kept in cold storage units," they said. "This is because apples in bulk have been reaching Indian markets from different countries thereby denting local apples."

Meanwhile, cold unit holders sought the government's intervention under these conditions. "Otherwise, this may have a negative impact on cold storage units," they said.

Anjum Abrar, a manager of one such unit, said there is a positive impact of cold storage units in that they maintain the supply and demand chain, which benefits growers by ensuring favorable returns.

"If the produce kept in cold storage units won't fetch good returns, then how will people prefer to keep their produce in CA stores?" he asked.

The government must intervene in stopping the import of apples so that Kashmiri growers and traders fetch good returns, Abrar said.

He said the cold storage units have been employing thousands of people. "Neglecting this sector would impact the livelihoods of thousands of workers," he said—(KNO)

Terrorist Associate Arrested In Kupwara

Agencies

KUPWARA: A terrorist associate was arrested and a cache of arms and ammunition was recovered in a successful operation carried out by the joint security forces in north Kashmir's frontier Kupwara district on Thursday.

A police official told the news agency, that based on specific information, a joint operation by Kupwara Police, Army's 3 Naga and 97 Battalion BSF led to the arrest of a terrorist associate, Mushtaq Ahmad Lone, son of Abdul Rahman Lone of Patru Keran.

He said that after the disclosure of the apprehended person, arms and ammunition, to carry out terrorist activities during the

forthcoming elections, were re-

covered from his possession. The official said that they recovered two pistols, two pistol magazines, two hand grenades, 10 and 9 mm 54 rounds, from Mushtaq who was apprehended during a naka checking at Lone Harie area of Kupwara, falling in the jurisdiction of Kralpora police station.

"We won't let nefarious designs, who have always aspired to disturb the peace and tranquility, succeed in their mission," the police official said. "We are committed to ensuring peaceful elections.

A case in this regard has been registered in Police Station Kralpora and an investigation has been taken up, the official added-(KNO)

Delimitation Was Right, Pir Panjal Won't Be Neglected: Iltija Mufti

Agencies

POONCH: PDP chief Mehbooba Mufti's daughter Iltija Mufti said on Thursday that in a way, the delimitation exercise in Jammu and Kashmir was "right" as the Pir Panjal region will not be neglected now.

Her statement on the delimitation exercise is in contrast with the PDP's stand. The party had rejected the Delimitahere. tion Commission, saying that

it was an extension of the BJP. Other regional political parties had also opposed the delimitation of assembly and parliamentary constituencies of Jammu and Kashmir.

"In a way, the delimitation that took place (in Jammu and Kashmir) was right. The Pir Panjal region will not be ne- to the Jammu region and one glected now," Iltija Mufti, who to the Kashmir Valley. The campaigning for her mother and PDP chief Mehbooba Mufti in the twin border districts of Poonch and Rajouri, told PTI



The Delimitation Commission was tasked by the Centre with redrawing the boundaries of assembly and parliamentary constituencies in Jammu and Kashmir.

In its final report, the threemember panel headed by Justice (retd) Ranjana Desai, gave six additional assembly seats Jammu division now has 43

region was very backward and emerged on the map of Jammu and Kashmir after the former chief minister Mufti Mohammad Sayeed-led government came to power.

"There were not even roads to connect distant and rural areas. After the formation of Mufti Mohammad Sayeed's government, the Mughal Road was constructed. He focused on education and facilitated the setting up of Baba Ghulam Shah University here. It was during the period (tenure) of Mufti Sayeed that Pir Panjal came on the map of Jammu and Kashmir," she said.

Iltija Mufti called on people to vote for her mother Mehbooba Mufti, who is contesting the Lok Sabha elections from the Anantnag-Rajouri seat.

"I request everyone from supporting IRDAI's vision of Insurance for All by 2047', PNB here to connect with us and

PNB MetLife Conducts Insurance Awareness In Kashmir



KO NEWS SERVICE

SRINAGAR: The PNB MetLife is driving insurance awareness initiatives in Jammu & Kashmir in collaboration with the State Government and regulator. The Insurance Regulatory and Development Authority of India (IRDAI) appointed PNB MetLife as the lead insurer for the region's State Insurance Plan. According to a statement,

and fostering meaningful interactions within the local community. This approach ensured that PNB MetLife's insurance awareness initiatives reached the last mile, connecting with diverse individuals and communities. PNB MetLife also created 277 strategically positioned murals in the J&K state, to help raise awareness at the grassroots. These initiatives aimed to capture individuals from all walks

of life and illustrate how life insurance can offer invaluable

Properties In Pulwama

NIA Attaches Multiple



Observer News Service

SRINAGAR: National Investigation Agency (NIA) on Thursday attached multiple properties in South Kashmir's Pulwama.

In a statement, a spokesperson said that Sartaj Ahmed Mantoo's properties, including land measuring 19 Marlas & 84 Sqft at Kisarigam in Pulwama district, were attached on Wednesday under Section 33 (1) of UA (P) Act, 1967, on the orders of NIA Special Court, Jammu.

The statement reads that Sartaj was arrested on 31st January 2020, and several arms, ammunitions & explosives were recovered from his possession.

"He was chargesheeted on 27th July 2020, and is currently facing trial under relevant sections of Arms Act, IPC, Explosive Substances Act, UA (P) Act and Indian Wireless Telegraphy Act, 1933," it reads.

five co-accused members of

It added that along with his

Infiltration Bid Foiled In Tangdhar, Two Killed

Agencies

SRINAGAR: Two unidentified intruders were killed after an Infiltration bid was foiled on Thursday in Tangdhar sector of North Kashmir's Kupwara district.

Quoting a top police officer, news agency GNS reported

JeM, he was involved in transporting freshly infiltrated terrorists to the Kashmir valley.

"Three terrorists were killed and arms, ammunition and explosives were also seized in the case (RC-02/2020/NIA/JMU), related to a conspiracy to unleash terror attacks on security forces / apparatus as part of an anti-India agenda."

It reads that since its formation in 2000 by Maulana Masood Azhar, JeM has carried out several terrorist attacks in India including J&K.

"JeM was enlisted as a "Designated Foreign Terrorist Organisation" by the United Nations Security council Resolution (UNSC) 1267 and the group's leader Maulana Masood Azhar was designated as "Global Terrorist" in 2019 by the UNSC."

The statement added that the NIA, just a week ago, attached six immovable properties of another top militant of JeM in Kashmir as part of its crackdown on terror operatives in J&K.

that two intruders were trying

to sneak this part of the fence.

The security forces challenged

them to return back, however

they refused, resulting into ex-

change of fire, the officer said.

were seen lying on the other side

of the fence, the officer added.

During firefight two bodies

assembly seats and Kashmir 47 in the 90-member House. Iltija Mufti said the Pir Panjal and Kashmir," she said.

we want to take part in the development journey of Jammu

Sajad Lone Promises To End FIR, **Police Verification Culture**

Agencies

BARAMULLA: Amidst the intensifying campaigning for the Lok Sabha elections 2024, the Peoples Conference held a mega rally on Thursday in north Kashmir's Baramulla district, with its chief Sajad Lone promising to end the culture of FIR and police verification.

"I want to end the FIR and police verification culture, which is taking a heavy toll on youth," Lone said. "Our youth should live peacefully. Let the government let them live a peaceful life."

Alongside PC president, Apni Party chief Altaf Bukhari was

also present at the event to lend support to the contesting party - People's Conference, in the upcoming elections. Addressing the rally at

Lone, as per the news agency said, "The overwhelming sup-

LOK SABHA ELECTIONS-2024 94% Elderly Use Home Voting in Kupwara

KUPWARA: Poll officials in 85 years of age and those this frontier Kupwara district walked extra mile to reach the door steps of elderly and PwD voters at different far-off areas, who had earlier submitted requests to avail the home voting option introduced by the Election Authorities.

The Election Commission of India has introduced this facility for this first time during this Lok Sabha Election, 2024 to help senior citizens above

94% of the eligible voters who had opted for the facility. District Election Officer listed under Persons with Dis-

abilities category. Out of total 412 such voters 389 voters casted their votes during the three day long home voting process which concluded today successfully.

Out of 194 elderly (85 Plus) voters, 180 casted their votes and 218 PwD voters, 209 used their right to franchise through home voting option.

The number constitutes over

reporters, the PC chief referred to the National Conference vice president Omar Abdullah - his rival candidate - and said, "Their party had been in power for 40 years and they had around 9 parliament members, so it is the right of every Kashmiri to check before casting votes in their favour. Both the father and son are using my name and are abusing me for vote bank.'

Minister Amit Shah's visit to Kashmir, Sajad said he had nothing to do with his visit. 'Woh Asfar Log Hain, Woh Aaye Kahan Jaye, we have our people, this Tsunami who have come here to listen to me."

The Baramulla parliamentary constituency is going to polls on May 20, with at least 22 candidates in the fray including NC's Omar Abdullah, PC's Sajad Lone, PDP's Mir Fayaz, AIP's Sheikh Rasheed and others–(KNO)

Kupwara had constituted 40

dedicated poll parties which

reached their homes located in

far-off areas braving hilly ter-

rains to cover the eligible voters.

the Election Commission and

District Election Office Kup-

wara for reaching their door-

steps and providing them with

such facilities at their homes.

The home voters have hailed

MetLife is executing a diverse range of insurance awareness initiatives across Srinagar, Jammu, Shopian, Sopore, Anantnag, Poonch, Rajouri, Pulwama, Kupwara, Handwara, and Baramulla. Over the past two fiscal years (FY2022-23 and FY2023-24), PNB MetLife has organized a total of 110 service camps and served 950 customers across 11 cities, reaching a total of 35 different locations.

In March, a specially branded van known as the 'Bima Rath' covered a total distance of over 600 km in 15 days. It reached over 2.5 Lakh people, conducting proactive awareness drives

financial security. Newspaper ads further underscored the significance of securing one's future through life insurance, while targeted digital marketing campaigns on social media platforms and other online channels garnered over 2.7 crore impressions and around 54 lakh engagements across digital platforms. Chief Distribution Officer, PNB MetLife, Sameer Bansal said PNB MetLife's ongoing insurance awareness initiatives in Jammu and Kashmir state reflect our unwavering commitment to fostering financial resilience and empowerment within the community.

Illegal Mining: 211 Vehicles Seized In Pulwama

KO NEWS SERVICE

PULWAMA: In order to curb the menace of illegal mining in the district, the Enforcement teams comprising Mining, Revenue, Police and I&FC besides others continued operations against illegal mining across different locations.

In a statement, DMO informed that A total of 211 vehicles/ machinery indulging in illegal transportation/ extraction of minerals have been seized from offenders and fine/ pen-alty to the tune of Rs. 72,23,000 has been realised from the offenders.

Besides, FIRs against 25 persons/ vehicles found to be involved in illegal mining have been lodged in various police stations of the district.

The proactive stance taken by joint teams ensuring environmental sustainability and the preservation of natural resources has resulted in seizures and deterrence by booing the offenders.

Deputy Commissioner Pulwama, Dr Basharat Qayoom is-

sued unequivocal instructions to prevent and deter illegal mining throughout the district during various District Mining Task force meetings.

District Administration has warned violators against resorting to illegal means and asked to follow proper procedural norms.

To ensure that various govt works are not hampered, disposal permits for a quantity minerals have been issued under rules thereby providing legal source of material for different developmental activities.

The permit holders have been cautioned not to violate the terms and conditions of the permits and in some cases the permits found to be violating the norms were cancelled immediately.

Moreover, a large quantity of minerals from legal blocks of neighbouring districts are being transported to other parts of Pulwama and Srinagar via Pulwama district. Such block holders have been directed to carry all requisite documents as mandated under law.



port is a testament to the dedication and hard work of our party members and the faith people have in our vision." Ŵith the slogan "Jeet Hamari

In Sha Allah (victory will be ours, God willing)", Lone termed the rally as a testament to the upcoming results, adding, "With our victory, a new dawn is going to start."

"I'm not a tourist, I'm someone who has seen jails and endured tortures. I have struggled a lot. My strength is you people," he said. "I have heard a lot from the opposition, but

Showkat Ali Stadium, Sajad on June 04." Reacting to the Union Home

will give them a befitting reply

Meanwhile, speaking with the

SPORTS

Short TAKES

India Women's Team Captain Harmanpreet Kaur Visits GR8 Sports

Observer News Service

ANANTNAG: India Women's Cricket Team Captain Harmanpreet Kaur on Thursday visited the factory of one of the leading Kashmir willow bat manufacturer's and the only ICC-approved brand of Kashmir, GR8 Sports India Pvt Ltd.

While welcoming the guest, Fawzul Kabiir, Managing Director of GR8 Sports India Pvt Ltd., emphasized Kashmir Willow Bat Manufacturing industry's commitment to excellence, and said that the industry despite facing huge challenges over the years has started to bounce back and produce best quality results.

The visit comes in the wake of GR8 Sports' recent success with the Caribbean Women's Cricket team, whose players used GR8 Sports crafted bat and made a notable impact

Sunil Chhetri Announces

during their tour of Pakistan.

"GR8 Sport's recent spree of success is a testament to the hard work, expertise, and craftsmanship that we combine with the use of the latest technology. We take pride in delivering quality bats that meet the

rigorous standards of professional cricket," Kabiir said.

Highlighting the company's achievements, Kabiir mentioned GR8 Sport's contribution to previous T20 Cricket World Cups, where their manufactured bat resulted in the

longest hit six of the tournament, showcasing the effectiveness and performance of

their products. Expressing her delight, Harmanpreet Kaur said, "I am impressed by the standards and product line indigenously produced by local manufacturers like GR8 Sports. This visit reinforces my belief in the capabilities of Indian craftsmanship."

During the meeting, Kabiir provided an overview of GR8 Sports' state-of-the-art bat manufacturing process, emphasizing the best practices followed by the company. He also shed light on the challenges faced by the Kashmir Willow bat industry, showcasing GR8 Sports' resilience and innovation in overcoming these obstacles.

Kabiir further emphasized on the quality and performance of Kashmir Willow bats, debunking misconceptions that they are less desirable than English willow bats. GR8 Sports' continued success underscores the potential and excellence of Indian cricket equipment manufacturers on the global stage.





Department of Physical Education, Srinagar Women's College Batpora, Zakura, in collaboration with NCC, NSS units and Eco Club, organized its Annual Cycle Race-2024 from Nishat to Maulana Rumi Gate, University of Kashmir, on Thursday.

A total of 25 students of various semesters participated in the race. Principal of the college, Prof. Dr.Tehmina Yousuf flagged-off the race in presence of other faculty members.

Nazima (4th sem), Ishrat Ishaq (2nd sem), Nafeesa Manzoor (2nd sem), Shafia (4th sem) and Ruqiya Nabi (2nd sem) bagged 5th, 4th, 3rd, 2nd and 1st position respectively.

India Likely To Play Sole T20 WC Warm-Up v BAN In New York

India's only warm-up game ahead of the T20 World Cup is likely to be played against Bangladesh in New York on June 1, the day when Canada will play co-hosts USA in the tournament opener in Dallas. The 34,000 capacity makeshift stadium at Eisenhower Park was officially launched by legendary

sprinter Usain Bolt on Wednesday. Teams usually play two warm-up games ahead of

an ICC event but the tight scheduling will not allow all 20 sides to do that ahead of the tournament proper.

Injured Ederson To Miss Man City's Last PL Game & FA Cup Final

Manchester City goalkeeper Ederson Moraes will miss the team's last English Premier League game as well as the FA Cup final because of a broken right eye socket.

City said on Thursday that Ederson underwent scans after sustaining the injury during a collision with Cristian Romero in the 2-0 win over Tottenham Hotspur on Tuesday. The Brazil international played on briefly but eventually was substituted, and his replacement, Stefan Ortega, pulled off key saves from Dejan Kulusevski and Son Heung-min.

Belgium Suspends Ticket Sales For Israel Match Due To Security Concerns

Ticket sales for a Belgium-Israel match in Brussels in the UEFA Nations League have been paused because of security concerns. The game is scheduled for September 6 at King Baudouin Stadium.

"The Royal Belgian Football Union is in constant contact with the security services, the city of Brussels and the federal government," the soccer body said in a statement on Thursday. "The security situation is being analyzed and developments are being closely monitored." Federation CEO Piet Vandendriessche said, "Safety comes first, always."



Press Trust of India

NEW DELHI: The iconic Sunil Chhetri on Thursday announced his decision to retire from international football after the FIFA World Cup qualifying match against Kuwait on June 6, bringing the curtains down on a career that is unparalleled in Indian football for its longevity and consistency.

The long-serving national team captain announced his decision via a video he posted on his social media accounts.

Chhetri, who made his debut in 2005, has scored 94 goals for the country. He will leave the scene as India's all-time top scorer and most-capped player.

He is also third in the list of goal scorers among active players behind Cristiano Ronaldo and Lionel Messi and currently sits as the fourth in the all-time list of internawill end his journey in a city, where he has played a lot of his football while evolving into a potent striker.

India are currently second in Group A with four points, behind leaders Qatar.

Chhetri had made his 150th national appearance in March and scored on the occasion against Afghanistan in Guwahati. India, though, stunningly lost that game 1-2.

On his international debut against Pakistan way back in 2005, Chhetri, who would go on to become one of the game's most lethal strikers, scored, and he rated it as his best moment.

"There is one day that I never forget and remember it quite often is the first time I played for my country man. it was unbelievable

Speaking on the future of Indian football, Chettri said that it was time for the country to find the next 9. He felt the team is currently handicapped as none of the current lot of players play as the main striker for their respective clubs and sees the massive hole in the current national team. Among major successes, Chhetri helped India win the Nehru Cup (2007, 2009, 2012) as well as the South Asian Football Federation (SAFF) Championship (2011, 2015, 2021).

Kumble Recommends Maximising Boundary Size To Save Bowlers' Future

Press Trust of India

NEW DELHI: If the game of cricket remains tilted heavily in the favour of batters, not many youngsters would be lining up to start bowling in a couple of years, fears spin great Anil Kumble, who advocated the need to keep biggest possible boundaries at IPL venues and use of more pronounced seam to restore the balance between bat and ball. The score of 250 has been breached as many as eight times this season with shorter boundaries, flat pitches and impact player rule aiding

the batting side. Like the great Sunil Gavaskar, Kumble also feels that keeping the maximum possible boundaries length is need of the hour.

"It's been really hard on the bowlers, especially the first half of the tournament. I certainly believe that you need to maximize the boundaries at every venue. Try and keep the biggest boundary possible in that venue," India's leading wicket taker across formats told select media in an interaction arranged by JioCinema.

"For a start, you could move he dugout into the stands. I



many youngsters lining up to start bowling. "Everybody wants to be a

batter. You need the bowlers also to be a part of this game and the balance is very important. I expect that will also get addressed," he said.

As per the playing condi-tions of the IPL, "The playing area shall be a minimum of 150 yards (137.16 metres) from boundary to boundary square of the pitch, with the shorter of the two square boundaries being a minimum 65 yards (59.43 metres).

"The straight boundary at both ends of the pitch shall be a minimum of 70 yards (64.00 metres). Distances shall be measured from the centre of the pitch to be used. In all cases the aim shall be to provide the largest playing area, subject to no boundary exceeding 85 yards (77.71 metres) from the centre of the pitch to be used."

has not worked for Mumbai Indians. Kumble feels that transition could have been completed next season when the mega auctions are due.

"The change that happened was a bit sudden. Obviously, Rohit Sharma was a part of Mumbai Indians for the last 10 years and then led the team for five titles. Maybe in hindsight, maybe he could have sort of looked at Rohit to manage this year and then maybe Hardik coming in next year but the leadership obviously took that decision. But having said that, I don't think they played good

cricket," said Kumble. Hardik's former team Gujaat Titans also could not m

tional goal-scorers as well.

Chhetri, 39, will walk into international sunset after rendering yeoman service for nearly two decades, 19 years to be precise, to a team that was heavily reliant on the 5'7" forward to deliver the goods every time he wore the blue jersey.

"The match against Kuwait is the last," Chhetri said while announcing his decision.

Chhetri's final match will be played at Salt Lake Stadium in Kolkata, and it is appropriate that he

He also played a part in India's 2008 AFC Challenge Cup win, which helped them qualify for the first AFC Asian Cup (2011) in 27 years.

know you'll lose a few seats but so be it. Then the other aspect is to perhaps look at white ball to have slightly more pronounced seam so that there's a bit more movement.

"We have seen that the ball stops swinging after maybe just the one over or even less than that sometimes. You need a balance between bat and ball. You can't be running in and just going through the motions where in a couple

DECISION TO REPLACE ROHIT AS MI CAPTAIN WAS SUDDEN'

The call to replace Rohit Sharma with Hardik Pandva

the play-offs but Kumble praised his successor Shubman Gill for his leadership in first year as captain.

"You can't really judge (in one season), I thought he was pretty aggressive in his approach when it came to captaincy. He was always looking to take wickets and again for GT unfortunately a couple of iniuries didn't help. Shami was a big miss," said the former India captain.

FIFA Propose Mandatory Racism Sanctions, Including Match Forfeits

FIFA will present a proposal to its Congress to rimplement mandatory sanctions, including match forfeits, for incidents of racist abuse across all its 211 member associations, the secretary general of world soccer's governing body said on Thursday.

Mattias Grafstrom, who was formally appointed as the FIFA Secretary General this week, wrote a letter to all member associations outlining the proposal which includes rules and sanctions, action on the field and potential criminal charges.

Once I'm Done, I'll Be Gone; You Won't See Me For A While: Kohli

Press Trust of India

BENGALURU: Well aware that he "can't keep go-ing forever", Indian batting superstar Virat Kohli wants to give everything he has to his cricket career because he once he is done, he says he would be "gone" and won't be seen "for a while". Kohli's appetite for runs and centuries has already got him a record eighth ton in the IPL this season and he continues to lead the scoring charts with a mind-boggling 661 runs from 13 games for Royal Challengers Bengaluru (RCB).

In a video posted by RCB on social media, the 35-year-old said the desire to live a regret-free life keeps him going.

"So, it's just about not leaving any undone business behind and not having any regrets later, which I'm very sure of I

won't. Once I'm done, I'll time I play and that's the be gone; you won't see me for a while. "So, I want to give it everything I have till the hungry.

Kohli was picked by RCB soon after he led Inonly thing that keeps me going," said Kohli when dia to title triumph in the 2008 Under-19 World Cup asked what keeps him and he has continued to

be with the franchise ever since.

"I think, as sportsmen, we do have an end date to our careers, so I'm just working backwards, I don't want to finish my career thinking what if I had done this on that particular day because I can't keep going on and on forever," he added.

The former India captain is part of the Indian squad for the T20 World Cup in the USA and West Indies beginning next month.

Former India spinner Harbhajan Singh had recently opined that RCB should think about giving back the team's captaincy to Kohli, saying he has an ideal combination of intent, commitment and aggression to take the side forward from the next season

South African Faf du Plessis is currently leading RCB.

Ronaldo Tops Forbes' List Of Highest-Paid Athletes Again

Agencies

Ronaldo ristiano topped Forbes' list of highest-paid athletes for the fourth time in his career while Spanish golfer Jon Rahm moved up to second following his sensational switch to Saudi-backed LIV Golf. Ronaldo became the world's highest-paid athlete after his move to Saudi Arabian side Al-Nassr and Forbes said the 39-year-old's estimated total earnings were in the region of \$260 million, an all-time high for a soccer player.

His on-field earnings amounted to \$200 million while his off-field earnings were \$60 million thanks to sponsorship deals where brands make use of his 629 million Instagram followers.

Third on the list is record eight-times Ballon d'Or winner Lionel Messi, who made a lucrative switch to Major League Soccer side Inter Miami, helping the Argentine World Cup winner earn \$135 million.

Los Angeles Lakers for-



ward LeBron James is fourth at \$128.2 million and although the 39-yearold, the first NBA player to score 40,000 career points, is nearing the end of his career, the American is set to have one last crack at the Olympics.

Fellow NBA star Giannis Antetokounmpo (\$111 million) of the Milwaukee Bucks rounds out the top five while France soccer captain Kylian Mbappe has dropped down to sixth

(\$110 million).

Former PSG star Neymar, who also moved to the Saudi Pro League to ioin Al-Hilal, is seventh (\$108 million). French striker Karim Benzema, who also moved to Saudi Arabia, is eighth (\$106 million) on the list followed by Golden State Warriors guard Stephen Curry (\$102 million). Lamar Jackson is the only NFL player on the list in 10th place (\$100.5 million).