# KASHMIR OBSERVER

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# J&K Assembly Polls Soon, Statehood To Be Restored: PM

**Press Trust Of India** 

Udhampur: Asserting that the time is not far when the Assembly polls will be held in Jammu and Kashmir, Prime Minister Narendra Modi on Friday said the people of the Union Territory will soon be able to share their issues with ministers and legislators.

The prime minister said the development projects undertaken by the BJP-led Centre in the erstwhile state are just a "trailer", adding that he has to work for the creation of a fabulous picture of a new Jammu and Kashmir in the days to come.

He said Jammu and Kashmir has completely changed and the biggest thing is that there has been a change of heart as people have moved from disappointments towards hope.

"The time is not far when the Assembly polls will be held



in Jammu and Kashmir, which will also get its statehood back. You will again raise your issues with your legislators and ministers," Modi told a rally organised here to garner support for Union minister Jitendra Singh, the Bharatiya Janata Party (BJP) candidate from Udhampur in

the upcoming Lok Sabha polls.

The prime minister asserted that "all the issues of every section of the society" in Jammu and Kashmir will be resolved.

He revealed his vision of carving out a vibrant picture of a new Jammu and Kashmir and said people are saying a lot has

THE CONDITION OF **ROADS, ELECTRICITY, WATER AND INFRASTRUCTURE** has changed. But the biggest thing is that there is a change of heart in Jammu and Kashmir. People have moved

been done in the region.

towards hope."

from disappointments

"You have seen the worst, so this looks like a lot to you. You feel good to see development. But Modi thinks bigger. Modi has a great vision. Whatever has happened till now is just a trailer," the prime minister said.

He added that the ongoing

projects will be completed at a fast pace. "Companies and factories from across the country and outside will come to Jammu and Kashmir. New railway, tunnel and road projects are coming up. A record number of tourists are coming to Jammu and Kashmir," he said.

Jammu and Kashmir has to become a start-up hub, the prime minister said.

He said this new phase is becoming the destiny of Jammu and Kashmir.

"This dream has been seen by several generations. I give you the guarantee that your dream is my resolution. Every moment of fulfilling your dream is dedicated to you. These efforts will be in the name of India. It will change the destiny of Jammu and Kashmir," Modi said.

He said his government will work round the | More on P6

# 'Polls Taking Place Without Fear Of Terrorism'

**Press Trust Of India** 

rime Minister Narendra Modi on Friday said the upcoming Lok Sabha election will take place in Jammu and Kashmir without the fear of terrorism, strikes, stone-pelting and cross-border firing, indicating that the "poll-boycott" campaigns run by the separatists in the last three decades are history now.

Addressing a poll rally in Udhampur, Modi said he has fulfilled his promise of putting an end to the long sufferings of the people of Jammu and Kashmir and challenged the Congress and other opposition parties to bring back Article 370 of the Constitution, which was revoked by the BJP-led Centre in August 2019.

The rally was organised at the Modi ground along the Jammu-Srinagar national highway in support of Union minister Jitendra Singh, who is vying a hat-trick of poll victories from the Udhampur Lok Sabha seat.

Udhampur goes to polls on April 19. The Congress fielded Choudhary Lal Singh and Democratic Progressive Azad Party (DPAP) has nominated G M

Saroori from the seat. "I have been coming to Jammu and Kashmir for the last five decades. I remember the Ekta Yatra in 1992 to unfurl the tricolour at the Lal Chowk (in Srinagar). We received a grand welcome. In 2014, after offering prayers at the Vaishno Devi temple, I addressed a gathering at this very venue and gave a guarantee of freeing the people who have suffered for generations (due to terrorism)," the prime minister said.

He added that with people's blessings, he has fulfilled that guarantee.

"After decades, this election is taking place without the fear of terrorism, separatism, | More on P6

**Kashmir Migrant** 

**Voters Now** 

Fill 'Form M'

**Press Trust Of India** 

**Don't Need To** 

### **PM Demolished Opposition's False Narrative: BJP**

he BJP on Friday said Prime Minister Narendra Modi's assertion on holding Assembly elections in Jammu and Kashmir "demolished" a false narrative "being created" by the NC, PDP and other opposition parties. The BJP's reaction | More on P6

### 'Modi Has Shown A New Sunrise To J&K'

JP National General Secretary Tarun Chugh who is also the party incharge of J&K, today blasted NC President Dr. Farooq Abdullah for misleading people of the union territory and spreading malicious propaganda against the Modi government. | More on P6

### "Ram Temple **Not An Election Issue**"

n a scathing attack on the INDIA opposition bloc for claiming that the Ram temple in Ayodhya is a "poll plank" for the BJP, Prime Minister Narendra Modi on Friday said it is a matter of faith for the people of the country. He compared the mindset of | More on P6

**FEARS OF WAR** 

## **MeA Advises Indians Not** To Travel To Iran, Israel

PRESS TRUST OF INDIA

New Delhi: India on Friday asked its citizens not to travel to Iran or Israel amid escalating tensions between the two countries following a strike on the Iranian consulate in Syria 11 days ago.

Iran blamed Israel for the strike and there have been fears that Tehran may launch an attack on Israel soon.

In an advisory, the Ministry of External Affairs (MEA) also urged the Indians residing in Iran and Israel to exercise utmost precautions about their safety and restrict their movements to minimum.

"In view of the prevailing situation in the region, all Indians are advised not to travel to Iran or Israel till further notice." it said.

"All those who are currently residing in Iran or Israel are requested to get in touch with Indian Embassies there and register themselves," the MEA said.

"They are | More on P6

LS POLLS

# NC Fields Omar From Baramulla, Ruhullah From Srinagar



**Press Trust Of India** 

Nomination

**Process For** 

Srinagar: Former Jammu and Kashmir chief minister Omar Abdullah will contest elections from the Baramulla Lok Sabha constituency, the National Conference announced here on Friday.

**Anantnag-Rajouri** 

**LS Seat Begins** 

Making the announcement party president Farooq Abdullah also told reporters here that influential Shia leader Aga Syed Ruhullah Mehdi will contest from central Kashmir's Srinagar constituency, which has been an NC bastion. | More on P6

### If BJP Does Not Lose **Deposits, I Will Quit Politics: Omar Press Trust Of India**

ational Conference (NC) vice president Omar Abdullah Friday challenged the BJP to contest Lok Sabha polls in the Kashmir Valley, saying he will quit politics if the national party's candidates do not lose their security deposits. If the BJP was confident of its claims on "development and normalcy", then the party should field its candidates in the three seats in the Kashmir Valley, Abdullah told report-

ers at a | More on P6 he Election Commission of India on Friday issued notification for Anantnag-Rajouri Lok Sabha seat which will go to polls on May 07. With the issuance of notification, the nomination process for Anantnag-Rajouri Lok Sabha seat began today. The high-profile seat will witness a fight between Mian Altaf of National Conference, Mehbooba Mufti of Peoples Democratic Party, Ghulam Nabi Azad | More on P6

### **SARFAESI** ACT

# **HCTo See If** 'Efficacious' Remedy Avanable to Borrowers

Says Their Genuine Interest Shouldn't Be Ignored Or Sacrificed M Ahmad

Srinagar: The High Court of J&K and Ladakh has entertained a batch of petitions for deciding them on merits as to whether its intervention would be necessary "efficacious" remedy available

to borrowers and the guarantors under "Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002" (SARFAESI Act).

"Unless the adjudicating forum is readily, easily and regularly available, it can prejudicially affect their right to easy access to justice which

appears to be in the position in the present cases where a large number of petitioners have approached this Court alleging irregular/malafide/ illegal acts on the part of the Banks/financial institutions by violating provisions of the SARFEASI Act," said a bench of Chief Justice N. Kotiswar

Singh and Justice Wasim Sadiq Nargal while holding as "main-tainable" at least 46 writ petitions filed by borrowers and the guaranquestioning, amongst others, that though there is a statu-

tory remedy available, it is of a limited nature and not efficacious. "We hold that these writ petitions are maintainable.

decided on | More on P6

However, since we have only

Jammu: Kashmiri migrants from Jammu and Udhampur districts of Jammu and Kashmir would no longer be required to fill up 'Form M' to vote in the Lok Sabha polls as the Election Commission has ordered changes to the existing voting scheme for the displaced people, fulfilling a

> Earlier, the filing of the form was mandatory for displaced voters from the Valley ahead of every parliamentary and Assembly election in Jammu and Kashmir.

long-standing demand.

According to the new arrangement announced by the EC on Thursday, the Kashmiri Migrant electors in various camps or zones at Jammu and Udhampur shall no longer need to fill 'Form M'. Instead, they shall be mapped with the special polling stations falling in the zones they are registered or residing in, the poll panel said.

In addition, | More on P6

first of its kind magazine that focuses on innovations, entre-

preneurship and startups. The

DIGITAL TRANSFORMATION IN J&K

# Over 480 Govt Offices Go Paperless, File Disposal Rate At 97%

Agencies

Srinagar: With over 480 government offices in Jammu and Kashmir adopting a paperless approach, the file disposal rate of files in the Union Territory has now gone up to 97 percent.

The transition towards digitisation has seen a significant expansion in online services, skyrocketing from 60 to 1100 offerings across Jammu and Kashmir.

According to officials, the Information Technology Department of the Government of Jammu and Kashmir has achieved significant milestones in the realm of digital

transformation, e-governance, and technology integration over the last four years.

"The Union Territory led the way in implementing e-office solutions, with over 480 government offices adopting this paperless approach. With a remarkable file disposal rate of 97%, this initiative has significantly enhanced the overall efficiency of government op-erations," he said, adding, with the implementation of e-Office in J&K. The 150-year-old tradition of Darbar Move was ended. resulting in an annual saving of 400 crore rupees for the public exchequer.

The official added, "Since

2019, the landscape of governance in Jammu and Kashmir has undergone a transformative shift towards digital governance. To date, more than 53 lakh applications have been processed. The surge in online services from 60 to 1100, facilitated by the introduction of the e-Unified Integrated Accessible Transparent (e-unnat) dynamic portal, underscores this progression. Jammu and Kashmir leads among UTs and states in the number of services provided online, offering citizens seamless access to various government services through their mobile devices. J&K is the first in the country | More on P6

## **EMPOWERING YOUTH ENTREPRENEURS**

# 'Startup Kashmir' Magazine Launched at NIT, Srinagar

**Muntazir Yaseen** 

Srinagar: Startup Kashmir magazine was launched at NIT Srinagar by Prof A. Ravinder Nath, the Vice Chancellor Central University Kashmir.

The launch event, held today at NIT Srinagar, witnessed the presence of enablers in the startup community, including Mr. Shahid Ansari, Founder and Chief Editor of Startup Kashmir Magazine, Mr. Shahid Mir, CEO of Greenovator Incubation Foundation (GIF), Prof M F Wani, Prof. G A Harmain (Directors GIF) and Dr. Saad Parvez (PI GIF),

representing the academic community besides Prof Ravinder who also holds the additional charge as Director



NIT Srinagar.

Kashmir Observer was represented by Nazir Ganaie, the

organisation's multimedia

publications shall serve as a connection between the opportunities underlying in the region and the availability of support systems across startup facilitators, incubators and accelerators. This magazine aims to inspire and guide aspiring idea generators and entrepreneurs in realizing their business ventures by providing requisite support and guidance.

Startup Kashmir Magazine powered by Greenovator Incubation Foundation, NIT Greenovator Srinagar, in collaboration with Kashmir Observer, presented the inaugural issue of this mag-

azine. | More on P6

Startup Kashmir magazine

Monday - Saturday (9am - 6pm)

No 5- Dal Lake Boulevard Srinagar, 190001, Kashmir

# KASHMIR OBSERVER O Srinagar | Saturday | 13-04-2024

# **Deaths From Stroke Increasingly Linked To Temperatures Driven By Climate Change**

**Press Trust Of India** 

eaths and disability due to stroke around the world are increasingly linked to temperature changes driven by climate change, a new analysis of global data over three decades has found.

In 2019, there were over 5.2 lakh stroke deaths linked to nonoptimal temperatures, the study, published in the journal Neurology, found.

While the majority of these stroke deaths -- more than 4.7 lakh -- were due to lower than optimal temperatures, researchers also found that number of deaths from stroke linked to higher than optimal temperatures had increased, when compared with 1990. They associated optimal temperatures with the lowest death rates.

The burden of stroke "due to high temperature has increased rapidly, especially among people aged older than 10 years, and was disproportionately concentrated in low Socio-demographic Index (SDI) regions such as Africa," they wrote in the study.

In India, there were nearly 33,000 deaths from stroke attributable to non-optimal temperatures, 55 per cent of which



(roughly 18,000) were attributable to higher than optimal temperatures and 45 per cent (roughly 15,000) to lower than optimal temperatures, the researchers found.

"Dramatic temperature changes in recent years have affected human health and caused widespread concern," study author Quan Cheng of Xiangya Hospital Central South University in Changsha, China, said.

The researchers said that ageing too was a key factor in the increase in burden of stroke attributable to temperature changes.

The team further found that the death rates from stroke due to non-optimal temperatures were higher in men at 7.7 per 1 lakh population, compared to women at 5.9 per 1 lakh population.

Regionally, central Asia was

found to have the highest death rate for stroke linked to non-optimal temperatures with 18 per 1 lakh population.

The team said more research was needed to determine how temperature changes impact stroke and to target solutions to address health inequalities.

"Future research should aim to reduce this threat by finding effective health policies that address potential causes of climate change, such as the burning of fossil fuels, deforestation and industrial processes," said Cheng.

For their analysis, the researchers looked at datasets from the Climate Research Unit Gridded Time Series, the World Bank, and the Global Burden of Diseases study for estimating the spread of stroke burden in 204 countries and territories around the world.

#### NORTHERN RAILWAY **TENDER NOTICE** Chief Medical Supdt. Northern Railway, Firozpur for and on behalf of the President o India, invites expression of interest on the prescribed form for the following work:-Name of work Expression of interest from reputed, registered and licensed diagnostic centres for empanelling name for providing diagnostic services for patients of Sub-Divisional Hospital Amritsar, Health Unit Ludhiana, Jalandhar City, Jalandhar Cantt., Pathankot, Katra and Badgam, Completion period of the work Two years from the date of starting Approx. cost of the work | N.A. | Earnest Money | N.A. Cost of Application form on cash/By post N.A. Any working day from office of Chief Medical Supdt., N.Rly. Firozpur and can be had from the office of Chief Medical Supdt., N.Rly. Firozpur in from 17.04.2024 to 08.05.2024 up to 11:00 hrs. Date and time availability & Place of procuring Chief Medical Supdt., N.Rly. Divisional Hospital of bids Date and time of submi

## Office Of The Zonal Education Officer, Zone Zaldagar

Shah Mohalla Nawa Bazar Srinagar 190002

Subject:-Public Notice

Whereas, there is one Private school failing in Zone Zaldagar namely Igbal memorial School Shalla kadal Haba kadal srinagar closed since 2014 and is not functioning at present.

Whereas, this office is receiving lot of communication from the other departments for verification of discharge issued by the school management prior to close.

Whereas, this office has approached to the school management vide series of communication to handover the records along with admission record to this office so that further action into the matter is solicited.

Whereas, the school management have never turned to this office in connection with handover of records as sought vide series of communication by this office.

Whereas, the CEO Srinagar vide letter No:-Ceo/Sgr/Gen/2917 dated:-02/04/2024 has directed to issue public notice into the matter for general information among all the stake holders as well as other departments that the school management has failed till date to handover the record

All the concerned are hereby informed accordingly.

Zonal Education Officer,

DIPK-81/24 dated;12-04-2024

#### Up to 11:00 hrs. on 08.05.2024. Opening of **NOTIFICATION** bids at 11:30 hrs. on 08.05.2024 I have applied for the issuance of Pesticides license . If any-No.: 15-Med/Lab Investigation Dated: 09.04.2024 1092/2024 SERVING CUSTOMERS WITH A SMILE body has any objection in this regard he/she may file his/her objection in the office of the Plant Projection Officer Lal Mandi Srinagar within a period of seven days from the date of publication of this notice. After that no objection shall be entertained **Mohmad Ashraf Tantry** S/O Ghulam Hassan Tantry

# Raipora Palhallan Pattan

**NOTIFICATION** 

been recorded as NUZHAT in CBSE records instead of NUZHAT

JABEEN. I Syed Kifayat Hussain Rizvi is thus seeking correction

of the mother's name of my ward Riza Abass in CBSE records

requirements in this connection. Anyone having objection, if

any, may register that with the concerned within 7 days from

The Mother's name of my ward (Riza Abass ID 4535)has

It is certified that I have compiled with other legal

from NUZHAT to NUZHAT JABEEN.

the date of publication if this notice.

**Syed Kifayat Hussain Rizvi** 

F/O-Riza Abbas

**NOTIFICATION** Public Notice I have applied for the issuance of Seed license . If anybody has any objection in this regard he/she may file his/her objection in the office of the Chief Agriculture Officer Baramulla within a period of seven days from the date of publication of this

notice. After that no objection shall be entertained

**Mohmad Ashraf Tantry** S/O Ghulam Hassan Tantry Raipora Palhallan Pattan

fko

SS

fko

### Office of the Naib-Tehsildar Pattan

**Executive Magistrate 1st Class** 

Subject: Issuance of Registration orders in respect of delayed Birth

#### **Public Notice**

The registar Births and deaths (EO Municipal Council Pattan/ Block Development Officer Lolpora) has submitted a case file pertaining to Birth of Mohsin Ali s/o Ali Mohammad Bhat R/o Khanpeth tehsil Singpora District Baramulla with vertified date of event (birth) as 21/08/2019 occurred at SDH Pattan

In this connection, if anybody having any objection to the issuance of said registration may contact this office within seven (07) days, after which no objections shall be entertained.

> **Executive Magistrate 1st Class** Naib Tehsildar Pattan

ازعدالت ایکزیکیلیومجسٹریٹ بااجلاس تخصیلدار نارہ بل شلع بڈگام

Government Of Jammu And Kashmir

# Office Of The District Magistrate, Baramulla

Sub.- Deposition of Weapons.

Ref.:-Election Commission of India's instructions vide no 464/NNST120221 EPS dated 26thApril, 2022,

### **ORDER**

Whereas, General Election to the Lok Sabha- 2024 has been announced by the Election Commission of India on 16.03.2024;

Whereas, the Election Commission of India in pursuance to the directions issued by the Hon'ble High Court of the Bombay (in criminal writ Petition No. 835/2009-Sh. Govind Vs Vikram Kumar, the DM &\_Others, vide its order dated 10.07.2009, has issued instruction No. 464/INST/2009/EPS dated 01.09.2009 on deposition of arms wherein, it has

to constitute a Screening Committee in every district consisting of District Magistrate and SP. In the Commissionerate area, consisting of Commissioner of Police and Joint/Add. Commissioner of Police.

The screening committee shall commence the work of screening from the day of announcement of election and shall complete it as far as possible before the date of notification".

Whereas, in pursuance to the directions of the Election Commission of India, the Screening Committee Baramulla has

scrutinized the cases pertaining to:a) Arms License of the persons released on bail.

b) Arms License of the persons having criminal offences.

c) Arms License of the persons involved in rioting at any time but especially during the Election.

Other license holders) having potential to disturb the Election Process. The license holder whose names have figured in the Scrutinize list shall deposit their arms forthwith in the Police Stations having Jurisdiction within a period of 07 days of issuance of this order Any license holder who fails to deposit arms within the period specified above shall be liable for prosecution under section 188 of the Indian Penal Code 1860 It shall be the responsibility of the SHO of concerned Police Station to intimate the license holders featuring in the scrutinized list for deposition of their Firearms (as mentioned in the enclosed Annexure), The list must also be affixed on the notice board of the respective Police stations, SDMs/Tehsildars offices, DSPs offices and office of SSP, Baramulla/ Sopore. The concerned SHO shall give proper receipt against the deposition of such Firearms to the license holders.

Therefore, in light of the above directions, the SHO of all concerned Police Stations are directed to ensure strict compliance. Consolidated compliance- report shall be submitted to the undersigned by the Sr. Superintendent of Police, Baramulla/Sopore within a period of 07 days.

No: DMB/ARMS/2024/967 DIPK-79/24 Dated: 11-04-2024

Minga Sherpa IAS District Magistrate Baramulla **ANNEXURE** 

S. NO	Name of Police Station	Number of Gun License Holders
01	Sheeri	07
02	Uri	17
03	Bijhama	12
04	Pattan	07
05 06	Chandoosa	01
06	Boniyar	02
07	Kreeri	01
08	Kunzer	01
09	Sopore	03
10	Tarzoo	01
	Total	52

fko

The number of Licences (Police Station-wise) scrutinized for deposition by Screening Committee.

ر خواست از جانب وجاحت سبحان بث ولد محمر سبحان بث ساكنه كهور شيرآ بالختصيل بينن بار بهموله بمراد . . . ئصول D.O.B سرٹفکیٹ ابوحضیف بٹ۔ یت. اشتهار بمرادآ گاہی خاص وعام عامله مندرج عنوان الصدر كنسبت ريورث بنجايت سكثري ونمبر دارد بهدو چوكيدارعلاقه وآشاميدًم ہےموصول ہوئی۔مطابق رپورےعملہ فیلڈ سے عیاں ہوتا ہے کہ سائل کے پسرابو حضیف بٹ کی پیرائش مورخہ2017-06-16 کو ہوئی ہے اورسائل ندکورنے تا حال کوئی بھی سند D.O.B عاصل نہیں کی ہے۔سائل مذکوراینے بسر کے فق میں D.O.B حاصل کرنے کا خواہاں ہے۔ س بارے میں بذریعیا خباراشتہار مشقر کیا جاتا ہے اگر کٹی تحض کوکوئی اعتراض نسبت اجراء سر لفکیٹ ہوتو دفتر طذمیں اندرسات یوم پیش کریں۔ بعد گزرنے میعادکوئی عذریااعتراض قابل قبول نہیں

نائب تحصيلدا،

ازعدالت ایکزیکییومجسٹریٹ بااجلاس تحصیلدار نارہ بل ضلع بڈگام عنوان: درخواست مد ژعلی وتو صیف علی پسران علی محمر تیلوانی ساکنه موضع و ڈون بل ضلع بدر اجرائی سوشل کاسٹ /اونی سرٹفیکیٹ بذمرہ تیلوانی اشتهار هرخاص وعام

معامله مندرجه عنوان الصدرمين سائل نے ايک درواست بغرض حصول سوشل کاسٹ سرٹفيکيٺ پیش کی ہے جو کہ زیر کاروائی ہے اس بارے میں پٹواری حلقہ سے رپورٹ طلب کی گئی ہے جس سے عیاں ہے کہ سائل موضع وڈون میں کاسکونت دار ہے اور تیلوانی زات سے تعلق رکھتا ہے۔سائل کا کنبہ 4 افراد پر شتمل ہے کنہ میں ایک سرکاری کرم چاری ہے کنہ کی آمدنی جملہ و مائل ہے مبلغ 408000 دوپیہ ہے۔ سرٹفیکیٹ زیر بحث اجراء کرنے میں اگر کس شخص کو لوئى عزرياا عتراض بوتووه بعد مشتهرا خبارسات دن كے اندراندرآ يے عذرياعتراض ودالت هذا كو دفتری ادقات کے دوران پیش کریں۔بعد گزرے میعاد کو پی عذریاعتراض قابل قبول نہیں ہوگا۔

عنوان : درخواست منجانب عاقب بشرولد بشيراحمد خان ساكنه برن بيش بغرض حصول دُيندُنث مر نفیکیٹ تحق متوفی بشیراحمدخان ساکنه برن مخصیل پیٹن اشتہار ہرخاص وعام معاملہ مندرجی عنوان الصدر میں سائل نے ایک درواست بغرش حصول لیگل ہیرسر ٹفکید پیش کی ہے ۔ جو کہ زیرکاروائی ہےاس بارے میں پٹواری حلقہ سے رپورٹ طلب کی گئی ہے جس سے عیاں ہے کہ سائل كاوالد متوفى بشيراحمە مورخه 2024-02- 12 كوفوت ہو چكاميے متوفى كنيه كى كفالت خودكرتا ں کے علاوہ اورکوئی افراد کئیمہ نہیں ہے۔ انگری سالانہ آمدنی تقریباً ایک لاکھوں ہزارروپ التھا کنید کی سالانہ آمدنی 648240 روپے ہے۔ متوفی کے پیماندگان بذیل ہے۔ گھریلوکام زوجہ متوفی 27سال گھریلوکام دختر متوفی 24سال زرتعلیم پسرمتوفی 21سال زرتعلیم پیرمتوفی عاقب بشير 70سال عمررسيده والدهمتوفي اس کےعلاوہ اور کوئی افراد کنیمہ نہیں ہے۔ مرتھیکیٹ زیر بحث اجراء کرنے میں اگر کم شخص کو وئی عزریاا عتراض ہوتو وہ بعد مشتہرا خبارسات دن کے اندرا ندرآ پنے عذریاعتراض ودالت هذا کو دفتری ادقات کے دوران پیش کریں۔ بعد گزرے میعاد کو بی عذریاعتراض قابل قبول نہیں ہوگا۔ FKO\_r

از دفتر نائب تحصيلدار پيڻن

عنوان: درخواست منجانب رفيقة ينكم بيوه فياض احمد مله ساكنه پين بغرض حصول ليگل هير رُّفْيكيٹ تجق متوفی فیاض احمر مله

عاملہ مندرجہ عنوان الصدر میں سائل نے ایک درواست بغرض حصول لیگل ہیر سرٹفکیٹ پیش کی ہے جو کہ زیرکاروائی ہے اس بارے میں پٹواری حلقہ ہے رپورٹ طلب کی گئی ہے جس سے عیاں ہے کہ ماکلہ کا شوہر فیاض احمد مدور نہ 2022 - 11-19 کوفوت ہو دیا ہے متوفی کے بسماندگان بذیل ہے۔

رفيقة بيكم بيوه فياض احمدمله 50 گھريلو کام زوجہ متوفی عباد فياض ولد فياض احمرمله 26 سال زرتعليم پسرمتو في سُر يا فياض وختر فياض احمدمله 24سال زبرتعليم وختر متونى فاضل فياض ولد فياض احمرمله 20سال زرتعلیم پسرمتوفی اس کے علاوہ اور کوئی افر اوکنہ یہ نہیں ہے۔ سرٹھیکیٹ زیر بحث اجراء کرنے میں اگر سے کہا گر سم شخص کو وئی عزریاا عتراض ہوتو وہ بعد مشتہرا خیار سات دن کے اندراندرآ بنے عذریاعتراض ودالت هذا کو دفتری ادقات کے دوران پیش کریں۔بعد گزرے میعاد کو بی عذریاعتراض قابل قبول نہیں ہوگا۔

بمراد اجرائی سوشل کاسٹ سرٹفیکیٹ بحق سائلہ اشتهار هرخاص وعام معامله مندرجه عنوان الصدر ميں سائل نے ايك درواست بغرض حصول سوشل كاسٹ سرٹھيكيٹ

پیش کی ہے جو کہ زیر کاروائی ہے اس بارے میں پٹواری حلقہ سے رپورٹ طلب کی گئی ہے جس سے عیاں ہے کہسائل موضع وڈون میں کاسکونت دار ہے وار حجام زات سے تعلق رکھتا ہے۔ عيبي الله حجام ولدغلام امد حجام 72 سال مزدوري والدسائل 65سال گھریلوکام والدہ سائل 31سال زرتعلیم سائل خود

نک ہے۔سرٹفلیکیٹ زیر بحث اجراء کرنے میں اگر کشخض کو کوئی عزریاا عتراض ہوتو وہ بعد مشتہر خبارسات دن کے اندراندرآ پنے عذر یاعتراض ودالت ھذاکودفتری اوقات کے دوران پیش کریں بعد گزرے میعاد کو بی عذریا عتراض قابل قبول نہیں ہوگا۔

ہم اُن تمام رشتہ داروں، دوستوں اور ہمسایوں کے شکر گزار ہے جنہوں نے اہلیہ مرحوم محمد سلطان چکن ساکنہ آ ثار کالونی کرمحلّہ کمیٹی کے ہم بے حدمشکور ہیں جنہوں نے عید کے اس فیمتی گھڑی میں بھی اپناتمام تر وقت نکال کر ہمارے ساتھ اس عم میں

اعجازاحمه يندثت

إِنَّالِيْلُهُ وَإِنَّا إِلَيْهُ رَاجِعُونَ

تبر نہایت ہی افسوس کے ساتھ دی جاتی ہے کہ حاجی محمد



سوگواران: عبدالجيدرالقر محدحنيف راتقر، ناصرحين يرب 9149457070

**AIRPORTS** 

**RAILWAYS** 

**HIGHWAY STATUS** 

TRAFFIC POLICE: 9419993745, 01998-266686

Ambulance: Kashmer EMS Service: +91 94841 00200

**PRAYERS** 

4:36

12:32

5:10

7:03

8:28

**FAJR** 

**ZUHR** 

ASR

Magrib

**ISHA** 

PCR: 0194-2452092,2455883

2479488,2452222,2452155 CAPD: 18001807011

SHIEK UL ALAM AIRPORT: 01942303311

SRINAGAR: 0194-2103259

ANANTNAG: 01932-228243

BARAMULLA: 0194-102029

BIJBHERA: 01932-228243

PAMPORE: 01933-294132

PATTAN: 01954-293507

QAZIGUND: 01951-296153

Mughal Road - (Open)

Srinagar-Leh-(Open)

Sgr-Jammu highway - ( Open )

FIRE AND EMERGENCY SERVICES:

SMC HEALTH OFFICER: 9469409081

PDD: 0194-2450213

# **DGP Greets People** On Baisakhi, Dr Ambedkar Jayanti

**Observer News Service** 

Srinagar: On the joyful occasions of Baisakhi and Dr. Ambedkar Jayanti, Director General of Police (DGP) R.R Swain Friday extended warm greetings to the people of Jammu and Kashmir, as well as to the police and security forces personnel, and the families of martyrs.

In a message, the DGP has said that Baisakhi marks the beginning of the new harvesting season, symbolizing hope and prosperity.

Praying for all the citizens living in J&K, Swain hoped that people of J&K will continue to reap the benefits of peace which has been brought in by the sacrifices of the martyrs.

The changed J&K is ready to progress and develop, let's strengthen the bond between Police and public to end the remnants of terrorism, to protect our youth from narco-terrorism and to fight strongly against the gangsters, the DGP has appealed to the people.

The DGP has further stated that Dr. B.R. Ambedkar's remarkable life journey from humble beginning to becoming a pioneer in shaping India's constitution serves as an inspiration to all and encourages all of us to strive for excellence and contribute to making the nation proud.

These festivals are not just occasions for celebration but also serve as reminders of the values of peace, unity, and progress that we should uphold as a society, DGP said in his message.



Agencies

Srinagar: The people living in and around Nowgam have raised concerns regarding road safety management, urging authorities to prioritize smoother traffic flow and reinforce safety measures on all three highways, particularly the vital Bypass-Nowgam route.

The locals voiced their concern for the safety management of flyovers in Srinagar, including Nowgam-Bypass and others.

Saleem, a local of Nowgam said, "There are many death traps on the Nowgam-Bypass flyover, and authorities must take note of them. There should be designated pedestrian pathways as the lack of safety measures causes discomfort and fear among pedestrians using the flyover.'

When contacted, the chief executive of Roads and Buildings (R&B), Sajad Ahmad Nageeb said that their primary objective is to ensure the safety of commuters and vehicles traversing crucial highways.

"Strengthening along these routes is a key step towards achieving this goal," he said.

Locals said the Bypass-Nowgam route serves as a critical artery connecting various regions, and ensuring its structural integrity is paramount for the safety of commuters.

Regarding the accident that happened near the flyover, Naqeeb said he has personally visited the accident spot, and it has come to notice that it happened due to over speeding and wrong lane driving.

"We have geared up the security arrangements on flyovers and have taken note of the matter to prevent further accidents in the future," he added.

The officials from the R&B Department leading the construction work on flyovers, said, "We have ramped up the work and requested people to have patience. We will commence the macadamization of Sanat Nagar road in the coming week and ensure the timely completion of the remaining flyovers."—(KNO)



 $Director\,National\,Institute\,of\,Technology\,(NIT)\,Srinagar\,and\,VC\,Central\,University\,of\,Kashmir\,Prof.\,Ravinder\,Nath$ launched 'Startup Kashmir magazine' on Friday. KO Photo by Abid Bhat

# **LS Polls-2024: First Randomization Of Polling Staff Held In Srinagar**

**Observer News Service** 

Srinagar: The first Randomization of Polling Staff to be deployed across 929 Polling Stations for 02-Srinagar Parliamentary Constituency was held here today at Conference Hall of DC Office Complex.

Randomiza-The tion process was held under the supervision of District Election Officer (DEO) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat in presence of the concerned Officers.

The Randomization process was conducted through dedicated Software as per the prescribed guidelines of Election Commission of India (ECI) ensuring fairness and impartial-

ity in the selection of Polling Staff.

Deputy District Election Officer Srinagar, Mir Imtiyaz ul Aziz, Nodal Officer IT/ ETPBS, Mujtaba Ahmad Banday and other concerned were present in the meeting

HIJRI

CALENDAR

04 Shawal

1445

# This Day In History

- 989- Battle at Abydos: Byzantine emperor Basilius II beats Bardas Phocas
- 1204 Crusaders occupy Constantinople
- 1367 Battle at Nájera Spain: Castile & England beat Aragon & France
- 1517- Ottoman army occupies Cairo 1759- French beat European Allies in Battle of
- Bergen 1796- First elephant arrives in US from India
- 1796- Battle at Millesimo Italy: Napoleon beats
- **Austrians** 1849 - Hungarian Republic proclaimed
- 1868- Abyssinian War ends as British and Indian troops capture Magdala and Ethiopian Emperor
- commits suicide 1869- Steam power brake patented (George
- Westinghouse) 1904- Battle at Oviumbo Africa: Hereros chase
- away German army 1904 - A squadron of the Russian fleet is decoyed
- out of Port Arthur by Japanese maneuvers, when they realize they are sailing into a trap; their battleship Pet®ropavlovsk hits a mine and sinks, with a loss of 700 men
- 1919 British troops open fire on demonstrators in Amritsar, India, killing 350
- 1940 2nd battle of Narvik; 8 German destroyers
- 1941 Pact of neutrality between the USSR and
- Japan is signed. 1944 - Diplomatic relations are established
- between New Zealand and the Soviet Union. 1959 - USAF launches Discoverer II into polar orbit
- 1959 Vanguard SLV-5 launched for Earth orbit (failed) 1960 - France becomes 4th nuclear nation
  - exploding an A-Bomb in Sahara 1981 - Pulitzer prize awarded to Beth Henley for
- "Crimes of the Heart"
- 1981 Wash Post Janet Cooke wins Pulitzer Prize (later admits story a hoax)
- 1983 US performs nuclear test at Nevada Test
- 1984 11th Space Shuttle Mission (41C) Challenger
- 5-returns to Earth 1984 - India beat Pak by 58 runs to win 1st Asia
- Cricket Cup in Sharjah 1985 - "TASS" denounces US boycott of Moscow
- Olympics 1985 - Space Shuttle Atlantis ferried to Kennedy Space Center via Ellington AFB. Texas

# From KO Archives

# Gone Are The Days When We Would Be Dismissed: Faroog

**Observer News Service** 

'AMMU: Chief minister Dr. Farooq Abdullah today ridiculed threats of dismissing his government saying the National Conference was governing the state with massive support of the people who were the real fountain of power.

Nobody can; dismiss us, gone are such days, Dr. Abdullah declared at a largely attended rally organised to felicitate the newly elected member to Rajya Sabha, Mirza Abdul Rashid at Zanana Park here

Without naming Mufti Sayed's People's Democratic Party, the chief minister said some parties were roaming in villages saying that their stand on holding talks with militants has been vindicated. Truth is that decision of releasing Hurriyat Conference leaders was taken after consultations between the state and central governments". He said he was not against holding talks with anybody provided these are held within the constitution.

(Kashmir Observer 13 April, 2000)

## **Mirwaiz Condemns Restrictions On Religious Occasions In Kashmir**

**Observer News Service** 

Mirwaiz Umar Farooq, the chief cleric of Kashmir on Friday expressed dismay over the authorities' decision to allegedly prohibit observances of key religious events including Jumat-ul-Vida, Shab-e-Qadr, and Eid prayers at the central Jamia Masjid in Srinagar.

According to a statement, Mirwaiz critithe contradiction cized between the authorities' optimistic public statements regarding the situation in Kashmir, and their actions that restrict religious freedom. "Every time the mosque is locked down and I am detained at home, their claims get

exposed," he stated. Despite challenges, Mirwaiz reiterated that "our resilience and faith is unwavering. We are disappointed but not disheartened; we have

He emphasized the historical and spiritual role of the Jama Masjid's pulpit as the reflector of truth, vowing to shine light upon the state of affairs to the authorities, "whether they like it or not".

full faith in Allah."

**GOVERNMENT OF JAMMU AND KASHMIR** Jammu & Kashmir Services Selection Board

CPO Chowk Panjtirthi, Jammu/Zamzam Complex Rambagh Srinagar.

www.Jkssb.nic.in Subject: Document Verification of candidates falling under consideration zone for the post of Sub Inspector, Finance Depart-

### NOTIFICATION

ment - Supplementary Document Verification thereof.

All such candidates who are falling under consideration zone and were called for Document Verification for the post of Sub Inspector, Finance Department, UT/Divisional Cadre, advertised vide Notification No. 04 of 2020 dated: 16-12-2020, under Item Nos. 118, 121 & 123, vide this office Notification No. JKSSB-COE0EXAM(UT)/7/2024-03 (7420842), dated: 03-04-2024, but could-not appear before the Document Verification Committee(s) on 08-04-2024 due to various reasons, are hereby given last and final opportunity to appear before the Document Ver Committee on 15-04-2024 (Monday) from 10.00 AM to 02.00 PM at JKSSB, Central Office, CPO Chowk, Panitirthi, Jammu (Jammu Centre based candidates) and at JKSSB, Central Office, Zam zam Complex, Rambagh, Srinagar (Kashmir Centre based candidates), failing which no further claims in this regard shall be entertained at any stage.

Reyaz Ahmad Malik (JKAS)

Controller of Examinations J&K Services Selection Board

No. JKSSB-COE0EXAM(lfT)/7/2024-03 (7420842) DIPK-72/24 Dated: 11-04-2024



#### TRAFFIC ADVISORY / APPEAL (TRAFFIC ROUTE PLAN FOR TULIP FESTIVAL-2024)

Asia's largest Tulip Garden has been thrown open to public on 23rd March-2024 and a large number of tourists and local populace are thronging to Tulip Garden and other gardens in its vicinity especially after Eid-ul-Fitr. Due to the expected rush of people; there are chances of congestion and for the convenience of people and to avoid slow movement, one way traffic **especially on Holidays** shall be regulated:

- People intending to visit Tulip Garden shall adopt Lal Chowk-Dalgate-Boulevard/Gupkar Road to reach Tulip Garden and on their return they shall adopt Nishat-Foreshore-Habak-Dargah-Khanyar route to reach their respective destinations.
- Likewise, motorist's intending to travel from Harwan-Shalimar-Nishat and other adjacent areas towards Lal-Chowk are requested to travel via Foreshore- Hazratbal route instead of Nishat-Boulevard road axis to reach their respective destinations.
- adjacent areas shall adopt 90 feet road and Ali Jan route to reach Lal Chowk instead of

• Motorists intending to travel from Gulab Bagh-Zakoora-Naseembagh-Habbak and

• Visitors are advised to park their vehicles at designated parking places only and avoid parking their vehicles on roadside. Wrongly, parked vehicles will be towed.

## Available parking places are:

- ✓ In front of Botanical Garden
- ✓ Open land at Karpora
- ✓ LCMA Parking at Nishat.
- Emergencies shall be allowed to take the shortest route
- One way traffic will be implemented from 0900 hrs till 1900 hrs.

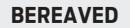
**DIPK-89/24** dated: 12-04-2024

Muzaffar Ahmad Shah-IKPS Sr. Superintendent of Police, Traffic City Srinagar



our gratitude to all those who visited us or conveyed their condolences through different means on the sad demise of late Shamima Ashai W/o Mushtaq Ahmad Ashai of Habbib Colony Baghat Barzulla.

We particularly express our gratitude to Intizamia Committee Nawach Bagh, Intizamia Committee Manirbagh, Intizamia Committee Nowshehra, Sona Tradeways Karan Nagar, Social Activists and prominent Journalists.



**Mushtaq Ahmad Ashai Zubair Ahmad Ashai Zaid Mushtaq Ashai Umer Buthar** 



**Maintaining** anonymity does not mean neglecting the needs of the recipients. It is essential to ensure that the donations are distributed to those who truly need them, fairly and equitably. This requires careful planning, coordination, and communication with relevant authorities and organizations, as well as a deep understanding of the local context

and culture

# **Balancing Charity and Confidentiality**

Upholding Islamic Values in Donation Drives on Social Media in Kashmir

Imran Maqbool Wani



harity and donation of food, clothes, and other essential items are fundamental aspects of Islamic ethics. These acts are considered a means of promoting social justice and equality. Muslims are instructed to provide financial assistance to those in need with humility, sincerity, and compassion, and they are to avoid causing hurt or embarrassment to the recipient. Giving charity is seen as a fundamental responsibility that must be fulfilled by all who are financially able. The concept of charity, or zakat, is deeply ingrained in Muslim culture, and it is viewed as a way to help those who are less fortunate and to promote social welfare and community development.

Moreover, Muslims are encouraged

to give charity in a manner that is ethical and respectful. They are advised to give in secret, where their left-hand does not know what their right hand has given. However, the most important aspect of giving charity is to do so in a manner that is compassionate and ethical. Muslims are taught to give to please Allah and seek His blessings, rather than seek praise or recognition from others.

According to a saying of Prophet Muhammad (PBUH), Allah will grant seven individuals shade on the Day of Judgement. He mentioned six of them and then concluded by saying that one of them is the person who gives in charity secretly, without even letting his left hand know what his right hand has given in charity, and the other is the

person who remembers Allah in solitude and sheds tears out of reverence

"They who spend their wealth in the way of Allah and then do not follow up what they have spent with reminders or injury will have their reward with their Lord. There will be no fear concerning them, nor will they grieve." - Quran (2:262)

In Kashmir, it is heartening to see the social service sector put in tremendous efforts to organize frequent donation drives for food, clothes, and other essentials by Non-governmental organizations, Trusts, and Volunteer groups. In recent times, these drives have gained immense popularity and are often shared on social media platforms to reach a wider audience. It's important to keep the public informed about how their donations are making a difference in the lives of those in need. However, it's crucial to be mindful of the privacy of those receiving donations. Frequently, social media platforms display photographs without obscuring the faces of those depicted. This practice can result in distress and discomfort for the individuals in question. Recognition by friends or relatives can precipitate awkward conversations for them.

Donations should be given selflessly, without expecting any public recognition. Unfortunately, some charity event organizers exploit the publicity of donations to benefit their own reputation. This practice is increasingly common on social media platforms.

We must prioritize the needs of those in need and avoid exploiting their vulnerability for personal gain. We must maintain the dignity and privacy of individuals receiving support and conduct charitable events professionally and with integrity.

In Islam, privacy is highly valued and respected. It is considered a fundamental right of individuals to maintain their privacy and dignity, even in charitable acts. When distributing donations, it is essential to exercise discretion and sensitivity to ensure that the identities and personal details of the recipients remain confidential. This upholds the Islamic principle of protecting privacy and prevents any potential harm to the recipients, such as unwarranted attention or exploitation.

Islam discourages ostentatious displays of charity that may compromise the privacy or dignity of recipients. The Quran warns against those who spend their wealth to be seen by others, emphasizing the importance of sincerity and humility in charitable deeds. Hence, it is recommended to give charity discreetly, without drawing attention to oneself or causing any discomfort to the recipients.

Maintaining anonymity does not mean neglecting the needs of the recipients. It is essential to ensure that the donations are distributed to those who truly need them, fairly and equitably. This requires careful planning, coordination, and communication with relevant authorities and organizations, as well as a deep understanding of the local context and culture.

Respecting the privacy and dignity of individuals is an essential tenet of Islamic ethics and values that must be upheld in all spheres of life, including charitable acts. By doing so, we fulfill our obligation to those in need and contribute to building a just, compassionate, and harmonious society. Ethical, respectful, and compassionate giving can bring about positive change in the world.

As a community, we must continue to support one another while respecting each other's privacy and dignity. It is crucial to work together to create a society that treats every individual with the utmost respect and compassion. This approach will result in a more just, equitable, and humane society that aligns with Islamic values and ethics.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir

The writer is a professional Social Worker is working in the developmental sector and ab be reached at waniimran169@gmail.com

# E-Commerce Needs A Bulwark

Fostering a competitive culture in India will ensure benefits are widely distributed

Siddharth Pai

In India's bustling economy, ecommerce has emerged not just as a convenience but as a cornerstone of the retail ecosystem, reflecting a profound shift in how trade and commerce are conducted in the world's largest country by population. This country's unique position, with its vast population, burgeoning middle class, and increasing internet penetration, offers an unparalleled opportunity for e-commerce growth. Fostering a competitive culture within this rapidly expanding digital market, however, while paramount, is no mean task.

The vectors for stifling competition in this new world are not the same as those that previous monopolistic and oligopolistic enterprises used to employ. In the non-digital world, these effects were often felt by the end consumer, who ended up paying extortionist prices for goods and services. When I was a youth, India, with its MRTP (Monopolistic and Restrictive Trade Practices) Act, policed these would-be monopolists and oligopolists. In addition, whatever was left of unnatural monopolies prior to the 1991 liberalisation disappeared in the wake of the newly opened-up country. Competition became the new norm. Indians could now buy anything at home that previously was available only in foreign countries and were not limited to home-grown firms that had enjoyed the 'licence raj'.

These traditional anti-monopoly

measures do not always apply neatly in the digital context. The lines between different markets are blurred, and services often come at zero initial monetary cost to the consumer. Recognising the importance of competition, the Indian government and regulatory bodies have been keen to frame laws and guidelines that ensure fair play. The Competition Act of 2002, and amended in 2007, were the initial cornerstone legislations aimed at preventing practices that have adverse effects on competition. They aimed to promote and sustain competition, protect the interests of consumers, and ensure freedom of trade in the markets of India.

In recent years, the spotlight has turned towards e-commerce due to its explosive growth and the unique challenges it presents in terms of competition. Predatory pricing, exclusive contracts, and platform neutrality are areas of concern that regulators are addressing. Existing law needs to be expanded.

The Competition Commission of India has already been actively scrutinising e-commerce platforms to ensure they do not abuse their dominant position and that smaller players have a fair shot at success. Allegations of Big Tech firms such as Amazon and Google engaging in anti-competitive practices, from prioritising their products in search results to exclusive selling arrangements, have raised concerns about stifled competition, hindered innovation, and compromised consumer choice. This is in line with what we have seen abroad, particularly in the

The vectors for stifling competition in this new world are not the same as those that previous monopolistic and oligopolistic enterprises used to employ. In the non-digital world, these effects were often felt by the end consumer, who ended up paying extortionist prices for goods and services

European Union (EU), where regulators have been swift to act, and have punished Big Tech firms with large fines for a variety of transgressions. As I have argued before, the EU is a beacon for the rest of the world in the regulation of Big Tech firms, primarily because as a supra-national body, its regulators do not have the horizon problem of elections every few years, like its member nations do.

India's proposed e-commerce policy is a testament to the government's in-

tent to create a balanced, competitive market. The Report of the Committee on Digital Competition Law (RCDCL) is a tour de force. This policy is expected to address key issues such as data localisation, consumer protection, and anti-counterfeiting measures. By setting a clear regulatory framework, the government aims to level the playing field for all participants.

one of the RCDCL's objectives is to stymie unfair trade practices like deep discounting, which can distort the market. Such practices, while seemingly beneficial to consumers in the short term, can stifle competition by driving smaller players out of the market. In the long term, these practices will end up in a TINA (there is no alternative) situation, thereby allowing Big Tech firms who corner the market the licence to exploit consumers.

Fostering this competitive culture in India's e-commerce markets is essential for ensuring that the benefits of this digital revolution are widely distributed. By encouraging competition, India can spur innovation, improve consumer choice, and drive economic growth. Existing and proposed laws play a crucial role in shaping a market that is fair, dynamic, and inclusive. As India continues to navigate the complexities of the digital age, the focus must remain on creating a regulatory environment that balances the interests of all stakeholders and paves the way for a vibrant and competitive ecommerce ecosystem.

Building a competitive culture in e-commerce also involves nurtur-

ing the broader ecosystem, where the government has been active. This includes allowing investment by private firms in digital infrastructure, such as high-speed internet access across the country, and promoting digital literacy among the population. The recent digital leap has enabled even the most remote areas to access goods and services previously out of reach, bridging the urban-rural divide and knitting the country closer together in a web of digital commerce. Encouragingly, the government is already fostering a start-up culture that encourages risktaking and innovation. Support in the form of funding, mentorship, and access to resources helps budding entrepreneurs to bring their ideas to life and compete in the e-commerce arena.

At its core, competition is the crucible in which innovation is forged, and for consumers, it means more choices, better prices, and enhanced service quality. For the economy, it means increased efficiency and productivity, driving growth, and creating jobs. A competitive culture is not just about keeping prices low; it's about pushing the boundaries of what's possible. From drone deliveries to blockchain-based supply chains, the possibilities are limitless.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir. The article was originally published by Financial Express

# Understanding the Friction Inside

# **Unpacking Emotional Baggage for Healthier Relationships**

Wasim Kakroo

uman relationships are complex tapestries woven from the threads of our emotions, experiences, and perceptions. Yet, beneath the surface lies a reservoir of unprocessed emotions, experiences, and perceptions that can seep into our interactions, creating friction and discord. This article delves into the importance of understanding and processing our emotional history to cultivate healthier connections with others.

#### **Unraveling Emotional Baggage**

Our emotional baggage comprises the sum of our past experiences, traumas, and learned behaviors that shape our responses to the world around us. From childhood wounds to adult disappointments, these unresolved emotions reside within us, influencing our thoughts, feelings, and actions. Left unexamined, this baggage can become a heavy burden, weighing down our relationships and stifling our growth.

#### **The Role of Emotional History**

Our emotional history serves as a blueprint for understanding ourselves and our interactions with others. It informs the development of our ego, shaping our self-perception and influencing how we navigate social dynamics. Whether rooted in childhood upbringing, past relationships, or significant life events, our emotional history casts a shadow over our present experiences, often manifesting as patterns of behavior and thought.





ffective communication is essential in navigating the complexities of relationships. By expressing our needs, fears, and boundaries openly and honestly, we create a foundation of trust and intimacy. Moreover, understanding our emotional triggers allows us to communicate more effectively, diffusing potential conflicts before they escalate

#### **Shaping the Ego**

The ego, our sense of self, is deeply intertwined with our emotional history. From early experiences of validation or rejection to societal expectations and cultural norms, our ego forms intricate layers of identity. How-

ever, when shaped by unresolved emotional wounds, the ego can become fragile or defensive, leading to conflicts and misunderstandings in relationships. By unpacking our emotional history, we can gain insight into the roots of our ego and cultivate a healthier sense of self-awareness.

#### **Perception and Projection**

Our perception of the world is filtered through the lens of our emotional history. Past traumas and biases color our interpretation of events, often leading to distorted perspectives and miscommunication. Moreover, unresolved emotions can fuel projection, where we unconsciously attribute our own feelings onto others. This projection creates a cycle of misunderstanding and conflict, perpetuating the friction within our minds and relationships.

#### **Breaking the Cycle**

To break free from the cycle of friction, we must embark on a journey of self-discovery and healing. This involves acknowledging and accepting our emotional history without judgment, allowing ourselves to feel and process the full spectrum of emotions. Therapy, journaling,

and mindfulness practices can serve as valuable tools in this process, offering space for reflection and introspection.

#### **Cultivating Empathy and** Understanding

As we unravel our emotional baggage, we develop a deeper sense of empathy and understanding towards ourselves and others. By recognizing the shared humanity in our struggles and triumphs, we foster compassion and connection in our relationships. Rather than reacting from a place of woundedness, we learn to respond with empathy and grace, fostering healthier dynamics and mutual respect.

#### **Communication and Boundaries**

Effective communication is essential in navigating the complexities of relationships. By expressing our needs, fears, and boundaries openly and honestly, we create a foundation of trust and intimacy. Moreover, understanding our emotional triggers allows us to communicate more effectively, diffusing potential conflicts before they escalate. Setting healthy boundaries ensures that we prioritize self-care and respect in our interactions, safeguarding against the overflow of friction from our minds.

The author is a licensed clinical psychologist (alumni of Govt. Medical College Srinagar) and works as a Child, Adolescent and Family therapist at Centre for Mental Health Services (CMHS) at Rambagh Srinagar. He can be reached at 8825067196

# The Power of **Embracing Uncertainty**

**Nicole Whiting** 

n the realm of psychological inquiry, much focus has been placed on the "knowledge-action gap," which separates what we know from what we do. However, another critical yet underexplored area is the "question-

This gap is where uncertainty, the unknown, and the unknowable live, marking the distance between the questions we pose and the answers we seek. It embodies the core of human curiosity and the drive to explore, whether in personal growth, education, or professional endeavors. This isn't merely a void; it's a space filled with possibilities, where our curiosity propels us to challenge conventional wisdom and extend the edges of our capabilities.

Here, adopting an "I don't know" mindset evolves from a potential critique to a powerful stance. Uncertainty and the unknown are typically viewed with apprehension, yet they are the very elements that catalyze learning and innovation.

Embracing this gap allows us to transform uncertainty into a catalyst for significant insights and breakthroughs. It prompts us to recognize that not having all the answers isn't an endpoint but a starting point for discovery. This perspective is essential for fostering continuous growth, pushing us to constantly seek new knowledge and innovative solutions, thus unlocking our full potential and expanding the realm of what's possible.

### **The Illusion of Control**

The concept of control is a cornerstone of psychological research, often associated with increased stress and anxiety when that control is perceived to be lost. Yet paradoxically, it's in the relinquishment of this very control that we can decrease stress, improve mental health, and ultimately find more profound empowerment.

Researcher Carol S. Dweck's seminal work illuminates how facing uncertainties with a growth mindset—embracing the challenges they present-can significantly enhance our resilience and adaptability, offering a more nuanced understanding of control's role in our lives (Blackwell, L.S., Trzesniewski, K.H., Dweck, C.S. 2007).

Uncertainty, rather than a barrier, can be the fertile soil from which creative thought and action springs. It invites us into a space free from the constraints of predetermined outcomes, where new ideas can take root. Research by Mueller, Melwani, and Goncalo (2011) reveals that comfort with uncertainty nurtures divergent thinking-a cornerstone of creativ-





is a cornerstone of psychological research. often associated with increased stress and anxiety when that control is perceived to be lost. Yet paradoxically, it's in the relinquishment of this very control that we can decrease stress, improve mental health, and ultimately find more profound empowerment

ity-allowing for the birth of novel solutions and groundbreaking ideas. Curiosity is an innate drive that propels us toward exploration and

discovery. Kashdan and Silvia (2009) argue that curiosity transforms the anxiety of the unknown into a positive exploratory excitement, promoting well-being and adaptive behaviors. This shift is crucial for navigating life's unpredictability with grace and an open mind.

# **Practical Steps for Navigating Uncertainty** Stepping beyond the veil of certain-

ty doesn't plunge us into chaos but instead expands the horizon of possibilities. Barry Schwartz's insights into the paradox of choice highlight the double-edged sword of abundance-while at times overwhelming, the freedom to choose underpins our autonomy and satisfaction.

Embracing uncertainty opens up a landscape rich with potential paths, each inviting personal exploration and growth (Schwartz, 2004). Try the following to get started:

Cultivate curiosity. Curiosity allows for an exploratory engagement with the world, inviting a rich tapestry of experiences and learning. Jackson (2023) describes uncertainty as "wis-

dom in motion," emphasizing that knowledge is not static but evolved through the embrace of the unknown. By fostering curiosity, individuals can navigate uncertainty with an empowered stance, viewing each moment of not knowing as an opportunity for growth.

Practice patience. The rush towards certainty can overshadow the potential hidden within uncertain moments. O'Donohue (2018) beautifully captures this sentiment, stating that "possibilities are always more interesting than facts." This perspective invites a patient approach to life's uncertainties, recognizing that the journey, with its myriad of potential paths and outcomes, is as significant as the destination.

Have your own back. Developing a resilient relationship with failure and uncertainty is essential for personal growth. This entails supporting oneself through trials and errors, acknowledging that while outcomes may not always be predictable, one's ability to navigate and adapt to them is within our control. This selfsupport fosters a resilience that is invaluable in the face of life's

inevitable uncertainties. Embracing uncertainty is more than a philosophical ideal; it's a practical approach to living a full and meaningful life. By acknowledging the illusion of control, nurturing our creative instincts, and welcoming curiosity, we can transform the unknown from a source of fear to a wellspring of

The "question-answer gap" then becomes not a chasm to fear but a space of exploration, where the seeds of our potential await the nourishment of our courage and openness.

The article was originally published  $by \, Psychology \, Today$ 

# The Islamic Calendar And The **Month Of Shawwal Explained**

**AMALIAH TEAM** 

hen we're running on to forget that we're existing on a whole other timeline in the Islamic world. While many of us know the months of the Islamic calendar, and while most of us have Ramadan on lock, for some of us it's easy to forget that the months that follow or precede it are just as im-

Eid al-Fitr is the start of the holy month of Shawwal.

#### A Bit About How The Islamic **Calendar Works**

In pre-Islamic Arabia, months, days of the week and years weren't formatted numerically, they were done so according to major events that took place during the year. One such example is the recorded, 'Year of the Elephant', the year that the King of modern day Ethiopia embarked on the destruction of the Kaaba in Makkah with a hoard of elephants, importantly, it's also the year the Prophet Muhammad (\*) was born. When Islam was born, our Hijri calendar was aligned with the moon, and the lunar calendar is what we operate with now. Like in pre-Islamic Arabia however, our first calendar years were named after major events, the first 10 years after the Hiira (the migration of the Muslims from Makkah to Madinah) were also recorded according to major events:

- The year of permission. The year of the order of
- fighting. The year of the trial. The year of congratulation
- on marriage The year of the earthquake.
- 6. The year of enquiring. The year of gaining victory.
- The year of equality. The year of exemption.
- 10. The year of farewell. We're currently in the year 1445 AH (After-Hijri), Alhamdullilah.

### So what's the significance of the month of Shawwal in the Islamic

The month of Shawwal is the 10th month in the Islamic calendar, its name was given to signify the time of year in which the she-camel would be pregnant with her baby. A symbol of new life and renewal after a month of spiritual cleansing. It's

a truly transformative period for Muslims as in this month, we're afforded many opportunities to put into action what we may have learned or struggled with during the month of Ramadan:

- Allah (SWT) provided us with more blessings in the form of the 6 days of Shawwal – 6 days you can fast at any time during the month together with your Ramadan makes it as if you fasted the whole year: "Whosoever fasts during the month of Ramadan and then follows it up with six days of fasting of Shawwal will be rewarded as if he or she had fasted the entire year" (Muslim)
- We're given Eid-al-Fitr on the first day of Shawwal The Hajj season commenc-
- es in Shawwal It's the only other month in the Islamic calendar that is

recommended for us to fast in. One thing that always gets me whenever I read about the month of Shawwal is that a sign of an accepted Ramadan is that you intend to fast the 6 days of

It's like a mirror held up to my face about whether I've actually meant what I've cried about in my du'as, when I've asked for forgiveness, or pledged to do more. It's a Sunnah of the Prophet (\*), which means that it's not incumbent upon any one of us to fast these six days, but it's recommended for the benefit of the believer. In fact, for anyone looking for an easy solution to suffering from those post-ramadan blues, fasting the 6 days of Shawwal is a great way to keep up the momentum of fasting and the spiritual benefits of doing so.

There's no doubt about it, it's a bit of an extra push after a month of long fasts like the one we've just had. The golden take-away from having this mirror held up to us is not to be disheartened if you feel you can't fast the 6 days, whatever your reasons are. It could be that you take another, different step towards ibadah (worship) just by being reminded that Shawwal is upon us, or it could be that you prepare to be more mindful. Don't be hard on yourself if you don't feel able. One step at a time, it's okay to be a Ramadan Muslim.

God does not burden any soul

with more than it can bear: each gains whatever good it has done, and suffers its bad- 'Lord, do not take us to task if we forget or make mistakes. Lord, do not burden us as You burdened those before us. Lord, do not burden us with more than we have strength to bear. Pardon us, forgive us, and have mercy on us. (Surah Al-Baqarah 2:286)

### **Time Well Spent**

Many more of us would recommend spending time trying to internalise the teachings of our faith as opposed to absentmindedly reciting or memorising key facts, dates, names, etc. However, these things are still good to know, and I've often found that memorising things, even if they're of no particular meaning to me at that specific time, always crop up in places I least expect, and I'm able to make a great connection. That feeling helps me internalise what I've learned more than anything else, and it's a great way to increase the scope of your knowledge, a small step in the direction of knowledge has you climbing ladders without you even realising.

Our intentions are the key to all knowledge and it's the best way to fill our years with Barakah (blessings).

Below is a list of the Islamic year in order. Why not try learning about the significance of the months we live in, and what Allah (SWT) and his Messenger (\*\*) have advised us about them?

### **Islamic Hijri Calendar:**

- Muharram Meaning 'Forbidden'
- Safar Meaning 'Void'
- Rabi al-awwal Meaning 'The First Spring' Rabi ath-thani – Meaning
- 'The Second Spring' Jumada al- Ula Meaning
- 'The First of Parched Land' Jumada al-Akhirah – Meaning The Last of Parched Land'
- Rajab Respect 'Honour' Shaban – Meaning 'Scattered'
- Ramadan Meaning 'Burning Heat' Shawwal Meaning
- 'Raised' Dhul al- Qa'dah - Meaning
- 'The One of Truce' Dhul al -Hijjah - Meaning 'The One of Pilgrimage'

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# J&K Assembly Polls clock to realise the dream of "Viksit

Bharat 2047".

"This is the guarantee of Modi. In the last 10 years, we have cracked down on terrorism and corruption in the region. In the next five years, we will take this region to new heights of development and progress," the prime minister said.

He asserted that Jammu and Kashmir has completely changed in the last 10

"The condition of roads, electricity, water and infrastructure has changed. But the biggest thing is that there is a change of heart in Jammu and Kashmir. People have moved from disappointments towards hope," Modi said.

The prime minister said he had come to pay obeisance to Vaishno Devi and also have a "darshan" of the people of the region. "Those living with the Mata's blessings are revered for me," he said.

### **'Polls Taking Place**

stone-pelting, strikes and cross-border terrorism, which are no more election issues. There used to be a concern regarding the security of the Vaishno Devi and Amarnath pilgrimages, but the situation has changed altogether. Jammu and Kashmir is witnessing development and the people's faith in the government is getting strengthened," Modi said.

After Pakistan-sponsored terrorism reared its head in the 1990s, the separatists led by the Hurriyat Conference used to run poll-boycott campaigns in Jammu and Kashmir. The upcoming Lok Sabha polls will be the first election in the region after the abrogation of Article 370 and there is neither such a campaign nor stone-pelting this time around.

Referring to the revocation of Article 370, Modi challenged the Congress and other opposition parties to get back the contentious constitutional provision and said "they cannot do it".

"Families with a dynastic set-up have harmed Jammu and Kashmir more than anyone else. These parties are of the family, by the family and for the family and they are the ones who created the wall of Article 370. They created an illusion that only Article 370 can safeguard the lives of the people here.

"With your blessings, Modi has not only demolished this wall but even buried its debris. I challenge the opposition parties, especially the Congress, to announce that they will get Article 370 back. The country will not even look at their faces," he said.

Modi said some political parties thought that revoking Article 370 will engulf the region in a fire and Jammu and Kashmir will get separated from the

"The youngsters of the region showed them the mirror. When the people came to know about their reality and rejected them, these parties started spreading this impression in the rest of the country. Ask my sisters and daughters in Jammu and Kashmir who was craving for their rights? They know that their brother and their son gave them their rights," he said.

The prime minister asserted that the revocation of Article 370 ensured justice for various sections of the society, who got their constitutional rights for the first time after independence.

"The mothers of our soldiers are no more concerned about stone-pelting. The mothers in the valley are showering me with blessings because they are no more concerned that their sons would fall in wrong hands. They are sleeping with ease. Bridges are not burnt anymore while a new AIIMS, IITs and IIMs are coming up along with modern tunnels, wide roads and railway travel, which are becoming the destiny of Jammu and Kashmir," he said.

Modi said his government has cornered the terrorists and corrupt in the last 10 years and that Jammu and Kashmir has completely changed in this period.

"The biggest achievement is the change of heart and the people moving from despair to hope. Tourists and pilgrims are coming in large numbers to both regions of Jammu and Kashmir, which was a dream of the people here,' he said, adding, "Your dream is Modi's resolve. Modi has dedicated every minute of his life to you and the country and is working 24x7 to fulfil the guarantee of 'Viksit Bharat' by 2047.

"Please trust me, I will get rid of the problems plaguing Jammu and Kashmir for the last 60 years," he said.

Seeking votes for Bharatiya Janata Party (BJP) candidates Singh (from Udhampur) and Jugal Kishore (from Jammu), Modi said the upcoming election is also about providing a strong government at the Centre that can face the country's challenges head-on.

The prime minister slammed the Congress for delaying the Shahpur-Kandi dam's completion in Jammu and Kashmir and said "the water of our Ravi river was flowing to Pakistan while our farmers in Samba and Kathua were suffering. Modi fulfilled the guarantee to farmers as thousands of them are going to benefit from the completion of the dam, which will also illuminate the houses here".

### PM Demolished

came after the prime minister, while addressing a poll rally in Udhampur earlier in the day, asserted that the time was not far when the Assembly polls would be held in Jammu and Kashmir, which would also get its statehood back.

"I would like to congratulate the people of Jammu and Kashmir because the prime minister has reiterated his resolve to hold early elections in Jammu

who is the party's co-in charge for the Union Territory, said.

He alleged that the top leaders of National Conference, People's Democratic Party and other opposition parties were creating a false perception of the issue by claiming that the BJP-led Centre was afraid of holding Assembly elections in Jammu and Kashmir.

"They were creating a false perception that things are not normal in Jammu and Kashmir, the security situation is normal and that the government of India is afraid of holding elections.. This was the kind of narrative Abdullahs, Muftis and others were creating which has (now) been demolished," Sood charged.

Sood said that Prime Minister Modi and Home Minister Amit Shah had earlier reiterated that the Centre will hold "early elections in Jammu and Kashmir as and when the security situation and other factors make it compatible".

"It's Modi's guarantee that elections will be held in Jammu and Kashmir. Muftis, Abdullahs and Gandhis should understand that Modi's guarantee never fails," the BJP leader said.

### **'Modi Has Shown**

Chugh said the Modi government has ushered in a new era of development and growth in J&K which is becoming very uncomfortable for Faroog Abdullah to digest because all these years he has been harping on divisive and anti-national idiom of politics.

Chugh said it is high time that Farooq stopped seeing things in J&K from the Italian glasses.

In the last seven decades Abdullahs, Mufits and Congress family leaders have done nothing positive for the people of J&K. Violence, killings, stone pelting, strikes were the norm of the day in their times. And when BJP makes efforts for welfare and well-being of people they are trying to incite masses against ruling dispensation instead of accepting their crimes they committed in their regimes on hapless people of Jammu and Kashmir," Chugh said.

He said since Article 370 was abrogated, Kashmir has become a new land of opportunities and development where the youth can look beyond guns and bul-

lets and talk about computers and sports. There is a distinct sigh of relief among the people in J&K as they were stuck in the clutches of dynastic political parties who use common masses as canon fodder. People are living a peaceful life, business has flourished, tourism has broken all previous records, international tourists are visiting J&K, roads & tunnels have been constructed at a greater pace and youth have been provided livelihood opportunities. This is what BJP did in the last five years," Chugh said.

Chugh advised the NC President to look at things going around without the spectacles of Italy. "Dr. Farooq should accept all the nefarious designs that he wove to keep himself in power by fooling the people of J&K, " said Chugh adding that Abdullah should accept the developments BJP did in the last five years across the country in eneral and J&K in particular."

On Omar Abdullah's nomination from the north Kashmir segment, Chugh said this amplifies NC's admission of defeat in the heart of Kashmir. "As NC leader Omar Abdullah has decided to contest LS polls from north Kashmir, it speaks volumes of their credibility. Today NC admitted its defeat and expressed that people of Srinagar have rejected their so-called dogma. Their negative rhetoric on Article 370 restoration has exposed them in public," Chugh added.

### "Ram Temple

the Congress and its allies with that of the Mughals, who he said used to derive pleasure from vandalising temples, and accused them of teasing the majority community by displaying videos of consuming meat during the month of Sawan to consolidate their vote banks.

"You must have seen how the Congress hates the Ram temple. The Congress and its entire ecosystem start screaming if there is even a reference to the temple. They say the Ram temple is an election issue for the BJP. It was never an election issue and will never be an election issue," the prime minister said at a mega public rally here in Jammu and Kashmir.

Amid tight security arrangements, Modi hit the campaign trail in Udhampur for Union minister Jitendra Singh, who is seeking re-election for a third consecutive time from the Udhampur seat in the

upcoming Lok Sabha polls. Modi pointed out that the Ram temple movement started when the Bharatiya Janata Party (BJP) was not even born. "It was an issue at a time when the British were vet to come. It is a 500-year-old matter when there was no thought of

elections," he said. Taking a dig at the Congress for declining the invitation to the consecration ceremony of the temple, Modi said, "What kind of an election game was it that you declined the invite to this holy function? It is an election issue for the Congress and the INDIA bloc, whereas it is a matter of devotion and faith for the country's people," he added.

The prime minister said the temple was a victory of tolerance.

"It was a victory after a long wait of 500 years. When foreign invaders vandalised temples, the people of India fought to protect their religious places. They faced the worst situations for protecting their faith," he said.

Taking a dig at the leaders of the Congress and its allies, who he said

and Kashmir," BJP leader Ashish Sood, were living in huge bungalows when Ram Lalla was living in a tent, Modi said people used to run from pillar to post to get the tent changed during rains, only to be threatened with court cases.

"This was an assault on the faith of crores of people who considered Ram as the prime deity for worship. We had told these people that one day, Ram will return to his temple. Do not forget three things -- one, this is a reality now after 500 years of fighting. Do you agree? Secondly, it has been done through a full process of the judiciary. It has been vetted by a court judgment and its justice delivery system. Thirdly, the people of India have contributed every penny for the construction of the temple, not the government," he said.

Modi said the trustees of the temple, after forgiving the opposition leaders for the sins committed by them against those batting for the shrine, invited them by going to their houses, but "they declined the invitation".

"I want to ask the Congress that when you were speaking against it day in and day out, as part of which election issue were you doing so? Every devotee of Lord Ram has seen your arrogance when you ignored the biggest event to which crores of people were attached," the prime minister said.

He claimed that declining the invitation was the election game plan of these parties. "What type of compulsion was his that you said Ram was imaginary? Which vote bank were you catering to? The Congress and the INDIA bloc do not care about the majority of the country's people. They feel happy to insult their eelings," Modi said.

#### **MeA Advises**

also requested to observe utmost precautions about their safety and restrict their movements to the minimum," it

### **NC Fields Omar**

After the abrogation of Article 370, and the downgrading and division of the erstwhile state of Jammu and Kashmir into two union territories, Omar Abdullah, the NC vice president, had announced he would not contest assembly elections unless J-K's statehood was restored.

Spread over 18 assembly segments, the Baramulla Lok Sabha seat would be one of the keenly watched contests as electoral dynamics in the constituency have changed after delimitation.

The constituency, which encompasses four districts of Baramulla, Kupwara, Bandipora and parts of Budgam, is pegged for a key contest with a largely direct fight between the NC and Peoples Conference chief Sajad Gani Lone, the separatist-turned-mainstream politician.

The junior Abdullah would be banking heavily on Shia support as the constituency has many Shia dominated areas that include Budgam, Beerwah, Pattan, Sonawari and Bandipora, among other pockets.

Baramulla Lok Sabha constituency was redrawn in the delimitation exercise, undertaken after the abrogation of Article 370 in 2019, to include two assembly seats of Budgam district segment in Baramulla and Kupwara.

Before delimitation, the constituency has been a forte of the NC as the party has wrested the seat ten times since 1957. The Congress has won four times and the PDP once.

In the last general elections in 2019, NC candidate Mohammad Akbar Lone secured 133,426, defeating his nearest rival Raja Aijaz Ali of the Peoples Conference who polled 1,03,193 votes.

Independent candidate Sheikh Abdul Rashid polled 1,02,168 votes to grab the third spot, while the PDP candidate Abdul Qayoom Wani with 53,530 votes stood at number four.

Rashid, who contested the last elections but is under NIA custody on terrorfunding charges, has an influence in Langate assembly segment of the constituency which he represented in the erstwhile J-K legislature twice.

His party, Awami Ittehad Party (AIP). has announced it will field Rashid, who is currently in detention in New Delhi's Tihar Jail, from the seat for the Lok Sabha polls.

The PDP, which stood at a distant fourth place in the last elections, has fielded former Rajya Sabha MP Fayaz

This will be the first time since the 2009 general elections that Omar Abdullah will contest the Lok Sabha

He was first elected to Lok Sabha in 1998, at the age of 28, when he won the elections from Srinagar, becoming the youngest member. In 1999, he was re-elected to 13th Lok Sabha, and on October 13, 1999, took oath as Union Minister of State, Commerce and

On 22 July 2001, he was made Union Minister of State for External Affairs.

However, Omar Abdullah resigned from the post on December 23, 2002, to concentrate on party work.

In the run-up to the 2002 legislative assembly elections in J-K, the junior Abdullah was chosen to lead the NC, while Farooq Abdullah shifted base to the Centre. However, Omar Abdullah lost assembly polls from Ganderbal constituency.

While Farooq Abdullah was elected to the Rajya Sabĥa in 2002 from J-K, and then re-elected in 2009, Omar Abdullah contested and won the Lok Sabha polls from Srinagar constituency in 2004.

During the vote of confidence vote them on three seats, he added. in the Lok Sabha on July 22, 2008, Omar Abdullah gave a fiery speech in

Parliament which was praised by many. Omar Abdullah then went to become Jammu and Kashmir's chief minister when his party entered into an alliance with the Congress in January 2009 after the assembly elections.

In 2009, his father resigned from the Rajya Sabha and won a seat in the Lok Sabha from Srinagar.

When the senior Abdullah contested the Srinagar Lok Sabha seat again in the 2014 elections, he was defeated by the People's Democratic Party (PDP) candidate Tariq Hameed Karra.

However, Karra resigned from Lok Sabha in 2017 leading to a by-election for the Srinagar parliamentary seat which Farooq Abdullah won defeating the PDP candidate Nazir Ahmed Khan. The NC president won the Lok Sabha polls again in 2019.

Omar Abdullah won the assembly elections in 2008 from Ganderbal constituency. He had contested and won the 2014 assembly elections from Budgam's Beerwah segment which is now a part of the Baramulla Parliamentary constituency. After the delimitation exercise in

K in 2022, the re-drawn Srinagar Lok Sabha constituency is now spread over the districts of Srinagar, Ganderbal, Budgam, and parts of Pulwama and Shopian comprising 19 assembly segments.

Considered the party's stronghold, Srinagar seat has been wrested by the NC 12 out of 15 times it went to polls/ bypolls since 1967. The Congress, the PDP and an independent have won from the constituency once each.

The party has already fielded senior Gujjar leader Mian Altaf from Anantnag-Rajouri Lok Sabha seat.

The party, which is a part of the opposition's INDIA-bloc, is contesting on three seats in Kashmir valley, while it has left two seats in Jammu and one seat in Ladakh to its ally Congress.

Srinagar goes to polls on May 13 while voting in Baramulla will be held on May

### **Nomination Process**

of Democratic Progressive Azad Party and Zaffar Manhas of Apni Party. The BJP is yet to name its candidate for the seat.

### **If BJP Does Not**

press conference here.

At the press conference, the party announced that Abdullah would be the party's Lok Sabha candidate from Baramulla and Shia leader Aga Syed Ruhullah Mehdi would contest from Srinagar. When asked about the BJP's charge

that the NC, PDP and Congress had done no good work in Jammu and Kashmir, Abdullah said, "I don't think I need to react. Let the people do that. If what the Prime Minister says has so much power, then let them field BIP candidates and seek votes in the name of the BIP." "What you (BJP) did on Article 370, what you claim about development or normalcy... then field BJP candidates and see how many votes the BJP candidates of the secured debts." -- Budgam and Beerwah -- both Shia would get. Your attempts to prop up A you say that you have done so much work and that we have done nothing in Jammu and Kashmir, then we should lose our security deposits in the elections," he said.

The NC vice president, who was flanked by his father and NC president Faroog Abdullah, and senior leaders of the party, asked why the BIP was trying so many things to defeat them.

Referring to the reported meeting between BJP general secretary and incharge J-K Tarun Chugh and Apni Party chief Altaf Bukhari here, he said, "What was the need for Tarun Chugh to bring all of these on one stage to defeat us? "If we have done nothing, people will not accept us. If the people would not accept us, then why are you taking our names in your speeches regularly? In that case, why are you using your agencies against us?" he said.

"If you have done so much, then please field BJP candidates on these for the benefit of financial institutions/ three seats (in Kashmir). If they do not lose their security deposits, then I will quit politics," he added.

Asked why he chose the Baramulla represented in Lok Sabha several times, Abdullah said the assembly segment he last represented - Beerwah - is now a part of Baramulla Lok Sabha seat after the delimitation. "So, I am technically a north Kashmir contestant." he added.

Abdullah said he was strong everywhere and therefore, his fight is not against any individual in north Kashmir or in any other part of J&K.

It is against New Delhi's attempts to prop up, which until recently were proxies, but are now open about their support to the BJP, he said.

Chugh came here some days ago. He went to Altaf Bukhari's house. Then asked (J&K People's Conference chief) Sajad Lone to reach there and then gave them instructions there. They are now openly dancing to BJP's tunes," he said. Abdullah said he is also contesting

from north Kashmir as the party wanted to defeat the central government, which is eyeing the Baramulla constituency as Sajad Lone is contesting from the seat.

Asked about Congress' support for the NC in the Valley, he said, "There was a press conference in Delhi. Did the Congress leave any doubt after that?" The Congress has said they will support us on three seats and we will support

"Farooq Abdullah has already attended the programmes of the Congress' Jammu and Udhampur candidates. I am starting my programmes from Sunday from Chenab valley to prepare my colleagues to work for the success of the Congress candidates," he said.

When asked about Prime Minister Narendra Modi's statement in Jammu that I&K's statehood would be restored and that assembly elections will be held soon, Abdullah said the Centre was not doing us a favour, adding that it would have been a favour if the government would have granted statehood or held elections before the Supreme Court

"This has become a compulsion on them to conclude elections before September 30," he said.

"As far as statehood is concerned, they have failed to make us understand why they took it away. Article 370 was in their manifesto, but where is the justice in downgrading the statehood of Jammu and Kashmir. They have not been able to make the SC understand that decision." he said.

On NC's chances in Anantnag-Rajouri seat, Abdullah said that while the NC was ready to contest, the BJP should be questioned on their plans for the seat.

He said the BIP does not have a candidate but are naming candidates like Ghulam Nabi Azad (Democratic Progressive Azad Party chief) from its "A team, B team and C Team", and claimed that the former Congress leader has flipflopped on contesting from the elections.

The NC's candidate for the Srinagar Lok Sabha seat, Mehdi, said he will try to connect with the sentiments of the people and try to "bring out their voice which they are otherwise scared to express out of fear. Mehdi has been vocal in his criticism of the abrogation of Article 370.

On the Peoples Alliance for Gupkar Declaration (PAGD), Mehdi said, "Given the circumstances that we are faced with, I would have been glad if we all were united. We all need to introspect why we parted ways and where we went wrong. We should try to mend ways," he said.

Abdullah said the NC has kept its doors open for an alliance for the assembly elections.

### **HC To See If**

the preliminary issue as the issue of maintainability of these petitions, we will have required to decide on the merit of each case as to whether our intervention under Article 226 of the Constitution would be necessary for which we will take up these writ petitions individually and consider the pleas taken therein separately," the court said and directed that all these please be listed again after a month during which time it directed authorities concerned to file their respective affidavits.

"An endeavour will be made to dispose of these writ petition individually as expeditiously as possible, considering the fact that the interim orders passed by this Court will have huge financial implications as the Banks may feel that they have been denied speedy recovery

The court said that though the debtors ultimately may be found to be each set of electors," it said. without merit, yet if such challenges are genuine and valid and if no effective redressal mechanism is readily, regularly and easily available, it can cause grave prejudices and injustices to such borrowers/debtors.

"Therefore, providing a redressal forum which is easily, readily and regularly available to the borrowers/aggrieved persons is sine qua non for effective and just implementation of SARFAESI Act."

The court said that it is mindful of the fact that SARFAESI Act is a stringent piece of legislation enacted "to protect the interest of the creditors and for better management of the economy of the nation where a large number of borrowers default in making timely payment, rendering the accounts and assets nonperforming which has a cascading effect on the economy of the country." "These stringent provisions have been made secured creditors to have easy access to the secured assets of the borrowers for speedy liquidation of debts," the court said, adding, "While such a public policy seat instead of Srinagar which he has cannot be doubted and the vires of this Act has been already upheld by the Apex Court, it does not necessarily mean that the genuine bonafide interest of the borrowers should be ignored or sacrificed."

In fact, the court said, there may be occasions where the financial institutions/Banks may not have proceeded strictly in accordance with provisions of munity to participate in the ensuing SARFAESI Act which may lead to chalparliamentary elections en masse. lenges by the borrowers and guarantors or the aggrieved persons.

"Under the circumstances, because of the stringent provisions of the Act, it is incumbent upon the authorities to provide equally efficacious redressal forum which is readily, easily and regularly available which will provide relief in a speedy and convenient manner, so that the borrowers and such aggrieved parties can promptly, without undue difficulties, challenge those acts which would have the effect of dispossessing their properties". However, the court said, if the redressal forum is not effective, efficacious and readily available, sometimes grave injustice can be caused to the borrowers and debtors, in which event, this High Court can step in to prevent injustice by invoking extraordinary jurisdiction under Article 226.

### **Kashmir Migrant**

the commission also eased the process of filing Form M by the migrants staying in Delhi and other places in the country, by allowing self-attestation instead of the earlier required certification by Gazetted officers.

However, to avoid impersonation at the Special Polling Stations, the voters will have to carry either carry voter I card or any of the alternate documents prescribed by the Commission for the identification of electors. "There is no change in the postal bal-

lot facility and the same continues to be as notified earlier. They have to fill out Form 12C to seek a postal ballot. Form 12C can be filled by any migrant, no matter where he is residing – at Jammu, Udhampur or Delhi, Mumbai, Noida," an official press release said.

The decision was taken by the commission after a meeting on Friday chaired by CEC Rajiv Kumar along with Election Commissioners Gyanesh Kumar and Sukhbir Singh Sandhu.

The Lok Sabha polls in the Union Territory will be held in the first five phases on April 19 (Udhampur) and April 26 (Jammu), May 7 (Anantnag-Rajouri), May 13 (Srinagar) and May 20 Baramulla). The counting of votes will be held on June 4.

On March 23, the EC announced a comprehensive scheme for Kashmiri migrants to exercise their franchise during the Lok Sabha polls, continuing the past practice of voting through postal ballots and special polling stations at Jammu, Udhampur in Jammu and Kashmir and New Delhi.

The scheme is meant for all those electors of Baramulla, Srinagar, and Anantnag-Rajouri Parliamentary constituencies in Kashmir who had migrated because of compelling circumstances and are temporarily residing in various places outside their place of original

The EC issued two notifications categorising the Kashmiri Migrants as the specified' and 'notified' elector. Of the 26 special polling stations to be set up for the migrant voters, 21 are in Jammu, one in Udhampur and four in Delhi for the Kashmiri migrant voters who are residing at various relief camps and who opt to cast their votes in person through

electronic voting machines. Any migrant elector other than those who opted to vote in person can avail the option to vote through postal ballot

papers by filling up 'Form 12C'. The commission ordered suitable changes to the existing scheme of voting by Kashmiri migrants at special polling stations as part of its ongoing efforts to make electoral participation more inclusive and hassle-free for all sections of society, the release said.

envisages the mapping of all 22 special polling stations -- 21 in Jammu and one in Udhampur -- to the 21 zones -- 20 in Jammu and one in Udhampur -- individually, ensuring that every zone has at least one special polling station.

It said the amended arrangement

"In case there are multiple polling stations in one zone, the zonal officers shall earmark the intra-zonal jurisdiction for each such polling station keeping in dominated, and one each new assembly or B or C teams, leave that then. When grounds of challenge made by the mind the distance/ease of approach for

> Various representations were received from several Kashmiri migrant groups projecting the difficulties thev face in filling out Form M every election which brings

> a lot of hassle to them in exercising their right to franchise, EC officials said.

The Form M procedure subjects these voters to "additional bureaucratic hurdles" compared to other voters. The process of filling out Form M is often complex and cumbersome, requiring specific documentation, proof of migration status and attestation by a gazetted officer, the poll authority noted.

The Chief Electoral Officer, Jammu and Kashmir had also submitted his com-

ments to the Commission on April 9. "The commission, after taking into consideration the representations received from several Kashmiri migrant groups regarding the scheme, feedback from the political parties and comments of the Chief Electoral Officer, notified the scheme for Kashmiri migrants to vote in person at transitory camps and voting by means of postal ballot pertaining to the ongoing General Election to Lok Sabha 2024," the commission said.

The Kashmiri migrant pandits leaders including former MLC Ajay Bharti of BJP and Sanjay Dhar of Democratic Progressive Azad Party (DPAP) welcomed the decision of the Election Commission and appealed to the com-

## Over 480 Govt

to integrate with MeriPehchaan (National Single Sign On).

With the integration of essential documents like MGNREGA job cards and utility bills with Digilocker, document sharing and verification have been significantly streamlined, he said, adding that currently, 76 government services are integrated with Digilocker.

The Toll-Free Number- 14471 and Digi Dost initiative, a collaborative effort between the Information Technology Department and Community Service Centre (CSC), aim to provide e-services at the doorstep of the public, further enhancing accessibility and convenience.

As of now, more than 485 e-services are integrated with RAS, and over 75 lakh citizens have provided feedback, with an impressive 86% reporting satisfaction. (KNO)

# **Lok Sabha Elections: Third Front Emerges in Ladakh Amidst Pervasive Embargo**

SRINAGAR,): As anticipation builds for the upcoming Lok Sabha elections in Ladakh, a new dynamic is shaping the political landscape with the emergence of a third front.

While the candidates for the strategically significant Ladakh parliamentary seat are yet to be announced, the traditional rivalry between the BJP and Congress faces a formidable challenge from the newly coalescing third front.

According agency—the Leh Apex Body (LAB) and the Kargil Democratic Alliance (KDA), advocating for statehood and inclusion in the Sixth Schedule, are joining forces to contest the elections jointly. Internal discord within the BJP adds further complexity to the electoral scenario, with party lead-ership working to address internal rifts. The stakes are high for the BJP, aim-

ing for a hat-trick victory and seeking to consolidate its position amidst evolving political dynamics. The election holds significance as it will validate the decision to revoke Article 370 and designate Ladakh as a Union

elections back Congress has secured victory six times, followed by the NC twice, Independents thrice, and the BJP only twice. However, since 2014, the BJP has dominated the electoral landscape, while the Congress last emerged victorious in 1996. Notably, the NC secured wins in 1998 and 1999, followed by Independents in the subsequent elections in 2004 and 2009.In the current elec-

toral landscape, the NC has

ceded the seat to Congress

between the two parties. Meanwhile, advocates for statehood, led by Sonam Wangchuk along with LAB and KDA, are contem-

plating fielding a joint

candidate to am-

plify their representation in Parliament. The names tential cluding Sajjad Kargili and Dr. Akhoon, CEC of

Kargil Hill Council, has been deliberated upon, although no final decision has been reached. With a total of 184,268 voters, including 91,826 women and 92,442 men, along with 1,570 senior voters, 7,462 young voters, and 1,123 disabled voters, the forthcoming elections promise to be a crucial juncture in Ladakh's political trajec-



**ON THE THIRD DAY OF EID,** tourists persist in flocking to Tulip Garden in Srinagar.

KO PHOTO, ABID BHAT

# **Over 200 Filmmakers Seek Permission To Shoot In Valley**

Agencies

**SRINAGAR:** The picturesque landscapes of Kashmir are once again becoming the preferred backdrop for Bollywood and South Indian film productions, with more than 200 filmmakers seeking permission to shoot in the valley in 2024.

In 2023, Kashmir emerged as a focal point for the film industry, hosting the shooting of 102 films and web series. Notable productions included Kartik Aryan's "Chandu Champion," John Ibrahim's "Veda," Shahrukh Khan's "Danki," Aamir Khan's "Laal Singh Chaddha," and Ranbir Singh and Alia Bhatt's "Rocky and Rani's Prem Kahani."

As per the news agency, the film policy implemented by the government has played a pivotal role in attracting film-makers to Kashmir. Over the past two years, around 700 producers applied for shooting permissions, with 300 receiving the green light. The policy a Film Develop-

ment Fund (FDF) to distribute subsidies and established a single-window mechanism to streamline the shooting process, facilitating hassle-free applications for filmmakers.

Kashmir's cinematic legacy dates back to the era before the 1990s, with iconic films like 'Bobby," "Kashmir Ki Kali," "Aap Ki Kasam," and "Junglee" being shot against its breathtaking backdrop. Despite facing set-backs due to terrorism, efforts are underway to revive the region's film infrastructure, particularly in tourist hotspots like Pahalgam, Gulmarg, and Dal Lake.

Pertinently, Lieutenant Governor Manoj Sinha earlier emphasized the significance of the film policy in revitalizing Jammu and Kashmir's cinematic heritage. The policy aims to foster innovation and competitiveness in the industry, leveraging the region's natural beauty and fostering collaboration between the public and private sectors to meet the demands of the evolving film landscape—(KNO)

# **Dr Andrabi Visits SIDCO Inspirational Units At Lassipora**

**Agencies** 

**SRINAGAR**: Chairperson of I&K Wagf Board Dr Syed Darakhshan Andrabi today visited some inspirational units at SIDCO Complex Lassipora and interacted with the entrepreneurs and their manpower resources and listened to their innovative ideas.

Dr Andrabi discussed business goals and issues related to the unit holders. Later she reached Pulwama and visited a Cold Chain Unit, iron factory and an Agro Unit established in the town. She was accompanied by Social Activist and Politician Arsheed Bhat.

Andrabi was accorded a grand welcome by the en-

trepreneurs on her arrival at both the locations. Dr Andrabi praised the innovation of the unit holders and their drive for venturing into new business formats. "From a limited agro based society we are transforming into innovators and our youth are translating their new thinking into action. The government has facilitated the vouth in business but still much more needs to be done so that entrepreneurship becomes our

attitude", said Dr Andrabi. She assured the innovators and the inspirational unit holders that their issues will be taken up with the concerned authorities so that a better industry friendly environment is established.(KNS)

# **VDC Member Foils Narco Smuggling Bid In Rajouri**

**Agencies** 

JAMMU: A Village Defence Committee (VDC) member and people from his village foiled a cross-border narcotics smuggling bid which also led to the arrest of three persons and the recovery of 8.50 kilogram heroin in Jammu and Kashmir's Rajouri district, officials said on Thursday.

The VDC member is from Makri village, which falls ahead the Anti-Infiltration Obstacle System (AIOS), referred to as LoC fence, in Nowshera sector of Rajouri.

Police said in a statement that the VDC member raised an alarm after noticing four persons carrying a bag and moving suspiciously in the forward vil-

Other residents of the village reached there and a scuffle took place where they caught hold of a bag containing a heroinlike substance, it said.

The suspects were identified as Naveen Kumar, Sukhvinder, Davinder alias Munna and Shubam, all residents of Village Makri, the statement said.

The consignment of heroin weighing around 8.5 kg was seized instantly and it is estimated to cost Rs 58 crores in the international market, it said.

A formal complaint has been registered at the Nowshera po-

lice station. The police team has nabbed three of the four identified

# **Terrorist Hideout Busted In Kupwara Forests**

**Agencies** 

KUPWARA: In a major operation carried out by the joint security forces in north Kashmir's frontier Kupwara district, a huge cache of arms and ammunition were recovered, aiming to carry out terrorist activities during the forthcoming elections, officials said here on Friday

An official told the news agency, that based on specific information received by the Border Security Forces (BSF), a joint operation by Jammu and

Kashmir Police and Army's 28 RR in Sogam forest led to recovery of huge quantity of arms and ammunition from a terrorist hideout.

Officials anticipated that the terrorists were planning to use the war-like stores to carry out terrorist activities during the forthcoming parliamentary elections in Kupwara and Lolab areas.

Terming it a major operation, official said that they recovered AK47 rifle, AK Mag 05, AK RDS 1135, 06 UBGL, 05 hand grenades, 23 Chinese hand grenade, 40 MM MGL rounds, Pistol Mag 05, Pistol RDS 65, UBGL hand grenades 13, IED 01, PIKA gun RDS 175, Binoculars 02, PNV sight 01, blanket 01 and Ponchu 01.

"This is a major operation, which has delivered a major blow to the nefarious designs of PoJK based terrorist groups who have always aspired to disturb the peace and tranquility in Kashmir Valley," they said.

Meanwhile, a formal case in this regard has been registered in Police Station Sogam and an investigation has been taken up, officials added—(KNO)

# Pulwama Residents 'Aghast' Over **Inflated Power Bills**

Chewa Kalan area of South Kashmir's Pulwama district are up in arms against the Power Development Department (PDD) for hiking their power tariffs every month and have demanded authorities to reconsider its decision

The residents of the area told the news agency-Kashmir News Observer (KNO) that the authorities have sent inflated bills after enhancing consumption load without carrying out any survey.

They said that their monthly tariff had been increased from Rs 900 to Rs 1300 in March and this huge increase was already taking a heavy toll on locals, who are financially weak.

The residents said that this month they increased the tariff to Rs 1867, which is unaffordable for them.

Nazir Ahmad, a local resi-

dent said that the area is factime is being increased every

Ahmad further said that if there would have been adequate supply then they wouldn't have been against



the decision of hiking the tariff to Rs 1300.

He, however, said that the Rs 1867 tariff isn't even in the metered areas, then how come authorities have increased their tariff to Rs 1867.

Sameer Ahmad, another ing unscheduled power cuts as consumer, said that in the last **SRINAGAR:** The residents of they get supply for a few hours year or two, the government 4-5 times and the government must think of poor people before making such a decision.

He said that the government has failed in upgrading power infrastructure and in providing scheduled power supply then on what basis tariffs are being increased without thinking of poor people.

Locals said that they have brought this issue into the notice of concerned authorities but nothing has been done in this regard as of now.

The residents appealed to the PDD that they should revisit their decision so that people won't have to suffer.

They have sought intervention of Lieutenant Governor Manoj Sinha, MD PDD and District Magistrate Pulwama Dr Basharat Qayoom in this regard—(KNO)

# **Dir Sericulture Sends Improved Mulberry Plants To Border Areas**



**Agencies** 

SRINAGAR: Ajaz Ahmad Bhat, Sericulture Director flagged off the first consignment of mulberry plants to border areas of Gurez and Tulail, of District Bandipora.

The initiative was taken as a part of expansion programme of the department to augment Sericulture activities in far flung tribal/ border areas of J&K to empower stakeholders by engaging them in sustainable livelihood activities initiated by the department.

The Sericulture Development Department further aims to reach out to all the Border and Tribal Areas by supplying mulberry plants and saplings to further boost the availability of mulberry foliage and leaf in far flung areas of J&K for assisting poor, landless and interested farmers and youth to take sericulture as a viable means of their livelihood.

Speaking on the occasion, Ajaz Ahmad Bhat emphasized the importance of involving stakeholders from far flung areas in sericulture initiatives. He urged them to avail various schemes offered by the Sericulture Development Department J&K while highlighting the potential of Sericulture Industry for economic upliftment and empowerment of all segment of

got to taste many local foods of

Kashmir. We loved it and decid-

ed to taste foods in every desti-

nation," said Sumaya Kareem, a

Kashmir during recent years

has become a favorite place for

tourist from Uttar Pradesh.

"The Department of Sericulture is committed to promoting sericulture in every corner of the U.T of Jammu and Kashmir," said Bhat . "This initiative is not just about promoting a traditional craft but also about generating employment opportunities and enabling people to earn a digni-fied livelihood which is a fundamental objective of Holistic Agriculture Development Programme (HADP)."

One of the key aspects highlighted by the Director Seri culture J&K is the inclusivity of sericulture where even landless farmers can benefit by pursuing in house Silkworm Rearing who are also being facilitated and supplied mulberry foliage and leaf for the purpose free of cost by the Sericulture Department.

Besides, the Director Sericulture J&K informed that department also provides financial assistance for the construction of rearing houses, kits in a phased manner and sharing valuable technical expertise with the Silkworm Rearers/ farmers and youth. The department of Sericulture also lays utmost stress on practicing Sericulture activities keeping into account traditional methods and applying various useful techniques on modern lines to derive bumper crop in a hygienic and disease free environment.

# Authentic Wazwan, Street Food Captivates Tourists In Kashmir

SRINAGAR: Amit Negi (35), a resident of New Delhi is a passionate explorer. Apart from exploring cultures, he equally loves to discover local cuisines in various parts of India and abroad.

This spring, he happened to visit Kashmir for the first time and had kept it in his bucket lists to taste local dishes. As per news agency, from

Wazwan to street foods like Nada'er Monj'e, masala roti, he documented his entire Kashmir journey in the form of a travelogue.

"Food is what connects me with the people and the regions. I tasted wazwan and loved it. The street foods and local sweets here were too amazing," he said.

Like Negi, scores of the tourists visiting the valley are captivated with the local cuisines



and street foods.

As such many tourists keep the food tours in their itinerary to discover and relish the famous local cuisines of Kashmir.

This culinary delight, deeply

rooted in Kashmiri tradition,

has become a magnet for travelers seeking an immersive taste of the region's vibrant culture.

We are on a six day tour to Kashmir. Apart from exploring many tourist destinations, we visited downtown where we

garnered immense love from their followers. From Dilse Foodie to Bukkhar Yatri, Hmm, Food Pandit and

world whose food vlogs have

others, food vloggers travelled to every district of the valley to showcase the unique cuisines of Kashmir.

Travel agents said they have included food tours in their packages for the tourists to promote the local foods of Kashmir.

"We have many restaurants here, which serve authentic wazwan. We take our tourists to such spots to tickle their taste buds. Similarly, during winters, we get many requests from tourists for harissa and other street foods. Now, the majority of the travel agents mention it in their packages regarding food varieties available in Kashmir," said Umar Ahmad, a travel agent—(KNO)

# Real Kashmir Play Namdhari At TRC Today In Final Game Of I-League Season



**Observer News Service** 

SRINAGAR: Real Kashmir FC will take on Namdhari FC on Saturday at Synthetic Turf TRC here, in what will be the team's final game of the 2023-24 I-League season. The match will kick off at 2:30 PM and can also be watched on Eurosport on TV, with FanCode and Indian Football YouTube channel providing the livestream.

The Snow Leopards have fallen to fifth spot in the I-

League table and only a win can secure the Srinagar club a top three finish behind second-placed Sreenidi Deccan FC (23 matches, 45 points) and 2023-24 champions Mohammedan Sporting (23 matches, 52 points).

Real Kashmir (23 matches, 40 points) is behind fourth-placed Inter Kashi FC (24 matches, 41 points) and third placed Gokulam Kerala FC (24 matches, 42 points) and a victory will lift RKFC over the

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two teams into third

Meanwhile, Namdhari FC (23 matches, 24 points) is lying at the bottom of the table, 11th in the 13-member league. The Punjab-based club will take solace in the fact that a bottom-ranked TRAU beat Real Kashmir 2-1 in their last game. However, the home team has been invincible playing in front of the Srinagar crowd, and Namdhari will need a strong resolve to get a result.



# Two J&K Judokas To Represent India At World Deaf Judo C'ship

**Observer News Service** 

**SRINAGAR:** Two deaf Judokas from J&K, Rakhshinda Mehak and Vishal Khajuria, have been selected to represent India at the 2nd World Deaf Judo Championship, set to be held at Turkestan, Kazakhstan, from April 11 to April 15.

Rakhshinda and Vishal are trainees of J&K Sports Council's Judo academy. They both practiced at MA Stadium Judo Centre under the guidance Suraj Bhan Singh, Chief Judo coach.

Six deaf Judokas, two men and

four women, will represent India at the World Championship. Alongside the two Judokas from J&K, two women from Maharashtra, one woman from Haryana and one man from UP complete the Indian contingent.

The team left for Kazakhstan on the evening of April 10. The team was sent by Deaf Sports Council of India and sponsored by the Sports Authority of India.

Previously in 2021, Rakhshinda Mehak won the Bronze medal in the 1st World Deaf Judo Championship, which was held in Paris, France.

# Rohit Targets Playing In ODI World Cup & WTC Final

**Press Trust of India** 

**NEW DELHI:** With the hurt of India's defeats to Australia in the WTC and the World Cup finals still burning his mind, skipper Rohit Sharma nourishes the dream of playing in those tournaments' upcoming editions in 2025 and 2027.

The 36-year-old Rohit was part of India's 2007 T20 World Cup victory, but he counts the 50-over show-piece as the real stuff.

"I am playing well at the moment and I am thinking of continuing for a few more years. I really want to win that World Cup. The 50-over World Cup is the actual World Cup. We have grown up watching the 50-over World Cup.

"There is the World Test Championship final happening at Lord's in 2025. Hopefully, we will make it there," Rohit said in a YouTube chat show – Breakfast With Champions – that was also attended by British pop singer Ed Sheeran.

Six months have passed since India succumbed to Australia in the World Cup final at Ahmedabad, but Rohit found it tough to come to terms with that defeat.

# **Short TAKES**

### ICC T20 World Cup 2024 Trophy Tour Starts In Barbados

The Caribbean leg of the ICC Men's T20 World Cup trophy tour began in the Caribbean on Friday, with its first stop being Barbados, host of the ICC Men's T20 World Cup final on June 29.

Between April 12 and April 20, the ICC Men's T20 World Cup Trophy

Tobago and Guyana.

T20 World Cup Trophy travels to Barbados, Antigua and Barbuda, and Saint Lucia, before returning between May 16 to May 24 in Saint Vincent and the Grenadines, Trinidad and

# Mary Kom Steps Down As India's Chef-De-Mission For Paris Olympics

Six-time world champion boxer MC Mary Kom on Friday stepped down as India's chef-de-mission for the upcoming Paris Olympics, saying she is "left with no choice" due to some personal reasons.

Indian Olympic Association (IOA) president PT Usha announced that Mary Kom had asked to be relieved from her position in a letter addressed to her.

The celebrated boxer was to be the logistical in-charge of the country's contingent at the July 26-August 11 Games.

# **New Zealand Call Blundell, Foulkes For T20I Series Against Pakistan**

Wicket-keeper batter Tom Blundell and all-rounder Zak Foulkes have been called into the squad as replacements for Finn Allen and Adam Milne, who were both ruled out for the entirety of the series. Allen suffered a back injury while Milne injured his ankle while training ahead of the team's departure.

Foulkes joins the camp for the first time, with Blundell an extra option at the top of the order and with the gloves.

# **MORE SUMMER SPECIAL TRAINS-2024**

In addition to already announced Summer Special Trains, Railways will run following additional Summer Special Trains as per following details:-

Spl. Train No.	Station From	Dept. Time	Station to	Arr. Time	Days of Run	Period	Trips	Accommodation	
04075	New Delhi	23:45	Shri Mata Vaishno Devi Katra	11:40	Wednesday, Sunday	28.04.2024 to 30.06.2024	19	3 Tier AC (Economy)	
04076	Shri Mata Vaishno Devi Katra	21:20	New Delhi	09:30	Thursday, Monday	29.04.2024 to 01.07.2024	19	& Sleeper	
04080	Delhi Jn.	19:30	Varanasi	09:45	Monday, Thursday, Saturday	27.04.2024 to 29.06.2024	28	2 Tier AC, 3 Tier AC,	
04079	Varanasi	18:20	Delhi Jn.	08:50	Tuesday, Friday, Sunday	28.04.2024 to 30.06.2024	28	Sleeper & General	
04624	Shri Mata Vaishno Devi Katra	23:45	Varanasi	23:55	Sunday	21.04.2024 to 30.06.2024	11	2 Tier AC, 3 Tier AC,	
04623	Varanasi	05:30	Shri Mata Vaishno Devi Katra	11:25	Tuesday	23.04.2024 to 02.07.2024	11	3 Tier AC (Economy), Sleeper & General	
04530	Bhatinda	20:50	Varanasi	17:30	Monday, Friday	26.04.2024 to 28.06.2024	19	3 Tier AC,	
04529	Varanasi	20:40	Bhatinda	17:00	Tuesday, Saturday	27.04.2024 to 29.06.2024	19	Sleeper & General	
04553	Saharanpur	04:40	Ambala Cantt.	06:45	Daily	20.04.2024 to 30.06.2024	72		
04554	Ambala Cantt.	20:20	Saharanpur	22:30	Daily	20.04.2024 to 30.06.2024	72	General	
04518	Chandigarh	23:15	Gorakhpur	18:20	Thursday	25.04.2024 to 27.06.2024	10	1st AC, 2 Tier AC, 3 Tier AC,	
04517	Gorakhpur	22:05	Chandigarh	14:10	Friday	26.04.2024 to 28.06.2024	10	Sleeper & General	
04068	Delhi	19:30	Darbhanga	16:30	Tuesday, Friday	26.04.2024 to 28.06.2024	19	3 Tier AC,	
04067	Darbhanga	18:00	Delhi	16:40	Wednesday & Saturday	27.04.2024 to 29.06.2024	19	Sleeper & General	
04062	Delhi	08:50		06:30	Sunday	28.04.2024 to 30.06.2024	10		
04062	Barauni	08:00	Barauni Delhi	07:35	Monday	29.04.2024 to 01.07.2024	10	3 Tier AC, Sleeper & General	
					,			·	
04028	Anand Vihar T.	11:10	Saharsa Jn.	11:20	Monday	29.04.2024 to 24.06.2024	09	3 Tier AC, Sleeper & General	
04027	Saharsa Jn.	09:30	Anand Vihar T.	13:55	Wednesday	01.05.2024 to 26.06.2024	09	Giodpor a deriorar	
04060	Anand Vihar T.	10:30	Jaynagar	15:15	Tuesday, Friday	26.04.2024 to 28.06.2024	19	3 Tier AC, Sleeper & General	
04059	Jaynagar	17:00	Anand Vihar T.	19:55	Wednesday, Saturday	27.04.2024 to 29.06.2024	19	·	
04010	Anand Vihar T.	23:45	Jogbani	05:20	Tuesday	30.04.2024 to 25.06.2024	09	Sleeper &	
04009	Jogbani	09:00	Anand Vihar T.	16:05	Thursday	02.05.2024 to 27.06.2024	09	General	
04004	New Delhi	00:10	Sitamarhi	22:00	Tuesday, Friday	26.04.2024 to 28.06.2024	19	Sleeper &	
04003	Sitamarhi	23:30	New Delhi	01:30	Tuesday, Friday	26.04.2024 to 28.06.2024	19	General	
04656	Jammu Tawi	05:20	Udaipur	07:30	Thursday	25.04.2024 to 27.06.2024	10	3 Tier AC &	
04655	Udaipur	13:45	Jammu Tawi	15:10	Friday	26.04.2024 to 28.06.2024	10	AC Chair Car	
04058	Anand Vihar T.	23:15	Muzaffarpur	21:15	Monday, Thursday	29.04.2024 to 27.06.2024	18	Sleeper &	
04057	Muzaffarpur	23:00	Anand Vihar T.	23:30	Tuesday, Friday	30.04.2024 to 28.06.2024	18	General 2 Tier AC,	
04310	Dehradun	11:00	Gorakhpur	01:30	Tuesday	23.04.2024 to 25.06.2024	10	3 Tier AC, Sleeper &	
04309	Gorakhpur	14:55	Dehradun	08:30	Wednesday	24.04.2024 to 26.06.2024	10	General	
04312	Dehradun	11:00	Howrah	15:15	Thursday	25.04.2024 to 27.06.2024	10	2 Tier AC, 3 Tier AC, Sleeper &	
04311	Howrah	18:00	Dehradun	01:30	Friday	26.04.2024 to 28.06.2024	10	General	
04314	Dehradun	11:00	Muzaffarpur Jn.	07:00	Friday	26.04.2024 to 28.06.2024	10	2 Tier AC, 3 Tier AC, Sleeper &	
04313	Muzaffarpur Jn.	09:00	Dehradun	08:30	Saturday	27.04.2024 to 29.06.2024	10	General	
04680	Shri Mata Vaishno Devi Katra	21:30	Guwahati Shri Mata Vaishno	19:10	Friday	26.04.2024 to 28.06.2024	10	3 Tier AC, Sleeper	
04679	Guwahati	23:20	Devi Katra	20:45	Monday	29.04.2024 to 01.07.2024	10	& General	
04682	Jammu Tawi	23:20	Kolkata	13:00	Tuesday	23.04.2024 to 25.06.2024	10	3 Tier AC,	
04681	Kolkata	23:45	Jammu Tawi	12:30	Thursday	25.04.2024 to 27.06.2024	10	Sleeper & General	
05005	Gorakhpur Jn.	14:40	Amritsar	09:30	Wednesday  Thursday	24.04.2024 to 26.06.2024	10	2 Tier AC, 3 Tier AC, Sleeper	
05006	Amritsar	12:45	Gorakhpur Jn.	08:50	,	25.04.2024 to 27.06.2024		& General	
05049	Chhapra	09:55	Amritsar	09:30	Friday	26.04.2024 to 28.06.2024	10	2 Tier AC, 3 Tier AC, Sleeper & General	
05050 05097	Amritsar Tanakpur	12:45	Chhapra	14:00	Saturday  Monday, Wednesday, Friday	27.04.2024 to 29.06.2024 22.04.2024 to 28.06.2024	10 30	·	
05097	Daurai	18:25	Daurai Tanakpur	13:40	Tuesday, Thursday, Saturday	23.04.2024 to 29.06.2024	30	2 Tier AC, 3 Tier AC, Sleeper & General	
05053	Gorakhpur Jn.	09:30	Bandra Terminus	18:00	Friday	19.04.2024 to 28.06.2024	11		
05054	Bandra Terminus	21:15	Gorakhpur Jn.	06:25	Saturday	20.04.2024 to 29.06.2024	11	General	
05045	Lalkuan	13:10	Rajkot	18:10	Sunday	21.04.2024 to 30.06.2024	11	2 Tier AC	
05046	Rajkot	22:30	Lalkuan	04:05	Monday	22.04.2024 to 01.07.2024	11	3 Tier AC, Sleeper & General	
05303	Gorakhpur Jn.	08:30	Mahbubnagar	19:30	Saturday	20.04.2024 to 29.06.2024	11		
05303	Mahbubnagar	18:00	Gorakhpur Jn.	09:00	Monday	22.04.2024 to 01.07.2024	11	3 Tier AC (Economy), Sleeper & General	
05636	Guwahati	18:15	Sri Ganganagar	03:30	Wednesday	01.05.2024 to 26.06.2024	09		
05635	Sri Ganganagar	12:30	Guwahati	00:25	Sunday	05.05.2024 to 30.06.2024	09	2 Tier AC, 3 Tier AC, Sleeper	
05055	on Ganganagai	12.30	Guwanau	00.23	Juliuay	00.00.2024 10 00.00.2024	03		

1	No.		Time	Station to	Time	·		Ĕ	
9	06071	Ernakulam Jn	19:10	New Delhi	19:00	Friday	19.04.2024 to 31.05.2024	07	2 Tier AC, 3 Tier AC,
l	06072	New Delhi	05:10	Ernakulam Jn	03:10	Monday	22.04.2024 to 03.06.2024	07	Sleeper & General
l	02191	Jabalpur	18:55	Haridwar	13:20	Wednesday	17.04.2024 to 31.07.2024	16	2 Tier AC, 3 Tier AC,
١	02192	Haridwar	16:20	Jabalpur	11:15	Thursday	18.04.2024 to 01.08.2024	16	Sleeper
l	09097	Bandra Terminus	21:50	Shri Mata Vaishno	10:00	Sunday	21.04.2024 to 30.06.2024	11	
١				Devi Katra	10.00		211011.20211000.001.2021		3 Tier AC, AC Chair Car
l	09098	Shri Mata Vaishno Devi Katra	21:40	Bandra Terminus	10:10	Tuesday	23.04.2024 to 02.07.2024	11	AC Chair Car
l	09525	Нара	00:40	Naharlagun	16:00	Wednesday	17.04.2024 to 26.06.2024	11	2 Tier AC, 3 Tier AC,
l	09526	Naharlagun	10:00	Нара	00:30	Saturday	20.04.2024 to 29.06.2024	11	Sleeper & General
l	09183	Mumbai Central	22:50	Banaras	10:30	Wednesday	17.04.2024 to 26.06.2024	11	1st AC, 2 Tier AC,
l	09184	Banaras	14:30	Mumbai Central	04:20	Friday	19.04.2024 to 28.06.2024	11	3 Tier AC, 3 Tier AC
١						,	15.04.2024 to 24.06.2024	11	(Economy)
١	09111	Vadodara	19:00	Gorakhpur	23:30	Monday			1st AC, 2 Tier AC, 3 Tier AC, Sleeper
t	09112	Gorakhpur	05:00	Vadodara	08:35	Wednesday	17.04.2024 to 26.06.2024	11	& General
١	09195	Vadodara	19:00	Mau	20:45	Saturday	20.04.2024 to 29.06.2024	11	1st AC, 2 Tier AC, 3 Tier AC, Sleeper
l	09196	Mau	23:15	Vadodara	00:45	Sunday	21.04.2024 to 30.06.2024	11	& General
l	09417	Ahmedabad	09:10	Danapur	20:30	Monday	15.04.2024 to 24.06.2024	11	2 Tier AC, 3 Tier AC, Sleeper
l	09418	Danapur	23:50	Ahmedabad	11:10	Tuesday	16.04.2024 to 25.06.2024	11	& General
l	09309	Indore	17:00	New Delhi	04:30	Friday, Sunday	19.04.2024 to 30.06.2024	22	2 Tier AC,
l	09310	New Delhi	07:30	Indore	20:15	Saturday, Monday	20.04.2024 to 01.07.2024	22	3 Tier AC, Sleeper & General
l	09075	Mumbai Central	11:00	Kathgodam	14:30	Wednesday	24.04.2024 to 26.06.2024	10	2 Tier AC,
l	09076	Kathgodam	17:30	Mumbai Central	20:55	Thursday	25.04.2024 to 27.06.2024	10	3 Tier AC, Sleeper & General
١						,		11	
١	09189	Mumbai Central	10:30	Katihar	07:30	Saturday	20.04.2024 to 29.06.2024		2 Tier AC, 3 Tier AC, Sleeper
١	09190	Katihar	00:15	Mumbai Central	18:40	Tuesday	23.04.2024 to 02.07.2024	11	& General
١	09407	Bhuj	17:00	Delhi Sarai Rohilla	12:20	Tuesday, Friday	30.04.2024 to 28.06.2024	17	2 Tier AC, 3 Tier AC, Sleeper
١	09408	Delhi Sarai Rohilla	15:00	Bhuj	11:30	Wednesday, Saturday	01.05.2024 to 29.06.2024	17	& General
١	05115	Chhapra	17:45	Anand Vihar T.	11:50	Wednesday	01.05.2024 to 26.06.2024	09	1st AC, 2 Tier AC,
١	05116	Anand Vihar T.	14:45	Chhapra	09:30	Thursday	02.05.2024 to 27.06.2024	09	3 Tier AC, Sleeper & General
١	05023	Gorakhpur	21:15	Anand Vihar T.	13:15	Sunday	28.04.2024 to 30.06.2024	10	2 Tier AC,
١	05024	Anand Vihar T.	15:15	Gorakhpur	07:30	Monday	29.04.2024 to 01.07.2024	10	3 Tier AC, Sleeper & General
١	05047	Banaras	19:20	Anand Vihar T.	09:30	Tuesday	30.04.2024 to 25.06.2024	09	or oronoral
١	05048	Anand Vihar T.	18:15	Banaras	08:10	Wednesday	01.05.2024 to 26.06.2024	09	3 Tier AC
١						,			
١	05193	Chhapra	15:20	Panvel	20:30	Thursday	18.04.2024 to 27.06.2024	11	3 Tier AC (Economy), Sleeper & General
١	05194	Panvel	21:40	Chhapra	08:50	Friday	19.04.2024 to 28.06.2024	11	·
١	03255	Patna Jn.	22:20	Anand Vihar T.	15:00	Sunday, Thursday	14.04.2024 to 30.06.2024	21	2 Tier AC, 3 Tier AC, 3 Tier AC (Economy),
١	03256	Anand Vihar T.	23:20	Patna Jn.	17:20	Monday, Friday	15.04.2024 to 01.07.2024	21	Sleeper
١	02391	Patna Jn.	22:20	Anand Vihar T.	15:00	Saturday	13.04.2024 to 29.06.2024	11	2 Tier AC,
١	02392	Anand Vihar T.	23:20	Patna Jn.	17:20	Sunday	14.04.2024 to 30.06.2024	11	3 Tier AC, Sleeper & General
١	03257	Danapur	07:30	Anand Vihar T.	00:30	Sunday	14.04.2024 to 30.06.2024	11	2 Tier AC,
١	03258	Anand Vihar T.	05:00	Danapur	20:45	Monday	15.04.2024 to 01.07.2024	11	3 Tier AC, Sleeper & General
١	03227	Ara Jn.	15:45	Anand Vihar T.	07:15	Monday, Wednesday, Friday	15.04.2024 to 28.06.2024	30	
l	03228	Anand Vihar T.	09:30	Ara Jn.	04:00	Tuesday, Thursday, Saturday	16.04.2024 to 29.06.2024	30	Sleeper & General
١									
١	05565	Saharsa Jn.	19:30	Sirhind Jn.	00:05	Thursday	18.04.2024 to 27.06.2024	11	General
١	05566	Sirhind Jn.	02:00	Saharsa Jn.	09:45	Saturday	20.04.2024 to 29.06.2024	11	
١	05531	Raxaul Jn.	22:25	Anand Vihar T.	18:20	Sunday	14.04.2024 to 30.06.2024	11	2 Tier AC, 3 Tier AC, Sleeper &
١	05532	Anand Vihar T.	20:00	Raxaul Jn.	14:30	Monday	15.04.2024 to 01.07.2024	11	General
١	07651	Jalna	23:30	Chhapra	05:30	Wednesday	Upto 26.06.2024	11	2 Tier AC,
	07652	Chhapra	22:15	Jalna	04:00	Friday	Upto 28.06.2024	11	3 Tier AC, Sleeper & General
	03575	Asansol	10:15	Anand Vihar T.	08:05	Friday	19.04.2024 to 28.06.2024	11	2 Tier AC,
	03576	Anand Vihar T.	10:15	Asansol	10:20	Saturday	20.04.2024 to 29.06.2024	11	3 Tier AC, Sleeper & General
	03435	Malda Town	09:30	Anand Vihar T.	14:10	Monday	15.04.2024 to 24.06.2024	11	2 Tier AC,
	03436	Anand Vihar T.	15:45	Malda Town	23:30	Tuesday	16.04.2024 to 25.06.2024	11	3 Tier AC, Sleeper &
						,			General
	03107	Sealdah	00:10	Lucknow	00:10	Saturday	20.04.2024 to 29.06.2024	11	1st AC, 2 Tier AC, 3 Tier AC
1	03108	Lucknow	01:40	Sealdah	23:50	Sunday	21.04.2024 to 30.06.2024	11	o fiel AC

Days of Run



