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SHATTERED CHILDHOOD

Domestic Violence Scars Kashmir's Children, Experts Sound Alarm

Syed Mohammad Burhan

Srinagar: Aisha's (name changed) life began not with a gentle lullaby, but with the harsh discord of a fracturing home. At just three-year-old, she witnessed a constant clash of raised voices and slamming doors. When her parents finally separated, she was taken in by her aunt at a tender age, who lived just across the street. Yet, the longing for her father and a strained relationship with her stepmother compounded her emotional distress. The turmoil culminated in severe mental health challenges and harrowing attempts at self-harm and suicide.

After seeking medical attention,

she was finally referred to a psychiatrist for comprehensive care.

"Parental discord can make a child feel the world is insecure. In Psychology, the basic trust theory suggests children need security from trustworthy caregivers. Abuse and discord can lead to mistrust and anxiety, shaping their personality," Waseem Kakroo, Consultant Clinical Psychologist (RCI) at Centre for Mental Health Services, said.

The psychologist said that alongside abuse, parental discord, separation and divorce, domestic violence casts a shadow over a child's developmental journey. According to him, such children often adopt a pessimistic outlook, resorting to impulsivity **Children Seeking Help In IMHANS For Family Discord From 2022-23** Parental discord: 82 children Parental separation: 40 children Neglectful parenting: 78 children Authoritarian parenting: 51 children Low socioeconomic status: 329 child Family accommodation issues: 77 child

and violence in adulthood. He underscored the concerning trend of children mirroring violent

behaviors witnessed in their upbringing, perpetuating a cycle of aggression in future relationships.

"If a child is witness to violence in the childhood, he or she models such behavior in the adult relationship, in future instead of communicating in an assertive way, they turn to violence," Kakroo said.

"They can also develop mental health issues later in their life such as depression, anxiety disorder and borderline personality disorder."

Various research also suggests that children exposed to chronic stress during early development are more likely to experience anxiety later in life. A study undertaken to assess mental health among children from Anantnag district of Kashmir found that children from 'disrupted' families have lower

mental health as compared to 'intact' families.

Another study published in the Journal of Humanities And Social Sciences revealed that domestic violence not only poses a direct threat to women's health but also has adverse consequences for the survival

and well-being of children.

Programme Coordinator, Child Guidance and Wellbeing Centre, Institute of Mental Health and Neurosciences (IMHANS), Kashmir Adil Wadoo said that the centre addresses a range of child mental health needs, including those arising from domestic violence, which falls under the broader category of psycho-social issues. | More on P6

Better Late Than Never?

More Snow **On Deck** For Kashmir



Agencies

Srinagar: Barely 48 hours after the weather improved in Kashmir, the weatherman here has predicted another moderate wet-spell in Jammu and Kashmir from March 01.

Director Meteorological department. Dr Mukhtar Ahmad said that there is no forecast

of any weather activity till

However, he said that light to moderate rain and snow is expected at many places during February 27 and February 28.

Dr Mukhtar also stated that on February 29th, there is a possibility of light rains and snow at isolated places

Nonetheless, the | More on P6

National Highway Reopens For Traffic

■he Jammu-Srinagar national highway was reopened for traffic early Friday after remaining closed for four days owing to multiple landslides triggered by heavy rains and snowfall, officials said. "Traffic plying on Jammu-Srinagar national highway but slow movement in Ramsoo sector due to single lane and poor surface," a spokesperson of the traffic department said. He said while Light Motor Vehicles (LMVs) were allowed from both sides this morning, heavy | More on P6

FROM MARCH 01 TO MARCH 03, there is a possibility of light to moderate rain and snow at most places, with heavy rain and snow at isolated middle and higher reaches during March 02 and 03.

"Amrit Kaal's Innovation Ecosystem"

Breaking Barriers, Shaping Innovation: LG On Women In STEM

Urges Industry-Academia Synergy, Future-Ready Workforce **Observer News Service**

Srinagar: Jammu and Kashmir Lieutenant Governor Manoj Sinha on Friday called upon education institutes to develop a specialised workforce that would meet the industry demands and would also be capa-

ble of solving local challenges. Addressing an event at the National Institute of Technology, Srinagar, after

'Narco-Terror Funding Case

3 Terrorists

Press Trust Of India

Among 6



inaugurating the new girls' hostel here, Sinha said that the facility was "dedicated to our daughters who are breaking the barriers in Science, Technology, Engineering and Mathematics (STEM) education and ready to shape the innovation and entrepreneurial ecosystem".

The biggest responsibility of institutions like NIT now is to create a new generation of innovators. We should focus on developing an innovation-driven

economy in Amrit Kaal to strengthen the innovation ecosystem in the country," Sinha

The L-G called upon the faculty members to create a conducive environment for futureoriented capacity building of students and strengthening the synergy between educational institutions and industries.

"We must also ensure increased participation of women in STEM courses," Sinha said. Sinha talked about the "transformation in the educational landscape" of the country, under the leadership of Prime Minister Narendra Modi. "Today, our | More on P6

Services Regulations, 1956. "Article 249-P shall be sub-

SC Directs Publication Of A Review **Orders On Internet Curbs In J&K**

Charge-Sheeted

Iammu: State filed a fourth supplementary charge sheet against six accused, including three Pakistan-based Mujahideen terrorists, in a case relating to terror funding, an official said on Friday.

With the filing of the fresh charge sheet in a special court here, the number of accused in the case has gone up to 18. The accused includes policeman Saif Din who was ar-

rested in December last year. The cross-border terror syndicate was busted by the SIA in April 2022 following its investigation into a Hawala case involving former minister and chairman of Nature-Mankind Friendly Party Jatinder Singh | More on P6

Says "Review Not An

Empty Formality"

Press Trust Of India

New Delhi: The Supreme Court on Friday directed the Jammu and Kashmir administration to publish the review orders of the special committee under the Union Home Secretary on restoration of internet services in the Union Territory, saying the review cannot be an empty formality.

A three-judge bench of Justices B R Gavai, J B Pardiwala and Sandeep Mehta, however, said the deliberations of the committee will not be made public.

"Taking into consideration that even a review order would result in affecting the rights of the parties... We express our prima facie opinion, though it may not be necessary to publish



review deliberations, orders passed in the review need to be published," the bench said.

Solicitor General Tushar Mehta, appearing for the J-K administration, said though review order is an internal mechanism, there is no impediment to publishing the same.

The court had in May 2020 asked the Centre to set up a special committee to assess the necessity of restrictions on

Advocate Shadan Farasat, appearing for the petitioner, Foundation for Media Professionals, submitted that all states where restrictions were imposed on the Internet at one time or another have published the review orders but it is beyond comprehension why only Jammu and Kashmir was not doing it.

"I am surprised that Jammu and Kashmir is resisting. All other states including Arunachal Assam, Meghalaya....including border states...have published it. There is no tenable order." he said.

Farasat submitted these orders have been mandated by law and the failure to do so was against the spirit of the order of the top court in Anuradha Bhasin case as well as the Telecom Suspension Rules.

The Union government began tightening | More on P6

J&K Civil Services Rule Amended

Families Of Missing **Employees To Receive Benefits**

Agencies

Srinagar: Aimed at aiding families of missing government employees, pensioners and family pensioners, Lieutenant Governor Manoj Sinha has ratified an amendment to the Civil Services Regulations of 1956 allowing families of absent employees or pensioners to petition entitlements including family pension, pending salary, leave encashment and disbursements from General Provident Fund (GPF) and gratuity.

A notice issued by the Finance Department said, "In exercise of the powers conferred by the proviso to Article 309 of the Constitution, the Lieutenant Governor is pleased to direct that the following amendment shall be made in the Iammu & Kashmir Civil

stituted by the | More on P6

Man Gets 4-year RI For Raping Minor In Kulgam

Press Trust Of India

Srinagar: A fast-track court in Jammu and Kashmir's Kulgam district has sentenced a man to four years of rigorous imprisonment for raping a six-year-old girl.

Additional sessions judge, fast track court, Kulgam Parvez Igbal on Thursday held Sajad Ahmad Bhat guilty of raping the minor in his neighbourhood in 2012. The court also slapped Bhat with a fine of Rs 10.000.

If the accused does not pay the fine, he will undergo a further imprisonment of six months.

The state was represented by public prosecutor Zia ur Rehman while advocate Mohammad Shafi appeared for the accused. | More on P6

CITY IN PERIL?

Srinagar Struggles With Growing 'Drug Hotspots'

Srinagar: On a hazy November afternoon, the Jhelum River flowed silently beneath the Old Zero Bridge, its dark depths mirroring the despair in the eyes of a young man teetering on the edge. His friends, high on drugs and fuelled by bravado, filmed his "heroic" act, oblivious to the thin line between dare and disaster. Fortunately, alert cops in civvies intervened, saving his life but laying bare a stark reminder of the invisible battle raging beneath the veneer of Srinagar's bustling streets.

"The teen's friends were filming his reckless antics on their cell phones while he was high on drugs, without giving a damn that he might not make it out alive. I, as a parent, place more guilt on myself than on the children," Mohammad Yusuf from Rajbagh told Kashmir Observer.

We see them every day," Yusuf lamented, his voice heavy with concern.



"They gather under the bridge, smoke weed, drink, their language laced with filth. It's a sight that breaks your heart," he added.

Old Zero Bridge is expected to become a major drug hotspot in the future, according to the locals living nearby, in case the administration does not enact a general prohibition on 'unjustifiable' gatherings of youngsters, particularly

students, on a regular basis. The problem isn't confined to one park or bridge. Whispers of "new hotspots" - Srinagar Club, Chinar Bagh Park Dalagate and Bund Residency Road hung a heavy cloud over the city's social scene.

"Students in hordes gather at these places, and the trend lasts until late in the evening. Some cause mayhem under

the influence of drugs near the Srinagar Club, others could be seen injecting drugs beneath the wooden canopies," a resident, wishing anonymity said.

A teenager lost his life in September last year, following a scuffle with his friend at Chinar Bagh Park. The lone son of their parents, according to the reports, was stabbed by his friend.

Youngsters were observed abusing drugs and engaging in other criminal activities at Chinar Bagh Park at Dalgate, which the locals living in the adjacent localities claimed is also emerging as a major drug hotspot in the vicinity.

"We had requested that the park be closed by the authorities since it has turned into a refuge for drug addicts. Teenage lads smoking weed and consuming alcohol are common sights. Police conducted frequent raids after a kid died following a scuffle with his friend last year. Yet, there was no change that we could see on the ground," | More on P6

HC Orders 'Proper Ascertaining' Of Transgenders In J&K, Ladakh

Directions Follow After J&K Put Their Number At 550, Ladakh 6

M Ahmad

Srinagar: The High Court of J&K and Ladakh has directed Jammu and Kashmir as well as Ladakh governments to undertake an exercise to determine the number of transgenders in the respective Union Territories.

Hearing a Public Interest Litigation, a division bench of Chief Justice N. Kotiswar Singh and Justice Wasim Sadiq Nargal also directed the administration of both the UTs to issue advertisements by widely publishing in electronic as well as in print media, seeking information about the transgenders.

The PIL has been taken up the court pursuant to certain direction issued by the Supreme Court in National Legal Services Authority vs. Union of India and others (2014) 5 SCC 438.

"The UT of Ladakh has submitted its response enumerating

various measures undertaken by the Administration to deal with the issues pertaining to transgenders, however, in the said response, it has been mentioned that the total number of transgenders is 6, 4 in Ladakh and 2 in Kargil," the Division Bench said said. However the figure was seriously contested by counsel for the petitioner, saying that numbers are large and that these have not been properly identified.

Similarly, UT of J&K filed the response in which it has been mentioned that there are 550 transgenders out | More on P6



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Monday - Saturday (9am - 6pm)

No 5- Dal Lake Boulevard Srinagar, 190001, Kashmir

KASHMIR OBSERVER Srinagar | Saturday | 24-02-2024

Public Notice

This is to inform general public that my son namely imaad manzoor haha s/o manzoor ahmad haha R/O firdous colony hemina srinagar I have not registered him in deaths and births records as such I am intending to register the actual Date of birth of my son namely imaad manzoor baba(12/6/2020). If any body is having any objection he or she may approach me within seven days. Manzoor ahmad baba.. Father of the applicant (IMAD Manzoor Baba.. R/o firdous colony

PUBLIC NOTICE

It is to inform that the consumer name of PDD electric connection bearing consumer ID: 0204040003629 and installation no.16001 of shop no. 2 of Masjid Usmania Bota Kadal Lalbazar Sgr is to be transferred from Javeed Ahmad Shah S/o Mohammad Maqbool Shah R/o Hawal Srinagar to Mr. Javid Ahmad Shah S/o Late Ghulam Rasool Shah R/o House no.177 lane no. 4 Umer Colony B Lalbazar Sgr. Anybody having objection in this regard may contact PDD Office Division IV (Khanyar) Sub-Division Hawal Within seven (07) days, after that no objection will be entertained.

Javid Ahmad shah S/o Ghulam Rasool Shah R/o lane 4 Umer Colony B Lalbazar SGR

Public Notice

I have change dmy name from Mubashir Yaseen To Mubashir Yaseen Hakeem . In future I will be known as Mubashir Yaseen Hakeem. If anybody has anyobjection in this regard he/she may file his/her objection in the office of the Regional Passport Office Srinagar within a periodof seven days from the date of publication of this notice. After that no objection shall be

Mubashir Yaseen Hakeem

Public Notice

my name has been wrongly written in my driving license bearing dl no JK0119990065464 as Mehraj ud din bhat while my correct name as per aadhar card is mehraj ud din shata which needs to be corrected .If anybody has any objection in this regard he/she may file his/her objection in the office of the regional transport officer Srinagar within a period of seven days from the date of publication of this notice. After that no objection shall be entertained. mehraj ud din shata.

S/O Noor Mohammad Shata R/O near Masjid Sharif Meerak Shah Colony Habak Crossing Hazratbal

GOVERNMENT OF JAMMU AND KASHMIR

Office Of The Child Development Project Officer Teetwal

Advertisement Notice: No. 01- of 2024 Dated: - 23 - 02 - 2024

Subject: Advertisement for Recruitment of Sanginis (Anganwadi Workers) and Sahayikas (Anganwadi Helpers) in Anganwadi Centres of POSH AN Project Teetwal

Reference: 1, Government order No 222-JK (SWD) of 2022 Dated: 30.11,2022 2, Government Order No.103-JK (SWD) of 2023 dated: 28.04.2023

Approval has been accorded, vide letter No: SMD/ICDS/Rccruitmcnt/2022-23/6223-26 Dated:-21-02-2024 for filling up of various vacancies of Sanginis (Anganwadi Workers) and Sahayikas (Anganwadi Helpers) in Anganwadi Centres of POSHAN Project Teetwal as per the details given below:

	Sr. No.	Name of Proiect	Name of Post	No. of Post
	1	TEETWAL	AWW	04
				09
	Total			13
1				

ANNEXURE 'A'

Format of Application

Applications are invited in the Prescribed Proforma in Annexure "A" from the eligible candidates for engagement as Anganwadi Worker and Anganwadi Helper on Honorarium basis for aforementioned posts of Anganwadi Centres. The important dates/details with regard to the posts are as under

- a) Date of commencement for submission of application 24-02-2024.
- b) Last date for submission of applications is 09-03-2024
- c) Annexure -B- Name of the Post, Location/Ward, Qualification and Criteria for selection.
- d) Annexure -C- Affidavit

1. Name of POSHAN Project:
2. Name of Anganwadi Centre :
3. Post applied for:
4. Name of the Candidate :
5. Father's Name :
6. Husband's Name :
7. Residence :
8. Ward .No
9. Address for correspondence :
10. Contact No
11. Date of Birth
12. Age as on 01.01.2024

3. Academic Qualification:						
	Examination passed	Board/ University	Year of Passing	Marks Obtained	Total Marks	Percentage
	•					

14. Do the candidate belong to Retiring AWW/AWH (YES/NO) 15. Document Attached:

Signature of the candidate.

ANNEXURE 'B' Detail of Vacant Posts (AWW/AWH) along with name and location of AWCs

Sr. No.	NAME OF ANGANWADI CENTRE	WARD NO.	Name of Panchay-	NAME OF POST	NO. OF POSTS
			at Halga		
1	Teetwal - A	4	Teetwal	Anganwadi Worker	01
2	lbkote-A	3	Ibkote	Anganwadi Worker	01
3	Seemarl-A	1	Seemari	Anganwadi Worker	
4	Chanipora Balia- B	7	Chanipora Balia	Anganwadi Worker	01
	•	Anganwad			
1	lbkote A	3	lbkote	Anganwadi Helper	01
2	BadarkoteA	3	Badarkote	Anganwadi Helper	
3	Pingla	8	Badarkote	Anganwadi Helper	
4	Draggar A	8	Gundi Guiran	Anganwadi Helper	
5	Boni Mohalla Gundi saydan	7	Chitterkote	Anganwadi Helper	
6	Chanipora Balia A	6		Anganwadi Helper	
7	Prada B	1	Prada	Anganwadi Helper	
8	Dhanni A	5	Sudpora	Anganwadi Helper	01
9	Tarboni A	1		Anganwadi Helper	
TOTAL			'		13

Eligibility:

For Anganwadi Workers

The candidate must be domicile of the UT of J&K.

Women candidates in the age group of 18-37 years shall be eligible.

The candidate should be a resident of the electoral ward where Anganwadi Centre is situated. Name in the voter list for the ward shall be considered as the proof of residence of the candidate. In case the name of the candidate appears in the voter list along with her parents, then she must provide certificate of being un-married issued by the concerned Tehsildar. Where ever, there is any dispute as to residence for any reason, then a residence proof certifying the ward of residence from the concerned SDM/ACR shall be considered.
4) Minimum qualification for Anganwadi Worker shall be 10+2 and maximum graduation. In case no 10+2 pass candidate is available in the Ward, 10+2 pass

candidate from the adjoining ward shall be considered which would require prior approval of Mission Director, Mission POSHAN. 5) In case suitable candidate is not available from adjoining ward, candidate from the nearest Ward within the Panchayat can be considered subject to the approval of the MD, Mission POSHAN.

6) Weightage shall be given on the basis of marks obtained in 10+2 and selection shall be done purely on merit basis and no other criteria to be considered 7) In case eligible candidate is available within the family of retiring AWWs/AWHs, the said candidate shall qualify for additional two percent points. 8) In case of tie in merit of the eligible candidate, candidate with higher age will be preferred.

9) Candidate with qualification higher than graduation shall not be considered.

Anganwadi Helpers

1. The selection of Helper shall be restricted to the electoral ward where Anganwadi Centre is located.

Women candidates in the age group of 18-37 years shall be The candidate must be domicile of the UT of J&K.

4. Minimum qualification for Anganwadi Helper shall be matriculation.

5. In case no matriculate candidate available in the ward, candidates with qualification not less than 8th standard shall be considered.
 6. The first and the foremost criteria of eligibility amongst married women in case of Sahayikas (Anganwadi Helpers) is the marks obtained

the class 10,h. However, in rarest of rare cases where selection committee finds a widow headed household with no income source or a completely destitute lady with zero source of income, in such cases preference may be given if other things are equal. 7. In case no married candidate is available, unmarried candidate may be considered.

1) The candidate who is shortlisted for Document verification will be required to appear for Document Verification along-with the original documents as well as self-attested Photostat copy of each document as per the Advertisement Notification. The candidate must be in possession of the prescribed academic qualification and other document like Domicile Certificate, on or before the last date of submission of application form. a) Marks sheet(s)/Diploma/Degree of the qualification prescribed for the post as per Advertisement Notification.

b) Date of Birth/Matriculate Certificate.

c) Domicile Certificate d) Unmarried Certificate (where required)

2) Candidates have to bring two passport size recent coloured photographs and one original Photo ID proof. Photo ID Proof can be:

3) The candidate who are supposed to furnish various certificate issued by or before the prescribed cut-off date, shall be required to produce them at the time of Document Verification or as may be sought by the Committee; in case of failure, the committee shall take necessary decision which shall be final. ANNEXURE

All applicants to submit affidavit stating following facts:

1. All Documents submitted are correct, without any mismatch, scanning, duplicate or fallacious in nature. If found incorrect or in any of the above stated situation the candidature of deponent may be cancelled and liable to action under law.

2. Maximum qualification is Graduation for vacancy of Anganwadi Worker and this is as per facts and onus of proving it to be true lies with the deponent. 3. The deponent has read the HR Policy issued vide Government Order No. 222-JK (SWD) of 2022 dated: 30.11.2022 and is well versed with all salient features

of the policy and shall be applicable to the deponent in case of selection as Anganwadi worker/ Anganwadi Helper. DIPK-16911/23 dated: 23-02-2024

Child Development Project Officer

Before The Hon'ble High Court Of Jammu & Kashmir And Ladakh At Srinagar

Mst. Mahmooda Akhter W/O Sheikh Mukhtar Sheikh Tabish S/O Sheikh Mukhtar

Sheikh Sehral S/O Sheikh Mukhtar All residents of umer colony-A Mian Road Near Citizen Electronics, Lal bazar, Srinagar

(Caveators) V/s

Public at Large

(Non-Caveator)

IN THE MATTER OF:

Caveat application on behalf of the applicants/ Caveators

May it please your Lordships:-The application is submitted as under

That caveators has developed reasonable apprehension that the non-caveator/s or any other person for and on his/their behalf may file any writ/ appeal/ petition/ revision or any other proceedings before this Hon'ble court against the caveators.

That the non-caveator/s or any other person for and on his/ her/their behalf may obtain orders in ex-parte by misrepresenting the facts before this Hon'ble court and by concealing of material facts in the said proceedings, and non-caveators if succeeded in obtaining such ex-parte orders against the caveators, he shall suffer an irreparable loss and injury which cannot be later on compensated.

That it would be fair and just if the caveators may be heard by this Hon'ble court in the event of any such proceedings been preferred by the non-caveator/s or any person on their behalf against the caveators.

That the caveators has published the same in daily newspaper. Copy of newspaper cutting is enclosed as Annexure-I. That an affidavit is duly sworn in support of the application.

In light of the above facts, it is humbly prayed that, in the event of filing of any writ/ petition/appeal and/or any other proceedings of any nature by non-caveators or any other person for and on their behalf against caveators, they and/or their counsel be heard, prior to the passing of orders in the said proceedings. The same would advance the cause of justice.

> Caveators Through Counsel Surat Shakeel Batkoo Advocate & Associates

NOTICE

I intend to rectify the mothers name of my daughter Sidrat UI Muntaha studying in the class 7th under Roll No 30 Section : Pink in Green Valley Educational Institute, Ellahibagh Buchpora, Srinagar from Gulafroza Jan to Gulafroz Jan which is inadvertently recorded in the school record. Should there be any objection, in this regard, from any person or quarter, the same may be reported to the Principal of the institute within 7 days from the date of publication of this notice, failing which it will be deemed that there is no objection from any quarter

Younis Ashraf F/O: Sidrat UI Muntaha R/o: SKUAST Road Shalimar Srinagar

NOTICE

I intend to rectify the mothers name of my Son Mohammad Amaan studying in class 3rd under Roll No 11 Section : Green in Green Valley Educational Institute, Ellahibagh Buchpora, Srinagar from Gulafroz to Gulafroz Jan which is inadvertently recorded in the school record. Should there be any objection, in this regard, from any person or quarter, the same may be reported to the Principal of the institute within 7 days from the date of publication of this notice, failing which it will be deemed that there is no objection from any quarter

Younis Ashraf F/O Mohammad Amaan R/o: SKUAST Road Shalimar Srinagar

Public Notice

Public Notice I have applied for the issuance of DOB certificate in favour of my son Ahmad Burhan Reshi who was born on 15-01-2022. If anybody has any objection in this regard he/ she may file his/he robjection in the office of the Municipal Committee Magam within a period of seven days from the date of publication of this notice. After that no objection shall be entertained. Burhan Jaleel Reshi

F/O Ahmad Burhan Reshi

R/o 331 Nursing Garh Balgarden Karan Nagar Srinagar

From the principal District Judge, Srinagar

Present: Mr. Jawad Ahmad

I. Hamida Bano W/oLate Mohammad Ashraf Sheikh 2. Zuhaib Ashraf (Minor) S/o Late Mohammad Ashraf Sheikh Residents of Tawheed Colony Natipora Srinagar through mothe r(Petitioner No 1)

Public at Large Respondents

In the matter of Application for issuance of Succession certificate in favour of the petitioner(s)

Notice to public at Large Where the petitioners(s) FILED ABOVE TITLED PETITON

BEFORE THIS COURT OF ISSUANCE OF SUCCESSION certificate in favour of Petitioner(s) in respect of Rs 4,37,412 as debits and securities in name of Deceased Namely: Late Mohammad Ashraf Sheikh S/o Ali Mohammad Sheikh R/o Natipora Srinagar who died on 07-08-2023. The petition is pending disposal before this court and the next date of hearing is fixed on 06-03-2024

Public Notice is hereby issued, informing all and sundry through the drom of this proclamation that at any anyone has any objection for issuance of succession certificate, he/she / they shall appear before this court either personally or through counsel or any authorized agent and file objections on or before 06-03-2024. Failing which the petition will be taken up and

appropriate orders will be passed in the same In case, the date fixed is declared as holiday the matter shall be taken on the next working day.

Given under my hand and seal of this court on

Jawad Ahmad Principal District Judge, Srinagar

Office of the Naib Tehsildar Pattan

Executive Magisrate 1st Class

Subject: Order for registration of Date of Birth in the records of Municipal Committee Pattan

Public Notice

The registrar Births and Deaths (Executive Officer, Municipal Committee Pattan has submitted case file pertaining to birth of Hamna Shafqat D/o Shafqat Ahmad Dar R/o Palhallan Pattan having verified the date of birth as 18-09-2020 and the event has been shown to be occurred at SDH Pattan for issuance of Delay order. In this connection if anybody having any objection to the issuance of delay order of birth certificate shall submit his/hr claim to this office within seven (7) days after that no objection shall be entertained Naib Tehsildar

Office of the Naib Tehsildar Pattan

Subject: Application of Mohammad Abdullah YatOo S/o Gulam Hussain Yatoo R/o Yall Kunzer for issuance of DOB Certificate of his son namely Hasnain Abdullah born on 26-02-2020

NOTICE

General Public is hereby informed through this notice that the undersigned office has received the above mentioned application for issuance of DOB. If any person(s) has any objection(s) he/she can visit the undersigned's office within 07 days from the date of publication of this notice. After that no objection will

fko

Public Notice

I want to change the name of my son from Huraim Taria to Nabeel Taria who is student of Green valley Educational Instt Elahibagh class 4th. If any body has objection in this regard he/she can file to Principal Green valley Educational Instt Elahibagh Bachpora Srinagar within seven days after that no claim shall be entertained

Tarig Ahmad F/O. Nabeel Tariq R/O. Pazalpora Shalimar, Srinagar

Public Notice

Public Notice I have applied for the issuance of DOB certificate in favour of my son Faheem Abbas who was born on 20-02-2017. If anybody has any objection in this regard he/she may file his/he robjection in the office of the Municipal Committee Magam within a period of seven days from the date of publication of this notice. After that no objection shall be entertained. Shahnawaz Hussain Sofi F/O Faheem Abbas bmg R/O Sofipora Magam

Public Notice

Public Notice I have applied for the issuance of DOB certificate in favour of my son Katif Amjad Sofi who was born on 23-02-2018. If anybody has any objection in this regard he/ she may file his/he robjection in the office of the Municipal Committee Magam within a period of seven days from the date of publication of this notice. After that no objection shall be entertained. bmg

Shahnawaz Hussain Sofi F/O Katif Amjad Sofi R/O Sofipora Magam

Public Notice

I have lost my 10th class Discharge Certificate somewhere. Now I have applied for the duplicate of the same if anybody has any objection in this regard he/she may file his/her objection in the office of the govt High School Trenz Shopian within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Ureed Ahmad Dar S/o Manzoor Ahmad Dar R/o Moolu Shopian

fko

Public Notice

I have lost my 10th class Discharge Certificate somewhere. Now I have applied for the duplicate of the same if anybody has any objection in this regard he/she may file his/her objection in the office of the govt High School Trenz Shopian within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Murad Ahmad Bhat S/o Abdul Hameed Bhat R/o Moolu Shopian

D/o Sheikh Hussain Ali

fko

BMG

Public Notice

My name and DOB has been wrongly written in my passport as Zohra Begum & dob 05-12-1953 while my correct name and DOB as per Aadhaar Card, PAN card is Zahra and DOB 3-5-1948 which needs to be corrected. If anybody has any objection in this regard he/she may file his/her objection in this regard he/she may file his/her objection in the office of the Regional Passport Office Srinagar within a period of seven days from the date of publication of this notice. After that no objection shall be entertained. Zahra Bagam

W/o Syed Rasool R/o Malmooh Pattan Baramulla

از دفتر نائب تحصيلدار كلنتره عنوان:مضمون درخواست مجمداسدالله ممير پسرمجمة عبدلله ميرساكنه تكوتفل تخصيل كرىري ضلع بار بموله بمراد RBA تجق دختر عابيده اسدالله اشتہار بمرادآ گاہی ہرخاص وعام

معامله مندرجه عنوان الصدر میں درخوست سائل دفتر مذامین زیر کاروائی ہے اس نسبت پٹواری حلقہ ہے ر پورٹ بشمول مطلوبہ نقوالات ریکارڈ طلب کے گئے جس ہے عہاں ہوتا ہے کہ سائل سائلہ موضع سمکوتھل تخصیل کریری کاسکونت دار جسائل کمید بذیل افراد پرهشتل بے کمیدی سالانه آمدنی ملغ

مزدوری 49سال

اسکےعلاوہ کوئی بھی افراد کمپہنہیں بتلایا گیاہے سڑھیکیٹ زیر بحث ادا کرنے میں اگر کسی شخص یااشخاص کوکوئی عذریااعتراض ہوتووہ اپناعذریااعتراض ساتھ یوم کے اندر پیش کریں۔میعاد گزرنے کے بعد کوئی عذریااعتراض قابلِ قبول نہیں ہوگاہ۔

DM Ask Stakeholders To Explore Possibility For Vendor Licensing In Srinagar

Observer News Service

Srinagar: In order to review the implementation and enforcement of Cigarette and Other Tobacco Product Act (COPTA) in the District, a meeting of District Level Coordination Committee (DLCC) was held under the Chairmanship of District Magistrate (DM) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat here at Meeting Hal of the DC Office Complex.

Besides, Additional Deputy Commissioner, Srinagar, Sved Ahmad Kataria the meeting was attended by Deputy Superintendent of Police, Chief Medical Officer, District Health Officer, Medical Officer Hgtr, Nodal Officer NTCP, other concerned members and representatives of NGOs were present in the meeting.

At the outset, a threadbare discussion was held in order to chalk out a plan to ensure visible impact of implementation of COPTA on ground by arresting the problem and taking timely measures to curb the menace of Tobacco products.

During the meeting, the District Magistrate laid stress on the need of awareness generation among the masses regarding the harmful effects of using Tobacco products. He asked the Officers to work in close coordination so that To-

Name : Firdous Ahmad Bhat

Father's Name: Ab Ahad Bha

Registration: N14460390047

The Jammu and Kashmir

The applicant/ candidate whose photograph is published in this

notice and claiming to have lost her original marks certificate/s of class 11th as per below mentioned details:-

bacco Control laws are implemented effectively on ground across Srinagar

The DM asked the Committee members to explore possibilities for Vendor licensing in the District and directed for launching special drives for strict enforcement of Tobacco Control Laws particularly around Hospitals and Educational institutions and Public places.

The DC directed the concerned authorities to initiate appropriate "penal action" against the defaulters under rules. He further said that Enforcement Squads will also monitor the unlawful sale of cigarettes in Srinagar and curb the menace. The DM further stressed

on taking all required measures to implement COPTA around all educational institutions of the District by designating members from respective colleges and schools to save the younger generation from the ill effects of the tobacco products. He asked the Chief Education Officer and all College Principals to identify the shops within the 100 yards radius of their respective Educational Institutions indulging in the unlawful sale of cigarettes and other tobacco products and submit the details of the same for further legal action against the violators.



Consumer Attacks PDD Lineman In Srinagar, Hospitalized

Observer News Service

Srinagar: A lineman of the Power Development Department (PDD) was injured after allegedly being attacked by a consumer during a power disconnection drive at the Soiteng area in Srinagar on Friday.

A video that surfaced on the social media platform showed the injured lineman narrating his ordeal, which, according to him, took place in the Soiteng area when he was carrying out a power connection drive ordered by the department.

The injured lineman identified himself as Abdul Majeed and said that he was attacked on his head with a chair, which left him injured.

Subsequently, after the incident, the injured lineman was shifted to SMHS Hospital for medical treatment.

Meanwhile, other linemen who brought the injured counterpart to the health facility

demanded justice for him and strict action against the accused consumer.

Reliable sources said that a formal case has been registered against the erring consumer at police station Nowgam and investigation has been taken up in this regard.

The service connection of the accused consumer has also been removed as part of the action initiated against him for preveting an official from discharging his duties.

Child Dev. Project Officer POSHAN, Shopian

TRAFFIC POLICE: 9419993745, 01998-266686 PCR: 0194-2452092,2455883

PDD: 0194-2450213

CAPD: 18001807011

FIRE AND EMERGENCY SERVICES: 2479488,2452222,2452155

SMC HEALTH OFFICER: 9469409081 Ambulance: Kashmer EMS Service: +919484100200

AIRPORTS

SHIEK UL ALAM AIRPORT: 01942303311

RAILWAYS

SRINAGAR: 0194-2103259 ANANTNAG: 01932-228243 BARAMULLA: 0194-102029 BIJBHERA: 01932-228243

PAMPORE: 01933-294132 PATTAN: 01954-293507 QAZIGUND: 01951-296153

HIGHWAY STATUS



Sgr-Jammu highway - (Open) Mughal Road - (Closed) Srinagar-Leh-(Open)



PRAYERS FAJR 5:42 **ZUHR** 12:44 **ASR** 4:43 6:25 Magrib **ISHA** 7:45

This Day In History

- 1152- English cleric and writer Geoffrey of Monmouth consecrated as Bishop of St Asaph at Lambeth 1208- St Francis of Assisi, 26, received his vocation in Portiuncula Italy 1296- Pope Boniface VIII decree Clericis Iaicos 1387- King Charles III of Naples and Hungary is assassinated at Buda
- 1389 Battle at Falköping: Danes defeat King Albert of Sweden
- 1528 János Szapolyai, disputed king of Hungary, and Ottoman Sultan Suleiman the Magnificent sign
- 1739 Battle of Karnal: Army of Iranian ruler Nadir Shah defeats the forces of the Mughal emperor of India, Muhammad Shah
- 1875 The SS Gothenburg hits the Great Barrier Reef and sinks off the Australian east coast, killing approximately 100, including a number of high profile civil servants and dignitaries
- Henrik Ibsen
- 1881 De Lesseps' Company begins work on Panama Canal 1881 - China and Russia sign the Sino-Russian Ili Treaty.
- 1895 Cuban war for independence begins
- 1918 Estonia declares independence from Russia
- 1924 Mahatma Gandhi released from jail
- 1942 The "Battle of Los Angeles" takes place, a
- series of anti-aircraft engagements over the city in response to a rumored but false Japanese attack. It
- would last until the morning of the following day. 1945 - Egypt & Syria declare war on nazi-Germany
- 1945 Manila freed from Japanese
- 1945 Egyptian Premier Ahmed Maher Pasha is killed in Parliament after reading a decree
- 1948 Communist Party seizes complete control of Czechoslovakia
- 1949 Israel & Egypt sign an armistice agreement
- 1955-Pact of Baghdad signed between Iraq & Turkey 1968 - US troops reconquer Hue Vietnam
- 1969 Mariner 6 launched for Mars flyby to study
- planet's atmosphere
- 1971 Algeria nationalizes 51 percent of French oil concessions
- 1974 Pakistan officially recognizes Bangladesh
- 1977 US President Jimmy Carter announces US foreign aid will consider human rights
- 1979- War between North & South Yemen begins
- 1983 USSR performs underground nuclear test
- 1984- Irag resumes air attack on Iran
- 1995 The Corona reconnaissance satellite program,
- in existence from 1959 to 1972, is declassified.
- 1997 South Africa announces it is constructing
- largest modern day blimp

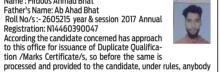
1998- Elton John is knighted by Queen Elizabeth II at Buckingham Palace in London 1999- A China Southern Airlines Tupolev TU-154 airliner crashes on approach to Wenzhou airport in eastern the People's Republic of China, killing 61. 2006- President of the Philippines Gloria Macapagal-Arroyo declares Proclamation 1017 placing the country in a state of emergency in attempt to subdue possible military coup. 2008- Fidel Castro retires as the President of Cuba due to ill health after nearly fifty years 2010-Europe risks a double-dip recession after bad results emerge from France, Germany and Italy, it is reported today; the Eurozone only grew by 0.1% in the last quarter of 2009 2010- Sachin Tendulkar scores the first double century in One Day International cricket 2011- Final Launch of Space Shuttle Discovery (OV-103). 2013- Nicos Anastasiades wins the Cypriot presidential election 2013- Raúl Castro is elected to a second term as the President of Cuba 2014- A 4.4 billion-year-old Crystal is discovered to be the oldest known fragment from the earth's crust 2014- Pope Francis creates a second Secretariat with the power to audit any Vatican agency at any time 2016-Oldest Muslim graves in Europe, from the 8th century, identified at a burial site in Nimes, France 2018-2016 world mass start speed skating champion Lee Seung-hoon of South Korea wins the event at Pyeongchang Winter Olympics; also Olympic 10,000m champion Vancouver (2010) 2018- After taking gold in the Olympic team sprint in Sochi (2014), Finnish cross country skier livo Niskanen wins the 50k classical event in Pyeongchang

State Board Of School Education New Campus Bemina Srinagar Notice for General Public

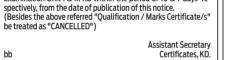
> per below mentioned details:-Roll No: 2627436 Class 10th Year & Session 2016- Bi-Annua Registration: N14460390047 Name: Firdous Ahmad Bhat



According the candidate concerned has approach to this office for issuance of Duplicate Qualification /Marks Certificate/s, so before the same is processed and provided to the candidate, under rules, anybody having any objection in this regard, shall bring into the notice of Assistant Secretary of Certificate as well as Assistant Secretary Examination Unit I & III KD within the period of 10 & 7 days respectively, from the date of publication of this notice. (Besides the above referred "Qualification / Marks Certificate/s" aring No: 16blKM- 8005671 be treated as "CANCELLED")



having any objection in this regard, shall bring into the notice of Assistant Secretary of Certificate as well as Assistant Secretary Examination Unit I & III KD within the period of 10 & 7 days re-



State Board Of School Education New Campus Bemina Srinagar Notice for General Public

The Jammu and Kashmir

The applicant/ candidate whose photograph is published in this notice and claiming to have lost her qualification certificate/s issued under as

Father's Name: Ab Ahad Bhat Mother's Name: Hafeeza Begum
Date of Birth:-01-03-2000 Residenc:- Ajas Bandipora

No: F(Cer is-I-DQC)B/KD/24 Dated 23-02-2024

Assistant Secretary Certificates, KD.



DISTRICT ADMINISTRATION BARAMULLA IN COLLABORATION WITH

EMPLOYMENT DEPARTMENT (DE&CC) BLA/DEPTT OF STREET AND ADDRESS OF THE PARTMENT OF THE PAR **SKILL DEVELOPMENT J&K**



IS ORGANISING JOB FAIR/ROZGAR MELA

Under SANKALP Programme

AT GOVT. POLYTECHNIC COLLEGE BARAMULLA (KANISPORA)

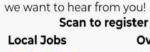
ON 28TH FEB 2024, WEDNESDAY 10.00AM - 3.00PM

This time we bring for you Overseas Employer to recruit experienced Nurses, Technicians and Doctors for Hospitals in Saudi Arabia

SERVICES UNDER ONE ROOF

- PRIVATE SECTOR EMPLOYMENT
- SELF EMPLOYMENT SKILL TRAININGS
- Requirements:
- Doctors Nurses
- Medical Technicians
- Ground Staff Airports Marketing Executives

If you have the skills and experience,





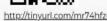












More Information:





Industrial

Technicians/helpers

Banking/Insurance

Computer/DE Operators

Optical Fiber technicians

email: deccbaramulla@gmail.com Courtesy: District Employment & Counselling Centre, Baramulla

DIPK-16900/23 dated: 23-02-2024

Government of Jammu and Kashmir Office Of The Child Development Project Officer POSHAN PROJECT SHOPIAN

ADVERTISEMENT NOTICE

Applications on prescribed proforma (Annexure-I) are hereby invited from the eligible female candidates of the Panch wards/ Muncipal wards shown against the below mentioned Panchayat Halqas/Muncipal ward, for the engagement of Sahayikas (AWHs) "preferably married" for the Anganwadi Centres of POSHAN Project Shopian on "Honorarium basis". The applications along with required documents shall be submitted in the Office of the undersigned i.e Child Development Project Officer Shop-

ian within 10 days from the publication of this notice against proper receipt. NAME OF THENAME OF THENAME OF PAN-VACANCY OF SAHAYIKAS (ANGANWADI HELPERS)
DISTRICT PROJECT CHAYAT/MUNICI-NO. OF PANCHNO.of Posts NAME OF AWC PALITY WARD WARD/ MC WARD AWC Khudapora A AWC Poshhama AWC Jamia Mohullah Shopian Shamsipora AWC Paddar Mohullah

Criteria for Selection of Sahayikas (Aanganwadi Helpers):
Women candidates in the age group of 18-37 years shall be considered for the post. The candidate should be a domicile of the UT of J&K.

The candidate should be a resident of the Electoral Ward where AWC is located. Name in the voter list for the ward shall be considered as the residence proof of the candidate

The candidate should be a resident of the Electoral Ward where Anganwadi Centre is located. Minimum qualification for Anganwadi Helper shall be Matriculation. In case no matriculate candidate is available in the Ward, candidates with qualification not less than 8th standard shall

The Selection shall be made purely on the basis of Merit, for rare and exceptional cases selection committee can proceed

as per the criteria mentioned in HR policy.

Self-attested copies of documents to be attached with the application form: Panch Ward Certificate/ Present /contineous, Ward residence certificate issued by BDO. Domicile Certificate issued by Tehsildar concerned. Date of Birth Certificate.

Academic Qualification Certificates with Marks card of 10th

Non employment Certificate from a Gazetted Officer. Self-Addressed envelope with postage stamp of Rs 5/-

No:-CDPO/POSHAN/Adv/2024/ 807-22 DIPK-16899/23 Dated:- 23-2-2024

Halga.

S.NO:

APPLICATION FORM FOR ENGAGEMENT OF SAHAYIKA (ANGANWADI HELPER) 1. Name of the District: - Shopian

2. Name of the ICDS Project: -

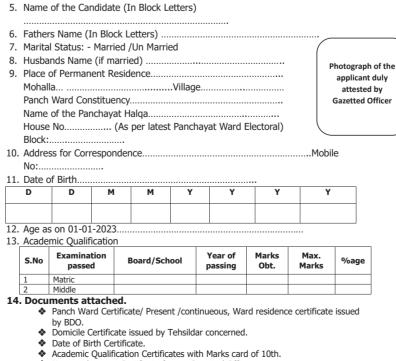
3. Name of the Anganwadi Centre for which engagement sought... 4. Panch Ward/MC Ward... Panchavat

> Academic Qualification Certificates with Marks card of 10th.
> Non employment Certificate from a Gazetted Officer. Self-Addressed envelope with postage stamp of Rs 5/-

UNDERTAKING ...D/o.W/o. ..R/o. do hereby certify that the contents of the application given above are correct and true to the best of my knowledge. In case any of the above contents is found incorrect, the selection committee shall have the right to reject my application and similarly revoke

Signature of Candidate

Signature of Candidate



High Growth Path of Horticulture Crops in J&K

Mohammad Hanief

"

During the first few five year plans, priority was assigned to achieve self sufficiency in food grains production. Over the years, horticulture emerged as an important and growing sub-sector of agriculture, offering a wide range of choices to the farmers for crop diversification

vast natural resource base has enabled Jammu and Kashmir to develop land for cultivating major horticulture crops including apples, apricots, cherries, pears, plums, citrus, litchi, papaya, mulberry, pomegranate, guava, almonds, saffron, tulips, and walnuts. The diverse climatic conditions, fertile soil, sub-tropical, semi-temperate, temperate, and arid climate zones offer a wide scope for the cultivation and production of a large variety of exotic fruits, vegetables, aromatic plants, spices, and flowers.

Horticulture and its special branch floriculture play a vital role in the economic development of the union territory of Jammu and Kashmir. A vast natural resource base has enabled the union territory to develop land for cultivating major horticulture crops including apples, apricots, cherries, pears, plums, citrus, litchi, papaya, mulberry, pomegranate, guava, almonds, saffron, tulips, and walnuts. The diverse climatic conditions, fertile soil, sub-tropical, semi-temperate, temperate, and arid climate zones offer a wide scope for the cultivation and production of a large variety of exotic fruits, vegetables, aromatic plants, spices, and flowers.

Jammu and Kashmir, particularly the Kashmir valley, has been rightly described as the 'land of fruits' as well as the 'fruit bowl' of Northern India. Horticulture is an important contributor to SGDP with a share of about 9.5 percent.

The growth graph of the horticulture sector in J&K has shown a tremendous spike with 10,000 metric tonnes of production in 1950 to 25 lakh metric tonnes of production in 2020. J&K has been declared an Agri Export Zone for apples and walnuts. Seventy percent of the total apple production and 90 percent of dry fruit production in the country comes from J&K.

The untapped potential of Jammu and Kashmir's horticulture and floriculture sector can be conservatively put at Rs. 320 billion (US\$ 4.3 billion). The share of the sector can increase from current levels of around 6-7 percent to as high as 20-23 percent over a span of ten years.

The variety of horticultural products of the union territory has earned worldwide fame because of its good quality and taste. The fruit crops grown in Jammu and Kashmir are apple, almonds, walnuts, pears, cherries and apricots in temperate areas and mango, citrus, litchi, papaya, guava etc. in subtropical areas. Saffron cultivation in Jammu and Kashmir is unique in the world.

The Horticulture sector plays an important role in the union teritorry and contributes significantly to the



economy and is a source of livelihood for 33 lac population. About seven lakh families are directly or indirectly involved and depend on the horti-

Jammu and Kashmir has been declared as Agri Export Zone for Apples and Walnut. Horticulture is an important contributor to SGDP. The production of 1.83 MTs in 1972-73 has risen to the level of 24.94 LMTs with turnover of Rs. 6000.00 crore approximately during 2015-16. The Horticulture sector also provides jobs to other related trades such as fertilizer, pesticides, Agriculture machinery, traders and processing of fruits, etc..

Horticulture development is one of the thrust areas and a number of programmes are being implemented, resulting in the generation of higher incomes in the rural areas, thereby improving the quality of life in villages.

Presently a total of 332704 hectares of land are under horticulture in Jammu and Kashmir with 214162 hectares in Kashmir and 118542 in Jammu region. Of this 164141 hectares are under apple cultivation alone. The fruit crops grown in the UT are Apple, Pear, cherry, walnut, almond, chestnut, strawberry, stone fruits and grapes etc in temperate areas and Mango, citrus, guava, litchi, berries, anola, grapes, orange etc in subtropical areas.

Besides, medicinal and aromatic plants floriculture, mushroom, plantation crops and vegetables are cultivated in the UT. Apart from this, well known spices like Saffron and Black Zeera are also cultivated in some pockets in the UT. Apple the major fruit crop of the UT is more concentrated in the districts of Kashmir region with a meager share also coming out from the temperate areas of Jammu region.

The Horticulture sector provides jobs to other related trades such as fertil-

izer, pesticides, agriculture machinery, traders and processing of fruits etc. Horticulture products have grown steadily to become the largest category of agricultural trade. Horticulture has emerged to play a vital role in providing food security globally. During the past few years, demand for high value and low volume horticulture crops has been showing much faster growth than demand for food grains

Market development scheme with all facilities like finance, communication, more storage facilities and pack houses will lead farmers to increase in production which will result in increase in productivity and profitability in horticulture.

The Horticulture Department Kashmir is planning to enhance cold storage facilities from 2.06 lakh MT to 5 lakh MT in the coming years aimed to counter the post-harvest losses and financial difficulties for apple growers. Over the years the department has been working to improve the cold storage facilities that are aimed to felicitate the farmers and save the fruit crop to gain good profit in the market.

Annually Kashmir produces over 20 lakh MT of apple and in some years touches 25 lakh MT. The 2017 Economic Survey in J&K had said that half of Kashmir's population is directly or indirectly dependent on the apple industry and over 3.5 lakh hectares are under apple cultivation.

Horticulture is the backbone of the economy of union territory of Jammu and Kashmir contributing nearly Rs 5000/- Crore to our economy, as per an estimate over 07 lac families are directly or indirectly engaged in pursuits connected with the Horticulture sector. So it is one of the sectors, which contribute significantly, in employment generation and add nearly 9% to the Gross State Domestic Product.

During the first few five year plans,

priority was assigned to achieve self sufficiency in food grains production. Over the years, horticulture emerged as an important and growing sub-sector of agriculture, offering a wide range of choices to the farmers for crop diversification. It also provides ample opportunities for sustaining a large number of agro industries which generate substantial employment opportunities. With agriculture and allied sectors finding alternate ways of increasing productivity of crops, horticulture as a sub-sector, is a revelation, showing remarkable signs of progress in the state.

Many schemes have been implemented with the focus on increasing the productivity of crops, soil health, and introduction of high-yield varieties, and many more. Also, initiatives have been taken to educate the farmers about the same. All these efforts have resulted in the increased area and production of fruits along with the creation of jobs direct and indirect.

In order to achieve the spectacular growth, it is very important that a policy environment must be kept favorable to attract investment, promote high-value crop cultivation (suitable to high altitudes) but also enable climate-resilient agriculture practices.

One thing which is most important is the participation of the local population to enable knowledge retention, fair sharing of economic development, and the emergence of J&K as a sought-after destination for horticulture and floriculture business.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer The author can be mailed at m.hanief@gmail.com X (Twitter): @haniefmha

Private 5G: India Lags Behind

Owing to slow private 5G spectrum allocation, India risks falling behind in the global Industry 4.0 race. We must do the needful to catch up

TV Ramachandran

he recent news about a department of telecommunications committee set up to consider the direct assignment of 5G spectrum to enterprises like Infosys, Tejas, Tata, L&T, GMR, Capgemini etc is encouraging for the industry. However, it comes more than 19 months after the Union Cabinet's approval based on TRAI's recommendations.

It is indeed surprising that such a policy initiative that would enable industry-wide digitisation using 5G and propel India to the status of a global manufacturing hub through improved efficiency and reduced costs should proceed so slowly even after clearance from the Union Cabinet. Moreover, this comes at a time when there is concern that public 5G (personal consumer markets) is not taking off in a big way and, concurrently, there is a large opportunity to leverage the geopolitical advantage in manufacturing. Why, then, have we missed out despite approval from the highest level?Industries like healthcare, manufacturing, automotive, transportation, mining, and even agriculture stand to gain immensely from digitisation through 5G.

According to Ericsson, there can be a 2-3% revenue increase when manufacturers digitise their processes due to increased throughput and quality, while 5-10% cost savings flow from improved capital efficiency and manufacturing costs decrease by 4-8%. With its strategic location and large la-

bour force properly aligned with the improved 5G-digitised production set-up, our nation's ambition to become a global manufacturing hub would be closer to realisation. However, while many major nations are far ahead, India remains an outlier in private 5G/LTE adoption.

China presents an incredible growth story for its private networks. 5G-connected factories have been established everywhere. By the end of 2023, the industry in China is reported to have developed a total of 31,600 5G virtual private networks, 2.2 times the number at the end of the previous year. 5G industry applications have evolved from point-based demonstrations to large-scale replication in some fields. The number of 5G application cases has exceeded 94,000, and it has been integrated into 71 of the 97 major categories of China's national economy, covering nearly 70% of major industries such as mining, electric power, and ports. It is a totally unparalleled story—even if one cynically discounts the progress by 90%, it is far ahead of India.

Outside of China, Berg Insight forecasts 13,500 private wireless networks by 2026, equivalent to a 10-fold increase in the number of deployments from 2021. According to another expert agency, Analysys Mason, the number of private LTE/5G networks worldwide is expected to grow from over 4,000 in 2022 to over 60,000 in 2028. Today, the EU alone, which has only a third of India's population, has 95 private 5G networks. Of these, 34 (36% of the such networks) had no mobile operator involvement. Thus, even assuming that these

include all cellular and WiFi networks apart from 5G. Meanwhile, we only have two such networks. Whichever way we look—to China or other countries, we see that there is tremendous scope for India to catch up with its peers. Not having direct spectrum allotted to enterprises and other industry users is undoubtedly a powerful reason for our lag.Per the enterprises, it is not viable to set up 5G through telecom operators (telcos). Enterprises require very exacting Service Level Agreements (SLAs) to meet their performance requirements and they feel they cannot meet them if public networks are used or if they get telcos to set up their networks.

The enterprises undoubtedly know their requirements best and are confident to plan and set them up more suitably through the vendors like Cisco, Ericsson, Nokia, Samsung, and TCS directly since the telcos themselves get their networks set up and maintained through such vendors. Moreover, it is reported that telcos add up to 40% margin when providing spectrum to the enterprises. To counter this, currently, at least 16 major countries of the world allot 5G spectrum directly to enterprises. There is an existing precedent of charging for spectrum on area of usage as a proportion of the total licence area, already-appliedfor NCRTC / RRTS/ metro networks, as well as for telco networks where spectrum is not available for the entire licensed service area. The same should be applied for spectrum to be allocated to private enterprises. This issue of private 5G in India is plagued with many questions. Did we undertake a demand study for public 5G, 4G, 3G or 2G? Is it a global norm to carry out private 5G demand studies?

Why do we need a demand study here since each enterprise's case would be unique and each enterprise requirement would be limited to a small local area? Different industries would also have completely different requirements. With enterprises becoming more globally competitive through private 5G, voice and data traffic to the public 5G networks also rise sharply and benefit the telcos? Isn't the telco licence non-exclusive? Hence, will it be perfectly proper to introduce competition through private 5G, which has different terms and conditions? With each a unique case and involving non-conflicting spectrum use, why need a study for allotment? Wouldn't these costly delays themselves kill the good initiative? These and several other important questions remain unanswered.India must awaken and not stop till it matches its global peers in Industry 4.0 through Private 5G/LTE.

With research inputs by Neha Hathiari

TV Ramachandran, Honorary fellow, IET (London) and president, Broadband India Forum. Views are personal

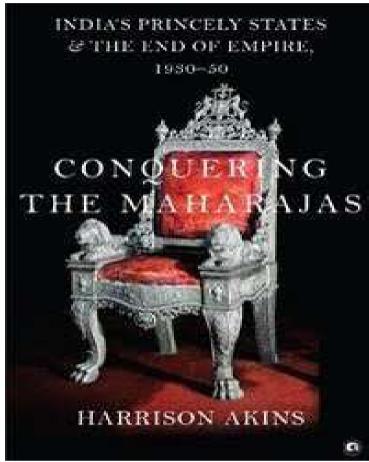
Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer. The article was originally published by Financial Express

FEBRUARY READS

KO WEB DESK

Keep your book reading goals going with this bunch of new releases from Aleph Book and Company

Conquering the Maharajas: India's Princely States and the End of Empire, 1930-50



Harrison Akins

onquering the Maharajas explores the crucial history of princely India from the turbulent end of the British Empire in South Asia to the early years of Indian and Pakistani independence.

The princely states of the British Raj enjoyed autonomy and were recognized as sovereign as a result of their treaties with the British Crown. Conflicting ideas of state sovereignty led to political and military confrontations between the princes and the Indian and Pakistani governments as they battled to establish the authority of the post-colonial state.

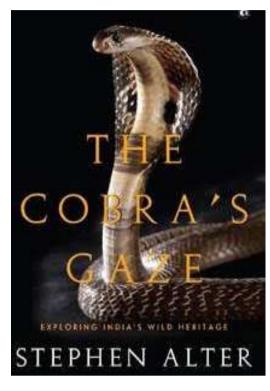
Approximately 100 million people lived in the more than 560 princely states that dotted the political landscape of India. These states made up 40 per cent of the territory under the British Raj.

This book, which draws heavily on archival research, describes the conditions that led to the independence of India and Pakistan and shows how the princely states of India were crucial in influencing events both before and after the transfer of power. It offers a distinctive perspective on the lesser-known princely republics in the subcontinent and the integration of states that occurred to create the two neighbouring nation

The Cobra's Gaze Exploring India's Wild Heritage



PROFOUND, THE COBRA'S **GAZE IS A WORK OF ENORMOUS POWER.** Even as it celebrates the incredible wildlife and wild places of India, it is an urgent call to save them before it is too late.



Stephen Alter

n The Cobra's Gaze, award-winning writer Stephen Alter takes us on an astonishing journey of discovery through the wild places of India. As we accompany him on his quest to uncover multiple layers of meaning associated with the flora and fauna of the country's woodlands, mountains, rivers, deserts, and coasts, we meet, among others, king cobras, the largest venomous snakes in the world, in the steamy rainforests of Karnataka; snow leopards, the elusive grey ghosts of the mountains, making their solitary way through the vastness of the Himalaya; rare crocodiles and blind dolphins in the Chambal ravines, once the haunt of dacoits; man-eating tigers stalking their prey in the mangroves of the Sunderbans; and Kottigehara dancing frogs trembling on the verge of extinction in the Western Ghats. We travel through coastal areas smudged with the roseate hues of flocks of flamingoes; the dry scrublands of Gujarat that echo with the roar of Asiatic lions found nowhere else on earth: grasslands and arid jungles where imported cheetahs struggle for a foothold; dense habitats in Assam that are home to killer elephants and singular species of birdlife; and scores of other places in which the last remaining animals and

wildernesses of the country cling on in the face of the depredations of man.

India has always had a strong spiritual connection to nature, and the writer delves deep into myth and religion to show how reverence for the environment has been an inalienable part of our heritage. Yet, today, in the name of progress and civilization, the wilderness is being laid to waste despite the efforts of pioneering conservation-ists like Salim Ali, Billy Arjan Singh, M. Krishnan, Jim Corbett, Hugh Allen, and their present-day counterparts, all of whom come alive in the pages of the book. As our cities and towns reel under pollution, the groundwater everywhere is contaminated, and enormous tracts of the country are devastated by floods and fire, the writer shows us the importance of ecological awareness, and why the preservation of nature is key to our own survival. Throughout the book, he seeks to experience our fundamental connection to other species, so we are able to understand how we are inextricably linked to the larger natural world and why it is important for us to share the earth equitably with other life forms.

Timely and profound, The Cobra's Gaze is a work of enormous power. Even as it celebrates the incredible wildlife and wild places of India, it is an urgent call to save them before it is too lat

PENMAN'S NICHE SPEAK UP MUSE, TONIGHT

S.SARWAR.MALIK

Thy do the black clouds of sadness waft today, in her eyes, O' Lord/ Only yesterday her kohl rims merrily sang aloud the Sonnets of Love.// Have the ensnaring questions of the people around

entangled her so much/ Drab dangling veil looks, that perfumed blonde hair

spread on my chest. //

Impatient rose petals out stretched in my hand, to kiss these cheeks, yesterday/

Why bruising tale of autumn thorns is etched there today?//

Where marks of my lips were stamped everytime you renewed the pact of love/

What weighs so heavy ,now,

that you lift not that neck today, my love.// I feared tonight our sobs would die beneath their own weight, O'spirit of life/ For living longer, let us fetch out from the chests,

again, this moment, now,

That timed picture of crushed Lupinus*(flowers of Gulmarg), giggling beneath our bodies.//

TRUE, You never complained about my Staying

Nor did I,grudge your departure// [-Except that on The Farewell Card** I wrote that

"Tell me why you waved not while boarding the

[-O' Milinda Grace, MUSE of my heart] //

In love's embrace we will never part./ In love's embrace we will never part.]/// [[Today, I Sing For You, Afresh -Rhymed & Metered Version.]] Why do the black clouds of sadness waft today, In her eyes, O' Lord, where once love held sway?/ Only yesterday, her kohl rims did sing, Sonnets of love, in the joy they did bring. Have ensnaring questions tangled her so, Her hair now drab, unlike yesterday's glow?/ Impatient rose petals, once kissed her cheeks fair, Now fall in sorrow, where burdens she bear. Why autumn's thorns bruise where lips once did meet?, Leaving marks of sorrow, bitter and sweet./ Heavy weighs the burden, my love, do speak, What keeps your neck bowed, so weary and meek?/ Tonight, I fear our sobs will suffocate, Beneath their own weight, O' cruel twist of fate./ But let us fetch from the chests, this moment true, Where crushed Lupinus* giggled, me and you./ True, you never complained, nor did I, When parted that day, beneath sorrow's sky./ (EX-CEPT...**)

O' Milinda Grace, MUSE of my heart, In love's embrace, we'll never part. In love's embrace, we'll never part.]///

<u>Notes:</u>
[** EXCEPT, on *The Farewell Card* these words, I

"TRUE, You never complained about my Staying

back, Nor did I,

BUT TELL ME WHY, YOU DIDN'T WAVE While boarding the plane? (...ON THAT LAST DAY.").

*Lupinus flowers in the (-timed) photo, clicked four and a half decades back in front of the Church of Gulmaro in Kashmir l

Notes to My Younger Self: How and When to Break off an Engagement

HANNAH ALKADI

ll the signs were there, and yet, for me, Ait seemed to lead to a dead end.

Mapping out a lifetime with someone comes with its own share of speed bumps. There are the challenges of maintaining halal boundaries like wanting privacy without wanting to be totally alone. And along with these hurdles, arise questions about the amount of information to share and how frequently to communicate it. Everyone seems to have a different route, and I started to navigate my own path, with my family, friends, and scholars who were always a call away.

I finally found someone who decided to join me for the ride. They checked off all the boxes. and provided the right answers to all the questions with what I was looking for. But as the journey progressed, my heart slowly sank. I realized that I wanted to hit the brakes.

I'd heard of it happening before. A break happened after they had made it to the premarital counselling room, or even a month before the wedding. For me, things started to sour after the two of us met in-person, and after I met his family. It was after he'd relaxed a bit, and I'd removed the rose-coloured glasses that I was wearing only to find that those flags of his were

really red after all. My concerns were dismissed by others as "cold feet", but my whole body was sounding the alarm. I had friends, mentors, and family members who supported my decision, and others who couldn't seem to understand. There were boundless pressures for me to continue along with something I only saw ending. I fought with myself. Was it worth breaking this off? After all, it took me so long to get to this point, so what was a few hiccups here and there? Maybe there were issues that could be talked through before all communi-

I lost count of the number of Muslim matrimony apps I was active on. When my ex appeared, it felt like he was a superhero, saving me from the villains who relentlessly asked "What do you bring to the table?" Despite his demanding profession, he made time to call me every day. We could-and often did-talk for hours. I even had his mother's and sister's phone numbers. Eventually, we made travel arrangements and met in person. I increasingly felt sure of my decision every step of the way.

But within a week, we went from talking about a date for him to fly down and formally propose, to not talking at all.

Looking back, there were signs along the way that I wish I had paid more attention to. Therefore, here are notes to my younger self, in the hope that if you need it, it may help you through your own journey of finding a

Try renairing before breaking "Reconciliation is best." (Surah An-Nisa

I knew that feeling unsure is an expected part of the process, but I wasn't so sure that I should feel as though the process was debilitating. However, I spoke to some other people who reassured me that my feelings were valid and deserved to be addressed.

"When COVID happened, there was a lot of uncertainty," Ghazala told me. "My thenfiance was born in another city, but he went to a school local to me. He had gone home

for spring break when the lockdown began." Ghazala didn't know how a marriage would work in those circumstances. While their parents had met and the proposal had been arranged with the help of community leaders, the onset of the pandemic brought forth many additional questions. Would she relocate to move in with him while he continued school remotely, or would he move to her so that he could attend school in-person once the lockdown was over? Not to mention that their jobs, families, and schools had to quickly adapt to the new circumstances, leaving little time or means to meet and ef-

fectively communicate. However, Ghazala said, "We made du'a that Allah guide us to what was best. Whether that was together or not." After a few months' break, she reached out to her then-fiance, and alhamdulillah, he is now her husband.

When I brought up concerns to my trusted friends and relatives. If I'd had a therapist at the time, she would've heard those concerns as well. Above all, I addressed those concerns in a marriage, but in any relationship. I made sure to gather his thoughts and ask for clarification and elaboration when he answered. When discussions didn't lead to reconciliations, I brought up the possibility of taking a break.

In Ghazala's case, she removed him from her social media accounts during their break, even blocking him and refrained from contacting him unless absolutely necessary. She also created another Instagram account filled with positive content to uplift her spirits during this difficult time. One silver lining about the lockdown was that she was able to spend a lot of time with family and on teletherapy.

During my break, I continued to make istikharah (the prayer of seeking goodness) and seek istisharah (consultation). I spoke with friends, mentors, and relatives-married ones, divorced ones, and single ones for their advice and guidance.

I knew that disagreements would happen even after marriage. Navigating them before marriage was crucial, and having input from those who were more experienced could make my experience much smoother.

Gary Chapman provides three ways to have disagreements without arguing in his 'Things I Wish I'd Known Before We Got Married':

- "Meeting in the Middle:" when the two of you come up with a compromise that factors in both partner's desires. An example can be that one person cooks the brunt of the meals, but that the other always cleans up afterwards.
- "Meeting On Your Side:" when after listening to both sides, one half of the couple chooses to go with the plan of the other half as an act of love and commitment to the relationship as a whole. This can look like the both of you spending both Eids with one side of the family if they are closer domestically, but intending to visit the other half at other points in the year.
- "Meeting Later:" when the both of you respectfully say that you disagree but intend to discuss later. This can look like moving abroad and family planning.

My friends shared with me that even

(permissible), it could still make me uncomfortable. And that wasn't permissible to me. Some examples:

- If he prefers you to dress a certain way that you don't prefer to
- If he wants you to work or not work if
- you would prefer the opposite If he'd like you to live with your in-
- laws if you want to live separately If he treats your family a way that you
- don't like If his behaviour towards you changes
- negatively If his family is spending too much or too little on a wedding that you don't agree with
- If he wants a long-distance marriage or he would prefer to extend the engagement, contrasting your timeline
- If he wants to move abroad If his family makes comments about
- you that he doesn't handle If he or his family would prefer you to live a certain way that you don't envi-
- sion for yourself You can also find other signs from the Amaliah community here.

When he brought up a possibility that I didn't consider, I felt pressured to make a decision immediately. However, timelines are our friends in these situations. Some circumstances and issues came up that forced me to reconsider my stance. My inner circle reassured me that changing your answer and

having second thoughts was also permissible.

That there was nothing wrong about being

true to myself. After one particular conflict, I confided in a friend. She shared with me something imperative, "If he doesn't stand up for you before marriage, it is unlikely that he will do so afterward." And I didn't want that type of marriage.

Ending things

I reflected back on my lessons on the technicalities of engagements. Even if a man makes a proposal and a lady or her parents have agreed to it, she still has the option to break off the engagement. Whether the venue has been booked, invitations sent, dresses bought, or gifts exchanged; it doesn't matter. It is never too late to leave. It is far easier to do so now than to go through a divorce later.

A helpful asset in this process was having a wali (male relative) or wakil (a man you trust on your behalf) have a conversation with the prospective groom. Both my wali and wakil served as my representatives, and looked out for my best interests. They did the "heavy lifting" for me. They attempted sulh (reconciliation) as well. When reconciliation wasn't possible, they ended the relationship on my behalf so I didn't

have to be put in that vulnerable situation. "My wakil had one final conversation with my ex before it was officially over," Nahla tells me. "We were on a break during that time. When asked why, I gave my wakil the reasons-and he began to grow uncomfortable with the mindset my ex had on certain things, like qawwama (servitude). My ex felt that it was 'obedience' on the woman's part and my wakil-like me-felt differently. We defined gawwama as the servitude on the man's part—to take care of his wife. I asked my wakil to reason with my ex. Despite a respectful discussion, my ex decided not to proceed. As painful as it was for me, I was so glad that my wakil was the one to tell him goodbye. I was so wrapped up in my emotions, I might not have been able to step back from him."

In some cases, the male fiance might ter-

Leena writes, "My ex-fiance and I had gotten engaged in my home country. We exchanged occasional emails and phone conversations, but he also began to call our interactions 'haram' because we weren't married yet. I was studying at a women-only college abroad and worked as a research tech in a reputable internship with a team of three men a father, an engaged man, and another who was committed. Despite the fact that I always kept things professional, my ex-fiancee had instructed me to eat lunch separately and not 'mix' with them. He also wanted me to wear nigab, when I had only just started wearing hijab. I started to feel spiritually abused. Eventually when it was over, I was actually content that I didn't have to end the relationship but he relieved me of it."

In my experience, following through on

the advice I received, I did find it helpful to delete his number, and those of his family members too. I removed them from my social media accounts completely. Even though the decision to stop talking was mutual and amicable. I wanted to reduce the amount of temptation I'd have to interact with him.

I was advised that if the two of us were to cross paths again, to be respectful. Even others in my situation were tempted to deal out any hurt that you've been dealt, but even in the surah of divorce, Allah & says over and over again for both parties to be conscious of Him.

New beginnings

"And He will provide for them from sources they could never imagine. And whoever puts their trust in Allah, then He 'alone' is sufficient for them. Certainly Allah achieves His Will. Allah has already set a destiny for everything." (Surah al-Talaq 65:3)

Recovery was hard, but it happened. And it's still happening.

After everything was over, I couldn't help but reflect: if women going through divorces and spousal deaths have periods of time where they don't entertain proposals, then perhaps I, someone who had also lost someone I wanted to spend the rest of my life with, should do the same. After all, a potential spouse, in a way, is like a friend. I shared deeply personal information about myself. Letting go of that person was not easy.

I doubted myself for days, weeks, months, and even years after the process. It was paramount for me to surround myself with the people who validated my decision and reminded me why my chosen path was the correct one.

In time, I also wrote down why this was for the best. Journaling was beneficial; even the smallest blessings were ones to take into account. "I get to travel more" was one, or "I saved so much time and money." A therapist also guided me through exercises to perform, books to read, and videos to watch.

 $The \ article \ was \ originally \ published$ by Amaliah

Views expressed are personal. The article was originally published by

Foundation Stone Of Vishram Sadan Laid At AIIMS Bilaspur

NO MED DECK

New Delhi: Bharatiya Janata Party (BJP) National President Jagat Prakash Nadda laid the foundation stone for a Vishram Sadan at All India Institute of Medical Science (AIIMS) in Bilaspur, Himachal Pradesh,on Friday.

The foundation stone for the POWERGRID Vishram Sadan was laid in presence of Dr. Mansukh L. Mandaviya, Hon'ble Minister of Health and Family Welfare, Chemical and Fertilizers, Anurag Singh Thakur, Union Minister of Information and Broadcasting of India, and Youth Affairs & Sports, Govt. of India and Jairam Thakur, Leader of Opposition and Former Chief Minister, Himachal Pradesh.

R.K.Tyagi, CMD, POWERGRID, Dr. Yatindra Dwivedi, Director (Personnel) POWERGRID, Dr. (Prof.) Vir Singh Negi, Executive Director, AIIMS Bilaspur and senior officials from POWERGRID and AIIMS were also present during the ceremony.

POWERGRID is commissioning projects of approx. 50 crores for AIIMS Bilaspur under

Vishram Sadan - Rs. 26.75



The Vishram Sadan at AIIMS Bilaspur will be spread in a 4641.38 sq.m. area., having four storeys, 250 beds and will be built at an estimated project cost of Rs. 26.75 crore. This Vishram Sadan is equipped

with all requisite amenities such as waiting hall, cafeteria, fully equipped rooms/ dormitories etc.

MRI machine - Rs. 16 Crores

MRI machine offering a

safer, more comfortable experience with imaging results that can be generated quickly and accurately.

128 Slice CT Scanner machine - Rs. 7 Crores

This is especially beneficial for patients presenting in

emergency are critically sick and need a quick accurate diagnosis.

POWERGRID evolved the concept of 'Vishram Sadan,' to provide a comfortable stay to the waiting patients and their attendants. It also alleviates the financial burden of poor patients coming from distant parts of the country to specialized hospitals in urban areas. In this journey, POWERGRID is reaching out to the weaker and needy sections of the society by providing facilities of more than 3000 beds across its various Vishram Sadans.

POWERGRID as a responsible corporate citizen has already constructed 7 Vishram Sadans at various hospitals all over India including AIIMS, New Delhi, KGMC, Lucknow, UP, IGIMS, Patna, Bihar, DMCH, Darbhanga, Bihar, GMCH, Guwahati, Assam, SSG, Vadodara, Gujarat and NIMHANS, Bengaluru, Karnataka. POWERGRID has played an important role in the field of rural development, education, healthcare, skill development, environment, drinking water, water conservation and sanitation by contributing to economic and social development across the country with its CSR initiatives costing about Rs. 1500 crores.

All Minority Employees Association of Kashmir Calls on LG

Observer News Service

Srinagar: A delegation of All Minority Employees Association of Kashmir, led by its Presiden Sanjay Koul called on Lieutenant Governor Manoj Sinha at Raj Bhawan today.

The delegation apprised the

LG of various welfare issues of the minority community employees. Meanwhile, Chairman District Development Council, Budgam, Nazir Ahmad Khan and Sheikh Ishfaq Jabbar, former Legislator from Ganderbal also called on Lieutenant Governor at Raj Bhawan.



CONTD. FROM PAGE 1

Domestic Violence

The Child Guidance and Wellbeing Centre, Institute of Mental Health and Neurosciences (IMHANS) is being run with the help of UNICEF and caters to the need for children's mental wellbeing.

According to data from the IMHANS, over the span of five years, from January 2019 to December 2023, the total number of sessions conducted with children and adolescents grappling with various mental illnesses exceeded 33,000.

Most of the children came from Srinagar followed by Budgam, Baramulla, Pulwama, Kupwara, Bandipora, Anantnag, Ganderbal, Shopian. Least number of children were seen from Kulgam district.

Between 2019 and 2021, a total of 602 children sought assistance at the Child Guidance and Wellbeing Centre, Institute of Mental Health and Neurosciences (IMHANS), due to issues stemming from family discord.

In the subsequent period, from January 2022 to December 2023, the number increased, with a total of 657 children seeking help for similar reasons. Among these, 82 sought assistance due to parental discord, 40 due to parental separation, 78 suffered because of neglectful parenting, 51 experienced challenges associated with authoritarian parenting, 329 sought help due to low socioeconomic status, and 77 children sought assistance for family accommodation issues.

Wadoo said that witnessing domestic violence can have a profound and lasting impact on children's cognitive development and mental health. The more sensitive a child, the more susceptible they are to these effects, he opined.

"Each child reacts differently to violence," Wadoo said, adding, "Take the case of two children in the same household. If both have witnessed domestic violence, they can react in a different way. One can react violently and the other can get into depression."

"Science tells us even unborn babies may be affected by prenatal exposure to domestic violence. When the child is affected inside the womb, he or she is definitely affected after being born," Wadoo said.

Parental discord and conflict can affect the neuro-chemistry and neuro-development of a child. The most prevalent issue, as per Wadoo, is the Attention Deficit Hyperactivity Disorder (ADHD)

Barriers To Seeking Mental Health Care

Nightmares painted with violence chase Zaid (11) in his sleep, his tiny body jolting awake in a cold sweat. Every raised voice sends tremors down his spine, echoing the night his father's rage erupted like a volcano on his mother. No amount of whispered comfort can erase the chilling memories etched deep within his tender heart.

His father's presence is a constant tightrope walk for Zaid. Even moments of apparent tenderness send his heart hammering, his young mind unable to silence the fear that the storm will return. Yet, the doctor's door remains firmly shut.

rmly snut. "It's astonishing," says Kakroo.

"Educated families readily seek out specialists for their children's stomachs and hearts, but they shun psychiatrists. Suicidal thoughts are accepted, but seeking mental health help remains taboo."

Stigma, like a heavy cloak, suffocates open dialogue and timely intervention. Zaid, and countless others like him, become trapped in a cycle of fear and silence, their unspoken pain echoing in the shadows.

Wadoo also said that parents take mentalhealth issues very lightly but with time things are changing. More and more children are

seeking help for mental health issues.

As children in Kashmir grapple with the complex interplay of societal norms and

mental health challenges, experts emphasize the urgency of collective action to break the cycle of violence and prioritize the well-being of children.

More Snow

weatherman forecasted a moderate spell of rains and snow from March 01, saying that from March 01 to March 03, there is a possibility of light to moderate rain and snow at most places with heavy rain and snow at isolated middle & higher reaches during March 02 and

He further stated that the exact details of the forecast will be shared in the coming days.

In its advisory, the MeT office has said that in view of heavy to very heavy snowfall over few middle & higher reaches, the travellers and tourists are advised to follow administration and traffic police advisory.

"General public over hilly areas are advised not to venture in avalanche prone areas & sloppy areas," it reads and appealed to people to follow avalanche warnings & advisories.

It further added that there are chances of landslides, mudslides and shooting stones at few places as well.

Pertinently, the landslide mudslide and

shooting stones forced the closure of Srinagar-Jammu National Highway and other major roads and highways.

The work on the restoration of vehicular

movement on the highway was going on and it was thrown open partially for the stranded vehicles yesterday.

Meanwhile, the Jammu & Kashmir Disaster

Management Authority (JKDMA) issued a "Low Danger Level" avalanche warning for the higher reaches of six districts of J&K within the next 24 hours. JKDMA officials said that an avalanche with

"low danger" level is likely to occur above 2300 metres over Bandipora district of north Kashmir and in Central Kashmir's Ganderbal district in the next 24 hours.

"Avalanche with Low Danger Level is likely to occur above 2300 meters above sea level over Bandipore and Ganderbal," the officials

According to the official twitter handle of Jammu Kashmir Disaster Management Authority, a similar warning with 2300 metres above sea level has been issued for Doda, Kishtwar, Poonch, and Ramban districts of the Jammu division.

JKDMA has urged locals in these areas to exercise caution and refrain from venturing into avalanche-prone areas until further notice. The authorities have emphasized the importance of dialing 112 for assistance during emergencies

"People living in these areas are advised to take precautions and avoid venturing in the avalanche prone areas till further orders. dial-112 for help," the officials added.

National Highway

vehicles are being managed in a regulated manner to ensure smooth movement of vehicles.

The road was damaged and rendered single lane at Dalwas, Cafeteria-Mehad and Gangroo between Nashri and Banihal tunnels, the spokesperson said.

The decision to allow the traffic from both the capital cities was taken late Thursday after all stranded vehicles on the highway were cleared.

The traffic on the highway was suspended on Monday after multiple landslides, mudslides and shooting of stones from the hillocks overlooking the highway blocked the road at over a dozen places.

With the improvement in the weather on Wednesday, the agencies concerned mobilised more manpower and machines and managed to open the road partially for stranded vehicles.

However, a massive landslide at Kishtwari Pather blocked the highway again and finally the road was cleared for traffic on Thursday

Breaking Barriers

educational institutions are emerging as centres of cutting-edge learning programmes. With the new opportunities being provided to our talented youth in diverse fields, we can truly dominate the global knowledge economy in the future," he added.

3 Terrorists

who was subsequently arrested and chargesheeted along with 11 others.

The latest supplementary charge sheet under various sections of the Unlawful Activities (Prevention) Act, Narcotic Drug Psychotropic Substances (NDPS) Act and Indian Penal Code was filed against Din, Mohd Sharief Chechi and Farooq Ahmad Jungal besides Pakistan-based Hizbul Mujahideen terrorists Hamidullah Khuroo, Farooq Ahmad Shawl and Javed Ahmad Chalkoo, the official said.

Chechi and Jungal were arrested by the SIA in August and December last year.

The official said the accused were involved in smuggling heroin from Pakistan-occupied Kashmir in Uri, Hathlanga, Baramulla and the transporting and selling of the contraband in Jammu to generate huge proceeds planned to be delivered to the Over Ground Workers of Hizbul Mujahideen, a proscribed terrorist organization.

The same was deposited in banking channels for further distribution to fuel anti-national activities and other terrorist acts to challenge the sovereignty, integrity and security of India, the official said.

The SIA Jammu has seized Rs 10 lakh and freezed more than Rs 70 lakh in bank accounts which were the proceeds from narcotics smuggled from across the border, he added.

The proceedings for attaching the properties of the accused under relevant sections of the law have been initiated, the official said.

The official said the investigation revealed that there was a well-organised drug syndicate involving Farooq Ahmad Naikoo, who was operating from Dubai, Mohd Rafiq Najar, Mubashir Mushtaq Fafoo, Ainaz Ahmad Sayam, along with Chechi, Jungal and Din.

The accused conspired with HM terrorists operating from Pakistan to bring narcotics into Jammu and Kashmir to generate funds which were used for funding secessionist and terror activities, he added.

SC Directs Publication

restrictions on the Internet in J-K in 2019 following abrogation of Article 370. Journalist Anuradha Bhasin moved the Supreme Court in 2020 seeking review of the restrictions.

On May 11, 2020, the top court had ordered setting up a special committee headed by the Union home secretary to consider pleas for restoration of 4G internet services in Jammu and Kashmir, saying national security and human rights needed to be balanced in view of the fact the Union Territory has been "plagued with militancy".

In 2020, the top court had said review orders are "not meant to be kept in the cupboard" and asked the administration to publish them.

The top court said it was desirable to have better internet services in J-K in view of the COVID-19 pandemic and a national lockdown.

On January 10, 2020, the top court had in its Anuradha Bhasin versus Union of India verdict held that freedom of speech and conducting business on the Internet are protected under the Constitution. It had asked the Jammu and Kashmir administration to immediately review the curb orders.

J&K Civil Services

following: Notification of family of a missing government servant/pensioner/family pensioner. (1) In the case of a missing employee/pensioner/family pensioner, the family can apply for the grant of family pension, amount of salary due, leave encashment due, and the amount of GPF and gratuity (whatever has not already been received) to the Head of Office of the department where the employee/pensioner had last served, six months after lodging of the Police report," it said.

The process entails the family to file a report with the concerned Police Station and obtain confirmation from the authorities that the employee/pensioner/family pensioner remains unaccounted for despite exhaustive efforts.

This report may take the form of a First Information Report (FIR) or any other official documentation such as a Daily Diary/General Diary Entry

Furthermore, it said that the nominee or dependants of the employee, pensioner, family pensioner are required to provide an Indemnity Bond assuring that any payments made will be adjusted against future claims should the missing person return.

In the case of a missing employee, the family pension will commence either from the expiration of leave, the last date of pay and allowances, or the date of the police report, whichever is later.

For missing pensioners/family pensioners, the family pension will begin from the date of the police report or the subsequent day following the last date until which the pension/family pension was disbursed, whichever is later.

The retirement gratuity shall be disbursed to the family within three months of the application date. Any delays will incur interest at the prevailing rates, and accountability for such delays will be assigned accordingly. The disparity between death gratuity and retirement gratuity will be settled once the employee's fate is definitively established or after seven years from the date of the police report.

Before authorizing gratuity payments, the Head of Office is obligated to assess and recover any outstanding government dues from the employee/pensioner in accordance with Article 168-AA of J&K CSR, Vol. I and other pertinent directives.

The family will receive the pending salary, leave encashment, and GPF disbursements based on the employee/pensioner's nominations upon filing a police report and submitting the requisite indemnity bond.

All benefits extended to the family/nominee of the missing employee/pensioner will be computed and governed by the individual's previous emoluments and applicable regulations/orders up to their last date of duty, including authorized leave periods. (KNO)

Srinagar StrugglesTanveer Ahmad from Dalgate said.

"After abusing drugs, these drug-addled youth act anyway they choose, disregarding the repercussions," he added.

Residents from Kursoo Rajbagh and Padshahi Bagh areas also described similar scenes and appealed to the administration to take stringent actions against these drug addicts at the earliest.

"Drug abusers, boozers and gamblers have made the riverbank near Kursoo Rajbagh and Padshahi Bagh portions their safe haven. We are unable to adequately express what we see taking place there," Showkat Ahmad from Kursoo Rajbagh claimed. "There is a lack of police presence in these ar-

eas, which serves as motivation for drug dealers and drug addicts alike," he added. People who live nearby and run businesses at

People who live nearby and run businesses at the historic Bund said they frequently witness kids smoking pot and injecting narcotics while seated on wooden benches, all without fear.

"Watching youngsters indulging in immoral

activities along the Bund, a once-respected marketplace and tourist destination in Srinagar disturbs me greatly. The Bund has now turned into a hotbed of drug addiction and depravity," Muzaffar Ahmad, a local said.

Promising prompt action, Deputy

Commissioner (DC) Srinagar, Dr Bilal Mohi-ud-Din Bhat said the district administration has always been serious vis-à-vis drug abuse and drug peddling in the district. "I will definitely look into the matter and a

prompt action will be taken in this direction soon," DC Srinagar told Kashmir Observer.

Superintendent of Police (SP) East Mubashir Hussain expressed concern about the emergence of new drug hotspots in civil lines areas of Srinagar, such as the old Zero Bridge,

Srinagar Club, and the Bund Residency Road.

The SP concerned promised strict action against anyone caught abusing or selling drugs.

against anyone caught abusing or selling drugs.

"To guarantee the children are spared from a painful poisonous end, I promise that strict monitoring will be enforced at the Old Zero Bridge and other sites henceforth. A police squad will be dispatched to these locations, and anyone found selling or consuming drugs will face harsh consequences, SP East told

He also urged the people to assist the police in identifying drug dealers and emerging drug hotspots in their vicinities so that appropriate

legal action might be taken against them.

Pertinently, Kashmir valley is battling a drug addiction crisis; over 10 lakh people were officially designated drug addicts by the Jammu and Kashmir administration this year. According to data from the Ministry of Social Justice and Empowerment, 1.08 lakh men and 36,000 women were found using cannabis in J&K in 2022; 5.34 lakh men and 8,000 women consumed opioids; 1.6 lakh men and 8,000 women abused sedatives; and 1.27 lakh men and 7,000 women were hooked to inhalants.

HC Orders

of which 450 are in Kashmir Division and 100 in Jammu Division.

This figure was also contended by counsel, saying that "thousands" of transgenders have remained uncounted in both the J&K and Ladakh and as such impressed upon the proper ascertainment of the total number of transgenders living in the UTs.

"We are also of the view that proper ascertainment of the number of transgenders district wise would be desirable so that the concerned authorities as well as District Legal Service Authorities could reach out to them to render the necessary assistance as contemplated in the direction of the Hon'ble Supreme Court," the court said and accordingly directed authorities of both the UTs to undertake further exercise to determine the number of transgenders in the respective Union Territories.

"The petitioner would be also at liberty to furnish the number of transgenders in both the UTss with necessary documents if she so desires," the court said.

In this regard, the court said that the Administration of both the UTs may issue advertisements by widely publishing in electronic as well as in print media seeking information about the transgenders which will not only help in determining the number of transgenders who are in the Union Territory, and, but wherever necessary, they can be provided assistances by the concerned District Legal Service Authorities.

"Accordingly, while issuing this direction to both the UT's, we also issue direction to the J&K State Legal Service Authority, and Ladakh State Legal Service Authority, to provide necessary assistance to any person who may claim to be a transgender and their particulars are also recorded by the Administrations," the court said. The court ordered the listing of the PIL on March 18.

Govt. Reviews Progress Of Delhi-Katra Expressway

KO NEWS SERVICE

JAMMU: Divisional Commissioner Jammu Ramesh Kumar on friday chaired a meeting to review the progress of work on Delhi Amritsar Katra Expressway.

The Div Com directed the officials of NHAI to collaborate with the District Administrations for timely resolution of issues, if any, hampering the construction of the Expressway. He further asked them to ensure regular maintenance of the road for smooth vehicular movement.

The Div Com issued directions pertaining to rural connectivity and asked the officials of BSNL to cover the shadow areas with mobile tower connectivity.

Deputy Commissioners of Samba, Kathua, Kishtwar, Ramban, representatives of NHAI, BSNL attended the meeting.

Education Deptt Organizes Mega Rally Of Volunteers At B'la

KO NEWS SERVICE

BARAMULLA: In a significant step towards promoting literacy and education among nonliterate adults who didn't get a chance to go to school, Additional District Development Commissioner Baramulla, Syed Qamar Sajad on friday flaggedoff a mega rally of volunteers of Understanding of Lifelong Learning for All in Society (UL-LAS) from DC office complex,

The rally was organised by Education Department Baramulla and was attended by Additional Deputy Commissioner Baramulla, Dr. Zahoor Ahmad Raina; Chief Planning Officer, Iavaid Ahmad: Chief Education Officer Baramulla, Balbir Singh

Raina; Assistant Commissioner Revenue, Arshid Ahmad Khan; Deputy Superintendent of Police, volunteers from ULLAS, teachers and others.

During the flagging-off ceremony, the ADDC, ADC, and other officers and employees from the Deputy Commissioner's office eagerly volunteered for the program, bolstering the already enthusiastic team dedicated to advancing education to non-literate individuals of the society.

Speaking during the event, the ADDC praised the volunteers for their dedication to providing basic education to non-literate individuals, affirming the district administration's unwavering support in their journey towards success.

CS Stresses On Saturation Of 4G Network In Remote Areas



KO NEWS SERVICE

JAMMU: Chief Secretary, Atal Dulloo on Friday stressed on the telecommunication BSNL to saturate the 4G connectivity in the remote areas of the UT as per the objectives of the National Broadband Mission here.

The Chief Secretary was speaking in a State Broadband Committee meeting held to review the implementation of this plan here in J&K.

The meeting was attended by Commissioner Secretary, H&UDD; Commissioner Secretary, IT; Secretary, R&B; GM, BSNL; Chief Engineer, PMGSY besides other officers and representatives of telecom companies.

Dulloo enjoined upon the implementation agencies to pace up their work of installation of the communication towers across the designated locations. He asked for bringing improved communication facilities including the 4G network to such

areas without any further delay as envisaged under this nationwide programme.

He advised the IT Department to act as a nodal agency for resolving all the bottlenecks hindering the smooth implementation of this programme here. He asked them to review its progress regularly so that the mission is taken to its logical conclusion by covering all the identified villages.

Dulloo also asked for having enhanced coordination among different departments for making the towers functional soon. He called for making necessary changes in the RoW rules after studying those in vogue at other such places. He directed for effective restoration and rebuilding of the roads and paths immediately after completion

of cable laying works. During this meeting it was given out that to enable fast track growth of digital communications

bridging the digital divide for digital empowerment and inclusion and providing the affordable and universal access of broadband for all the government envisaged the National Broadband Mission.

The objectives of the mission includes provisioning of universality, affordability and availability of high speed and highly reliable broadband access to all, as was added during the meeting.

Regarding its progress here in the UT it was apprised that the foundation work is going on at 96 locations, tower erection at 13 places. Moreover Foundation work at 175 locations has already been completed in addition to tower erection at 109 locations.

The meeting also had discussion on Call before you Dig portal, **Digital Communication Readiness** Index, BharatNet besides several other relevant issues concerning infrastructure, the instant matter.

DC Bandipora Chairs Meeting For Convergence Plan Under MGNREGA

KO NEWS SERVICE

BANDIPORA: The Deputy Commissioner (DC) Bandipora, Shakeel ul Rehman Rather on Friday chaired a meeting of concerned officers for formulation of convergence plan under MGNREGA 2024-25.

The meeting discussed various strategies for optimizing the implementation of MGN-

impact and ensure sustainable outcomes.

He stressed removing bottlenecks and enhancing coordination among various stakeholders to maximize the impact of MGNREGA interventions.

The DC asked the concerned officers to identify the focal areas to be considered while formulating the convergence plan for the district.



REGA through effective convergence with other developmental schemes and initiatives.

With a focus on enhancing socio-economic well-being, the DC emphasized the importance of leveraging synergies between MGNREGA and other programmes to maximize their

The meeting was attended by ADDC, Mohammad Ashraf; ADC, Umar Shafi Pandit; ACD, Mumtaz Ahmad; CPO, Mohammad Maqbool; CAHO, Executive Engineers, Representatives from Horticulture, Agriculture, and other concerned departments.

Dr. Tariq Sultan Honored With **Best Language Film Award**

KO NEWS SERVICE

BANDIPORA: The MANAGE Agri Film Festival 2023, held at MANAGE, Hyderabad on February 22, 2024, witnessed the recognition of excellence in the agricultural film industry, with Dr. Tariq Sultan, Programme Coordinator at Krishi Vigyan Kendra Bandipora-1, being honored with the esteemed Best Language Film Award.

Dr Tariq was honoured for the insightful film titled 'Climate Resilient Village and Impact of Village Institutions in Bandipora District'.

The award, accompanied by a cash prize of Rs 10,000, a certificate, and a memento, was presented to Dr. Tariq Sultan by Faiz Ahmed Kidwai, IAS. Addl Secretary Ministry of Agriculture & Farmers' Welfare Govt of India and Dr P. Chandra Shekara, Director General MANAGE Hyderabad

in recognition of his outstanding contribution to showcasing agricultural practices and community resilience in the Bandipora district of Jammu and Kashmir.

The exceptional contribution to the field of agriculture by Dr Tariq through the medium of film was acknowledged by the experts at the national level. The recognition of the said film underscores its significance in promoting awareness and fostering dialogue on climate change adaptation and rural development in the region.

By documenting the resilience of villages and the effectiveness of community institutions, the film serves as a valuable resource for policymakers, agricultural practitioners, and stakeholders working towards building resilient and sustainable agricultural

Sarmad Hafeez Holds Public Outreach Camp In Kupwara

KO NEWS SERVICE

KUPWARA: Secretary, Youth service and Sports, Sarmad Hafeez, on Friday convened a mega public darbar at Town Hall Kupwara to take stock of public grievances besides assessing development activities in the area.

On the occasion. Secretary also e-inaugurated three development projects in the area.

District Chairman, Development Council Kupwara, Irfan Sultan Panditpori, Deputy Commissioner Kupwara, Ayushi Sudan, Vice Chairman, Dis-

will not be misused in any way.

during working office hours.

No. DEO/SPN/24/

Dated: /02/2024

trict Development Council Kupwara, Haji Farooq Ahmad Mir, DDC member Drugmulla, Advocate Amina, ADDC, Gulzar Ahmad Bhat, ADC, Muhammad Rouf Rehman, district officers, PRI representatives and locals attended the programme.

Addressing at the Public Darbar, Sarmad Hafeez complimented the people for tremendous achievements recorded in growth and development of Kupwara district besides appreciating the district administration for their dedicated efforts on this

OFFICE OF THE DISTRICT ELECTION OFFICER,

(DEPUTY COMMISSIONER), SHOPIAN.

205 - Mini-Secretariat Arhama, Shopian.

Phone: 01933-260125 | Fax: 01933-260125

Email: entshopian@nic.in

AUCTION NOTICE

Quotations in a sealed cover affixed with revenue stamp worth

Rs.10/= are invited from the reputed agencies/vendors for disposal

of old election related material Viz: Old E.Roll, Books, Envelops, Card-

boards etc, lying in the store of District Election Office, (Deputy Com-

missioner), Shopian located at Mini Secretariat, Aarhama ,Shopian. The agency/vendor responsible for the disposal or shredding of ma-

terial must provide an undertaking to the effect that the said material

The other terms and condition fixed by CEO, J&K and as laid down in

the GFR rules and instructions etc can be obtained from this office

The rates offered per quintals should be addressed to the Deputy Dis-

trict Election Officer, Shopian, Mini Sectt. Room No. 205 and shall

reach to this office within five days from issuance/publication of the

DIPK-16917-23

DT: 23/02/2024

Dy. District Election Officer,

"Greater participation for a Stronger Del

Subject: Disposal of old election records-regarding.

Babila Rakwal Reviews Formation Of PACS As FPOs



KO NEWS SERVICE

IAMMU: Secretary Cooperative, Babila Rakwal, on friday chaired a meeting of senior officers to review the status of "Formation of PACS as FPOs" at civil Secretariat, Iammu.

The Secretary was briefed about the scheme and the target fixed by the Government of India for formation of FPOs under Central Sector Scheme, i.e Formation and Promotion of FPOs, where under one FPO in a single block has to be formed initially.

the PACS selected by the Seular block will then establish FPO Cooperative from their members under Central Sec-The meeting also discussed

other issues pertaining to for-

mation of FPO's at block level The Secretary informed that 10 FPOs have been registered so far in the district Baramulla, Kulgam, Jammu and Kishtwar. It was also informed that 9 PACS have been identified as FPOs at district Raiouri, Baramulla, Kulgam,

The Secretary directed the

Kathua and Udhampur.

Deputy Registrars Cooperative Societies to expedite the process of formation of 50 FPOs for completion and cover all the uncovered blocks in a time bound manner. She It was also informed that also directed them to register the FPOs under both the Cooperative Acts (Registration of Cooperative Societies Act 1989 and Self Reliant Act 1999) as per the feasibility of members available, however, the number of FPOs should mandatorily be 100 members.

NORTHERN RAILWAY E-AUCTION NOTICE The Senior Divisional Commercial Manager, Northern Railway, Firozpur for and o behalf of President of India invites E-Auction from eligible and registered bidders fo the following works over Firozpur Division Catalogue No. Auction Start Name of work EAFZR-11.03.2024 at Allotment of contract for provision and operation of Water Vending Machines WVM24-4 12:30 PM at Railway Station Jalandhar City. For other details and registration, please visit Railway website www.ireps.gov.in

ELECTRICITY INSTALLATION TRANSFER

SERVING CUSTOMERS WITH A SMILE 594/24

The electricity Consumer ID 0201020006428 Installation 100864-R1 is to be transferred from Shabir Ahmed Wani S/o Ghulam Mohammad Wani R/o Ishber Srinagar to Imran Yousuf S/o Mohammad Yousuf Misger R/o Ishber, (Sub Division Dalgate). If anybody has any objection he may file the same within 7 days at DIV-I Basant Bagh Srinagar after that no objection will be entertained.

INFO

PUBLIC NOTICE

This is for the information to the general public that I intend to change the name on my electricity bill bearing consumer ID 0203040003451 Installation No 20257 from Ab. Hamid Gujree S/o Jamal Gujree R/o Gogwara M.R Gunj Srinagar to Mubeena W/o Late Abdul Rashid Gujree R/o Chandapora Jamia Masjid Srinagar. In this regard if anybody have any objection he/she may file with same with Executive Engineer Div-III (Shreen Bagh) Sub Division M.R Gunj within a period of 7 days from the date of publication of this notice. No objection will be entertained afterwards.

GOVERNMENT OF JAMMU AND KASHMIR OFFICE OF THE CHILD DEVELOPMENT PROJECT OFFICER WAVOORA

ADVERTISEMENT NOTICE: NO. 01 OF 2024 DATED: 22-02-2024

Advertisement for Recruitment of Sahayikas (Anganwadi Helpers) in Anganwadi Centres of POSHAN Project Wavoora

Reference: 1. Government order No 222-JK (SWD) of 2022 Dated: 30.11.2022 2. Government Order No. 103-JK (SWD) of 2023 dated: 2S.04.202J

Approval has been accorded, vide letter No: SMD/ICDS/Recruitment/2022-23/6223-26 Dated:-21-02-2024 for filling up of various vacancies of Sahayikas (Anganwadi Helpers) in Anganwadi Centres of POSHAN Project Wavoora as per the details given below:

Sr. No.	Name of Project	Name of Post	No. of Post	
1.	Wavoora	AWH	10	
Total		10		

Applications are invited in the Prescribed Proforma in Annexure "A" from the eligible candidates for engagement as Anganwadi Helpers on Honorarium basis for aforementioned posts of Anganwadi Centres. The important dates/details with regard to the posts are as under

- Date of commencement for submission of application 24-02-2024.
- Last date for submission of applications is 09-03-2024
- Annexure B- Name of the Post, Location/Ward, Qualification and Criteria for selection

Annexure C- Affidavit

		ANNEXURE 'A'	
Format	of Application	7.11.11.21.2 7.1	
1.	Name of POSHAN Project		
2.	Name of Anganwadi Centre		
3.	Post applied for		
4.	Name of the Candidate		
5.	Father's Name		
6.	Husband's Name		
7.			
8.	Ward .No		
9.	Address for correspondence		
10.	Contact No.		
11.	Date of Birth		
12.	Age as on 01.01.2024		
13.	Academic Qualification:		

Sr. No.	Examination passed	Board/University	Near of Passing	Marks Obtained	Total Marks	Percentage
14.	Do the candidate belong to Retiring AWW/AWH (YES/NO)					

Document Attached:

15. Date:

Signature of the candidate_

TOTAL 10

ANNEXURE 'B' Details of Vacant Post (AWHs) along with name and location of AWC

Sr. No. Name of the Anganwadi Centre WARD NO. Name of Panchayat Halqa NAME Of POST NO. OF POSTS **Bunpora Kulgam** Anganwadi Helper Kuligam (A) Khan Mohalla Cheepora Cheepora Anganwadi Helper Wamow (B) Mir Mohalte Wamow (B) Anganwadi Helper 01 Rang Old Wamow Wamow (D) Anganwadi Helper Muqdam Mohalla Wavoora (A) Anganwadi Hefper 01 Ganie Mohalla Kanthpora (A) Anganwadi Helper 01 Bhat Mohalla Kanthpora (A) Anganwadi Helper 01 Muqdam Mohalla Kanthpora (B) Anganwadi Helper 01 Anganwadi Helper 01 Cheerkote (B) Putpora Siver Thindipora Siver Thindipora Anganwadi Helper 01

Eligibility:

Anganwadi Helpers

- The selection of Helper shall be restricted to the electoral ward where Anganwadi Centre is located 1. Women candidates in the age group of 18-37 years shall be eligible 2.
- 3. The candidate must be domicile of the UT of J&K.
- Minimum qualification for Anganwadi Helper shall be matriculation.
- In case no matriculate candidate available in the ward, candidates with qualification not less than 8th standard shall be considered. The committee shall select the most destitute/needy married woman of the ward as helper from amongst those who fulfil the qualification
- criteria. In case no married candidate is available, unmarried candidate may be considered. В. In case eligible candidate is available within the family of retiring AWWs/AWHs, the said candidate shall qualify for additional two percent
- points.

Document Verification

The candidate who is shortlisted for Document verification will be required to appear for Document Verification along-with the original documents and the contract of the coas well as self-attested Photostat copy of each document as per the Advertisement Notification. The candidate must be in possession of the prescribed academic qualification and other document like Domicile Certificate, on or before the last date of submission of application form. Marks sheet(s)/Diploma/Degree of the qualification prescribed for the post as per Advertisement Notification

Date of Birth/Matriculate Certificate. **Domicile Certificate.**

Unmarried Certificate (where required)

- d) 2) Candidates have to bring two passport size recent color photographs and one original Photo ID proof. Photo ID Proof can be:
- The candidate who are supposed to furnish various certificate issued by or before the prescribed cut-off date, shall be required to produce them at the time of Document Verification or as may be sought by the Committee; in case of failure, the committee shall take necessary decision which

ANNEXURE-C

All applicants to submit affidavit stating following facts:

- All Documents submitted are correct, without any mismatch, scanning, duplicate or fallacious in nature. If found incorrect or in any of the above stated situation the candidature of deponent may be cancelled and liable to action under law
- Maximum qualification is Graduation for vacancy of Anganwadi worker and Class X for and this is as per facts and onus of proving it to be true
- The deponent has read the HR policy no. 222-JK(SWD) of 2022 dated: 30.11.2022 and is well versed with all salient features of the policy and

shall be applicable to the deponent in case of selection as Anganwadi worker/ Anganwadi Helper. No.:-CDPO/POSHAN/Wav/Adv/012-22 **Child Development Project Officer**

DIPK-16872-23

Date: 22-02-2024

DT: 23/02/2024

POSHAN WAVOORA

K'nataka Leads Khelo India Winter Games After Day 3

Observer News Service

GULMARG: Sunny weather on Friday saw the Khelo India Winter Games 2024 progress smoothly as competitions were held in all the four disciplines. The day witnessed some thrilling events and spectacular performances by the participants in various snow sports categories.

Nordic Skiing event was held at Golf Course while Alpine Skiing, Ski Mountaineering and Snowboarding events were organised at Kangdoori.

In the overall medals tally, including phase one in Leh, Ladakh and phase two in Gulmarg, Karnataka is leading with eight gold and two silver medals followed by Maharashtra with six gold, eight silver and seven bronze medals. Showing consistent performance, Army is positioned at third position with 4 gold, 3 silver and 3 bronze medals.

In the Nordic skiing event, Padma Namgial of the Indian Army clinched the gold medal in the men's 15kms run category, followed by Manjeet and Rameez Ahmad



Padder, who bagged the silver and bronze medals respectively.

In Skii Mountaineering Relay at Kandoori of Men's Category, Army bagged Gold, Uttrakhand Silver and J&K Bronze. In the same event of Women's category, Himachal Pradesh won gold

and J&K achieved silver. In Alpine Skiing of men's giant slalom, Baqir Hussain of Army clinched gold, Pranav of Himachal scored silver while bronze also went to Army via Debendra Gurgung.

In Snowboarding at Kangdoori, the men's category saw Kulvinder Sharma and Karan Singh of Army take gold and silver medals, while Mehraj ud din Khan scored bronze. In the women's event, Himachal once again sweeped the medals as Preeti Thakur, Pakarti

Thakur and Deepika Thakur took away Gold, Silver and

Meanwhile the winners of Thursday's events were also felicitated on Friday at the medal ceremony held at Golf Course, where the Union Minister of State for Home Affairs and Youth Affairs and Sports, Nisith Pramanik, felicitated the winners and praised their achievements

6 Olympians Officiating, Coaching Athletes At Winter Games In Gulmarg

Observer News Service

GULMARG: With over 600 athletes and officials participating in the 2024 Khelo India Winter Games, six Olympians are officiating the event, training the athletes and providing technical guidance to the organisers.

Six times Winter Olympian in Luge, Sheva Keshavan, who is also Indian Olympic Association Adhoc Committee chairman of Ski & Snowboarding, has been too busy with the entrusted assignments. He believes that Gulmarg has the potential to become destination of international sports considering the natural facilities.

"This place can become the Launchpad of the country to nurture the potential of the players provided infrastructure augmentation," said Sheva.

Arif Khan, a local icon who represented India in the previous winter Olympics and shall be representing the country again in 2026 winter Olympics has similar views.

With an experience amassed from about 140 competitions from national to international level, Arif started his career as sportsperson from 1996 while he played first international in 2005 under the mentorship of his father.

Interested in Giant Slalom, the speedster gets training from different European countries to work on the technicalities and enhance speed to clinch gold in next Winter Olympics. Khan nourishes two dreams simultaneously, an Olympic medal for the country and grooming local talent and producing the best athletes for the country.

On the field of action Arif, has been tutoring the athletes coming from different states.

1992 winter Olympian, Nanak Chand Thakur from Himachal Pradesh, presently acting as a coach for ITBP was elated as his players are clinching medals everyday in the KIWG.

He has participated in sports in 20 countries including Iran, Japan, Korea, China and won medals in Asian games. He too pitches for FIS certification and other interventions so that a right track and legacy in sports is developed.

Chuni Lal Thakur also from Himachal Pradesh has participated in 1992 Olympics in France and is mentoring Himachal Team of Stalom

Like other champions, he too agrees intervention at large scale to hold international sporting events here.

Other two Olympians also expressed same views for Khelo India Winter Games.

Friendship Series For The Blind: India Beat Pakistan By 46 Runs



Press Trust of India

DUBAI: Sunil Ramesh and D Venkateswara Rao scored half-centuries as Indian men's team defeated Pakistan by 46 runs in the second T20 of the Friendship Cricket Series for the Blind, here on Friday.

Ramesh struck a 61-ball 87 while Rao hit 56 off 41 deliveries to take India to a healthy 224-run total for three wickets.

Their partnership also yielded 121 runs for the opening wicket, which was followed by a cameo 42-run innings by Ajay Kumar Reddy.

India then restricted Pakistan o 178 for six to level the series 1-1.

Pakistan were off to a brisk start, reaching the 60-run mark in the seventh wicket but they kept losing wickets at regular intervals.

Though skipper Badar Munir revived Pakistan's innings in the middle overs, India took a couple of more wickets to dent the rival team's hopes.

Ramesh was adjudged the player of the match.

The teams will play the third and final match of the series on Sunday.

Root Rescues England With Century In 4th India Test

Agencies

RANCHI: Joe Root rescued England with a century on the opening day of the fourth test against India on Friday, steering the tourists to a respectable 302-7 after Akash Deep took early wickets.

The right-hander responded to the backlash against England's 'Bazball' approach after their drubbing by 434 runs in the third test, with an unbeaten 106 not out which brought England back into the game from a precarious 112-5 at lunch. Root's own dismissal in Rajkot -- playing a reverse scoop against Jasprit Bumrah -- was seen as symptomatic of what is wrong with England's ultra-aggressive batting.

Ollie Robinson was also unbeaten after a useful cameo of 31, relieving the pressure on Ben Stokes, who was earlier left to rue his decision to bat as England lost the top half of their batting order in the frenetic first session. The hosts' 2-1 cushion in the five-match series allowed them to rest pace spearhead Bumrah, and Akash Deep became the fourth Indian to make his debut in the series.

The right-arm seamer impressed immediately, sending opener Zak Crawley's off-stump cartwheeling in his second over but his celebrations were cut short when the no-ball siren went



off. The 27-year-old seamer soon got over that disappointment by striking twice in three balls.

Akash dismissed Ben Duckett caught behind for 11 with an angled delivery that prompted a tentative prod from the opener. Akash waited for confirmation that he had not overstepped and beat his chest in celebration.

Two balls later, Ollie Pope fell lbw for a duck. Crawley went after Mohammed Siraj, hitting the bowler for three fours in a row and following that up with a huge six.

following that up with a huge six. Enter Akash, who ended Crawley's run-a-ball 42 by hitting the

top of his off-stump.

Jonny Bairstow (38) has been unusually subdued in the series and he squandered another start by attempting a sweep shot

against Ravichandran Ashwin only to be dismissed lbw.

Ravindra Jadeja dismissed Stokes lbw for three with the final delivery before the lunch break that stayed low. With their top half back in the hut, England's capitulation on a spiteful pitch appeared only a matter of time.

But former captain Root had other ideas and combined with Ben Foakes (47) in a century stand denying India any wicket in the second session. Siraj returned to remove Foakes and Tom Hartley after the tea break, but Root could not be

denied his 31st test hundred. Root was lot more judicious in his shotmaking, hitting nine fours in a patient knock. England said leg-spinner Rehan was returning home for personal reasons.

'Time For Negative Kashmir Travel Advisories To Go'



Agencies

GULMARG: In the jam-packed winter wonderland of Kashmir, Gulmarg, a strong voice is echoing from the snow clad meadows and slopes: "It's time for negative travel advisories to go and all nature loves across the globe to visit the Gulmarg and enjoy the nature."

A group of skiers from Japan said that Gulmarg is a place where nature is at its best.

"The altitude of slopes, snow accumulation, tracks and huge alpine trees give a feeling of paradise. Though there is a scope for further improvement of tracks and building more infrastructure for tourists, this place is breath-taking," said a skier from Japan, Yamamoto. He claimed that he has been visiting Kashmir frequently.

"I am a traveller and a nature lover. I believe Gulmarg has a huge potential to lure international tourists. This place needs more infrastructure to host tourists from all over the world. Skiing is something that is gaining momentum here and we are loving it," he said.

Asked about the negative travel advisory imposed by the European Countries that prevent its citizens from visiting Kashmir, the Japanese skier said that the world is one family (KNO)

Pochettino Eyes First English Trophy To Ignite Chelsea Project

Agenci

LONDON: It is fair to say Mauricio Pochettino's first season in the Chelsea hot seat has been problematic, yet despite still wrestling with the size of the challenge, the Argentine can claim his first English silverware on Sunday.

Pochettino went close on numerous occasions during his time in charge of Tottenham Hotspur, falling short in two Premier League title chases, reaching a Champions League final, a League Cup final and losing two FA Cup semi-finals. The 51-year-old was hired this season to turn Chelsea's expensively-assembled squad into Premier League title winners and put them back amongst Europe's elite.

That still seems a long way off with Chelsea in 10th place in the Premier League, 25 points behind Liverpool, who his side face in Sunday's League Cup final at Wembley. Liverpool thrashed Chelsea 4-1 last month -- a result that illustrated the gap between the sides. But since then there are signs Pochettino is beginning to solve the Chelsea puzzle.



An FA Cup win over Aston Villa, a league win at Crystal Palace and a gritty draw with Manchester City mean Chelsea will start Sunday's showpiece in a positive frame of mind. Liverpool's lengthy injury list also levels the playing field with the likes of Diogo Jota, Trent Alexander-Arnold, Alisson and Curtis Jones ruled out and forwards Mohamed Salah and Darwin Nunez and midfielder Dominik Szobozlai facing fitness tests.

Szoboszlai facing fitness tests.
Chelsea have lost their last five domestic Cup finals at Wembley, including the League

Cup and FA Cup to Liverpool in 2021-22, both matches decided by penalty shootouts. Liverpool boss Juergen Klopp, however, labelled Chelsea favourites for Sunday's showdown in view of his injury list.

"If they are not favourites," Pochettino joked on Friday. "They have experience to compete like a team, be involved in different finals. For many of our players, it's maybe their first final. He is clever enough." Pochettino's first taste of an English domestic cup final was in 2015 when his

Tottenham side lost to Chelsea in the League Cup. His Tottenham team also lost to Chelsea in the 2017 FA Cup semi-final -- another near-miss for a squad that Pochettino moulded into one of the best in Europe, but ultimately could not deliver silverware.

Chelsea are a vastly-different project for Pochettino who is still grappling to knit together a squad that cost hundreds of millions of pounds to assemble. But winning a sixth League Cup for Chelsea could be the spark that ignites his Stamford

Bridge reign -- as it did for Jose Mourinho in his first spell in charge of Chelsea.

"It means a lot for us, the coaching staff to arrive in the final and to challenge a team like Liverpool and win our first title here," Pochettino told reporters on Friday.

"It's a dream for us, the coaching staff. We have 90 minutes to achieve that and we are going to fight. The team is ready. It's an amazing chance for us."

Liverpool are fighting on four fronts in what will be Klopp's final season and a record-extending 10th League Cup triumph would be the perfect launchpad for the final months of the season. But assistant manager Pep Lijnders says Chelsea, whatever their league position, will be a tough obstacle.

"It's always close with Chelsea. Special games need special performances," he said. Poch has already found his starting eleven and Cole Palmer has been one of the finds of the season.

"Conor Gallagher is a proper

leader; a 10 but gets his shirt tidirty as well. If you let them play between the lines with their technique it will be really hard."

Russia Loses Appeal Against IOC Ban

Agencies

Russia has lost its appeal against an International Olympic Committee (IOC) suspension for recognizing regional organizations from territories annexed from Ukraine, the Court of Arbitration for Sport (CAS) said on Friday. The IOC banned the Russian Olympic Committee (ROC) in October for recognising regional Olympic councils for Russian-occupied regions of Ukraine - Luhansk, Donetsk, Kherson and Zaporizhzhia.

The suspension ensures the ROC will not be eligible for funding and will not be associated with the Olympic movement, but does not affect any decision on Russian athletes' participation at the Paris 2024 Olympics. At the time, the IOC said the move to recognise the regional Olympic councils constituted a breach of the Olympic Charter because it violated the territorial integrity of Ukraine's NOC.

"The IOC is pleased that the CAS confirmed the IOC Executive Board decision on 12



October 2023 to suspend the Russian Olympic Committee," the Olympic body said in a statement. "The IOC EB decision followed the unilateral decision taken by the ROC on 5 October 2023 to include, as its members, the regional sports organizations which are under the authority of the National Olympic Committee of Ukraine, which constitutes a breach of the Olympic Charter."

"The IOC EB decision has been duly implemented since it was taken," the IOC said.

Russia, which launched a full-scale invasion of Ukraine in February 2022, which Moscow calls a 'special operation', has denounced the measure as politically motivated.