

Tourism Near LoC Brings Visitors From Far-Flung States, Locals Jubilant

Press Trust Of India

Keran: The Jammu and Kashmir administration's decision to open areas close to the Line of Control for tourists has drawn not only local visitors but also people from far-flung places.

Hailing from Hyderabad in Telangana, G Shankara Rao and his family decided to visit the last village on the Line of Control (LoC) after hearing about the decision.

"We decided to visit after we came to know that we can see the Pakistan border," Rao said. Rao is accompanied by his wife, two daughters and their husbands.

Having lunch on the banks of the Kishenganga river, known as the Neelum on its other bank in Pakistan-occupied Kashmir (PoK), the tourists cannot believe that they can see people from PoK without having to cross the frontier.

Asked if he felt safe so close to the LoC, Rao said it should be as there are adequate security personnel around.

The locals of Keran tehsil are also happy as the decision to open the border areas has brought earning opportunities.

"I am very thankful to the Indian Army and the district administration and particularly to Home Minister (Amit



Holidaying On LoC- Camping site on Kishenganga (Neelum) River overlooking Pakistani part of Kashmir as captured by KO lensman Abid Bhat

Shah) and Prime Minister (Narendra Modi) who paid attention to this," Mudassar Khan, a local resident, said.

THERE HAS BEEN A GOOD FOOTFALL OF TOURISTS IN KERAN THIS YEAR

-- ALMOST 1,000 TO 1,500 PEOPLE visit every day. The number exceeds 2,000 on weekends. A lot of local tourism has already been generated. With the help of the Army, we are making efforts towards creation of the tourism infrastructure."

He further said the Indian Army contributed immensely in the area following the ceasefire. Earlier, there was no proper source of livelihood for the poor people living there.

"Since this border tourism opened, we hope and appeal to people across India to visit," Khan added.

Shakir Bhat, who works at the local post office, said the opening of the border areas for tourism was possible only because of peace.

"Earlier, we never imagined that we can work like this. It was not possible as it was a firing zone. Since the ceasefire, everything is peaceful," More on P10

Intruder Nabbed At LoC Is Afghani: Police

Press Trust Of India

Jammu: An intruder, who was arrested two days ago near the Line of Control (LoC) in Poonch district of Jammu and Kashmir by the Army, is an Afghan national with a disability in left leg, officials said on Wednesday.

Abdul Wahid, in his early 20's, was earlier believed to be a resident of Pakistan-occupied Kashmir (PoK) who had inadvertently sneaked into this side before being caught by Army in Dabi-Basuni village ahead of the border fence in Balakot sector on Monday.

"Wahid was handed over to police late Tuesday," More on P10

Will Talk To Youth Of Kashmir, Not Pak; Hurriyat Or Jama'at: Shah

'Article 370 Was A Mistake By The Jawaharlal Nehru Government'

Observer News Service

New Delhi: Union Home Minister Amit Shah on Wednesday ruled out any talks with the Hurriyat Conference, banned Jama'at-e-Islami and Pakistan, saying that the Centre will only speak to the youth of Jammu and Kashmir.

Speaking during the no-confidence debate in Lok Sabha on Wednesday, Shah also said that 40,000 people lost lives in Kashmir and that the BJP-led government at the centre has now improved the situation in the Union Territory. PM Modi, he said, took historic decision to completely merge J&K with India.

"Article 370 was a mistake by the Jawaharlal Nehru government. It was abrogated by this parliament on August 5 and 6, 2019. With that, two flags and two constitutions were gone from Kashmir and PM Modi ensured its complete integration into the country," Shah said.

Taking pot-shots at Congress, the Home Minister said that an NGO inspired by them held a



THERE WAS NO RESERVATION FOR DALITS, TRIBALS AND PEOPLE FROM THE BACKWARD CLASSES (IN KASHMIR). The

work of getting them reservation was done by the Narendra Modi government. There were cleaning workers who had been living in Kashmir for seven generations, since the Mughal era, but were not getting domicile certificates. Hindus from Pakistan-Occupied Kashmir were not getting domicile. PM Modi ensured that all of them got domicile certificates."

meeting recently and released a report stating that the Centre should hold talks with the Hurriyat, Jama'at and Pakistan.

"We will not speak to the Hurriyat, Jama'at or Pakistan. If we hold discussions, we will hold them with the" More on P10

Art-370 Will Never Be Restored: Irani

The Union Minister Smriti Irani on Wednesday launched a scathing attack on Congress leader Rahul Gandhi for his purported remark of restoring Jammu and Kashmir's semi-autonomous status during his Bharat Jodo Yatra to the Union Territory. During the debate, Irani also accused Congress leaders of supporting the idea of dividing India and said "Manipur is not divided, it is" More on P10



Irani's Remarks Tantamount To Contempt Of Court: Omar

National Conference leader Omar Abdullah on Wednesday said the Centre should wait for the Supreme Court's decision on Article 370's abrogation rather than "threatening" it, saying remarks by some BJP leaders over the sub-judice matter "almost tantamount" to "More on P10

LG Asks People To Join Walkathon On August 13

'We All Should Take Special Pride In Saluting Our Beloved Tricolor And Celebrating This Occasion'



Observer News Service

Srinagar: The Union Territory Lieutenant Governor, Manoj Sinha on Wednesday urged people to participate in a walkathon here on August 13 to pay homage to the freedom fighters and soldiers, who sacrificed their lives for the unity and integrity of the nation.

This, Sinha said while chairing a high-level meeting with the senior officers of civil administration, Police and Security forces to review preparedness of Tiranga Yatra celebration.

"We all should take special pride in saluting our beloved tricolor and celebrating this occasion. It is also

an opportunity to recall the great sacrifice of our freedom fighters, who secured us our freedom," he said.

The LG further observed that the citizens from all walks of life should come together to participate in a walkathon from KICC to Botanical Garden on 13th August to pay homage to the freedom fighters and all brave soldiers, who have sacrificed their lives for the unity and integrity of the nation.

Sinha also discussed preparations to celebrate 'Mera Mati Mera Desh' and 'Har Ghar Tiranga' festivity.

The meeting was attended by Dr Arun Kumar Mehta, Chief Secretary; R K Goyal, Additional" More on P10

Yasin Malik Virtually Appears In Delhi HC

Press Trust Of India

New Delhi: Separatist leader Yasin Malik on Wednesday virtually appeared before the Delhi High Court from jail in connection with the National Investigation Agency's plea seeking death penalty for him in a terror funding case.

Last week, the high court had directed that the Jammu and Kashmir Liberation Front chief, who is presently serving a life term in the case, be produced before it through video conferencing mode from Tihar Jail instead of physical appearance pursuant to the production warrant issued earlier this year.

On May 29, the high court had issued notice to Malik on the NIA's plea seeking death penalty for him in the terror funding case and said, "Let warrants of production be issued

against Yasin Malik, before this Court on the next date of hearing".

Subsequently, the jail authorities had filed an application seeking permission for his virtual appearance on grounds that he was a "very high risk prisoner" and it was imperative to not physically produce him in court to maintain public order and safety.

Recently, the jailed separatist leader arrived in the Supreme Court in connection with a kidnapping case against him, prompting the Solicitor General of India Tushar Mehta to flag the "serious security lapse" to Union Home Secretary Ajay Kumar Bhalla.

He was brought to the high-security apex court premises on July 21 in a prison van escorted by armed security personnel without the" More on P10

HC Upholds PSA Detention Of 'Ameer' Jama'at

Says Those Responsible For National Security, Public Order Sole Judges Of What Is Needed To Be Done

M Ahmad

Srinagar: The High Court of J&K and Ladakh on Wednesday upheld detention under Public Safety Act against Jama'at-e-Islami chief Abdul Hameed Ganie alias Dr.Hameed Fayaz.

"Those who are responsible for national security or for maintenance of public order must be the sole judges of what the national security, public order or security of the State requires," a bench of Justice M. A. Chowdhary said while dismissing a petition filed by Fayaz Hameed's wife, seeking quashing of the detention order under PSA by District Magistrate Shopian on



16 September last year. "Preventive detention is devised to afford protection to society. The object is not to punish a man for having done something but to intercept before he does it and to prevent him from doing," the court said, adding, "Justification for such detention is suspicious or reasonable probability

and not criminal conviction, which can only be warranted by legal evidence. Thus, any preventive measures, even if they involve some restraint or hardship upon individuals, as held by the Supreme Court in the case 'Ashok Kumar v. Delhi Administration & Ors., AIR 1982 SC 1143', do not contribute in any way of the nature of punishment."

The detention record, the court said, indicates that the Dr Fayaz is a highly qualified person and has completed Ph.D degree from Kashmir University and he was affiliated with Jama'at-e-Islami from college life and subsequently he was" More on P10

Over 1000 Terrorists Killed Between 2018-2022 In J&K: GoI

Agencies

Srinagar: Union Minister of State for Home Affairs Nityanand Rai informed Rajya Sabha on Wednesday that 174 civilians, 308 security personnel, and 1002 terrorists were killed in 761 terror attacks in Jammu and Kashmir between 2018 and 2022.

Rai in a written reply to a question said that 174 civilians were killed in J&K in 761 terror attacks in the erstwhile state in the last 5 years between 2018 and 2022.

"Furthermore, 35 civilians were killed in the Union Territory in 626 encounters occurred in the same period," he said, adding that the

number of security personnel killed during the same period remained at 308 and 1002 terrorists were also eliminated by security forces.

He also said that the ministry of home affairs administers a central scheme for assistance to civilian victims, family of victims of terrorists, communal, LWE violence and cross border firing and mine or IED blasts on Indian territory for providing gratuitous assistance to the affected civilians as an immediate help for the sustenance and maintenance of the families of the victims.

"The scheme has been in operation since 2008. The compensation has been announced from" More on P10

S H O R T T A K E S

Soldier Drowns To Death In Kathua

An Army personnel drowned in a canal while taking a bath in Kathua district of Jammu and Kashmir on Wednesday, police said. Kalki Sharma (24), a resident of Barwal village, was on leave, they said, adding he was posted in Srinagar. Sharma went for a bath in the canal at nearby Magar Khand but got drowned, a police official said, adding a joint rescue team of the police and the State Disaster Response Force (SDRF) later fished out the body of the soldier. Meanwhile, a 22-year-old youth, Shahbaz Ahmad" More on P10

Terrorist Associate Held In Bandipora

Security forces arrested a terrorist associate linked with proscribed outfit, The Resistance Front (TRF), in Jammu and Kashmir's Bandipora district, police said on Wednesday. Police along with the Army and CRPF arrested the terrorist associate at a checkpoint established at Kehnusa Bandipora in north Kashmir, a police spokesman said. The spokesman identified him as Aatif Amin Mir, a resident of Manzpora Aloosa Bandipora. A hand grenade and other incriminating" More on P10

'Operation Alert' Along Indo-Pak Border

The Border Security Force will run Operation Alert from August 11 to August 17 along the India-Pakistan International Border to thwart infiltration and smuggling attempts in view of the Independence Day. During this, a close watch will be kept by the BSF near the India-Pakistan border. The number of security checkpoints will be increased and camel patrolling as well as foot patrolling will be enhanced, Inspector General of Border Security Force (Rajasthan Frontier) Puneet Rastogi said." More on P10

5 Held In Heroin Seizure Case

The Punjab Police on Wednesday said it has arrested five people from Jammu and Kashmir in connection with a heroin seizure case. Police also seized a pistol, two magazines, 46 cartridges and Rs 11.20 lakh cash from them. Addressing a press conference here, Deputy Inspector General (Border Range) Narendra Bhargav said the five people were nabbed from the Baramulla area of Jammu and Kashmir. He claimed that the money, and arms" More on P10

BSF Chief Visits IB In Akhnoor Sector

BSF Director-General Nitin Agrawal on Wednesday visited various border outposts in Jammu's Akhnoor sector and exhorted the troops to maintain effective domination to successfully meet the challenges from across the frontier. Agrawal was accompanied by the Border Security Force's (BSF) Special Director General (Western Command) PV Rama Sastry and Inspector General (Jammu Frontier) DK Boora. He reviewed the border" More on P10

Juvenile Among 3 Held For Burglary

Police in Central Kashmir's Ganderbal on Wednesday claimed to have solved a burglary case by arresting three accused and recovering stolen property from their possession. In a statement issued here, a police spokesperson said that a written complaint was received by Police Station Safapora on July 30 from Nisar Ahmad Mir of Kumar Mohalla Safapora stating therein that during the intervening night of July 29-30, some unknown burglars have barged into his house" More on P10



To place an advertisement
CALL +91-194 2502327
 Monday - Saturday (9am - 6pm)
 No 5- Dal Lake Boulevard Srinagar, 190001, Kashmir

Here's How Cycling Can Slow Down the Aging Process

Allison Goldstein

It might not grant eternal youth, but cycling, scientists have found, can slow the aging process and keep your muscles and immune system healthy well into your golden years.

Aging, it turns out, can do a number on your muscles. Humans typically lose muscle mass as they get older. Fat and connective tissue also start invading, affecting the muscles' ability to contract. Furthermore, muscles can no longer suck up oxygen at the same rates.

However, a study questioned if these age-related muscle declines are inevitable, or if regular exercise—cycling, in this case—can slow down or even reverse them.

To figure this out, researchers at King's College in London biopsied the vastus lateralis muscle—the largest and most powerful part of the quad—in 125 male and female cyclists. Participants were all between 55 and 79 years old and deemed highly active (meaning the men could bike at least 62 miles at 15 mph, and the women 37 miles at 7 mph, twice within three weeks).

The researchers then analyzed muscle properties related to aerobic function and explosive muscle power. They found that, compared to sedentary populations, the cyclists showed less age-related muscle deterioration. That is, at the tissue level, muscle mass and strength stayed intact.

A second study turned the researchers' attention to the immune system, which can also decline as you age. Specifically, your thymus—the part of your body that produces white blood cells—begins to shrink. It then produces fewer cells, meaning your body gradually loses the ability to protect itself against disease.



These studies are only two of many that demonstrate how physical activity like cycling can slow the aging process. One 2017 study found that high-intensity interval cycling increased mitochondrial capacity—a big deal when it comes to aging, as the decline of these organelles leads to the onset of age-related disease.

Another study from 2017 found that regular vigorous exercise protected telomere length. Shortened telomeres are what cause cell death—i.e., aging—and those who exercised saved themselves up to nine years of cellular deterioration.

Allison Goldstein is a freelance writer and editor who is endlessly fascinated by the scientific "why" of things. When not writing or reading, she can be found running, baking, or petting her cat, Tabouli.

This trend, however, has been observed primarily in inactive populations, so the researchers wanted to see whether regular cycling could help prevent it. They compared blood samples from the same group of cyclists with blood from 75 older sedentary adults (aged 57-80) and 55 younger sedentary adults (aged 20-36).

They found that while cycling didn't protect against every single measure of immune-system decline, the cyclists had white blood cell levels comparable to those of the younger control group—meaning that their immune systems were acting "younger."

Office of the Divisional Forest Officer Social Forestry Division Kupwara.

e-NIT NO: - 09 OF 2023-24 DATED: - 08 - 08 - 2023

For and on behalf of the Hon'ble Lt. Governor of Union Territory of Jammu & Kashmir, e-tenders are invited from approved and eligible contractors registered with Union Territory of Jammu & Kashmir /Central Govt. Organizations for the following works:-

NAME OF WORK with Location	ADV. COST (Rs. In Lacs)	Bid Security (EMD) Rs.	Class of Contractor	Cost of Tender Document. (Rs)	Time of Completion	Receiving / Opening Committee
01. Formation of Nursery by way of leveling, tractorization, complete soil working upto depth 1'-6" to 2' formation of beds preparation of Burm.s.water channels & Inspection paths 02. Planting / Raising of Male Poplar cuttings.10000-Nos in prepared beds. 03. 1 st Year Maintenance (during 2024-25) from 15 th April 2024 to 30 th September 2024 of Male Poplar raised saplings/Plants (10000) Nos including watering, Weeding Hoeing, Insecticides /pesticides & application of fertilizer/FYM. (Needs Add. CDR) from successful bidder @25 of maintenance amount. Note: - Poplar Cuttings shall be supplied departmentally. Location of Nursery:- 06/Rajwar (Badrikal) Range :- Handwara Division:- Social Forestry Division Kupwara	0.640	1920	"C&D"	200	30 Calendar days.	Tender Opening Committee
01. Formation of Nursery by way of leveling, tractorization, complete soil working upto depth 1'-6" to 2' formation of beds preparation of Burm.s.water channels & Inspection paths 02. Planting / Raising of Male Poplar cuttings.10000-Nos in prepared beds. 03. 1 st Year Maintenance (during 2024-25) from 15 th April 2024 to 30 th September 2024 of Male Poplar raised saplings/Plants (10000) Nos including watering, Weeding Hoeing, Insecticides /pesticides & application of fertilizer/FYM. (Needs Add. CDR) from successful bidder @25 of maintenance amount. Note: - Poplar Cuttings shall be supplied departmentally. Location of Nursery:- 49/NH (Warsun) Range:- Kupwara Division:- Social Forestry Division Kupwara	0.960	2880	"C&D"	200	30 Calendar days.	Tender Opening Committee

The e-NIT Consisting of qualifying information, eligibility criteria, specifications, bills of quantities, (B.O.Q) set of Terms & Conditions of contract and other details can be seen/downloaded from the Website: www.jktenders.gov.in.

Position of A/A:- Received
 Position of T/S:- Received
 Position of Funds:- Demanded

Date of Issue of Tender:-	07-08-2023 2:00 PM
Publishing Date:-	09-08-2023 from 04:00 PM
Download Start Date:-	09-08-2023 from 04:00 PM
Bid submission Start Date:-	09-08-2023 from 04:00 PM
Bid submission End Date:-	16-08-2023 Upto 03.00 -PM
Date of Opening of Technical Bid Online:-	17-08-2023 at 11.00-AM in the Office of the Divisional Forest Officer Social Forestry Division Kupwara at Zangli.
Date of Opening of Financial Bid Online:-	17-08-2023 at 12.00 -PM in the Office of the Divisional Forest Officer Social Forestry Division Kupwara at Zangli.

- The bids shall be deposited in electronic format on the website: <https://jktenders.gov.in>.
- Bids uploaded must accompany Govt. Treasury Receipt (cost of tender document) in the shape of Treasury Challan for the amount shown against the work above to be deposited in Govt. Treasury under Account Head 0406- Forest and Bid Security in the shape of EMD for requisite amount and pledged to Divisional Forest Officer.
- The bids for the work shall remain valid for a period of 90 days from the date of opening of bids.
- The bidders have to submit their Technical & Financial bids online in electronic format with digital signature. No Technical or financial bid will be accepted in physical/hard form. Bids will be opened online as per time schedule mentioned above.
- Bidders must ensure to upload scanned copies of all necessary documents i.e BSD in shape of CDR/FDR, Valid Registration Card issued by PWD/CPWD/Forest Dept. duly renewed for the current year 2023-24, PAN, Valid GST Registration, Govt. Treasury receipt (Cost of Tender Document) & Annexures.
- Bidders must ensure to upload scanned copies of Additional CDR @10% of Adv. Cost as maintenance charges of the raised cuttings, and produce the same before issuance of award of contract.
- The successful bidder has to produce Valid Labour Registration Certificate issued by Labour Department after issuance of award of contract.
- As per rule 171 of GFR-2017, Performance Security shall have to be deposited by successful bidder to the order of 3% of the value of contract and if there are compelling circumstances, performance security in excess of three percent may also be demanded.
- The Department will not be responsible for any delay in online submission of the bid due to any reason (technical or otherwise).
- The Department shall not be held responsible for selection criteria/policy matter being adopted by the Directorate of Information regarding publishing the NIT, in any of the newspaper under circulation.
- The Tender Accepting Authority reserves the right to reject any or all the tenders without assigning any reason thereof.
- All other terms and conditions shall remain same as per PWD form 25 (double leaf) and as per the Detailed Tender document.
- The planting/Raising work is of seasonal nature, hence the work will be started from 15th Oct-2023

NO:- Actt/SFK/ 381-84
 DIPK-6756/23
 Dated:- 09/08/2023

Sd/
 Divisional Forest Officer,
 Social Forestry Division,
 Kupwara



Office Of The Commissioner
 Srinagar Municipal Corporation
 Balgarden, Srinagar

Phone No 0194-2470465/24704466 Fax 0194-2476931
 Email:- commissioner-smc@jk.gov.in

GIST OF FRESH
 SHORT TERM ENIT NO: 10 OF 2023
 DATED: 09/08/2023

For and on behalf of the Commissioner Srinagar Municipal Corporation, fresh short term e-tenders are invited from authorised dealers for supply of 500 ltrs (in 20 ltr's packing) DEF Diesel Exhaust Fluid of superior quality:

Tentative Estimated Cost	=	37,500/=
Time of completion	=	07days
Uploading of Bids	=	10 /08/2023 to 17 /08/2023
Date & time of opening of Bid	=	18 /08/2023 at 02:00PM

Detailed NIT with terms and conditions can be downloaded from www.jktenders.gov.in

Sd/-
 Purchase & Procurement Officer,
 Srinagar Municipal Corporation.

No: SMC/PPS/519-525
 DIPK-NB-2499/23
 Dated: 09/08/2023

PUBLIC NOTICE

I, Shameema Kifayat, residing at Magam, hereby notify the general public that I have applied to the Unique Identification Authority of India (UIDAI) for the correction of my name and date of birth in my Aadhar card. My current name is Shameema Kifayat, and I intend to change it to Shameema Hassan, as per the records in my Passport. Additionally, the date of birth on my Aadhar card is incorrect and needs to be updated to 10/09/1979.

This public notice is being issued to invite any person(s) who may have any objections to the proposed name and date of birth change in my Aadhar card to raise their objection(s) within Three (3) days from the date of publication of this notice. Any objections raised after this period will not be entertained by the authorities.

AFFIDAVIT

Mohammad Yaseen S/o Mohammad Usman R/o Hamza Colony Ellahi Bagh Sriangar declare that Noor Jahan Banu D/o Late Mr. Usman Muslim R/o Kamaladi , Kathmandu, Nepal is my legally wedded wife, our marriage was solemnized as per Muslim religious rites and social customs and order at Lainchaur Banquet Lazimpat Nepal on 31-10-2015 , that after marriage we are living together as husband and wife for all practical purposes, this I affirm Vide affidavit no. JK465247260892V dated 07 August 2023 at Srinagar before Notary Public.

Court Of The 2Nd Additional Munsiff Judicial Magistrate 1st Class At Srinagar

(PROCLAMATION REQUIRING OBJECTION FROM GENERAL PUBLIC
 CNR: JKSG03-024723-2023
 Date of filing: 05-08-2023)

Gul Mohammad Bhat S/o Late Abdul Khaliq Bhat R/o New Theed Harwan Srinagar

Versus
 Registrar, Births and Deaths, SMC Srinagar

Non-Applcant

WHEREAS an application has been made before me that Mughli D/o AliMohammad Akhooon W/o Late Abdul Khaliq Bha R/O New Theed Harwan Srinagar has died on 30-06-2020 & the applicant has sought a direction from this court for registration of the death particulars of Mughli, in the concerned register of births and deaths.

Proclamation is hereby made that the any person having any objection(s) to this application may appear before this Court (or before me) to file objections within 07 days of this publication.

Dated, this 5th day of January 2023.

Sd/-
 (AHTZAZ AHMED)

NJ 2nd Additional (JMJC), Srinagar

PUBLIC NOTICE

I have lost the number plate of my vehicle bearing regd no: JK04B-9921 while travelling from Khag to Magam. Now I have applied for the duplicate of the same if anybody having any objection in this regard he/she may file his/her objection in the office of the ARTO Budgam within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Waseem Ah. Parray R/o Wanihama Beerwah

bmj

Govt. of Jammu & Kashmir J&K Economic Reconstruction Agency

Press Release
 Dated: 09-08-2023

JKERA condole demise of Mr Syed Abdul Rasheed Shah father of Chief Executive Officer, J&KERA
 The employees of Jammu & Kashmir Economic Reconstruction Agency have expressed heartfelt condolences and grief over the death of Mr. Syed Abdul Rasheed Shah, Father of Dr. Syed Abid Rasheed Shah (IAS) Secretary to Government, Department of Tourism/Culture and Chief Executive Officer, J&K Economic Reconstruction Agency, Government of Jammu and Kashmir.
 An emergency condolence meeting was held today simultaneously at JKERA office, Rambagh aswell as J&KERA Office, Jammu in which employees of J&KERA expressed grief over the sad demise and extended heartfelt condolences to Dr. Syed Abid Rasheed Shah (IAS) and his family and prayed for solace to the departed soul and expressed deepest sympathies and prayed that may Allah grant the family patience and forbearance to endure this irreparable loss.
 Meeting also prayed that may Allah grant departed soul the highest place in Jannah. Meeting was attended by all the cadres of ERA employees.

The Jammu And Kashmir Board Of School Education New Campus Bernina Srinagar

I have passed/appeared in Secondary School Examination (Class- 10th) under Roll No. 8111216 Session: 2017 / Annual Year 2017 through the Jammu and Kashmir Board of School Education. Due to the error committed by the concerned School/parent/Board, my Father's Name has been recorded with the Board as Gh Ahmad Hajam while as actual Father's Name is Ghulam Mohammad Hajam. Now, I have applied for correction/rectification of error in the Jammu and Kashmir Board of School Education, New Campus Bernina, Srinagar, if any person has any objection in this regard, may file the same in the office of the Assistant Secretary, Certificates-KD within seven days from the date of Publication of this notice, after the expiry of said period no objection will be entertained.



Name: Amir Ahmad Hajam
 F/N: Ghulam Mohammad Hajam
 M/N: Gulshana Akhter
 DOB: 15-03-2001
 Residence: Batapora Kanihama

bmj

Subject:- Grant of Registration of the proposed Travel unit under the name & style "M/s OFFCOM TRAVELS" Situated at Nayabat Gali Kuchey Pora Magam

Public Notice

Whereas, I Mr Kifayat Hussain Malla S/o Mohd Ibrahim Malla R/o Kuchey Pora Magam Tehsil Magam Dist. Budgam Kashmir intends to apply in the department of Tourism for Registration of my proposed Travel Unit under the name and style "M/s OFFCOM TRAVELS" Situated at Nayabat Gali Kuchey Pora Magam Kashmir under Tourist Trade Act 1978/82/2011-12.

Whereas, I will submit State Subject/Domicile Certificate, Qualification Certificate, Pan Card, Experience Certificate (Minimum 05 Years), Character Certificate (Police Department), Bank Statement (Minimum Balance 10000), Site Plan, Affidavit, Rent Deed duly attested by Sub-Register, Printing Material (Letter Head/Visiting Card), Photograph of the Unit (Indoor and Outdoor) and Two Passport size Photographs to the Department of Tourism as per prescribed checklist prior to Registration of my unit as an Excursion Agency.

Now as per J&K Registration of Tourist Trade Act 1978/82/2011/12, before my case is processed for registration by the Competent Authority, the matter is hereby notified for information of general Public/Financial Institutions/Bank/Organisation, etc for objection, if any and the same should reach to the Deputy Director Tourism Registration (e-mail: Id- ddtreg123@gmail.com) within a period of 7 days from the publication of this notice in leading local newspaper/newspapers of the Valley. No objections beyond a period of 7 days shall be entertained.

bmj

Court Of The 2Nd Additional Munsiff Judicial Magistrate 1st Class At Srinagar

(PROCLAMATION REQUIRING OBJECTION FROM GENERAL PUBLIC
 CNR: JKSG03-022910-2023
 Date of filing: 27-07-2023)

Gh. Mohi-Ud-Din Kohli S/O Kaloo Kohli R/O Faqir Gujri Harwan, Srinagar

Versus
 Registrar, Births and Deaths, SMC Srinagar

Non-Applcant

WHEREAS an application has been made before me that Gh. Mohi-Ud-Din Kohli S/O Kaloo Kohli R/O Faqir Gujri Harwan, Srinagar has born on 02-12-1976 & the applicant has sought a direction from this court for registration of the birth particulars, Gh Mohi-ud-din Kohli, in the concerned register of births and deaths.

Proclamation is hereby made that the any person having any objection(s) to this application may appear before this Court (or before me) to file objections within 07 days of this publication.

Dated, this 27th day of January 2023.

Sd/-
 (AHTZAZ AHMED)

NJ 2nd Additional (JMJC), Srinagar

NORTHERN RAILWAY NOTICE INVITING TENDER

Sr,DEE/TRD/FZR acting for and on behalf of The President of India invites E-Tenders for the works as under. Bidders will be able to submit their original / revised bids upto closing date 31.08.2023 at 15.00 hrs only. Manual offers are not allowed against this tender and any such manual offer received shall not be considered.

Tender No.	Name of work	App. Cost. (Rs.)	Cost of Tender form (Rs.)	Date & time for submission of tender	Earnest Money # (Rs.)	Completion period	Opening of tender	Website Particulars
508-TRD-FZR-2023-24	Electrification of Washing Lines at Chheharta and Amritsar stations over Firozpur division.	2,36,21,985.28p	NIL	Upto 31.08.2023 15:00 Hrs	2,68,100/-	12 Months	31.08.2023 after 15:00 Hrs	www.ireps.gov.in
509-TRD-FZR-2023-24	Electrification of Washing Lines at Katra (SVDK) station over Firozpur division.	2,06,36,366.59p	NIL	Upto 31.08.2023 15:00 Hrs	2,53,200/-	12 Months	31.08.2023 after 15:00 Hrs	www.ireps.gov.in

Note: #
 Tenderer (s) may please note that offers received without Bid Security either in cash through e-payment gateway or as Bank Guarantee bond from a scheduled commercial bank of India or as mentioned in tender documents (as per Annexure-21) valid for a period of 90 days beyond the bid validity period, will be considered as incomplete & invalid offer and for which contractor shall have no claim on Railway.
 No. : 508 & 509-TRD-FZR-2023-24 Dated: 09.08.2023

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2464/2023

DC Srinagar Visits Bakshi Stadium, Reviews I-Day Arrangements

Observer News Service

Srinagar: The Deputy Commissioner (DC), Srinagar, Mohammad Aijaz Asad today visited Bakshi Stadium which is going to host J&K level event on the occasion of 77th Independence celebrations to review the arrangements being made by the respec-

port & parking facilities, water & power supply, deployment of medical & first aid, sanitation & cleanliness, fire and emergency teams, adequate backup for power supply and installation of dewatering pumps.

The DC also stressed on making fool-proof security arrangements in and around the stadium



tive Departments for the successful conduct of the mega event.

At the outset, the Deputy Commissioner along with Officers went around the Stadium and inspected Flag Hosting Podium, Stadium Pavilions, VIP Gallery, March Past tracks, Amenity Blocks etc and finalized the arrangements and other facilities for smooth and peaceful conduct of full dress rehearsal and main function to be held on August 15 at the venue.

While chairing a meeting on the occasion, the DC directed the Officers of all concerned Departments to ensure all arrangements including seating arrangements, cultural programs, march past parade, trans-

to ensure hassle-free celebrations of the function. He also enjoined upon the officers to maintain close coordination with each other for holding the function smoothly.

On the occasion, the DC asked the concerned Departments to ensure all necessary facilities for the participants attending the Independence day-2023 function at Bakshi Stadium and install shamiyans at designated spots at the venue.

The SMC authorities were asked to ensure that all washrooms are functioning properly, besides establishing mobile toilets at the venue on August 15. They were also asked to ensure proper sanitation and cleanliness in and around the venue.

Two Ladies Arrested For 'Assaulting' Girl In Srinagar

Observer News Service

Srinagar: Two ladies were arrested by police for allegedly assaulting a girl inside a shop at Boulevard road in Srinagar, Police said on Wednesday.

The police have identified the accused duo as Urfana Bhat and Rukhsana, both residents of Nishat.

Police also said the victim was assaulted inside a shop by the accused ladies, which resulted in injuries to her. She was immediately shifted to a hospital

after the incident where her condition was said to be stable, they added.

"Two accused ladies Ms Urfana Bhat & Ms Rukhsana both residents of Nishat arrested for assaulting & injuring a girl in a shop at Boulevard Road. FIR no 119/2023 under relevant sections registered in RM Bagh PS. The victim lady is stable & has been shifted to hospital," said Srinagar Police on a messaging platform X, formerly known as Twitter.

Man Held For Allegedly Molesting, Injuring Girl In Srinagar

Observer News Service

Srinagar: A man was arrested in connection with a case of allegedly molesting and injuring a girl in a moving car in Srinagar on Wednesday, police said here.

A police spokesman in a statement said that police station Rainawari received a complaint from a girl that she took a lift in a car near Bishamber Nagar Khanyar, only to be dropped at Botkadal Lal Bazar but while on the move the car driver tried to molest her.

The statement reads that the

girl alleged that when she resisted, the accused forced her out of the car near Badamwari, resulting in injuries to her.

"A case FIR No. 35/2023 U/S 342, 366, 354, 307 IPC has been registered in police station Rainawari and investigation of the case was set into motion," it reads.

It added that during the investigation, CCTV footage was minutely examined and the accused was detected and apprehended within the shortest period of time.

Police also urged the public to install CCTVs as it helps in cracking such heinous crimes

A case FIR No. 35/2023 U/S 342, 366, 354, 307 IPC has been registered in police station Rainawari and investigation of the case was set into motion

'Responsible Taxation & Sustainable Development'

Observer News Service

Srinagar: As part of ongoing celebrations of "Asabi Ka Amrit Mahotsav" under the theme "Mere Matti Mera Desh" State Taxes Department (STD) today organized a thought-provoking street play/skit on the theme 'Responsible Taxation and Sustainable Development' at Poloview Market here.

The primary message of the skit was to shed light on the critical issue of tax evasion and detrimental effects of haphazard mining on the environment. Commissioner State Taxes, Dr. Rashmi Singh was also present at the event.

Speaking on the occasion, Dr. Rashmi Singh said that the STD remains committed to ensuring tax compliance, sustainable mining and safeguarding the environment for the present and future generations. "Events like these contribute to a greater understanding of the complex interplay between taxation, mining, and environmental sustainability", she said. Additional Commissioner State Taxes Kashmir, Shakeel Maqbool on the occasion said that the street play/skit was primarily meant to create awareness among the public about the importance of tax compliance in supporting sustainable mining practices and environmental protection.

City Colleges Hold Walkathon In Srinagar Under AKAM

Observer News Service

Srinagar: On the directions of the Deputy Commissioner (DC), Srinagar, Mohammad Aijaz Asad a Walkathon of City Colleges was today conducted as a part of Azadi Ka Amrit Mahotsav (AKAM) in connection with the weeklong celebrations of International Youth Day.

The walkathon was organized by the Red Ribbon Club of the college in collaboration with the J&K AIDS Control Society.

Principal A S College, Prof. Sheikh Ajaz Bashir, flagged off the rally from Amar Singh College, campus in presence of Principal of City Colleges, Nodal Officers, RRC and other faculty of the college.

Apart from the students and faculty of the host College, Faculty and students from city colleges participated in the walkathon.

The rally comprising hundreds of students holding play cards in their hands about the HIV/AIDS awareness covered a distance of around 4 kms and went through the heart of the city Lal Chowk, culminating at Joggers Park Rajbagh.

The main motto of the walkathon was to bring awareness among the youth in particular and masses in general about the ill effects of deadly disease HIV/AIDS

Police Arrests Father For Attempt To Murder Son

Srinagar: Police have arrested a man in Srinagar for allegedly trying to murder his son by stabbing him, officials said today.

A police spokesman said on Twitter that Mehmood Ahmad Wani S/o Nazir Wani R/o Sonwar Srinagar was arrested for "attempting to murder his son."

"He had an argument which led to stabbing. Victim is in hospital & stable. FIR no 121/ 2023 u/s 307 of IPC registered in Ram Munshi Bagh PS. Weapon of offence also recovered," added the spokesman.

PUBLIC NOTICE

This is to inform the general public that I have lost my 10th class marks card somewhere. Now I have applied for its duplicate of the same. If anybody has any objection he/she may contact concerned department within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Name : Aamir Farooq Mir
S/O Farooq Ahmad Mir
R/O Wanihama Payeen Hazratbal Srinagar

GOVERNMENT OF (U.T) JAMMU & KASHMIR Office Of The Executive Engineer Jal Shakti (PHE) Deptt. Ground Water Division Srinagar Baghi-Ali-Mardan, Nowshara Srinagar.

E-mail: - pgegwd@yahoo.com, Tel./ Fax No:- 0194-2411285

NOTICE INVITING e-TENDERS
Gist of Fresh Detailed e-NIT No: - JS-PHE/GWDS/16 of 2023-24.

For and on behalf of lieutenant Governor of Jammu and Kashmir, fresh e-tenders are invited in two cover system from registered experienced Contractors of Production wells having good experience of ground water drilling as per the details given as under:-

S.No	Name of work	Est. Cost Rs. in Lacs	Earnest money	Cost of Tender Document	Time of completion	Technical Sanction	Class of Contract	Major Head/Programme	Tender Call
1.	Construction of Gravel Packed Production Well at WSS Babagund, Pulwama	Rs. 34.85 Lacs	Rs. 69,700/-	Rs.2000/-	45 Days	(Yes) JS-PHE/GWDS/CAPEX/01 of 06/2023	Registered for Construction of Gravel Packed Production Tube Wells	Distt. CAPEX	5th

Position of Funds: - Available
AAA No: The Distt. Development Commissioner Pulwama's Order No: 23/ DDCP of 2023 Dated: 27.05.2023 issued vide endorsement NO: DDCP/CAPEX/2023-24/ 839-43.

Note: The above-mentioned work (Refer Table - I) S. No. 01 were earlier advertised vide this office e-NIT No: 04 of 06/ 2023-24 Dated: 15-06-2023, followed by corrigendum-I for extensions of dates vide issued endorsement No: JS-PHE/GWDS/Corrs/2027-39, Dated: 03-07-2023, e-NIT No: 09 Of 2023-24 Dated: 04-07-2023 & e-NIT No: 12 Of 2023-24 Dated: 24-07-2023, followed by corrigendum-I for extensions of dates vide issued endorsement No: JS-PHE/GWDS/Corrs/2869-82, Dated: 04-08-2023

The Bidding Documents and other details can be downloaded from the website:
https:// www.jktenders.gov.in
From 09.08.2023 (04:00 p.m.) UPTO 14.08.2023 (02:00 p.m)

The Bidding documents consisting of qualifying information, eligibility criteria, specifications, Drawings (if any), Book of quantities (B.O.Q), Set of terms, conditions of contract and other details can be seen / downloaded from the website: https:// www.jktenders.gov.in As per Critical Dates/Information scheduled given below

1. Publishing Date	09-08-2023 (10:00 A.M)
2. Period of Downloading of Bids	09-08-2023 (10:00 A.M) upto 14-08-2023 (02:00 P.M)
3. Period of Submission of bids	09-08-2023 (10:00 A.M) upto 14-08-2023 (02:00 P.M)
4. Date of opening of Tender.	16-08-2023 (11:00 A.M)
5. Tender Receiving Authority: Executive Engineer, Jal Shakti (PHE) Ground Water Srinagar Kashmir:-190011	
6. Document Cost : Non-Refundable in the shape of Treasury Challan/receipt deposited to Account Head 0215 in favour of Executive Engineer (Jal Shakti) PHE Ground Water Division Srinagar(at Saddar Treasury Srinagar) (The firm shall specify the name of work for which apply)	
7. Bid Validity Period: 180 Days	
8. The bids can be downloaded or uploaded on www. Jktenders.gov.in	
9. The bids of only those agencies shall be accepted who possess valid registration certificate of construction of production wells..	

Bids must be accompanied by bid security viz: Earnest Money in shape of CDR/FDR and (The date of CDR/FDR etc must not be prior to 03 months from the date of issuance of this e-Nit and Treasury Receipt (mentioning therein the NIT No., S.No. of work and Advertised Cost as per the NIT) as cost of Tender Document under Account Head 0215 to be pledged in favour of the Executive Engineer Ground Water Division Srinagar (as specified in the table (I) (Page 1st). Bid security will have to be in any one of the forms as specified in the bidding documents and shall be valid for 180 Days after opening of bid. Bids will be opened in the Office of the Executive Engineer Jal Shakti (PHE) Ground Water Division Srinagar (H.Q. Baghi-Ali-Mardan, Nowshara Srinagar) on 16.08.2023 at 11:00 am. If the office happens to be closed on the date of opening of the bids as specified, the bids will be opened on the next working day at the same time and venue.

Sd/=/-/
Executive Engineer
Jal Shakti PHE Ground Water Division, Srinagar
DIPK-6732/23 dated: 09-08-2023

TRAFFIC POLICE : 9419993745, 01998-266686
PCR: 0194-2452092, 2455883
PDD: 0194-2450213
FIRE AND EMERGENCY SERVICES :
2479488, 2452222, 2452155
CAPD: 18001807011
SMC HEALTH OFFICER: 9469409081
Ambulance: Kashmir EMS Service: +91 94841 00200

AIRPORTS
SHIEK UL ALAM AIRPORT: 01942303311

RAILWAYS
SRINAGAR: 0194-2103259
ANANTNAG: 01932-228243
BARAMULLA: 0194-102029
BUBHERA: 01932-228243
PAMPOR: 01933-294132
PATTAN: 01954-293507
QAZIGUND: 01951-296153

HIGHWAY STATUS
Sgr-Jammu highway - (Open)
Mughal Road - (Open)
Srinagar-Leh - (Open)

HIJRI CALENDAR
22 Muharram
1445

PRAYERS
FAJR 4:14
ZUHR 12:37
ASR 5:26
Magrib 7:29
ISHA 9:00

This Day In History

- 70 Second Temple in Jerusalem set on fire by Roman army under Titus during the capture of the city (approx)
- 610 - In Islam, the traditional date of the Laylat al-Qadr, when Muhammad began to receive the Qur'an
- 654- Pope Eugene I elected to succeed Martinus I
- 843- Treaty of Verdun: Brothers Lotharius I, Louis the German & Charles the Bald divide France
- 955- Battle of Lechfeld: Otto I, King of the Germans defeats the Hungarian, ending 50 years of Magyar invasion of Western Europe.
- 991- Battle of Maldon: English, led by Bryhtnoth, confront a band of inland-raiding Vikings near Maldon in Essex. The English are defeated and the story is immortalised in a well-known poem.
- 1304 - Battle at Zierik Sea: Dutch & French fleet beat Flemish fleet
- 1316-Second Battle of Athenry, Anglo-Norman victory over Gaelic clan alliance
- 1461 - Alfonso de Espina, bishop of Osma urges for an Inquisition in Spain
- 1500 - Portuguese sea captain Diego Diaz is first European to sight Madagascar
- 1511- Portuguese troops occupy parts of Malacca
- 1512- Battle of Saint-Mathieu (also called the Battle of Brest): an English fleet of 25 ships commanded by Sir Edward Howard and a Franco-Breton fleet of 22 ships commanded by René de Clermont.
- 1557- Battle of St Quentin in Picardy: Lamoraal, Count of Egmont and Philibert, Duke of Savoy (Spanish Empire) beat the Duke of Montmorency (France)
- 1566- Protestant Iconoclasm "Beeldenstorm" begins in European Low Countries
- 1585- English Queen Elizabeth I signs Treaty of Nonsuch: Aid for Netherlands
- 1622 - John Mason and Ferdinand Gorges receive a land patent of the Province of Maine.
- 1653- Battle of Scheveningen: Final naval battle of the First Anglo-Dutch War, English fleet defeats a Dutch fleet led by Maarten Tromp who himself is killed by a sharpshooter in the rigging of William Penn's ship
- 1659- Mughal Emperor Aurangzeb has his brother and competitor for the throne Dara Shukoh executed on religious grounds
- 1664 - Austria and the Ottoman Empire sign the Peace of Vásvár
- 1678 - Netherlands & France sign peace treaty in Nijmegen
- 1774 - 1st Surinam newspaper (1st Wednesday Suriname) begins publishing
- 1776 - American Revolutionary War: word of the United States Declaration of Independence reaches London.
- 1809 - Ecuador declares independence from Spain (National Day)
- 1822 - Antioch Syria, hit by Earthquake; about 20,000 die
- 1869 - O B Brown patents moving picture projector
- 1913 - 2nd Balkan War ends, Treaty of Bucharest, Bulgaria loses
- 1914 - German battle cruiser Goeben reaches Dardanellen/Turkey joins Germany
- 1914 - German troops reconquer Mulhouse in Elzas
- 1914 - WWI: French fall back at Alsace
- 1916 - Turks annex Persian city Hamadan from Russia
- 1920 - Allies recognize Poland, Czechoslovakia & Romania
- 1920 - Treaty of Sèvres (Allies & Turkey)
- 1920 - Turkish government renounces its claim to Israel, recognizes British mandate
- 1926 - Italian-Spanish peace treaty signed
- 1943 - Hitler watches lynching of allied pilots
- 1944 - Battle for Guam ends, US troops recapture Guam from the Japanese

Rahul Gandhi Says 'Bharat Mata' Murdered in Manipur

Press Trust of India

NEW DELHI: In a blistering attack against the BJP over violence in Manipur, Congress leader Rahul Gandhi on Wednesday alleged that its politics had "murdered Bharat Mata" in the northeastern state and termed members of the ruling party "traitors".

Participating in the no-confidence motion debate, Gandhi also slammed Prime Minister Narendra Modi for not visiting Manipur and alleged that he does not consider the state to be part of India.

"I went to Manipur a few days ago. Our prime minister has not gone there, he has not gone there till now. He does not consider Manipur part of India. I used the word Manipur, but the reality is there is no Manipur left. You have divided Manipur into two parts, you have broken up Manipur," Gandhi said.

Gandhi said he visited Manipur and met women and children at the relief camps, but the prime minister had not done.

The prime minister was not in the House when Gandhi spoke.

"I asked a woman, 'What happened with you?' She said, 'My small son, only child, was shot before my eyes. I spent the whole night with the body of my child and then I felt afraid. I left my house'. I asked her if she had brought along something with her and she said only the clothes she wearing and a photo," Gandhi said, narrating his experiences.

In another camp, he said he asked a woman the same question -- "What happened with you?" As he did so, she started trembling and fainted.

"These are the two examples. In Manipur, they (BJP) have murdered Hindustan. Their politics has not killed Manipur but killed Hindustan in Manipur. Hindustan has been murdered in Manipur...By killing the people of Manipur you have murdered Bharat Mata, you are not desh bhakt (patriots) but deshdrohis (traitors)," the former Congress chief said.

As the treasury benches protested and slammed Gandhi, Union minister Kiren Rijiju said the Congress leader should apologise for his remarks as it is the Congress which is responsible for insurgency and other



problems in the northeast.

Continuing his no-holds barred attack against the government in his over 30-minute speech, Gandhi went on to say that it is the Army that can bring peace to Manipur but the government is not deploying it.

"You have murdered the voice of India, which means you have murdered Bharat Mata in Manipur... My mother is sitting here. The other mother, Bharat Mata, you killed in Manipur," he said, pointing to Sonia Gandhi who was present in the House.

"You have sprinkled kerosene everywhere. You have set fire to Manipur. You are now trying the same thing in Haryana," he added, referring to recent communal clashes in Gurugram and Nuh.

Gandhi alleged that the prime minister listens to only two people, Amit Shah and Gautam Adani, just as Ravan paid heed to only two. He did not elaborate on the point.

The former Congress president also said the Bharat Jodo Yatra is not over and he undertook the cross-country march to understand what was it he loved and for what had he faced abuse for 10 years.

The Congress leader also thanked Lok Sabha Speaker Om Birla for reinstating his membership of the House.

"The last time I spoke, I also caused you (Birla) pain. I focussed on Adani ji with such intensity, your senior leaders felt pain. That pain also affected you, for that I apologise to you," Gandhi told Birla.

"I only spoke the truth. My BJP friends you need not be afraid because my speech today will not be focussed on us. Rumi said, 'Jo shabd dil se aate hain woh dil mein jaate hain'. Will not attack you much." "I walked from one end of the country to another, from the coast to the snowy mountains of Kashmir. The yatra is still not over ... Many people asked me after it started, 'Rahul why did you walk, what is your aim'.

Centre Says Employees Eligible For 730-Day Parental Leave

Press Trust of India

NEW DELHI: Female and single male government employees are eligible for 730 days of child care leave, Union Minister of State for Personnel Jitendra Singh said today.

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"Female government servant and single male government servants appointed to the civil services and posts in

connection with affairs of the Union, are eligible for child care leave (CCL) under Rule 43-C of the Central Civil Services (Leave) Rules, 1972 for a maximum period of seven hundred and thirty days during the entire service for taking care of two eldest surviving children up to the age of 18 years and no age limit in case of differently-abled child," he said in a written reply to Lok Sabha.

All No-confidence Motions Defeated or Inconclusive in Past

Press Trust of India

NEW DELHI: As the Lok Sabha debates a no-confidence motion brought against the Narendra Modi government by the opposition, the 28th such motion to be admitted in the Lower House, data compiled by a think tank shows all previous ones have either been defeated or remained inconclusive.

However, at least three governments have fallen during a vote on a "motion of confidence", which is a motion brought by the government to prove its strength.

A no-confidence motion is a formal proposal moved by a member against the government in Lok Sabha under Rule 198 of the Rules of Procedure and Conduct of Business in Lok Sabha.

According to data compiled by PRS Legislative Research, the highest number of no-confidence motions - 15 - in the history of independent India was moved against governments led by Indira Gandhi.

Longest-serving prime minister Jawaharlal Nehru, whose tenure lasted 16 years and 286 days, faced only one no-confidence motion, which was moved in the aftermath of India's bitter loss to China in the 1962 war.

The motion was, however, defeated. The only time a no-confidence motion triggered the fall of a government was in 1979.

A motion moved against the Morarji Desai government had led to his resignation, even as the debate remained



inconclusive and there was no voting.

Three governments have fallen during the vote of confidence - the V P Singh government in 1990, the H D Deve Gowda government in 1997 and the Atal Bihari Vajpayee government in 1999.

On November 7, 1990, V P Singh moved a Motion of Confidence. The motion was defeated after the BJP withdrew its support over the Ram temple issue.

He lost the motion by 142 votes to 346 votes. In 1997, the H D Deve Gowda government lost a vote of confidence on April 11.

Deve Gowda's 10-month-old coalition government fell as 292 MPs voted against the government, while 158 MPs supported.

After coming to power in 1998, Atal Bihari Vajpayee had moved a confidence motion, which he lost by one vote on April 17, 1999 due to the withdrawal of support by the All India Anna Dravida Munnetra Kazhagam (AIADMK).

Here is the list of no-confidence motions moved previ-

ously:

1. August 1963 - The first ever no-confidence motion was moved in the third Lok Sabha in August 1963 against Prime Minister Jawaharlal Nehru by Congress leader Acharya Kripalani.

This was immediately after losing to China in the 1962 war. The debate went on for four days, for over 20 hours.

Eventually, the motion was defeated, with only 62 MPs supporting it and 347 opposing it.

2. September 1964 - A no-confidence motion was moved by N C Chatterjee against the government of Lal Bahadur Shastri.

Voting took place on September 18, 1964, and 307 MPs voted against the motion while 50 voted for it.

The motion was defeated. 3. March 1965 - The motion was moved by Khandrupara MP S N Dwivedy against Lal Bahadur Shastri government.

Debate took place on March 16, 1965, and the motion was defeated with only 44 MPs supporting it, while 315 voted against it.

Parliament passes Digital Personal Data Protection Bill 2023

Press Trust of India

NEW DELHI: The Rajya Sabha on Wednesday passed the Digital Personal Data Protection Bill 2023 with a voice vote following a walkout by the opposition members over the Manipur issue.

The Lok Sabha had passed the bill on Monday.

The bill which comes after six years of the Supreme Court declaring "Right to Privacy" as a fundamental right has provisions to curb the misuse of individuals' data by online platforms.

Union Minister Ashwini Vaishnaw said the bill lays down obligations on private and government entities around collection and processing of citizen's data.

The bill seeks to protect the privacy of Indian citizens while proposing a penalty of up to Rs 250 crore

on entities for misusing or failing to protect the digital data of individuals.

Moving the bill for consideration and passage in the Upper House of Parli-



ament, Union IT Minister Ashwini Vaishnaw said, "It would have been good had the opposition discussed the bill today (in the House). But no opposition leader or

member is concerned over the rights of the citizens."

He said the bill has been brought after extensive public consultation.

Underscoring the salient features of the bill, the minister said its language is very simple so that even a common person can understand it.

Referring to certain principles on which the bill is based, Vaishnaw said that according to the principle of legality, data of a person has to be taken based on prevailing laws and cannot be used for purpose beyond which it has been collected.

Motion to send the bill to the select committee of Parliament by Rajya Sabha member John Brittas and V Sivadasan was not moved due to their absence in the house when the bill was put for vote.



Iran Says It Has Technology To Build Supersonic Missiles Amid US Tensions

Agencies

TEHRAN, IRAN - Iran has obtained supersonic cruise missile technology, state media have said amid rising tensions with the United States over military deployments in the region.

The missiles are now undergoing tests and "will mark the beginning of a new chapter in the defence power of our country", the state-linked Tasnim news website reported on Wednesday.

Tasnim said the new missiles could "significantly accelerate the Islamic Republic of Iran's response time in case of any combat, and take away attacking forces' opportunity for reaction".

It did not say when such a missile could potentially complete the testing phase and be publicly unveiled.

Iran has an array of cruise missiles, but none has so far breached Mach 1, or the speed of sound, which is 343 metres per second (1,125 feet per second). A projectile that could travel at speeds between Mach 1 and Mach 5 is considered supersonic.

Projectiles moving at a speed greater than five times the speed of sound are classified as hypersonic. Iran unveiled its first hypersonic ballistic missile - capable of manoeuvring inside and outside the atmosphere - in June saying it is capable of evading radars and breaching any defence system.

The Wednesday announcement on the supersonic cruise

missile comes as tensions between Tehran and Washington are on the rise over maritime security in regional waters.

The US Navy said on Monday that more than 3,000 military personnel have arrived in the Red Sea on board two warships to help protect shipping lanes, including those in the strategic Strait of Hormuz, from Iranian "harassment".

That only added to the US military buildup in the region, including the possibility of putting armed personnel on commercial ships travelling through the strait, which analysts have said risks a significant escalation in an already tense region.

Iran has repeatedly rejected the US military involvement in regional waters, saying it only serves Washington's interests.

"What do the Persian Gulf, the Gulf of Oman and the Indian Ocean have to do with America," said Iranian armed forces spokesperson Brigadier-General Abolfazl Shekarchi, as quoted by the semi-official Tasnim news agency. "What is your business being here?"

In response to the US military buildup, the Islamic Revolutionary Guard Corps (IRGC) last week said it has equipped its navy with new drones and 1,000km (600-mile) range missiles.

The IRGC also launched a surprise military drill last week on three islands it controls that the United Arab Emirates (UAE) claims as its own, deploying swarms of fast boats, paratroopers and missile units.

Kerala To Get A New Name Soon? Assembly Adopts Resolution

Press Trust of India

THIRUVANANTHAPURAM: The Kerala assembly today unanimously adopted a resolution urging the Centre to officially change the state's name to 'Keralam'.

The resolution was moved by Chief Minister Pinarayi Vijayan who urged the central government to change the state's name to 'Keralam' in all languages included in the Eighth Schedule of the Constitution of India.

The resolution was accepted by the Congress-led UDF opposition which did not suggest any amendments or modifications in it.

Subsequently, it was declared as unanimously adopted by the assembly by Speaker AN Shamsheer based on a show of hands.

Presenting the resolution, the chief minister said that the state was called 'Keralam' in Malayalam, but in other languages it was still Kerala.



He said that the need to form a united Kerala for the Malayalam speaking communities had strongly emerged since the time of the national freedom struggle.

"But the name of our state is written as Kerala in the First Schedule of the Constitution."

"This Assembly unanimously requests the Union Government to take immediate steps to amend it as 'Keralam' under Article 3 of the Constitution and it be renamed as 'Keralam' in all the languages mentioned in the Eighth Schedule of the Constitution," he said.

NEWS MAKERS

Smriti Irani vs Rahul Gandhi In Row Over 'Flying Kiss' In Parliament

Agencies

NEW DELHI: In an unusual incident that allegedly took place during the no-confidence debate in Lok Sabha on Wednesday, Congress leader Rahul Gandhi allegedly blew a flying kiss to BJP's Smriti Irani after his fiery speech. Taking swift action on the Wayanad MP's action, BJP women ministers and MPs decided to complain to the Lok Sabha speaker about Rahul allegedly blowing a 'flying kiss' to Smriti Irani while leaving the house after his speech.

Amethi MP Smriti Irani also raised the issue in front of the Speaker, calling Rahul Gandhi a misogynistic man who can give a flying kiss to a female member of Parliament. The Union Minister's



speech prompted BJP MPs to chant "shame shame" against Rahul Gandhi who immediately left the House for Rajasthan after his fiery speech against PM Modi and the BJP.

"I raise objection on something Mr. Speaker, one who was given the right to speak before me, made an obscene gesture. It is only a misogynistic man who can give a fly-

ing kiss to a female member of Parliament. Such disrespectful gesture has never been seen in the country's Parliament ever. This is the image of the family, the country has come to know through this Parliament," she said.

Speaking about the incident to reporters stationed outside the Parliament complex, Irani said,

"It's been so visible what Rahul Gandhi has done in the Parliament today. When House of the people where laws are made to protect the dignity of women, the course of a session stands witness to man's misogyny...Gandhi family's values has misogyny and indecent behaviour towards women."

Wink and hug in 2018 During the no-trust debate in 2018, Rahul was caught winking on camera after he hugged PM Narendra Modi in the House. The PM, still seated, was visibly caught off guard by the gesture.

Imran Pratapgarhi, a Congress leader had said, that the wink was directed at Jyotiraditya Scindia, who was a Congress MP then before jumping the ship to the saffron party.

"Flies During Day, Insects At Night": Imran Khan's SOS From Pak Jail

Press Trust of India

ISLAMABAD: Pakistan's jailed former prime minister Imran Khan has told his lawyers to take him out from the Attock jail as he does not want to remain in a cell that is infested with flies during the day and insects at night.

Khan, charged with corruption in the Toshakhana case and sentenced to three years, is unhappy and worried as he remains holed up in his prison cell. The 70-year-old cricketer-turned-politician was arrested on Saturday shortly after an Islamabad trial court found him guilty of "corrupt practices" in the case.

Khan has appealed his conviction by filing a plea at the Islamabad High Court.

The Pakistan Tehreek-e-Insaf chairman has asked his legal team that he does not wish to remain in prison, Geo News quoted sources in the Attock jail privy to the meeting between Khan and his lawyer as saying, "Take me out of here; I don't



want to remain in jail," the officials quoted Khan, as saying.

Khan's counsel Naeem Haider Panjotra was granted access by the jail authorities Monday to meet him, who after seeing the PTI chairman said that the former premier was being kept in "distressing" conditions provided "C-Class jail facilities".

Panjotra said that Khan was in high morale despite all such difficulties and vowed to spend his lifetime in jail but wouldn't bow to slavery.

However, the sources said that the PTI chairman, during the meet-

ing with his lawyer, conveyed his concerns regarding the environment at the prison with flies taking over his cell during the day and insects at night.

The former prime minister was arrested from his Zaman Park residence in Lahore after being convicted with accusations of misusing his 2018 to 2022 premierships to buy and sell gifts in state possession that were received during visits abroad and worth more than Rs140 million (USD 635,000).

Khan denies the allegations against him.

The party of the former prime minister, who was ousted from office after a no-confidence motion was moved against him in April 2022, has moved the Supreme Court against the trial court's order, seeking to declare Judge Dilawar's verdict "null and void". The PTI has also approached the Islamabad High Court (IHC) Chief Justice Aamer Farooq requesting Khan's transfer from Attock jail to Adiala jail.

Spread Love, It Is The Only Way Forward For Country's Development: Farooq To Govt

Press Trust Of India

NEW DELHI: National Conference leader Farooq Abdullah on Wednesday asked the Narendra Modi government to spread "love", and not "hate", as it is the only way forward for the development of the country.

Speaking during the discussion on the no-confidence motion, Abdullah said, "We tried to bring Kashmiri Pandits back home. Jammu and Kashmir is a part of India. Do not call us Pakistanis. Did you know how many of my ministers were killed so that we could be a part of India?"

He said the prime minister does not represent only "one colour" but the whole country. He asked how many Kashmiri Pandits have gone back to Kashmir valley in the last 10

years. "None," he quipped. Union Minister of State for Home Nityanand Rai objected to Abdullah's remark, saying it was incorrect to say that the Centre did not do anything for Kashmiri Pandits. Rai said that people are returning.

In his address, Srinagar MP Abdullah said, "Create love, not hate. Don't hate us, listen to us. What development is happening in Kashmir?" He alleged the government's method of dealing with issues are wrong and added that "it is the love of the people that will keep us together".

He regretted that the government could not take the delegates of a G20 meet in Srinagar to Gulmarg and Dachigam.

"You say no terrorism is there in Kashmir but Pakistan is at play...Love is the only way forward," Abdullah said.



Returned To J&K To End Miseries Of People: Azad

Press Trust Of India

JAMMU: Democratic Progressive Azad Party (DPAP) chairman Ghulam Nabi Azad on Wednesday said his purpose of returning to Jammu and Kashmir was to end the miseries of people and build the Union Territory as one of the top economies in the country.

Azad, a former chief minister, ended his five-decade long association with the Congress on August 26 last year and launched DPAP in Jammu a month later.

"The leadership needs a vision and I carry that for my people. And that is why I gave up national politics and returned to my people to serve them," Azad said, addressing a series of public meetings in his hometown Baderwah in Doda district.

He said the only purpose for his return was to end the miseries of people and build J&K as one of the top economies in the country.

"Most of the economic potential of Jammu and Kashmir is untapped and majority of its

regions are unexplored given the tough and varied geographical terrain. If the resources and the potential of only Doda is tapped and explored, it will create immense jobs for the local youth," he said.

He said Baderwah is known as 'mini Kashmir' and "I promise you if elected to power, it will emerge as an epicentre of economic activities."

Azad, who is on a 10-day tour of Chenab valley region, addressed public meetings at Pranu, Khelani, and Baderwah.

Azad said after Kashmir, it is Baderwah which attracts the Bollywood for shooting of films.

Accusing successive regimes of ignoring the region, he said whatever he did as chief minister and as Union minister is reflected on the ground.

"People have rejected conventional politics and are fully aware of their rights. Time is gone when they were exploited on petty issues," he said, adding "people want change and all hopes are set on DPAP which encourages talent, hardwork and honesty in its functioning"



Federalism Built In Art-370 Cannot Be Abrogated: Adv Gopal

'The Constitution Of J&K And Indian Constitution Were Speaking To Each Other Through Article 370'

Press Trust Of India

NEW DELHI: Article 370, which bestowed special status on the erstwhile state of Jammu and Kashmir, was not a repository of untrammelled power but a medium through which the Constitution would apply to the state, the Supreme Court was told on Wednesday.

A five-judge constitution bench headed by Chief Justice DY Chandrachud was told by senior advocate Gopal Subramaniam, appearing for petitioner Muzaffar Iqbal Khan, that the Jammu and Kashmir constituent assembly did not want to abrogate Article 370 and instead permitted its continuance.

Khan has challenged the two constitutional orders of the Centre issued on August 5, 2019 and August 6, 2019, by which Article 370 was abrogated.

"Even though the word 'temporary' appears in the marginal notes of Article 370 of the Constitution, the resolution passed by the Jammu and Kashmir constituent assembly said that the Constitution of India must apply with these modifications. The constitution of Jammu and Kashmir and Indian Constitution were speaking to each other through Article 370," Subramaniam said.

He told the bench also comprising justices Sanjay Kishan Kaul, Sanjiv Khanna, BR Gavai and Surya Kant that Article 370 was not a repository of untrammelled power but a medium through which the Constitution would apply to the erstwhile state of Jammu and Kashmir.

Subramaniam, who commenced his arguments on the fourth day of hearing on a batch of petitions challenging abrogation of Article 370, said, "It is respectfully submitted that Article 370 ought not to be read or interpreted as an expression of power politics or a bargaining chip. Rather, it should be interpreted as a principled compact between the people of India (acting in their



constituent capacity through the Indian Constituent Assembly) and the people of the State of Jammu and Kashmir."

He added that in constitutional arguments, there can be multiple approaches. One is a historical argument, second is a textual argument, third is a doctrinal argument, and the last is structural argument - these are all methods of constitutional interpretation and whichever way the court look at it, the end result will be the same.

"The impugned orders - Constitution Orders- 272 (issued on August 5, 2019) and Constitution Order- 273 (issued on August 6, 2019) - in sum and substance do away with the Constitution of Jammu and Kashmir. That is impermissible, not authorised under the law", Subramaniam said.

The senior counsel referred to Tuesday's observation of the CJ that in any representative democracy, the will of the people is expressed through established institutions under the constitution.

"I am going to urge that the expression Constituent Assembly and the legislative assembly of a state are both institutions recognised under our Constitution", he said, adding the constituent assembly of Jammu and Kashmir have expressly affirmed by a resolution that they don't want Article 370 of the Indian Constitution to be abrogated as they wanted the provision to be a language of communication between the two constitutions of India and

Jammu and Kashmir.

"If the Constituent Assembly of J&K, which is the body of people, has taken these proactive steps and we have accepted those proactive steps, can we unilaterally abrogate this arrangement?" he questioned, while saying that this arrangement between J&K and India was a compact of federalism and Article 370 establishes the contours of this relationship in the federal sense.

Justice Khanna told Subramaniam by the Constitution order of 1954, the Indian constitution was adopted with certain omissions and modifications.

He said one may call it a Jammu and Kashmir Constitution but in essence what was adopted was an Indian constitution with certain exceptions and modifications.

"By its very nature, Article 370 is very flexible. Normally constitutions are flexible with time and space because they're made once but they last for a longer period", Justice Khanna told Subramaniam.

The senior counsel said J&K constitution can be repealed only by state legislature and it cannot be abrogated like this.

Subramaniam concluded his argument after which senior advocate Zafar Shah representing Jammu and Kashmir Bar Association commenced his submission and will continue on Thursday.

On Tuesday, the top court had said there is no question of a Brexit-like referendum on abrogation of Article 370.

I-Day Celebrations

ADGP Calls For Intensified Ops To Minimise Terror Threats

Press Trust Of India

JAMMU: A senior police officer on Wednesday called for offensive operations to scuttle any possible terror attacks ahead of Independence Day.

Additional Director General of Police (Jammu Zone) Mukesh Singh called for high-level alertness, strengthening of the border security grid and intensified checking, especially around the venue of the Independence Day function on August 15, a police spokesperson said.

Representatives from the Army, Border Security Force and the Central Armed Police Force, and senior officers of the police and central and local intelligence agencies reviewed the arrangements ahead of the celebrations in a joint meeting here.

Singh also stressed on anti-drone measures, border deployment grid, security of police and Army establishments, launching of offensive operations -- especially in the Rajouri-Poonch and the Doda-Kishtwar-Ramban ranges -- besides preventive measures in other districts.

He called for setting up joint checkpoints at vulnerable locations and inter-district boundaries, the spokesperson said.

Singh also asked for a high level of alertness for peaceful conduct of the Independence Day function and the ongoing Amarnath Yatra.

Earlier, Senior Superinten-



dent of Police (Jammu) Chandan Kohli and Senior Superintendent of Police (Security, Jammu) Shamsheer Hussain briefed the meeting about the proposed deployment by the district police and the security wing in and around the main Independence Day function venue.

Later, all the officers informed the meeting about the overall security assessment and emerging threats. A detailed discussion was held on each input shared by the intelligence and other security agencies, the spokesperson said.

Maulana Azad Stadium -- the venue of the main Independence Day function in Jammu -- has been virtually sealed off with additional deployment of police and paramilitary personnel.

Security personnel with sniffer dogs and metal detectors conducted a thorough search within and outside the stadium as part of the security drill, officials said.

FROM THE OFFICE OF ADVOCATE ABID MUSHTAQ WANI

In the case of Shabana Wife Of Irfan Amin Mehtab D/O Gh Nabi Pampori R/O Zero Line Puzwalpora Shalimar A/P Ziyat Batmaloo Sgr

VS PUBLIC AT LARGE

In the Petition in terms of Section 148-A

The caveators have reason to believe that Non-Caveator may file any Application, Petition, Ap- peal, Suit or any other type of proceeding before the Hon'ble Court and on the ground of distorted facts/misrepresentation and cooked story and may seek in obtaining some relief/order at their back/in exparte against the caveators and in such eventuality the caveators will be put in irreparable loss and inconvenience. It would be proper that caveators be given an opportunity of being heard by the Hon'ble court before passing any order.

NJ

Sd/advocate

Landslide Blocks Jammu-Srinagar National Highway

Amarnath Batch Stopped In Jammu

Press Trust Of India

JAMMU: A massive landslide blocked the Jammu-Srinagar national highway in Ramban district early Wednesday following which no fresh batch of Amarnath pilgrims was allowed to leave from Jammu, officials said.

According to the traffic control room, the landslide hit the 270-km highway, the only all-weather road linking Kashmir with the rest of the country, near Maroog around 3 am.

"The restoration work is going on and is expected to be completed by 2 pm, following which the suspended traffic will be allowed from both sides - Nagrota in Jammu and Qazigund in Kashmir," an official of the department said.

No fresh batch of Amarnath pilgrims was allowed from Jammu in view of the highway closure, the officials said.

"The yatra was suspended for the day from Bhagwati Nagar base camp due to the landslide on the highway," Divisional Commissioner, Jammu, Ramesh Kumar told PTI.

He said restoration work is going on at a war footing to make the highway trafficable.

Over 4.25 lakh pilgrims have paid obeisance at the 3,880 metre high cave shrine of Amarnath in south Kashmir Himalayas since the start of the 62-day long yatra on July 1.

DLSA Anantnag Commemorates World Tribal Day

Speakers Stress On Empowerment Of Tribal Communities

Observer News Service

ANANTNAG: The District Legal Services Authority -DLSA Anantnag on Wednesday organised an awareness camp on eve of the World Tribal Day at Kokernag.

The programme was organised in collaboration with Human Rights & Anti-Corruption Forum a Non Governmental Organisation.

While addressing the gathering Principal District and Sessions Judge Anantnag Jaffer Hussain Beigh who is also the Chairperson of -DLSA Anantnag said that constitution of India has guaranteed several rights to scheduled tribe people and the Gujjar Bakerwal population of Anantnag especially must know

about these rights. He appreciated the role of DLSA Anantnag for creating awareness on various legislations especially those meant for tribal communities.

Sub Divisional Magistrate -SDM Kokernag Shakeel Ahmad spoke on the historical perspective of World Tribal Day and he also stressed on more awareness on laws that are meant for benefits of ST population.

Chairman RTI Movement J&K Dr Raja Muzaffar Bhat who was invited as Resource Person by the DLSA Anantnag threw light on Forest Rights Act-2006 and SC ST Prevention of Atrocities Act 1989. He urged upon Govt and DLSA Anantnag that Gujjar and Bakerwal population should be made aware of their rights under Forest Rights Act and other laws. He appealed to Gujjar youth to come forward and help their communities to demand their rights under the different legislations.

Most Of Times, Winner In Judicial Process Turns To Be Actual 'Loser': Srinagar Court

M Ahmad

SRINAGAR: "Due to enormous and inevitable delays in judicial adjudication, most of the times, the winner turns out to be the actual loser", a court in Srinagar has observed while upholding a verdict passed last year by the trial court last year to bring to close a litigation instituted nearly two decades ago.

The Court of 4TH District Judge Srinagar, Gowhar Majid Dalal, made the observations while upholding a judgment of the trial court which had on 31 December last year ordered a tenant- Mohammad Syed Nazki- to handover the shop to landlords at Killi Masjid Saraf

Kadal Srinagar. The trial court had passed the verdict on a plaint which was filed by the landlord in 2004.

"Given the enormous and inevitable delays in judicial adjudication, most of the times, the winner turns out to be the actual loser. The victory remains hollow: a pyrrhic victory (a victory that is not worth winning because the winner has lost so much in winning it)," the appellate court, 4th District Judge Srinagar, said while taking cue from Kerala High Court's verdict in Sunil Mathew v. Union of India.

"Interim order or no interim order, procedural delays or other reasons, unless the

blame rests on the petitioner, the delay in the court's disposing the matter should not hurt him," the court said in an order passed on August 5 this year, adding, "If mere delay with nothing more were to defeat a person's right, it would only put a premium on those who take delight in delaying and dragging the proceedings."

Referring to the case in hand, the court said, the appellant (Nazki) besides doing business, is a retired government employee, with an alternate shop of SDA, which is vacant.

"It is also not indisputable that landlord is having big family, where as tenant retired, his sons are settled.

There is Bona-fidencess and reasonableness in the grounds projected by respondents (landlords)," the court said and upheld the verdict by trial court, observing that "there is no error on facts and law in the judgment and needs no interference by this court."

The trial court-Sub-Registrar/Civil Judge Srinagar-had on 31 December 2022 ordered the tenant to vacate and handover the possession of the shop to the landlords within a period of two months and in default he was held liable to pay to the landlords the damages at the rate of Rs. 1,000 (Rupees One Thousand Only) per day till the shop was handed over to landlords.



GOVERNMENT OF JAMMU AND KASHMIR
OFFICE OF THE DISTRICT SHEEP HUSBANDRY OFFICER KUPWARA-193222
Email: doshdkupwara@gmail.com | Telefax: +911955252220.

ADVERTISEMENT NOTICE

Applications on the prescribed format are invited from interested unemployed persons /sheep breeders for Establishment of Sheep/ Goat Units (10 ewes per unit) for Livelihood Generation for people of Bubernagh Village for the year 2023-24 under Aspirational Panchayat Development Scheme (APDS). Brief guidelines and eligibility criteria scheme wise are given hereunder:

- Establishment of sheep/ goat APDS units on participatory mode (10 ewes/ does)
- Eligibility: Preference will be given to the BPL/ EWS/ AAY categories.
- Under the scheme 10 ewes/ does shall be provided to the beneficiary free of cost and Department shall retrieve 2 ewes/ does from 3rd year onwards for next five years.
- Progeny (female) shall be retrieved at 1.5 to 2 years of age with a body weight of minimum 25-30 Kgs for establishment of fresh units under the scheme.
- Beneficiary must have basic infrastructure and grazing avenues to maintain the unit.
- Beneficiary shall furnish an affidavit duly attested by the First-Class Magistrate as per the devised format.

Important Dates:
a) Date of commencement for issuance of application forms =11-08-2023
b) Last Date for submission of applications = 26-08-2023 (03:00 PM)

How to Apply
The application form (enclosed) can be received / submitted on working days during office hours from:
a) Office of the undersigned
b) Office of Veterinary Assistant Surgeon SDB Kupwara.
c) The application forms complete in all respects (duly authenticated by concerned VAS) shall be submitted through Sheep Development Officer Kupwara.

General Terms and conditions
1. Applicant must be within age group of 18-55 years desirably. Although unemployed youth will be given preference.
2. Beneficiaries / households which have already availed benefit under any income generation scheme of Sheep Husbandry Department from last 05 years are not eligible.
3. One applicant per household can apply.
4. Only residents of Bubernagh village can apply.

OTHER NECESSARY REQUIREMENTS
a. Ration card / Aadhar Card/Domicile Certificate
b. The applicants having experience in sheep rearing must have minimum infra structure like sheep shed, fodder resources and availability of grazing land in vicinity.
c. Techno feasibility certificate from the concerned VAS.

No. DSHOK/Tech/2023-24/1555-61
Dated: 08/08/2023

District Sheep Husbandry Officer
Kupwara

SHEEP HUSBANDRY DEPARTMENT, J&K
APPLICATION FORM FOR ESTABLISHMENT OF 10 EWES/DOE UNIT UNDER APDS

Name: _____
Parentage: _____
Permanent Address: _____
Contact No: _____
Aadhar Number: _____
Ration Card No: _____
Category if any: _____

Photograph to be identified by village head

Signature of applicant

INFRA STRUCTURE
Availability of nearby grazing land _____
Availability of Shelter Sheds: _____
Details of existing livestock, if any _____
No: _____
Date: _____

Signature
I/C SEC

Techno-feasibility Certificate by Sheep Block Development Officer / V.A.S

Recommendation: _____
No. _____
Date: _____
(Documents to be enclosed: Aadhar Card, Ration Card, Domicile Certificate)
Vetted by BDC _____

VAS/SDB Officer
Seal and Signature

Vetted by DDC _____

DIPK-6722-23
DT: 09/08/2023

KASHMIR OBSERVERTM

Thursday | 10-08-2023

Perpetually Estranged

With Pakistan National Assembly being dissolved to pave way for the national elections without Imran Khan, and India set to hold parliamentary elections next year, there is not even a distant hope for a dialogue between India and Pakistan. Despite that, the outgoing Pakistan Prime Minister Shehbaz Sharif recently urged India to resume talks. This was followed by the country's ambassador to the US saying that refusing to talk would have dangerous consequences for all. He also said that there should be "some resonance of reciprocity" from New Delhi as well to Pakistan's overtures.

However, India has refused to resume talks with Pakistan, saying that Islamabad needs to create an environment for peace before the talks can resume. New Delhi has also said that it wants normal relations with Pakistan, but only if there is no support for terrorism or violence from Islamabad.

Considering India and Pakistan are the nations born out of a single nation in 1947, it makes a great case that the neighbours make up and work together for the prosperity of their people. This makes more sense in the backdrop of the changing global geopolitical landscape. The rise of new power centers, changing alliances, and economic interdependence have highlighted the interconnectedness of nations and the futility of prolonged conflicts. Both India and Pakistan possess immense potential for growth and development, and a peaceful resolution of their differences could unlock opportunities for progress, not only for their citizens but for the entire region. The people of India and Pakistan deserve a future free from the shadow of hostility and conflict. Diverting resources from defense expenditures towards socio-economic development and welfare initiatives would certainly improve the lives of millions. The importance of a dialogue becomes even more apparent in light of global challenges such as climate change, and the growing economic instability.

But as things stand, there is little hope that the two countries can go back to engagement anytime soon. Since the withdrawal of Article 370 in August 2019, the neighbours have moved too far away from each other to start a dialogue. And with the two countries looking forward to their respective national elections, the chances of an engagement have further ebbed. Now, if at all, any meaningful talks can happen only after the new governments are formed in the two countries which would happen only after 2024. Thereafter too, it depends on the nature of the future governments in the two nations for any dialogue to materialize. Here's hoping that the two see it in their interest to engage and live as a friendly neighbours.

OTHER OPINION

Ailing drug regulation

The government has now set deadlines for mandatory implementation—companies with a turnover of Rs 250 crore will have to comply within the next six months and those with a turnover below Rs 250 crore have to do it within a year. This is undoubtedly a course correction, but the time taken for implementation—five years—is symptomatic of the ailments that drug regulation in the country suffers from.

India's image as pharmacy to the world has been sullied by repeat instances of drug quality and safety failure—whether it is the allegations of toxins in Maiden Pharmaceuticals' and Marion Biotech's cough syrups killing children in Gambia and Uzbekistan, respectively, or the bacterial contamination of eye-drops exported by Global Pharma Healthcare to the US. Between 2019 and 2023 (year-to-date), the US Food and Drug Administration has raised 21 Official Action Indications for Indian drugs, which means failure to comply with its standards.

In some cases, these have resulted in import alerts, meaning the drug-makers concerned are banned from supplying to the US. The situation isn't very different at home. In 2020, drugs made by a Himachal Pradesh-based manufacturer killed 12 children in neighbouring Jammu & Kashmir—after its products had been flagged at least 19 times by various government drug laboratories. This is quite telling of how drug regulation in the country continues to exist in silos.

Making the revised GMPs mandatory for all pharma companies fixes only part of the problem. Compliance will involve at least 11 specific changes to the manufacturing process, including the introduction of a pharmaceutical quality system, rigorous product quality review and stability tests, validation of equipment etc. These will certainly help assure the market on the quality and safety of drugs. A risk-based inspection of 162 manufacturing units and 14 testing labs found several failures—from absence of testing of ingredients before use to faulty design of testing areas.

While regulatory intent is the supplement drug, the main agent of treatment of the ailing drug regulation in India is fixing its fragmented structure. There are 37 nodal agencies across states and Union Territories under the Central Drugs Standard Control Organisation (CDSCO) umbrella, which means a double whammy of regulatory chaos and regulatory silos. On top of that, the federal nature of drug regulation means states that want to promote 'ease of manufacturing' at the cost of ensuring high-quality production are more likely to take an approach of regulatory forbearance

Financial Express

IMD's Race Against Time Protecting Amarnath Yatra from Escalating Extreme Weather

Faizan Arif

“The risks posed by climate change demand urgent action to safeguard the lives of devotees undertaking the Amarnath Yatra. It is imperative to address the vulnerabilities that expose pilgrims to perilous conditions. Enhancing forecasting capabilities, deploying advanced technologies, and implementing robust infrastructure such as more radars and automatic weather stations, are crucial steps to mitigate these risks, forecast better, and ensure the long-term viability of the pilgrimage

The Amarnath Yatra pilgrimage holds immense importance in India and attracts a vast number of devotees each year. Participants embark on a challenging journey to reach the sacred Amarnath Holy Cave, nestled at an elevation of 3,888 meters amidst snow-covered mountains. This year's pilgrimage commenced on July 1st and is scheduled to conclude on August 31st. The month of July alone witnessed an impressive turnout of around 400,000 pilgrims who embarked on the expedition to catch a glimpse of the revered Ice-Shivalingam.

Amid the global turmoil caused by climate change-related disasters, even the revered Amarnath Yatra pilgrimage has not been spared from its detrimental effects. The escalating occurrence of severe weather incidents presents formidable challenges to this sacred journey. Regrettably, in 2015, the Amarnath Yatra witnessed the loss of three lives due to a sudden cloudburst at the Baltal base camp. Similarly, the previous year saw the tragic consequences of another cloudburst near the Amarnath Holy Cave, leading to the unfortunate demise of at least 15 individuals. While these incidents were deeply saddening, people raised concerns about the performance of the India Meteorological Department (IMD), alleging lapses in weather prediction and timely cautionary measures.

Was the IMD at fault, or is there more to the situation?

Cloudbursts tend to happen when monsoon clouds and moisture-laden winds, occasionally linked to a low-pressure system, travel northward from the Bay of Bengal over the Indo-Gangetic Plains towards the Himalayas, leading to concentrated and heavy precipitation. On occasions, the moisture might also stem from winds originating in the Arabian Sea. These events predominantly occur during the southwest monsoon season in regions with significant orography.

The Amarnath Yatra takes place during the season when the likelihood of cloudbursts is at its peak, which is the southwest monsoon season. Additionally, there are two routes for the trek to the Amarnath Holy Cave: one through Pahalgam and the other through Baltal. Both routes are located above 2500 meters in a mountainous landscape. The final destination of the trek, the Amarnath Holy Cave, sits at an elevation of 3,888 meters. Consequently, the risk of heavy rain, sudden floods, and cloudbursts is an ever-present concern in these areas.

In the late afternoon of July 08 last year, a strong downpour, potentially a cloudburst, occurred in the vicinity of the cave, triggering sudden floods that tragically claimed the lives of 15 individuals. Although the blame was swiftly placed on the IMD for its inability to forecast the cloudburst event, little did the public realize that predicting a cloudburst at a precise location is an impractical task.

Until the previous year, the IMD had only two radars in Jammu and Kashmir—one in Srinagar and another in Jammu. The radar in Srinagar is unable to detect precipitation within Sonamarg and Pahalgam areas due to

the mountainous terrain.

When a radar emits electromagnetic waves, they travel directly until they encounter obstacles like mountains. As these waves hit the mountains, they are blocked or weakened, leading to the radar's inability to detect objects or weather patterns behind these obstructions. This phenomenon creates a "shadow" region where the radar cannot effectively capture echoes or reflections from rainfall or cloudbursts. Consequently, the presence of mountains in the radar's coverage significantly limits its ability to provide accurate rainfall data for specific areas.

Predicting short and intense showers accurately, especially without the radar's assistance, proved to be a challenging task for the IMD. Moreover, cloudbursts, as mentioned earlier, remain inherently unpredictable. Given these technological constraints and the available equipment, the IMD faced limitations in effectively addressing these weather conditions.

Developments since last year

During this year, notable en-



hancements have been achieved in the IMD's capacities and infrastructure throughout Jammu and Kashmir. The network of weather stations has been improved, with the eight Automatic Weather Stations at Chandanwari, Panchtarni, Pahalgam, Sangam, Sheshnag, Sonamarg, Bararri, and Amarnath Holy Cave now providing updates every 15 minutes instead of the previous hourly updates.

I had a conversation with Mr. Mohammad Ashraf Wani, who serves as the IMD Incharge for AWS in Jammu and Kashmir. He mentioned that the Automatic Weather Stations have undergone an upgrade, transitioning from satellite-based to sim-based technology. As a result of this upgrade, these stations can now offer updates every 15 minutes. This advancement enables us to gauge the rainfall's intensity and enhances our capability to forecast occurrences of intense showers. In the event of rainfall near an AWS station, this technology can proactively alert both individuals and emergency response teams, contributing to improved preparedness.

In a conversation with Mr. Mukhtar Ahmad, the Deputy Director of the Meteorological Centre in Srinagar, he shared that a new X-Band Doppler Weather Radar has been successfully installed at Banihal Top. This significant addition has greatly improved both forecasting and now-

casting capabilities. Unlike the previous scenario where the sole radar in Kashmir, located in Srinagar, couldn't cover the area near the Holy Cave, the newly installed radar has bridged this gap. This radar's implementation now provides more comprehensive insights into rainfall occurring along these routes. Additionally, it will contribute to improved nowcasting for areas such as Banihal, Ramban, and the Jammu-Srinagar National Highway—a route for the Yatra pilgrimage.

As part of this year's initiatives, the IMD has also set up a weather base camp at Nunwan Pahalgam. This camp is dedicated to offering weather services, including the dissemination of hourly forecasts to the Yatra.

These improvements in technology and forecasting capabilities hold promise for reducing damages and providing better warnings. However, the ongoing challenge posed by the increasing frequency of extreme weather events has not evaded, as highlighted in the IPCC's 6th assessment report, and observed firsthand in the Kashmir valley. As a result, climate change could continue to threaten the safety of the

Amarnath Yatra pilgrims.

The risks posed by climate change demand urgent action to safeguard the lives of devotees undertaking the Amarnath Yatra. It is imperative to address the vulnerabilities that expose pilgrims to perilous conditions. Enhancing forecasting capabilities, deploying advanced technologies, and implementing robust infrastructure such as more radars and automatic weather stations, are crucial steps to mitigate these risks, forecast better, and ensure the long-term viability of the pilgrimage. This would definitely require additional financial support from the government of India, which could contribute to covering the costs related to the necessary infrastructure and workforce. The government's support for research initiatives focused on understanding complex weather patterns, climate change impacts, and disaster preparedness can lead to improved forecasting methods and mitigation strategies. Also, collaborations between the government and private sector can provide additional resources and expertise, fostering innovation and better service delivery.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer



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A Case for Public Libraries

I am writing to bring attention to the pressing need for an increased number of public libraries in the beautiful region of Kashmir. Public libraries serve as invaluable institutions that foster knowledge, literacy, and community development. However, the scarcity of such facilities in Kashmir hinders the region's progress and deprives its residents of the myriad benefits that public libraries offer.

Kashmir, known for its rich cultural heritage and intellectual traditions, deserves to have robust public

libraries that cater to the diverse educational needs of its populace. These libraries would serve as intellectual hubs, facilitating the exchange of ideas, promoting literacy, and nurturing a love for learning among individuals of all ages. They would provide a sanctuary for students, researchers, and the general public to access a wide range of books, periodicals, and digital resources.

A well-established network of public libraries in Kashmir would address several critical issues facing the region. Firstly, it would bridge

the educational divide by providing access to resources for students who may not have access to a personal collection or digital devices. This would help level the playing field and enhance educational opportunities for all, promoting a more inclusive society.

Secondly, public libraries would foster a culture of reading and lifelong learning. They would encourage intellectual curiosity, critical thinking, and imagination among the residents of Kashmir. Reading is not only a means of personal growth but also

an essential tool for societal progress. Libraries would enable individuals to explore diverse perspectives, promote cultural understanding, and contribute to the overall intellectual development of the region.

Furthermore, public libraries would become vibrant community spaces, hosting various educational and cultural events. They could serve as venues for author talks, book clubs, workshops, and exhibitions, bringing people together.

Basit Hussain

BILINGUAL SCHOOLS Theme, Prospect And Challenges

Dr Rajkumar Singh

A bilingual school is an educational institution that offers instruction in two languages. The primary goal of a bilingual school is to provide students with proficiency in both languages, allowing them to become fluent speakers, readers, and writers in both languages. The two languages taught in a bilingual school could be any combination, depending on the region and the school's focus. For example, a common combination is English and another language. The teaching approach can vary, and there are different types of bilingual education programme. In this model, students from different language backgrounds are integrated into the same classroom. The instruction is delivered in both languages, with the goal of achieving bilingualism and biliteracy for all students. In general, it is also known as "dual immersion," as it brings together native speakers of two languages, such as English and Spanish, and aims to develop their proficiency in both languages. As a practice, this model is designed for students who primarily speak one language at home but attend school in a different language. The goal is to strengthen their proficiency in the school language while maintaining their native language. These programs cater to students who are already proficient in their native language. The focus is on maintaining and enhancing their skills while learning a second language. The benefits of attending a bilingual school can be significant. Besides language proficiency, research suggests that bilingual education can enhance cognitive skills, such as problem-solving and critical thinking, as well as increase cultural awareness and sensitivity. In addition, bilingual schools can foster a more inclusive environment by promoting cross-cultural understanding and appreciation.

Development of the concept

The concept of bilingual education gained more formal attention in the 20th century as migration, globalization, and international relations increased. People from different language backgrounds began to interact and live together in various countries, creating a demand for educational approaches that could address the linguistic needs of diverse communities. The early initiatives of bilingual education aimed to



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assimilate immigrant populations into the dominant language and culture of their new countries. However, as educators and researchers delved into language acquisition and cognitive development, they recognized the cognitive advantages of being bilingual and the importance of preserving one's cultural identity and native language. In the mid-20th century, various bilingual education models emerged, and educators started advocating for bilingual programs that would foster proficiency in both the students' native language and the dominant language of the society. The idea was that bilingual individuals could be better equipped to participate in a globalized world, both culturally and economically. Over time, the concept of bilingual education has evolved, with a greater focus on promoting cultural diversity and providing students with the tools to become effective communicators in multiple languages. Bilingual schools have become centers of excellence in language learning, cultural exchange, and international understanding. As we move further into the 21st century, the concept of bilingual education remains relevant and vital in an increasingly interconnected and diverse world.

Benefits of the system

The concept of bilingual education and bilingual schools offers a wide range of benefits, not only for individual students but also for society as a whole. The most obvious advantage is that students in bilingual schools develop fluency in two languages. This ability to communicate effectively in multiple languages opens up a world of opportunities for personal, academic, and professional growth.

Bilingual education has been linked to cognitive advantages, including improved executive functions, such as problem-solving, multitasking, and decision-making. Bilingual individuals often exhibit better metalinguistic awareness, which means they can analyze and understand language structures more effectively.

It fosters cross-cultural understanding and appreciation. Students in bilingual schools are exposed to different cultures, traditions, and perspectives, promoting empathy and global citizenship.

Research suggests that bilingual students may perform better academically in certain subjects, such as math and reading, due to the cognitive benefits and increased mental flex-

ibility associated with bilingualism.

Bilingual individuals tend to be more adaptable and open-minded, as they are accustomed to navigating different linguistic and cultural environments. This adaptability can be a valuable asset in a rapidly changing world.

In many job markets, bilingualism is highly valued and sought after. Being fluent in multiple languages can lead to more employment opportunities and career advancement, especially in international business, diplomacy, and other global professions.

They often have a deeper understanding of language structures and nuances, making them effective communicators in both their languages. This skill can lead to better interpersonal relationships and effective communication in professional settings. An education which is bilingual contributes to building a more inclusive and diverse society. It breaks down language barriers and encourages mutual understanding, tolerance, and respect among different communities.

Prospects of bilinguage system

Some of the key challenges of the bilingual concept include:

a. Limited Resources: Implementing a bilingual education program requires substantial resources, including qualified bilingual teachers, instructional materials in multiple languages, and adequate language learning facilities. Not all schools or educational systems may have the necessary resources to support bilingual education fully.

b. Teacher Shortages: Finding and retaining qualified bilingual teachers can be challenging. Bilingual educators need to be proficient in both languages of instruction and possess effective teaching skills in both languages. A shortage of such teachers can hinder the expansion of bilingual programs.

c. Balancing Languages: Ensuring a balanced level of proficiency in both languages can be difficult. In some cases, one language may dominate over the other, leading to imbalances in students' language skills.

d. Language Attitudes and Perception: Societal attitudes towards bilingualism can vary. Some people may view bilingual education as unnecessary or less valuable than monolingual education, leading to misconceptions and resistance to bilingual programs.

e. Time Constraints: Incorporating two languages into the curriculum can lead to time constraints, potentially affecting the depth of instruction in other subjects. Schools must strike a balance between language learning and other essential academic areas. f. Social Stigma: In some cases, bilingual students may face social stigma or discrimination due to their language background. This can impact their self-esteem and hinder their willingness to participate actively in bilingual programs. Addressing these challenges requires careful planning, collaboration among stakeholders, ongoing research, and a commitment to promoting bilingual education as a valuable and effective approach to learning.

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Emine Saner

Time moves differently in the middle of the night. Hours can drag one moment, then race by the next, catapulting you between chronic boredom and violent panic that morning is clawing at the curtains. Yet, though it may not feel like it in the moment, it is entirely normal to wake up. "The natural human sleep pattern is not a consolidated eight hours," says Russell Foster, professor of circadian neuroscience at Oxford University, and author of *Life Time: The new science of the body clock, and how it can revolutionise your sleep and health*. Still, it's not pleasant to lie awake in the early hours worrying about everything from climate catastrophe to whether that was an inappropriate joke to put on that group chat, or whether you'll ever sleep again – especially if it happens regularly. Here is some expert advice on how to stay calm plus what to do so that – hopefully – sleep will follow.

Crack a smile

It's easy to catastrophise in the middle of the night, says Alanna Hare, consultant in sleep medicine at the Royal Brompton and Harefield hospitals. "I'm going to perform really badly at work tomorrow, then I'll lose my job, then my partner will leave me" – it can escalate quite quickly. Try to move away from this idea that being awake in the night is a dreadful thing that's going to lead to terrible consequences. "Camilla Stoddart, a sleep coach, advises smiling, which may stop or slow the spiralling. "Smiling releases serotonin and dopamine, and triggers the parasympathetic nervous system, which is the opposite of the system that controls your fight and flight response. If you can disengage from the struggle, you're more likely to get back to sleep."

Tackle stress

When we can't get back to sleep, it's usually because our minds are busy or we're worried about something (though to rule out a sleep problem such as restless legs or sleep apnoea, it's best to see your GP). "Most of us don't have a sleep problem, we have an anxiety and stress problem," says Foster. In our waking life, Foster advises "finding techniques that work for you, whether it's mindfulness, yoga, whatever. It's important to de-stress." Talking to a therapist and tackling unresolved problems might be helpful; some simple meditation or gratitude practice might be enough, says Nerina Ramlakhan, physiologist and author of *Fast Asleep, Wide Awake*. "Don't push problems away, don't deny that you're not feeling great about your relationship or your job or whatever it is that's bothering you. Those emotions, if they're not expressed, have a tendency to pop up in sleep, either in nightmares, or in difficulty getting to sleep or staying asleep."

Consider your life stage

We tend to wake up more as we age, says Foster, "because the robustness of the circadian drive for sleep reduces – we're probably

Don't Check The Clock! 15 Ways To Get Back To Sleep When You Wake At 3am

not going to get the sleep that we got when we were younger". Hormones underpinning urine production also change as we age, which is one reason why older people often need to get up to go to the loo at night. Menopause affects women's sleep in several ways, including body temperature – if you sleep with a partner, consider getting separate duvets to help with this – and changing hormone levels. "Oestrogen can promote sleep, and so can progesterone, by making you more relaxed and less anxious," says Foster. "Those changing hormones can disrupt those patterns, and it's the same with the menstrual cycle."

Adopt healthy habits

The way we sleep is a reflection of the way we live, says Ramlakhan, "so if you want to sleep better, you have to live better". You know what you need to do: exercise, nutrition, stress reduction. Ramlakhan has her list of "five non-negotiables, which can help you sleep more deeply. Eating breakfast within half an hour of rising [to stabilise your blood sugar levels], not using caffeine as a substitute for food, making sure you're well hydrated, getting to bed earlier – about 9.30-10pm – and cultivating a healthier relationship with technology." She isn't a particular fan of the label "sleep hygiene" because it can feel like a chore to run through a bedtime routine which might include putting devices away, dimming the lights and having a warm bath. "Those things might help," says Ramlakhan, "but actually, it's the way we live from the moment we wake up until the time we're getting into bed that is going to have an impact on how you sleep."

Do some journaling before bed

Getting worries or busy thoughts out of your head, even the next day's to-do list, before bed might help, says Stoddart. If the worries are bigger – such as the threat of nuclear war – "you just acknowledge that you can't really do anything about that, especially not in the middle of the night". Hare recommends "constructive worry" – you can find examples online to print and follow. "It is a way of organising your thoughts by writing them down in a particular fashion, so that when you wake in the night, you're less likely to start list-making or worrying."

Avoid medication

Foster says sleeping pills can help you sleep, "but they can make it more difficult to wake

up and leave you feeling groggy in the morning, and may also increase daytime sleepiness later". Newer, shorter-acting sleeping pills may work for night waking, "but it's advisable to make sure you have at least four hours before you need to get up". Taking melatonin – the tablet form of the hormone that increases at night to make you feel sleepy – will not prevent you from waking, says Foster, but similarly to shorter-acting sedatives, it could help to take it in the night when you wake up. Like sleeping pills, it should be prescribed by your GP, he stresses. Overall, medication should not be used long-term and is "not the answer to waking at night. In almost all cases, non-pharmacological approaches will work."

Don't 'try' to get back to sleep

"The main mistake people make when they're struggling to get back to sleep is they lie in bed, often very still because they're trying not to wake up their partner – but sleep doesn't respond well to effort," says Hare.

Don't check the clock

When patients tell her they wake at 2.05am every morning, "therein lies the problem," says Ramlakhan. Looking at the time "is one of the biggest disruptors to being able to get back to sleep". It creates anxiety, and worse, says Ramlakhan, you'll probably check the time on your phone and get sucked into doing other things on it. "Use an old-fashioned alarm clock and turn it away from you," she says. "It's not important to know the time. Learn to let go."

Hare adds that once people start noticing they wake at a similar time each night, perhaps as a result of natural sleep patterns, they "start to develop rules: 'if I'm awake at this point, I won't go back to sleep; once I've woken at 3am, that's it for the night'. They're arbitrary and not true, but they become self-fulfilling prophecies. So try not to look at the clock."

Don't look at your phone

We all know we shouldn't be on our phones in the night but the lure is so great that Hare reports people even do it in her sleep laboratories. Some researchers think the detrimental effect of blue light on sleep from devices has been exaggerated, but with your phone in your hand it's too easy to check work emails or get sucked into social media.

... except to quickly put a mindfulness app on

"As long as you're popping the app or podcast on, and not looking at the screen after that," says Hare. "What you don't want is having bright light in your face for 10 minutes while you scroll through, trying to find something."

Mindfulness apps can be useful, says Ramlakhan, who has also recorded some of her own meditations including body scans (you can also find free examples on YouTube). "One is a body scan where you start with one foot and you say the words 'I love my left big toe' and you work your way up your body." If you find yourself worrying about something else, or becoming distracted, start again. Another way of quieting a busy mind, says Hare, is using counting techniques. "I often use a very simple one, which is trying to count back from 1,000 in sevens, and if you get stuck, you have to go back to the beginning again."

... or listen to a story

Foster finds the short plays on BBC Radio 4 Extra relaxing. Stoddart loves audiobooks and podcasts, rather than sitting up to read with the light on, "because there's no decision to be made as to when you turn it off". Something intentionally boring may not work for you. "A lot of my clients will listen to the same book over and over, or listen to boring stories designed to send you to sleep, and they don't really work because you're not engaged, so you can continue worrying." By finding something interesting, she has found, you're less likely to focus on negative thoughts and won't feel like you're actively trying to get to sleep, "and sleep is more likely to come".

Slow your breathing

"Don't concentrate on trying to sleep, but concentrate on reducing hyper-arousal," says Stoddart. "I get people to do slow breathing, or some sort of yoga or relaxation before they go to bed, but only with the expectation that it will calm the system down, rather than guarantee sleep." In the middle of the night, when you start to get anxious, it can take time for stress hormones such as cortisol to pass. "And usually in that time, you've found more reasons to keep it going, so slow breathing can speed up that timeframe and keep you calmer. But it is difficult, which is why I suggest reading a book or watching TV – something that makes it easier to be distracted, calmer and

will reinforce the message that 'it's not so bad to be awake in the middle of the night', so that you don't fuel the fire with more anxiety."

Get up for a while

It feels counterproductive, says Hare, because it's easy to tell ourselves that if we just lie still for a bit longer, we'll go to sleep. "If it does feel like you're about to fall back to sleep, or you're relaxed, and not worried or anxious, it's OK to stay where you are. But if you're starting to think 'this is terrible', or that you're actively trying to sleep, the best thing to do is to get up." By staying in bed, awake, "you start to develop a conditioned response – that 'bed' is about anxiety, frustration and being awake, when what we want is for 'bed' to be associated with sleep and relaxation". Get up for half an hour or so (don't look at the clock, or time it) and do something enjoyable but relaxing – no eating "because your body is not designed to be digesting in the middle of the night", and no strenuous exercise or work. "The idea is to break that cycle of negative thinking. Read, watch a bit of TV, as long as you're not going to get absorbed in some terrifying film, do a hobby, anything you like, as long as you're not on your device." She sometimes has to advise people not to watch pornography, because some can get too engrossed in it (but masturbation can be useful as a relaxation aid).

Go back to bed, and if the same thing happens, get up again. "Trust that your sleep biology is very powerful. If you keep taking the wakefulness away from the bed, eventually you will be able to fall back asleep. It might not be within a timeframe that you're happy with, but the awakenings will get shorter and less frequent."

Try to stay awake

It's what's known as "paradoxical intention" says Hare. Lie down and keep your eyes open. "Sometimes trying to stay awake can bring about sleep – it's very hard to keep your eyes open, even when you feel you're wide awake." It's not something Hare recommends as a first strategy, but she has recommended it to people who claim they endure being awake for several hours in bed. "It's unlikely they're fully awake. Why don't you try to stay awake for that whole period and see what happens with your eyes open? The whole point is that instead of trying to sleep, it's just adjusting that attention."

Don't give up and get up

With less than an hour before your alarm goes off, you might think you may as well get up, but Foster advises against this. If you can stay relaxed, "lie back and wait for the alarm clock to go off. Chances are, you will fall back to sleep and just that 15 or 20 minutes can be helpful in getting the sleep that you need. Even short sleep can be somewhat beneficial."

The article was originally published by The Guardian

'I've Never Been More Organized' - The 'Move-Out' Decluttering Method Explained

Lilith Hudson | Livingetc

Decluttering is a full-blown mission, and it's not the kind you can dive into without a plan of action. Blindly jumping into a disorganized closet or a cupboard full of hoarded stuff with hopes of throwing items away is only likely to overwhelm you to the point of abandon. That's why experts want you to know about the 'Move-Out' method.

This decluttering technique, first developed by organization expert Katie Holdefehr, could be the key to saving tonnes of time while effectively cutting the junk for good. As the name suggests, it encourages you to pack everything away in the space you plan to declutter as though you were moving out. Not only does it give you a fresh slate to work with, but it helps visualize everything you're dealing with when it comes to decluttering. (I can almost sense your guilty conscience from here...)

To help you understand how to put the method into practice when decluttering a room, we spoke with Katie alongside some other decluttering experts to learn more. Here's what they said.

WHAT IS THE MOVE-OUT DECLUTTERING METHOD AND HOW DOES IT WORK?

Put simply, the 'Move-Out' method involves removing everything from the cupboard, closet, or room you plan to sort out in order to make your decluttering efforts more productive.

The decluttering tip was originally developed by Katie Holdefehr, Associate Editorial Director at Real Simple and author of Embrace Your Space, after realizing the success she'd had with it in her own home. 'Having moved three

times in the past seven years, I have come to realize that I am never more organized, more minimalist, or more deliberate in my decluttering than when I have to prepare for a big move,' she says. 'I believe that moving makes us all more ruthless declutterers.'

'It's all too easy to keep belongings you no longer need if they're just sitting around collecting dust—but if you have to do the hard work of packing, transporting, and unloading those items, then they better be worth their weight!'

HOW DO YOU USE THE 'MOVE-OUT' METHOD?

To apply the method, Katie suggests treating it like a real move by setting a move out date and buying boxes if you need to. It's best to start with a smaller contained space first, such as a closet, pantry, or desk drawer. Start by removing all the items inside and once empty, wipe down and vacuum the space. 'You're starting fresh with a clean slate, just as you would in a new house or apartment,' she says.

Next, sort through each item one by one, deciding whether or not it makes the cut for your hypothetical move. 'Ask: "Would I take this with me if I was moving to a new place?"', says Katie. 'If the answer is "no," donate it, recycle it, or toss it. If your goal is not only to tidy up but also to winnow your belongings, up the ante by pretending that the new house you're moving into is smaller than your current space.'

Professional organizer Melissa Gugin also thinks it's a great way to reassess your storage. 'I appreciate the chance to "think outside of the box" and question if even the layout of that space is the most efficient,' she explains. 'You can even go further on this method and use the time to up-



date, renovate, organize, and style the new space,' adds Di Ter Avest, owner of Di is Organized.

WHERE SHOULD YOU PUT ALL THE STUFF YOU'VE 'MOVED OUT' WHILE ORGANIZING?

So that you don't end up drowning in a pile of your own junk, you'll need to make sure you move everything out of the way so you have space to organize efficiently. That means taking it all into a different room if you have to.

'Move everything that you are clearing from the space to wherever you have room to sort through it,' says Melissa. 'I encourage folks to be realistic about their time and energy when it comes to this method.' By this, she means starting small. 'There is nothing worse than running

out of time halfway through and leaving your home a bigger mess than when you started!'

Once you have a designated spot for decluttering (a bed, countertop, or garage will do) you then need to approach with a system. 'When emptying a space or purging your home for the "move," you should categorize your items into three main piles: keep (pack), donate, or trash,' says Di. You might want to use boxes for this, instead of just piling it all up. 'Once those categories are out of the way, divide the remaining items into piles of likes, and define a home for them,' Di adds.

Katie's keen to note that this can be an exhausting task that takes a considerable amount of time. 'I recently used the Move-Out Method to

organize a closet, and the process took nearly two days,' she says. 'I tried on every single piece of clothing, deciding which jeans to donate and which to keep, which dresses to dry-clean and which to give away. Was it a ton of work? Yes. Is my closet more organized than it's ever been? Also yes!'

IN WHAT TYPE OF DECLUTTERING SITUATIONS IS THE 'MOVE-OUT' METHOD MOST USEFUL?

There are plenty of instances when the Move-Out method is handy, but it's best reserved when you have the energy and drive for a dedicated decluttering overhaul.

In terms of where to start decluttering, Katie thinks it works best in oft-overlooked storage areas that you may have neglected for a while. 'Living in a small (550-square-foot!) apartment, I use the space under my bed to stash off-season clothing, luggage, and a jumble of blue IKEA bags,' she explains. 'When a friend and her family came to stay at my place last week, it called for some thorough under-bed organization. I removed everything, dusted and vacuumed, and got rid of anything I wouldn't take with me if I was moving.'

If you've recently moved into a house, or a looking for a quicker 30 minute filler task, the Move-Out method probably isn't for you. Instead, use it in big situations that call for a clearout. 'I find this is a great way to go before a big transition, like living with a new roommate or partner, or before having a baby,' Melissa notes. 'It gives you a chance to re-evaluate how your things are serving you. Think critically, get the donations out of the house, and enjoy the fresh energy that comes with this method.'

Government of Jammu & Kashmir
Office Of The Divisional Forest Officer Social Forestry Division Kupwara

e- NIT NO: -06 of 2023-24 DATED:- 08 -08-2023

For and on behalf of the Hon'ble President of India, e-tenders (Two cover system) are invited from registered, reputed and resourceful Contractors/Firms registered with Jammu & Kashmir Govt./Central Govt. Organizations for the following works:-
Name of Work:- Rehabilitation of Degraded Forests by carrying out afforestation by means of Planting of Conifer plants, Broadleaved plants, Fruit plants etc and all other associated operations as per site conditions involving extraction/carrriage/lifting of plants from Departmental Nurseries.

Particulars of Work	Adv. cost (Rs. in Lakh)	Bid Security (Rs.)	Class of contractor	Cost of Tender Document	Time of completion
1. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carrriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and head load carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 500-No.'s, (ii) Broad leaved /Fruit Plants=1800-No.'s (iii) Fodder Patches=4000-No.'s (Including cost of Seed) (iv) Dribbling of HC Nut= 1000-No.'s (Including cost of Seed) Note: Plant material shall be supplied departmentally. Area to be treated:- 4.10 -Hac. Location:-58/NH, Aalasmaidan Phase III, Range Kupwara	0.918	2754	"DEE" Class PWD Contractor/ Forest Contractor/JKFDC Contractor	100/=	15 Days Only
2. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carrriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and headload carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 200-No.'s, (ii) Broad leaved /Fruit Plants=1600-No.'s (iii) Dribbling of HC Nut= 2350-No.'s (Including cost of Seed) (iv) Seed Balls= 500-No.'s (Including cost of Seed) (Note: Plant material shall be supplied departmentally. Area to be treated: 4.00 -Hac. Location:-49/NH, Warsaw, Range Kupwara	0.900	2700	"DEE" Class PWD Contractor/ Forest Contractor/JKFDC Contractor	100/=	15 Days Only
3. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carrriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and head load carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 2000-No.'s, (ii) Broad leaved /Fruit Plants=4000-No.'s (iii) Dribbling of HC Nut=4500-No.'s (Including cost of Seed) (iv) DRSM=35.00-Cum (Including cost of Earthen Bags or Stones) Note: Plant material shall be supplied departmentally. Area to be treated: 5.80 -Hac. Location:-46/SL, Rangwar, Range Kupwara	2.22	6660	"DEE" Class PWD Contractor/ Forest Contractor/JKFDC Contractor	200/=	15 Days Only
4. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carrriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and head load carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 3000-No.'s, (ii) Broad leaved /Fruit Plants = 4000-No.'s (iii) Fodder Patches=8000-No.'s (Including cost of Seed) (iv) Seed Balls= 500-No.'s (Including cost of Seed) (v) Inspection Path (1-Mtr Wide) = 0.50-KM Note: Plant material shall be supplied departmentally. Area to be treated: 5.80 -Hac. Location:-01/Rajwar Machipora, Range Handwara	2.562	7686	"DEE" Class PWD Contractor/ Forest Contractor/JKFDC Contractor	200/=	15 Days Only
5. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carrriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and head load carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 7000-No.'s, (ii) Broad leaved /Fruit Plants = 4000-No.'s (iii) Fodder Patches=10000-No.'s (Including cost of Seed) (iv) Seed Balls= 500-No.'s (Including cost of Seed) (v) Inspection Path (1-Mtr Wide) = 0.75-KM Note: Plant material shall be supplied departmentally. Area to be treated:12.60 -Hac. Location:-10-11/Rajwar Chapran Yamlar, Range Handwara	3.966	11898	"DEE" Class PWD Contractor/ Forest Contractor/JKFDC Contractor	300/=	15 Days Only
6. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carrriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and head load carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 6500-No.'s, (ii) Broad leaved /Fruit Plants = 4500-No.'s (iii) Fodder Patches=10000-No.'s (Including cost of Seed) (iv) Seed Balls= 500-No.'s (Including cost of Seed) (v) Inspection Path (1-Mtr Wide) = 1.00-KM Note: Plant material shall be supplied departmentally. Area to be treated: 10.02 -Hac. Location:-53/Rajwar Panzla, Range Handwara	4.031	12093	"DEE" Class PWD Contractor/ Forest Contractor/JKFDC Contractor	300/=	15 Days Only

The e-NIT Consisting of qualifying information, eligibility criteria, scope of work, Bills of Quantities, (B.O.Q), Terms & Conditions of contract and other details can be seen/downloaded from the departmental website:- www.jktenders.gov.in

Position of Funds: Released
Position of AA: Give order No. DIR/DSF/C&E /23-36 Dated:-06-04-2023
Position of TS: Give Order No. DIR/DSF/C&E/CAMPA/127-29 Dated:-25-04-2023

Date of issue of tender:-	07-08-2023 2:00 PM
Publishing Date:-	09-08-2023 from 04:00 PM
Download Start Date:-	09-08-2023 from 04:00 PM
Bid submission Start Date:-	09-08-2023 from 04:00 PM
Bid submission End Date:-	16-08-2023 Up to 03:00 PM
Date of Opening of Technical Bid through online:-	17-08-2023 at 11:00 AM in the Office of the Divisional Forest Officer, Social Forestry Division, Kupwara
Date of Opening of Financial Bid through online:-	17-08-2023 at 12:00 PM in the Office of the Divisional Forest Officer, Social Forestry Division, Kupwara

TERMS & CONDITIONS

- The bids shall be deposited in electronic form on the departmental website: <https://jktenders.gov.in>. Bidders are advised to download bid submission manual from the "Downloads" option as well as from "Bidders Manual Kit" on website www.jktenders.gov.in. To participate in bidding process, bidders have to get Digital Signature Certificate (DSC) as per Information Technology Act. Bidders can get Digital Certificate form approved vendor.
- Bids uploaded must accompany Govt. Treasury Receipt (cost of tender document) in the shape of Treasury Challan for the amount shown against the work above to be deposited in Govt. Treasury under Account Head 0406- Forest and Bid Security in the shape of CDR addressed to Divisional Forest Officer. The bids for the work shall remain valid for a period of 90 days from the date of opening of bids.
- The bidders have to submit their Technical & Financial bids online in electronic format with digital signature. No Technical or financial bid will be accepted in physical/hard form. Bids will be opened online as per time schedule mentioned above.
- Bidders must ensure to upload scanned copies of all necessary documents i.e CDR, Valid Registration Card issued by PWD/CPWD/Forest Dept. duly renewed for the current year 2023-24, PAN, Valid GST Registration, Govt. Treasury receipt (Cost of Tender Document).
- The successful bidder has to produce Valid Labour Registration Certificate issued by Labour Department after issuance of award of contract.
- The Successful bidder must has to produce an affidavit/undertaking from Judicial Magistrate (Court) that the allotted work will be completed within time prescribed in the e-NIT, if fails action under rules will be taken against the defaulter.
- The Department will not be responsible for any delay in online submission of the bid due to any reason (technical or otherwise).
- The Department shall not be held responsible for selection criteria/policy matter being adopted by the Directorate of Information regarding publishing the NIT, in any of the newspaper under circulation.
- The Tender Accepting Authority reserves the right to reject any or all the tenders without assigning any reason thereof.
- All other terms and conditions shall remain same as per PWD form 25 (double leaf) and as per the Detailed Tender document.
- The planting work is of seasonal nature, hence the work will be started from 15th Oct-2023.

No. - Actt./SF/K/369-72
DIPK-6749/23 Dated:- 09-08-2023.

Sd/=
Divisional Forest Officer,
Social Forestry Division, Kupwara

Government of Jammu and Kashmir
Office Of The Executive Officer
Municipal Council Shopian.

Subject: Auction of Coffee Shop Near Zero Point (Mughal Road) at Municipal Council Shopian for a period of Five Years (w.e.f 01/09/2023 to 31/08/2028).

AUCTION NOTICE.

E - NIT No: MC/SPN/2023/1432-38
Dated:31/07/2023.

For and on behalf of the Lt. Governor of J&K UT, term e-tenders (in single cover system) are invited from the interested persons / parties for Auction of Coffee Shop (Near Zero Point (Mughal Road) of Municipal Council Shopian, for a period of Five (05) Years w.e.f. 01/09/2023 to 31/08/2028. The Minimum reserved bid is fixed for Rs. 8,50,000.00 (Rupees Eight Lacs Fifty Thousand Only) The bidding documents consisting of qualifying information, eligibility criteria, bill of quantities (BOQ) set of terms and conditions of contract and other details can be seen / downloaded from the departmental website www.jktenders.gov.in, as per the schedule of dates given below:

1	Date of issue of Tender Notice	05/08/2023
2	Period of downloading of bidding documents	From 05/08/2023 to 16/08/2023
3	Bid submission Start Date	06.08.2022 from 10.00 AM
4	Bid submission End Date	16.08.2023 upto 4.00 PM
5	Date & Time of opening of Bids (Online)	17.08.2022 at 02.00 PM in the office of the Executive Officer, Municipal Council Shopian.
6	Submission of CDR.	The bidder shall be bound to accompany his bids offers with Call Deposit Receipt (CDR) of Rs. 42500/- (Rupees Forty two Thousand & Five Hundred only) @ 5% of the Minimum Reserve Bid drawn from any Nationalized bank, pledged to the Accounts Officer, Municipal Council Shopian. (without which offers shall be liable for rejection)
7	Mode of Payment	60% of Highest amount quoted by successful bidder (H1) to be deposited before taking possession. 20% of HI amount to be deposited by 31 August 2024 20% of HI amount to be deposited by 31 August 2025 *the amount of CDR shall not be calculated as payment ,same shall be released after completion of contract.

- Bids must be accompanied with the cost of tender document in shape of Bank Challan / Receipt (Credited to A/c No. 0018040100000611 JRY maintained with Jammu & Kashmir Bank Ltd. Branch: Shopian Main Branch in favour of Executive Officer, Municipal Council Shopian amounting to Rs. 2000/- (Two Thousand Only) and Bid security declaration as per format Annexure - 1, below on stamp paper duly attested by Notary in favour of Executive Officer, Municipal Council Shopian, failing which tender will be rejected.
- The date and time of opening of bids shall be notified on website www.jktenders.gov.in. The bids of the responsive bidders shall be opened online on the same website in the office of the Executive Officer, Municipal Council Shopian.
- The successful bidder has to deposit amount quoted by due dates only dates without which MC Shopian reserves the right to take any decision hence forth.
- BID SECURITY.
- Bid Security Declaration: The bid security declaration shall be submitted as per the Format Annexure - 2 (format for the bid security declaration).
- Any bid not accompanied by the Call Deposit Receipt (CDR) and Bid security declaration shall be summarily rejected by the Authority as non responsive.
- That, the successful bidder has to execute an agreement duly registered in the Hon'ble court of law with the Executive Officer, Municipal Council Shopian before issuance of allotment and taking over the possession of the Coffee Shop.
- The successful Bidder shall be bound to levy Charges of refreshment/ services as per approved schedule of the Government (issued from time to time). In case of any violation to the approved schedule, legal action against the contractor / allottee will be initiated.
- That, the successful bidder shall have to install all the required machines/ items at his own cost. However one coffee machine shall be provided by MC Shopian after occupation by successful bidder.
- The Highest Bid offered shall be exclusive of all applicable taxes (Income Tax etc) as such the successful bidder shall be bound to bear all kinds of taxes like Income Tax/ Sales Tax, which shall be payable by the bidder in addition to bid amount;
- After expiry of the contract i.e on 31/08/2028, the successful bidder shall have to remove all the personal material from Coffee Shop except the accessories/machines provided by MC Shopian and to hand over the said coffee Shop in good condition without any damage/ loss, if any loss/ damage of the said asset occurred during the contract period, same shall be qualitatively/quantitatively rectified by contractor and then handed over to MC Shopian.
- The premises should not cause any type of pollution and absolute sanitation must be maintained in and around the place.
- In case of any dispute arising between the parties with respect to any of the conditions as laid down herein above or any ambiguity will be referred to arbitrator and the decision of the arbitrator, Director Urban Local Bodies Kashmir shall be final and binding upon the parties.
- The said premises shall not be used for any anti-national/anti social activities/elements or nay narcotic activities. Any such act shall be dealt strictly as per law/enforcement.
- Maintenance and repairment within existing premises (as and only when approved by competent Authority/MC Shopian) shall be sole domain of successful bidder. The cost of any damage/ fire incident /repairment shall be borne by successful bidder only.
- CID /Police verification Clearance of deputed staff after possession is mandatory.
- The premises should not cause any type of pollution and absolute sanitation must be maintained in and around the place.
- The MC Shopian shall have the right to change/alter/enforce any terms and conditions and successful bidder is bound to accept those terms and conditions ab-initio.
- The Premises must be used for Coffee shop purpose only and under no circumstances shall be used/ converted for /into some other establishment (commercial or residential). Mere conversion of the asset shall render cancellation of the contract.
- The due date of payment shall not be changed in any circumstances. If the successful contractor turns out to be defaulter anytime during 05 years. The contract will be terminated ab- initio and in no case the amount deposited shall be refunded. Further the defaulter shall be bound to pay the rest of the amount to MC Shopian, if failed criminal proceedings shall be initiated against the defaulter and recovery under LRA shall be initiated without any notice to defaulter.
- In no case the contract shall be extended past 31-08-2028.
- The successful bidder (Contractor) shall in no case sublet the asset (Coffee shop) to any other person/agency. If proved/found sublet the contract shall cease to exist ab-initio without any notice.
- The Contract shall be bound by Municipal Act 2000/other relevant laws/rules in vogue and Residential and Commercial tenancy act 2012 with subsequent amendments thereof.

Instructions to the Bidders regarding E- Tendering process:

- Bidders are advised to download bid submission manual from the "Downloads" option as well as from "Bidders Manual Kit" on website www.jktenders.gov.in into account bid submission process.
- To participate in bidding process, bidders have to get "Digital Signature Certificate (DSC)" as per Information Technology Act-2000. Bidders can get digital certificate from any approved vendor.
- The bidders have to submit their bids online in electronic format with digital Signature. No financial bid will be accepted in physical form.
- Bids will be opened online as per time schedule.
- Bidders must ensure to upload scanned copy of all necessary documents with the bid.
- Note:- Scan all the documents on 100 dpi with black and white option.
- The department will not be responsible for delay in online submission due to any reasons.
- Scanned copy of cost of tender document in shape of Bank Receipt/challan in favour of Executive Officer, Municipal Council Shopian and bid securing declaration must be uploaded with the bid.
- The Bidder must have to upload (soft copies) of the following documents (Photostat/Original should be clearly seen in all respect with Ink Signed and Seal):-
- Valid original Bank Challan/Receipt
- Call Deposit Receipt (CDR)
- BID Securing Declaration on stamp paper duly attested by Notary.
- Valid GSTIN/ PAN Card No.
- The Bidder should upload the Tender Document form attached below (Not Mandatory).
- Bidder must ensure to upload scanned copies of all necessary documents including
- BID Securing Declaration and tender documents fee in terms of soft copies with technical bid. No document (s) which has /have not been uploaded shall not be entered in the form of hard copy. However, in case of any clarification the bidders shall have to produce original documents in support of soft copies if need arises.
- The Highest Bidder will have to submit hard copies of all documents uploaded on e-tendering portal before issuance of Allotment.

No: MC/SPN/2022-23/1432-38
DIPK-NB-2485/23 Dated: 09/08/2023

Sd/-
Executive Officer,
Municipal Council Shopian.



Comm Secy I&C Emphasizes For Revival Of J&K Handloom & Handicrafts Corporation

Observer News Service

SRINAGAR: Commissioner Secretary Industries and Commerce, Vikramjit Singh Wednesday called for revitalizing the J&K Handloom & Handicrafts Corporation while underscoring the need for adaptation in the face of changing times.

He made this statement during a ceremonial launch of the "Meri Maati Mera Desh" campaign at Solina by J&K Handloom & Handicrafts Corporation.

Addressing the gathering, Commissioner Secretary Vikramjit Singh expressed his elation at commemorating the Azadi Ka Amrit Mahotsav with the launch of the "Meri Maati Mera Desh" campaign. He remarked that the J&K Handloom & Handicrafts Corporation holds immense potential for revival, contingent upon its alignment with the dynamic currents of change. He advocated for a paradigm shift that would propel the corporation towards profitability, emphasizing the crucial role of adaptation in the process.

"With the evolving times, every entity must evolve to be

self-sustaining," asserted Commissioner Secretary, urging both the corporation's employees and its Managing Director to unite their efforts in the pursuit of rejuvenating the institution.

Commissioner Secretary took part in a tree planting initiative within the premises of the Poshish Showroom. Earlier, he also unfurled National Flag on the occasion while announcing the start of Meri Maati Mera Desh Campaign.

During his visit, he also inspected the Poshish showroom, engaging with its staff, and explored the product development section of the Wool and Woollen Design Development Centre.

Further highlighting the commitment towards revival, Commissioner Secretary Vikramjit Singh explored the Wool & Woollen Design Development Centre Phase-II.

Director Industries & Commerce, Managing Director of J&K Handloom & Handicrafts Development Corporation, other concerned and other key stakeholders were also present on the occasion.

Cabinet Clears Changes To GST Laws To Levy 28% GST On Online Gaming, Casinos, Horse Race Clubs



Press Trust Of India

NEW DELHI: The Union Cabinet on Wednesday approved changes to GST laws to levy a 28 per cent tax on the full face value of bets in online gaming, casinos and horse race clubs, sources said.

The amendments to the Central GST (CGST) and Integrated GST (IGST) acts, which were approved by the GST Council last week, are likely to be introduced in the ongoing monsoon session of Parliament, which will end on August 11.

The GST Council in its 51st meeting on August 2 recommended amendments to the Schedule III of the CGST Act, 2017, to provide clarity on the taxation of supplies in casinos, horse racing and online gaming.

The Council also recommended inserting a provision in the IGST Act, 2017, to impose GST liability on online gaming provided by offshore entities. Such entities would be required to get GST

registration in India.

The amendments will also provide for blocking access to online gaming platforms located overseas in case of failure to comply with registration and tax payment provisions.

The amended provisions in the GST laws -- which would specifically define online gaming, online money gaming, virtual digital assets used to pay for online games and suppliers in case of online gaming -- will be effective from October 1.

Sources said the Union Cabinet in its meeting on Wednesday has cleared the amendments to CGST and IGST laws.

The Council, the highest decision-making body of the new indirect tax regime that comprises the Union

finance minister and representatives of all states, on August 2 decided that 28 per cent Goods and Services Tax (GST) will be levied at the face value of entry-level

bets placed in gaming platforms and casinos.

Finance Minister Nirmala Sitharaman, after the Council meeting, had said that the CGST and IGST amendments are expected to be introduced in the monsoon session of Parliament. States will pass amendments to the State GST law in their respective assemblies.

The online gaming industry and some horse racing clubs are currently paying GST at the rate of 18 per cent on platform fees/commission ranging from 5 to 20 per cent of the full face value, while some horse race clubs are paying 28 per cent on the full face value.

They are disputing the 28 per cent levy on actionable claims in the form of betting and gambling before various legal fora.

Casinos too are currently paying 28 per cent GST on Gross Gaming Revenue (GGR).

Levying 28 per cent GST on the full face value of entry-level bets would result in increased GST revenues.

Govt To Offload Additional 50 Lakh Tons Wheat, 25 Lakh Tons Rice Under OMSS To Check Prices

Press Trust Of India

NEW DELHI: The government on Wednesday announced the sale of additional 50 lakh tonnes of wheat and 25 lakh tonnes of rice from the Central pool in the open market to boost domestic availability and contain rising prices of these two key staples.

The government also reduced the reserve price of rice by Rs 2 per kg to Rs 29 per kg amid few takers for the commodity under the Open Market Sale Scheme (OMSS).

On likely cut in wheat import duty, the government said it will take action based on the requirement in the future as things are dynamic and evolving.

State-owned Food Corporation of India (FCI) is selling wheat and rice from the Central pool to bulk buyers like flour millers and small traders under the OMSS since June 28 through an e-auction.

Briefing media, Food Secretary Sanjeev Chopra said, "Prices of two commodities have been in the news for the past couple of months because of the rising trend that we are noticing".

The offtake of wheat under the OMSS has been good so far. However, the weighted average price of wheat has been going up in the past two-three auctions. In rice, there has not been much offtake, he said.

Chopra said the government felt that tweaking the reserve price of rice may bring better results.

"The government has decided to offload 50 lakh tonnes of wheat and 25 lakh tonnes of rice in the open market through the OMSS," he said.

This is over and above 15 lakh tonnes of wheat and 5 lakh tonnes of rice sales announced under the OMSS on June 28.

That apart, the secretary said the government has reduced the reserve price of rice by Rs 2 per kg to Rs 29 per kg from Rs 31 per kg.

The reserve price of wheat, however, has been kept unchanged as there is a good response from the traders under the OMSS.

About 7-8 lakh tonnes of wheat was auctioned under the OMSS so far, while rice sale was negligible, he said.

The government is hoping that these measures would not only improve the availability in the market but also help cool down the prices and control food inflation, Chopra added.

"...Based on the response in the next few weeks, we will keep tweaking them. The ultimate objective is to keep the food inflation under check," he said, adding that the government has adequate stock available for more aggressive auctions if required.

On the likely reduction of wheat import duty, the secretary said, "Right now, we have taken these steps. These are dynamic and evolving. Based on requirements in the future, we will take action".

He also said that the Centre is aggressively following up with states to ensure stock limits in wheat are not violated.

Sharing about the sale of foodgrains under the OMSS, FCI Chairman and Managing Director Ashok K Meena said the OMSS operation was started early this year on June 28, in view of the increasing trend of wheat and rice prices.

Markets Bounce Back On Fag-End Buying In RIL, ITC



Press Trust Of India

MUMBAI: Equity benchmark indices closed higher on Wednesday, helped by fag-end buying in index majors Reliance Industries, ITC and M&M amid a positive start in European markets.

Cautious trade prevailed in the markets for the most part of the day ahead of two major events -- the RBI's monetary policy and the US inflation data -- due to be announced on Thursday.

The 30-share BSE Sensex climbed 149.31 points or 0.23 per cent to settle at 65,995.81. During the day, it fell by 402.12 points or 0.61 per cent to 65,444.38. The benchmark also touched a high of 66,066.01.

The NSE Nifty gained 61.70 points or 0.32 per cent to end at 19,632.55.

"Markets staged a smart recovery in the late trading session after two days of weakness, as strength in European indices and sharp gains in metals, oil & gas and auto stock aided sentiment.

"Markets were highly volatile as investors shunned local equities after Moody's warned of downgrading six major US banks, while weak Chinese exports data also dampened sentiment," said Shrikant Chouhan, Head of Research (Retail), Kotak Securities Ltd.

JSW Steel was the biggest gainer on the Sensex chart, rising 2.68 per cent, followed by Tata Motors, Mahindra & Mahindra, Tata Steel, Titan, ITC, Tech Mahindra, NTPC, Reliance Industries and Larsen & Toubro. In contrast, Bajaj Finance, Maruti, ICICI Bank, Power Grid, Asian Paints and Axis Bank were major laggards.

In the broader market, the BSE smallcap gauge climbed 0.57 per cent, and the midcap index advanced 0.39 per cent.

Among the indices, metal jumped 2.32 per cent, consumer durables climbed 1.21 per cent, oil & gas (1.16 per cent), energy (1.11 per cent), commodities (0.82 per cent), industrials (0.76 per cent), auto (0.74 per cent) and FMCG (0.61 per cent).

Govt Should Propose To GST Council To Cut Tax Rates On Fertilisers From Current 5%: Par Panel

Press Trust Of India

NEW DELHI: A Parliamentary panel has recommended that the government should propose to the GST Council to reduce tax rates on fertilisers from the current 5 per cent.

In its report laid in Parliament on Wednesday, Standing Committee on Chemicals and Fertilisers said the committee have been informed that fertilisers were placed under the 12 per cent GST bracket. However, on demand of various states, GST on fertilisers was reduced to 5 per cent. "The issue to further reduce GST on fertilisers was placed before the GST council in its 45th and 47th meetings held in September 2021 and June 2022, respectively. The GST council, however, did not recommend any change in the rates of fertilisers or other organic farm inputs. "The committee strongly recommend that the issue to further reduce GST on fertilisers may be placed before the GST Council at the earliest in the best interest of the farmers of our country," it added.

The panel noted that fertilisers are levied GST at 5 per cent and its raw materials, like sulphuric acid and ammonia, are levied a higher GST at 18 per cent on the recommendations of the GST council. "The Committee failed to understand this anomaly. The Department has clarified that the raw material of fertilisers like Sulphur has multiple uses and is also used in the production of detergents, paints, dyes etc. Similarly, ammonia too has multiple uses and is also used as refrigerator gas, manufacturing of plastics, explosives, textiles etc," the report said.

Sebi Halves IPO Listing Time From T+6 To T+3 To Benefit Investors, Issuers

Press Trust Of India

MUMBAI: Capital markets regulator Securities and Exchange Board of India (Sebi) on Wednesday cut the timeline for listing of shares on stock exchanges after the closure of Initial Public Offerings (IPOs) from T+6 to T+3 (T here refers to the days of the closure of issue). This is being done by the regulator to reduce the time period from the date of issue closure to the date of listing of shares through public issues. As per the Sebi circular, the new listing timeframe will be voluntary for all IPOs opening on or after September 1 and mandatory for all the issues which come after December 1, 2023.

"It has been decided to reduce the time taken for listing of specified securities after the closure of pub-

computed from T+3 day. The reduction in timelines for listing and trading of shares will benefit both



lic issue to three working days (T+3 days) as against the present requirement of 6 working days (T+6 days). 'T' being issue closing date," Sebi said.

The regulator said that the compensation to investors for the delay in unblocking of ASBA application money shall be

issuers as well as investors. Issuers will have faster access to the capital raised thereby enhancing the ease of doing business and the investors will have the opportunity for having early credit and liquidity for their investment.

Sebi said that Registrar to an Issue would under-

take third-party verification of the applications by matching the PAN available in the demat account with the PAN available in the bank account of the applicant.

In instances of mismatch, such applications would continue to be considered invalid applications for finalising the basis of allotment.

The move came after the board of Sebi approved a proposal in this regard in June. As per its statement issued then, Sebi had said that the issuers will have faster access to the capital raised, thereby enhancing the ease of doing business and the investors will have an opportunity for having early credit and liquidity of their investments.

Government of Jammu & Kashmir
OFFICE OF THE EXECUTIVE ENGINEER PHE DIVISION BARAMULLA
NOTICE INVITING TENDERS
TWO COVER SYSTEM
e NIT No 32 OF 08/2023 Dated 09.08.2023 (E-tendering)

For and on behalf of the Lt. Governor of J&K (UT), e-tenders are invited from approved and eligible Contractors registered with Firms/Class-AA Civil bidders registered with the State Governments and bidders of equivalent Grade/Class registered with Central Government / MES / Railways for the construction of work detailed in the table below

S. No	Name of Work	Earnest Money (Rs. In Lacs)	Cost of T/Doc. (Rs. In Lacs)	Time of completion	Class of Contractor
1	Providing, Laying and fitting of Single Common Raw Water Main (SCRWM) from Nallah Nigli at Botapathri upto Kalas, 250mm Diameter Centrifugally Cast (Spun) Ductile Iron Pressure Pipes with Double Chamber Restrained Joints of Class K-9 suitable (7000mtr) and DI K-9 SS (8000m), as per IS-8329 and ISO 10804:2018. Including rubber gasket, Sluice Valves, Air Valves, pressure valves/Pressure Chambers, Collection Chamber, Intake works, Construction of Staff Quarter at Botapathri, Chain Link Fencing around Vital Structures, Saddle/Thrust Blocks, and Pipe Rack at Nallah crossing, WSS Botapathri Phase-I on itemized turnkey basis including design, successful testing and commissioning.	14.21 Lacs	Rs. 7000/-	(120 days)	AAY

Major Head of Account = NABARD
Position of AAA = Accorded vide No. 132- PW (Hyd) of 2018 dated 27.03.2018
Position of funds = Available

1.	Date of Issue of Tender Notice	09.08.2023
2.	Period of downloading of bidding documents	From 09.08.2023 to 23.08.2023, 4.00 P.M
3.	Date, Time and place of pre-bid meeting	12.08.2023 at 11.00 A.M in the Office of the Chief Engineer PHE Deptt. Srinagar Kashmir.
4.	Bid submission Start Date	09/08/2023 From 02.00 PM
5.	Bid Submission End Date	23/08/2023 upto 4.00 P.M
6.	The 1st lowest bidder has to produce an amount equal to 5% of contract as Performance Security in the shape of CDR/ FDR/ BG in favour of Chief Accounts Office PHE Kashmir.	As per time specified in SBD.
7.	Date & time of opening of Technical Bids (Online)	24/08/2023 at 14.00 P.M in the Office of the Chief Engineer PHE Deptt. Kashmir.
8.	Date & time of opening of Financial Bids (Online)	To be notified after technical bid evaluation is completed

- The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website www.jktenders.gov.in as per above schedule. Note: The Bidders are advised to read all conditions laid down in the NIT/SBD carefully before uploaded softcopy any short fall found in the soft copy the tender shall be rejected.
- Bids must be accompanied with cost of Tender document (as mentioned above) in shape of Treasury Challan/ e-challan/ Demand Draft in favour of Executive Engineer PHE Division Baramulla. (The Date of Treasury Challan/ Demand Draft must be between the date of start of bid and Bid Submission End date. The bidder who chooses the option of Demand draft shall upload the copy of DD for Rs. 7000/- in addition to this the bidder shall submit the demand draft through Registered post/ courier to Office of the Chief Engineer Kashmir PHE Deptt. Srinagar. The department shall not be responsible for any delay in submission of DD due to any reasons.
- At the time of tendering, all bidders must upload earnest money/ bid security in the form of CDR/ FDR/ BG pledged to the tender receiving authority, i.e. Chief Engineer Kashmir PHE Deptt Srinagar. Besides that, the successful bidder will have to provide Performance Security @ 5% at the time of contract award, strictly in accordance with the Government's circular instructions from time to time. The earnest money/ bid security will be released to the successful bidder only after the submission of a Performance Security of 5% of the total cost, which will be released after successful completion of the DLP/ Maintenance Period.
- Bidders can resubmit/ withdraw the bids as specified.
- The date and time of opening of Financial-Bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address. The Financial-bids of Responsive bidders shall be opened online in the Office of Chief Engineer, Kashmir PHE Deptt. Srinagar. The date for same shall be intimated separately.
- The bids for the work shall remain valid for a period of 180 days from the date of opening of Technical bids.
- The earnest money shall be forfeited, if:-
a) Any bidder/ tenderer withdraws his bid/ tender during the period of bid validity or makes any modifications in the terms and conditions of the bid.
b) Failure of Successful bidder to furnish the required performance security within specified time period issue of letter of intent.
c) In case contractor fails to execute the agreement within 28 days after fixation of contract.
- Instruction to bidders regarding e-tendering process.
- Bidders are advised to download bid submission manual from the "Downloads" option as well as from "Bidders Manual Kit" on website www.jktenders.gov.in to acquaint bid submission process. To participate in bidding process, bidders have to get "Digital Signature Certificate (DSC)" as per Information Technology Act-2000. Bidders can get digital certificate from any approved vendors. The bidders have to submit their bids online in electronic format with digital Signature. No financial bid will be accepted in physical form. Bids will be opened online as per time schedule mentioned in Para-2. Bidders must ensure to upload scanned copy of all necessary documents mentioned in NIT and SBD with technical bid. Documents which has/have not been uploaded shall not be entertained in form of hard copy. However, in case of any clarification the bidders shall have to produce original documents in support of soft copies if need arises.
- All bidders shall upload Enlistment Registration Card Verification Certificate from concerned Chief Engineer / Superintending Engineer.

Note: - Scan all the documents on 100 dpi with black and white option.

- The department will not be responsible for delay in online submission due to any reasons. Bids must be accompanied with cost of Tender document (as mentioned above) in shape of Treasury Challan/ e-challan/ Demand Draft in favour of Executive Engineer PHE Division Baramulla (The Date of Treasury Challan/ Demand Draft must be between the date of start of bid and Bid Submission End date). All bidders have to submit Earnest money amounting to as referred in the SBD.
- The 1st lowest bidder has to produce an amount equal to 5% of contract as Performance Security in the shape of CDR/ FDR/ BG in favour of Superintending Engineer PW(R&B) circle Baramulla within 15 days after the date of receipt of letter of acceptance and shall be released after successful completion of DLP. The Bank Guarantee should be valid for 45 days beyond DLP. Bidders may contact office of the Chief Engineer PHE Kashmir or concerned Executive Engineer for any guidance for getting DSC or any other relevant details in respect of e-tendering process.
- Bidders are advised not to make any change in BOQ (Bill of Quantities) contents. In no case they should attempt to create similar BOQ manually. The BOQ downloaded should be used for filling the item rate inclusive of all taxes and it should be saved with the same name as it contains.
- The unit rates and prices shall be quoted by the bidder entirely in Indian Rupees and the rates quoted shall be deemed to include price escalation and all taxes upto completion of the work unless otherwise, specified.
- Bidders are advised to use "My Documents" area in their user on e-Tendering portal to store such documents as are required.
- Defect Liability Period shall be 01 Years after date of completion.
- All key construction material (i.e. cement, steel, bitumen, pipes etc) shall have to be arranged by the contractor strictly as per specifications with the approval of Engineer-in-charge.
- Qualification criteria for the work and other terms and conditions are contained in the bidding document available on website.

SBD issued vide No: - PHE/BlA/CC/5522-33
Dated: 09.08.2023

DIPK-6778-23
DT: 09/08/2023
Executive Engineer
PHE Division Baramulla

NABET RANKINGS 2023

KIIT Polytechnic Adjudged Odisha's Best For Second Time in A Row

Observer News Service

Bhubaneswar: KIIT Polytechnic has been ranked as the best polytechnic in Odisha among all the state and private-run polytechnics by National Accreditation Board for Education and Training (NABET), a constituent Board of Quality Council of India (QCI).

The ranking results were declared today by Pritiranjana Gharai, Minister of Rural Development, Skill Development & Technical Education, Govt. of Odisha. KIIT Polytechnic secured the highest score of 581 and topped the ranking, which was based on 7 parameters. Total 100 polytechnics, both Government and Private, participated in the rankings. KIIT Polytechnic has been ranked as the best polytechnic in Odisha consecutively for the second time in a row.

The rankings of the polytechnics in Odisha were carried out

for the first time in 2022. The exercise came against the backdrop of the State Government's enhanced focus on improving the quality of technical institutes and identifying the best ones that adhere to quality teaching. The rankings were carried out by NABET-QCI and State Council for Vocational Education and Training.

The announcement was met with jubilation by the students, teachers and staff of KIIT Polytechnic. KIIT Founder Dr. Achyuta Samanta lauded the efforts of KIIT Polytechnic Principal, Dr. Tanmay Mohanty, the teachers and staff, saying, the ranking was a big achievement as the institute was adjudged the best among all government and private Polytechnics. He especially extended his greeting to the students for their success.

KIIT Polytechnic was established in 1995 and is widely acknowledged for its high-quality technical education.

Curbing Air Pollution Could Reduce Deaths From Antibiotic Resistance: DAK

Observer News Service

Srinagar: Doctors Association Kashmir (DAK) on Wednesday said curbing air pollution could reduce deaths from antibiotic resistance.

"Controlling air pollution could play a major role in combating the rise and spread of antibiotic-resistant bugs," said DAK President Dr. Nisar ul Hassan.

Dr. Hassan said according to a new study published in Lancet on Monday, air pollution was found to be a significant contributor to the rise of antibiotic resistance.

Researchers have found that air pollutants harbour antibiotic resistant bacteria and resistant genes which can be transferred between environments and inhaled directly by humans.

He said antibiotic resistance resulting from air pollution was responsible for an estimated



480,000 premature deaths in 2018 globally.

"And if no action on air pollution is taken, the annual premature death toll linked to antibiotic resistance could rise to an estimated 840,000 by 2050," he added.

The DAK President said while the main drivers of antibiotic resistance are still the misuse and overuse of antibiotics, the problem is being worsened by toxic air.

He said the air quality in Kashmir has been constantly

deteriorating for the past few years due to the increasing number of vehicles, constructions, brick kilns, cement and other factories which emit pollutants and significantly pollute the air.

"And this could be contributing to the unprecedented levels of antibiotic resistance which is killing people in the valley," he said.

"People are dying from common, previously treatable infections, because the bacteria that cause them have become resistant to antibiotics," said Dr. Nisar.

3 Held For Staging Accident To Swindle Merchandise Worth Lakhs In Doda

Press Trust Of India

Jammu: Three, including a man and his son, were arrested for allegedly staging a truck accident to make off with goods worth lakhs of rupees belonging to a trader in Doda district, police said on Wednesday.

Stolen goods worth Rs 11 lakh were recovered at the disclosure of the three accused arrested from different parts of Doda, a police officer said.

He said a load carrier had fallen into the Chenab River along the Doda-Kishtwar highway in Thathri area, and the incident was investigated by police.

During investigation, it came to the fore that Shamim Ahmad, a resident of Bhalla village of Doda, was driving the vehicle at the time of the accident, the officer said.

Ahmad was taken into custody and questioned. He

revealed that he along with his father Bashir Ahmad and another man named Ashiq Ali had faked the accident to deceive his employer, a businessman from Jammu, who had dispatched goods for delivery in Kishtwar.

The accused dumped a last part of the consignment, such as food items, cosmetics, garments, hardware, and sanitary items at different places before faking the accident, the officer said.

Police were earlier too faced with a similar incident in Doda district.

A couple and its six-year-old daughter were found alive in Haryana, 20 days after they were presumed dead in a car accident that took place December last year.

In that incident, a man named Manjeet Singh had allegedly staged the accident to avoid paying his loans.

CONTD. FROM FRONT PAGE

Tourism Near LoC

children are going to school ... peace should be here forever," Bhat said.

There is, however, one common demand from most residents.

"We request better roads and connectivity so that the tourists can travel without any inconvenience," Bhat said, his sentiment echoed by other locals.

Deputy Commissioner (Kupwara) Ayushi Sudan said the administration is working on improving the facilities.

"I would say any tourism that needs to be developed here needs to be sustainable and eco-friendly as well. This is a beautiful valley, we would not like to destroy it. However, the basic infrastructure facilities for Keran are already in the pipeline. Some of those are being done now and some more will be taken up in the future," she said.

While private investments are welcome in developing infrastructure, the government will not allow damage to the ecology, she said.

"There has been a good footfall of tourists in Keran this year -- almost 1,000 to 1,500 people visit every day. The number exceeds 2,000 on weekends. A lot of local tourism has already been generated. With the help of the Army, we are making efforts towards creation of the tourism infrastructure," the deputy commissioner said.

She said the road has been handed over to the Border Roads Organisation while work is underway for laying optical fiber cables.

"We already have a connectivity project in the pipeline. We hope the optical fiber cable link will be completed by end of this year," Sudan added.

Intruder Nabbed

night and he is an Afghan national. His questioning is going on to ascertain the motive behind his intruding into this side," a police official said.

However, nothing incriminating was recovered from his possession, the official said, adding this was for the first time that any Afghan national was arrested along the LoC in Mendhar sub-division of Poonch.

The officials said the Army handed over Wahid to police as per the legal formality after completing his questioning.

A video showed two Army personnel helping the crippled man to alight from the vehicle and walk into the police station.

The officials said some Pakistani currency notes were recovered from him.

Will Talk To Youth

youth of the Valley. They are our own and we will talk to them," he said.

Listing the achievements of his government in J&K after abrogating Article-370, Shah said that the August 2019 move has boosted tourism, offered protection to Hindu temples and significantly reduced the instances of stone pelting, which was a common occurrence before 2019.

"In the same Parliament, the Opposition parties used to say if Article 370 is removed from Jammu and Kashmir, rivers of blood will flow. But today no one has the courage to throw pebbles there under the Modi government," he said, adding that the terrorist sympathisers have been terminated from the jobs while funeral processions are no longer taken out for terrorists and they are buried where they are killed.

The home minister said that the Lakhapur toll tax in Kashmir, where party ideologue Syama Prasad Mookerjee had been arrested in 1953 and which was "a thorn in the hearts of crores of BJP workers", has been done away with.

"There was no reservation for Dalits, tribals and people from the backward classes (in Kashmir). The work of getting them reservation was done by the Narendra Modi government. There were cleaning workers who had been living in Kashmir for seven generations, since the Mughal era, but were not getting domicile certificates. Hindus from Pakistan-Occupied Kashmir were not getting domicile. PM Modi ensured that all of them got domicile certificates," Shah said.

Hitting out at parties "that call themselves democratic", Shah said three families had ruled over Kashmir - Muftis, Abdullahs and Gandhis

- but did not get panchayat polls conducted. PN Modi got them held in November-December 2018, he said.

The minister claimed that between the last nine years of the UPA rule and the nine years of the Modi government, there has been a 68% decrease in terrorist incidents, 72% fall in deaths of civilian and security forces personnel combined, 82% reduction in civilian deaths and a 56% fall in the deaths of security personnel. Mr. Shah added that no one now has the courage to indulge in stone-throwing.

The home minister also spoke about the development of tourism in the state since the abrogation of Article 370, as well as the reopening of theatres.

Art-370 Will Never

a part of this country."

She said that "a member of his (opposition) alliance said in Tamil Nadu that India only means north India. If he has the courage, Rahul Gandhi should comment on this... another Congress leader said there should be a referendum on Kashmir... Was the statement given as per the order of the Congress leadership that a leader talked about a referendum in Kashmir?"

"You are not India because you define corruption in India, you define incompetence... you are not India," the BJP MP said attacking the Congress.

Mentioning Gandhi's Bharat Jodo Yatra, she said, "I will not speak on joint pains... the valley that India has seen to be soaked in blood, (but) when they went there, they were playing with snow balls. That was possible after Prime Minister (Narendra) Modi abrogated Article 370."

"He said he went on a yatra and gave assurance that they will restore Article 370... Article 370 will never be restored," Irani asserted.

She also recounted the horrors of the Emergency to attack the Congress, saying the party's history is smeared in blood. The BJP MP also raised the issues of the 1984 anti-Sikh riots and the unrest in Kashmir during Congress regimes at the Centre.

Irani also said the government was ready to discuss the Manipur issue and alleged that the opposition was running away from a debate.

Speaking after Gandhi during the debate on the no-confidence motion against the government, she also attacked the Congress, saying the party's members were clapping and thumping desks when the remark was being made.

"I condemn the behaviour that was displayed. This is the first time in Parliament's history that someone talked about the murder of Bharat Mata, and Congress leaders were thumping desks," the BJP MP said and asserted that Manipur is an integral part of India.

Launching a blistering attack against the BJP over the ethnic violence in the northeastern state, Gandhi alleged that its politics had "murdered Hindustan" and "Bharat Mata" in Manipur, and called members of the ruling party "traitors".

The minister for women and child development also trained guns at the Wayanad MP after he blew a flying kiss towards the treasury benches which were booming him while he was leaving the House.

"The person who spoke before me... an indecent gesture was made... only a misogynistic man can give a flying kiss to Parliament which seats female Members of Parliament... such indecent act has not been witnessed by the House ever before. The entire country has seen the culture of the (Gandhi) family," Irani said in the Lower House of Parliament.

Later, many women MPs of the BJP sought "stringent action" against Gandhi in a complaint to Speaker Om Birla.

In the complaint, signed by more than 20 women parliamentarians, it was alleged that the Congress member made the "inappropriate gesture" towards Irani when she was speaking in the House.

Irani's Remarks

contempt of court.

His comments came after Union minister Smriti Irani, while participating on the debate on the no-confidence motion against the central government in the Lok Sabha, said "Article 370 will never be restored".

Abdullah said he feels surprised to hear such

remarks from responsible BJP leaders.

"The issue is before the SC, let the SC take a decision. Why are they threatening the SC? A Union minister has made such remarks today in Parliament that they will never allow it to happen. We are waiting for the SC's decision, they should also do it. Do they feel their case is so weak that they feel the need to threaten? It is regretful. It is almost tantamount to the contempt of court," he said.

Asked if there is hope after arguments put forth by senior lawyer Kapil Sibal in the top court, Abdullah said while the arguments have been strong, the government has not replied so far.

"We have to see how strong the government's reply is. Let the case move forward, then only we can discuss whose arguments were better. But, the NC's decision to have Kapil Sibal and Gopal Subramaniam represent the two petitions by the party has been the best decision, and perhaps, we could not have presented our case any better than this. The rest is with the judges and God, but, we are hopeful," he said.

"We wouldn't have gone to the Supreme Court had there been no hope. We went to the SC because we have hope. At least we haven't threatened the SC like the BJP," Abdullah told reporters here.

The NC vice president welcomed Chief Justice of India Justice DY Chandrachud's praise for his grandfather and NC founder Sheikh Mohammad Abdullah, saying the contribution of 'Sher-e-Kashmir' -- as Sheikh Mohammad Abdullah was popularly known as -- was in front of all of us.

"Unfortunately, in the last 30-35 years, attempts were made to distort his contribution. The BJP did not leave any stone unturned on it and tried to present his contribution in the wrong manner. It is good that the CJ gave such observations while sitting on a bench and we have welcomed that," he said.

Asked about PDP chief Mehbooba Mufti's remarks that the Article 370 case in the top court was a test of Sheikh Mohammad Abdullah's decision to accede to India, Omar Abdullah said it was rather a test of the Constitution.

"This is not the test of Sher-e-Kashmir's decision but the test of the Constitution because the way Kapil Sibal has argued on the petition of the NC, and the way Gopal Subramaniam is arguing today, it is obvious that what happened with J-K was unconstitutional and illegal.

"We want that the Constitution and the law are upheld. It is not further a test than that. It is a test of the strength of the Constitution, that is all," he added.

Asked about the party's participation in the panchayat polls which are due later this year, Abdullah said while he has not seen any such notification, the NC will contest every election -- be it the panchayat or ULB or Parliament or assembly polls.

"When the municipality elections are announced, we will contest. We have heard that they (BJP) are in no mood to conduct the municipality elections because they are afraid, more so in Jammu than in Srinagar. The way Congress has gained (strength) in Jammu, the BJP must have freaked out more. But, if the election is announced, the NC will participate in it eagerly," he said.

The NC leader said his party is a member of the INDIA alliance of the opposition and will vote in the no-confidence motion in Parliament.

LG Asks People

Chief Secretary, Home Department; Lt General Rajiv Ghai, GOC 15 Corps; Dr Mandeep Kumar Bhandari, Principal Secretary to Lt Governor; M.K. Sinha, ADGP Hqrs; Vijay Kumar, ADGP Kashmir; Vijay Kumar Bidhuri, Divisional Commissioner Kashmir and other senior officers of Security Forces, Police and UT Administration.

Yasin Malik Virtually

court's permission.

Later that week, the Department of Delhi Prisons suspended four officials over Malik's physical appearance before the top court while ordering an inquiry into the lapse.

In the present matter, on May 24, 2022, a trial court here had awarded life imprisonment to Malik after holding him guilty for various offences under the stringent Unlawful Activities

(Prevention) Act (UAPA) and the IPC.

Malik had pleaded guilty to the charges, including those under the UAPA, and he was convicted and sentenced to life imprisonment.

Appealing against the sentence, the NIA has emphasised that a terrorist cannot be awarded life sentence only because he has pleaded guilty and chosen not to go through trial.

While seeking enhancement of the sentence to death penalty, the NIA has said if such dreaded terrorists are not given capital punishment on account of pleading guilty, there would be complete erosion of the sentencing policy and terrorists would have a way out to avoid capital punishment.

A life sentence, the NIA has asserted, is not commensurate with the crime committed by terrorists when the nation and families of soldiers have suffered loss of lives, and that the trial court's conclusion that Malik's crimes did not fall within the category of the "rarest of the rare cases" for grant of death penalty is "ex-facie legally flawed and completely unsustainable".

The agency has emphasised that it has been proved beyond reasonable doubt that Malik spearheaded terrorist activities in the Valley and with the help of dreaded foreign terrorist organisations, had been "masterminding, planning, engineering and executing armed rebellion in the Valley in an attempt to usurp the sovereignty and integrity of a part of India".

"Not giving capital punishment to such dreaded terrorist will result in miscarriage of justice, as, an act of terrorism is not a crime against society but it's a crime against the entire nation; in other words it's an act of 'external aggression', 'an act of war' and an 'affront to the sovereignty of nation'," the plea has said.

The trial court, which had rejected the NIA's plea for capital punishment, had said the crimes committed by Malik struck at the "heart of the idea of India" and were intended to forcefully secede Jammu and Kashmir from Union of India.

It had, however, noted that the case was not the "rarest of rare", warranting death penalty.

The maximum punishment for such an offence is death penalty.

The life term was awarded for two offences - section 121 (waging war against government of India) of IPC and section 17 (raising funds for terrorist act) of the UAPA.

According to the Supreme Court, life imprisonment means incarceration till the last breath, unless the sentence is commuted by the authorities.

The court had awarded Malik 10-year jail term each under sections 120 B (criminal conspiracy), 121-A (conspiracy to wage war against the government of India) of IPC and sections 15 (terrorism), 18 (conspiracy for terrorism) and 20 (being member of terror organisation) of UAPA.

HC Upholds PSA

selected as "Ameer" of Jama'at-e-Islami J&K in the year 2018.

The detention record further stated that Dr Fayaz was a hardcore motivator and supporter of terrorists and was acting to bring about secession of J&K from the Union of India and to its consequent merger with Pakistan.

For his involvement in active role in the banned organization of Jama'at-e-Islami for carrying out anti-national propaganda and campaigning against sovereignty and integrity of the country, besides instigating and motivating general masses for anti national propaganda, he was detained under Public Safety Act from District Budgam, the court said. However the detention order was quashed and the detainee was released in the year 2021. Subsequently he was detained against and booked under PSA order which had been challenged by him through his wife.

Over 1000 Terrorists

Rs 3 Lakh to 5 Lakh for 24-8-2016 onwards. State governments make the payment and thereafter claim reimbursement," he said--(KNO)

Soldier Drowns

of north Kashmir's Kupwara district, was feared drowned in a canal in the Domana area on the outskirts of Jammu.

Ahmad, a resident of Magam village of

Handwara, was travelling in a truck returning from Uttar Pradesh and decided to take a bath in the canal late Tuesday, the official said, adding rescuers including teams of the SDRF are searching for the missing youth.

Terrorist Associate

materials were recovered from Mir's possession.

A case has been registered and further investigation initiated, he added.

'Operation Alert'

He said the BSF increases its vigilance ahead of Independence Day.

Although the BSF remains alert on the border throughout the year, but the border guarding force becomes more alert these days, Rastogi said, adding that jawans will be deployed in sensitive areas during the period.

5 Held In Heroin

and ammunition seized from them were to be used for terror activities.

The accused were identified as Raveel Kataria, Imtayaz Ahmed, Nafeez, Mukhtiar Ahmad and Fiaz Ahmed, all residents of Baramulla, police said.

Their arrest came following the questioning of three people who were arrested with 18 kilograms of heroin from Gurdaspur in Punjab on July 27.

Police with the help of the army launched an operation to nab the five people from the Baramulla area, Bhargav said.

BSF Chief Visits

domination and security situation along the International Border, a spokesperson for the paramilitary force said.

Agrawal reached Jammu on a three-day tour on Monday. He visited the International Border in Samba district on Tuesday and was briefed about the alertness of the troops in thwarting drone and smuggling activities from Pakistan, the spokesperson said.

Before visiting the frontier, the BSF chief was given a detailed presentation that covered all the critical aspects of security and domination on the International Border and the Line of Control at the Jammu Frontier headquarters by Boora.

During his visit to Akhnoor, Agrawal was briefed on the ground by sector and battalion commanders.

He was also apprised about border management aspects of BSF battalions deployed in the area and the ongoing civic action programmes, including medical camps, for the benefit of the locals.

Agrawal visited various border outposts and witnessed the operational preparedness of field formations, the spokesperson said.

He also applauded the jawans' professional acumen in relentlessly safeguarding the borders in stringent conditions.

"He exhorted the troops to carry on their excellent work in effective domination of the border to thwart continuous challenges from across the border," the spokesperson said.

Juvenile Among

& looted cash worth lakhs.

Accordingly, the spokesperson said, a case under FIR number 29/2023 under relevant sections of law was registered at Police Station Safapora and investigation was initiated.

On receipt of this information, he said, SSP Ganderbal Nikhil Borkar constituted a special Police team led by incharge SHO PS Safapora under the supervision of DySP Hqrs Ganderbal.

"After hectic efforts and with the help of technical resources, 03 suspects were brought for questioning. During questioning, they admitted their involvement in the commission of crime," he said.

Police identified two of the accused as Bilal Ahmad, Hilal Ahmad Reshi while the name of third accused, a juvenile has been withheld.

"On their disclosure, stolen money of Rs.5,85,000/= (Five Lakh Eighty-Five Thousand Rupees Only) & 01 Cell Phone have been recovered. The two accused were taken into the Police Custody & one accused juvenile lodged in Juvenile home DPL Ganderbal. Further investigation into the matter is going on. More arrests & recoveries are expected," the spokesperson added.



2 Matches Played In 2023 Srinagar Premier League

Observer News Service

SRINAGAR: Two Round 9 matches of the 2023 Srinagar Premier League were played on Wednesday at Synthetic Turf TRC here.

In the first game, Ali Jana FC took on Kashmir Panthers FC. Ali Jana took the lead early in first half, which ended 1-0 in Ali Jana's favour. The second half started on the same note as Ali Jana doubled their lead early on. The team added a third goal from the penalty spot. At full

time, the scores read 3-0 in Ali Jana FC's favour.

The second game of the day saw J&K Bank FC lock horns with Star Kashmir FC. J&K Bank scored early in the first half to leave their opponents feeling the heat. Bank players scored the second goal of the match via a penalty, before adding a third to end the first half 3-0.

J&K Bank dominated Star Kashmir in the second half as well and scored five more goals. Star Kashmir managed to score one. At full time, J&K Bank won 8-1.

JKSC Holds Ramhal Cricket League Final in Kupwara



Observer News Service

KUPWARA: To mark the 77th Independence Day, J&K Sports Council (JKSC) organized the final match of the Ramhal Cricket League at Karihama Sports Stadium in district Kupwara.

The match was a prominent attraction of the day and was attended by Secretary JKSC Nuzhat Gul; DC Kupwara, Ayushi Sudan; SSP Kupwara, Yougal Manhas, besides, people in crowds witnessed the cricket match.

The final match was played between Friends XI Lolab and Sultan Warriors Baramulla. Sultan Warriors Baramulla won the toss, elected to bat, and managed to score 138 runs. The target turned out to be meager for Friends XI, who won the title easily.

Secretary Sports Council, Nuzhat Gul, emphasized that the cricket match is a part of the sports revolution taking place in the J&K. She highlighted that sports events are being organized all over J&K, engaging a large number of youth.

Inter School Football Tournaments Held In Wagoora



Observer News Service

BARAMULLA: The Department of Youth Services and Sports (DYSS) Zone Wagoora on Wednesday started an exhilarating Inter-School U-14 and U-17 boys' football competition, marking the beginning of an action-packed annual activities calendar.

The event began at the Middle School Nowpora Jagir ground, where the U-17 matches took center stage, featuring participation of 96 students from various educational institutions

within the zone.

Vice Principal of HSS Nowpora inaugurated the ceremony, signaling the launch of this much-anticipated competition. The young athletes displayed their prowess on the field, showcasing their dedication and passion for the sport.

In addition DYSS organized a series of sports activities under the theme 'Meri Matti, Mera Desh' (My Soil, My Nation).

Three educational zones, Baramulla, Fatehgarh and Tangmarg hosted an engaging Chess competition for both boys and girls.

District Pulwama Carrom C'ship From August 16

Observer News Service

PULWAMA: The J&K Carrom Association will organise the District Pulwama Carrom Championship 2023-24 in association with District Pulwama Carrom Association and in collaboration with J&K Sports Council on 16th & 17th August 2023 at Multipurpose Sports Complex, Raj Pora, here.

The competitions will be held in Cadet, Sub Junior, Junior and Senior Category for boys and

girls, men and women categories, respectively.

"All the desired players, interested schools, institutions, clubs of the districts are requested to register their players on email jkcarrom@gmail.com for the said championship before 16th August 2023 in the format: Name, Parentage, DOB, Address, District, Contact No. & Institute and for any information contact on 9906767529," the association said in a statement.

ODI WC: India To Play Pakistan On Oct 14



Press Trust of India

NEW DELHI: The marquee World Cup match between arch-rivals India and Pakistan will now be played on October 14, one day before the original slot, the ICC confirmed on Wednesday as the world governing body announced re-scheduling nine games of the tournament.

As per the latest update, Pakistan and England will have three of their games rescheduled (either date or time), while dates of India's two games have been altered.

The other India game that has been rescheduled is their last league match against the Netherlands which was originally scheduled for November 12 but now it will be held on November 11 in Bengaluru. That India versus Pakistan match will be advanced by a day as reported by PTI recently after security agencies expressed inability to provide

adequate security on October 15, which is the first day of Hindu festival, Navratri.

As a result, England's fixture against Afghanistan in New Delhi will be moved from Saturday, October 14 and will now be played 24 hours later on Sunday, October 15.

With Pakistan needing adequate gap before India game, their match against Sri Lanka scheduled to be held in Hyderabad on October 11 will instead now be played on October 10.

On the same day, England were earlier scheduled to play Bangladesh at Dharmasala in a day-night game but will now play a day match starting 10.30 am. Similarly, the high profile non-India game between England and Pakistan, earlier scheduled on November 12 will now be held on November 11.

Falling on November 12, Kali Puja is the second biggest Hindu festival for Bengalis after

Durga Puja, and the Kolkata Police had expressed apprehension about providing adequate deployment for New Zealand's game against Bangladesh, originally scheduled as a day match for October 14 in Chennai, has been moved back and will now be held on Friday, October 13, which will be a day-night contest. Australia will meet South Africa a day earlier in Lucknow on October 12.

All the venues for the changed matches remain same.

TICKETS SALE
The tickets will go on sale from August 25 with fans having the option to book their seats for all non-India warm up and non-India event matches.

For India matches, tickets will be available from August 30 to September 3 and for the semifinals and the final, the fans can book tickets on September 15.

ICC ODI Rankings: Shubman Gill Climbs To Career-High No. 5



Agencies

DUBAI: India's star batters Shubman Gill and Ishan Kishan were rewarded with new career-high ratings on the ICC ODI Player Rankings list for batters that was updated by the ICC on Wednesday, with Gill improving two places by climbing to fifth. Gill and Kishan were India's most prominent performers with the bat during their recent ODI series victory against West Indies, with the pair gathering 310 runs over the three matches in an outstanding display of top-order batting. Gill climbed two places to the fifth position in the rankings.

While Pakistan captain Babar Azam remains well out

in front in the ODI batter rankings, Gill rises to 743 rating points on the back of his excellent series against the West Indies and has third-placed Fakhar Zaman (755) and fourth-placed Imam-ul-Haq (745) well within his sight. Kishan too achieved a new career-best rating after leaping nine places to 36th overall, while star all-rounder Hardik Pandya improved 10 places to equal 71st following his efforts against the West Indies.

India's experienced all-rounder Pandya also climbed five places to 11th overall on the list for ODI all-rounders, while it was left-arm spinner Kuldeep Yadav and seamer Shardul Thakur that made the most significant imprint on

the rankings for ODI bowlers. Kuldeep broke into the top 10 and claimed the 10th position in the ODI Bowler Rankings with 622 points, following his seven wickets for the series against the West Indies, while Thakur - who led both sides with a series-best eight scalps - improves three spots to 30th.

India star Virat Kohli continues his stay at the 9th spot while skipper Rohit Sharma is at the 11th spot. India newcomer Tilak Varma enters the batter rankings at 46th following a flying start to his international career and Kuldeep (up 36 places to 51st) is the biggest eye-catcher on the list for bowlers from the perspective of the Asian side. (ANI)



PCB Names Asia Cup Squad; Masood Misses Out

Agencies

KARACHI: The Pakistan Cricket Board's (PCB) newly selected Chief Selector Inzamam-ul-Haq on Wednesday announced ACC Men's Asia Cup and the three-match One-Day International series against Afghanistan.

An 18-player squad will take on Afghanistan in Sri Lanka from August 22 to 26 and it will be trimmed to 17-strong for the Asia Cup, which begins from the Multan Cricket Stadium on August 30. The three-match series against Afghanistan will be played between August 22 to 26 before Pakistan begin their Asia Cup campaign against Nepal on August 30 in Multan.

The Asia Cup will kick off on August 30, with arch-rivals India and Pakistan set to lock horns in Kandy, Sri Lanka, on September 2. The tournament will follow a hybrid model, with four matches to be hosted by Pakistan and all of India's matches and a total of nine fixtures taking place in the Emerald Isle.

India is in Group A, which also have Pakistan and Nepal, while Group B comprises Bangladesh, Sri Lanka, and Afghanistan.

Tayyab Tahir, Faheem Ashraf and Saud Shakeel have been in-

cluded in the squad for the Afghanistan series. Shan Masood, who was selected as ODI vice-captain in January 2023, has been left out of the Pakistan squads. Faheem returns to the side after two years and further adds to the balance of the side as a fast-bowling all-rounder. His last outing in the format was during Pakistan's three-match away series against England in July 2021.

This is Tayyab's second call-up in the ODI side. His maiden call-up came ahead of the three ODIs against New Zealand in January following a stellar show in the Pakistan Cup 2022-23 that saw him finish as the leading run-getter in the event.

The Asia Cup, which begins on August 30, is eventually being played in Pakistan and Sri Lanka with India playing their fixture matches in the Island nation.

Pakistan's squad for Asia Cup: Abdullah Shafique, Fakhar Zaman, Imam-ul-Haq, Babar Azam (captain), Salman Ali Agha, Iftikhar Ahmed, Tayyab Tahir, Mohammad Rizwan, Mohammad Haris, Shadab Khan (vice-captain), Mohammad Nawaz and Usama Mir, Faheem Ashraf, Haris Rauf, Mohammad Wasim Jnr, Naseem Shah and Shaheen Afridi. (ANI)

NADA Test: Jadeja Most Tested Indian Cricketer In 2023

Press Trust of India

NEW DELHI: Star India all-rounder Ravindra Jadeja gave dope samples thrice between January and May this year, making him the most tested cricketer during this period, according to data released by the National Anti-Doping Agency (NADA).

Altogether 55 cricketers (male and female, 58 samples) underwent dope testing in the first five months of this year, with more than half of the samples taken 'Out Of Competition' (OOC), according to a recent list put up by the NADA on its website.

This meant that the number of samples collected from cricketers this year is expected to be much more than the previous two years. According to the data, the NADA had collected 54 and 60 samples respectively from the cricketers in 2021 and 2022 respectively.

India captain Rohit Sharma and star batter Virat Kohli were not tested during the first five months of 2023. Hardik Pandya, who has been leading the India T20 International side for some time, underwent one test -- 'Out Of Competition' (OOC) urine sample in April.

In 2021 and 2022, Rohit was the most tested cricketer with three samples each, according to NADA data of the two years. Kohli was not tested in 2021 and 2022 also. Around 20 samples in 2022 were from women crick-



ers. But, in the first five months of this year, only two women cricketers -- India captain Harmanpreet Kaur and her deputy Smriti Mandhana -- were tested once each -- out-of-competition urine samples collected in Mumbai on January 12. Around 20 samples were taken in competition, most of them likely during the Indian Premier League.

All of Jadeja's three samples were of urine, and taken out of competition on February 19, March 26 and April 26.

Blood testing allows detection of additional substances that in some cases may not be able to be found in urine. Additionally, blood samples allow the use of longitudinal data collection, often called the athlete biological passport. Longitudinal data collection monitors certain bio markers over time to detect the use of performance-enhancing substances and/or methods.

Ball-Playing Keepers & Hybrid Defender-Midfielders The Latest Trends In Premier League

Agencies

LONDON: Goalkeepers are getting so good with the ball at their feet that they could almost be outfield players.

Take Ederson Moraes at Manchester City, for example: He can ping a pass 60 meters right onto the head of Erling Haaland or into the stride of Jack Grealish. Pep Guardiola has even said Ederson is the best penalty-taker at City.

The Premier League will be full of ball-playing goalkeepers this season, with the arrival of Andre Onana at Manchester United and Guglielmo Vicario at Tottenham adding to the list of keepers who are now expected to be the starter of attacks as much as the last line of defense.

Expect more length-of-the-field team goals but maybe more defensive mistakes, too,



with the majority of teams likely to be playing the ball out from the back in an effort to keep possession, beat the press and make full use of the pitch to attack in space.

Onana has emerged as a master of that -- and it's why United has spent 51 million euros (USD 57 million) on a keeper who could be a transformational signing, an em-

blem of the Erik ten Hag era if the club can return to its former glories.

"With him, something will change in our game," Ten Hag said of Onana, who showed in last season's Champions League -- when playing for Inter Milan -- his ability to pierce a press with his precise balls into midfield or up front. Gone are the days when a

goalkeeper's sole duty was to keep the ball out of the net. Now they need to be as good with their feet as their hands, essentially giving teams an 11th player in their build-up and allowing defenders to push further upfield.

According to Sky Sports, goalkeepers' possession retention averaged around 43 per cent between 2003-10. Last season, that figure had risen to 67 per cent -- the highest ratio on record.

Aside from Onana and Vicario, Mark Flekken and Bart Verbruggen -- two Dutch ball-playing goalies -- have moved to the Premier League this off-season with Brentford and Brighton, respectively.

They'll join Ederson, Kepa Arrizabalaga at Chelsea, Allison Becker at Liverpool, Aaron Ramsdale at Arsenal who, along with the likes of Jason

Steele (Brighton) and David Raya (Brentford), are all exceptional with their feet.

Raya, for example, had a 42.1 per cent accuracy with his long passes last season. He is reportedly close to a move to Arsenal, which would give coach Mikel Arteta two ball-playing keepers -- like Guardiola has at City with Ederson and Stefan Ortega. Again, Guardiola can be regarded as a trendsetter in this department, at least in English soccer.

In his first season at City in 2016, one of his first big decisions was to sell Joe Hart -- a key member of the City team's spine -- and bring in Claudio Bravo, a goalkeeper whose one-on-one shot-stopping was suspect but whose passing from the back was peerless. Ederson was then signed in 2017 and has proven to be great in both respects.

WhatsApp Rolls Out Screen Sharing, Landscape Mode For Video Calls

Agenceis

Meta-owned social media messaging application WhatsApp has rolled out screen sharing and landscape mode features for video calls, Meta CEO Mark Zuckerberg announced on Tuesday.

"We're adding the ability to share your screen during a video call on WhatsApp," Zuckerberg posted on Facebook.

Screen sharing allows users to share a live view of their screen during a call. The feature can be initiated by clicking on the 'share' icon and choosing between sharing a specific application or sharing the entire screen, the company



said in a release.

"You can now also enjoy video calls in Landscape mode for a wider and more immersive viewing and sharing experience on your phone," Meta said.

Four-year-old boy suffers electric shock from TV set-top box in Nagpur, dies



Agenceis

NAGPUR: A four-year-old boy died when he suffered an electric shock on touching a television set-top box (STB) at his home in Nagpur district, police said on Wednesday.

The incident took place on Tuesday afternoon in the Khair Pannase area under Hingna police station limits when the boy was watching cartoons on television and his father was resting in the

bedroom, they said.

The boy pulled the STB and tried to carry it with him. In the process, he suffered an electric shock and fell unconscious, said the police.

After some time, the boy's father noticed him lying unconscious on the floor and rushed him to a hospital where the child was declared dead by doctors, they said.

A case of accidental death was registered by the police.

Chandrayaan-3 Gets Closer To The Moon's Surface: ISRO



A view of the moon as viewed by the Chandrayaan-3 lander during Lunar Orbit Insertion.

Agenceis

Bengaluru: Chandrayaan-3 spacecraft moved closer to the Moon's surface on Wednesday after it underwent another orbit reduction maneuver, ISRO said.

India's ambitious third Moon mission's spacecraft Chandrayaan-3 after the launch on July 14, had entered into lunar orbit or the Moon's orbit on August 5.

"Even closer to the moon's surface, Chandrayaan-3's orbit is reduced to 174 km x 1437 km following a maneuver performed today," ISRO said in a tweet.

The next operation is scheduled for August 14, between 11.30 am and 12.30 pm, ISRO said.

A similar orbit reduction maneuver was carried out by the ISRO on Sunday. As the mission progresses, a series of maneuvers is being conducted by ISRO to gradually reduce Chandrayaan-3's orbit and position it over the lunar poles.

According to ISRO sources, there will be two more orbit reduction maneuvers to bring the spacecraft closer to the Moon.

These maneuvers will be performed on August 14 and 16 to reach 100 km orbit, following which the landing module, comprising the lander and rover will break away from the propulsion module.

After this, the lander is expected to undergo a "deboost" (the process of slowing down) and make a soft landing on the south polar region of the Moon on August 23.

Over five moves in the three weeks since the July 14 launch, ISRO had lifted the Chandrayaan-3 spacecraft into orbits farther and farther away from the Earth.

Then, on August 1 in a key maneuver -- a slingshot move -- the spacecraft was sent successfully towards the Moon from Earth's orbit. Following this trans-lunar injection, the Chandrayaan-3 spacecraft escaped from orbiting the Earth and began following a path that would take it to the vicinity of the moon.

Chandrayaan-3 is a follow-on mission to Chandrayaan-2 to demonstrate end-to-end capability in safe landing and roving on the

lunar surface. It consists of lander and rover configuration.

It comprises an indigenous propulsion module, lander module, and a rover with an objective of developing and demonstrating new technologies required for inter-planetary missions.

The propulsion module will carry the lander and rover configuration till 100 km lunar orbit. The propulsion module has Spectropolarimetry of Habitable Planet Earth (SHAPE) payload to study the spectral and polarimetric measurements of earth from the lunar orbit.

The mission objectives of Chandrayaan-3 are to demonstrate safe and soft landing on the lunar surface, to demonstrate rover roving on the Moon, and to conduct in-situ scientific experiments.

The lander will have the capability to soft land at a specified lunar site and deploy the rover that will carry out in-situ chemical analysis of the Moon's surface during the course of its mobility.

The lander and the rover have scientific payloads to carry out experiments on the lunar surface.

Brain-Like Power: Quantum Material Paves Way For Energy-Efficient Computing

Agenceis

A team of researchers from the Quantum Materials for Energy Efficient Neuromorphic Computing (Q-MEEN-C) consortium, led by the University of California San Diego, has unlocked a hidden potential in quantum materials. This potential, known as "non-local" behavior, holds promise in mimicking the intricate workings of the human brain and revolutionizing energy-efficient computing.

The recent strides in quantum material research have unearthed the potential for energy-efficient computing that emulates the brain's functions. The discovery of non-local behavior marks a critical milestone on the path to creating brain-like computers with minimal energy requirements, heralding a new era of computing innovation.

Traditionally, computers have outperformed humans in tasks such as complex calculations and quick data recall. However, the human brain remains unparalleled in its ability to process complex information layers swiftly, accurately, and with minimal energy consumption. Recognizing faces after a single encounter or distinguishing between various objects, like mountains and oceans, showcases the brain's astonishing efficiency.

The journey toward creating brain-like computers with minimal energy requirements has taken a significant stride forward, thanks to the recent discovery of non-local behavior in quantum materials. The breakthrough has opened the door to more energy-efficient neuromorphic computing, where devices emulate the brain's intricate functions.

Professor Alex Frañó, co-director of Q-MEEN-C, explained that non-local interactions, which are common and effortless in the human brain, have been a rarity in synthetic materials until now. This newfound capability paves the way for the creation of more efficient machines capable of sophisticated learning processes.

The research, published in Nano Letters, builds on the

consortium's earlier work to emulate brain elements like neurons and synapses using quantum materials. The latest findings reveal that electrical stimuli transmitted between neighboring electrodes can also influence non-neighboring electrodes. This phenomenon of non-locality holds immense significance, marking a critical milestone in the journey toward brain-inspired computing.

The breakthrough was not without its challenges. The pandemic-induced closure of physical lab spaces compelled the researchers to devise innovative methods. Utilizing arrays of devices to simulate neurons and synapses, they confirmed the theoretical possibility of non-locality in quantum materials.

Upon the reopening of labs, the team collaborated with UC San Diego's Jacobs School of Engineering Associate Professor Duygu Kuzum, who helped translate simulations into actual devices. The process involved manipulating a thin film of nickelate, a "quantum material" ceramic with rich electronic properties. By introducing hydrogen ions and applying an electrical signal, the researchers induced a memory-like configuration change in the material. This configuration remained even after the signal was removed, representing a breakthrough step toward creating more conductive pathways for electricity flow.

Innovatively, the design concept deviates from conventional circuitry. Drawing inspiration from the non-local behavior observed in the experiment, the Q-MEEN-C researchers realized that circuit wires need not be continuously connected. This design similarity to a spider web, where movement in one part resonates across the entire structure, offers a more efficient and cost-effective approach to creating networks for electricity transport.

While artificial intelligence (AI) software has made remarkable progress in simulating brain-based activities, the ultimate potential can only be realized when advanced hardware complements the software's capabilities.

Quick eats for busy people

Bun Maska & Chai

Turkish doner kebab

Who Says Healthy Food Can't Taste Good?

BRING YOUR KIDS ALONG