

## Despite 'Durbar' End, Kashmir Vendors Keep Date With Winter Wear In Jammu

Press Trust Of India

**Jammu:** Braving chilly weather and foggy conditions, people from Kashmir have put up carts selling new and used winter wear in several parts of Jammu city, which was a regular sight during the now-scrapped Durbar Move.

Hundreds of Kashmiri youngsters have lined the streets in the Panama Chowk, Bahu Plaza, Gujjar Nagar, B C Road, Belicharana and the Gandhinagar areas of the

city, continuing their 'annual practice'.

The more than 150-year-old biannual tradition of "Durbar Move" – shifting of the civil secretariat between the two capitals of Jammu and Kashmir – used to witness over one lakh people from Kashmir, mostly government employees and their families, throng Jammu in winters to avoid the chilly and harsh weather conditions in the Valley.

The Lieutenant Governor Manoj Sinha-led administration



stopped the practice in June 2021 after moving to e-office to ensure smooth functioning of the civil secretariat in the twin

capitals across the year, saving Rs 200 crore per year on shifting of the offices.

The vendors from Kashmir said they continue to come here every winter to sell warm clothes even though the Durbar Move has stopped.

"We come here every winter to sell warm clothes to the people of Jammu. We will continue this practice as the people here are still coming forward to buy them," Ishtiyaq Ahmed, a resident of South Kashmir selling used winter wear at Belicharana, told PTL.

The Kashmiri vendors were all praise for the people of Jammu for their warmth and said they would continue their practice of coming here every winter to sell clothes even though the Durbar Move has stopped.

For many residents of Jammu, it is an opportunity to get winter clothes at affordable prices. "We come here to get these warm clothes as they are affordable for middle-class people. We await their arrival," Jammu resident Sham Sunder said. The practice **More on P6**

## Pahalgam Shivers At Minus 11.8 Deg Celsius

Press Trust Of India

**Srinagar:** The minimum temperature settled below the freezing point in Kashmir as the weather stayed dry, even as the Meteorological Department has forecast rains and snow from the mid-week, officials said on Tuesday.

Srinagar recorded a low of minus 2.7 degrees Celsius on Monday night -- down from minus 1.9 degrees Celsius the night before, they said. The minimum temperature was 0.6 degree below the normal.

Qazigund, the gateway to the Valley, registered a minimum of minus 5.4 degrees Celsius 2.1 degrees below the normal.

Kokernag in south Kashmir recorded a low of minus 5.2 degrees Celsius, while the minimum in Kupwara, a frontier district, settled at minus 4.3 degrees Celsius 7.4 degrees below the normal, the officials said.

Pahalgam in Anantnag district, which also **More on P6**

## No Threat To Bharat Jodo Yatra In J&K: DGP



Press Trust Of India

**Srinagar:** Jammu and Kashmir DGP Dilbag Singh on Tuesday said there are no inputs of a possible threat to the Rahul Gandhi-led 'Bharat Jodo Yatra' and that adequate security will be provided to the march when it reaches the Union territory.

"The Yatra will enter Jammu from Punjab in a day or two. For a few days, the march will be in different districts of Jammu and then it will enter the Kashmir Valley.

"The Yatra will be in Kashmir for three to four days. We have discussed that (in the security review meeting). We have discussed the arrangements at the

range-level and the district-level. Whatever security measures need to be taken, they will be taken," Singh told reporters here.

The march, which started from Kanyakumari in Tamil Nadu on September 7, will conclude with Gandhi hoisting the national flag in Srinagar. It has so far covered Tamil Nadu, Kerala, Karnataka, Andhra Pradesh, Telangana, Maharashtra, Madhya Pradesh, Rajasthan, Delhi, Uttar Pradesh, Haryana and Punjab.

Asked if there was any threat input about the Yatra, the top cop said, "There is no such input."

"To a question on whether the Yatra will be allowed on foot, he replied that it will **More on P6**



A man walks through a paddy field covered by a thick layer of snow in South Kashmir's Anantnag district on a sunny Tuesday afternoon. KO Photo, Abid Bhat

## 2 DAP Leaders Return To Congress

Press Trust Of India

**Jammu:** In another setback to the Ghulam Nabi Azad led Democratic Azad Party (DAP), two of its former leaders on Tuesday joined the Congress along with 58 other political activists here.

Former Member of Legislative Council (MLC) Nizamuddin Khatana, his son and former vice chairman of Gujjar and Bakerwal Welfare Board Gulzar Ahmad Khatana and others were welcomed into the party fold by AICC J-K in-charge Rajni Patil and J-K Congress president Vikar Rasool Wani at the party headquarters.

Former deputy chief minister Tara Chand, former minister Peerzada Mohd Sayeed and former MLA Balwan Singh who returned to the Congress fold early this month **More on P6**

## Security Agencies In J&K On Toes

AUQIB JAVEED

With just 10 days left for Bharat Jodo Yatra to reach Srinagar, the entire security apparatus are on their toes to ensure smooth end of the padayatra spearheaded by former Congress President Rahul Gandhi to the Union Territory. Police sources told Kashmir Observer Tuesday **More on P6**

## Admin Permitted Mega Rally In Srinagar: Cong

The Jammu and Kashmir administration has granted permission for a mega rally to mark the culmination of the Rahul Gandhi-led 'Bharat Jodo Yatra' at Srinagar's Sher-e-Kashmir Cricket Stadium on January 30, a senior **More on P6**

**OUR ENDEAVOUR WILL BE TO TAKE FORWARD THE MARCH** with vehicles wherever there is a single road, and in rest of the places, the participants may be advised to walk on foot where the roads allow."

## Have Got Vital Leads In Rajouri Attack Case: DGP

Press Trust Of India

**Srinagar:** Security forces have got several concrete leads in the Rajouri terror attack case in which seven civilians were killed, Jammu and Kashmir Police chief Dilbag Singh said on Tuesday.

Singh said several people who were in contact with the terrorists have been questioned and the police will "achieve success very soon".

He said the security forces have launched operations in the area four times, but so far, there has not been any success.

"We have got many solid proofs during the investigation. We have the details of many people who came in their contact, some of them

have been questioned as well. Arrests will be made as per the requirement. This process is on and I am hopeful that we will achieve success very soon," the J-K director general of police told reporters here.

Seven people belonging to a particular community were killed and 14 others injured in a twin strike by terrorists at Dhangri village of Rajouri on January 1 and 2.

Asked about deputy chief of Pakistan-based militant group Lashkar-e-Taiba, Abdul Rehman Makki, being designated as global terrorist by UN Security Council, Singh said the move will help tighten the noose around the perpetrators of terror in J-K and across the country. "Those prominent **More on**

## Govt Employees Ordered To Attend R-Day Functions

Observer News Service

**Srinagar:** The Jammu and Kashmir government has asked its employees to attend January 26 functions and 'beating retreat ceremony' as a part of their official duty in the Union Territory.

The main function of the Republic Day, 2023 is being held at Maulana Azad Stadium, Jammu, where the Lieutenant Governor will preside over the function and take the salute," the government said in a circular, adding, "All the officers/officials of the Government and Public Sector Undertakings, stationed at Jammu, are called upon to attend the function as a part of their official duty."

All Heads of Departments and Chief Executives of Public



Sector Undertakings have been asked to ensure their own participation and also of the employees subordinate to them in the function.

Meanwhile, according to a separate circular, "Beating Retreat Ceremony of the Republic Day Celebrations"

is being held on January 29 at 04:30 p.m. at Maulana Azad Stadium, Jammu. "All the officers/officials of the Government Departments stationed at Jammu are directed to attend the Beating Retreat Ceremony," the order reads, adding, **More on P6**

## R-DAY CELEBRATIONS

## Police To Verify Border Residents In Samba

Press Trust Of India

**Jammu:** Ahead of the Republic Day celebrations, the Jammu and Kashmir Police will carry out verification of inhabitants living in close proximity of the International Border in Samba district and ensure that no outsider movement goes unchecked, officials said on Tuesday.

A direction to this effect was conveyed by Senior Superintendent of Police (SSP), Samba, Benam Tosh to in-charges of border outposts at a high-level security review meeting, they said.

The Congress leader Rahul Gandhi-led 'Bharat Jodo Yatra' will enter Jammu and Kashmir on January 19 and pass through Samba district as well, the officials said.

The Samba SSP directed the

officers to verify the identities of inhabitants of border areas in their jurisdictions and ensure that no movement of any outsider goes unchecked, they said.

At the meeting, Tosh laid emphasis on better coordination and synergy among all agencies concerned, especially during the Republic Day celebrations in areas situated along the IB.

The officers were further directed to strengthen checkpoints on highway as well as on border roads in addition to organising joint surprise checkpoints at selected places, the officials added.

There was discussion on the present security scenario and the officers were advised to mobilise all available resources to generate actionable intelligence and conduct regular mock exercises **More on P6**

## SHORT TAKES

### Widow Of Slain KP Gets Govt Job

The Union Territory Lieutenant Governor, Manoj Sinha on Tuesday handed over an appointment letter to the wife of Purnan Krishan Bhat, who was killed by terrorists in Shopian district of South Kashmir. Bhat was shot dead by militants on October 15 last year, outside his ancestral house in the Chowdhary Gund area of south Kashmir's Shopian district, where he had gone to look after his orchards. The LG gave an appointment letter to Bhat's wife Sweetie. The family members of Bhat were also present at the Raj Bhawan. Bhat was killed on October 15 last year outside his ancestral house at the Chowdhary Gund area in Shopian while he was out in his orchards. **More on P6**

### VDG Member Fires Warning Shots In Rajouri

Unaware that cries from his neighbour's house were because it had caught fire, a village defence group (VDG) member in Jammu and Kashmir's Rajouri district allegedly fired shots in the air mistaking it as a terror incident, officials said. The fire engulfed Vijay Singh's house in Draman village after which the family members started crying, they said. A man from the same village mistook it as a suspicious incident and fired aerially with his VDC weapon. The VDC member fired three bullets in the air, the officials said. Station House Officer Budhal, N R Thakur said that soon after the incident **More on P6**

### High Risk Patient Airlifted From Machil

With timely intervention of District Administration Kupwara, one more life was saved on Tuesday from the tough situation in the snow bound Machil area, an official spokesperson said. He said that the Deputy Commissioner Kupwara with the active support of Army arranged a chopper service for evacuating a high risk patient namely Zareena from Thali Dudi in Machil area of Kupwara district. "The Department of Health & Family Welfare in its release have expressed gratitude and thanked District Administration Kupwara in general and Deputy Commissioner Kupwara Dr Doifode Sagar Dattatray in particular for arranging a Chopper service to ensure timely evacuation **More on P6**

### Two Heroin Suppliers Held In Samba

Two suspected heroin suppliers were arrested and contraband worth Rs 1.10 lakh seized from them in Jammu and Kashmir's Samba district on Tuesday, a senior police officer said. Mushtaq Ali alias "Kaka" of Bari Brahmana and Md Arif alias "Billa" of Ramkot-Kathua were arrested during checking along the Jammu-Pathankot Highway, Senior Superintendent of Police (Samba) Benam Tosh said. Calling the duo's arrest a "big catch", the officer said the police had been looking for them. Billa and Kaka were the top smugglers-cum-suppliers of heroin, he said. "They used to smuggle Pakistan-made heroin from Punjab and used to supply it to the youth in Marheen, Hiranagar, Kathua, Samba, Sarore, **More on P6**



# 2022 The Fifth Warmest Year On Record: NASA

Press Trust Of India

**W**ashington- Earth's average surface temperature in 2022 tied with 2015 as the fifth warmest on record, according to an analysis by (NASA).

Continuing the planet's long-term warming trend, global temperatures in 2022 were 1.6 degrees Fahrenheit, or 0.89 degrees Celsius, above the average for NASA's baseline period 1951-1980, scientists from NASA's Goddard Institute for Space Studies (GISS) in New York reported.

"This warming trend is alarming," said NASA Administrator Bill Nelson.

"Our warming climate is already making a mark: Forest fires are intensifying; hurricanes are getting stronger; droughts are wreaking havoc and sea levels are rising. NASA is deepening our commitment to do our part in addressing climate change," said Nelson.

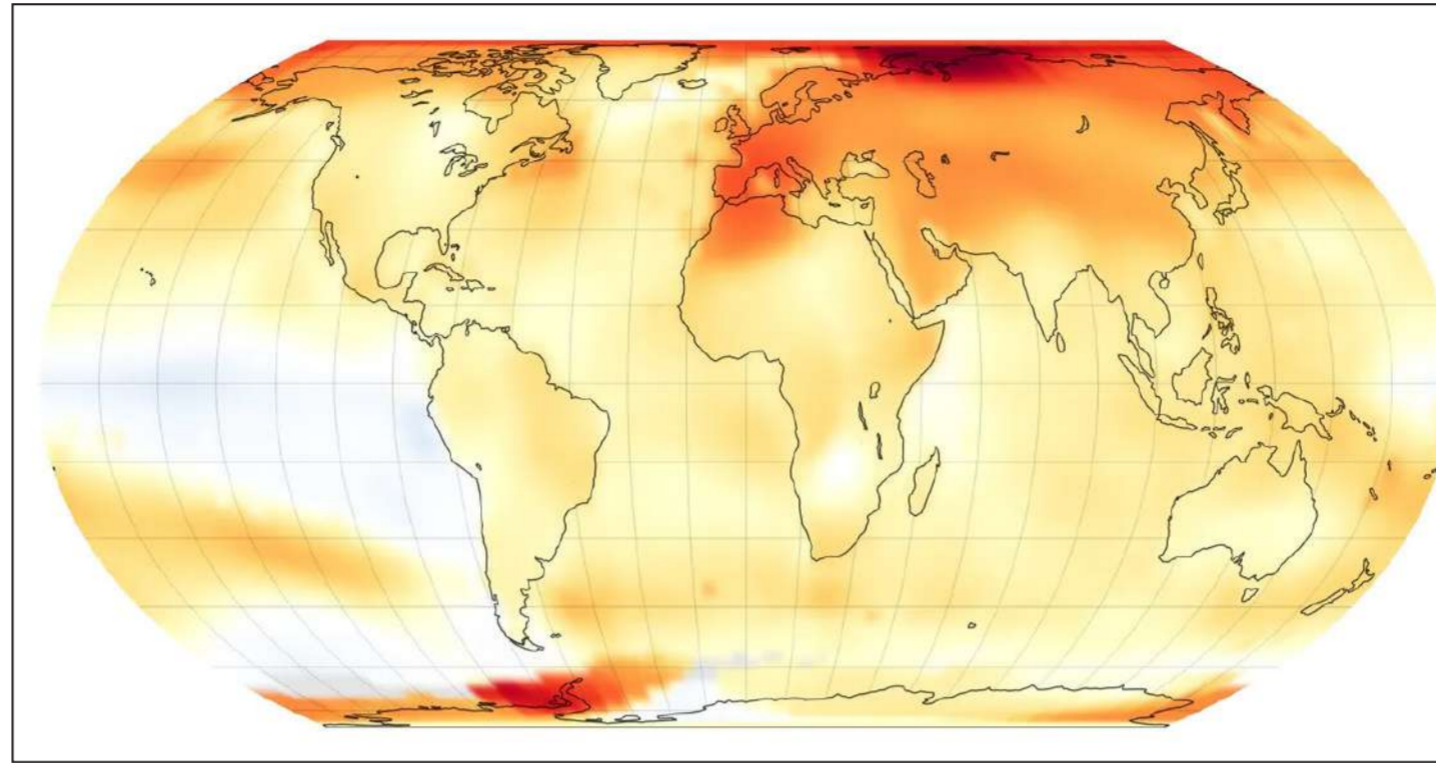
The past nine years have been the warmest years since modern recordkeeping began in 1880. This meant Earth in 2022 was about 2 degrees Fahrenheit, or about 1.11 degrees Celsius, warmer than the late 19th century average, the study said.

"The reason for the warming trend is that human activities continue to pump enormous amounts of greenhouse gases into the atmosphere, and the long-term planetary impacts will also continue," said Gavin Schmidt, director of GISS.

Human-driven greenhouse gas emissions have rebounded following a short-lived dip in 2020 due to the COVID-19 pandemic, the study said.

Recently, NASA scientists, as well as international scientists, determined carbon dioxide emissions were the highest on record in 2022, the study said.

NASA also identified some super-emitters



of methane - another powerful greenhouse gas - using the Earth Surface Mineral Dust Source Investigation instrument that launched to the International Space Station last year, the study said.

The Arctic region continues to experience the strongest warming trends - close to four times the global average - according to GISS research presented at the 2022 annual meeting of the American Geophysical Union, as well as a separate study.

Communities around the world are experiencing impacts scientists see as connected to the warming atmosphere and ocean. Climate change has intensified rainfall and tropical storms, deepened the severity of droughts, and increased the impact of storm surges.

Last year brought torrential monsoon rains that devastated Pakistan and a persistent megadrought in the U.S. Southwest. In September, Hurricane Ian became one of the strongest

and costliest hurricanes to strike the continental U.S.

NASA's global temperature analysis was drawn from data collected by weather stations and Antarctic research stations, as well as instruments mounted on ships and ocean buoys. NASA scientists analyzed these measurements to account for uncertainties in the data and to maintain consistent methods for calculating global average surface temperature differences

for every year, the study said.

These ground-based measurements of surface temperature were consistent with satellite data collected since 2002 by the Atmospheric Infrared Sounder on NASA's Aqua satellite and with other estimates, the study said.

NASA uses the period from 1951-1980 as a baseline to understand how global temperatures change over time. That baseline includes climate patterns such as La Nina and El Nino, as well as unusually hot or cold years due to other factors, ensuring it encompasses natural variations in Earth's temperature, the study said.

Many factors can affect the average temperature in any given year. For example, 2022 was one of the warmest on record despite a third consecutive year of La Nina conditions in the tropical Pacific Ocean, the study said.

NASA scientists estimate that La Nina's cooling influence may have lowered global temperatures slightly, about 0.11 degrees Fahrenheit or 0.06 degrees Celsius, from what the average would have been under more typical ocean conditions.

A separate, independent analysis by the National Oceanic and Atmospheric Administration (NOAA) concluded that the global surface temperature for 2022 was the sixth highest since 1880.

NOAA scientists used much of the same raw temperature data in their analysis, but had a different baseline period (1901-2000) and methodology. Although rankings for specific years did differ slightly between the records, they were in broad agreement and both reflected ongoing long-term warming, the study said.

NASA's full dataset of global surface temperatures through 2022, as well as full details with code of how NASA scientists conducted the analysis, are publicly available from GISS, the study said.

## PUBLIC NOTICE

I am applying for the registration of my Tour & Travel Agency under the Name & Style "Kashmir Waiting Holiday" at Agrikalan, Gulmarg Road Magam. If anybody having any objection in this regard he/she may file his/her objection in the Asst Director Tourism Gulmarg within a period of seven days from the date of publication of this notice. After that no objection shall be entertained.

Younis Jehangir  
S/o Ghulam Mohammad Ganai  
R/o Pari-pora, Magam Cel No: 9797196823

bmg

## UNIVERSITY OF KASHMIR NOTICE

The candidate whose particulars are given below has reported to the University that she has lost her University Certificate/s and has applied for issuance of Duplicate Certificate/s:-

Name: **MOHD ASHRAF PALA**  
Parentage: **Sona Ullah Pala**  
R/o: **Boh Sail Khayan Kulgam**  
Registration No: **2885-PRA-2008**  
Certificate/s lost: **B.A Ist/2nd/3rd Yr**  
Roll No/s: **80516/14607/40012** | Session/Yr: **Dec 2008-Jan 2009/ Sept 2010-Jan2011/Dec 2010**

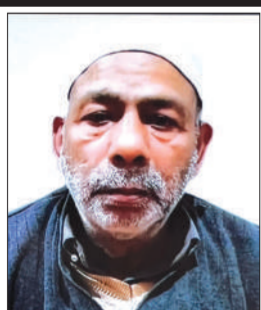


Before University will consider issuance of Duplicate Certificate/s in favour of the candidate, any person having any objection shall report to the undersigned within one week from the date of issuance of this notice. The original certificate/s issued to the candidate be treated as cancelled.

**Sd/- Assistant Controller of Examinations (Certificates)**

inf

## FATEHA KHAWANI



With profound grief, we inform the demise of **Abdul Rashid Dar** S/o Late Mohammad Ramzan Dar R/o Baghe-Jogilanker Rainawari, Srinagar on **17th of Jan. 2023 (Tuesday)**. May Almighty Allah grant Jannat ul Firdous to the departed soul. Fateha Khawani will be held on **19th of Jan. 2023 (Thursday)** at their ancestral graveyard Zindshah Masjid, Rainawari, Srinagar at **10:30 am**.

**BEREAVED FAMILY**  
**6005588161, 9596665600**

abko

## FATEHA KHAWANI

With profound grief, we inform that the demise of our beloved mother **Zoona Begum** w/o Late Ali Muhammad Bhat R/o Palpora Sonwar who passed away on 17 Jan 2023 and her Fateha Khawani will be observed on 20Jan 2023 (Friday) after Friday prayers at 2:30 PM at Ancentrol graveyard Gupkar Road Sonwar Srinagar

**BEREAVED FAMILY**  
Bilal Ahmad Bhat  
Hilal Ahmad Bhat  
8082000234

abko

## GOVERNMENT OF JAMMU AND KASHMIR OFFICE OF THE CHIEF EXECUTIVE OFFICER, MISSION YOUTH J&K Srinagar/Jammu

Email: missionyouthjk@gmail.com

### NOTICE

Subject: Release of Second Instalment of JK Super-75 and JK SuperB-75 Scholarship Schemes of Mission Youth. The final selection list of candidates under the JK Super-75 and JK SuperB-75 Scholarship scheme of Mission Youth was issued on 12-03-2022 and subsequently, the first instalment was released to the selected candidates under the scholarship scheme. The scheme covers the following expenses:

1. Admission Fee
2. Tuition
3. Library Fee
4. Laboratory Fee
5. Sports Fee
6. Examination Fee
7. Hostel Charges/ Hostel Fee
8. Transport Fee
9. Other expenses, not exceeding Rs. 10,000 incurred on Purchase of Books/Study Material/ Stationery Items etc.

As the second instalment of the scholarship scheme is due, theselected candidates are intimated through the medium of this notice to submit the application form for release of second instalment (Annexure-A) along with following documents as mandated by the scheme guidelines and as notified in the above referred final selection notice:

1. Certificate from University/Institution that the candidate attended more than 80% theory and 90% practical classes, if applicable, in the previous academic year.
2. Proof of successful completion of first year.
3. Expenditure details of First Year with documentary proof (on account of expenditure on heads listed in point (1) above.
4. Original receipts showing expenditure on account of the above-mentioned permissible expenses
5. In case the candidate has completed the degree, the candidate shall also submit the final mark-sheet for passing the degree.

The Candidates shall submit the application form along with original receipts at the below mentioned locations as per the schedule given below:

JAMMU	SRINAGAR
TRIBAL RESEARCH INSTITUTE- COMPUTER LAB, 3rd FLOOR, HAJJ HOUSE, BEHIND RBI, BAHU PLAZA, JAMMU	OFFICE OF DISTRICT YOUTH SERVICES AND SPORTS OFFICER, NEAR TAGORE HALL, WAZIR BAGH, SRINAGAR
16-01-2023 to 20-01-2023 (1100 hrs to 1500 hrs)	16-01-2023 to 20-01-2023 (1100 hrs to 1500 hrs)

Candidate can submit the applications at any on the above locations as per their convenience. Candidate may note that calculation of second instalment shall be done as per the procedure laid out in the above referred final selection notice.

No: FD-MY/13/2021  
**DIPK-16336/22** Date: **17-01-2023**

Sd/-  
Chief Executive Officer  
MISSION YOUTH, J&K

### ANNEXURE-A APPLICATION FOR RELEASE OF SECOND INSTALLMENT OF JK SUPER-75 / JK SUPERB-75 SCHOLARSHIP OF MISSION YOUTH, J&K

NAME	
FATHER'S NAME	
MOTHER'S NAME	
DOB	
PHONE NUMBER	
E-MAIL ID	
DISTRICT	
COURSE PURSUED	
UNIVERSITY/COLLEGE	

HEAD	AMOUNT (in Rs.) (For 1st Year, to be submitted as per actuals on the duly authenticated Receipts)	Receipt Attached (Yes/No)
1. Admission Fee		
2. Tuition		
3. Library Fee		
4. Laboratory Fee		
5. Sports Fee		
6. Examination Fee		
7. Hostel Charges/ Hostel Fees		
8. Transport Charges		
9. Other expenses, not exceeding Rs. 10,000 incurred on Purchase of Books/ Study Material/ Stationery Items etc.		
TOTAL		

DOCUMENTS ENCLOSED:	ENCLOSED (YES/NO)
Certificate from University/Institution that the candidate attended more than 80% theory and 90% practical classes, if applicable, in the previous academic year.	
Proof of successful completion of first year.	
In case the candidate has completed the degree, the candidate shall also submit the final mark-sheet for passing the degree in the stipulated time.	

Undertaking: I, do hereby submit that the above information is true in all respect and in the event of same being found as untrue/false/fake, I shall be liable to repay the amount back along with penalty as deemed fit by CEO, Mission Youth, J&K.

DATE:  
SIGNATURE OF CANDIDATE

## Government of Jammu & Kashmir OFFICE OF THE EXECUTIVE ENGINEER MECHANICAL HOSPITAL AND CENTRAL HEATING DIVISION SRINAGAR (Tele-fax No: 019-2496089, e-mail id: xenmhchdk@yahoo.in)

Gist of E- NIT NO: MHCHD/TS /2022-23/194/e-tendering Dated: 10.01.2023

For and on behalf of the Lt. Governor, J&K e-tenders are invited from registered/reputed/experienced firms with J&K UT Govt., CPWD, Railways and other State/Central Governments for the below mentioned work:-

Name of Work	Est. Cost (Rs. in Lacs)	Cost of T/Doc. (In rupees)	Time of completion (in Days)	Technical Sanction No	AAA accorded vide	Earnest Money (in Rs.)
1	2	3	4	5	6	7
Repairs/Relocation of Oxygen, Vacuum and Medical Air Pipe line from PHE Station to Saria Block at Govt. LD Hospital, Srinagar.	2.014	200	05 Days	MHCHD/TS/127 Dated 12/22	05-MCS of 2022, Dt:10-06-2022	4000
Dismantling/shifting of damaged 6'x8'x5' MS Tank and fabrication of MS Base frame for holding 5000 Litres x2 No Plastic Tanks in Laundry Section of Govt. LD Hospital, Srinagar.	0.875	100	05 Days	58 of 01/23 (AEE SD-2nd)	05-MCS of 2022, Dt:10-06-2022	1800

1. The Tender document Consisting of qualifying information, eligibility criteria, specifications, Bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website [www.jktenders.gov.in](http://www.jktenders.gov.in) from 10.01.2023 (18.00 hrs).
2. The bidders shall deposit their bids in electronic format on the above web site from 11.01.2023 (10:00hrs) to 16.01.2023 (14:00 hrs) in two (02) cover.
3. The bids uploaded on the website up to due date and time will be opened on 16.01.2023 (16.00 hrs) or any date convenient to the department in the office of Executive Engineer, MHCHD, Srinagar.

Sd/-  
Executive Engineer,  
MHCHD, Srinagar

No. MHCHD/TS/9458-63  
DIPK-16282/22 Date: 17-01-2023

## GOVERNMENT OF JAMMU & KASHMIR State Taxes Department Excise And Taxation Complex Solina Srinagar/Panama chowk Jammu

### PUBLIC CIRCULAR

It is for the information of general public that any person receiving any money exceeding one hundred rupees in amount, or any bill of exchange, cheque or promissory note for an amount exceeding one hundred rupees, or receiving in satisfaction or part satisfaction of a debt any movable property exceeding one hundred rupees in value, shall, on demand by the person paying or delivering such money, bill, cheque, note or property, give a duly stamped receipt for the same. Further, every instrument is also liable to stamp duty as per Schedule 1<sup>st</sup> of the J&K Stamps Act, smvt.1977.

Therefore, it is impressed upon all the citizens of the Union territory of Jammu and Kashmir to adhere to the provisions of the J&K Stamps Act, smvt. 1977 by paying stamp duty of the appropriate amount without fail.

Sd/-  
Commissioner of Stamps, Jammu and Kashmir.

No: PS/CST/GEN/CIR/734  
**DIPK-16344/22** Dated: **17/01/2023**

## Chain-Stitch Artisans See No Future For The Craft

Agencies

Srinagar: Traditional chain-stitch craft is witnessing slow death with craft restricted to the old generation of artisans.

Mohammad Irfan Wani, a chain stitch artist from Malchemar Aali Kadal said that his family has been associated with 'Jalakdozi' craft for the last 200 years. But he is worried the craft which his forefathers introduced in his family will have no takers now.

"I will be the last person in my family to be associated with the art as none is ready to learn. Also, there is a low demand for chain stitch items. An artisan earns a mere Rs 100-150 per day and they can't sustain their families," he said.

He blamed the government for its failure in reviving the art.

"Our items are reaching every country and demand

can increase too. But middlemen are looting both artists and customers and despite repeated requests to the government, no step has been taken to stop this practice," he said.

Gulzar Ahmad (61), another artist from Aali Kadal in Srinagar complained that there is little demand for the chain stitch products.

People who have been associated with the art are finding it hard to meet their two ends and most of them have left the trade, he said.

Chain stitch is a sewing and embroidery technique in which a series of looped stitches form a chain-like pattern. Chain stitch has been inspired by the enchanting natural beauty of Kashmir, hence motifs like Booen (chinar), Badam (paysley), Yemburzal (narcissus), Daenposh (pomegranate) and Pamposh (lotus) are the most popular and repeatedly employed motifs—(KNO)



## GDC&H Gets Recognition Of MDS Degrees From Union Health Ministry

Observer News Service

Srinagar: The Ministry of Health and Family Welfare (MOH&FW), Government of India (GoI), New Delhi has conveyed the approval of the Central Government to the recommendations of Dental Council of India (DCI) for recognition of the MDS degrees in Govt. Dental College & Hospital Shireen Bagh, Srinagar to be awarded by University of Kashmir.

As per an official communiqué, the MDS degrees in Govt. Dental College & Hospital, Shireen Bagh shall be awarded against the increased intake capacity from 2 to 3 in 06 specialities of (1) Conservative Dentistry and Endodontics; (2) Periodontology; (3) Prosthodontics and Crown & Bridge; (4) Oral Medicine and Radiology; (5) Orthodontics and Dentofacial Orthopedics and (6) Oral & Maxillofacial Surgery.

Prof. (Dr.) Riyaz Farooq, Principal/Dean, Govt. Dental College & Hospital, Srinagar has expressed happiness on

the said development and said that it will help in giving an opportunity to a lot of meritorious and deserving BDS candidates of J&K and other parts of Country to pursue their post graduation course in dentistry in Govt. Dental College & Hospital, Srinagar and will also help in improving the academics and patient health care in the institution.

Prof. (Dr.) Riyaz has thanked all the faculty members and staff members of the institution who have worked very hard for the last so many years to achieve the said recognition.

Prof. (Dr.) Shabir Ahmad Shah, Medical Superintendent, Govt. Dental College & Hospital, Srinagar has also expressed happiness on the said news and has also conveyed his gratitude to all the concerned especially to the Principal/Dean of the institution whose guidance, hard work and personal reputation and high regards among the dental professionals across the country, has ultimately helped the institution in achieving the said remarkable milestone.

## Screening Could Prevent Sudden Cardiac Death In Young People: DAK

Observer News Service

Srinagar: In the wake of spate of sudden cardiac deaths in Kashmir valley, Doctors Association Kashmir (DAK) on Tuesday called for screening of young people for conditions that can lead to sudden cardiac arrest or death.

"Screening could prevent sudden cardiac death in young people," said DAK President Dr Nisar ul Hassan in a statement.

"Several of the diseases that cause sudden death in young people can be detected

The DAK President said according to a Swedish study nine in ten cases of sudden death due to HCM in young people were preceded by symptoms, ECG abnormalities or family history.

"These findings suggest that cardiac screening may help prevent sudden death in young populations with HCM," he said.

Dr Nisar said sudden cardiac arrest in young can also be caused by a long QT syndrome, a genetic heart rhythm condition that causes fast and chaotic heart rhythm in a structurally normal heart. "A simple ECG screening can detect this condition and an ICD will help reduce the risk of death in these individuals."

He said sudden cardiac arrest is the abrupt or unexpected loss of heart function leading to loss of consciousness and collapse. "The condition usually results from a problem with your heart's electrical system. Sudden cardiac arrest isn't the same as a heart attack, when blood flow to a part of the heart is blocked. However, a heart attack can sometimes trigger an electrical disturbance that leads to sudden cardiac arrest."

"If not treated immediately, sudden cardiac arrest leads to death. Chances of survival outside a hospital increase in those who receive immediate bystander cardiopulmonary resuscitation (CPR)," he added.



by cardiac screening and treated before they turn into a tragedy," he said.

Dr Hassan said hypertrophic cardiomyopathy (HCM) is a major cause of sudden cardiac death in young. Usually inherited and often undiagnosed, HCM is a condition in which heart muscles become thickened without obvious cause. It affects one in 500 people in the general population.

"Picking up this condition early and placing an implantable cardioverter device (ICD) can prevent young individuals from dying," he said.

## Massive Anti-Encroachment Operations launched Across City

'Over 333 kanals of Prime Land retrieved from illegal possession in different parts of the District'

Observer News Service

Srinagar: Continuing anti-encroachment operations in Srinagar District to evict Government Land from the illegal occupants, the District Administration Srinagar launched a massive anti-encroachment drives in all Tehsils of the District and retrieved over 333 kanals of land including 202 kanals and 9 marlas of State land worth crores from land grabbers.

The anti-encroachment drives were conducted on the directions of the Deputy Commissioner Srinagar, Mohammad Aijaz Asad.

A team of Revenue and Police Officers/Officials headed by Tehsildar Eidgah, Ishfaq Ahamd Khan launched a massive anti-encroachment drive in Palpora area and retrieved over 153 kanals of State land from the land grabbers.

Similarly, in a major anti-encroachment drive launched at Lasjan under the supervision of Tehsildar Pantha Chowk, Rakib Ahmad as many as 51 kanals of Kacharie land was retrieved. In addition, 9 kanals of State land was also evicted from the encroachment.

In Khanyar Tehsil 22 Ka-

nals of State land under survey no.3157 was also evicted in the Brain area under the supervision of Tehsildar Khanyar Aaliya Tabasum.

Likewise, in Tehsil North, 47 kanals of Kacharie land was retrieved in Batpora and Gulab Bagh areas under survey no. 515 and 214 respectively by a

**In Central Shalteng Tehsil over 7 kanals of Kahcharie land and 4 kanals of State land has been evicted in Khushipora and Aramwari areas under survey no. 281, 139 and 141.**

Revenue Team headed by Tehsildar North, Kaiser Mehmood.

In South Tehsil of the District, a team headed by Tehsildar, Moean Azhar also conducted an anti-encroachment drive and retrieved over 13 kanals of State land under survey no. 159 and 1043,1044 from the encroachers at Shivpora and K P Bagh respectively.

Similarly, in Central Shalteng Tehsil over 7 kanals of Kahcharie land and 4 kanals of State land has been evicted

in Khushipora and Aramwari areas under survey no. 281, 139 and 141.

In Chanapora Tehsil over 26 kanals of Kahcharie land under survey no. 2521 and 2423 were also evicted from land grabbers in Nowgam area under the supervision of Tehsildar Chanpura, Saqib Saleem.

While, talking about the anti-encroachment drives undertaken today to preserve Government land, the DC Srinagar said anti-encroachment drives will continue in all the parts of the district to retrieve entire State and Kahcharai land encroached by the land grabbers. He said involvement in land encroachment will be dealt with sternly as per the law.

The DC also sought cooperation of the general public in its action against encroachments and also warned of action under CrPC in matters of encroachment on State/kahcharie lands.

While commending the efforts of the concerned Tehsildars and their teams, the Deputy Commissioner asked them to continue the anti-encroachment drives in their respective jurisdictions with added zeal and dedication so that all State/Kahcharie land is retrieved

- TRAFFIC POLICE : 9419993745, 01998-266686
- PCR: 0194-2452092,2455883
- PDD: 0194-2450213
- FIRE AND EMERGENCY SERVICES : 2479488,2452222,2452155
- CAPD: 18001807011
- SMC HEALTH OFFICER: 9469409081
- Ambulance: Kashmir EMS Service: +91 94841 00200

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- ANANTNAG: 01932-228243
- BARAMULLA: 0194-102029
- BIJBHERA: 01932-228243
- PAMPORE: 01933-294132
- PATTAN: 01954-293507
- QAZIGUND: 01951-296153

### HIGHWAY STATUS

- Sgr-Jammu highway - (Open)
- Mughal Road - (Closed)
- Srinagar-Leh- (Closed)

**HIJRI CALENDAR**

25 Jumad al-Sani  
**1444**

PRAYERS	
FAJR	6:08
ZUHR	12:38
ASR	4:08
Magrib	5:51
ISHA	7:15

## This Day In History

- 1884 - General Charles Gordon departs London for Khartoum
- 1896 - British troops occupy Kumasi, West Africa
- 1913 - Turkish-Greek sea battle near Troy
- 1919 - The Paris peace conference (aka the Versailles peace conference) opens to draw up the treaties formally ending the Great War (WWI)
- 1941 - World War II: A counter-offensive is launched by the British against the Italians in East Africa
- 1943 - Soviets announce they have broken the long siege of Leningrad by Nazi Germany
- 1943 - US rations bread & metal - banning presliced bread reduce bakery demand for metal parts
- 1943 - The first Warsaw Ghetto Uprising
- 1945 - Soviet troops capture Krakow, Poland.
- 1945 - Soviet Armed Forces enter Krakow and push Germans out only to eventually occupy entire country.
- 1947 - Small river steamer sank on Yangtze River, kills 400
- 1959 Ruth Jessen wins LPGA Tampa Golf Open
- 1960 - US & Japan sign joint defense treaty
- 1960 - Capital Airlines Flight 20 crashes in Virginia, killing all 50 people on-board
- 1968 - USSR performs nuclear test at Eastern Kazakh/Semipalatinsk USSR
- 1969 - Expanded 4 party Vietnam peace talks began in Paris
- 1969 - United Airlines Flight 266 crashes into Santa Monica Bay, killing all 38 people on-board
- 1974 - Israel & Egypt sign weapons accord
- 1977 - Imran Khan takes 12 wickets in match for Pakistan win at the SCG
- 1977 - Scientists identify a previously unknown bacterium as the cause of the mysterious Legionnaires' disease.
- 1977 - Australia's worst rail disaster occurs in Sydney, killing 83 people
- 1978 - Geoff Boycott captains England for the 1st time, v Pakistan at Karachi
- 1978 - Thiokol conducts 2nd test firing of space shuttle's SRB
- 1981 - Iran accepts US offer of \$7.9 billion in frozen assets
- 1983 - IOC restores Jim Thorpe's Olympic medals 70 years after they were taken from him for being paid \$25 in semipro baseball
- 1988 - Airliner crashes in SW China, killing all 108 on board
- 1989 - Astronomers discover pulsar in remnants of Supernova 1987A (LMC)
- 1989 - IBM announces earnings up 10.4% in 1988
- 1990 - South Africa says it is reconsidering ban on African National Congress
- 1991 - Iraq launches SCUD missiles against Israel
- 1991 - US acknowledges CIA and US Army paid Manuel Noriega \$320,000 over his career
- 1991 - Eastern Air Lines goes out of business after 62 years, citing financial problems.
- 1993 - Martin Luther King Jr. holiday observed in all 50 states of the USA for 1st time
- 1994 - The Cando event, a possible bolide impact in Cando, Spain. Witnesses claim to have seen a fireball in the sky lasting for almost one minute.
- 1996 - Baseball owners unanimously approve interleague play in 1997
- 2005 - The world's largest commercial jet, the Airbus A380, is unveiled in France

*From KO Archives*

## Child Back After 12 Years

Observer News Service

**B**ARAMULLA - A child who had crossed over to the other side of the line of control (LoC) at the age of five has returned to his home at Keran in the border district of Kupwara after turning 17. Identified as Babu Bhat s/o Taj Din Bhat, he crossed the LoC Thursday to the pleasant surprise of his grieving family.

(KASHMIR OBSERVER, 18 January, 2001)

# CRITICAL CARE AMBULANCE

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KASHMIR OBSERVER

Wednesday | 18-01-2023

## Mirage of Indo-Pak talks

Pakistan Prime Minister Shahbaz Sharif has sought the UAE's help to get Prime Minister Narendra Modi's to discuss the "burning" issue of Kashmir and resolve it in "a sincere and honest manner." In an interview to Al Arabiya TV channel, Sharif evoked the specter of a nuclear conflagration should a war break out between the two countries. "We are nuclear powers, armed to the teeth and if God forbid a war breaks out who will live to tell what happened," Sharif told the channel.

However, India is in no mood to engage Pakistan. External Affairs Minister S Jaishankar has made it amply clear that dialogue with Pakistan can only be held once it ends cross-border terrorism. So, there is little chance of dialogue taking place in the near to medium future. More so now when Pakistan is going through political and economic turmoil. The country's problems have increased manifold after Tehreek-e-Taliban, Pakistan (TTP) ended the ceasefire with Pakistan Army in November last and has since launched a series of attacks. This has worsened the internal security situation with the TTP and Baluch insurgent groups mounting attacks on the state. The country's economic situation is bleaker forcing the prime minister Sharif to reach out to Gulf nations for financial help.

There is another factor that will bar any early engagement between the two neighbours: the national elections in Pakistan this year and in India next year. In a sense, both the governments are in election mode. More so, Pakistan where general polls are being held in August.

But it is also true that the union government did engage with the neighbouring country informally for months after the withdrawal of Article 370. The back-channel talks were reported to have begun in November 2020 and by February 2021, the two countries reinstated the otherwise defunct 2003 ceasefire along the Line of Control. The truce was marked by a brief spell of bonhomie. But the two countries failed to build on that as Islamabad sought reversal of the revocation of Article 370 for the talks to go ahead. And India wanted terrorism to end. The ongoing turmoil in Pakistan has further complicated the matters.

And with the two countries looking forward to their respective national elections, the chances of an engagement have further ebbed. Now, if at all, any meaningful talks can only happen after the new governments are formed in the two countries which would happen only after 2024.

OTHER OPINION

## Census Delay

The latest census, conducted in India every 10 years, was supposed to have been completed by 2021 as per the schedule. The bulk of the data collection was to be done between April and September 2020; the final round was to take place in February 2021. When the pandemic struck in 2020, data collection was postponed indefinitely. Work on Census 2021 is yet to begin even though Covid-related mobility restrictions have been lifted. Some countries that had halted work pertaining to the census because of the pandemic have begun to collect data. A few nations are yet to start but these countries are much smaller than India in terms of population. In India, even though all government activities have resumed after the pandemic, no announcement has been made about when data collection would begin. The delay has many important consequences for policy-making, knowledge about the economy, and academic research that informs policy design. For instance, in the absence of up-to-date population figures, it is estimated that around 100 million new people who were supposed to come under the public food distribution system would be left out. Accuracies of policies that target consumption, income, or wealth creation in specific geographies or particular social groups would be affected too since all calculations would be based on erroneous numbers and statistics.

Census data are also used extensively by researchers, in India and abroad, for analysing the state of India's economy and society. Economists, sociologists, demographers and public-policy experts delve into the data to make predictions, garner inferences, and construct policy prescriptions. These exercises are likely to be hampered. The entire gamut of government policies would be adversely affected as well. Yet, the government appears unconcerned about this inordinate delay. It would not be surprising if the exercise is delayed beyond the parliamentary elections in 2024. Finally, it is now quite well-known internationally that India has been tardy in publishing official statistics on important measures such as poverty and unemployment. The delay in starting work on the census could be interpreted as being part of a larger strategy of feet-dragging over revealing what might be unpleasant data. India was once known to be a leader in the use of statistical data for national economic planning and policy-formulation. India's official data were never suspect despite the presence of a large informal sector where the reliability of data is usually suspect. If that reputation is tarnished further, it would cause damage to the nation's image.

Telegraph India

# Biden's Legal Troubles

Asad Mirza

Recent revelations that classified documents going back to President Joe Biden's term as vice-president have been found in his private office and at his home, may become a political – and possibly legal – liability for the president

US President Biden's own handling of classified materials is now under scrutiny given the revelations that documents were stored at his private office and home. In his defence Biden said he was "surprised" to learn of the discovery of the records. Earlier, he had branded his predecessor, Donald Trump, "irresponsible" for storing classified documents at his Mar-a-Lago estate in Florida.

### Biden's Headache

The latest imbroglio could become a headache for Biden: as first, the US Congress may investigate this oversight. The Republican Party feels emboldened by its majority in the House of Representative and it may issue a subpoena to Biden. Republican members of the Congress are already gearing up for a series of investigations into the Biden family's and his son Hunter's finances. The Congress's Speaker Kevin McCarthy said last week that he thinks that the Congress has to investigate this.

Meanwhile, letters have been sent to Attorney General Merrick Garland and Avril Haines, director of national intelligence, by Representative Mike Turner, the top Republican on the House Intelligence Committee, requesting a classified briefing on 23 January on the latest detection.

In his letter Turner wrote that the presence of classified information at the two locations "could implicate the president in the mishandling, potential misuse and exposure of classified information."

Meanwhile, the U.S. Attorney General Merrick Garland has appointed two different special counsels to independently investigate the handling of classified records by former Republican president Donald Trump and his Democratic successor, President Joe Biden.

Trump is being investigated by Jack Smith, a war crimes prosecutor, on whether he or his associates improperly retained classified records at his Florida estate after he left office in 2021 and then tried to obstruct a federal investigation. Former U.S. Attorney Robert Hur has been appointed by Garland to investigate the removal and retention of classified records from Biden's time as vice-president, and their discovery at two locations.

### Similarities between Biden and Trump's cases

According to the U.S. laws neither Trump nor Biden should have had any classified material in their possession. The records from each administration are supposed to be turned over to the legal custody of the U.S. National Archives, during a presidential transition period.

In addition, it is unlawful to knowingly or wilfully remove or retain classified documents. Failure to properly store and secure classified material poses risks to national security if it should fall into the wrong hands.

On the recovery, Biden has said he was surprised to learn he had classified information in his possession. While, Trump has said on social media, without providing evidence, that he de-classified the records, though his attorneys have declined to repeat that assertion in court filings.

The materials in question date back to when Biden was President Barack Obama's vice-president from 2009 to 2017, and when Trump was president from 2017 to 2021.

Legal experts say there are unambiguous contrasts between the two cases.

In Trump's case, the National Archives tried for more than a year after Trump left office to retrieve all of the records he retained, without success. When Trump finally returned 15 boxes of documents in January 2022, Archives officials discovered they contained classified materials.

The matter was referred to the Justice Department, which issued a grand jury subpoena



Biden ended 2022 with a number of late-year victories, his approval ratings had started to tick back up, and he is expected to announce in the coming weeks that he will run for a second term in 2024.

The documents debacle provides the Republicans with a new line of attack to use against him during the upcoming campaign and makes it more difficult for him to turn the issue against Trump

na last year in May seeking the return of all classified records. Investigators then visited Trump's home, where his attorneys handed over more material and asserted there were no more documents on the premises.

That turned out to be false. Additional evidence collected by the FBI, including surveillance footage from the Mar-a-Lago estate, prompted agents to seek court approval to execute a search warrant on 8 August 2022, amid concerns over possible obstruction. The FBI recovered an additional 13,000 documents, about 100 of which were marked as classified.

In Biden's case, Garland said the president's attorneys informed the Archives and the Justice Department in November 2022 that they had discovered fewer than a dozen classified files inside a closet at the Penn Biden Centre think-tank in Washington D.C. earlier that month.

After the discovery, the attorneys continued to conduct additional searches at Biden's

homes in Wilmington and Rehoboth Beach, Delaware, where more documents were found in both December 2022 and January 2023. All were turned over to the authorities.

### Legal perils for Biden and Trump

The US law is very clear that it is a crime only if the retention and removal of classified records is intentional. Prosecutors typically won't pursue charges for the accidental retention of classified records, but if there is evidence of possible obstruction of justice, that could change things.

On their part legal experts say, Trump faces considerably more legal liability than Biden. To date, there has been no suggestion by the Justice Department that Biden knowingly retained the records or refused to return them to the government.

Also, as the current president, Biden is unlikely to face prosecution. The Justice Department has not changed its long-standing policy that a sitting president cannot be indicted.

The same policy helped insulate Trump when he was president and under investigation by the then Special Counsel Robert Mueller. In that case, Mueller declined to determine whether Trump had obstructed his investigation into possible ties between Russia and Trump's 2016 election campaign because of the department's policy.

However, from a political perspective, questions about Biden's handling of classified documents could not come at a more inconvenient time for him and his party.

Biden ended 2022 with a number of late-year victories, his approval ratings had started to tick back up, and he is expected to announce in the coming weeks that he will run for a second term in 2024.

The documents debacle provides the Republicans with a new line of attack to use against him during the upcoming campaign and makes it more difficult for him to turn the issue against Trump, who has already announced he will seek the Republican nomination for president.

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer  
Asad Mirza is a political commentator based in New Delhi. He can be contacted on [www.asadmirza.in](http://www.asadmirza.in)

The US law is very clear that it is a crime only if the retention and removal of classified records is intentional. Prosecutors typically won't pursue charges for the accidental retention of classified records, but if there is evidence of possible obstruction of justice, that could change things



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## Welcome Move by Supreme Court

As per supreme court order the policy experts to ensure that Environment Impact Assessment studies should be done before giving the green signal for urban development projects in India's cities. It is high time that the legislature, the executive and policymakers at the Centre as well as at the State levels take note of the damage to the environment on account of haphazard developments and take

a call to take necessary measures to ensure that the development does not damage the environment. It is necessary that a proper balance is struck between sustainable development and environmental protection. It said that the legislature, the governments and experts should put their heads together to make necessary provisions for carrying out Environmental Impact Assessment studies before permitting urban development. The

judgment referred to a publication by the United Nations Environment Programme, which underscored that more than half of the world's population was now living in urban areas. It recognised that City Development Strategies have shown how to integrate environmental concerns in long-term city visioning exercises. The publication defines Environmental Impact Assessment to be an analytical process or procedure that

systematically examines the possible environmental consequences of the implementation of a given activity. As per supreme court; it should be aimed to ensure that the environmental implications of decisions related to a given activity are taken into account before the decisions are made.

Vijay Kumar HK

# PROCRASTINATION AND POOR HEALTH

Jo Adetunji

University students have a lot of freedom but not much structure. This can be bad for habitual procrastinators. Studies have shown that at least half of university students procrastinate to a level that is potentially harmful to their education.

But this may not be the only negative result of putting things off until a later date. Studies have found a link between procrastination and poor health. It is associated with higher levels of stress, unhealthier lifestyles and delays in seeing a doctor about health problems.

However, these studies – by the nature of their design – cannot tell us the direction of the relationship. Does procrastination cause poor physical and mental health because people, say, put off starting a new exercise regime or seeing a doctor about a health problem? Or is it the other way around? Does poor physical health, say, lead people to procrastinate because they don't have the energy to do the task now?

To try to solve this riddle, we conducted a longitudinal study – that is, a study that followed people for a period of time, taking measurements at various points in the study. We recruited 3,525 students from eight universities in and around Stockholm and asked them to complete questionnaires every three months for one year.

Our study, published in JAMA Network Open, aimed to investigate if students who procrastinate have a higher risk of poor mental and physical health. Of the 3,525 students we recruited, 2,587 answered the follow-up questionnaire nine months later, where several health outcomes were measured.

To understand how procrastination relates to later health outcomes, students with a greater tendency to procrastinate (as scored on a procrastination scale) at the start of the study were compared with



“ THIS REQUIRES SOME EFFORT, SO IT IS NOT SOMETHING A PERSON CAN DO WHILE TRYING to meet a specific deadline. But even small changes can have a large effect. You can try it yourself. Why not start today by leaving your mobile phone in another room when you need to stay focused on a task

students with a lower tendency. The results showed that higher levels of procrastination were associated with somewhat higher symptoms of depression, anxiety

and stress nine months later.

Students with higher levels of procrastination were also more likely to report disabling pain in the shoulders or arms (or

both), worse sleep quality, more loneliness and more financial difficulties. These associations remained even when we took other factors that could affect the association

into consideration, such as age, gender, parents' level of education, and previous physical and psychiatric diagnoses.

Although no specific health outcome was strongly associated with procrastination, the results suggest that procrastination may be of importance for a wide range of health outcomes, including mental health problems, disabling pain and an unhealthy lifestyle.

As mentioned above, in earlier studies, participants were only assessed at one point in time, making it hard to know which of the conditions came first: procrastination or poor health. By getting students to answer questionnaires at several time points, we could be sure that high procrastination levels were present before we measured their health.

But it is still possible that other factors not accounted for in our analysis could explain the associations between procrastination and subsequent poor health outcomes. Our results are not proof of cause and effect, but they suggest it more strongly than earlier “cross-sectional” studies.

It can be treated

There is good news for habitual procrastinators. Clinical trials (the gold standard of medical research) have shown that cognitive behavioural therapy is effective at reducing procrastination.

The treatment helps the person overcome procrastination by breaking up long-term goals into short-term goals, managing distractions (such as turning off mobile phones), and staying focused on a task despite experiencing negative emotions.

This requires some effort, so it is not something a person can do while trying to meet a specific deadline. But even small changes can have a large effect. You can try it yourself. Why not start today by leaving your mobile phone in another room when you need to stay focused on a task.

By arrangements with The Conversation

# PARENTING

## Why You Shouldn't Pass On Your Adult Pressures To Your Kids

Kavita Srinivasan

We have goals we set for ourselves, and those that we want our children to achieve. As we begin a new year, these hallmarks of success loom larger, like tantalising talismans of success to validate our worth.

What we forget is that we are human beings, each one of us entirely different from the other. This applies to children as well. Just because someone's child is potty trained at the age of two, does not mean that your child is defective if he/she is not there yet. Take a look at your tastes, your preferences, things you excel at, and compare yourself to your friends. You may share some similarities, but you are different. Why would you compare notes about your children to standardised societal metrics?

Stop. Look at your child. Look at yourself. And breathe.

Your child does not have to sleep through the night by six months. Your child does not have to read by the age of five. Your child need not have perfect penmanship by seven.

Your child does not need to excel at math to survive in this world, or learn to code at an early age to have an edge over others in the cutthroat corporate rat race.

Who said that they should?

And most importantly, why do we put this pressure on ourselves, and our children?

I recently met a mother who was worried about her child being 'different'. He is not



“ OUR EARLY EXPERIENCES AND SOCIETAL CONDITIONING FORM the heart of how we parent. Understanding the 'why' behind our expectations is the beginning. Why do we believe that this is the way? We are human beings, not robots. It is our differences that allow us to thrive.

interested in socialising with his friends and wants to stay home all the time.

When I asked what 'all the time' implied, she named a few instances where her child was reluctant to socialise. She was worried that her child had deep social anxiety and would not learn how to make friends and would be lonely for the rest of his life. Her worries had spiralled out of control; her son not wanting to leave the house one weekend had doomed his social prospects for life. The question is why did she feel this way? What was contributing to this chronic over worrying?

The mother had been abandoned in boarding school at a very young age. Since her parents were never there, her source of solace, comfort and happiness were her friendships. Her belief system was this: without friends there is no love.

She was projecting her experiences onto her child. Awareness of the roots of the expectations we have of our children is the first step. To heal, she needed to spend time with her inner child, soothe her with presence and be the source of comfort she needed in the face of her parents' abandonment. Reliving those moments of pain, when she was lonely, with love and presence, would quiet the voice that was screaming in the face of her child's desire to stay home.

Our early experiences and societal conditioning form the heart of how we parent. Understanding the 'why' behind our expectations is the beginning. Why do we believe that this is the way? We are human beings, not robots. It is our differences that allow us to thrive.

The article was originally published by Khaleej Times

# Army Prepares Roadmap For Infusion Of Latest 'Atmanirbhar' Technologies At Two-Day Seminar

PRESS TRUST OF INDIA

**Jammu:** Faced with the unique challenge of dealing with two adversaries on the borders, coupled with the threat of state-sponsored actors attempting to destabilise internal security, the Indian Army's Northern Command has charted a roadmap infusing the latest 'Atmanirbhar' technologies to fight future wars.

The roadmap was prepared at a two-day Northern Command Techno Commanders' Seminar, which culminated at the military station in Nagrota on Tuesday, a Defence spokesperson said.

The seminar was planned in conjunction with academics and think-tanks to brainstorm the issue and prepare commanders for future conflicts.

"On the first day, selected essays were presented by the Officers and day two witnessed the views presented on the subject matter by experts," the spokesperson said.

He said the 21st century was an era of unprecedented change in global economic, politico-diplomatic, military doctrines with rapid induction of new



technology changing the nature of threats to nations and armed forces.

"The Indian Army has embarked itself on a path of capability development and force

modernisation by leveraging new technologies and encouraging innovations through indigenisation and 'atmanirbharta'," he said.

The Northern Command faces

the unique challenge of dealing with two adversaries on the borders, coupled with the threat of state-sponsored actors attempting to destabilise internal security.

"Thus, there is an ever-increasing need to incorporate technology to ensure efficient use of human resource in dealing with adversaries. The seminar worked towards further honing the skills of commanders to exploit technology for future battlefields, which will be technology intensive, as well as enable them to lead their men separated in time and space with equal ease and dexterity," the Defence spokesperson said.

He said current and future conflicts would not only be restricted to the military but be fought as a whole-of-nation approach where technology would be extensively utilised in the information and physical domains.

"The seminar will enable the Northern army (Command) to incorporate the technical needs of the commanders and ascertain the latest developments in the technical domain of the battle field," the spokesperson said.

He said it would facilitate the seamless incorporation of advanced technologies in the military domain to effectively increase the potency of the Indian Army while improving efficiency.

## Jammu Smart City To Conduct Third-Party Inspections Of Projects



Agenceis

**Jammu:** With an objective to maintain high quality and safety standards of developmental works, the Jammu Smart City Limited (JSCL) will conduct third-party inspections of ongoing as well as completed projects in the city, an official said on Tuesday.

MSV International Inc has been appointed by JSCL to conduct third-party inspections in addition to existing facilities to ensure the high quality and safety standards of all the projects, the official said.

"The third-party inspections will cross-check the quality and safety standards being maintained by JSCL for the execution of all the projects in the city of temples," its Chief Executive Officer Rahul Yadav said.

He said the JSCL has been

ensuring quality parameters and maintaining structural integrity of the projects with an in-house field lab where day-to-day engineering tests are being conducted.

"The operation of these labs is performed by various government authorised agencies and by the representatives of various contractors and cross verified by the engineers of JSCL," he said.

Yadav said the initiative will play a vital role in maintaining high quality and safety standards as a number of projects like Tawi River front development, complete street development projects, improvement of junctions and others are at various stages of completion.

Earlier in the day, the contract agreement was exchanged between Additional CEO, JSCL, Hitesh Gupta and officials of MSV International Inc here.

## 2020 Delhi riots: We don't believe in unnecessarily keeping people behind bars, says SC

Agenceis

**New Delhi:** "We don't believe in unnecessarily keeping people behind the bars," the Supreme Court observed on Tuesday while hearing the pleas filed by the Delhi Police against the bail granted to three student activists in a case of the 2020 North East Delhi riots.

A bench headed by Justice S K Kaul said spending hours hearing the bail petitions in the case was a "complete wastage" of time of the Delhi High Court.

The bench, also comprising Justices A S Oka and J B

Pardiwala, was hearing the pleas filed by the police challenging the Delhi High Court's June 15, 2021 verdicts granting bail to activists Natasha Narwal, Devangana Kalita and Asif Iqbal Tanha in the case related to communal violence during the protests against the Citizenship Amendment Act (CAA).

At the outset, advocate Rajat Nair, appearing for police, requested the bench to post the petitions for hearing after two weeks, saying Solicitor General Tushar Mehta, who is leading him, is arguing before a Constitution bench in a separate matter.

"We have a case that bail granted by the high court should be cancelled," he said.

The bench, while noting that the Solicitor General is arguing in a matter before a Constitution bench, posted the pleas for hearing on January 31.

The apex court observed that in bail matters, the moment one goes into the merits of the case, the hearing gets prolonged.

One of the advocates, appearing for the accused, said in this matter, the police had argued on the merits before the high court.

Nair said the police had only answered the question put by

the high court as to whether the act committed by the accused is an act of terror or not.

"You have spent hours in bail matters. It is complete wastage of time of the high court. You want a full trial in bail matters? This I don't understand," Justice Kaul observed.

During the hearing in the matter on July 2021, the apex court had indicated its reluctance to consider the aspect of cancellation of bail granted to the three activists, who were booked under the provisions of the stringent anti-terror law -- Unlawful Activities (Prevention) Act (UAPA).

It had termed as troubling that the bail petitions were being argued at length debating the provisions of the law.

The apex court had earlier expressed its displeasure over the high court discussing the entire anti-terror law UAPA in a bail matter and made it clear that the judgements shall not be treated as a precedent and may not be relied upon by any of the parties in any of the proceedings.

The top court, which had agreed to hear the appeals filed by police and issued notices to the three, had refused to stay the high court verdicts.

It had also clarified that the release of the three activists on bail was not being interfered with at this stage.

Earlier, Mehta had argued that 53 people had died and over 700 were injured during the riots which took place at a time when the then US president and other dignitaries were in the national capital.

The high court had said although the definition of a 'terrorist act' in section 15 of the UAPA is "wide and somewhat vague", it must partake the essential character of terrorism and that the phrase 'terrorist

act' cannot be permitted to be applied in a "cavalier manner" to criminal acts that squarely fall under the purview of the Indian Penal Code.

The Delhi Police had assailed the HC verdicts, saying the interpretation by the high court will weaken the prosecution in terror cases.

The high court had granted them bail, saying in an anxiety to suppress dissent the State has blurred the line between the right to protest and terrorist activity, and if such a mindset gains traction, it would be a "sad day for democracy".

CONTD. FROM FRONT PAGE

### Despite 'Durbar' End

of 'Durbar Move' -- under which the state government used to function in Jammu during the six months of winter and in Srinagar during summer -- was started by Maharaja Gulab Singh in 1872 to escape the extreme weather conditions in the two regions of the erstwhile state.

The practice continued even after the independence with the aim of providing governance benefits to both the Kashmir and the Jammu regions. It involved moving voluminous files between Jammu and Srinagar and thousands of employees between the two cities in hundreds of buses and trucks.

After the Durbar Move came to an end, the Jammu business community said it was facing financial losses.

Arun Gupta, president of the Jammu Chamber of Commerce and Industry, said the move has killed the source of business and livelihood for many Jammu traders.

"Our Kashmiri brothers and sisters would come here every year and spend money on shopping which gave a boost to our economy, but from last year, we have been incurring losses," he said.

Hotel and lodge owners in Jammu have also raised concerns over the loss of business over the past two years and demanded the immediate restoration of the 'Durbar Move'.

"The business in Jammu used to thrive before the start of the direct train to Katra, the base camp for pilgrims visiting the Vaishno Devi shrine, in 2014. The COVID-19 outbreak and the government's decision to end the Durbar Move dealt a severe blow to our business," president of All Jammu Hotels and Lodges' Association Pawan Gupta said earlier.

### Pahalgam Shivers

serves as a base camp for the annual Amarnath Yatra, registered a low of minus 11.8 degrees Celsius down from minus 10.2 degrees Celsius. The minimum was 4.6 degrees below normal for this part of the season.

This was the lowest night temperature of the season so far at the tourist resort. The resort was also the coldest recorded place in Jammu and Kashmir.

The minimum temperature at the famous ski-resort of Gulmarg in Baramulla district went half a degree up from the previous night's minus 12 degrees Celsius to settle at minus 11.5 degrees Celsius.

The meteorological office said the weather will remain mainly dry across J-K till January 18. There will be a further decrease in the night temperature till that time.

It said, a few western disturbances are likely to affect J-K from January 19 to 25.

The weather will remain cloudy from January 19-21 with chances of light rain or snow over isolated to scattered places mainly

over higher reaches.

However, it said a much higher intensity precipitation will occur from the night of January 22 to the forenoon of January 24 and there is a possibility of widespread moderate snow in plains of Kashmir (with rains in Jammu) and moderate to heavy snow over middle and higher reaches.

Kashmir is currently under the grip of 'Chillai Kalan', the 40-day harshest weather period when the chances of snowfall are maximum and most frequent. Chillai Kalan begins on December 21 and ends on January 30. The cold wave continues even after that with a 20-day-long 'Chillai Khurd' and a 10-day-long 'Chillai Bachha' following it.

### 2 DAP Leaders

after leaving the Azad-led party were also present.

"With today's joining of 60 activists, mostly basic and founding members of DAP, about 70 to 80 percent of the workers who had switched to the newly floated party under some influence have returned to the Congress fold," Wani told reporters.

DAP General Secretary Khatana and his son resigned from the DAP on January 10.

Patil extended best wishes to the new entrants and assured them that they will get due honour in the party.

"The Congress leadership is of the view that they had gone on two months leave and are now back to work. We will move forward together and strengthen our party," she said.

She claimed that more leaders from the DAP are rejoining the party in the coming days.

### No Threat To

be regulated in such a manner that people do not face any inconvenience.

"These things will be regulated because there is traffic and other things. A huge yatra can cause inconvenience to people as roads can get blocked. This is a Yatra and is taken both on foot as well as using vehicles.

"Our endeavour will be to take forward the march with vehicles wherever there is a single road, and in rest of the places, the participants may be advised to walk on foot where the roads allow," Singh said.

He asserted that the Yatra can be "guided from the security point of view as well wherever it is needed".

### Security Agencies

that a detailed review meeting is being held with other security agencies to discuss the smooth and peaceful conclusion of the yatra in J&K.

They said special security arrangements have been made on the routes that Rahul Gandhi will cover during his Bharat Jodo Yatra in Jammu and Kashmir.

"As of now nothing can be shared about security arrangements but we will ensure everything goes peacefully," said an official, wishing not to be named.

Sources in the Central Reserve Police Forces (CRPF) also said that a detailed security review meeting is likely to be conducted with local police in the coming days to discuss the strategy to ensure full-proof security to the Yatra.

The Yatra began on September 7 and is due to culminate in Srinagar on January 27. Rahul, who has Z plus category security cover, will be entering this capital city on January 27.

A senior police official also refuted reports appearing in a section of media that Rahul has been asked not to walk in certain areas in Kashmir during the Yatra and instead, take a car.

"We are ready for Yatra. We will take care of the security of Rahul Gandhi and will ensure everything goes peacefully. Jitnay bi log aana chatte hai aaye. (whatever the number of people would want to come, they can come)," said the official.

On Tuesday, the Congress held a high level meeting with the security agencies in both Jammu and Srinagar as well regarding the Yatra.

Coordinator of Yatra, G A Mir told Kashmir Observer that the security agencies assured the party leaders of adequate security arrangements.

"LG sahib asked us to prepare a route plan and we submitted the same. Today we had two meetings with security agencies and we were assured that everything will be taken care of," Mir told Kashmir Observer.

When asked about the reports of threat to Yatra, he said that police administration has maintained that no such issue will be there and they will facilitate the yatra.

The venue, according to Mir, will be Sher-e-Kashmir Stadium, Srinagar where Gandhi is likely to address thousands of Congress workers.

J&K Congress president Vikar Rasool Wani told Kashmir Observer that Mr Gandhi would enter Lakhampur on January 19 and after a night halt there, will proceed from Kathua's Hatli Morh next morning. It will again halt for the night at Chadwal.

On the morning of January 21, it will start from Hiranagar to Duggar Haveli, and proceed from Vijaypur to Satwari on January 22, he said.

Gandhi will hoist the national flag in Banihal on January 25.

### Admin Permitted

Congress leader said on Tuesday.

AICC J-K In-charge Rajni Patil said leaders of 23 political parties from across the country and people from abroad were expected to take part in the rally.

"We have received permission from the Jammu and Kashmir administration for the January 30 rally at Sher-e-Kashmir in Srinagar.

The yatra's Jammu and Kashmir leg will be the most successful with massive participation of people," Patil told reporters.

She said the yatra had generated tremendous response from the first day.

The march, which started from Kanyakumari in Tamil Nadu on September 7, will conclude with Gandhi hoisting the national flag in Srinagar. It has so far covered Tamil Nadu, Kerala, Karnataka, Andhra Pradesh, Telangana, Maharashtra, Madhya Pradesh, Rajasthan, Delhi, Uttar Pradesh, Haryana and Punjab.

"The yatra will enter Lakhampur (in Jammu and Kashmir) from Punjab on Thursday evening. The flag handover ceremony will take place near Maharaja Gulab Singh's statue between 5.45 pm and 6.15 pm.

"After halting for the night, Gandhi will lead the yatra from Hatli Morh in Kathua from 7 am the next morning," Patil said.

The rally will reach Jammu on January 23. "We are planning a rally in the city and have applied for permission from the administration. We are hopeful of getting it as well," the Congress leader said.

She said a Congress delegation met the Additional Director-General of Police on Tuesday and discussed in detail the yatra's security aspects.

National Conference President Farooq Abdullah, Shiv Sena (UBT) MP Sanjay Raut and leaders of other parties will join the yatra in Lakhampur, Patil said, adding former minister Lal Singh had also expressed his desire to welcome the yatra.

"National Conference Vice-President Omar Abdullah will join the yatra after it crosses the Banihal tunnel into Kashmir, while People's Democratic Party chief Mehbooba Mufti has informed that she and her mother and daughter would also join," she said.

Patil said anyone who believed in Gandhi's ideology of uniting the country and the philosophy of the Congress were welcome to be part of the yatra.

She said many people had expressed reservations about the response to the foot march in Jammu and Kashmir but "I want to tell them that the yatra will be a grand success here as well like it generated the response while moving from various states".

The Congress leader said Gandhi would leave Jammu for Kashmir on January 24, crossing Udhampur and Ramban towns.

Asked whether the Congress expected any leaders to join the party during the yatra, she said Gandhi had made it clear that the march was apolitical and only meant to unite the country against hatred.

However, the party will inform Gandhi about pressing issues such as the government's land eviction drive and the demands of Kashmiri Pandits, she added.

Several delegations are also expected to

meet Gandhi during the yatra, Patil said. A 40-member delegation from Ladakh will brief the Congress leader about their problems, she added.

Gandhi is also likely to address two press conferences -- one each in Jammu and Srinagar.

### Have Got Vital

characters perpetrating terror in J-K and other parts of India from across the border for a long time now have become infamous at the national and the international levels. People across the world know their mischiefs," he said.

The J-K police chief said the process to tighten them up is on, under which the people involved in terrorism in any way are being notified as terrorists at an individual level.

"This will definitely have an impact...the world comes to know that person's profile. The national and international platforms, the groups of countries, which work on counter-terrorism, they also come to know about them and what they have done. It helps to tighten their noose at the national and international levels," he said.

### Govt Employees

"It is also impressed upon all the Heads of the Departments and Chief Executives of the Public Sector Undertakings to ensure their own participation and also of the employees subordinate to them in the function."

### Police To

in the border areas and strategic locations.

### Widow Of Slain

"We stand with the family of late Puran Krishan Ji and committed for their well-being in the future," Sinha said.

### VDC Member

came to light, teams of forces rushed to the village where it has come to fore that VDC member fired as he mistook cry of his neighbouring family who were actually raising hue and cry due to fire in house.

### High Risk Patient

of the high risk patient from Snow bound area," the spokesperson said.

The release, he said, further reads that during the past 72 hours two patients got saved due to the in time intervention of Dr Sagar, who is committed to quality patient care in this far flung and border district.

### Two Heroin

Bishnah, RS Pura and many other areas of Jammu province," the officer said.

The police also seized Rs 24,420 from the duo, Tosh said, adding that a case under Narcotic Drugs and Psychotropic Substances (NDPS) Act had been registered.

## MP, Politicians; Public Delegations Meet LG Sinha

Observer News Service

Jammu: Sakaldeep Rajbhar, Member Parliament (Rajya Sabha) from Uttar Pradesh and Nuzhat Ishfaq, DDC Chairperson, Ganderbal besides a number of public delegations and political leaders on Tuesday called on Lieutenant Governor Manoj Sinha at Raj Bhawan here.

The Member Parliament and the Lt Governor discussed various development issues



and welfare measures for the people, an official spokesperson said.

Similarly, he said, the DDC Chairperson Ganderbal apprised the Lt Governor about various issues of public importance of Ganderbal. She also put forth the issue of installation of electric poles in the district.

Former Legislator, Surinder Ambarwar also called on the Lt Governor and projected welfare issues of the Minority Community employees working in Kashmir.

"He hailed the Lt Governor-led UT administration for the land reforms and taking concrete measures for the eq-

uitable development of J&K," the spokesperson said.

He said Nazir Ahmad Ganie, BJP District President Anantnag also met the Lt Governor and apprised him about the various developmental issues of Anantnag pertaining to augmentation of healthcare facilities, road widening, and other such matters.

Meanwhile, Travel Agents Association of Jammu led by its President Capt Anil Gour (Retd.) also met Lt Governor

and put forth various concerning issues of tour operators and travel agents, and promotion of tourism in Jammu.

The LG, the spokesperson said, gave a patient hearing to the demands put forth by members of the delegations and assured appropriate redressal of all their genuine issues and demands.

He said Ms Kalpana Rajsinh, Chief Post Master General J&K Circle also met the Lt Governor and discussed the functioning of the Department of Posts in the UT and the services being extended to the people.

Besides, Vice President, Apni party G H Mir also called on the LG.

## DGP Review Security Situation In Kashmir

Observer News Service

Srinagar: The Director General of Police, J&K, Dilbag Singh on Tuesday chaired a meeting of senior officers of Kashmir Zone to review the crime and security scenario of the valley, besides reviewing security arrangements for the upcoming Republic Day functions.

The meeting at Police Control Room (PCR) here was also attended by ADGP Kashmir Zone Vijay Kumar, DIG CKR Sujit Kumar, SSP Srinagar Rakesh Balwal, SSP PCR Zubair Ahmad Khan, SP Operation Srinagar at PCR, Srinagar while DIG NKR Vivek Gupta, DIG SKR Rayees Mohammad Bhat and other District SSsP & other Gazetted officers, AIG (T&P) J S Johar attended the meeting through video conferencing, a police spokesperson said.

Addressing the officers, he said, the DGP complimented them for successfully achieving various goals which were set for the year 2022.

Singh, he said, enjoined upon them to rigorously follow basic policing methods including human intelligence generation, record keeping and maintenance of Registers at Police Stations as per Police Rules.

He further said that the DGP also called for action against terror ecosystem must be carried



forward meticulously and in a coordinated manner.

"Although JK Police along with other forces have got successes across Jammu and Kashmir against the terrorists, stringent actions against the terror support system, narcotics and narco terror modules should be continued with an aim to bring an end to it," Singh said.

The DGP, the spokesperson said, stressed upon the jurisdictional officers to ensure direct supervision of UAPA, NDPS and other special reported heinous cases so that the investigation and disposal of all pending cases as well as of new cases are brought to logical conclusion on priority.

"He directed that the quality of investigation and disposal of these cases needs to be further improved. He stressed for adopting the latest technology and standard practices to expedite

investigation of cases on merits for judicial determination and directed the jurisdictional officers to hold regular review meetings to ensure better supervision and public deliverance," he added.

According to the spokesperson, the DGP also said public cooperation has helped to make our efforts fruitful in maintaining law and order. Singh, he said, reiterated that the support of the community is essential to maintain a terror free environment and more and more public cooperation should be ensured by prioritizing community-based programmes.

"He directed the officers that all possible help should be extended to the public as and when required," he added.

Reviewing the arrangements for the upcoming Republic Day functions, the spokesperson said that the DGP directed for ensuring all required and necessary security arrangements are in place.

"He directed for coordination & synergy among all the stakeholders. He directed the officers that while dealing with any situation they should ensure that law-abiding people are not put to any inconvenience during their day-to-day activities. He also directed for stringent action against OGWs or anyone supporting terrorism, or narco terror modules in the UT," he added.

## Update Of Panchayat Electoral Roll SEC Extends Period Of Filing Claims, Objections By 2 More Days

Observer News Service

Jammu: The State Election Commission (SEC) on Tuesday extended the period of filing of claims and objections for Addition/Deletion/Correction/Transposition by two days upto January 20

The extension in the dates from January 18th to January 20th has been done to facilitate all the eligible persons for getting themselves registered as voters in the Panchayat Electoral Roll.

It is pertinent to mention that a comprehensive revision of Panchayat Electoral Roll with 01.01.2023, as qualifying date has been taken up in all Panchayat Halqas of Union Territory of Jammu and Kashmir, an official spokesperson said Tuesday.

Further, he said, the Commission has informed that the dates regarding final disposal of claims which is January 30, 2023 and the final publication of Electoral Roll which is February 10, 2023 shall remain unchanged.

## Two Terrorists Killed In Budgam: Police



Photo: Abid Bhat/40

Observer News Service

Srinagar: Police on Tuesday claimed to have shot dead two "terrorists" outside the court complex in Central Kashmir's Budgam district.

Acting on specific input regarding movement of terrorists, a joint naka of Police and Army's 62RR was established near Court crossing Budgam, a police spokesperson said Tuesday. During area domination, he said, the joint party signalled a sumo (JK04B-6771) to stop.

However, the militants onboard jumped from the vehicle and started firing indiscriminately on the joint party which retaliated effectively, leading to an encounter.

"During the brief shootout, two terrorists linked with the proscribed terrorist outfit LeT were neutralized and have been identified as Arbaaz Ahmad Mir resident of Putrigam Rajpora and Sha-

hid Ahmad Sheikh resident of Kisrigam Kakapora," the spokesperson said.

As per police records, he said, both the deceased were categorized terrorists and part of groups involved in several crime cases.

"It is pertinent to mention that both the terrorists escaped earlier from the recent encounter in Budgam," the spokesperson said, adding that the duo were tasked to carry out some sensational terror incident in Budgam district ahead of forthcoming Republic Day.

He further said that incriminating materials, arms & ammunition including 1 AK-47 rifle, 1 pistol were recovered from the site of encounter.

"All the recovered materials have been taken into case records for further investigation," the spokesperson said, adding "In this regard, a case under relevant sections of law has been registered and investigation has been initiated,"

## DC Kathua Inaugurates CBC's 3-Day Multimedia Exhibition

Observer News Service

Kathua: Deputy Commissioner Kathua Rahul Pandey on Tuesday inaugurated a 3-day Multimedia Exhibition on "Azadi Ka Amrit Mahotsav" and other Centrally Sponsored Schemes organized by the Central Bureau of Communication (CBC), Ministry of Information and Broadcasting, Government of India, Field Office Kathua.

The Multimedia Media Exhibition at Govt Degree College (Boys) Kathua is part of various outreach activities being organised by CBC in UTs of J&K and Ladakh.

The exhibition showcases the freedom struggle of India through a series of photo exhibitions as well as audio-visual media. Apart from this, special section in the exhibition has been dedicated to G20 Summit India. Separate corner for Azadi Quest - recently lunched online educational video game - and Sawaraj, a 75 episode mega serial of Door-darshan portraying stories of unsung heroes of India's freedom struggle is also part of the exhibition display.

In his address, Deputy Commissioner Kathua appreciated the efforts of CBC Kathua

in organising the multimedia exhibition and urged people to visit dedicated corners for "Azadi Quest" and Swaraj and download the video game for an insight into the freedom struggle of India. Regarding the G20 Summit India, he highlighted various aspects of infrastructure as an asset class, promoting quality infrastructure investment and identifying innovative instruments for mobilizing financial resources for infrastructure investment.

Additional Director General CBC Rajinder Choudhary visited the exhibition venue and took stock of arrangements. He praised the efforts of CBC Kathua for making the arrangement.

Joint Director CBC Jammu & Kashmir and Ladakh Ghulam Abbass gave a detailed overview of the functioning, structure and working of CBC in the twin UTs of Jammu and Kashmir and Ladakh. He also briefed the audiences about various outreach activities that will be organised during the event. Sh. Abbass said that these programmes are being organised so that people get benefits of various public welfare schemes of the government.

## Bharat Jodo Yatra

## J&K Cong Leader Quits Over Lal Singh's Participation

Press Trust Of India

Jammu: Jammu and Kashmir Congress spokesperson Deepika Pushkar Nath on Tuesday resigned from the party, citing its decision to "allow" former minister Lal Singh to join the Rahul Gandhi-led Bharat Jodo Yatra which will enter the Union territory later this week.

Nath said she is leaving the party on ideological grounds as Singh was responsible for sabotaging the 2018 Kathua rape case by "brazenly defending" rapists of an eight-year-old nomadic girl.

Singh, a two-time MP and three-time MLA, had switched from Congress to BJP in 2014

and was also a minister in the PDP-BJP government which collapsed in June, 2018 after the national party pulled out of the alliance.

Several months before the fall of the government, Singh resigned from BJP and floated Dogra Swabhiman Sangathan Party (DSSP) following an uproar over his participation in a rally in support of the Kathua rape accused in January 2018.

He had defended his participation in the rally stating that he was there to "defuse the situation".

"In view of Ch Lal Singh's proposal of joining @bharatjodo & @INCJammuKashmir allowing the same, I am left with

no other option but to resign from @INCIndia(.) Lal Singh was responsible in sabotaging the Kathua rape case in 2018 by brazenly defending rapists.

"Lal Singh divided the entire region of Jammu & Kashmir to protect the rapists and @bharatjodo is ideologically opposite. On ideological grounds, I cannot share the party platform with such a person," Nath wrote on Twitter. A lawyer by profession, Nath took the parents of the victim to the high court at Jammu for monitoring of the investigation and also guided them to approach the Supreme Court for seeking transfer of the trial to Pathankot (Punjab).

## Kulgam Admin Shifts All Public Services To Online Mode

Observer News Service

Kulgam: With an ultimate aim and objective to ensure prompt and robust public services delivery, the District Administration Kulgam has shifted all its public delivery services to online mode, majority of which are RAS integrated.

This paradigm shift or transition from offline to online mode has been made due to stringent efforts of District Administration. Especially noteworthy has been the digitization of Land Records.

Kulgam has achieved the feat of

hosting all public services online in a record time, well before the January 26 deadline, informed the Deputy Commissioner (DC) Kulgam, Dr. Bilal Mohi-Ud-Din Bhat.

He further stated that in view of universal use of internet facilities and widening of the CSC network in the district, the complete shift towards e-Services is inevitable and the administration has been effective in providing these services online well before the Government's deadline.

By this noteworthy transition, services are being provided to all at the click of a button with the quality check

and feedback system of RAS and is a great feat in ensuring citizen centric public administration, he added.

All beneficiary, employment oriented and departments of Industries, Employment, Revenue, Agriculture and agri-allied, Health, H&UDD, Education, Tourism, Social Welfare, R&B, KVIB, Skill Development, FCS&CA, Transport, Jal Shakti, Cooperative, Mining and others have been effectively taken onboard RAS.

Services ranging from Applying for Ration Card, mutations, Fard, land demarcations, accessing land records to taking benefits of employment gen-

eration schemes, or venturing into entrepreneurship or getting into mining, all is available online now, said DC while adding that all people need to be sensitised about the same.

He said that all heads of departments have been asked to intensify massive awareness camps in remote areas of the district on the availability of these online services.

So far, it was intimated that the district has received a good response of services being accessed through online mode for various certificates, documents and services.

## NEWS MAKERS

## R-Day Arrangements Finalized In Budgam

DC Sresses On Smooth Conduct Of Function Across District

Observer News Service

Budgam: The Deputy Commissioner (DC) Budgam, S F Hamid on Tuesday chaired a meeting of District Officers and various security agencies to finalise arrangements for Republic Day-2023 celebrations in the district.

It was given out that the main function of the Day shall be held at Sports Stadium Budgam while similar functions would be held at sub-division and Tehsil levels also.

The meeting was informed that contingents of JKP, IRP, CRPF, NCC, students of various government and private schools will participate in the march past parade. Besides various cultural programmes would also be part of the celebrations

and a felicitation ceremony would also be held.

On the occasion, various committees like invitation cards committee, hospitality committee, stage management committee, selection committee which were formed already were directed to complete formalities for the smooth conduct of the celebrations.

Different departments' viz. Education, PHE, R&B, Information, Health, Sports, Traffic, Motor Vehicles, Police, Floriculture, PDD, Municipality and Paramilitary Forces were earmarked for looking after their respective assignments.

The decoration of the main venue ground, seating arrangements, uninterrupted power supply, drinking water/tanker service, barricading of venue,

medical aid camp, availability of ambulance, deployment of fire tenders, transportation facilities, adequate and separate vehicle parking, refreshment, invitations, PAS system, brochures, cleanliness and sanitation measures were discussed threadbare in the meeting while as special emphasis was laid on refreshments, transportation, mobile toilets and change room facilities for participating students.

Security agencies were instructed to ensure fool-proof security arrangements at all venues where functions in this regard will be held across the district.

Heads of departments were also instructed to install banners for showcasing their activities for the general public.

## Aapki Zameen, Aapki Nigrani Portal Revolutionizing Revenue System Across J&K

Observer News Service

Srinagar: The J&K people are appreciating Aapki Zameen Aapki Nigrani move of the administration as a citizen friendly measure bringing in transparency and accountability in the land record system.

Keeping pace with the innovation, Jammu and Kashmir government under the leadership of Lieutenant Governor, Manoj Sinha launched a historic initiative of extending hassle free online access to Land Records to people which revolutionized the revenue world of the UT.

E-governance, having

immense importance in today's world, raises the transparency, accountability, efficiency and inclusiveness in the governing process in terms of reliable access to all information by the citizens.

Land Records Information System under the tag "Aapki Zameen Aapki Nigrani" allows public users to search and view copies of scanned revenue data online on CIS Portal <http://landrecords.jk.gov.in/> and reduces interference of revenue officials in land dealings and give people right to access their land records at a click of a button, thereby

reducing manipulation and improving the efficiency of Revenue offices substantially.

Aapki Zameen Aapki Nigrani is a sequel to the national programme of Digital India Land Records Modernization Programme (DILRMP) envisaging enhanced services to the common people in land matters. DILRMP was formally launched in the UT in April 2016 for improving online accessibility to Land Records System bringing an end to corrupt practices thereby ensuring quality services in Sub Registrar and Teh-

sil offices.

Lieutenant Governor's administration ensured that the land record programme which was being implemented at a slower pace is speeded up and completed for the benefit of the common masses.

Under Information, Education and Communication (IEC) activities on "Aapki Zameen Aapki Nigrani", the government organized special camps at Tehsil and Block level offices, Niabats, Patwar Khanas and Panchayat Ghars to educate the public about the digital platform where people can access their land records with one click.



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