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Two Back To Back Blasts Rock Udhampur

Explosions Take Place Days Before HM Shah's 3-Day Visit To J&K



Press Trust Of India

Jammu: Suspected terrorists triggered a blast in a parked bus in Jammu and Kashmir's Udhampur early Thursday, nine hours after a similar explosion took place in the city but there was no casualty, police said.

Additional Director General of Police (ADGP) Jammu region Mukesh Singh visited both the sites and said high explosives might have been used in carrying out the blasts which were of the same pattern. "Initial examination points towards **More on PII**

High Alert Sounded In Jammu

Security forces accompanied by sniffer dogs carried out an extensive search of the inter-state bus terminal here after suspected terrorists triggered a blast in a parked bus in Jammu and Kashmir's Udhampur district early Thursday, officials said. A high alert has been sounded in the **More on PII**

THE ORIGIN OF BOTH BUSES is the same (from Basantgarh-Ramnagar area of Udhampur). There is a similar class of blast according to the initial examination."



Council of Scientific & Industrial Research (CSIR)

Ministry of Science & Technology

(Government of India)

Inauguration of

STARTUP EXPO JAMMU

30th September to 1st October, 2022

by

Dr. Jitendra Singh

Hon'ble Union Minister of State (I/C) for Science & Technology,
Minister of State (I/C) of Earth Sciences,
Minister of State in the PMO, Ministry of Personnel, Pensions,
Public Grievances & DoAE, Department of Space and Vice President, CSIR

Venue: Convention Centre, Canal Road, Jammu
Date: 30th September, 2022 at 12.30 PM





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سانچہ ارتحال



ملکہ خاندان، قمر واری نہایت افسوس کے ساتھ یہ اظہار کرتے ہیں کہ ہمارے والد بزرگوار حاجی غلام حسن ملکہ، ساکنہ قمر واری سرینگر مورخہ 27 ستمبر 2022ء مطابق یکم ربیع الاول 1444ھ کو اس دار فانی سے رخصت کر کے ”إِنَّا لِلّٰہِ وَإِنَّا إِلَیْہِ رَاجِعُونَ“

مرحوم کی اجتماعی فاتحہ خوانی 30 ستمبر 2022ء بروز جمعہ بوقت 2:15pm مرحوم کے آبائی مقبرہ واقع زیارت سید محمد منطقی (رح) پھتہ بل میں انجام دیا جائیگا۔

نوٹ: خواتین سے بالخصوص التماس ہے کہ وہ اپنے ساتھ کسی قسم کا میوہ یا کوئی اور اشیاء ساتھ نہ لائے۔

IS HW 9906778128 ملکہ خاندان

Office of The Regional Transport Officer Baramulla Kashmir

NOTICE

Where as an application for transfer of ownership has been received from Sachin Lamba S/o Sitbar Lamba R/o VPO Khaira Najafgarh South West (Transferor) of Duster RXL bearing registration No. DL8C2 9194 chasis No: 1EESHRAWSD Engine No: E035851 Model 2013 in favour of Mohd Akber Malik S/o Gh Hassan Malik R/o Ogmuna Kwarhama Gulmarg Bal (Transferee).

Now, therefore, it is notified for the information of the general, public that representation/ Objection, if any in connection with proposed transfer will be received within 7 days from the date of publication of this notice in the daily newspaper Kashmir Observer to the address of undersigned. No, representation/ objection shall be considered unless it is made writing it is made in the aforesaid period.

NOJK-ARTO/BLA 5026

Dated: 27/09/2022

Sd/- Regional Transport Officer, Baramulla Kasmir

NORTHERN RAILWAY E-AUCTION NOTICE

The Senior Divisional Commercial Manager/Freight, Northern Railway, Firozpur for and on behalf of President of India invites E-Auction for leasing of SLR space in various trains originating from various stations over Firozpur Division having carrying capacity of 3.9/4 tonnes for a period of two years. The details are as under:

Admin Unit/Zone	FEROZPUR DIVISION-COMMERCIAL/ NORTHERN RLY
Catalogue Published on	27/09/2022
Auction Catalogue No.	FZRPARCEL17
Auction Start (All Lots)	13.10.2022 11:00 hrs
Auction close Date/Time	13.10.2022 13:00 hrs
Auction Type	Close Ended
Website particulars where complete details of auction can be seen by registered bidders	E- Auction Module of www.ireps.gov.in
Lot No./Category	14508-SLR-R1-FKA-DLI-22-1
	14601-SLR-R1-FZR-HMH-22-1
	14601-SLR-F2-FZR-HMH-22-1
	14614-SLR-R1-FZR-SASN-22-1
	14630-SLR-R1-FZR-CDG-22-1
	14508-SLR-F2-FKA-DLI-22-1
	14508-SLR-F1-FKA-DLI-22-1
	16788-SLR-F1-SVDK-TEN-22-2
	14601-SLR-F1-FZR-HMH-22-1
	22480-SLR-F1-LNK-NDLS-22-1

2543/2022

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The Jammu And Kashmir State Board Of School Education

BRANCH OFFICE MAGAM

The candidates whose photograph is published in this notice is claiming to have lost the original marks certificate of 10th & 12th under Below mentioned particulars

Name : Hilal Ahmad Dar
S/O Ab Khaliq Daraz
R/O Rathson, Teh Beerwah , Dist Budgam



Details of Marks Certificate lost
Secondary School Examination (class 10th)
Roll No 216456 Session /Year Annual / Pvt. 2000

Now the candidate has applied for Duplicate Marks Card. Any-body (if) having any objection may file the some before under-signed with (07) Seven days from the date of publication of this notice. Besides, the original marks card is teated as cancelled.

Sd/ Assistant Secretary
bmg Sub Office Magam

The Jammu And Kashmir State Board Of School Education

BRANCH OFFICE MAGAM

The candidates whose photograph is published in this notice is claiming to have lost the original marks certificate of 12th under Below mentioned particulars

Name : Amir Suhail
S/o Ali Mohd Pandith
R/o Kandhama



Details of Marks Certificate lost
Higher Secondary School Examination (class 12th)
Roll No 2451498 Session /Year Bi-Annual . 2017

Now the candidate has applied for Duplicate Marks Card. Any-body (if) having any objection may file the some before under-signed with (07) Seven days from the date of publication of this notice. Besides, the original marks card is teated as cancelled.

Sd/ Assistant Secretary
bmg Sub Office Magam

More Companies Than Ever Are Sharing How Much Jobs Pay

Jeff Green, | Bloomberg

California, with its roughly 19 million workers and some of the biggest US companies, Tuesday became the latest state to join a quickly growing nationwide salary transparency movement. Just a year ago, only Colorado required employers to list salary ranges on job postings. In November, a similar rule in New York City will go into effect followed by another in Washington state early next year. With California joining, companies like Alphabet Inc., Meta Platforms Inc., Walt Disney Co. and Wells Fargo & Co. will have to comply by January 2023. New York state Governor Kathy Hochul also has a bill on her desk, which would kick in 270 days after its signed, and a few other states mandate companies share pay pay expectations for open roles on demand.

Even in places where it's not required, employers have started listing pay information on job ads - with more likely to follow. A recent survey of executives from Willis Towers Watson Plc found that 17% of companies already voluntarily list pay ranges and another 62% of organizations are planning to do the same or are considering it.

"We're approaching the point at which a job posting without pay will be like going through a supermarket and not seeing a price on your can of soup," said Scott Moss, director of the division of labor and statistics at the Colorado Department of Labor and Employment, where he oversees enforcement of the state's pay transparency law.

Regulators have latched onto salary transparency as a way to chip away at the stubborn gender and racial wage gaps. Historically, employers have kept pay shrouded in secrecy, reinforcing longstanding taboos that keep workers hush about what they make. That can lead to inconsistencies that disproportionately hurt women and other underrep-



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resented workers. A little sunlight, however, can reveal discrepancies and force corrections. These new crop of laws doesn't mean everyone will know exactly how much their desk-mates are making. But they demand just enough information to help employees suss if they're underpaid. All anyone has to do is look at open positions for their current role and see if, or where, they fall in the range.

"Why shouldn't somebody know what a job pays?"

"Companies are extremely concerned and they are anticipating employees raising their hands [for pay bumps]," said Nancy Romanyshtyn, a director at Syndio, which makes software that helps companies eliminate pay disparities. At the very least, managers need to be ready to explain why some jobs pay more or less than

others to help workers understand where they fit in. In some cases, they may even have to reset or reevaluate pay.

The process can be disruptive and uncomfortable, though it ultimately leads to more fairness, Romanyshtyn said. "I know I feel icky talking about salaries. I'm of an age where you don't talk about your politics, you don't talk about religion," she said. "But why shouldn't somebody know what a job pays?" Workers increasingly agree with that sentiment. In a recent survey from the human resources analytics platform Visier, 80% of respondents said they wanted some form of salary transparency and 68% said they would switch jobs to work somewhere with greater visibility into pay. Younger generations are also much more likely to feel comfortable sharing how

much they make than older ones. Generational Divide | Younger workers are more comfortable talking about their salary

Andrew Wright, a Denver based finance professional currently on the hunt for a new job gets turned off when he comes across otherwise good opportunities missing that crucial data. "Even if there's a job where the duties and the day to day things sound interesting to me, if I know that they are supposed to be listing the salary and they don't, that does lose a bit of trust," the 31-year-old said.

Wright says he has seen postings that try to skirt Colorado's rules by being vague where the job can be done. "Are they trying to hold back for some specific reason? Are they trying to hide it because they aren't going to offer very much?" he said. Some companies, trying to get ahead of regulations and appeal

to workers like Wright in a tight labor market, have decided to be upfront about pay for all new roles, regardless of location. Seattle-based Microsoft Corp., for example, announced a blanket salary-range rule for all postings - not just ones based in Washington state, as will be required by the state's law in a few months.

Job search portal Indeed earlier this year said 75% of new postings to its site include salary expectations; LinkedIn reported a 35% increase in the phenomenon in the first half of this year. Justin Hampton, a compensation specialist, has also seen a rise in public pay data in the UK, India, Australia, New Zealand and the United Arab Emirates.

Some organizations may continue to resist the trend. State fines for violating pay transparency laws are relatively minor, starting as low as \$100 per incident. Some, like New York's, exclude first-time offenders. And of course, many states don't have such laws. In addition, there are no requirements about listing bonuses or benefits, which make up a good chunk of compensation. And, to skirt the rules, employers could forgo posting openings altogether, using backchannel recruiting and networking to fill jobs, which can hinder diversity efforts. Though, that's difficult to do when hiring on a large scale.

Still, Colorado so far has only fined three companies out of the 278 complaints it has investigated. Moss, Colorado's enforcer, said most big firms got on board almost immediately. Some smaller companies weren't initially aware of the law or didn't have the staff to quickly comply.

"Companies are smart enough to know 'We can like it, we can hate it, it's happening regardless. So it would behoove us to prepare and make sure we're putting our best foot forward.'" Syndio pay consultant Romanyshtyn said. "Companies need to have a grown-up conversation with employees about how they get paid."

Office Of The Chairman Madina Public School Hanjiweera Payeen (Pattan).

No:_ RESOLUTION Dated:_____

In pursuance to the meeting of the Managing Body dated on 02-09-2022 elections were held for the Managing Body through secret ballot 19-09-2022

The following have been elected for the Managing Body of Madina Public School Hanjiweera Payeen, Pattan.

01. Mr. Ali Mohammad Joo
03. Mrs. Tanveera Akhter
05. Mr. Dilawar Hussain Sofi.
07. Mr. Mohd Altaf Dar

02 Mr Mohd Rafiq Mir
04 Mr Mohd Abass Reshi
06. Mr. Maqsood Ali Bhat

S.NO	Name	Parentage	Residence	Qualification	Occupation	Designation
014	Mr Ali Mohammad Joo	Gh. Mohammad Joo	Dever parhaspora	MA B.Ed.	Pvt. Service	Chairman
02	Mr Mohd Rafiq Mir	Mohd Akbar Mir	Bulgam Sopore	B Sc.	Principal of school	Member
03	Mrs. Tanveer a Akhter	W/O Gh. Hassan Khaja	Dever Parhaspora	B.A.BEd	Vice Principal	Member
04	Mr. Mohd Abass Reshi	Gh. Mustafa Reshi	Hanjiweera Payeen	Maine	Business	Parent Member
05	Mr. Dilawar Hussain Sofi	Gh. Mustafa Sofi	Chanabal. Pattan	M.A..	teacher	Member
06	Mr. Maqsood Ah Bhat	Gh. Hussain Bhat	Hanjiweera Payeen	M.A	Pvt. Service	Parent Member
07	Mr. Mohd Altaf Dar	Ghulam Rasool Dar	Mirgund	M.Ed.	Pvt. Service	Secretary

The Management Body resolved to approach the worth Director School Education Kashmir for the approval of above cited body.

Chairman
mps Madina Public School Hanjiweera Payeen, Pattan

Office of the Chairman Madina Public School Syeedpora (Sopore)

RESOLUTION

In pursuance to the meeting of managing body dated on 01-09-2022 elections were held for the Managing body through secret ballot on 15-09-2022 the following members have been elected for the Managing Body of Madina Public School Syeedpora Sopore

01 Syed Ahmad Rizvi
03 Ashiq Hussain Wani
05 Mohammad Ibrahim Reshi
07 Mr. Firdous Ali War

02 Mrs. Shaheena Begum
04 Mr. Shuja Hussain War
06 Mr Ali Mohammad Reshi

S.NO.	Name	Parentage	Residence	Qualification	Occupation	Designation
01	Syed Ahmad Rizvi	Syed Jawad	Saidpoa, Sopore	B.Sc	Retired	Chairman
02	Mrs Shaheena Begum	W/O Ab. Majeed Ahanger	Iqbal Nagar Sopore	B.Sc. B.Ed.	Principal of school	Member
03	Mr. Ashiq Hussain Wani	Ghulam Mohd Wani	Syedpora Sopore	M.A. B.Ed.	Vice Principal	Member
04	Mr. Shuja Hussain War	Mohammad Shafi War	Syedpora Sopore	10+02	Business	Parent Member
05	Mr. Mohammad Ibrahim Reshi	Ali Mohammad Reshi	Saidpoa. Sopore	Matric	Business	Secretary
06	Mr. AH Mohammad Reshi	Ghulam Mohammad Reshi	Saidpoa. Sopore	M.A	Staff- Representative business	Member
07	Mr. Firdous AH War	Abdul Ahad War	Saidpoa. Sopore	M.A., B. Ed.		Parent Member

The Managing body resolved to approach the Worthy Director School Education Kashmir for the approval of above cited body.

Chairman
Madina Public School Syeedpora (Sopore)
mps

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MANZOOR NEWS AGENCY	NORPORA
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All Women, Married Or Unmarried, Entitled to Safe & Legal Abortion: SC

Press Trust of India

New Delhi: In a significant ruling on reproductive rights of women, the Supreme Court held on Thursday that all women are entitled to safe and legal abortion till 24 weeks of pregnancy under the Medical Termination of Pregnancy (MTP) Act, and making any distinction on the basis of their marital status is "constitutionally unsustainable". The top court also said that the meaning of offence of rape must include marital rape for the purpose of the MTP Act.

A bench of Justices DY Chandrachud, JB Pardiwala and AS Bopanna said the rights of reproductive autonomy give

similar rights to unmarried women as that to married women. The bench, in its verdict, said the distinction between married and unmarried women under the abortion laws is "artificial and constitutionally unsustainable" and perpetuates the stereotype that only married women are sexually active.

Under the MTP Act provisions, the upper limit for the termination of pregnancy is 24 weeks for married women, special categories including survivors of rape and other vulnerable women such as the differently-abled and minors. However, the time period is 20 weeks for widows and unmarried women, who are or were in consensual



relationships, for allowing abortion under the statute. The bench delivered the verdict on the interpretation of the MTP Act and whether unmarried women or single women can be

allowed like their married counterparts the benefit of abortion up to 24 weeks.

The bench, on August 23, had reserved its verdict on interpretation of the MTP Act provisions

“A WOMAN'S RIGHT TO REPRODUCTIVE CHOICE IS AN INSEPARABLE PART of her personal liberty under Article 21 of the Constitution and she has a sacrosanct right to bodily integrity,” it had said. “Denying an unmarried woman the right to a safe abortion violates her personal autonomy and freedom. Live-in relationships have been recognised by this Court,”

which makes a distinction between married and unmarried women on the issue of abortion. Observing there is a need to “fine-tune” the provisions in the MTP rules, the top court had also said it would like to add a category of women, who suffer desertion irrespective of marital status, to the seven categories of women eligible to seek abortion

till 24 weeks of pregnancy.

The Centre, represented by Additional Solicitor General Aishwarya Bhati, had told the top court that discrimination, if any, is not in the Act passed by Parliament and if the court is willing to intervene, then it should do so in the MTP Rules, 2003. Bhati, appearing for the Centre and assisting **More on PTI**

Govt Transfers 3 JKAS Officers

Observer News Service

Srinagar- Jammu and Kashmir government on Thursday ordered transfer of three JKAS officers and another was assigned additional charge of the post in the interest of administration with immediate effect.

According to the separate government orders, Ghulam Rasool (JKAS), Joint Director, Handicrafts, Jammu, has been transferred and posted as Regional Director, Survey and Land Records (ex-officio Settlement Officer), Rajouri, against an available vacancy.

Tilak Raj, JKAS, Programme Officer, ICDS Project, Udhampur, has been transferred and posted as Joint Director, Handicrafts, Jammu. Zameer Ahmad Reshu (IKAS), awaiting orders of adjustment in the General Administration Department, has been posted as Programme Officer, ICDS Project, Udhampur.

Meanwhile, Vishal Singh Parihar, JKAS, Sub-Registrar, Vijaypur, has been asked to hold additional charge of the post of Sub-Registrar, Kathua, in addition to his own duties, till further orders.

Lt Gen Chauhan To Take Charge As CDS Today



Press Trust Of India

New Delhi: Lt Gen Anil Chauhan (retired) will assume charge as India's new Chief of Defence Staff on Friday that is expected to bring the focus back on the implementation of the ambitious theatreisation drive to bring synergy among the three services.

A decorated Army officer, 61-year-old Chauhan will also function as Secretary in the Department of **More on PTI**

NGT Bars Pvt Firm From Mining In Budgam Stream



Observer News Service

Srinagar: The National Green Tribunal (NGT) has restrained a private company from carrying out any mining activities in Shaliganga stream in Budgam district of Jammu and Kashmir.

In an order pronounced on Wednesday, the NGT directed the Jammu and Kashmir Pollution Control Board (PCB) and the District Magistrate Budgam to ensure compliance of its directions.

The NGT order came after hearing an appeal by activist Raja Muzaffar Bhat, challenging the environmental clearances for mining in the Shaliganga nalah in the central Kashmir district.

Setting aside the environmental clearances (ECs), the tribunal said the company -- NKC Projects Pvt Ltd -- "is restrained from carrying on any mining activities pursuant to impugned ECs".

"J-K PCB and District Magistrate Budgam shall ensure compliance of this direction. J-K PCB shall also comply with the directions issued with regard to determination of environmental compensation," the tribunal ruled.

It said the company in its reply on July 29 has stated it has used JCBs and loaders only for the purpose of approach making since big sized boulders were lying in the approach which could not be removed manually.

The company also stated that the JCBs and loaders were used for the loading of mined minerals on the dumpers/trucks since loading of big sized boulders manually was also not feasible.

"The stand taken by project proponent (PP) is an admission of use of heavy machines for excavation. Once it is admitted that the boulders were such big sized, not capable **More on PTI**



A farmer family sorting freshly harvested apples for grading and packing inside their orchard in south Kashmir's Anantnag district on Thursday: KO picture, Shah Junaid

‘Sextortion’ Couple Minted Rs 40 Lakh In Six Months

Press Trust Of India

Srinagar: A day after police arrested a couple from Budgam district along with their accomplice in a sextortion case, officials said on Thursday that the trio had allegedly trapped men of influence and extracted nearly Rs 40 lakh from them over six months.

The unravelling began earlier this week with a senior government official walking up to the police to complain he had been duped of Rs 8 lakh and was being blackmailed, officials said. The three suspects, Shaista Bashir and her husband Aijaz Ahmed Ganie and their friend Jahangir Ahmed Dar were arrested on Wednesday on charges of running a full-fledged 'sextortion' racket.

The government official told police he had received



a call on his mobile from a woman a few days ago requesting him for a favour. She asked him to go to her home to discuss the matter. He went and was led into the bedroom. Within minutes, the husband and another man barged in and started shooting a video, a police official said, giving

details from the FIR.

The husband also accused the official of having an affair with his wife.

According to police, the complainant somehow managed to leave the couple's house only to receive a telephone call a few days later asking for **More on PTI**

NIA Opposes Aasiya's Plea Before Delhi HC

Press Trust Of India

New Delhi: The National Investigation Agency (NIA) has opposed in the Delhi High Court the plea of a Kashmiri woman separatist leader challenging the attachment of her mother-in-law's house, saying the property was utilised for militant activities and even for celebrating Pakistan Day.

The agency, in its reply, claimed that the attached house was used as the office of proscribed organisation Dukhtaran-E-Millat (DEM) by Aasiya Andrabi, and anti-India speeches were made and pro-Pakistani slogans were chanted at the meetings held there.

NIA said that besides the distribution of insurrectionary material, the Pakistani flag was also unfurled on its premises to profess Kashmir as part of Pakistan and India as an aggressor.

Andrabi, who was chief of the banned outfit

Dukhtaran-e-Milat (Daughters of Nation), had approached the high court in August against a trial court order which refused to interfere with the attachment of the house by NIA.

NIA responded that the house, which was used for acts of terror coupled with propaganda to destabilize the sovereignty and integrity of India, was proceeds of terrorism and the attachment was done after following due procedure.

The agency said that Andrabi used social media platforms to spread insurrectionary imputations and hateful speeches for endangering the integrity, security, and sovereignty of India, and thirty-nine cases are registered against her under various laws in Jammu and Kashmir.

It clarified that even though the house was in the name of Andrabi's mother-in-law, there are significant **More on PTI**



HIGHWAY HICCUPS

Traffic Police Cracks Down On Violators

6-7 Vehicles Blacklisted For Causing Traffic Jams, Fine Slapped

Zaid Bin Shabir

Srinagar: A day after a senior police officer was removed following an outcry over halting of fruit-laden trucks from Kashmir valley to the outside markets; the traffic police on Thursday cracked a whip and blacklisted several vehicles to ensure a smooth flow of traffic on the strategic Srinagar-Jammu highway.

SP Ramban Mohita Sharma, who was recently assigned additional charge of Traffic, National Highway told Kashmir Observer on Thursday that the blacklisted vehicles were violating traffic rules that had caused heavy jamming in the sensitive area along the National Highway.

"This drive was launched yesterday. Till now we've blacklisted 6-7 vehicles for creating traffic jams on the highway by violating lane discipline. These vehicles were found to be tripling, quadrupling and violating laws on the entire shooting-stone stretch. **More on PTI**

S H O R T T A K E S

J&K Clocks 22 New Covid Cases

At least 22 more people tested positive for Coronavirus in Jammu and Kashmir on Thursday, taking the number of people infected since the outbreak of pandemic in the Union Territory to 479137. 16 new cases of Covid-19 were registered in the Kashmir Valley and the remaining six from Jammu division, officials said Thursday. In the Valley, they said, Srinagar detected the highest 12 new cases of virus, Pulwama 2, Budgam and Kupwara one each. No new cases were reported from **More on PTI**

Bar On Public Entry In Dachigam Sought

Wildlife Warden, Central Division Srinagar on Thursday shot a communique to Regional Wildlife Warden, Kashmir Region, seeking his intervention in revocation of entry inside Dachigam National Park here amid onset of "rutting of Hangul".

"...the rutting season of Hangul has started in Dachigam National Park, since the matter is of sensitive nature and therefore, to avoid any disturbance, it is recommended that permission to enter Dachigam National Park shall be stopped **More on PTI**

Ex-JKNPP Chief Mankotia Joins BJP

Balwant Singh Mankotia, a former president of the Jammu and Kashmir National Panthers Party, joined the BJP here Thursday. He joined the party in the presence of Union ministers Jitendra Singh and Rajeev Chandrasekhar. and BJP general secretary Tarun Chugh. After leaving the JKNPP, Mankotia, a two-time MLA had initially joined the Aam Aadmi Party but was recently removed. Welcoming him, Chugh said Mankotia is joining the BJP as he **More on PTI**

Biker Injured In Ganderbal Accident

A bike rider was injured in Prang locality of Kangan in Central Kashmir's Ganderbal district on Thursday morning. News agency KNO quoting an official reported that a speedy motorcycle, on way from Kangan towards Ganderbal skidded near Prang, resulting in critical injuries to its rider namely Kaiser Ahmad Magray of Khanan. He was immediately shifted to Trauma hospital Kangan for treatment, where from he was referred to SKIMS Soura for advanced treatment, **More on PTI**

Police Recover Missing Teen Girls

Police on Thursday claimed to have recovered two missing teenage girls of central Kashmir's Budgam district from the winter capital. According to a police spokesperson, a written complaint was received from a woman, a resident of Handwara, that her daughters aged 15 & 16 years went missing on Sept 26, from the Humhama area of Budgam, where she was currently putting up. Accordingly, he said, a case under FIR number 337/2022 under relevant sections of law was **More on PTI**

Man Held For Sexually Abusing Child

Police on Thursday arrested a person and booked him under POSCO Act for allegedly sexually abusing a minor in central Kashmir's Budgam district. On September 22, Police Station Khag received a written complaint from a lady complainant stating that her four-year-old son was sexually abused by a man identified as Mohammad Ashraf Lone of Hamchipora Khag, a police spokesperson said. The victim, he said, was taken to PHC Khag and subsequently referred **More on PTI**

SC Reserves Judgement On Issue Whether It Can Dissolve Marriages

Agencies

New Delhi : The Supreme Court on Thursday reserved its judgement on the issue of whether it could exercise its vast powers under Article 142 of the Constitution to dissolve marriages between two parties even when one of the parties does not consent.

"Arguments concluded.

Article 142 of the Constitution to dissolve marriages between consenting couples without referring them to family courts.

Article 142 of the Constitution deals with the enforcement of decrees and orders of the apex court to provide "complete justice" in just about any case before it.

Senior advocate Indira Jaising, who is assisting the



Judgement reserved," said a five-judge Constitution bench headed by Justice Sanjay Kishan Kaul.

The bench comprising Justices Sanjiv Khanna, AS Oka, Vikram Nath, and JK Maheshwari to decide whether it could exercise its powers under Article 142 to dissolve a marriage, what were the broad parameters to exercise such power, and whether the invocation of such extraordinary powers was allowed in the absence of the mutual consent of the parties.

It will also look at whether it can exercise its powers under

court as amicus curiae, said that courts could "at best attempt a reconciliation in the public interest", but not force two autonomous people who had voluntarily entered a union to stay together despite their irreconcilable differences.

Senior advocate Dushyant Dave also assisting the court said Supreme Court was not justified in exercising its powers under Article 142 to dissolve marriages since the Parliament had in its wisdom vested the power in district courts and prescribed an appropriate procedure for it.

Enemy, Rattled By Islamic Republic's Power, Seeks To Sow Sedition: Raeisi

Agencies

Tehran: The enemy is making attempts to sow sedition in the Iranian society as it feels rattled by the Islamic Republic's growing power and authority, President Ebrahim Raeisi said Wednesday, as some Western countries continue to instigate riots in Iran.

Addressing a cabinet meeting in the Iranian capi-

progress" of the Islamic Republic.

He highlighted the need to speak about this "honorable power" by creating "lasting cultural works" so that "enemies will admit to it and the new generation will get acquainted with its different aspects."

Protests over the death of Mahsa Amini, a 22-year-old Iranian woman who fainted



tal Tehran, Raeisi pointed to recent foreign-backed riots in Iran in the wake of a young Iranian woman's death and said the enemy's efforts to sow sedition were because "it feels threatened by the power and

at a police station last week and was later pronounced dead at a hospital, erupted first in her native province of Kurdistan and later spread to other parts of the country, including Tehran.



12 Billion Workdays Lost Annually Due To Depression And Anxiety: Report

With an estimated 12 billion workdays lost annually due to depression and anxiety, costing the global economy nearly \$1 trillion, more action is needed to tackle mental health issues at work, the World Health Organization (WHO) and the International Labour Organization (ILO) said on Wednesday.

The UN agencies have launched two publications which aim to prevent negative work situations and cultures while also offering mental health protection and support for employees.

"It's time to focus on the detrimental effect work can have on our mental health," said Tedros Adhanom Ghebreyesus, Director-General at WHO, which has issued global guidelines on the issue.

"The well-being of the individual is reason enough to act, but poor mental health can also have a debilitating impact on a person's performance and productivity."

The WHO guidelines contain actions to tackle risks to mental health at work such

as heavy workloads, negative behaviours, and other factors that can create distress.

For the first time, the UN health agency recommends manager training, to build their capacity to prevent stressful work environments and respond to workers' needs.

WHO's World Mental Health Report, published in June, revealed that of one billion people estimated to be living with a mental disorder in 2019, 15 per cent of working-age adults experienced a mental disorder.

The workplace amplifies wider societal issues that negatively affect mental health, including discrimination and inequality, the agency said.

Bullying and psychological violence, also known as "mobbing," is a key complaint of workplace harassment that has a negative impact on mental health. However, discussing or disclosing mental health remains a taboo in work settings globally.

The guidelines also recommend better ways to accommodate the needs of workers

with mental health conditions and proposes interventions that support their return to work.

They also outline measures to ease entry into the jobs market, for those workers with severe mental health conditions.

Importantly, the guidelines call for interventions for the protection of health, humanitarian, and emergency workers.

A separate policy brief with ILO explains the WHO guidelines in terms of practical strategies for governments, employers and workers, and their organizations, in both the public and private sectors.

The objective is to support the prevention of mental health risks, protect and promote mental health at work, and support those with mental health conditions, so they can participate and thrive at work.

"As people spend a large proportion of their lives in work – a safe and healthy working environment is critical," said, Guy Ryder, the ILO Director-General.

Will not contest, apologised to Sonia for what happened in Jaipur: Gehlot

Press Trust Of India

NEW DELHI: Rajasthan Chief Minister Ashok Gehlot on Thursday announced that he will not contest the Congress presidential polls as he took moral responsibility for the political crisis in his state.

After meeting party president Sonia Gandhi, Gehlot told reporters that he apologised to her for the developments on Sunday when MLAs supporting him defied the central observers and thwarted their move to hold a meeting of party legislators.

Instead, they held a parallel meet to pitch for Gehlot's continuation or the guarantee that his bete noire Sachin Pilot does not replace him.

Gehlot, a three-time state chief minister, described himself as a disciplined soldier of the party and expressed his sadness over the turn of affairs in the state.

Asked if he will continue as chief minister, Gehlot said Gandhi will decide on the issue.

"In the last 50 years, I have worked as a loyal Congress soldier from the time of Indira Gandhi, Rajiv Gandhi, Narasimha Rao and Sonia ji, be it becoming a central minister or state unit chief, general secretary or CM for the third time, I cannot forget that. The events that happened (on Sunday) has shaken all of us. Only I know how hurt I am because a message went that I want to remain CM," Gehlot said.

"I have apologised to Sonia ji because a simple resolution, which is our tradition and which we always pass, a situation emerged that it could not be passed. I, as a CLP leader, whatever the reasons, could not get the resolution passed," he said.

He also said that in the aftermath of the events, he has decided that he will not fight the party president polls.

Meanwhile, senior Congress leader Digvijaya Singh, who is likely to file his nomination for the Congress president's post on Friday, met Shashi Tharoor, who said they agreed that theirs is "not a battle between rivals but a friendly contest" among colleagues.

Singh met the party MP from Thiruvananthapuram on Thursday after collecting nomination papers for the polls.

"Received a visit from Digvijaya Singh this afternoon. I welcome his candidacy for the Presidency of our Party," Tharoor said in a tweet.

"We both agreed that ours is not a battle between rivals but a friendly contest among colleagues. All we both want is that whoever prevails, @inIndia will win!" he said.

Tharoor has already declared that he will file his nomination for the post of Congress president on Friday, the last day of the nomination process.

No premature closure of Senior Citizens' Savings Scheme account on death: Govt

Agencies

NEW DELHI: The Finance Ministry on Thursday clarified that premature closure of an account under the Senior Citizens' Savings Scheme (SCSS) does not get triggered due to the death of the account holder, but is applicable only when the account holder requests for the account's closure before the maturity period.

In such cases of premature closure of an account, a penalty is levied as per rule 6 of the SCSS, the ministry said in a statement.

The clarification came as it has been noticed in some cases that on the death of the account holder, operating agencies are closing the SCSS account by treating it as premature closure.

The ministry said that in

cases where the SCSS account holder(s) passes away and the account is being closed on request of the nominee or legal heir, the rate of interest as applicable on SCSS scheme



shall be paid till the date of demise of the account holder.

Thereafter, the interest rate applicable on post office savings accounts shall be paid from the date of demise of the account holder till the date of final closure of the account, it added.

'PFI must be held accountable for hartal violence'

Deposit Rs 5.2 crore with govt: Kerala High Court

Press Trust Of India

Kochi: The Kerala High Court on Thursday directed banned outfit PFI and its ex-state general secretary to deposit Rs 5.2 crore with the Home Department towards damages estimated by the KSRTC and the state government in connection with the hartal-related violence on September 23, saying they must be held account-

It further said that media reports revealed that the police force played only a passive role in dealing with the situation on September 23 till the court intervened on that date.

"An effective compliance with our earlier order dated January 7, 2019 would have necessitated the state administration to ensure that no public procession, gathering or demonstration took place in the state if the same was in con-



able for it.

Expressing concern that the state administration "did virtually nothing to prevent the hartal organisers from going ahead with their illegal demonstrations and incidental road blockages" despite a 2019 HC order against it, the court said Abdul Sathar, ex-state general secretary of PFI, be made an accused in all the hartal-violence related cases.

A bench of Justices A K Jayasankaran Nambiar and Mohammed Nias C P also directed that when considering bail pleas in those cases, magisterial and sessions courts should impose a condition which insists upon payment of the amount quantified towards damage/destruction of property by the accused for grant of any relief to them.

"Citizens of the state cannot be made to live in fear solely because they do not have the organised might of the persons or political parties at whose instance such violent acts are perpetrated," the court said.

nection with a call for a flash hartal," the bench said.

It also said that the Popular Front of India (PFI) and Sathar "cannot feign ignorance" of their constitutional obligations, especially when they claim to represent members of a pluralistic society.

It fixed them with the financial liability, saying that their action of inciting their supporters and goading them into violent acts on the hartal day "cannot be legally countenanced".

"They must be held responsible and made accountable for their illegal actions," the bench said and directed them to deposit the amount within two weeks.

On failure to deposit the amount within the stipulated time, the state government shall take immediate steps under the Revenue Recovery Act to proceed against the assets/properties of PFI, the personal assets of its office bearers, including Sathar, for realisation of the Rs 5.2 crores, the court directed.

Bodies Swapped As Names Were Same, Moustache Clears Doubt Before Cremation

Mumbai: The relatives of two people with similar names and age ended up taking the wrong body for cremation in Maharashtra's Raigad district before differences in the moustaches of the dead cleared the confusion.

While Ramakant Patil (62), a resident of Pezari village in Alibag tehsil, died of blood pressure and diabetes at MGM Hospital, Ram Patil (66) of Dahivali village in Panvel tehsil succumbed to kidney and liver issues at the same facility.

"Relatives of Ramakant Patil, just before the cremation, realised that the body's moustache was different. The hospital was contacted but the staffers there refused to admit any goof-up," a relative said today.

The relatives of Ram Patil too

realised something was amiss and both groups reached MGM Hospital, whose administration made arrangements to swap the bodies.

Meanwhile, the hospital management defended itself in a statement and said the relatives had seen the bodies before accepting it.

Relatives of Ramakant Patil, just before the cremation, realised that the body's moustache was different. The hospital was contacted but the staffers there refused to admit any goof-up

NEWS MAKERS

Dehradun: Uttarakhand Police on Thursday lodged a case against Rashtriya Swayamsevak Sangh (RSS) leader Vipin Karnwal who allegedly made objectionable comments on 19-year-old Ankita Bhandari by terming her as "raw milk" before "hungry male cats" and blamed her father for her death.

The Raiwala Police Station in Uttarakhand's Dehradun registered the case against Mr Karnwal for spreading enmity and tension in the society and insulting the woman.

Blaming Ankita's father for her killing, Mr Karnwal in his Facebook post (which is now deleted) said that the "biggest culprit is her father who put raw milk before the hungry male cats".

"I did not go for any candle march or market closure. The father and brother who eat the earnings of a 19-year-old girl, whose daughter and sister works at a resort where there is open debauch-

RSS Leader Terms Murdered Uttarakhand Teen As "Raw Milk", Case Filed



ery and the girl whose Jammu-based friend comes to inform the family about the scandal is the biggest culprit who let raw milk before the hungry cats," Mr Karnwal's

post read in Hindi.

On the complaint of one social worker Vijaypal Rawat, the police have registered the case against the RSS leader under

section 153A (Promoting enmity between different groups on grounds of religion, race, place of birth, residence, language, etc., and doing acts prejudicial to maintenance of harmony), 505 (Statements conducing to public mischief), 509 (Word, gesture or act intended to insult the modesty of a woman), and 66 (Description of imprisonment for non-payment of fine) of the Indian Penal Code.

Circle Officer, Rishikesh, and Deputy Commissioner Dondhiyal said that they have been searching for Mr Karnwal.

19-year-old Ankita was missing for at least six days before the Uttarakhand administration recovered her body from the Chilla canal in Rishikesh on September 24.

Pulkit Arya, son of expelled BJP leader Vinod Arya, was arrested in the case for allegedly pushing her into the canal following an altercation. Besides Pulkit Arya, two more people were arrested in the case.



Program Under "Nasha Mukht J&K Abhiyan" Held at S P College

Observer News Service

Srinagar: The Cultural Unit Kashmir of Department of Information & Public Relations (DIPR) in collaboration with Sri Pratap College organised a day long awareness cum Cultural programme under the "Nasha Mukht J&K Abhiyan" at Auditorium of the College.

Students of SP college participated in a speech competition on "Say no to drugs" while as Cultural Unit artists joined by Shehr-e-Khas Literary and Welfare Society and SP College students presented thematic colorful cultural programmes including Kashmiri traditional rouf, skit, rap music, group dance and Ladishah on the occasion.

An impactful documentary film highlighting the ill effects of drug addiction "Badhtay Kadam" prepared by the Cultural Unit Kashmir was also screened during the function.

Cultural officer Kashmir Burhan Hussain while administering the pledge, encouraged students to hold awareness talks with people who were addicted to drugs or their family members and direct them towards de-addiction.

He also urged teachers to create awareness of substance abuse among students and give special attention to those found to be addicted to drugs and help them lead a disciplined life.

E-Rickshaws Emerging As 'Safest' Mode Of Transport For Women

Syed Mohammad Burhan

Srinagar: Eco-friendly electric rickshaw service which started a few months back in Srinagar city is emerging as the 'safest' mode of transport for women.

The e-rickshaws which ply on several routes in the city are gaining popularity by the day. Women and young girl students can be seen boarding the eco-friendly vehicle to cover short destinations in the city.

While passengers have benefited from the pocket, women who frequently board the E rickshaw, say "it is the safest means of public transport in the city."

Sugra Hussain, a student pursuing her graduation at a city college said that she feels safe in an E Rickshaw.

"I found traveling in an E Rickshaw very comfortable and safe. In addition to that, it is environmentally friendly, so I prefer to travel to short destinations in it," Sugra said.

Another student Mehja-been Ara voiced similar views saying she has found E Rickshaws safer than other means of transport in the City.

"An E Rickshaw is not covered from the sides, females



can sit comfortably and there is no fear of overload, so it is better in many ways than the city's crowded buses," Mehja-been said.

Danish Mushtaq Teli, who has been driving the E Rickshaw for the last few months says the number of females boarding the E Rickshaw is more than that of males.

Danish says the reason behind more women boarding eco-friendly vehicles is that women feel safer.

"It is a safe means of transport, I have been driving this rickshaw for the last few months and I can say that women feel safer in this rickshaw, the seats are comfortable and there is no provision of an overload," Danish said.

Speaking to Kashmir Observer, Mantasha Binti Rashid, founder, Kashmir Women's Collective said that the overloading of passengers in buses creates an environment for harassment but in

case of E Rickshaws there is no question of overloading.

"In overcrowded buses, women are more likely to get harassed but In case of E rickshaws there is no possibility of overload which makes it safe for women," Mantasha said.

However, with the limited number of Eco Friendly Rickshaws plying on selected city streets and a harsh winter approaching, the fate of 'safest' mode of transport for women remains to be seen.

DC Approves 53 Project Proposals Under Women Oriented Scheme "TEJASWINI"

Observer News Service

Srinagar: In order to ensure effective implementation of Livelihood Generation schemes like "MUMKIN" and Women Oriented Scheme "TEJASWINI" in the District, a meeting of District Level Implementation Committee (DLIC) was held under the Chairmanship of the Deputy Commissioner (DC), Srinagar Mohammad Ajiaz Asad on Thursday.

During the meeting the Deputy Commissioner took a detailed assessment of the implementation of "MUMKIN" and "TEJASWANI" schemes in the District.

Ajiaz approved all 77 cases in favour of eligible beneficiaries of Srinagar District for purchase of commercial vehicles under "MUMKIN" scheme for providing financial assistance to the tune of Rs 4.62 crore besides other incentives under the scheme to earn livelihood

with dignity and honour.

The DC also approved a subsidy amount of Rs 3.71 lakh in favour of already sponsored 5 "MUMKIN" cases in whose favour financial assistance of 35 lakh has been already disbursed.

Threadbare deliberations were also held on the implementation of Women Oriented Scheme "TEJASWANI" in Srinagar District and 56 cases of unemployed eligible female aspiring entrepreneurs of the District were brought before the Committee for approval.

The Deputy Commissioner after detailed discussion approved 53 Project Proposals of the eligible female entrepreneurs of Srinagar district under "TEJASWANI" scheme for setting up of profitable self-employment ventures suited to their skill and training aptitude for which financial assistance of Rs 2.38 crore shall be provided by the

banks, in addition to other subvention incentives.

The DC also approved the subsidy amount of Rs 13.50 lakh in favour of already sponsored 27 "TEJISWINI" cases in whose favour financial assistance of 1.21 crore has been already disbursed.

Ajiaz said that the District Administration, Srinagar is working hard with the vision and strategy of the government to provide better employment avenues for youth of the District through systematic livelihood generation programmes launched by the Government.

The DC urged upon the youth of Srinagar District to come forward and avail the benefits of different self-employment schemes of the Government to earn dignified livelihood not only for their family but to become job providers for others through a sustainable business chain.

Student Receives National Grant For Converting Dal Waste Into Planting Medium

Observer News Service

Srinagar: Sher-e-Kashmir University of Agricultural Sciences and Technology of Kashmir student's innovative idea 'Green Solutions - Waste to Wealth' has won national level grant-in-aid from the Union Ministry of Agriculture and Farmers' Welfare under the RKVY-RAFTAAR programme.

The idea was selected after the three-phase screening at the MANAGE, Hyderabad.

PUBLIC NOTICE

I have changed my name from Misbah Hamid to MISBAH HAMID MAKHDOOMI. In future I will be known as MISBAH HAMID MAKHDOOMI.

If anybody has objection, if any, he/she may contact the passport office, Srinagar within seven days from the date of this notice.

After that no objection shall be entertained.

MISBAH HAMID MAKHDOOMI
S/O ABDUL HAMID MAKHDOOMI
R/O- 2 Balgarden, Srinagar

ss

OFFICE OF THE CHAIRMAN MADINA PUBLIC SCHOOL KRIPALPORA BALA (PATTAN).

RESOLUTION

In pursuance to the meeting of the Managing Body dated on 04-09-2022 election were held for the Managing Body through secret ballot on 21-09-2022. The following have been elected for the Managing Body of Madina Public School Kralpora Bala, Patan.

01. Mr. Gh. Hassan Sofi
03. Mr. Faheema
05 Mtr. Humera Tabasum
07. Mtr. Shameema Bano

02. Mr. Gulzar Ahmad Matta
04 Mr. Mukhtar Ahmad Waza
06. Mr. Mohd Akbar Waza

S. No	Name	Parentage	Residence	Qualification	Occupation	Designation
01	Mr. Gh. Hassan Sofi	Mohd Jaffer Sofi	Kripalpura Bala	BSC	Pvt Service	Chairman
02	Mr. Gubar Ahmad Malla	Fida Hussain Matta	Soniumpattan	MA	Principal of school	Member
03	Mrs. Faheema	W/O Ali Mohammad Joo	Dever Panaspura	MA, B.Ed.	Vice Principal	Member
04	Mr. Mukhtar Ahmad Waza	Mohammad Ramzan Waza	Kripalpura Bala	10+2	Business	Parent Member
05	Mtr. Humera Tabasum	Gh. Mohammad Bhat	Kripalpura Bala	M.A, B.Ed	Teacher	Member
06	Mr. Mohd Akbar Waza	Ali. Mohd Waza	Kripalpura Bala	BA	Pvt Service	Parent Member
07	Mtr. Shameema Bano	Gh. Mohammad Rather	Mattipora	Matric	Pvt. Service	Secretary

The Management resolved to approach the worthy Director School Education Kashmir for the approval of above cited body.

mps

Chairman

Medina Pubuc School Kripalpura Bala, Pattan

Government of Jammu And Kashmir Office of the Divisional Forest Officer Awantipora Forest Division

e-NIT NO:- 09 of 2022-23 DATED:- 22.09.2022

For and on behalf of the Hon'ble President of India, e-tenders (Two cover system) are invited from registered, reputed and resourceful Contractors/Firms registered with Jammu & Kashmir Govt./Central Govt. Organizations for the following work:-

Name of Work	Location	Adv. cost (Rs. In Lakh)	Bid Security (EMD) (Rs in Lacs)	Class of Contractor	Cost of Tender Document	Time of Completion
1. A. Providing and Fixing of Barbed Wire Fencing with Angle Iron Posts in Cement Concrete Blocks conforming to the departmental specifications as per break-up: (i) No. of verticle angles (50x50x6mm) with length 6.5ft = 1684 No.'s (ii) Total Quantity of BABW (2.5 mm dia, point wire dia 2.00 mm having bars at a distance of 75mm, plus - minus 12 mm conforming to IS:278 & 280) = 4040 KG (iii) Total fence line to be covered= 13468 rft B. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including carriage/lifting of plants from different nurseries of Forest Department by mechanical transport within a maximum lead of 100 Kms and headload carriage including loading and unloading upto site of work with all operations as per break up: (i) Broadleaved Plants= 13200 No.'s (ii) Conifer Plants = 18898 No.'s (iii) Dibblers= 7202 No.'s (iv) Patches = 7202 No.'s (v) Trenching = 3500 No.'s Note: Plant material shall be supplied departmentally.	Co. 17/L Lam Trail Range Awantipora Forest Division	38.22	0.7644	A&B	1100	60 Calander Days
4. Construction & Installation Of Boundary Pillars at Lam Forests (Compt. No. 8/Lam, 17/Lam and 18/Lam) and Domiri Forests (6/Ponzova and 7/Panzova) Forest Range Trail	Lam & Panzova Forest Range Trail	13.16	0.26320	C&D	600	45 Calander days

The position of codal formalities in respect of above work(s) is as under:

Position of Funds	Budgeted
Position of AA	Accorded
Position of TS	Accorded

The e-NIT Consisting of qualifying information, eligibility criteria, scope of work, Bills of Quantities, (B.O.Q), Terms & Conditions of contract and other details can be seen/downloaded from the website - www.jktenders.gov.in

Publishing Date:	22-09-2022
Download Start Date:	22-09-2022 from 08:30 PM
Bid submission Start Date:	22-09-2022 from 08:30 PM
Pre-bid consultation & Venue:	24-09-2022 Working hours Office of the Divisional Forest Officer Awantipora Forest Division
Bid submission End Date:	05-10-2022 Up to 06:30 PM
Date of Opening of Technical Bid through online:	06-10-2022 at 02:00 PM in the office of the office of Conservator of Forests Kashmir South Circle Bijnbehara.
Date of Opening of Financial Bid through online:	To be opened (Online) after technical evaluation is completed. Date will be notified separately.

TERMS & CONDITIONS

- The bids shall be deposited in electronic format on the website: <https://jktenders.gov.in>.
- Bids uploaded must accompany Govt. Treasury Receipt (cost of tender document) in the shape of Treasury Challan for the amount shown against the work above to be deposited in Govt. Treasury under Account Head 0406-Forest and Bid Security in the shape of EMD for requisite amount and pledged to Divisional Forest Officer, Awantipora Forest Division.
- The bids for the work shall remain valid for a period of 90 days from the date of Tpening of bids.
- The bidders have to submit their Technical & Financial bids online in electronic format with digital signature. No Technical or financial bid will be accepted in physical/hard form. Bids will be opened online as per time schedule mentioned above.
- Bidders must ensure to upload scanned copies of all necessary documents i.e EMD (CDR/FDR), Valid Registration Card issued by PWD/CPWD/Forest Dept. duly renewed for the current year 2022-23, PAN, Valid GST Registration, Govt. Treasury receipt (Cost of Tender Document).
- The successful bidder has to produce Valid Labour Registration Certificate issued by Labour Department after issuance of award of contract.
- As per rule 171 of GFR-2017, Performance Security shall have to be deposited by successful bidder to the order of 3% of the value of contract and if there are compelling circumstances, performance security in excess of three percent may also be demanded.
- The Department will not be responsible for any delay in online submission of the bid due to any reason (technical or otherwise).
- The Department shall not be held responsible for selection criteria/policy matter being adopted by the Directorate of Information regarding publishing the NIT, in any of the newspaper under circulation.
- The Tender Accepting Authority reserves the right to reject any or all the tenders without assigning any reason thereof.
- All other terms and conditions shall remain same as per PWD form 25 (double leaf) and as per the Detailed Tender document.

Sd/-
Divisional Forest Officer,
Awantipora Forest Division

No: 225-28/AWP/PLG/2022-23

DIPK-10933/22 dated 29-09-2022

- TRAFFIC POLICE : 9419993745, 01998-266686
- PCR: 0194-2452092, 2455883
- PDD: 0194-2450213
- FIRE AND EMERGENCY SERVICES : 2479488, 245222, 2452155
- CAPD: 18001807011
- SMC HEALTH OFFICER: 9469409081
- Ambulance: Kashmir EMS Service: +91 94841 00200



AIRPORTS

SHIEK UL ALAM AIRPORT: 01942303311



RAILWAYS

- SRINAGAR: 0194-2103259
- ANANTNAG: 01932-228243
- BARAMULLA: 0194-102029
- BIJBHERA: 01932-228243
- PAMPORE: 01933-294132
- PATTAN: 01954-293507
- QAZIGUND: 01951-296153



HIGHWAY STATUS



Sgr-Jammu highway - (Open)
Mughal Road - (Open)
Srinagar- Leh- (Closed)



HIJRI
CALENDAR

3 Rabi ul Awwal

1444

PRAYERS

FAJR 5:03

ZUHR 12:22

ASR 4:37

Magrib 6:23

ISHA 7:43

This Day In History

- 1520 Suleiman the Magnificent succeeds his father Selam I as Ottoman Sultan (rules till 1566)
- 1939 - Germany & Russia agree to partition Poland
- 1939 - Britain first evacuates citizens in anticipation of war.
- 1940 - 47 German aircraft shot down above England
- 1958 - French Guinee becomes independent republic Guinea
- 1966 - Botswana (formerly Bechuanaland) gains independence from Britain (National Day)
- 1967 - BBC starts its own popular music radio station (Radio 1)
- 1968 - 1st Boeing 747 rolls out
- 1980 - USSR performs nuclear test at Eastern Kazakhstan/Semipalinsk USSR
- 1980 - Ethernet specifications published by Xerox working with Intel and Digital Equipment Corporation.
- 1981 - Seoul, South Korea, is selected to host 1988 Summer Olympics
- 1986 - US performs nuclear test at Nevada Test Site
- 1986 - US releases soviet spy Gennadiy Zakharov
- 1986 - Mordechai Vanunu, who revealed details of Israel covert nuclear program to British media, is kidnapped in Rome, Italy
- 1988 - IBM announces shipment of 3 millionth PS/2 personal computer
- 1989 - NASA closes down tracking stations in Hawaii & Ascension
- 1989 - Senegambia separates back into Gambia & Senegal
- 1990 - The Dalai Lama unveils the Canadian Tribute to Human Rights in Canada's capital city of Ottawa.
- 1994 - Space shuttle STS-68 (Endeavour 7), launches into orbit

From KO Archives

Israeli counter-insurgency experts in Kashmir?

Agence France Presse

NEW DELHI- A team of counter-insurgency experts from Israel art touring Kashmir on the invitation of Indian Home Minister Lal Krishna Advani, news reports said Saturday. The team is headed by Eli Katzir of the Counter-Terrorism Combat Unit of the Israeli prime minister's office, reports said adding that other members of the group include senior Israeli police commanders and military intelligence personnel. There was no immediate confirmation of the report but the times of India newspaper today said the team will prepare a feasibility study of India's security needs in Kashmir, where Muslim insurgents have waged an armed homeland campaign since 1989.

The newspaper said the Israelis will also visit other areas in India which are plagued by insurgencies.

Home Minister Advani during a trip to Israel in June had sought help from Tel Aviv to fight cross-border militancy in Kashmir, where around 34,000 people have died in violence linked to Muslim secessionism.

Israel reportedly agreed to transfer information, military hardware and counter-terrorism methods, but said it will not participate in training Indian personnel or dispatch Israeli experts to India. The Israeli daily Haaretz in a similar report on Friday also said the visit was in line with Advani's June visit "India is particularly interests in improving security along its border with Pakistan, especially in Kashmir, and in particular with blocking guerrilla infiltrations it said adding experts wound up their trip cm Today.

REPORT DENIED

The government today denied a press report that home minister L.K.Advani has invited a team of Israeli counter-terrorism experts to the country.

It is officially clarified that no such team Mas been invited by the home minister, an official spokesperson said.

(Kashmir Observer, September 30, 2000)

KASHMIR OBSERVER

Sticky Problem

Two blasts hit passenger buses in Jammu and Kashmir's Udhampur on Wednesday. The second blast occurred at 10:45 pm on a bus at Domail chowk near a petrol pump. Mercifully, the blasts occurred on empty buses when they were parked. Still, two people were injured. Other nearby vehicles were also damaged in the explosion. Though police are investigating the incident, there is no doubt that the twin attacks have been carried out by the militants to trigger a scare among the people and also create a fresh security challenge for the government. Lacking the capacity and the resources to take on the security forces, the militants are now looking to attack soft targets.

The investigation should soon reveal what triggered the blasts. There is a reason to believe that the sticky bombs - a short name for Magnetic Improvised Explosive Devices - might have been used. They are stuck to vehicles, timed to blow up and destroy the vehicle, killing the passengers. They have become a part of militant weaponry this year. Though magnetic mobs have mainly been in use in the Jammu division, in early September, security forces in the Valley recovered three sticky bombs from a Lashkar-e-Taiba operative in North Kashmir's Sopore area. During the Amarnath yatra, the magnetic IEDs emerged as a major threat to the safety of the yatris. The Jammu and Kashmir police advised people across the Union Territory to thoroughly check their vehicles for any foreign object before starting them.

That said, the fresh cases of the use of sticky bombs should be a cause of worry for the security agencies, for they threaten to destabilize the pains-takingly earned calm in Kashmir. That too, at a time when militancy is at its lowest ebb in the region. The number of active militants is now estimated at over a hundred. As a result, the security forces have been able to reign in the attacks on civilians and minorities to a large extent. But as things stand, the peace in Kashmir remains a work in progress. And at the same time, the peace so achieved remains perennially fragile. One or two sensational incidents and things go back to square one. This has been the story of the past three decades.

Though security forces have much to congratulate themselves on for the current state of uneasy peace, it will need much more effort to further stabilize the situation and usher in a genuine peace. And the responsibility for this doesn't solely lie with the security agencies but the political class also. After four years of security-centric approach, Jammu and Kashmir desperately needs a political outreach.

OTHER OPINION

Short on transparency

The draft Bill has a number of positive features such as reducing the quantum of fines that can be levied on companies for specific violations and assigning spectrum administratively if need be. While placing the draft in the public domain and seeking stakeholders' comments is certainly laudable, what defeats the purpose is that the drafting seems to have not been done in a transparent manner. True, industry associations were asked to send their inputs, but these were never placed in the public domain. Even consultations between different wings of the government seem to have been given a pass.

Take the dilution of the powers of the Telecom Regulatory Authority of India (Trai) proposed in the Bill. While it can be argued that the changes in Trai's powers are being made only with regard to the policy-making aspects, and not the tariff part where the regulator is supreme, the reality is that it upsets the fine balance currently in place. Section 11 of the Trai Act 1997 lays down that for any policy change, the government needs to first seek the recommendations of the telecom regulator. It can finally decide to deviate from these, but the process definitely brought transparency to the entire exercise as Trai made the consultation process public. The draft Bill seeks to change this provision. Once the Bill becomes a law, it would be up to the government's sweet will whether to seek Trai's inputs on any given issue or not. If the government chooses not to refer a matter to the regulator, the entire process of arriving at a decision will become opaque. For instance, industry or the public will never get to know the methodology of setting reserve price for spectrum auctions. This, sadly, is a retrograde step which runs the risk of taking away even good measures like vesting powers in the government to waive penalties on companies or assigning spectrum administratively as the motive could be questioned.

The other aspect on which the draft Bill fails to provide a clear roadmap is with regard to insolvent telecom operators given the position of the department of telecommunications remains the same as before—that the government's dues should be cleared first, else, spectrum should be returned as the companies concerned hold it on lease and, upon default, lose all right over it. This is precisely the reason why resolution plans of Aircel and Reliance Communications are still hanging. Since DoT is an operational creditor as per the definition laid down by the IBC, its claim comes after financial creditors (banks); so, the right way on this front would have been to hold consultations with the ministry of corporate affairs to arrive at a workable solution. On most other matters, the Bill talks of good intent, but the clauses are very broad and sweeping in nature. The final draft will hopefully ensure that the improvised clauses do not become a tool in the hands of the officials to hand out arbitrary decisions and compromise the checks and balances which are in place.

Financial Express

Gone To Dogs



Representational photo

Amir Suhail Wani

“
The immediate and lethal consequence of unabated stray dogs manifests in dog bites and allied injuries, but the psychological state of anxiety while going out and carrying in heart the fear of encountering stray dogs remains unnoticed, unreported and unattended

A ubiquitous menace and malice has been our fate for many years now. Streets, playfields, localities and house doors have been invaded by sprawling army of dogs and the terror and inconvenience they have unleashed is beyond measure. In a gruesome and rabid episode, an infant succumbed to dog bites in Handwara. Can we gauge the monstrosity and humongous proportions of such horrid episodes, the mere idea of which sends shivers down the spine?

But in Kashmir, these incidents are a norm now, just the dog bites by May 2022 rallying to 5,629 cases. An official from Anti-Rabies Clinic SMHS said from 1st April 2021 to 31st March 2022, as many as 5,629 bite cases were reported to ARC SMHS and most of them were from Srinagar. The immediate and lethal consequence of unabated stray dogs manifests in dog bites and allied injuries, but the psychological state of anxiety while going out and carrying in heart the fear of encountering stray dogs remains unnoticed, unreported and unattended. A personal testimony may not be out of context here. While leaving for prayers at Fajr time, if I happen to spot a dog from a distance, I perspire, gain palpitations and find myself gripped in the claws of fear and anxiety.

Many of the friends report that dogs are a reason they prefer offering Fajr and Isha prayers at home only and even avoid coming out at wee hours, lest they find themselves troubled and chased by dogs. In the morning, when children leave for school, they are often seen accompanied by their parents till they board their bus. The reason for accompanying them being the dotting of lanes and streets by dogs. Even after taking elders along when going out and elders seen with sticks and stones in their hands, the miseries and inconveniences in-

flicted by dogs upon the populace seem only snowballing and gaining in degree and depth with each passing day.

Women, infants and elderly have time and again had a narrow escape literally from the jaws of dogs – those who escaped the dog bite, got themselves injured in the process of escape. During winters, when the roads are slippery and dogs on prowl, the frequency and gravity of these incidents undergoes a massive spike. Residential, commercial and even medical spaces have been claimed by dogs, not only presenting a grue-

out action. Promises have been made, timelines laid out and exhaustive policies discussed to effectuate the rid of the menace. But a strong administrative will and a thoroughgoing strategy seems nowhere in sight. On the one hand are animal rights defenders from national front, who see every attempt to safeguard humans from canine terror as a form of infringement upon animal rights and thereby raise their voices and start a process of cyclic litigation, which cuffs authorities from any meaningful action. But every sane person will agree that

“Even after taking elders along when going out and elders seen with sticks and stones in their hands, the miseries and inconveniences inflicted by dogs upon the populace seem only snowballing and gaining in degree and depth with each passing day

some image, but a severe challenge too. Attendants accompanying patients at SKIMS and SMHS have time and again complained about the menace and the threat posed by the army of dogs to both the patients and their attendants.

A moment of reflection is needed to contemplate that at a time when the menace has reached hospital gates and lawns, what can be the proportions of the problem at other places. Students marching to their tuition centres early in the morning, early risers who want to go out on a walk and have a whiff of fresh air, elderly who dream of going out during the day, are all indiscriminately and indefinitely haunted and subjected to perennial paranoia. The problem is too manifest to be ignored, but over the years, it has only assumed newer dimensions without any sign of respite and relief.

It is not that authorities haven't taken cognizance of the matter – but a cognizance with-

dislocation from populated areas, purging hospitals, streets and other places of public interest doesn't amount to violation of rights as it corollarily guarantees the rights of citizens and safeguards their lives. So are measures like sterilization and vaccination best suggested to control any further explosion in the dog population. We have had enough casualties, deaths and damage inflicted upon us by swarms of stray dogs. The society collectively needs to rise up to the task and seek from authorities an end to the enigma. Is it too impossible for the state with all its men and machinery in place to bring us a respite from this wrath of the Earth?

Views expressed in the article are the author's own and do not necessarily represent the editorial stance of Kashmir Observer

The author is a srinagar based columnist



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Rote Learning: A Curse

EDUCATION is both a bay and an end in itself. Both memorization and observations are necessary. The former opens up the closed sections of the brain, while the latter is all about exposing an individual to the realities of life. However, all purpose gets lost when memorisation is taken to be education in toto. Infact, in the long run, cramming manipulates the fundamental purpose of education.

This malaise is not a product of only some years and has reasons that have brewed up to worsen the rot over the years. An outdated syllabi is

the very first issue to begin with. For decades, a child-centered curriculum has been pushed by experts in vain. We've continued preferring evaluation over real education. The result is that for the sake of so-called learning, students memorize things without understanding it. Furthermore, notes are prepared by a third-party which makes even the little good go.

This culture has imbibed lethargy into students who now rely and depend on ready-made stuff. Instead of following the process of reading, comprehending and analysing; they jump to mindlessly cramming what

is typed out on a handout given to them. This trend is encouraged by the system itself as rote learning is seen as a sure shot way to fetch good grades.

This race for merit is also one of the main reasons that education is going downhill. Instead of felicitating innovative thinking, our system makes students compete in such a way that they'd only want good grades by hook or by crook. Creativity, experimentation and observation is never rewarded, as a result, we end up creating a mass of incompetent students.

Our society is to be blamed at large for this. They've made themselves believe as though reading and writing is education. They are themselves oblivious to the beauty and real essence of education. In an unequal society, to find equality is education. Finding beauty in ugliness is education. This aspect of education is completely overlooked. When students need life skills and freedom to make their lives better and our world better, we force them into a rat race of nothing.

Syed Mustafa Ahmad
and Syed Mehroosh

MINDFUL FRIDAYS

Art of Forgiving

Forgive Yourself To Forgive Others

Wasim Kakroo

“The reward of the evil is the evil thereof, but whosoever forgives and makes amends, his reward is upon Allah.” [Qur'an, 42:40]

Forgiveness is not always easy. At times, it feels more painful than the wound we suffered, to forgive the one that inflicted it. And yet, there is no peace without forgiveness. — Marianne Williamson

Resentment is like drinking poison and then hoping it will kill your enemies.-Nelson Mandela

Have you ever wondered why it might be so difficult to forgive yourself or somebody else for their mistake and move on?

When someone treats you badly, the last thing you would want to do is to let it go. Your ego desires retribution, justice, and even fairness. It seems logical; after all, why should you begrudge someone who repeatedly stomped you?

To reclaim your mental tranquility, is the straightforward response. Thus forgiveness is not for them; it is for you.

To forgive, according to the dictionary, is to stop feeling angry or resentful toward oneself or others for any perceived wrongdoing, shortcoming, or error. With that definition in mind, forgiving oneself or others turns into an act of compassion. This is because compassion is the act of alleviating sufferings by reaching out to yourself and others especially when you feel that you should be highly critical of yourself or of someone who has wronged you in some way. Forgiving yourself and forgiving others has just that effect.

Many of us have trouble forgiving. Since our childhood, we've been trained to view forgiveness as a sign of fragility. But we can change this tendency in ourselves. One of the most amazing qualities of the mind is that it is adaptable. Thus, each time we forgive ourselves or others, it gets simpler to forgive them again. As a result, we are progressively changing a behavior in a way that will make us feel calmer.

Remembering that we should "forgive but not forget" is the best approach for us to handle such situations. So, if someone treats us horribly, we might try to develop compassion for how much suffering they must have been through to act in that way. That might result in forgiveness. But forgiving doesn't imply that we should forget their behavior, therefore we might need to take steps to protect ourselves from this individual in the future. We ought to have a tolerant and forgiving mindset... nonetheless, our mind must

be wise as well!

By now, we have understood that forgiving others is important for our mental peace. But the question is how to forgive others. The answer is, it all starts from forgiving your own self first. Before you can forgive someone else, you must first forgive yourself.

You become enraged with yourself when someone wrongs you. Questions such as "How could I have been so foolish?" "Why did I put my faith in them?" "I should have noticed the warning signs sooner!" start taking rounds in your head.

It is impossible to forgive and heal when you project your anger at yourself onto other people. Because of this, you become stuck in a destructive cycle and are unable to quit hurting yourself.

You have to forgive yourself for putting trust in the wrong person before you can forgive your cheating partner.

Forgiving the bullies at school also involves forgiving yourself for being powerless to stop it.

By forgiving your family for pressuring you, you are also forgiving yourself for not having the courage to follow your gut instincts.

You engage in compassion when you recognize your mistakes but forgive yourself anyway. You are aware that if you make mistakes, everyone else makes mistakes too. Nobody is flawless.

So, another question that arises from the discussion so far is, How to forgive ourselves?

Below are some of the tips that can help you to develop self-forgiveness.

Tips to develop self-forgiveness:

Focus on your feelings and emotions.

Focusing on your emotions is one of the first steps in figuring out how to forgive yourself. Prior to moving forward, you must recognize and deal with your emotions. Permitting yourself to welcome the emotions that have been generated in you will allow you to acknowledge, accept, and deal with them.

Acknowledge and talk loudly to yourself about the mistake.

If you make a mistake and find it difficult to let it go, say aloud to yourself what you learnt as a result of it.

Giving expression to your innermost



YOU BECOME ENRAGED WITH YOURSELF WHEN SOMEONE WRONGS YOU.

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thoughts can help you release some of your burden from your heart. The lessons you took away from your choices and their consequences may get etched in your memory.

Consider every mistake as a learning opportunity.

portunity.

It is better to view each "mistake" as a learning opportunity that will help you move forward more quickly and consistently in the future.

We may forgive ourselves and move on if we keep in mind that we did the best we could, given the resources and information available at the time.

Allow yourself to postpone focusing on what went wrong.

It is advisable to picture your thoughts and feelings about the mistake moving into a container, such as a jar or box, whenever you make a mistake but find it difficult to get past it. By doing this cognitive exercise, you are telling yourself that you are putting this aside for the time being and that you will return to it if and when it is in your best interest.

Engage in dialogue with your inner critic.

You can learn to be understanding and compassionate about yourself and your inner critic by journaling. Writing down a "dialogue" between you and your inner critic, is one thing you can do. This might assist you in recognizing mental habits that are hindering your capacity to forgive yourself. Making a list of the things you appreciate about yourself, such as your abilities and skills, is another thing you may do when journaling. When you're feeling bad over a mistake you made, this can make you feel more confident.

Stop listening to the critical messages coming from your inner critic.

Recognizing the thoughts that are impeding forgiveness might be challenging at times. Just be compassionate about those inner critical voices without getting engaged in argumentation with them. Allow but do not engage with them.

Clearly state your goals.

You must decide upon the best course of action if your mistakes caused someone else some harm. Do you wish to apologize to this individual in conversation? Is it crucial to make amends and find common ground with them?

Making apologies may be something you should think about if you're unsure what to do. This goes beyond expressing regret to someone you've harmed. Instead, work to correct the mistake you've committed. According to one study, making amends first makes it easier to forgive ourselves for wronging someone else.

Use your own judgment.

Usually it's easier to provide counsel to others than it is to take our own advice. It can be good to think about what you would advise your best friend to do if they came to you with this mistake, and then take your own advice.

Role-playing with your friend can be helpful if you're having trouble processing the mistake in your head. Ask them to act as if they have done that mistake and then blame themselves for doing it. They'll explain what happened and how they're finding it difficult to forgive themselves.

You get to be the one giving counsel and then practice advising your friend on how to let it go.

Be kind and compassionate.

It's time to practice self-kindness and self-compassion if you find yourself criticizing yourself after doing a mistake. Being gentle and compassionate with oneself is the only way to start along the path of forgiveness. This requires patience and persistence, and a constant reminder to yourself that you are deserving of mercy.

Consult a mental health professional.

If you have tried everything that has been discussed in the above mentioned tips, then it is better to consult a mental health professional. A mental health professional especially a clinical psychologist, may be able to help you if you're having trouble forgiving yourself. It is advisable speaking to a therapist who can teach you how to break these negative life habits and discover better strategies to deal with mistakes and failure in personal life and relationships.

The author is a licensed clinical psychologist (alumni of Govt. Medical College Srinagar) and works as a consultant clinical psychologist at Centre for Mental Health Services (CMHS) at Rambagh Srinagar. He can be reached at 8825067196

What is Revenge Bedtime?

Anne Laure

Have you ever come home after a long day at work, with a narrow window of time to eat, shower, and go to bed, but decided to carve out some leisure time at the expense of your sleep? This is called "revenge bedtime procrastination", and it can be extremely harmful to your physical and mental health.

Getting revenge on our daytime life

The term "bedtime procrastination" was coined in 2014 by Dr. Floor Kroese, a behavioral scientist from Utrecht University, and her team. They defined it as "going to bed later than intended while no external circumstances are accountable for doing so."

In 2020, Daphne K. Lee described revenge bedtime procrastination as "a phenomenon in which people who don't have much control over their daytime life refuse to sleep early in order to regain some sense of freedom during late night hours." The term emerged from Chinese (), possibly because of the brutal 996 working hour system practiced by some companies in China, where employees are required to work from 9am to 9pm, six days per week, totalling 72 hours per week.

Despite the tiredness, people will finish their tasks and stay up later than they should. For example: An exhausted mom staying up scrolling on social media after she finally managed to put the kids to bed A freelancer watching a movie until 2am after they shipped a late-night project for a client

A student reading comics late in the night after they struggled to finish writing an essay due for the following day

Researchers from the University of Minho and the Central University of Chile made the distinction between bedtime procrastination (procrastinating before going to bed) and while-in-bed procrastination (procrastinating after going to bed). In both cases, there are three typical behaviours to watch out for.

1. Delay. Going to bed late is not necessarily bedtime procrastination if that was your plan all along. Maybe you have some chores to catch up on, maybe you are a night owl, or maybe you know you won't have to wake up early the day after. In contrast, bedtime procrastination involves going to be later than you originally intended.
2. No valid reason. Sometimes, life happens, and we can't go to bed when we had planned to. You or a loved one being sick that night, having to stay up because of a roommate who forgot their keys... There are many reasons why you may stay up for longer that don't involve bedtime procrastination. However, we sometimes don't have a valid reason to stay up later than intended.
3. Awareness. Finally, bedtime procrastination involves knowing that your actions will result in negative consequences. Similar to regular procrastination which is accompanied with feelings of guilt, people

who procrastinate at bedtime know they should really go to bed and get some sleep.

4. Bedtime procrastination becomes revenge bedtime procrastination when the decision to delay sleep is in response to a lack of free time earlier in the day. Staying up late and carving out some leisure time even if we feel tired and need sleep becomes a way of getting revenge on daytime hours with little free time.

The impact of bedtime procrastination

Sleep loss is increasingly common due to the pressures of modern life. Researchers from the University of Turku in Finland argue that "working hours are constantly increasing along with an emphasis on active leisure. (...) Furthermore, people tend to stretch their capacity and compromise their nightly sleep, thus becoming chronically sleep deprived."

Many people think our bodies can adapt to fewer hours of sleep, but this is a misconception. The National Heart, Lung, and Blood Institute in the United Kingdom explains that "a common myth is that people can learn to get by on little sleep with no negative effects. However, research shows that getting enough quality sleep at the right times is vital for mental health, physical health, quality of life, and safety."

Bedtime procrastination, revenge bedtime procrastination, and while-in-bed procrastina-

tion can all lead to sleep deprivation. Your body won't be able to properly recharge, leading to irritability, degraded decision-making, thinking, and memory, reduced impulse control, as well as many potential health issues, including metabolic disorders and cardiovascular problems. These are not effects to take lightly. So how can you avoid inflicting these to yourself?

How to cope with revenge bedtime procrastination

The more stressed and pressured you feel during the day, the more likely you are to engage in revenge bedtime procrastination. While managing your stress and the external pressures of life may be challenging at times, there are some simple principles you can apply to ensure you are getting enough sleep.

- Stick to a routine. It may not always be possible, but keeping a consistent bedtime and wake-up time — including on non-working days — can help avoid revenge bedtime procrastination. Instead of just using an alarm to wake up, you could also set an alarm to go to bed. Some people also like to put their sleeping time in their calendar, just like any other important task.
- Consider your metabolism. Avoid drinking coffee or alcohol late in the day. If you can, grab an early dinner, and if you can't, try to

BEDTIME PROCRASTINATION BECOMES REVENGE BEDTIME procrastination when the decision to delay sleep is in response to a lack of free time earlier in the day. Staying up late and carving out some leisure time even if we feel tired and need sleep becomes a way of getting revenge on daytime hours with little free time.

The article was originally published by Ness Labs

BJP Throttling Democracy By Not Conducting Polls In J&K: Cong

Press Trust Of India

Srinagar: Jammu and Kashmir Pradesh Congress Committee (JKPCC) on Thursday accused the BJP of throttling democracy by not conducting the assembly elections in the union territory, saying it was a ploy of the ruling party at the Centre.

On the PFI ban, the JKPCC president Vigar Rasool said that the outfit was not present in J-K and the AICC will respond to that. However, he sought a ban on the RSS as well.

"RSS naturally is a criminal organisation. They should ban it too and you should see their past record. Today, Mohan Bagwat ji sometimes visits mosques, which is a pre-tence. They have a criminal history," he said.

Rasool said the last assembly election in J-K took place in 2014 and it has now been almost nine years with the polls for the new assembly.

"The elections are being

deferred continuously. Time-ly elections are the beauty of democracy. If the elections are conducted on time in other states of the country, then why not in J-K?" JKPCC president told reporters here.

He further, alleged, "This is a ploy of the BJP and that is why they downgraded J-K into a UT. It is unfortunate that the BJP government is throttling democracy. We want the elections to be conducted and we are ready for that," he said.

On the Congress president polls, Rasool said the delegates from J-K were ready to vote.

"Any delegate, including me, can submit his nomination for the party president post. Tomorrow is the last date for submitting a nomination. We will then see and there will be voting on October 18 and whoever wins, will become all-India president. This is a democracy. This is our internal matter and the BJP has nothing to do with it," he said.

J&K Congress Condemns Udhampur Blasts

Jammu: The Jammu and Kashmir Pradesh Congress Committee (JKPCC) on Thursday strongly condemned the twin blasts in Udhampur city and said security agencies must wake up to the challenge.

"We strongly condemned the blasts. We express serious concern over such incidents in the area, where the northern headquarters of the Army is located besides repeated incidents in the sensitive Katra-Udhampur region," JKPCC

senior leader Ravinder Sharma said.

Sharma termed these incidents as warning signals and a matter of great concern. "Two blasts in less than eight hours in Udhampur city, leaving two injured, is highly condemnable and cause of great concern," he said.

Earlier two such incidents had taken place in Udhampur and Katra. On March 9, a blast in Udhampur city had left one dead and a dozen injured, he said.

‘Great Threat’ Of Sticky Bombs In J&K: CRPF DG

Says Foreign Terrorist Numbers Up In J&K After Taliban Takeover in Afghanistan

Press Trust Of India

New Delhi: An uptick has been noticed in the number of foreign terrorists operating in Jammu and Kashmir post the Taliban takeover in Afghanistan but the overall strength of militants in the valley is low and can be capped below 200, outgoing CRPF DG Kuldip Singh said on Thursday.

He said all the security forces operating in Kashmir are working in a coordinated manner and terrorist incidents have gone down post the abrogation of Article 370 from the erstwhile state in 2019.

The CRPF director general, during a press conference, was asked about the killing of locals and Kashmiri Pandits by unknown and unseen terrorists to which he said that it was a "challenge" but all the forces were effectively tackling it.

"This is a challenge... After Afghanistan, this challenge has grown in many forms and you can see it... Also like the number of foreign terrorists goes up and sometimes down. However, the total number of terrorists in J&K is less now... It is under 200 now as compared to the earlier times when it used to be 230-240," Singh said.

The Taliban took over the reins of Afghanistan in August last year. The officer, from the 1986 batch of the Indian Police Service (IPS) of West Bengal cadre, had taken charge as the CRPF DG last

year in March. He will retire from service on Friday.

He said there is a "great threat" of 'sticky bombs'

not, we get the training done for the troops locally within their own battalion, he said. Singh said the CRPF



“This is a challenge... After Afghanistan, this challenge has grown in many forms and you can see it... Also like the number of foreign terrorists goes up and sometimes down

when it comes to the security situation in Jammu and Kashmir but all the forces deployed there rose to it and ensured an incident-free Amarnath Yatra that concluded in August.

Talking about the challenge of taking out the stipulated one unit (called a company comprising about 70-80 personnel) from each battalion for training, rest and recuperation annually, the DG said this issue was a challenge and they "try to do it but cannot do it always".

We also take up with the home ministry that training companies should not be touched...so we keep trying for that and in case we can-

has got about 200 vehicles plated with bullet-resistant material for operational use in Jammu and Kashmir and Naxal violence affected areas while 125 armoured vehicles have been procured for the troops.

The Central Reserve Police Force (CRPF) is the country's largest paramilitary with an estimated strength of about 3.25 lakh personnel. It is designated as the lead internal security force with its main operational theatres being Left Wing Extremism affected states, counter-terrorist combat in the Kashmir valley and counter-insurgency operations in the north east.

Land Acquisition Cases Of BSF Reviewed In Jammu

Observer News Service

Jammu: The Divisional Commissioner Jammu, Ramesh Kumar on Thursday sought details of the land acquisition, requisitions projected by Border Security Force (BSF) in the winter capital and directed the revenue department to prepare revenue papers of the land, besides conducting joint verifications for early resolution.

These directions were passed by Kumar on Thursday while reviewing the status of land acquisition, requisitions projected by Border Security Force here at a meeting of Deputy Commissioners, BSF Officers and concerned departments, an official spokesperson said.

He said that the meeting was attended by Inspector General BSF, D K Boora; Deputy Commissioner Kathua, Rahul Pandey; Samba, Anuradha Gupta; AC Central, Pritam Lal thappa; Chief Engineer, Irrigation, DIGs of BSF, ADC Jammu, ACR Jammu besides concerned SDMs and other concerned officers.

"Threadbare discussions were held on the land acquisition cases pending in the districts, which include 135 feet border fencing, border out posts, key location plans, camping sites at various locations, firing ranges and other defence purposes," the spokesperson said.

During the meeting, he said, the Div Com inquired about the progress of land acquisition cases pertaining to District Kathua, Samba and Jammu.

"The IG BSF gave a brief resume of the projected acquisition, requisition cases of BSF pending at different levels in the districts. The concerned DCs apprised the Div Com about the present status of each case," the spokesperson said.

Kumar, he said, sought

case wise details and directed the concerned officers to expedite and complete the process at the earliest.

"He also asked the revenue officers to prepare revenue papers of the land, conduct joint verifications (where pending) for early resolution. He further directed for maintaining inter department coordination for expeditious resolutions of cases," he added.

According to the spokesperson, the Div Com also reviewed the status of cultivation of land ahead of the fence.

He said Kumar was informed that the BSF authorities were facilitating farmers to cultivate their land located beyond the border fence.

Meanwhile, the Divisional Commissioner reviewed the land issues pertaining to the Jammu Airport Expansion project.

Seeking the details, the spokesperson said, concerned officers apprised that the land acquisition has almost been completed.

He said it was further informed that alternative land has been provided to the Animal Husbandry Department for shifting its hatchery and office buildings. The land was provided in Nagrota and Chatha areas.

"The Div Com also inquired about the present status of work on construction of Animal Husbandry buildings at Nagrota and Chatha. It was informed that the work was in progress at both the locations," he added.

According to the spokesperson, the Div Com instructed Director Animal Husbandry to personally monitor the pace of work and ensure expeditious completion.

Responding to the issues related to allotted land, he said, the Div Com asked ACR Jammu to resolve the same for smooth execution of work on Animal Husbandry buildings.

Govt Fully Digitises Ladli Beti Scheme To ensure transparency, Rs 75 Cr Disbursed To Beneficiaries Through DBT This Financial Year

Observer News Service

Srinagar: To ensure that the objective of Ladli Beti Scheme reaches to maximum beneficiaries with transparency, J&K Government has fully digitised this social assistance scheme.

The Government has set a timeline of 45 days for the officers dealing with the scheme to complete the status of application. The Social Welfare department has asked all the officers to do away with physical applications anymore.

Chief Secretary, Dr. Arun Kumar Mehta has launched end-to-end digitized e-service for Ladli Beti scheme designed and developed by NIC, a single window platform for submission and tracking of application with no human intervention.

This service enables the applicant to apply, check and track the status of the application which will be forwarded online by the stakeholders to the next level. Also, the sanctioned applications and letters digitally signed will be forwarded

to bank online.

Under this scheme, all the girl-child born on or after 01-04-2015 and whose parents/guardians income does not exceed Rs 75,000 per annum is eligible to be covered. The beneficiaries get Rs 1000 per month credited into the bank account through DBT Mode of the Girl Child up to the age of 14 years and after attaining the age of 21 years, the girl child will get an amount of approximate amount of Rs 6.50 lakhs.

Office Of The Executive Engineer Construction Division Kashmir, J& K SPORTS COUNCIL, SRINAGAR

NOTICE INVITING TENDERS

FRESH TENDERNOTICE:E-NITNo:71of2022-23DATED:24.09.2022.

For and on behalf of Lieutenant Governor, UT of Jammu & Kashmir, e-tenders are invited on Percentage basis from approved and eligible Security Agencies (PSARA Licensees) registered with J&K Govt. and other State/Central Government for the following work:-

S. No	Name of work	Adv. Cost (Rs. In Lacs)	Earnest Money Deposit	Administrative Approval No & Date.	Class of Contract	Cost of Tender Documents
1	Watch and Ward for Indoor Sports Stadium at Tral District Pulwama for a Period of One Year.	5.00	Rs 10,000/=	Sports Council Order-No:658 of 2022 Dated:- 25-08-2022	Contractors/Agencies Possessing (PSARA) Registration	Rs.350 /-

Position of funds = Under Annual Maintenance Grants.

1. The Bidding documents consisting of qualifying information, eligibility Criteria, specification, Drawings, bill of quantities (B.O.Q) Set of terms and conditions of contract and other details can be seen / downloaded from the departmental Website www.jktenders.gov.in as per schedule of dates given below:-

Critical Dates Table		
1.	Date of issue of Tender Notice.	24.09.2022
2.	Period of downloading of bidding documents.	24.09.2022 from 03.30 PM upto 06.10.2022 upto 4.00 PM.
3.	Bid Submission Start Date.	27.09.2022 from 10.00 AM
4.	Bid submission End Date.	06.10.2022 upto 4.00 PM
5.	Date & Time of opening of Bids (online)	07.10.2022 at 11.00 AM in the office of Executive Engineer, Construction Division Kashmir, J&K Sports Council at Adm Block, Bakshi Stadium, Srinagar.

3. The Cost of the tender documents shall be deposited into the bank account by the bidder for which the following information can be used by the bidder.

1) Name of Bank	= J&K Bank Ltd.
2) Account Title	= Executive Engineer, Construction Div. Kmr, JKSC3
3) Account No	= CDG-0365010200000842
4) Branch	= Lal Mandi
5) IFSC Code	= JAKA08BOARD

The bidders must upload the scanned copy of bank payment acknowledgment slip.

4. Hard Copy shall be obtained only from the bidder who is declared as Lowest Bidder (L1) after opening of Financial Bids.

Dated: 29-09-2022

DIPK-NB-4133/22

Sd/-
Ex. Engineer, CDK
J&K Sports Council
Srinagar

Government of Union Territory Jammu & Kashmir

Office Of The Executive Engineer
Mechanical Division Srinagar
Mechanical Engineering Department, Kashmir

Fax No: 0194-2497093 email: xenmds@gmail.com website: www.medkashmir.org

GIST of Short term e-NIT No: MDS/TS /2022-23/ 61 /e-tendering

Date: 27-09-2022

For and on behalf of the Lt. Governor, J&K UT e-tenders are invited on item rate basis from registered civil contractors/firms for the below mentioned works:

Name of the Work	Cost of Tender Doc. (In Rupees)	Earnest Money (In Rs)	Estimated Cost (In Rs)	Time of completion (in days)	Position of AA/TS	Class of contract	Position of funds
1	2	3	4	5	6	7	8
Repairs/renovation of Bathroom of Sub-Divisional office and other allied works at MED Shalteng Srinagar	200.00			10	Accorded vide No. SEMK/TS-26/AA/04 of 2022-23; Dt:05.04.2022/ Sanctioned	DEE Class	Available

1. The Tender document Consisting of qualifying information, eligibility criteria, specifications, Bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the Govt. website www.jktenders.gov.in from 28 -09-2022 (16.00 PM).


2. The bidders shall deposit their bids in electronic format on the above website from 28 -09-2022 (16.00 PM) to 07 -10-2022 (18.55 PM) in two covers.

3. The bid uploaded on the Web Site up to due date and time will be opened on 08 -10-2022 (14.00 PM) in the office of the under signed.

DIPK-10945/22

Sd/-
(Er. Jahan Ara)
Executive Engineer,
Mechanical Division, Srinagar

No. MDS/ TS/ 3486-90
Date: 29-09.2022

Institute for Stem Cell Science and Regenerative Medicine
(An autonomous Institute of the Department of Biotechnology, Government of India)
GKVK Post, Bellary Road, Bangalore – 560 065.
Ph:080-23666001/002. Fax: 080-23696662 www.instem.res.in

Advertisement No. inStem/06/2022

Online Applications are invited from suitable candidates at the Institute for Stem Cell Science and Regenerative Medicine (DBT-inStem) on Direct Recruitment failing which by Deputation/Absorption basis for the following position with all admissible allowances as applicable to Central Government employees posted at Bangalore.

Sl. No.	Post Code	Name of the Post	Specialization	Level in Pay Matrix (as per 7 th CPC)	SC	ST	OBC	UR	Total
1	19/22	Section Officer	Administration/Accounts/Purchase	L-8	-	-	1	-	1

Please visit <https://www.instem.res.in/jobportal/> for complete advertisement, method of applying, other terms and any subsequent revisions/corrigendum. Last date for receipt of online application is 25.10.2022

Sd/-
CBC - 36304/12/0013/2223

Director

Govt Lowers Borrowing Target For FY23; To Borrow Rs 5.92 Lakh Crore In Second Half

Press Trust Of India

New Delhi- The government on Thursday slashed its market borrowing target for FY23 by Rs 10,000 crore, indicating buoyant tax collections which would be enough to bear Rs 44,762 crore additional expense on free ration distribution.

In addition to the Budgeted collection from direct and indirect taxes, the government is also expecting gains from the windfall profit tax on oil that was levied from July 1.

In a statement, the finance ministry said the government will do total borrowing of Rs 5.92 lakh crore during October-March period of the current fiscal, including from issuance of its maiden Sovereign Green Bonds of Rs 16,000 crore.

The government had in Budget for 2022-23 projected a gross market borrowing of Rs 14.31 lakh crore. Of this, the government decided to borrow Rs 14.21 lakh crore during 2022-23.

"Accordingly, the balance amount of Rs 5.92 lakh crore (41.7 per cent of Rs 14.21 lakh crore) is planned to be borrowed in the second half (H2) of the fiscal year 2022-23 through dated securities, including Rs 16,000 crore through issuance of Sovereign Green Bonds (SGBs) as per the announcement made in the Union Budget 2022-23," it said.

The government will continue to exercise greenshoe option to retain an additional subscription of up to Rs 2,000 crore against each of the securities indicated in the auction notification.

The amount raised through this option will be limited to 3 to 5 per cent of the gross issuance for second half and within the gross borrowing limit for the 2022-23.

The gross direct tax collections till September 17 grew 30 per cent to over Rs 8.36 lakh crore.

The statement further said the government will continue to carry out switch operations to smoothen the redemption profile.

"Out of the Rs 1,00,000 crore of budgeted (BE) switch amount, Rs 56,103 crore of switch auctions have already been conducted and the balance amount



of switch auctions will be conducted in H2," it said.

The gross market borrowing of Rs 5.76 lakh crore (40.5 per cent) would be completed through 20 weekly auctions. Gross borrowing includes repayment of past loans. The government raises money from the market to fund its fiscal deficit through dated securities and treasury bills.

The government on Wednesday extended by three months its programme to provide free rations to the poor at a cost of over Rs 44,700 crore, as it looked to ease pain from high inflation and make political gains in the upcoming Gujarat election.

The Cabinet decided to extend the Pradhan Mantri Garib Kalyan Anna Yojana (PM-GKAY) for about 80 crore beneficiaries, at an additional cost of Rs 44,762 crore.

"The market borrowing will be spread over 2, 5, 7, 10, 14, 30 and 40 years securities. The share of borrowing (excluding SGRB) under different maturities will be: 2 year (6.25 per cent), 5 year (12.15 per cent), 7 year (10.42 per cent), 10 year (20.83 per cent), 14 year (19.10 per cent), 30 year (15.63 per cent) and 40 year (15.63 per cent).

Weekly borrowing through issuance of Treasury Bills (TBs) in the third quarter (Q3) of 2022-23 is expected to be Rs 22,000 crore with net borrowing of Rs (-) 0.81 lakh crore during the quarter, it said.

There will be issuance of Rs 10,000 crore under 91 DTBs, Rs 6,000 crore under 182 DTBs and Rs 6,000 crore under 364 DTBs through each auction conducted during the quarter.

To take care of temporary mismatches in government accounts, the Reserve Bank of India has fixed the Ways and Means Advances (WMA) limit for H2 of 2022-23 at Rs 50,000 crore.

India's External Debt Rises 7% To \$617 Billion In June 2022



IASNS

New Delhi: India's external debt has risen by 7.1 per cent as it stood at \$617.1 billion in June 2022, against \$575.3 billion during the corresponding period of last year, according to data released by the Reserve Bank of India (RBI).

US dollar-denominated debt remained the largest component of India's external debt, with a share of 54.7 per cent at end-June 2022, followed by debt denominated in the Indian rupee (30.4 per cent), SDR or special drawing rights (6.3 per cent), yen (5.1 per cent), and euro (2.8 per cent).

Short-term debt on residual maturity basis (i.e., debt obliga-

tions that include long-term debt by original maturity falling due over the next twelve months and short-term debt by original maturity) constituted 45.4 per cent of total external debt at end-June 2022 (43.2 per cent at end-March 2022) and stood at 47.6 per cent of foreign exchange reserves.

Loans remained the largest component of external debt, with a share of 31.1 per cent, followed by currency and deposits (22.3 per cent), trade credit and advances (20.6 per cent) and debt securities (18.0 per cent).

Compared to March 2022, when external debt had stood at \$619 billion, there has been a marginal drop in external debt in June 2022, which was \$617 billion.

Govt Hikes Interest Rates On Some Small Savings Schemes By Up To 30 Bps

Press Trust Of India

New Delhi- The government on Thursday raised rates on some small savings schemes that do not get income tax benefit as it began passing the hardening of interest rates to depositors.

While the interest rate for popular PPF and NSC were retained, rates for five other schemes where income accruing is taxable have been hiked by up to 30 basis points.

The revision comes after nine quarters of status quo. The interest rate on small savings schemes was last revised during the first quarter of 2020-21, when rates were slashed.

Interest rates for small savings schemes are notified on a quarterly basis.

With the revision, a three-year time deposit with post offices would earn 5.8 per cent from the existing 5.5 per cent, an increase of 30 basis points for the third quarter of the current financial year.

Senior Citizen Savings scheme will earn 20 basis points more at 7.6 per cent from the existing rate of 7.4 per cent during the October-December period, a finance ministry notification said.

With regard to Kisan Vikas Patra (KVP), the government has revised both tenure and interest rates.

The new rate for KVP would be 7 per cent and the maturity period is 123 months, compared to the existing interest rate of 6.9 per cent and maturity period of 124 months.

Monthly Income Scheme would earn 10 basis points more



at 6.7 per cent as compared to existing 6.6 per cent.

However, Public Provident Fund (PPF) and National Savings Certificate (NSC) will continue to have an annual interest rate of 7.1 per cent and 6.8 per cent, respectively, in the third quarter of this fiscal.

The one-year term deposit scheme of the post office will continue to earn an interest rate of 5.5 per cent in the quarter, as offered in the previous three months.

Term deposits of five years will fetch an interest rate of 6.7 per cent, to be paid quarterly, while the five-year recurring deposits will earn interest of 5.8 per cent, the same as in Q2 FY23.

The interest rate on girl child savings scheme Sukanya Samridhi Yojana was retained at 7.6 per cent, while savings deposits will continue to earn 4 per cent annum.

Interest rates on seven schemes were retained while hike was ef-

fected in five schemes.

The Reserve Bank since May has raised the benchmark lending rate by 140 basis points, prompting banks to raise interest rates on deposits as well.

The country's biggest lender State Bank of India (SBI) raised interest rate on one-year to less than 2 years fixed deposit by 15 basis points to 5.45 per cent in August from 5.30 per cent.

Retail inflation stood at 7 per cent in August, remaining above the RBI's tolerance level for the eighth month in a row.

In a separate statement with regard to Senior Citizens' Savings Scheme (SCSS), the finance ministry said in cases where the SCSS account holder/s passes away and the account is being closed on request of the nominee/legal heir, the rate of interest as applicable on SCSS scheme would be paid till the date of demise of the account holder.

Sarmad Reviews Physical, Financial Progress Of Tourism Deptt/ TDAs



Observer News Service

SRINAGAR: Secretary, Tourism Department, Sarmad Hafeez Thursday chaired a meeting to review the physical and financial progress of the department as well as preparation of revised budget estimates for the FY 2022-23 at Civil Secretariat here.

The meeting was attended by Managing Director, JKTD, Minga Sherpa; Director Tourism Jammu, Executive Director, Mubarakh Mandi, Secretary, Royal Springs Golf Course, Director, SKICC, Director Finance, Tourism department, Chief Executive Officers of all Tourism Development Authorities (TDAs) of J&K, senior officers of tourism department and other concerned officials.

Chairing the meet, the Secretary emphasized upon the officers of all agencies that allotted funds should be utilized to its optimum level and regular reports should be submitted on utilisation of funds. He asked the

officers that revised estimates should be prepared in consultation with line agencies.

Highlighting the need for effective utilisation of the assets of department, Sarmad Hafeez impressed upon the officers that the assets of the department should be utilised to its full potential besides the maintenance of these assets should also be done on timely basis. The Secretary further asked the officers that the manpower should also be outsourced to manage the assets having shortfall of human resource.

While highlighting about different initiatives of Administration, the Secretary delved upon the officers to facilitate the aspiring youth for establishing home stay clusters as well as other infrastructure so that they are made self employed. He asked the Tourism department to organise camps for registration of youth under Home Stay scheme as it will create employability avenues for them.

While reviewing the facilities at tourist places, Sarmad Hafeez

impressed upon the officers to establish all kind of modern facilities at the tourist places besides the Golf Courses at Jammu and Kashmir should be maintained as per international standards so that maximum players are attracted to play at these places. He also asked the Executive Director Mubarakh Mandi to organise events of cultural significance as well as Heritage walks at the heritage building so that maximum people are made aware of culture and values of this place.

The Secretary during the meeting also emphasized upon the CEOs of Tourism Development Authorities to keep the component of Emergency stabilization in their revised budget estimates so that any kind of exigency in view adverse weather is timely dealt with.

During the meeting, the CEOs of each Tourism Development Authorities and officers of other agencies gave a detailed report on the functioning and performance of their agencies.

Current Account Deficit Widens To 2.8% Of GDP In Q1 FY23: RBI

Press Trust Of India

Mumbai- India's current account deficit, an indicator of the balance of payment position, in the first quarter of the fiscal widened to 2.8 per cent of GDP at USD 23.9 billion, mainly on account of a higher trade deficit.

The current account had a surplus of USD 6.6 billion, equivalent to 0.9 per cent of GDP, in the first quarter (April-June) of 2021-22.

As per the data released by the Reserve Bank on India's Balance of Payments during the First Quarter (April-June) of 2022-23, the current account balance recorded a deficit of USD 23.9 billion (2.8 per cent of GDP) in the first quarter, up from USD 13.4 billion (1.5 per cent of GDP) in January-March period of the last fiscal.

"Underlying the current account deficit in Q1:2022-23 was the widening of the merchandise trade deficit to USD 68.6 billion from USD 54.5 billion in Q4:2021-22 and an increase in net outgo of investment income payments," the RBI said.

It also said net services receipts increased, but sequentially and on a year-on-year (y-o-y) basis, on the back of rising exports of computer and business services.

The current account registers



the export and imports of goods and services, and international transfers.

As per the RBI data, private transfer receipts, mainly representing remittances by Indians employed overseas, amounted to USD 25.6 billion, an increase of 22.6 per cent from their level a year ago.

In the financial account, net foreign direct investment increased to USD 13.6 billion from USD 11.6 billion a year ago.

Net foreign portfolio investment recorded outflows of USD 14.6 billion against net inflows of USD 0.4 billion during the first quarter of 2021-22.

The RBI further said non-resident deposits recorded net inflows of USD 0.3 billion compared to USD 2.5 billion in the April-June quarter of 2021-22.

There was an accretion of USD 4.6 billion to the foreign exchange reserves (on a BoP basis) in the April-June quarter of 2022-23 compared to USD 31.9 billion in the year-ago period.

Rupee Among Worst Performing Emerging Market Currencies Last Week: Acuite Ratings

Press Trust Of India

Mumbai- The Indian rupee depreciated by 2.4 per cent last week, making it one of the worst performing emerging market currencies, a report said on Thursday. The currency has held well relative to peers when its performance is compared since the start of the fiscal 2022-23, with a 7.6 per cent depreciation, the report by Acuite Ratings and Research said.

"...in just a span of a week, the Indian rupee has depreciated by 2.4 per cent (to the current level of 81.85 against the USD) making it one of the worst performing EM currencies," the agency said.

According to media reports, the RBI has stayed away from intervening in the market in the last few sessions after weeks of defending it from hitting the psychologically important 80-per-dollar mark.

Policymakers, led by Finance Minister Nirmala Sitharaman, have been insisting that the rupee has performed better than other currencies in the current spell of dollar appreciation.

The rupee on Thursday recovered from record lows to settle 20 paise higher at 81.73 against US dollar ahead of the RBI monetary policy decision on Friday.

There has been a drawdown of USD 100 billion in forex reserves over the last one year as the RBI goes about defending the local currency amid global headwinds, the agency said.

"The RBI has so far shielded the rupee from runaway depreciation by drawing on its foreign currency reserves as a much faster clip than the 2013 taper tantrum episode," the report said.



In 2013 following the taper tantrum, the forex reserves declined by USD 22 billion between April and September 2013, it noted. Total forex reserves have dwindled by almost around USD 100 billion from the peak of USD 642 billion in October 2021 to a two-year low of USD 545 billion as on September 16.

The rating agency's report attributed the demand for dollars to a combination of high inflation, geopolitical instability and the consequent risk-off sentiments.

Both emerging and developed market currencies have been facing pressures from continued dollar strength, with currencies such as euro down 13.2 per cent, and pound sterling and yen down 18.2 per cent each, it said.

Overall, rupee depreciation at 7.6 per cent in FY23 so far has remained in single digits as compared to other emerging market currencies such as Korean won (-16.9 per cent), Philippines peso (-14.3 per cent), Thai baht (-13.3 per cent), and Chinese yuan (-12.8 per cent).

The overall import cover is slowly moderating from its peak of over 19 months in early 2021 to nearly 9 months currently, the report said.

Acuite Ratings and Research said the Reserve Bank will have to go for larger rate hikes to bring stability to the rupee.

SHORT TAKES

Bitcoins Worth Rs 12 Cr Frozen In Gaming App Case

Press Trust Of India

The Enforcement Directorate on Wednesday said it has frozen bitcoins worth Rs 12.83 crore as part of an ongoing money laundering probe against the promoter of a Kolkata-based mobile gaming app firm that is alleged to have duped a number of people.

Crypto currency worth 77,627,101,39 bitcoins is kept in the Binance crypto exchange and it belongs to a person named Aamir Khan who owns a mobile gaming application called E-Nuggets, the federal probe agency said in a statement. The ED had raided the premises of the company and that of Khan and his father Nesar Ahmed Khan in Kolkata early this month and seized Rs 17.32 crore cash from there.

Aamir Khan was arrested by the detective department of the Kolkata Police from Ghaziabad in Uttar Pradesh last week. The money laundering case stems from an FIR filed by the Kolkata Police against the company and its promoters in February 2021.

'Delhi Bizman Made 50 Cr By Violating Liquor Policy'

Press Trust Of India

Liquor businessman Sameer Mahandru, arrested by the Enforcement Directorate in connection with the Delhi excise policy money laundering case, earned Rs 50 crore as "proceeds of crime" in less than a year by violating the provisions of the liquor scheme, the agency told a local court.

Mahandru, the managing director of an alcoholic beverages manufacturing company called Indospirit, was taken into custody by the federal agency around 9 am on Wednesday and the court of special judge M K Nagpal later sent him to the Enforcement Directorate custody till October 6.

He was questioned by the agency overnight at its headquarters in central Delhi, sources said.

The agency claimed before the court that "proceeds of crime" in crores were generated and "major violations" were done by the accused involved in the case.

Sensex Slips For 7th Day Amid F&O Expiry

Press Trust Of India

Benchmark indices failed to hold on to early gains and closed in the red for the seventh straight session on Thursday, with participants remaining in wait-and-watch mode ahead of the RBI's interest rate decision.

Unabated selling by foreign funds added to the pressure, though a modest recovery in the rupee cushioned the fall, traders said. After rallying in early trade, the 30-share BSE Sensex came under selling pressure in the afternoon session and closed 188.32 points or 0.33 per cent lower at 56,409.96. Similarly, the broader NSE Nifty dipped 40.50 points or 0.24 per cent to end at 16,818.10.

Asian Paints was the biggest laggard in the Sensex pack, tumbling 5.22 per cent, followed by Tech Mahindra, Titan, Kotak Mahindra Bank, Bajaj Finance, TCS, Wipro and Bajaj Finserv.

In contrast, ITC, Dr Reddy's, Tata Steel, Sun Pharma, Nestle India, M&M and NTPC were among the major winners, climbing as much as 2.51 per cent.

India Will Be Pillar Of Global Economic Revival: Goyal

Press Trust Of India

Union Minister Piyush Goyal on Thursday said India will be the pillar of the global economic revival as it exhibited steady growth and emerged as the fastest-growing country among large economies of the world.

Addressing the Bengal Chamber's annual general meeting virtually, he said if all stakeholders of the economy work together with a sense of 'Kartavya bhav' (spirit of duty), the national goal of USD 30-trillion economy will be achieved by 2047, the year when the country will celebrate 100th anniversary of its independence.

"India is already the fifth largest economy in the world and is turbocharging its growth to become the third largest in the coming years. The prime minister's vision is to make India a developed nation by 2047 with an economy size of USD 30 trillion as we will celebrate our 100th independence in that year," Goyal, the commerce and industry minister, said.

'Fall In Foreign Exchange Reserves Not Worrying'

Press Trust Of India

The decline in foreign exchange reserves of the country due to the depreciation of the rupee is not a worrying factor, and there is coverage for nine months of imports, experts said here on Thursday.

The country's forex kitty continued its southward journey, with the overall reserves declining by USD 5.219 billion to USD 545.652 billion for the week ended September 16, the Reserve Bank of India had said.

The reserves, which have been dipping as the central bank deploys the kitty to defend the rupee amid pressure caused majorly by global developments, had declined by USD 2.23 billion to USD 550.87 billion in the previous week.

State Bank of India Group Chief Economic Adviser Soumya Kanti Ghosh said, "India's foreign exchange reserves have gone down from USD 630 billion to USD 550 billion.

3rd J&K Carrom Championship Concludes

Observer News Service

SRINAGAR: The 3rd J&K UT Level Carrom Championship concluded at Indoor Stadium Polo Ground here on Thursday.

More than 265 players from eleven districts of J&K participated in the event. The championship was organised by Jammu & Kashmir Carrom Association in collaboration with Decathlon Sports India,

Arif Sultan, Dawar Rashid, members of J&K Carrom Association, Gulzar Khan President, District Budgam Carrom Association, Abid Khan, Sports Editor, Umain Zahoor, Decathlon Sports India and other members of the association were present during the closing ceremony of the event.

Cadet Boys: 1st Place - Salman, 2nd Place - Ziyun ul Haq, 3rd Place - Amaan Farooq



and saw boys and girls, men and women of various age groups, including Senior, Junior, Sub Junior and Cadet, compete against each other. The champions of this championship will represent J&K in 50th (Golden Jubilee) Senior National Carrom Championship which will be held in Kalkotari Indoor Stadium, New Delhi

Ms Saloni (IAS), Director Industries & Commerce distributed the prizes among winners and runners up, Zee-shan Khan (KAS), Assistant Director, Tourism Kashmir, Adil Rashid Shah, General Secretary, J&K Carrom Association, Adfar Jan, Jt Secretary/Organising Secretary,

Cadet Girls: 1st Place - Hala Middha, 2nd Place - Khair ul Nissa, 3rd Place - Syed Soliha

Sub Junior Boys: 1st Place - Aiyun Nabi, 2nd Place - Mohd Ayaan, 3rd Place - Shayaan Ashiq

Sub Junior Girls: 1st Place - Zainab, 2nd Place: Aaliza, 3rd Place - Hurrain

Junior Boys: 1st Place - Zaid Aijaz, 2nd Place - Amaan Parvaiz, 3rd Place - Numan

Junior Girls: 1st Place - Muntazir Muneer, 2nd Place - Iram, 3rd Place - Nousheen

Senior Men: 1st Place - Furqan Nazir, 2nd Place - Arsalan Mehraj, 3rd Place - Romin Fayaz

Senior Women: 1st Place - Aqsa Jan, 2nd Place - Anzalna Rafiq, 3rd Place - Mehak Nabi

Inter-School Archery C'ship For Boys Starts In Srinagar



Observer News Service

SRINAGAR: The District level competitions in Archery for all age group boys started on Thursday at Youth Hostel, here.

The championship was inaugurated by District Youth Services & Sports Officer Srinagar, Balbir Singh.

During the competition, Under 14, 17 & 19 years Boys will compete in their respective age groups for the championship.

Before the commencement of the routine competitions, an anti drug abuse pledge was administered to all the participants under Nasha Mukti Bharat Abhiyan and Mission Waapsi.

More than 50 Boys will compete for three days in their respective age groups for district level title.

Meanwhile, a basic training course (BTC) in Rifle Shooting for boys also started at Indoor Shooting Hall Youth Hostel Srinagar on Thursday.

PM Modi Declares 36th National Games Open

Press Trust of India

AHMEDABAD: Prime Minister Narendra Modi declared open the 36th National Games here on Thursday.



Indian sportspersons could not perform well in the past due to nepotism and corruption but his government cleaned up the system, he said on this occasion.

Speaking at a gala ceremony at the Narendra Modi Stadium in Motera area here, he praised Indian athletes for winning medals in various international events such as the Olympics in the recent times.

sports. We have cleaned up the system and pumped in new confidence among the youth," he said in his address to the cheering crowd.

"Your victory in sports will pave the way for the country's success in other fields. The soft power of sports will significantly improve our country's image in the world," he said to the sportspersons.



Injured Bumrah Ruled Out Of T20 World Cup

Press Trust of India

NEW DELHI: India's pace spearhead Jasprit Bumrah was on Thursday ruled out of the T20 World Cup due to a back stress fracture, dealing a massive blow to team's chances at the ICC flagship event starting next month in Australia.

A BCCI official told PTI that Bumrah will be forced out of action for six months due to the back injury. "Bumrah is not going to

play the T20 World Cup for sure. He has a serious back condition. It's a stress fracture and he could be out for a period of six months," a senior BCCI official told PTI on conditions of anonymity.

It is understood that either Deepak Chahar or Mohammed Shami could replace Bumrah in the main squad. Both were named as stand-by players for the prestigious tournament by the BCCI.

Bumrah, who played the second and third T20 against

Australia, didn't travel with the team to Thiruvananthapuram for the series-opener against South Africa.

The 28-year-old fast bowler is the second senior star player to be ruled out after Ravindra Jadeja, who is recovering from a knee surgery.

The Indian team is already looking unsettled at the moment and Bumrah's injury has only compounded the woes for skipper Rohit Sharma and coach Rahul Dravid.

It Was Nice To Play A Game Like That: Rohit

Press Trust of India

THIRUVANANTHAPURAM: Skipper Rohit Sharma said the Indian team got to "learn a lot" while chasing a meagre target on a "tricky track" in the series-opener against South Africa.

Suryakumar Yadav's unbeaten 50 off 33 balls got India over the line despite KL Rahul's struggles on a track where South Africa were left tottering at 9/5 at the start of the game on Wednesday.

"The wicket was tricky. You learn a lot playing such a game. You understand what the team needs to do in tough conditions. It was nice to play a game like that," Rohit said at the post-match presentation ceremony.

"We knew the bowlers will get something seeing grass on the pitch, but we didn't expected help for the full 20 overs."

Rohit admitted that the pitch was a bit damp and that kept South Africa in the hunt despite a paltry score



“We knew the bowlers will get something seeing grass on the pitch, but we didn't expected help for the full 20 overs

of 106/8.

"It was damp. Both teams were in the contest and the team that played better won the game. We started well, got five wickets in quick time and that was the turning point. It was a perfect showcase of how to bowl when there is help for the pacers."

While Rahul scored a half-century (51) off 56 balls, Rohit said conditions need to be respected.

"We knew it wasn't going to be easy. Got to respect the conditions. Lost two wickets and that partnership between KL and Surya got us home."

Buttler, Moeen Not In Favour Of 'Mankading'

Press Trust of India

LONDON: England white ball captain Jos Buttler and his deputy Moeen Ali said that running out a non-striker for backing too is not "their thing" and that they would rather call the player back if any of their teammates used it as a mode of dismissal.

Custodians of the laws of cricket MCC have re-affirmed that a non-striker's run out while backing up is within the laws of the game but there has been no end to the debate in the aftermath of the third and final women's ODI between India and

end as Rajasthan Royals opener when he was dismissed in a similar fashion by veteran Indian off-spinner Ravichandran Aswhin, who was back then playing for Kings XI Punjab.

Moeen, the stand-in captain in their current T20I series against Pakistan, echoed similar sentiments: "No, it's not my thing."

"I don't think I'll ever do it unless I was really angry with someone. It's in the laws and there's nothing illegal so people that do it have the right, but I just hope it doesn't become a common thing, or something



England where Deepti Sharma ran out Charlie Dean to complete clean sweep for visitors.

"No, I am calling the batsman back," the 32-year-old Buttler, who is recovering from a calf injury ahead of the World Cup, told TalkSPORT.

Incidentally, in IPL 2019, Buttler was at the receiving

that's regularly done," Moeen told the 'Telegraph'.

The mode of dismissal currently listed in the MCC's 'Unfair Play' section of the laws (41.16.1) is to be moved to the 'Run Out' section from October 1, when an update to the ICC Playing Conditions comes into effect.

Qatar Confirms COVID Test Requirements For World Cup Fans

Agencies

DOHA: Fans attending the World Cup in Qatar must show proof of a negative COVID-19 test regardless of their vaccination status, organisers said in a statement on Thursday.

All visitors aged six and over must present a negative result from a PCR test taken within 48 hours before their departure or from a rapid antigen test taken in the 24 hours before arriving, the Supreme Committee for Delivery & Legacy said.

Results of the rapid antigen tests will only be accepted if they are from official medical centres and not self-administered. No further tests will be required in Qatar if visitors do not develop symptoms of COVID-19.

Visitors aged 18 and above will also be required to download a government-run contact tracing phone application called Ehteraz.

"A green Ehteraz status (showing the user does not

have a confirmed case of COVID-19) is required to enter any public closed indoor spaces," the statement added.

Fans will have to wear masks on public transport



but vaccination is not mandatory for the unprecedented influx of 1.2 million visitors expected for the November 20-December 18 tournament.

"Anyone who tests positive for COVID-19 while in Qatar will be required to isolate in accordance with Ministry of Public Health guidelines," the statement said.

Qatar has recorded more than 440,000 confirmed cases of COVID-19 and 692 deaths from the virus, according to data from the Ministry of Public Health.

T20 WC: Pakistan Pacer Rauf Issues Warning To India

Press Trust of India

LAHORE: Pakistan pacer Haris Rauf is banking on his knowledge gained from the Australian Big Bash League to outsmart Indian batters when the two arch-rivals clash in the T20 World Cup at the Melbourne Cricket Ground on October 23.

India and Pakistan, who don't play bilateral series due to geo-political tensions, will clash for a fourth time in one year at the MCG.

"If I give my best, they won't be able to play me easily. For the upcoming World Cup match, I'm very happy because it is at the Melbourne Cricket Ground," Rauf, who plays for Melbourne Stars in the BBL, said after Pakistan's six-run win over England in

the fifth T20 International in Lahore on Wednesday.

"It is my home ground because I play for the Melbourne Stars, and I have an idea of how the conditions play out there. I've already started planning on how I would bowl against India," he said.

Pakistan defeated India by 10 wickets -- for the first time in a world tournament -- in the last edition of the T20I World Cup in UAE. But recently in the Asia Cup, India secured a clinical five-wicket win before losing to Pakistan in the Super 4 stage.

The 28-year-old bowled a lot short-pitch deliveries at the Indian batters as he returned wicketless in their first match of the Asia Cup. But in the Super 4 stage, he accounted for the key wicket of India skipper Rohit Sharma.



“If I give my best, they won't be able to play me easily. For the upcoming World Cup match, I'm very happy because it is at the Melbourne Cricket Ground

One-Day Training Programme On Operation Of SPARROW Portal Held At Shopian

Observer News Service

SHOPIAN: National Informatics Centre (NIC), Shopian today conducted a training programme on filing of Annual Performance Reports (APRs) on Smart Performance Appraisal Report Recording Online Window (SPARROW) portal at Mini Secretariat, here.

Assistant Director Planning, Towseef Ahmad and all

the gazetted officers of the Education Department participated in the training programme.

On the occasion Master trainers, Ashfaq Ahmad (DIO NIC) and Zaffer Ahmad (Network Engineer NIC) demonstrated online resources pertaining to various aspects of JAK SPARROW and sensitized officers on the operation of the Portal and procedures for filling up of APRs.

Homeopathy Medical Camp & Awareness Programme Held At Shopian

Agencesis

SHOPIAN: Department of Ayush Shopian today organized a free Homeopathic Medical Camp cum Awareness programme at Khurampora, here.

Awareness programmes on healthcare and medical camps are being organised by the Department on a regular basis for the benefits of people.

Today's camp was organised on the directions of Director Ayush, J&K Jammu, Dr Mohan Singh and under the supervision of District Nodal Officer Ayush Shopian, Dr Ishrat Ahmed.

Details on various healthcare

issues and benefits provided among the number of beneficiaries by way of medicines and boosting immunity during Covid -19 pandemic was provided on the occasion.

The doctors also treated the patients with holistic healing remedies of Homeopathy and gave advice to patients for preventive, conservative approach.

Besides, Homeopathic medicines were distributed free of cost to the patients which were prescribed by the concerned homeopathy physician along with distribution of free immune-boosting and other medicines among 121 participants.

CS Bids Farewell To Bhardawaj On His Appointment As Secy Mines



Observer News Service

SRINAGAR: Chief Secretary, Dr. Arun Kumar Mehta today bid farewell to Additional Chief Secretary, Finance and I&C Departments, Vivek Bhardawaj being appointed as Secretary, Ministry of Mines, GoI at a simple function organized here at Civil Secretariat.

All the Administrative Secretaries were present on the occasion besides the outgoing officer. Jammu based officers participated in the event through video conferencing.

Dr Mehta called Bhardawaj an excellent officer and applauded his ability to

stand firm. He recalled that Bhardawaj always saw the larger picture with a clear vision.

He complimented the outgoing officer for his hardwork and dedication. He congratulated him for being elevated as Union Secretary. He called it a milestone which every IAS officer wants to achieve in his/her career.

The Chief Secretary also narrated various instances where the outgoing officer showed his vast experience in dealing with difficult administrative matters especially as Health Secretary during the testing times of covid-19 and Finance Department.

While giving his best wishes to outgoing Administrative Secretary for his future assignments, Dr Mehta remarked that Bhardawaj is a capable and experienced officer who can contribute at every level and can deal with most complex issues with his insight.

Bhardawaj in his valedictory remarks made out that he was truly overwhelmed by the support he received from the Lieutenant Governor and Chief Secretary on joining here. He recalled his interactions with each of the Administrative Secretary during his tenure of 13 months here and thanked each of them for their support

and trust in him.

He expressed that he would take with him enriching experience and a lot of good wishes of people of J&K. He stated that he enjoyed his work here and explored a lot including the interiors of the cities and found the people amenable and friendly.

Other Secretaries also recollected their engagements with him at different occasions and called the officer as a pleasant and a friendly personality. They all congratulated him on his elevation as Union Secretary and wished him a prosperous and bright future ahead.

JKAEA Hails Timely Promotion Of 42 Employees

Observer News Service

Srinagar: JKAEA expresses its gratitude to Principal Secretary Finance (Finance Deptt) and Director General Accounts and Treasuries on issuing the timely promotion order of 42 Aaos as Accounts officers, a spokesperson said.

The move, he said, has raised the hopes of accounts personals that all the pending issues are settled likewise.

"The Association is all thankful and praiseworthy with this goodwill gesture on the part of principal Secretary and worthy Director General A&T J&K and Hope's that other commitments vis a vis the pending genuine demands are fulfilled in the same spirit and in a time bound manner," the spokesperson said.

He said the whole cadre is having a sigh of relief with this pleasant breeze of hope.

"We have always wrested our faith in the higher ups and pinned our Hope's with them regarding our career progression .This will usher in the new blood of resilience to serve in a better way," he said.

"The Association one again thanks the principal Secretary Finance Deptt and Mahesh Dass Director General Accounts and Treasuries for care and concern," he added.

CONTD. FROM FRONT PAGE

Two Back To

use of high explosives," he said, adding a probe is on to ascertain whether it was the handiwork of militant modules.

The roof and the backside of the bus were blown away by the blast that occurred around 5.30 am but no one was injured, police said.

The explosions took place days ahead of the visit of Union Home Minister Amit Shah from October 4. He was supposed to embark on a three-day visit to Jammu and Kashmir on September 30 and hold public meetings in Rajouri on October 1 and Baramulla on October 2. However, the visit was rescheduled.

Speaking to reporters at the site of the blast in Udhampur, ADGP Singh said the "first explosion took place on a parked bus around 10:30 pm on Wednesday near a petrol pump. Two people sustained minor injuries but are now out of danger".

He said the other blast took place in the old bus stand area.

Singh said the nature of the blasts was being ascertained, adding a probe is being done on various angles.

"The origin of both buses is the same (from Basantgarh-Ramnagar area of Udhampur). There is a similar class of blast according to the initial examination," he said.

He said various teams are working on the case including the army's bomb disposal squad.

Police said the bus came from Basantgarh area of the district and was on night halt at the Udhampur bus stand. It was scheduled to leave for Basantgarh in the morning.

The top portion and backside of the bus (JK14C-3636) were blown up due to the impact of the blast.

DIG Udhampur-Reasi range Suleman Choudary said there was damage to two to three buses in the blasts.

He said the nature of explosives used and other things are under investigation, adding terror angle cannot be ruled out.

He said the injured and other people here are being questioned in this regard.

Teams of police and other security forces have cordoned off the bus stand and all vehicles are being checked thoroughly before allowing them to resume normal daily transport services.

Alert has been sounded by the police and people have been asked to check their vehicles.

The first blast took place at Baigra petrol pump in Domail area on Wednesday night. Two injured in the blast have been identified as Sunil Singh of Kawya Pringla (Ramnagar) and Vijay Kumar of Jaganoor. Both are admitted in the district hospital in Udhampur.

Sunil Kumar said the explosion took place as they returned to their bus after dinner. He added the roof of the bus was damaged. "I was sleeping when blast woke me up. I was hit by broken pieces of glasses and was bleeding. Police took me to hospital."

High Alert

Jammu region after the blast. Earlier, a similar explosion took place in Udhampur but there was no casualty, police said.

Loudspeaker-fitted police vehicles were make announcements in Katra

and Ramnagar towns asking pilgrims, locals and commuters to keep an eye on suspected objects and persons.

The special operations group (SOG) of J-K Police armed with sniffer dogs carried out searches and a sanitisation operation in the bus stand area of Jammu city, the officials said.

Security was beefed up at the bus stand and vehicles coming into the city were being searched at various checkpoints, they said.

In Katra town, the base camp of Mata Vaishno Devi cave shrine located in Trikuta hills, security was tightened to ensure a smooth yatra during Navratri. Thousands of pilgrims arrive in the holy town daily from various parts of the country to pay obeisance at the cave shrine.

In the Ramnagar area of Udhampur district, where the blast took place, police swung into action and carried out search of buses and other public transport vehicles.

Similar searches were carried out in Kathua, Samba and Reasi districts, the officials said.

In Rajouri, where Union Home Minister Amit Shah is scheduled to address a rally on October 4, a high-level security setup has been activated in and around the venue of the event, they said.

CONTINUE FROM PAGE 3

All Women, Married

the court on the issue, had said there is no discrimination under the MTP (Amendment) Act of 2021 and that categorisation has been provided in the relevant rules under the Act. She had said experts have their own views on these issues and according to them categorisation has been done to avoid the misuse of laws including the Pre-Conception and Pre-Natal Diagnostic Techniques (PC-PNDT) Act due to sex determination of the foetus. "One thing, we should make it clear that we are going to draft our judgement in such a way that we are not going to dilute the provisions of PC-PNDT Act", the court had said. On July 21, the top court had expanded the scope of the MTP Act to include unmarried women and allowed a 25-year-old to abort her 24-week pregnancy arising out of a consensual relationship. "A woman's right to reproductive choice is an inseparable part of her personal liberty under Article 21 of the Constitution and she has a sacrosanct right to bodily integrity," it had said. "Denying an unmarried woman the right to a safe abortion violates her personal autonomy and freedom. Live-in relationships have been recognised by this Court," it had added.

Lt Gen Chauhan

Military Affairs.

On Wednesday, the government announced appointing Chauhan as the new Chief of Defence Staff, more than nine months after the post fell vacant following the death of Gen Bipin Rawat in a helicopter crash.

Lt Gen Chauhan (ret'd) is from the 11 Gorkha Rifles, the same regiment of Gen Rawat.

"He will assume charge as the new Chief of Defence Staff on Friday," said an official.

Lt Gen Chauhan (ret'd) was

the Director General of Military Operations (DGM O) of the Army during the Balakot air strikes in 2019 when Indian airplanes pounded a Jaish-e-Mohammed terrorist training camp deep inside Pakistan in response to the Pulwama terror strike.

He will assume the rank of the four-star General once he takes charge as India's second Chief of Defence Staff. He will be the first retired three-star officer to return to service in four-star rank.

After his retirement as the eastern Army Commander last year, he has been serving as the military adviser in the National Security Council Secretariat headed by NSA Ajit Doval.

In a career spanning over nearly 40 years, Lt Gen Anil Chauhan (ret'd) held several command, staff and instrumental appointments and had extensive experience in counter-insurgency operations in Jammu and Kashmir and North-East India.

Lt Gen Chauhan retired from the service in May last year when he was serving as the eastern Army Commander.

As the Eastern Army Commander, he played a significant role in bolstering India's overall combat readiness along the Line of Actual Control (LAC) in Arunachal Pradesh and Sikkim sectors.

On January 1, 2020, Gen Rawat took charge as India's first CDS with a mandate to bring convergence in the functioning of the Army, the Navy and the Indian Air Force and bolster the country's overall military prowess.

Another key mandate of the CDS was to facilitate the restructuring of military commands for optimal utilisation of resources by bringing about jointness in operations, including through the establishment of theatre commands.

In June, the government amended rules paving the way for appointment of any serving or retired Lt General, Air Marshal and Vice Admiral under the age of 62 to the post of Chief of Defence Staff (CDS).

The change in rules allowed three-star officers to become the CDS along with serving chiefs of the three services.

However, the age limit of 62 years for officers to be considered for the post of CDS ruled out a number of officers.

While the age-limit for the three service chiefs is 62 years of age or three years of service, whichever is earlier, the age limit for the CDS is 65 years of age with no fixed tenure defined.

NGT Bars

of removal or uploading without use of heavy machines like JCBs etc., it is difficult to conceive that the same could have been mined without use of heavy machines," the tribunal said.

It said when questioned from the learned counsel for project proponent that if mined boulders were so big sized that the same could not be loaded on the dumpers/trucks manually, how such boulders could have been mined from the mining area without use of such machines, "we did not receive any satisfactory reply".

"And it is said that whatever is/was the factual position that has been stated in the reply of PP," the order said.

Stating that the statutory

procedure has not been followed by State Environment Impact Assessment Authority (SEIAA), J-K, while granting prior environmental clearances in letter and spirit though the provisions are mandatory particularly having direct impact upon environment, the tribunal asserted that sand mining in river bed has serious consequences.

When contacted, Dr Raja Muzaffar Bhat who has filed the appeal before NGT against the Environmental Clearance (EC) given to NKC Projects said that he is happy that rule of law has prevailed.

"I urge the Pollution Control Committee (PCB) and District Magistrate Budgam to implement the judgement in letter and spirit. The DC Budgam must also ensure no JCBs are used for riverbed mining in Doodh Ganga mining blocks 11 and 12 and illegal mining should be stopped in other rivers and streams of J&K" said Dr Raja Muzaffar

Pertinently NGT had earlier stayed the mining work in an interim order issued on August 13th this year. The company had in fact went to the Supreme Court challenging the NGT's interim order but the company didn't get any relief from the apex court during the last three hearings. (With PTI inputs)

Traffic Police

We won't tolerate any such activity that jeopardizes time and lives of civilians. This drive will continue and anyone who is found violating laws will be dealt with strictly," Mohita said.

It is pertinent to mention here that these vehicles have been blacklisted by Regional Transport Office (RTO) and J&K Traffic Police. Besides black-listing vehicles, as per reports, on Thursday officials of the traffic department imposed heavy fines on vehicles that were seen parked illegally on the national Highway especially on the Banihal-Ramban stretch.

Notably, Superintendent of Traffic Police J&K Highway Shabir Ahmad Malik was on Wednesday transferred and attached with police headquarters for the highway mess that had flared outrage in Kashmir. Action against Malik had come after Chief Secretary Arun Mehta reviewed the situation that resulted in thousands of fruit laden trucks stranded on the highway that is being repaired at several points.

The unprecedented chaotic movement of trucks amid the bumper crop of apples in Kashmir was criticized by fruit growers, traders and political leaders. As per officials, the highway had witnessed frequent disruptions past week owing to shooting of stones from a hillock overlooking the arterial road at Cafeteria-Mehar sector in Ramban district.

On Monday, the fruit growers of Kashmir had also staged a demonstration in Srinagar against the alleged failure of the administration to facilitate hassle-free movement of the trucks along the highway en route to terminal markets of the country.

In a normal season, the apple production in Kashmir is 17 metric tons but this year due to abundant rainfall, there has been a bumper crop which is expected to cross 21 metric ton.

Owing to the bumper crop this time, Chief Secretary Arun Mehta has stressed on putting in place a

robust communication and information mechanism by the Traffic Police so as to regulate traffic at critical points like Qazigund-Banihal, Banihal Market, Sherbibi, Panthayal, Mehar, and so on.

The traffic management authorities have also been asked to augment manpower from all sources to regulate traffic in an optimal manner, besides enforcing lane discipline on the critical stretches between Ramban and Banihal. It has also been decided that suitable recommendations of the joint study by CBRI, Roorkee and IIT, Jammu, be sought for measures to be undertaken for stabilizing traffic flow on Cafeteria-Mehar section of NH-44.

'Sextortion' Couple

money. If the money was not paid, the voice at the other end said, the incriminating video would be shared with his family and also uploaded on social media platforms.

The case reached Senior Superintendent of Police (Srinagar) Rakesh Balwal who immediately ordered a discreet enquiry to establish the claims of the complainant as well as antecedents of the alleged blackmailers.

The 'gang', he said, would collect information about influential men and had earned around Rs 40 lakh in the last six months by blackmailing.

"Nearly seven to eight such individuals have come to our notice and we are working on this," Balwal told PTI.

"I am sure there would be many more men like them who don't want to come out because of the social stigma. I assure them that their identity would be kept discreet," he said. The three people arrested have been booked for extortion, crime done with common intention, criminal conspiracy and criminal intimidation, police officials said.

NIA Opposes

numbers of incriminating videos and photos to show persons openly advocating secession of Jammu and Kashmir from the Union of India from this attached house.

She along with her associates regularly celebrated Pakistan Day' at her residence situated at Zair Number 34/1, 35/1, Iqbal Colony, 90 Feet Road, Soura PO- Naushera, PSSoura, Srinagar wherein anti-India speeches/slogans were made, insurrectionary material were distributed and pro-Pakistani slogans were chanted along with unfurling of Pakistani flag to profess that Kashmir is a part of Pakistan and that India is an aggressor, the reply filed recently claimed.

"It was established that premises mentioned above has been used for holding meetings to commit unlawful activities and terrorist activities followed by Dukhtaran-E-Millat. As per sections 2(g) and 2 (h) of the UAPA, the above-said house clearly comes under proceeds of terrorism as the house was being used for spreading terrorism and for the purpose of a terrorist organization," the reply said.

Andrabi was arrested in 2018 by the NIA for the alleged commission of offences under the Indian Penal Code, including sedition, waging war against the country, and the stringent Unlawful Activities (Prevention) Act (UAPA).

The case was registered by the

NIA on directions of the Union Home Ministry.

In her petition, Andrabi contended that the order of attachment was illegal as none of the owners of the property is part of Dukhtaran-E-Millat.

She further said that the attachment amounts to a parallel proceeding and is premature and not suitable in the eyes of law.

J&K Clocks 22

the other six districts of the Valley.

In the winter capital, officials said, Doda reported 3 new cases of infection, while one case each was registered in Jammu, Samba and Kathua districts.

Also, the officials said that the death toll in the pandemic remained unchanged at 4785, as no fresh fatality was reported during the last 24 hours.

"Moreover, 19 more COVID-19 patients have recovered and been discharged from various hospitals including 02fromJammu division and 17from Kashmir division," they added.

Bar On Public

from 27th of September 2022 to 18th of October 2022 please", reads the communiqué.

Notably, Dachigam National Park located at a distance of some 22 kilometres from Srinagar is the main abode of Hangul (Kashmir Stag).

Ex-JKNPP Chief

is inspired by the leadership of Prime Minister Narendra Modi.

Biker Injured

he said

Meanwhile, Police have taken cognizance of the incident.

Police Recover

registered at Police Station Budgam and investigation was set into motion.

"A Special Police Team under the supervision of IC PP Humhama was constituted to trace out the 02 minor missing girls. Acting swiftly, a special police team after working on various leads was able to trace out both the missing minor girls from Bus Stand Jammu and subsequently were brought safely to Budgam," the spokesperson said.

He said that after fulfilling all legal formalities, the minor girls were handed over to their parents.

"Further investigation is in progress," he added.

Man Held

to SMHS hospital Srinagar for specialised treatment.

Upon receipt of this complaint, the spokesperson said, a case FIR number 52/2022 under relevant sections of law was registered at police station Khag and investigation initiated.

"Acting swiftly, a police party arrested the accused child abuser on the same day. The accused was produced before Juvenile Board and remained in the custody of Juvenile Home," he said.

"Today the accused was produced before the Medical Board to ascertain his actual age and the Board established that the accused is an adult. The accused stands already arrested and booked under relevant sections of IPC and PCO Act. Further investigation of the case is going on," he added.

BBC To Cut Hundreds Of Jobs At World Service

Agenceis

London: Nearly 400 staff at BBC World Service will lose their jobs as part of a cost-cutting programme and move to digital platforms, the broadcaster announced on Thursday, paring down its Iranian-language service among others.

The BBC, which marks its centenary next month, said its international services needed to make savings of 28.5 million pounds (\$31 million) as part of wider reductions of 500 million pounds, which unions blamed on the UK government.

In July the broadcaster detailed plans to merge BBC World News television and its domestic UK equivalent into a single channel to launch in April next year.

BBC World Service -- one of the UK's most recognisable global brands -- currently operates in 41 languages around the world with a weekly audience of some 364 million people.

But the corporation said audience habits were changing and more people were accessing news online, which along

with a freeze on BBC funding and increased operating costs meant a move to "digital-first" made financial sense.

"Today's proposals entail a net total of around 382 post closures," the public service broadcaster said in an online statement.

Eleven language services -- Azerbaijani, Brasil, Marathi, Mundo, Punjabi, Russian, Serbian, Sinhala, Thai, Turkish, and Vietnamese -- are already digital only.

Under the restructuring plans they will be joined by seven more: Chinese, Gujarati, Igbo, Indonesian, Pidgin, Urdu and Yoruba.

Radio services in Arabic, Persian, Kyrgyz, Hindi, Bengali, Chinese, Indonesian, Tamil and Urdu will stop, if the proposals are approved by staff and unions.

No language services will close, the broadcaster insisted, although some production will move out of London and schedules would change.

The Thai service will move to Bangkok, the Korean service to Seoul and the Bangla service to Dhaka.

The "Focus on Africa" television bulletin will be broadcast from Nairobi, it added.

6 Airbags To Be Made Mandatory For Passenger Cars From Next Year

Agenceis

6 airbags mandatory rule for passenger cars was scheduled to come in to effect from 1st October 2022. However, considering the supply chain constraints across the globe, the Union government has decided to defer the implementation.

Now, the six-airbag safety rule for passenger cars will be implemented from 1st October, 2023. With this new safety rule, we expect carmakers to hike the prices of their cars considerably to cover the high input costs of more airbags.

In April 2021, the government mandated dual front airbags for passenger cars which affected the pricing of entry-level cars drastically. The 6 airbag rule will further increase the pricing not only because of the more number of airbags being added but also the changes that will be made to the structure to accommodate



additional airbags in cars that were not designed to have the provision.

All vehicles in the M1 category (passenger vehicles with no more than eight seats in addition to the driver's seat) manufactured from 1st October 2023 will get equipped with 6 airbags as standard.

It's a good move for better safety in our cars in India but we believe there should be stricter rules for wearing seat belts for both front and rear passengers. Having more airbags won't help in a crash if the passengers are not wearing seat belts. What are your thoughts on this rule? Let us know in the comments.

'Wear Undergarments', Pakistan's National Carrier Tells Cabin Crew

Agenceis

The national airline of the country -- Pakistan International Airlines (PIA) -- has a new rule for its cabin crew: "Wear undergarments", media reports said.

In a strange development, PIA has told its air crew that wearing undergarments is a must, Geo News reported.

PIA has claimed that lack of better attire by air attendants is leaving a "poor impression" and "portrays a negative image" of the airline.

"It has been observed with great concern that a few cabin crew tend to dress casually while travelling intercity, staying in

hotels and visiting various suffices. Such dressing leaves a poor impression on the viewer and portrays a negative image of not only the individual, but also of the organisation," an internal instruction memo sent by PIA General Manager (Flight Services), Aamir Bashir, read, Geo News reported.

Bashir asked the cabin crew to "dress properly" in formal plain clothes over "proper undergarments".

"The clothing worn by males and females should be in accordance with our cultural and national morals," the guidelines read.

The grooming officials have been instructed to monitor cabin crew "at all times" and report back if there is any "deviation" from the rules, Geo News reported.



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