



P3 CITY

GOVT'S DECISION TO UNLOCK A RIGHT DECISION: DIR SKIMS

Dr. A.G. Ahangar, Director SKIMS and Ex-Officio Secretary to Government, on Tuesday termed the administration's decision to unlock as a "right decision". Talking to reporters on the sidelines...

P6 THINK

THE INCOHERENCE OF MUSTAFA AKYOL'S 'ETHICAL OBJECTIVISM'?

IN the nature of a book promotion, that took the form of an interview carried by Kashmir Observer, 'Gap Between Muslim World and the Rest is Growing Wider', Mustafa Akyol - formerly a journalist in Turkey and...



P5 STATE

FCS&CA ASKS BENEFICIARIES TO OBTAIN RECEIPT FROM SALE POINTS

The Department of Food, Civil Supplies & Consumer Affairs (FCS&CA) Tuesday asked the beneficiaries to obtain receipt from their respective Government Sale...



Amid Suicides, Experts Warn Against 'Copycat Phenomena' In Kashmir

Auqib Javeed

Beyond the bolstered bridge bids and shore up suicides in Kashmir, there's a looming danger of what Dr. Yasir Rather calls "copycat phenomena" that might end up doing more harm to the lockdown-distressed valley. "As news of suicide spreads like fire and is sensationalised by media, we need to be also well aware of not activating copycat phenomena in someone else with mental health issues," warns Dr.Yasir, noted psychiatrist

and professor at the Institute of Mental Health & Neurosciences (IMHANS), Government Medical College, Srinagar.

FROM THE YEAR 2010 TO 2020, Kashmir witnessed 3024 cases of suicide—with the pandemic year of 2020 leading the decade with 457 suicides."

During the second viral wave, Kashmir was rattled when a glum girl, who was yet to observe her 16th birthday, showed up in a deadpan manner in Srinagar's Budshah Bridge on May 6. She created an instant mourning by jumping into the river. Jhelum and left lifeguards clueless for six days before they finally fished out her

IN 2015 MSF STUDY REVEALED that 45 percent of Kashmiri population is in distress. It has been around six years since then too, with a lot of trauma in these years."

bloated body from Jhelum. "People with suicidal behaviour have a cognitive distortion known as fortunetelling, where they feel like nothing is going to get better in their lives," Dr.Yasir said.

This suicidal mindset surfaced on May 31, when an unknown person jumped into Jhelum from Srinagar's Cement Bridge in Qamarwari area. On the same day, vigilant cops prevented a distressed woman from jumping from Budshah Bridge. "These persons actually in their minds start believing... More On P10

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Widom Quote! Impossible is just an opinion. —Paulo Coelho

NEWS DIGEST

Soldier Dies Of Gunshot Injury

JAMMU: A soldier died of gunshot wounds from his service rifle at a camp here, officials said on Tuesday. They said it was not immediately clear whether Havaldar Sandeep Kumar died of accidental fire from his own weapon at Sunal camp in Akhnoor sector or was it a case of suicide. They said the soldier was on duty when his colleagues heard a gunshot from his post around 8.45 pm Monday. • More On P10

3.1 Magnitude Quake Hits Doda

SRINAGAR: An earthquake of magnitude 3.1 on the Richter scale hit Jammu and Kashmir's Doda district on Tuesday afternoon, officials said. The earthquake occurred at 3:47 pm and its epicentre was Doda, according to the officials. They said that the depth of earthquake was 5 km. However, there were no reports of any damage, they said.

Homeless Beggar Found With Rs 2.58L

JAMMU: A 65-year-old beggar turned out to be the owner of over Rs 2.58 lakh shortly after she was shifted to a shelter home for better facilities in Rajouri district of Jammu and Kashmir, a senior government official said on Tuesday. The unidentified beggar, who was seen roaming the streets of bus stand and adjoining areas over the past three decades, was shifted to a shelter home meant for the homeless to provide them better living on Monday, Additional Deputy Commissioner, Nowshera, Sukhdev Singh Samyal said. • More On P10

Bear Attack Leaves Teen Critical

SRINAGAR: A teenager was critically injured on Tuesday in an attack by a black bear in north Kashmir's Kupwara district. 15-year-old Maroof Zaman Khan, a resident of Shah Chenipath Rajouri was grazing cattle in the Kakroosa forest area of Handwara on Tuesday when a bear appeared there and attacked him, reports said. The teenager, reports said suffered serious injuries in the bear attack and was removed to • More On P10

Man Held With Fake Currency: Police

SRINAGAR: Police on Tuesday claimed to have arrested a man with fake currency at a checkpoint in Handwara town of Kupwara district. Ishfaq Ahmad Bhat of Dangiawacha Rafiabab was chased and apprehended by the cops from police station Kralgund when he ignored the signal to stop and tried to escape from a checkpoint established at Rasripora Bridge, a police spokesperson said Tuesday. During searches, he said, the cops were able to recover 47 counterfeit currency • More On P10

J&K Govt To Implement 3-Tier Nursing System In Hospitals

Underutilization Of Testing And Vaccination Capacity Not Acceptable: LG



Observer News Service

SRINAGAR: In an effort to make the healthcare system more vibrant and to provide best possible care to the patients in

the Union Territory, the Jammu and Kashmir administration is mulling to introduce three three-tier systems within the hospital by categorizing nurses in three different modes.

The idea was mooted by J&K Lieutenant Governor, Manoj Sinha during his visit to Anantnag to review Covid containment and preventive • More On P10

Govt Fixes Rs 400 For RT-PCR Test In Pvt Labs

To make coronavirus testing more affordable for the people, the Jammu and Kashmir government on Tuesday capped RT-PCR tests at Rs 400 for all private laboratories across the Union Territory. The directions in this regard were issued by the Department of Health and Medical Education. • More On P10

32 Deaths, 1,895 Fresh Cases In 24 Hours

Jammu and Kashmir on Tuesday recorded 1,895 fresh COVID-19 cases, taking the total number of infections to 2,92,360 while 32 deaths in the past 24 hours pushed the toll to 3,939 in the Union Territory. • More On P10

Div Com To DCs 'Bring Positivity Rate Below 2% In A Month'

Observer News Service

The Jammu and Kashmir administration on Tuesday directed the Deputy Commissioners to focus on coronavirus management instead of economical activities unless the cases decline to a comfortable level during gradual unlock period in the districts. Chairing a Covid-19 review meeting, Divisional Commissioner Kashmir, Pandurang K Pole on Tuesday called for 100 per cent utilization of Covid- management resources across all districts in Kashmir, an • More On P10

New Guidelines Issued For Virtual Classes

Acting on the directions of Jammu and Kashmir Lieutenant Governor Manoj Sinha, the education department on Tuesday issued new guidelines in conducting virtual classes for pre-primary and primary school students. The guidelines were issued by BK Singh; the • More On P10

LoC Truce Holding In 'Letter And Spirit': Lt Gen Joshi

Press Trust Of India

UDHAMPUR: Northern Army Commander Lieutenant General Y K Joshi on Tuesday said ceasefire understanding between India and Pakistan is being followed in letter and spirit by both sides, but asserted that the Indian Army is not letting its guard down even for one bit along the border in Jammu and Kashmir.

2021 has sustained since then and both sides (India-Pak) are abiding by the arrangement in letter and spirit, he said. Lt Gen Joshi said the Pakistan army at present seems to be committed to ensuring peace and tranquility along the LoC, but added that we want to assure our countrymen that we are not letting our guard down even for one bit. "The present situation is a reflection of our nation's behaviour as • More On P10

HC Seeks Govt's Stand On Financial Help To Lawyers

Agencies

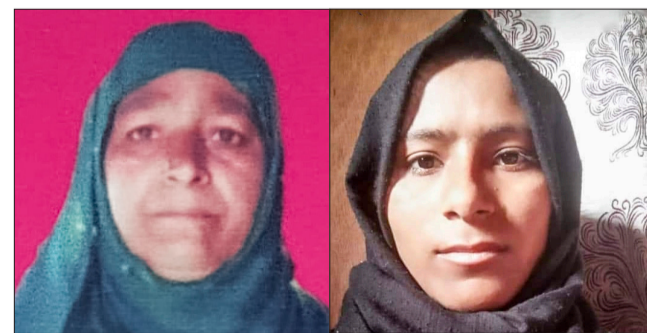
SRINAGAR: Jammu and Kashmir High Court on Tuesday asked the government to come up with a "clear stand" as regards the grant of financial assistance to the lawyers working in Jammu and Kashmir.

A single bench of Justice Ali Mohammad Magrey passed the directions on a petition filed by a lawyer—M. Abubakar Pandit, seeking a direction to government through Commissioner Secretary, Department Law, and Law Secretary, to grant immediate financial assistance to the tune of Rs. 25,000 to each advocate who have earlier received the financial assistance and are in actual practice within the • More On P10

Another Shell-Shocked Separation And Grave Reunion In Kashmir

Zaid Bin Shabir

Sara Begum, a 49-year old woman from the Sherkot village of north Kashmir's Handwara area, had always dreamt of watching her daughter walking down the aisle in a bride's dress but a dead-shell explosion killed Sara and her 19-year-old daughter Gulnaz Bano way before they could've lived her dream.



On May 27, the mother-daughter duo was gathered around a bag when a dead-shell exploded and tore through the roof of their house. "When we heard the blast,

we ran for our lives," said Junaid Gulzar, Sara's close-door neighbour. "After the hue and cry had fizzled a bit, we rushed to the house and found

that the mother and daughter were heavily injured." The duo were collecting collard greens and other wild vegetables from a nearby forest of Sherkot

PDP Leader Parra Charged In Politico-Militant Nexus Case

Press Trust Of India

SRINAGAR: The Jammu and Kashmir Police on Tuesday filed a chargesheet against senior PDP leader Waheed-ur-Rehman Parra in a case related to the alleged nexus between politicians and militant groups in the union territory, officials said.

They said that Parra has been chargesheeted by the Criminal Investigation (Kashmir) wing of the Jammu and Kashmir's CID under various sections of the Unlawful Activities (Prevention) Act dealing with "waging war against the country and threatening peace". The chargesheet was submitted before the competent court which has taken cognisance of the document.

Parra has been in judicial custody since his arrest earlier this year by the CIK, a branch of CID mandated to probe cases under the UAPA and the Prevention of Money Laundering Act (PMLA).

The CIK had filed a case last year against unknown politicians and others based on "reliable and confidential sources" • More On P10

Hailstorm Damages Crops In North, Central Kashmir

Press Trust Of India

SRINAGAR: Many parts of north and central Kashmir were hit by heavy hailstorm on Tuesday, causing damage to agriculture and horticulture crops in the affected areas, officials said.

The hailstorm was reported from most parts of Kupwara district and some parts in adjoining Kupwara district, the officials said.

There has been some damage to agriculture and horticulture crops which are being harvested, the officials said.

The farmers in the valley are busy harvesting pea crop and cherry and strawberry these days. The officials, however, said the exact extent of damage caused • More On P10



Dr. Faheem Younus VP/ CCO/ Chief of Infectious Disease, University of MD UCH

TWO KEY QUESTIONS:

1. What is a "variant of high consequence"? It's a variant that's more deadly OR resistant to standard treatments/vaccines
2. How many such variants are found globally? ZERO! Don't believe the "sensational" media headlines



Dr. Harjit Singh Bhatti Former President of AIIMS Resident Doctors Association

Two doses of vaccine is must to generate complete immunity. 1st dose do priming which doesn't last long whereas 2nd is booster dose which generates cell mediated immunity & memory cells. Govt's intentions to give just 1 dose is an betrayal & an attempt to hide #VaccineShortage



Dr. Muzaffar Maqbool Researcher and Associate Professor, Internal Medicine, GMC

Covid-19 devastating us in more than one way. Notable rise in poisoning and drug overdose cases overburdening our healthcare system. These patients are requiring intensive care management jeopardizing our already limited high dependency resources. Need ways to reduce mental stress

Holy Quran's Gojri Translator No More

Press Trust Of India

JAMMU: Renowned Islamic scholar and preacher Mufti Faiz-ul-Waheed, who was the first to translate the Quran into Gojri language, died of post Covid complications at a private hospital here on Tuesday.

The 56-year-old scholar, a resident of Dodhasanbala village in Rajouri, was admitted in ASCOMS hospital on May 23 for the treatment of Covid pneumonia and breathed his last around 7.30 am due to multiple organ failure, Medical Superintendent Rabinder Rattanpal said.

He said the patient tested negative for COVID-19 on May 24 but since his condition did not show much • More On P10