



P3 CITY

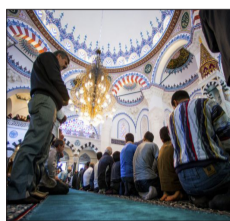
CITY SUICIDE SHOCK: MAN JUMPS INTO JHELUM, WOMAN STOPPED

Much to the shock of the pedestrians, a youth after alighting from a cycle, jumped into the river Jehlum at Cement Bridge here in Qamarwari area of Srinagar city. Eyewitnesses said that a youth ...

P6 THINK

GERMAN REPORT RAISES THE SPECTRE OF POLITICAL ISLAMISM

In the backdrop of the increasing Islamophobia across the world, Germany's leading political party seems to have taken a right step towards analysing the problem and its offshoots. The ruling Christian ...



P5 STATE

LANDMARK INITIATIVES TAKEN TO TACKLE PANDEMIC: ADV KHAN

Advisor to Lieutenant Governor Baseer Khan Monday visited Sumbal Sub-Division in Bandipora district to take stock of covid mitigation efforts....



Markets Reopen In J&K As Unlock Process Begins



Press Trust Of India

SRINAGAR: After a month-long lockdown imposed due to a surge in COVID-19 cases, markets

reopened in Jammu and Kashmir on Monday as the process of partial unlock started in the Union Territory, officials said.

According to new guidelines imposed by authorities on Sunday, shops have been allowed to open on alternate days. The public transport was allowed to

J&K Sees 1525 New Cases, 37 Corona Deaths

Continuing to show a considerable decline in the last few days, Jammu and Kashmir reported on Monday 1525 new coronavirus cases while 37 more people succumbed to the

Vaccine Deadline Set For Secretariat Employees

Srinagar: The Jammu and Kashmir government on Monday directed Administrative Secretaries to ensure all the employees working in the civil secretariat are vaccinated by June 10. In an order issued by General

Train Service Suspended Till June 9

The authorities on Monday extended the suspension of train services between Baramulla and Banihal section till June 09 in view of the Covid-19 situation. In an order, the

LG Calls For An End To Adhocism 'We Have Transformed Healthcare Infrastructure In The Last 10 Months'



Observer News Service

SRINAGAR: Calling for an end to adhocism, the Jammu and Kashmir Lieutenant Governor, Manoj Sinha on Monday asked officers to determine the need and action required for the welfare of common man.

THE OFFICERS HAVE DONE A GREAT JOB in handling the pandemic and simultaneously pushing the developmental work. Moving forward, scheduling due dates and deliverables is compulsory for every project.

to improve the speed and quality of decision-making without fear and favour, an official spokesperson said. Sinha, he said, stressed that every department of administration must be responsive and accountable for citizen-centric governance. "Administrative Secretaries must interact with the public on a daily basis and redress their grievances with empathy. Officers should put an end to adhocism, determine the

Admin Puts Ball In People's Court

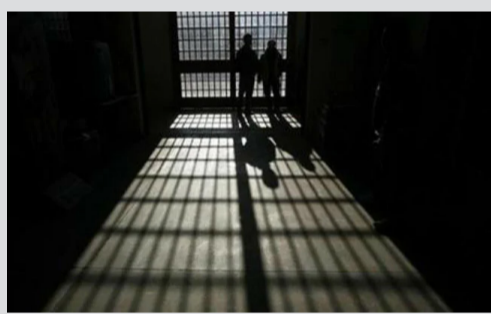
A day after administration announced to ease coronavirus induced lockdown in Kashmir valley, the divisional administration on Monday asked people to maintain Covid appropriate behaviour and get vaccinated in order to avoid lockdown again. Telling the unlocking as a tough decision taken for people, the Divisional Commissioner Kashmir, Pandurang K Pole said Monday that the people must cooperate, maintain appropriate Covid behaviour religiously to contain spread of virus. According to an official spokesperson Pole made these remarks while chairing a meeting attended by Deputy Commissioners of Srinagar, Anantnag, Baramulla and Budgam, Commissioner SMC, Director Health Services Kashmir, Director Tourism, Director SWD, JD Information, CMOs and other senior officers from the

HC Quashes 9th Class Student's PSA Order

Agencies

SRINAGAR: Jammu and Kashmir High Court on Monday quashed detention orders under Public Safety Act against two persons and ordered their release from preventive custody "forthwith".

"As per the dossier supplied by the police, the detenu-petitioner is 9th standard student after passing the exam and was shopkeeper by profession," a bench of Justice Ali Mohammad Magrey said while quashing the detention order of Rameez



Ahmad Malla son of Abdul Majeed Malla of Wattergam Rafiabad. He was booked under PSA on 14 February last year by District Magistrate, Baramulla.

As per police, in May 2019 Rameez had developed contacts with one foreign militant alias Maz Bahi of Hizbul Majahideen and started providing all sorts of assistance to the him including food and shelter in other houses of area.

IAF Fights Forest Blaze In Udhampur

Press Trust Of India

UDHAMPUR: The Indian Air Force (IAF) on Monday joined a fire fighting operation to control a massive forest fire in Ghordi block in Udhampur district of Jammu and Kashmir, officials said.

The fire in Daya Dhar forest started on Sunday and engulfed a vast area, damaging hundreds of trees, the officials said. The forest protection force, along with fire department and emergency services personnel, police and civilian volunteers from nearby villages are making efforts to put off the blaze in the forest, home to various species of the wild animals and birds.

Two IEDs Recovered In South Kashmir: Police

Observer News Service

SRINAGAR: Police on Monday claimed to have averted major tragedies by detecting two improvised explosive devices (IEDs) in Pulwama district of south Kashmir.

Police and army's 55RR and the personnel of CRPF 185 battalion on a specific information carried out a search operation and recovered an IED planted by militants alongside a link road leading from Railway-Dogripora to village



Dr. Tariq Trambo
MD Critical Care

Gradual opening of businesses may not lead to rise in Covid cases despite of our concern. Cars on road don't spread virus. Assembling in closed spaces like offices & marriage parties will surely do. Eating together in closed spaces is indeed a super spreader event. Ban parties.

Don't kill yourselves for the sake of Gushtaba

Dr. Muzaffar Maqbool
Researcher and Associate Professor, Internal Medicine, GMC

Boulevard thronged by hundreds of people with nearly 80% of people without masks to turn srinagar back from orange to red. My concern is that 100% ICU beds still occupied with patients panting for breath, struggling to stay alive wishing to go back to their devastated families.

Dr. Parul M Sharma
Eye Surgeon

For people asking why steep surge & now decline? My thoughts surge coz strain was super contagious & people were freely moving. Fast drop coz people saw the mayhem, stayed back home n got infected only if someone in close proximity was positive. Rest got saved. What do u think? 1/ People become complacent again, start moving freely, go easy on mask... virus mutates, another strain... Boom, back to square one. PROPER Mask and NO Public Gathering should be made compulsory across India, otherwise we will be in a loop & this time health workers will simply collapse

Dr. Parvaiz Koul
Internist/ Pulmonologist/ Researcher

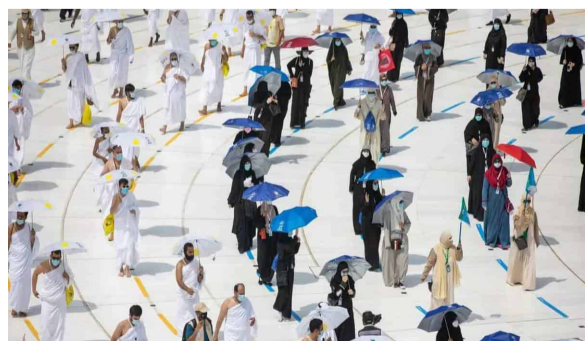
One important fact about all vaccines is proper preservation. Millions are being spent by public health authorities on it. Ensure that vaccines administered to you/ your kids are preserved by proper cold chain maintenance and not pilfered out. Else you won't get what you wanted. I am privy to the fact that uninterrupted electricity bills of cold chain points in the public sector run into millions. This is extremely important. Proper electricity, vaccine carriers, etc... please ensure that you are getting a vaccine not just ineffective watery fluid.

Hajj 2021: Tour Operators Fear Rs 30 Crore Losses, 2500 Lay-Offs

Zaid Bin Shabir

SRINAGAR: The tour operators offering Hajj and Umrah services to pilgrims in Kashmir are staring at an estimated loss of Rs 30 crore besides over two thousand lay-offs as coronavirus pandemic continues to cast shadow over the conduct of annual holy pilgrimage to Mecca for the second consecutive year.

"Usually these one or two months before the Hajj pilgrimage, our companies used to make enough money to last for a year. But since 2020, we have earned



nothing." Umer Nazir, the CEO of Labaika Hajj and Umrah Services told Kashmir Observer on Monday.

"If things continue the

same way, many staffers would be laid-off," he added. As soon as the Hajj Committee of India informed the private Hajj and

Umrah companies to prepare for this year's Hajj pilgrimage, many faces flared-up with exhilaration but that too added to their woes.

"In Kashmir, around 8000 pilgrims have registered themselves for this year's pilgrimage, but unfortunately none of them are registered through private agencies. Undoubtedly, this year too our business/s is going to suffer losses." Nazir said.

J&K Association of Hajj and Umrah Companies (JKAHUC), an association representing around 200 major Hajj & Umrah

Ministry of Health and Family Welfare
Government of India

NATIONAL HEALTH MISSION
योग्यता कसता है

In times of Covid-19
Get **ONLINE OPD CONSULTATION** for General Medicine / Paediatrics / Gynae & Obstetrics by **SPECIALIST / MBBS DOCTORS** **Free From Home** For residents of Jammu & Kashmir

Follow the steps to consult doctors of UT of Jammu & Kashmir For Free at **eSanjeevaniOPD** STAY HOME OPD

Download esanjeevani app for android from Google Playstore / Apple App store for iOS or log on to <https://esanjeevaniopd.in> on any web browser

- Registration & Token Generation**
 - Verify mobile no. using OTP
 - Fill Patient Registration Form
 - Request Token
 - Upload health records, if any
 - Receive Patient ID & Token through SMS
- Login**
 - Wait for SMS notification to login
 - Login with Patient ID
- Waiting Room**
 - Enter waiting room
 - "CALL NOW" button will get activated in sometime
 - Initiate VIDEO CALL
- Consultation**
 - Doctor will show up
 - Consult Doctor
 - Get instant ePrescription

10:00 AM to 4:00 PM - Monday to Saturday
eSanjeevaniOPD.in

System Requirements
Android Phone or Laptop/ Computer with Webcam, mic, speakers & Internet

Issued in Public Interest by:
Health and Medical Education Department, J&K

DIPK-NB-988/21