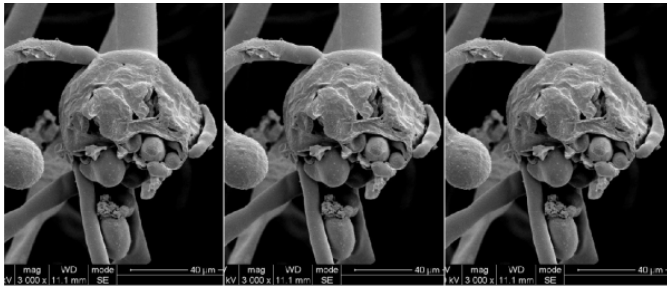


Govt Declares Black Fungus As Epidemic In J&K

Ajaz Ali

SRINAGAR: The Jammu and Kashmir administration on Monday declared Mucormycosis or Black Fungus as an epidemic in the Union Territory and warned the medical staff of strict action for spreading any information or material of management of the disease without permission, in the public domain.

A notification in this regard was issued on Monday by Atal



Dulloo, Financial Commissioner, Health and Medical Education department under Section 2 of the

Epidemic Disease Act 1897, on the directions of Lieutenant Governor Manoj Sinha. ● More On P10

J&K Logs 45 Deaths, 2237 New Cases

Firdaus Ali

SRINAGAR: Coronavirus cases in Jammu and Kashmir on Monday showed a significant decline as 2237 people tested positive for the virus, lowest in the last four weeks, even as the deadly infection claimed lives of 45 more people ● More On P10

Train Services Suspended Till May 31

Railway authorities on Monday extended till May 31 the suspension of train services from Banihal to Baramulla ● More On P10

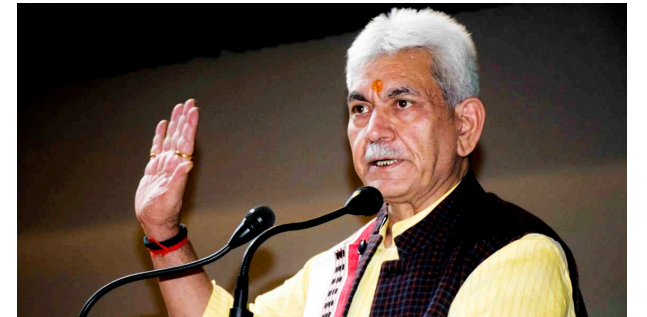
Ensure No One Goes Hungry in J&K: LG to Officers

'Welfare Schemes Benefitted 40 Lakh People In J&K'

Observer News Service

JAMMU: The administration said on Monday that it has extended relief to around 40 lakh beneficiaries across Jammu and Kashmir under the welfare schemes announced by Jammu and Kashmir Lieutenant Governor Manoj Sinha.

"It's a collective responsibility of the officers at various levels to ensure that no one goes hungry. You all must reach out to every citizen in need. Mid-day meal supplies, supplementary nutrition must continue for the beneficiaries. Take care of the families of daily wage earners, migrant labourers and



address the issues caused by the pandemic," Sinha said, as per an official spokesperson while chairing a review meeting to discuss the status of relief measures being extended to different sections of the society affected due to

Covid-19 pandemic. Pertinently, the LG had recently announced a slew of measures to mitigate the sufferings of various vulnerable sections of the community due to Covid-19. The LG, he said, ● More On P10

Vaccination Drive For 18-45 Age Group To Start Today

A special vaccination drive to cover high-risk and vulnerable groups in the 18-45 age category would begin in Jammu and Kashmir on Tuesday, initially from eight districts having a higher case count and COVID-19 positivity ratio, an official spokesman said. The drive would be extended to the rest of the 12 districts once the supply of vaccines increases, the spokesman said as chief secretary B V R Subrahmanyam finalized the rollout of the special vaccination drive at a high-level meeting here. The spokesman said the rollout would begin in ● More On P10

BJP Distributes 4500 Covid-19 Kits From Govt's 'Kitty'

Zaid Shabir

SRINAGAR: The Kashmir unit of Bharatiya Janata Party (BJP) on Monday stoked a controversy after distributing 4500 Covid care kits among the party's district leaders, claiming the kits have been purchased from the directorate of Indian Systems of Medicine (ISM).

According to reports, the senior leaders of BJP's Kashmir unit, including Altaf Thakur, Dr. Ali Mohammed and others on Saturday held an event at

party's Jawahar Nagar office in which youth presidents from other districts of the Valley also participated.

The event inaugurated by BJP youth wing leader Bilal Parrray, was aimed to distribute 4500 Covid care kits, consisting masks, medicines, oximeters and medicines "purchased from ISM" to the district presidents.

Senior BJP leader Altaf Thakur told Kashmir Observer that like last year, his party distributed ration, sanitizers and masks besides Ayush ● More On P10

DGP Asks Officers To Keep Social Media Under Lens

'Identify, Bring To Book All Mischief Mongers'



Observer News Service

SRINAGAR: Jammu and Kashmir Director General of Police (DGP) Dilbag Singh on Monday directed police officers to identify and to bring to book all the mischief mongers,

who are found using the social media for anti-national and anti-social activities.

Chairing a high level meeting at the Police headquarters here in which he took stock of the security situation and ● More On P10

Forest Dept's Eviction Drive Turns Violent In Shopian

5 Journalists, 13 Others Wounded During Clashes

Observer News Service

SRINAGAR: Five journalists were among 18 people injured on Monday during violent protests triggered by a drive by the forest department officials to evict nomads from a forest area in the upper reaches of Shopian district.

According to the reports, a team of forest department officials on Monday visited Zampathri forest area of the

district to evict the members of Gujar community who were staying in temporary sheds. However, the drive, reports said was met with stiff resistance by the Gujar nomads who maintained that they had erected temporary sheds for living and to graze their cattle.

The members of Gujar community also questioned the drive saying that no government official served them a notice in ● More On P10

Mehbooba Alleges Persecution

DP president Mehbooba Mufti on Monday accused the Jammu and Kashmir administration of persecuting members of the Gujar-Bakerwal communities by evicting them from forest areas. Her remarks came after reports ● More On P10

China Says CPEC Has No Bearing On It's Kashmir Policy

Press Trust Of India

BEIJING: China on Monday again defended its controversial USD 60 billion CPEC project with Pakistan, disregarding India's protests as it is being laid through Pakistan-controlled Kashmir, saying it is an economic initiative and

has not affected its principled stand on the Kashmir issue.

Leaders of China and Pakistan have praised the progress of the China-Pakistan Economic Corridor (CPEC) in recent days as the two close allies celebrated the establishment of 70 years of ● More On P10

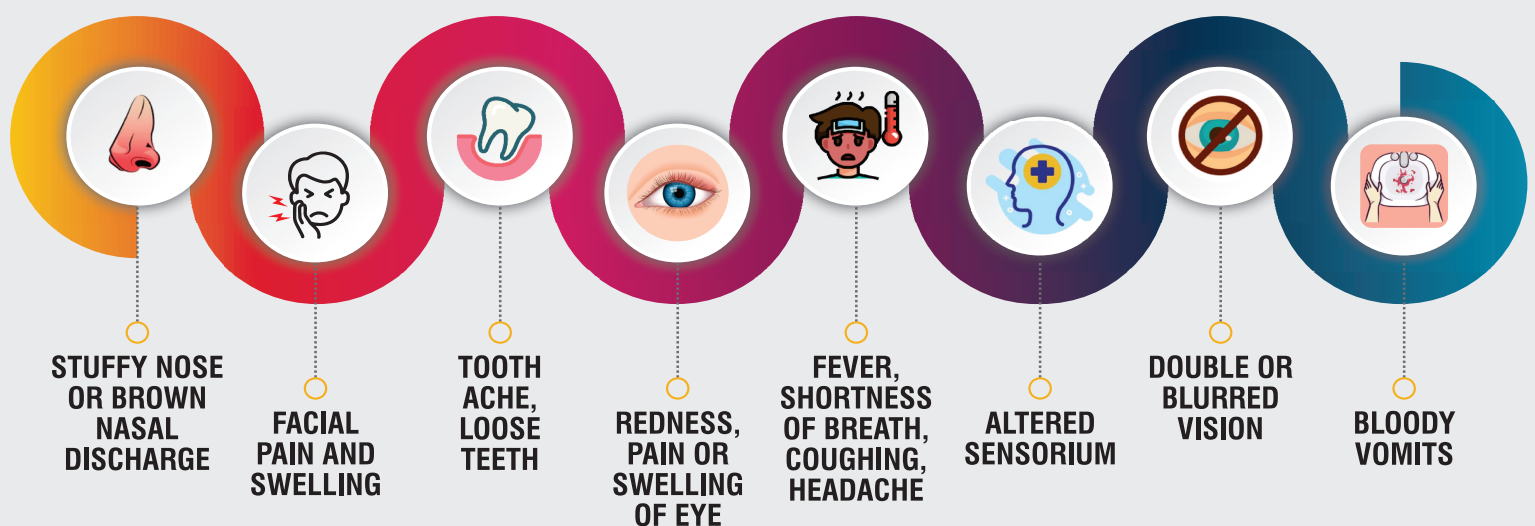


Shri Manoj Sinha
Hon'ble Lieutenant Governor

ADVISORY ON BLACK FUNGUS (MUCORMYCOSIS)

BLACK FUNGUS (MUCORMYCOSIS) IS A TYPE OF FUNGAL INFECTION, WHICH SPREADS RAPIDLY IN THE NOSE, SINUS, EYE AND BRAIN.

DO NOT NEGLECT IF YOU FIND THESE SYMPTOMS DURING/AFTER COVID



PEOPLE WHO ARE AT RISK

- ▶ WITH UNCONTROLLED DIABETES
- ▶ WITH CO-MORBIDITIES (POST TRANSPLANT/ MALIGNANCY)
- ▶ ON LONG STANDING OXYGEN THERAPY DURING COVID TREATMENT
- ▶ TREATED FOR COVID 19 WITH STEROIDS/IMMUNOMODULATORS

Dos

- Control hyperglycaemia
- Monitor blood glucose level post COVID-19 discharge in diabetic patients
- Use steroid judiciously
- Use clean, sterile water for humidifiers during oxygen therapy
- Use antibiotics/ anti fungal judiciously

Don'ts

- Do not miss warning signs & symptoms
- Don't consider all cases of blocked nose as cases of bacterial sinusitis, especially in the cases of immunosuppression and/or COVID-19 patients on immunomodulators
- Don't hesitate in seeking aggressive investigations as appropriate for detecting fungal etiology
- Don't lose crucial time to initiate treatment for mucormycosis

IT COULD BE DANGEROUS
If you have symptoms, seek medical advice immediately



FOR ANY SORT OF QUERY INCLUDING MEDICAL ADVICE CONTACT 24X7 DIVISIONAL CONTROL ROOM

Divisional Control Room-Kashmir:

0194-2440283/2430581/2452052/2457313/2457312

Divisional Control Room-Jammu:

0191-2549676/2520982/2674444/2674115/2674908



Issued in Public Interest by:
Health and Medical Education Department, J&K

FOR FREE AMBULANCE SERVICE PLEASE CALL TOLL FREE NO. 108

For any kind of Covid-19 query log on to **www.covidrelief.jk.gov.in**