



P5 STATE

COVID POSITIVE LACTATING MOTHERS CAN BREASTFEED THEIR BABIES: DAK

Doctors Association Kashmir (DAK) on Friday said lactating mothers who are positive for Covid-19 infection can breastfeed their babies. "Breastfeeding in newborns of mothers with Covid is totally safe,"

P6 THINK

SUSTAINING LOCKDOWN 3.0

In what could be termed as "once in a century" systemic shock, the second wave of Covid-19 in the Indian sub-continent is again unleashing devastation both on the health as well as on the economic front. With mutated behaviour, the rapid rise in deadly infections



P3 CITY

IGP KASHMIR TOURS CITY PARTS, REVIEWS SECURITY ARRANGEMENTS

Inspector General of Police Kashmir Zone Vijay Kumar Friday visited several places of Srinagar City and reviewed security and lockdown arrangements in view of Jumatul



Widom Quote!

Do not get angry. It starts with madness and ends with guilt. —Hazrat Ali

Grenade Attack In Old City

6 Security Men Injured
Observer News Service

SRINAGAR: At least six security personnel and a civilian were injured on Friday in a grenade blast in Nawab Bazar area of Srinagar. Suspected militants lobbed a grenade towards a joint team of police and CRPF near Nawab Bazar bridge on Friday afternoon that exploded with a bang, eyewitnesses told Kashmir Observer. In the grenade blast, five CRPF personnel, a policeman besides a civilian were injured.

The injured have been identified as Assistant Sub-Inspector Prem Kumar, Constables Harish Kumar, Vijay Kumar, Surinder Kumar, Mudla Giri, all from CRPF 23 Battalion. The injured policeman and civilian have been identified as Constable Fayaz Ahmed and Hazik Ali Digoo of Chanapora here.

A police official said that all security personnel and the nearby SMHS hospital for the treatment of splinter injuries. Soon after the attack, additional CRPF and police personnel reached the area and carried out

No Jumat-ul-Vida Prayers For Second Year

Agencies

SRINAGAR: No congregational prayers were held in historic Jamia Masjid, Hazratbal shrine besides other major shrines and mosques across the Valley on Jumat-ul-Vida, the last Friday of the ongoing holy month of Ramazan.

However, reports said that prayers with due reverence to covid-19 guidelines were held in local mosques.

It was for the second consecutive year that congregational prayers were suspended in the historic Central Mosque and other major shrines in the Valley. Every year on this day, tens of thousands of devotees would throng Hazratbal Shrine and



A woman oblivious of the deserted surroundings prays at the locked entrance gate of a Sufi shrine in lockdown hit Srinagar- KO Photo Abid Bhat

J&K Sees Record 5443 Corona Cases In A Day

50 More People Succumbed To Virus, Toll Cross 2600 Mark

Observer Monitoring Desk

SRINAGAR: Jammu and Kashmir recorded on Friday the highest ever single day spike of 5443 coronavirus cases, while fifty more people succumbed to the virus across the Union Territory during the last 24 hours.

According to the officials, 29 more people succumbed to coronavirus in Jammu division while 21 others died of Covid-19 related complications

in Kashmir Valley on Friday, raising the total number of fatalities since the outbreak of pandemic last year to 2612

Among the victims, officials said, included a 61-year-old man from Dalgate, who died 12 days after he was admitted to SMHS hospital. A 78-year-old man from Anantnag, died at CD hospital, four days after he was admitted to one of the exclusive

facilities for the management of the covid-19 patients in the Valley.

A 70-year-old man died at GMC Anantnag, three days after he was admitted there, while a 60-year-old man from Nai Basti died within a few hours of his admission to GMC, they said.

A 70-year-old man from S K Colony Anantnag died three days after he was admitted to GMC Anantnag. A 72-year-old man

from Janglat Mandi Anantnag died two days after he was admitted to the facility, they said.

A 55-year-old woman from Boniyar Baramulla died due to cardiopulmonary arrest while suffering from severe Covid Pneumonia with HTN with T2DM, they said.

The other victims include an 80-year-old from Pulwama, a 68-year-old man from Makhdoom Sahib

Normal Life On A Standstill For 9th Day

Normal life remained affected in many areas in Jammu and Kashmir on the ninth day on Friday with the imposition of the lockdown in the wake of an alarming surge in coronavirus cases, officials said. Roads across the valley continued to wear a deserted look as public transport remained off the roads and markets were shut, the officials said. They said in the wake of the lockdown announced by the government, restrictions on the movement and assembly of people continued to remain in force in many districts of the UT. The officials said while curfew was in place across the Kashmir valley and in Jammu district, restrictions on the assembly of people were also imposed in many areas of the Jammu division. The officials said

25TH RAMAZAN

	Iftar TODAY	Sehri TOMMOROW
FIQAH HANAFIYA	07:22	04:03
FIQAH JAFARIYA	07:31	03:59

NEWS DIGEST

Misfire Injures CISF Man In Uri

SRINAGAR: A paramilitary CISF man was injured on Friday when the service rifle of his colleague accidentally went off in Uri town of Baramulla district. A police official said that constable Manjunath was cleaning his service rifle when it accidentally went off and the bullet hit the wall before rebounding and hitting his colleague Sandeep Dutta. The injured was taken to district hospital

Lightning Kills Girl, Injures Woman

SRINAGAR: A minor girl was killed and elderly woman sustained injuries on Friday when lightning struck Gambhir Ki Gali in Rajouri district of Jammu and Kashmir.

71-year-old Musarat Naz and 50-year-old Peeri Begum, both residents of Targian Lehati were on their way to mud-sheds with their livestock in Gabbar area of Kotranika in Budhal tehsil when the

Man Injured

In Bar Attack

SRINAGAR: A man was attacked and injured by a black bear on Friday in Mendhar area of Poonch district of Jammu and Kashmir.

Mansoor-Ul-Haq was attacked and injured by the wild beast in his native village of Sandote, an official said. Haq received serious injuries in the attack before the beast ran away. He was shifted to sub-district hospital Mendhar in critical condition, the official added.

Bashir Ahmad Bhat Posted As VC LAWDA

SRINAGAR: Jammu and Kashmir administration on Friday posted Bashir Ahmad Bhat as Vice-Chairman, J&K Lakes and Waterways Development Authority (LAWDA) and Syed Sehrih Asgar (IAS) as Mission Director. According to an order issued here, Bashir Ahmad Bhat (IRS), awaiting orders of adjustment Department, as Vice-Chairman,

LG Releases Compendium Of 1100 Projects Completed By JKIDFC

Observer News Service

JAMMU: J&K Lieutenant Governor Manoj Sinha on Friday released a compendium giving details about the 1,100 projects of public importance worth Rs 1,555.16 crore completed by the Jammu & Kashmir Infrastructure Development Finance Corporation (JKIDFC). Sinha emphasised the need for expediting completion of projects while



simultaneously observing necessary precautions related to COVID-19-appropriate behaviour, an

Fully Prepared To Tackle Situation: Govt

Observer News Service

ANANTNAG: As Jammu and Kashmir witnessed the highest ever spike in coronavirus cases on Friday, the Union Territory administration said that it was fully prepared to tackle the emerging situation caused by the pandemic.

Talking to media persons here, the Divisional Commissioner Kashmir, P. K. Pole said that the administration is fully prepared to tackle the situation that has arisen out of the Covid-19 Pandemic.

He also appealed to the public to strictly follow the restrictions and SOPs besides avoiding gatherings to combat it.

Earlier, Div Com inspected various medical and health-care facilities associated with Covid management in the district and took a detailed stock of medical infrastructure and oxygen availability besides the augmentations being made for effective mitigation of the pandemic here, an official spokesperson said.

He further said that the Div Com inspected



Faheem Younus, MD
VP/COO/Chief of Infectious Diseases, University of MD UCH

Want To Do An Act of Kindness?
Get Vaccinated.

This is how ONE vaccinated person protects another
Pregnant mother → baby
Frontline worker → family
Healthcare worker → patients
Young person → Grandparents
Everyone → Community at large
Don't be stubborn; be kind

Dr Tariq Trambo
MD, Critical Care, FIPP, Chairman Spine loop International USA

Attention : Covid patient at home and if he complains of breathlessness don't wait in starting steroid inhaler early. No harm in using it. "Inhaled budesonide (Pulmicort), helped #COVID19 outpatients at extra risk for severe illness recover more quickly.

Dr. Arvinder Singh Soin
Group Chairman, Liver Transplantation, Medanta Hospital

As per our Indian randomised trial (COVINTOC) in @TheLancet, Tocilizumab reduces deaths in severe COVID.

The same also emerged from the world's largest trials on this drug - RECOVERY & REMAP-CAP.

No comparable robust data on any alternative. Let doctors decide & prescribe.

Mehbooba Urges PM To Release Detainees

Agenceis

SRINAGAR: PDP president Mehbooba Mufti on Friday appealed to Prime Minister Narendra Modi to release all political detainees languishing in jails in and outside Jammu and Kashmir immediately in the wake of the worsening COVID-19 situation.

Throughout the world, most countries have released prisoners on parole in view of the alarming COVID crisis. A democratic and civilised country like India shouldn't drag its feet and must release these detainees immediately so that they can return home at a time when life feels so threatened," Mehbooba said in a letter to the prime minister.

The former Jammu and Kashmir chief minister said she did not wish to politicise the human tragedy that has befallen us all.

"It's an unprecedented humanitarian crisis that doesn't discriminate on the basis of caste, colour, religion or social status and has affected everyone. Perhaps the only silver lining in this tragic time is how Indians cutting across religious and regional lines are coming together to lend each other a helping hand," she said.

Mehbooba said worrying reports about

PAINTINGS, HOME DECOR, COMFORT & GIFT ITEMS, WOMEN & KIDS WARE

SELECT ONLINE & PAY AT YOUR DOORSTEP

Gulberg Collections
ME & MY HOME

gulberg@gulberg.net
Cell: 7006034174

www.gulberg.net

LG Asks Doctors To Ensure Best Patient Care

Jammu and Kashmir Lieutenant Governor Manoj Sinha visited COVID care hospitals here on Friday and stressed the need for senior doctors to have personal interaction with patients and their attendants to ensure better treatment. Sinha visited the government hospital in Gandhi Nagar, Chest Disease & TB Hospital, and Government Medical College (GMC) Jammu, and took the first-hand appraisal of the infrastructure and patient care management at these facilities. During his visits,

THE PRINCIPAL GMC INFORMED the Div Com the 1000 LPM plant is catering to the high flow oxygen needs of patients and another similar capacity (1000 LPM) plant will be commissioned in next two days."