



Maximum : 5.9°
Minimum : -4.6°
Humidity : 92%

SUNSET Today 06:04 PM
SUNRISE Tomorrow 07:27 AM

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Quote!

No problem can be solved from the same level of consciousness that created it.
— Albert Einstein

NEWS DIGEST

HC Quashes PSA Slapped On Jamaat Chief

SRINAGAR: The Jammu and Kashmir High Court has quashed the Public Safety Act slapped on Jamaat-e-Islami chief Abdul Hamid Ganai saying the detention order was vitiated by "total non-application of mind" by the detaining authority. A division bench of justices Sanjeev Kumar and Rajnesh Oswal on Monday set **More On P10**

Woman Delivers Baby In Army Vehicle

SRINAGAR: The joy of Gulam Rabani, a casual labourer in North Kashmir's Kupwara district, knew no bounds when he finally cuddled his baby girl who was born in an Army vehicle in adverse weather, officials said here on Tuesday. The child was born on Monday when the mother was being shifted to a hospital for delivery in the Army vehicle, they said. The Army, which often provides relief **More On P10**

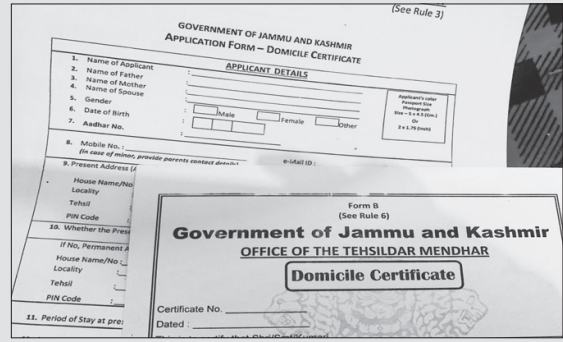
J&K Admin Issues SOPs For Cinemas, Theatres

JAMMU: A day after allowing cinema halls and theatres to operate at full capacity, the Jammu and Kashmir administration on Tuesday issued fresh guidelines on preventive measures to contain the spread of COVID-19 like noting the contact numbers of the audience and frequent sanitisation **More On P10**

Brain Dead Teen Saves Four Lives

JAIPUR: Four people got a new lease of life after the family of a 14-year-old boy, declared brain-dead after suffering critical injuries in a road accident, decided to donate his vital organs, an official said. Dr Sudhir Bhandari, the principal of Sawai Mansingh Medical College on Tuesday said with **More On P10**

34 LAKH Domicile Certificates Issued In J&K Till Jan 25



Press Trust Of India

SRINAGAR: The Jammu and Kashmir government has issued almost 34 lakh domicile certificates across the Union territory till January 25, Lok Sabha was informed on Tuesday. Union Minister of State for Home G Kishan Reddy also said that since the abrogation of Article 370 and bifurcation of Jammu and Kashmir into Union Territories in August 2019, a total of 58 civilians have

lost their lives in 54 militant attacks.

No pattern of selective targeting based on religion can be established, he said in written reply to a question.

"The Government of Jammu and Kashmir has reported that up to January 25, 2021, a total of 33,80,234 domicile certificates have been issued in Jammu and Kashmir," he said.

Reddy said as Jammu and Kashmir is battling the menace **More On P10**

Security Expenditure In J&K All Time High

Centre Pumped Rs 1267 Cr Post Art-370 Abrogation: MHA

Agencies

SRINAGAR: The Union Ministry of Home Affairs (MHA) Tuesday revealed that the annual security related expenditure (SRE) for the J&K was Rs 1267 crore—highest ever since the killing of top Hizbul Mujahideen commander Burhan Wani in 2016. The highest ever figure of SRE also coincided with the financial year of 2019-20, the year when Centre announced scrapping the article

370 and sliced the erstwhile State of J&K into two Union Territories—J&K and Ladakh. Union Minister of State for Home Affairs G K Reddy in a written reply to a query raised by BJP MP Jugal Kishore in the Parliament said: "During the financial year of year 2019-2020, Rs 1267 crore were released as under the SRE (Police)."

The reply further reads that in addition, the MHA also released Rs 40.20 crore for the modernization of J&K police for the same period i.e. 2019-2020. "Modernisation of the police force is an ongoing process," the reply states. Figures reveal **More On P10**

2 Day Wet Spell In Kashmir From Today
Surface, Air Traffic Likely To Get Affected: MeT



Press Trust Of India

SRINAGAR: The minimum temperature in Kashmir,

barring Srinagar and Pahalgam, improved on Tuesday, even as the MET Office forecast **More On P10**

Highway Open For Srinagar To Jammu Traffic
Observer News Service

One way traffic will be allowed on the 270-km Jammu-Srinagar highway subject to fair weather and better road conditions, as the weather department has predicted another wet spell across Kashmir, officials said Tuesday. According to a communiqué by J&K traffic police, only one way traffic shall be allowed from Srinagar towards **More On P10**

THERE'S VERY LESS CHANCES OF HEAVY precipitation in plains of J&K but heavy snowfall especially on higher reaches of J&K can't be ruled out either especially on February 3."

Ex Excise Commissioner Faces Graft Charges
Observer News Service

SRINAGAR: The anti-corruption bureau (ACB) on Tuesday filed a case against a former excise commissioner for amassing wealth "grossly disproportionate" to his known sources of income.

Mohammad Javed Khan, the then Excise Commissioner, J&K was booked by the anti-graft body on the basis of a preliminary enquiry that he has accumulated huge assets, both immovable and movable properties in his own name, and in the name of his wife and other family members within J&K and outside J&K, **More On P10**

From 1 Million To 84 Thousand

Tourist Arrivals Nosedived After August 2019

Press Trust Of India

NEW DELHI: Tourist arrivals in Jammu & Kashmir have witnessed a steep decline as a mere 84,000 tourists visited Kashmir in the 18 months as against over one million tourists who visited Kashmir valley in 2010-13

In a written reply to a query in Rajya Sabha, Tourism Minister Prahlad Patel informed Parliament on Tuesday that 84,326 tourists visited Kashmir since August 5, 2019 while 87,94,837 visited Jammu and 1,00,931 tourists visited Ladakh. The total number of pilgrims/tourists who visited Jammu



since August 2019 is 76,80,775. On August 5, 2019, the Centre revoked the special status,

or limited autonomy, granted under Article 370 of the Constitution **More On P10**

حکومت جموں و کشمیر
محکمہ انیمیل ہسبنڈری کشمیر
انفارمیشن ایجوکیشن کمیونیکیشن سیل پبلسٹی ونگ

یہ بیماری کیا ہے۔۔۔
وائرس سے پھیلنے والا انفیکشن (عفونت) جو پرندوں میں بیکاری پیدا کرتا ہے اور جسے موت بھی واقع ہو سکتی ہے۔

اس سے خطرہ کس کو ہے۔۔۔
طیوری و بانی زکام کے کئی اقسام ہیں، جن میں سے چند ایک پلٹری جبکہ چند دیگر انسانوں و جانوروں پر اثر انداز ہوتے ہیں۔
گھر بیٹوں پر پالے جانے والے پرندے۔۔۔
کمرشل یعنی تجارت کے لئے۔۔۔
چھوٹے پتیاں پر پالے جانے والے پرندے۔۔۔

تجارتی بنیادوں پر پالے جانے والے پرندوں کے جھنڈ پر یہ وائرس کیسے انفیکشن (عفونت) کرتا ہے۔
طیوری و بانی زکام پھیلائے والے وائرس اکثر جنگلی پرندوں میں پائے جاتے ہیں خاص کر آبی پرندے (ڈائر فالو)، بلٹ، سنس، وغیرہ مگر ان میں یہ بیماری پیدا نہیں کرتا۔ مرغوں کے جھنڈ میں یہ انفیکشن (عفونت) پھیلنے کے بعد اس بیماری کا جراثیم کئی اقسام بناتا ہے جس سے شہید بیماری پھیل سکتی ہے۔ بیماری یا تو براہ راست رابطے کے ذریعہ پھیل سکتی ہے یا بلاواسطہ طریقہ کے ذریعہ۔ مثلاً۔۔ آلودہ پانی کے ذخائر یا بیماری پھیلائے گا جو بن سکتے ہیں۔

اس کی شناخت۔۔۔
نڈھال پن، بھوک نہ لگانا، ناک سے رطوبت بہنا، بار بار چھینکنا اور کھانسی، چہرے اور منظر (Wattles) کا ورم اور کبھی کبھی ان کا نیلا پڑ جانا۔ اچانک موت، خون آلودہ ڈانٹریا، میں خاصی گراوٹ، سانس لینے میں مشکلات، چلنے میں دشواری وغیرہ۔

محکمہ انیمیل ہسبنڈری آپ کی مدد کے لئے ہر وقت تیار
قدرتی آبی ذخائر، آبی پناہ گاہوں وغیرہ جو جنگلی، بدسی، وہاں پر پرندوں کی آماجگاہیں ہیں کی کڑی نگرانی کے علاوہ تحقیق و پڑتال کا عمل جاری رکھیں۔
زگ قاضی گنڈ میں قائم لائیو سٹاک چیک پوسٹ پر باہر سے درآمد ہونے والے زندہ مرغوں کی کڑی نگرانی۔

کیا کیا جانے۔۔۔
بیماری کی علامات ظاہر ہونے کی صورت میں نزدیکی و میزبانی ڈاکٹر کے ساتھ فوری رابطہ کریں۔

عالمی صحت آرگنائزیشن (ورلڈ ہیلتھ آرگنائزیشن) کے مطابق مناسب طریقے سے مسرغ گوشت کو پکانے و اُبلانے سے طیوری و بانی زکام نہیں پھیل سکتا۔
مذید جانکاری کے لئے۔۔۔۔۔
www.jkshd.net ای میل : iec@jkshd.net محمد اعجاز انیل ہسبنڈری کے ایس ایٹن نمبر 0194-2455369
ڈاکٹر مشتاق احمد شاہ
نوڈل آفیسر و میڈیا لیژن آفیسر برائے آئیو این انفلو انزا / ہرڈ فلیو
جو اینیٹ ڈائریکٹر پولیٹری کم ایل پی پی ہاری پریست سرینگر

ON THE EVE OF WORLD CANCER DAY
4TH FEBRUARY 2021

CANCER SOCIETY OF KASHMIR
کینسر سوسائٹی آف کشمیر

Website: www.cancersocietykashmir.org E-mail: cancersocietyofkashmir@gmail.com

Is Organizing
Free Consultation for the Patients suffering from various Gastrointestinal concerns.

Patients with Gastrointestinal Problems particularly having family history of Cancer can avail the opportunity by registering their names in CSK's office or on phone no's of the society shown below.

Consultation shall be provided by reputed oncologists & other reputed experts on the subject from 10:00am to 02:00 pm on 04-02-2021.

Venue: - 4-Bagh-i-Islam Colony Lal Nagar, Chanapora, Srinagar 190015.
TIME: - 10:00AM TO 2:00PM
For prior appointment contact :- 0194-2441899/2430899

Issued In Public Interest By: **CANCER SOCIETY OF KASHMIR**