



Maximum : 1°C
Minimum : -7°C
Humidity : 73%

SUNSET Today 06:02 PM
SUNRISE Tomorrow 07:26 AM



..... LIFE & TIMES/ 08

HIGH FIBRE DIETS CAN LEAD TO BLOATING
People who eat high fibre diets are more likely to experience bloating if their high fibre diet is protein-rich as compared to carbohydrate-rich, according to a new study. For the study, published in the journal Clinical and Translational



THOSE WHO CRY FOR BATLA HOUSE TERRORISTS CAN'T DEVELOP DELHI: MODI
Prime Minister Narendra Modi on Tuesday again raised the issue of Batla House encounter ahead of the February 8 Delhi Assembly elections.....

TI/SPORTS.....

INJURY ENDS ROHIT SHARMA'S NZ TOUR
India opening batsman Rohit Sharma has been ruled out of the rest of the tour of New Zealand after suffering a calf strain in the final Twenty20 international in Mt. Maunganui, the country's cricket board (BCCI) said on Tuesday.....

News Digest

3.6 Magnitude Quake Jolts Ladakh

Srinagar: An earthquake measuring 3.6 on the Richter scale hit the mountainous Ladakh Union Territory on Tuesday. "The medium intensity earthquake occurred at 11:25 am in Ladakh region," A MeT official said, adding "The coordinates of the earthquake were latitude 32.6 degrees north and longitude 78.9 degrees east." The depth of the quake, the official said was 16 kilometers. The official said that there were no reports of any damage due to the moderate intensity quake.

3 Gamblers Arrested In Ganderbal

Srinagar: Police on Tuesday claimed to have arrested three gamblers in a raid in central Kashmir's Ganderbal district. A police spokesperson said that on a credible input, a police party raided a gambling site in Khalmulla area and arrested three gamblers besides recovering stake amount of Rs 24000/- and mobile phones from them. Police identified the trio as Mohammad Idress Khan of Karan Nagar, Mohammad Amin Naqash of Buchpora and Shabir Ahmad Sheikh of Upper Soura. "Case FIR No. 12/2020 under relevant sections of law has been registered in Police Station Ganderbal," the police spokesperson added.

CB Files Case Against JKPC Officials

Srinagar: The Crime Branch on Tuesday filed a case against the JKPC officials for causing a huge loss to state exchequer in the execution of developmental works. A Crime Branch spokesperson told Kashmir Observer that a case was registered against officials of JKPC unit 10 and others who have caused a loss of about Rs 3 crore while executing works on Bohipora, Panzgam-Manzgam bridges, and sub district Hospital Sogam. "An enquiry by Crime Branch Kashmir subsequent to a fact-finding committee report has revealed commission of cognizable offences U/S 467, 468, 120-B IPC • PIO

Army Vehicle Hits Car In Qazigund, 5 Injured

Srinagar: At least five people, including a woman were injured on Tuesday after their car was hit by an army vehicle in Qazigund area of Anantnag district. Officials said that a car (JK03G-6795) was hit by an army vehicle in Wangund area of Qazigund this morning leaving five occupants injured. The injured identified as Fayaz Ahmad Wagay, Tasena Fayaz, Mohammad Iqbal Wagay residents of Khater-Check and Abdul Rashid and Mahmooda Akhtar, both residents of Wangund were removed by locals to the Emergency Hospital Qazigund (EHQ) for treatment. However, the doctors there referred one of • PIO

LOC FLARE UP Indo, Pak Troops Trade Fire For Third Straight Day

OBSERVER NEWS SERVICE

JAMMU: India and Pakistan troops exchanged heavy gunfire for the third consecutive day Tuesday along the Line of Control (LoC) in Jammu and Kashmir, a day after a civilian was killed and four others injured in the cross-border skirmishes.

According to reports, India and Pakistan troops traded heavy gunfire along the LoC in Poonch and Gurez sector of the Valley since early morning.

The Pakistan army resorted to unprovoked firing and shelling along the Line of Control (LoC) in Jammu and Kashmir's Poonch district, a defence spokesman said.

The latest ceasefire violation comes a day after a 60-year-old man was killed and four people were injured in Pakistani shelling along the LoC in Tangdhar sector of Kupwara district.

"At about 4.30 pm, Pakistan initiated unprovoked



ceasefire violation by firing of small arms and shelling with mortars • PAGE 10

CASO Carried Out In Bandipora
Government forces on Tuesday launched a Cordon and Search Operation (CASO) in north Kashmir district of Bandipora. Official sources said that following specific information about presence of militants, a joint CASO was launched by Special Operations Group (SOG) of J&K police, Army and CRPF at Behama • PIO

ON SUNDAY AN ARMY SOLDIER IDENTIFIED AS Sandeep Yadav of 6 Maratha regiment was injured in cross-LoC firing near Panth post. The injured soldier was evacuated to army's 92 base hospital in Srinagar for treatment.

Ex-PDP MLA, Trade Leader Released

PRESS TRUST OF INDIA

SRINAGAR: The Jammu and Kashmir administration on Tuesday released a former PDP legislator and a trade leader from preventive detention, officials said.

With the release of the two leaders, the number of people now under detention at the MLA hostel is 15. The hostel has been temporarily converted into a subsidiary jail.

Former PDP MLA from Wachi in south Kashmir Aijaz Ahmad Mir and trade leader Shakeel Ahmed Qalandar, who is former president of the Federation Chamber of Industries Kashmir, were released two days after the administration had released four politicians from preventive custody at the MLA hostel on Sunday.

The released politicians on Sunday comprised three from the National Conference and one from the PDP. These leaders were part of preventive detention carried out on mainstream politicians, activists and trade leaders after August 5 last year when the Centre withdrew the special status of the erstwhile Jammu and Kashmir state and bifurcated it into union territories -- Ladakh and Jammu and Kashmir.

Among the prominent leaders who are still under detention are NC leaders Farooq Abdullah and Omar Abdullah, PDP chief Mehbooba Mufti and Jammu and Kashmir People's • PIO

Delhi Polls: Kejriwal Gives BJP 24 Hours To Declare CM Face



AGENCIES

NEW DELHI: Aam Aadmi Party (AAP) national convener Arvind Kejriwal on Tuesday demanded BJP to declare the name of their Chief Ministerial candidate, and said he is ready to debate with that person.

"I would like to tell BJP that people of Delhi want the BJP to declare a Chief Ministerial candidate and I am ready to debate with that person," Kejriwal said, while releasing the AAP manifesto for the Assembly elections scheduled to be held on February 8.

Kejriwal challenged BJP to declare a Chief Ministerial candidate by tomorrow 1300 hrs.

"We have the manifesto and also the face of the Chief Minister. We will make Delhi the best city in the world. Let the BJP tell why the people of Delhi

should vote for them and who their Chief Minister's face is?" Kejriwal said.

"Home Minister Amit Shah says that he would name the CM candidate once he gets Delhi's mandate. But the people of Delhi want to know who would be their CM if they vote for the BJP. What if Mr Shah names someone uneducated and incompetent?" Kejriwal said.

Releasing the manifesto, Kejriwal said that in past five years, his government has given relief to Delhiites in various sectors by solving their basic problems like school, hospital, education etc.

He further said that this manifesto is a vision to take Delhi to next level.

"We want to make Delhi a capital of developed nation for which we need support • PAGE 10

Road Accidents Kill 3 In J&K

PRESS TRUST OF INDIA

JAMMU: Three persons were killed and four others injured while one went missing in two separate road accidents in Ramban and Doda districts of Jammu and Kashmir, police said on Tuesday.

A tractor-trolley plunged into 200-feet gorge while unloading muck near Ramban town on the Jammu-Srinagar highway late Monday night, resulting in the on the spot death of its driver, Altaf Ahmad, a police official said.

He said three persons -- Mohammad Hanief, • PIO

MeT Predicts Fresh Snowfall Today

AGENCIES

SRINAGAR: The weather department on Tuesday predicted fresh snowfall at some places during the next 24 hours, even as there was some improvement in the night temperature due to overcast conditions though it remained below normal across Kashmir valley.

The mercury during the day also remained chilly due to overcast conditions coupled with ice-cold winds in the valley.

All water-bodies remained frozen due to extreme chilly weather conditions in Ladakh region, where people are de-



pendent on hot water springs during winter months. Border town of Drass was the coldest place in the region at • PAGE 10

Shaheen Bagh Shooter Is An AAP Member: Police

Man who opened fired at Shaheen Bagh protest site last week is a member of the Aam Aadmi Party (AAP), police said. He and his father joined the AAP in early 2019, they said. DCP (Crime Branch) Rajesh Deo said his mobile phone has been seized and they have retrieved his WhatsApp data and photos of him and his father joining the party. On Saturday, he had fired two rounds in the air at Shaheen Bagh, where anti-CAA protests are being held for over a month now. After being overpowered by police personnel, he had chanted "Jai Shri Ram" and said, "hamare desh me aur kisi ki nah chalegi, sirf Hinduo ki chalegi (only Hindus shall have a say in our country, no one else)." his was the second such incident • PIO

Pak Asks India To Reverse Its Decision On Kashmir

PRESS TRUST OF INDIA

ISLAMABAD: Pakistan's Parliament on Tuesday unanimously passed a resolution expressing "unflinching and unwavering support" to the Kashmiri people and demanding India to reverse its decision to revoke the special status of Jammu and Kashmir.

The National Assembly or lower house passed the resolution on the eve of what Pakistan observes as the Kashmir Solidarity Day on February 5 annually.

The resolution demanded India to immediately reverse its actions of August 5 and Oc-

tober 31, repeal the draconian laws, withdraw its forces and immediately lift lockdown in the valley, state-run Radio Pakistan reported.

Tensions between India and Pakistan have spiked since India abrogated Article 370 of the Constitution to revoke the special status of Jammu and Kashmir in August last year.

India's decision evoked strong reactions from Pakistan, which downgraded diplomatic ties and expelled the Indian envoy. India has categorically told the international community that its move to scrap Article 370 of the Constitution revoking the special • PAGE 10

Jailed Mehbooba Offers Prayers, Reads Books To Beat Boredom

AGENCIES

SRINAGAR: The Holy Quran and some known books like 'Lost palace' and 'No God but God' is what former chief minister of erstwhile Jammu and Kashmir, Mehbooba Mufti reads during her incarceration to beat the boredom, the family revealed.

Ittija Mufti, daughter of Mehbooba Mufti said that her mother was busy in reading books including the Holy Quran, offering prayers five times to beat the boredom at make-shift jail at Maulana Azad road here.

She along with dozens of other



mainstream leaders including two other former chief ministers—Dr. Farooq Abdullah, his son Omar Abdullah were put under incarceration on August 5, when the centre abrogated the special status of Jammu and Kashmir (Article 370) and split the • PAGE 10

Zaira Wasim Asks 7 Questions And Why They Remain Unanswered?

AGENCIES

MUMBAI: "Dangal" famed Zaira Wasim has penned an emotional note on social media talking about the plight of Kashmir and Kashmiris. She says "Kashmir continues to suffer".

Zaira on Monday night took to Instagram, where she shared a photograph of a flower and wrote a long emotional post.

She wrote: "Kashmir continues to suffer and see-saw between hope and frustration? • PAGE 10



2002 GUJARAT RIOTS

Plea Against Modi Adjourned Too Many Times: SC Case Listed For Hearing On April 14

AGENCIES

NEW DELHI: The Supreme Court on Tuesday said that the plea of slain Congress MP Ehsan Jafri's wife Zakia Jafri challenging the SIT's clean chit to then Gujarat Chief Minister Narendra Modi in the 2002 riots, has been already adjourned many times and it will have to hear it someday as it fixed April 14 next date of hearing. Advocate Aparna Bhat, repre-

senting Zakia Jafri, submitted before a bench comprising Justices A.M. Khanwilkar and Dinesh Maheshwari that matter is contentious and sought an adjournment. The court replied that it has already been adjourned so many times, and it has to come up for hearing someday. "Take one date and make sure you all are available," it said. Jafri's counsel then urged the court to schedule the • PAGE 10